



**FY15
Public Budget
Hearing
August 27
@ 4:30**

Council Chambers

Directors will present draft budgets with FY15 Goals and Objectives. Little Creek Casino Resort and Island Enterprises, Inc. will provide an overview of annual operating budgets. Please attend and participate in your budget process.

PRSRT STD
U.S. POSTAGE
P A I D
SHELTON, WA
PERMIT NO. 96

**Deborah Napoleon Obi and Family Memorial for
Becky, Connie & Liz**

August 30th @ 1:00

Quinault Community Kitchen
Side dishes welcome

For more information, call Debbie at 360-462-0883



**Northwest Indian College (NWIC) Teaches Tribal Museum
Studies Program Class Through Squaxin Museum Team**

Charlene Krise - Led by a unique Teaching Team from the Squaxin Island Museum Library and Research Center, the Squaxin Island Tribe taught an online college class this spring entitled *Museum Exhibition and Education in Tribal Museums* (TMSD 364, 5 Credits). The class focused on developing tribal museum basketry exhibits involving both a cultural and S.T.E.A.M. (Science,

The class examined the culture and science of exhibiting basketry materials, construction techniques (woven and coiled/sewn), shapes and sizes (using math), designs (including native dyes), and types and uses for basketry on the Northwest Coast. A feature of the instruction was the scientific process of cellular identification of basketry plant materials, with the students being able to observe the cell structure through the microscope through digital networks.

Highlights involved a 3 hour Friday class at master weaver Ed Carriere's house and basket studio at Suquamish, an interview with Squaxin basketweaver Patti Puhn at her home, and a demonstration by master weaver and President of NNABA Bud Lane in the use of Native dyes (including alder bark, Oregon grape roots, and others) from the Siletz Community Center, Oregon.



Charlene Krise, Executive Director, Squaxin Island Museum Library and Research Center, lecturing during a Friday web cam session of the NWIC Museum Studies Class being presented to students from across the country at the Squaxin Museum classroom. Chris Sigo managing the online camera (see Charlene on laptop to right) and team instructor Dr. Dale Croes in chair.

Technology, Engineering, Art and Math) approach - using basketry as a means to expand the use of culture and science together in the learning and museum exhibiting process. The student's final basketry exhibit plans are scheduled to be featured at the upcoming Northwest Native American Basketweavers Association's (NNABA) annual gathering at the Squaxin Island Tribe Event Center this October 3-5, 2014.

The multi-talented Squaxin Island museum teaching team included Charlene Krise, Mandy McCullough, Dr. Dale Croes, Jeremiah George, Ruthie Whitener, Kathleen Hawes, and Chris Sigo (see their statements further on).

Students included individuals from Lummi, Squaxin Island, Puyallup, Grand Ronde and Washington, D.C.



*L: Ed Carriere shares his Life Story basket with the class
R: Showing his basketry materials collection*

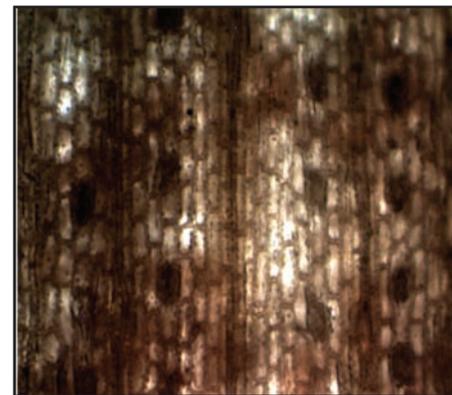
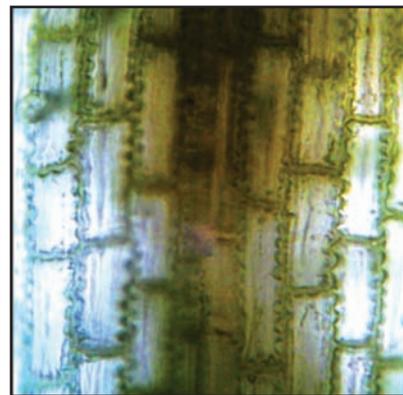
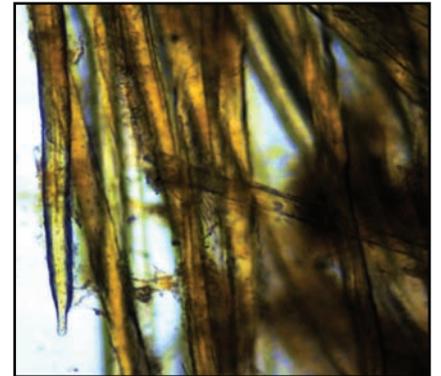
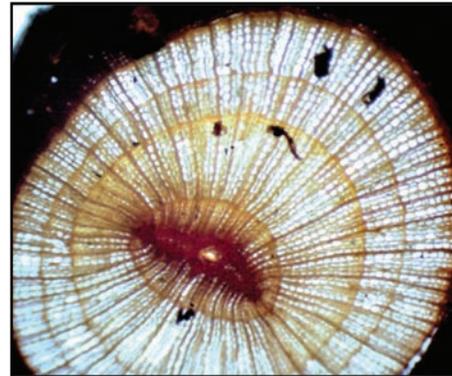
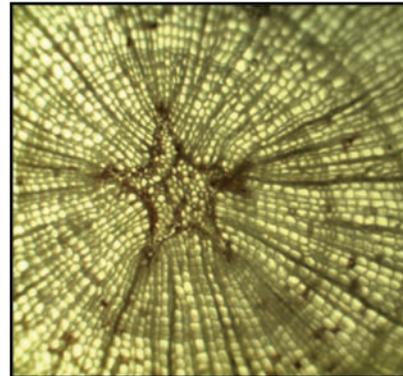
Weekly lectures from the Squaxin Island museum classroom covered exhibit design, labels and safety, use of microscopes for identification of basketry materials, examples of basketry designs from the extensive basket collections at the museum, and a review of 10,000+ years of ancient basketry from Northwest Coast wet archaeological sites. Each student received a basketry kit so they could experience basic basket making,

Continued on Page 2



Final exhibit projects will include interactive maps of basketry styles on the Northwest Coast and seasonal rounds for collecting basketry materials, natural dyes, cellular identification of basketry materials, 20 years of button blanket making for student graduations, use of basketry for outside public education, life-cycle of a Salish clam basket, and basketry exhibit management.

This goal-oriented Museum Studies NWIC class taught students principles of exhibit design involving two-way communication between museums and their communities - including for the upcoming NNABA at Squaxin.



Photomicrographs of basketry materials

Top Left: Cross-sections of western red cedar root; Top Middle: Cross-sections of Sitka spruce root; Top Right: Tangential section of western red cedar inner bark fibers

Bottom L-R: Tangential section views of slough sedge, cattail and Big Leaf maple inner bark fibers

Photomicrographs of basketry materials: Tangential section views of western red cedar inner bark fibers (left); and bigleaf maple

Brief Statements about the NWIC Museum

Exhibit class from the Squaxin Teaching Team:

Susan Given-Seymour, Director of Outreach & Community Education/Cooperative Extension, Northwest Indian

College: The first time I heard someone speak about all of the science and math involved with basket making was over twenty years ago. Dr. Eric Jolly (Cherokee) wove a Cherokee basket while speaking to a group of Native American educators. Now we have an acronym for it, STEAM, and it is part of our curriculum. I am so pleased with how the team from the Squaxin Island Museum has taught our course in Tribal Museum Studies, Exhibitions and Education. I can hardly wait to come to the annual gathering of the Northwest Native American Basketweavers (NNABA) and see the basketry exhibit that our students developed as part of this course. For me, this feels like a wonderful outcome of the collaboration Northwest Indian College has had for many years with NNABA, and with the Squaxin Island Museum.

Charlene Krise, MLRC Executive Director: I have enormous gratitude to NWIC for providing an opportunity for a "teaching team" for NWIC students who come from unique-diverse backgrounds; our Squaxin MLRC teaching team equally reflected different teaching skills beneficial to the goal of principles of exhibit design. The class outcome is a strong tightly woven cord of modern-traditional knowledge, principles taught by the team, the STEAM approach and the NWIC student exhibition and sharing of knowledge. We all will benefit for many generations from this wonderful class!

TRIBAL NEWS

10 S.E. Squaxin Lane
Shelton, WA 98584

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TOLL FREE: 877.386.3649
FAX: (360) 426-6577
www.squaxinland.org



Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

- DAVE LOPEMAN: Chairman
- ARNOLD COOPER: Vice Chairman
- PETE KRUGER: Secretary
- ANDY WHITENER: Treasurer
- WHITNEY JONES: 1st Council Member
- JIM PETERS: 2nd Council Member
- VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:
THERESA M. HENDERSON: EXT. #3945
thenderson@squaxin.us

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Mandy McCullough, MLRC Curator: Charlene Krise, Dale Croes and Kathleen Hawes were an excellent instruction team. They supported each other, shared responsibility and learned from one another. I am honored to have been able to teach alongside such a talented team. Chris Sigo and Jeremiah George, tech support, made sure things were up and running for each class session. It was great to have the needed technology support. Tami Chock and the NWIC staff made this class possible.

When someone thinks of an exhibit, details, behind the scenes, research, preparation and other work is often overlooked. This class included a variety of areas, at the same time while still keeping the students attention.

One of the most exciting parts of this class is that it will continue on for others to learn and enjoy through the Traveling Exhibit at NNABA and beyond. It was such a joy to share my knowledge and skills over the past weeks. It has strengthened and empowered me to continue my work with tribal communities and education through the museum field.

Dr. Dale Croes, Ph.D, Anthropologist/Archaeologist: I believe this is the most innovative college class I have helped teach—I learned a lot! The amazing talent of the teaching team and guests made the class a unique learning experience for the diverse group of NWIC students. I love hands-on teaching, and this goal oriented class, following Charlene’s plan to feature the final student exhibits at NNABA, created an outstanding college-level learning opportunity for all.

Jeremiah George, MLRC Cultural Preservation Specialist: It was an honor to be a member of the inaugural team of organizers for the class here at Squaxin. This class is a testament to Charlene Krise's vision for the evolving services of the Squaxin Museum. Our museum serves as the cultural hub for Squaxin's community. Part of our mission here is to provide cultural educational tools for our neighboring communities and for our people.

I feel humbled to have been a part of a great staff that made this class a success. My hands are raised to Charlene Krise, Dale Croes, Kathleen Hawes, Tami Chock and the NWIC staff who made this possible.

Ruthie Whitener, Tourism Coordinator: This class stirred up quite the excitement prior and during this quarter. As a tour guide I do educate people from all over the world as they come into the museum, but being a part of this TMSD 364 just made it that much more interesting, listening what other interests and thoughts are of creating an exhibit for many people to see. I believe everyone who sees your exhibit will be very impressed by your vision.

Kathleen Hawes, Cellular Identification Specialist: This class was a wonderful experience, and I very much enjoyed working with such a dynamic and knowledgeable teaching team! Each member brought a unique perspective to the team, and greatly enriched the student’s learning experiences--and my own as well! Being able to “meet” the students through the weekly Zoom classes also helped me to get to know them better, and I feel made the class much more effective. I am excited to see the results of the student’s studies and projects at the NNABA this fall. It has been an honor to have been part of this class.

Chris Sigo, MLRC Development and Media Relations: What a fantastic first class! With the academic experience of Dr. Dale Croes and Kathleen Hawes, along with the vision of MLRC leadership and a group of outstanding students I think we hit on a winning formula for online education of the complex world of museum studies. The multifaceted approach taken by the team as we led up to final class presentations was for sure a strong challenge, but one our students were up to from day 1. I'm



Teaching team and students visiting with Ed Carriere at his home in Indianola. From left: Ruthie Whitener, Aleta Poste, Dale Croes, Chris Sigo, Ed Carriere, and Jeremiah George.



Teaching Team and students with Ed Carriere at his home in Indianola. From left: Chris Sigo, Dale Croes, Ruthie Whitener, Vicky Engel, Shannon Bruff, Ed Carriere, Aleta Poste, and Jeremiah George.



Kathleen Hawes, Cellular Identification Specialist, interacts with students through the web cam on a laptop computer—and more importantly through her digital microscope, identifying basketry plant materials.



MUSEUM LIBRARY AND RESEARCH CENTER



particularly excited to continue this work as we refine student projects in preparation for exhibition at the 2014 NNABA conference. Beyond that, the STEAM approach to education as it applies to traditional knowledge is an incredibly exciting territory to help pioneer, and students of this program should take tremendous pride in their contributions to a much-needed curriculum.

From our students:

Vicky Engel: I was honored to serve the tribe by participating in the Exhibition and Education in Tribal Museums Class offered by Northwest Indian College (NWIC). It was a great opportunity to share ideas about experiential learning such as with weaving baskets. Along with the culture of basketry, curriculum can be developed to include the Science, Technology, Engineering, Art, and Mathematics (STEAM) aspects of learning. We studied about the science of plant identification, the technology of basketry exhibit displays, the engineering of baskets, the inclusion of artistic design, and the mathematics of basket geometry. One of the goals of the class was to promote traditional ways of teaching that would be relevant to not only the Native students but also the youth from many cultures.

Shannon Bruff: Hi, my name is Shannon Bruff and I recently attended an on-line class called TRIBAL MUSEUM EXHIBITS AND EDUCATION TMSD364 through a partnership created by Squaxin Island Tribe, Pacific Northwest Archaeological Society (PNWAS), and Northwest Indian College. This course included many facets of learning which included culture, science, technology, engineering, art, and math through museum engagement.

It also offered learning opportunities through email, wiki pages, videotaping, photos, and exposure to actual artifacts, readings, cellular analysis, field trips, research, writing and creating a basketry exhibit. I wrote a paper which connected and was called, "Basketry Materials—gathering, cellular, and dyes." All information was introduced to the class in a practical way and was pertinent to everyday life and our tribes.

We learned teachings about basket uses, shared knowledge, dying of cellular material and was able to watch as a piece of wood moved water through the material as juice would move up through a straw and was able to logically observe the way cedar might absorb dye into its cells. We learned about basket weaving and how basketry is interconnected to all aspects of the web of life. We learned about ancient tribal wet sites and the cultural investigation and preservation of artifacts obtained at that site and much more.

This class was fun, exciting and informative; it elicited new and creative ideas from the group that comprised of a large tribal knowledge base the whole class was able to build upon. This was a great class where all individuals involved complemented each other's knowledge, teaching skills, and methods of learning.



Charlene Krise, Executive Director, Squaxin Island Tribe Museum and Lead Instructor, showing online students through web cam where their exhibits will be featured at NNABA in the Squaxin Island Tribe's Little Creek Casino Resort Event Center. Button Robes are featured in this class by NWIC student, Vicky Engel, Squaxin Island, as part of her exhibit for the upcoming NNABA conference.



Left: Dale Croes, Ph.D., and Mandy McCullough, Curator, Squaxin Island Museum Library and Research Center presenting to online students through the web cam during a Friday class session. Mandy covered several aspects of museum exhibiting, labeling displays and collection safety.



Second from top and Right: Squaxin Island student Vicky Engel shows some of her button blanket work for her final exhibit project for NNABA. On her left (above) is Squaxin Island student Shannon Bruff, behind Vicky is Dale Croes and to right is Chris Sigo with online camera for NWIC class students.



Renting vs. Owning

Both owning and renting can have their advantages. The better choice for you depends on your circumstances. Here are some of the things to keep in mind when you weigh the benefits of renting against the benefits of owning, both from a financial and a personal perspective.

Financial considerations

Knowing where homeownership fits into your larger financial plan is important. Ask yourself: Would I need to make changes in my budget to buy a home? Would it mean stretching to my financial limits? Would owning allow me to still maintain my other savings goals (such as contribution to my retirement fund) and stay prepared for potential costly home emergencies such as a new roof or heating/cooling system?

Renting has both advantages and disadvantages. For example, renting may provide you with more leftover cash each month, if your rent is less than a mortgage. On the other hand, renters are often subjected to rent increases over time. And when it comes to repairs, renters call the landlord to fix the leaky faucet. If you're the homeowner, you'll call a plumber—and pay the bill.

Owning a home may provide you with income tax benefits (though it's important to check with your tax advisor to see how owning would impact your personal situation). Owning a home also offers you the chance to increase your personal wealth as you pay off the principal on your loan over time and build what is known as equity. Equity is the difference between the market value of the home and the outstanding balance of the mortgage loan(s) on the home. Of course, home values can rise or fall over time, so building equity is not guaranteed. And there are significant upfront costs associated with buying, including down payment and closing costs.

Personal preferences

Owning a home is a financial commitment that requires you to plan ahead, reflecting on where your life is headed and what you want to accomplish along the way. Ask yourself: What additional financial goals would I like to accomplish as I make payments on a home loan? What's more important to me: the opportunity to build equity over time or to perhaps have more cash available now?

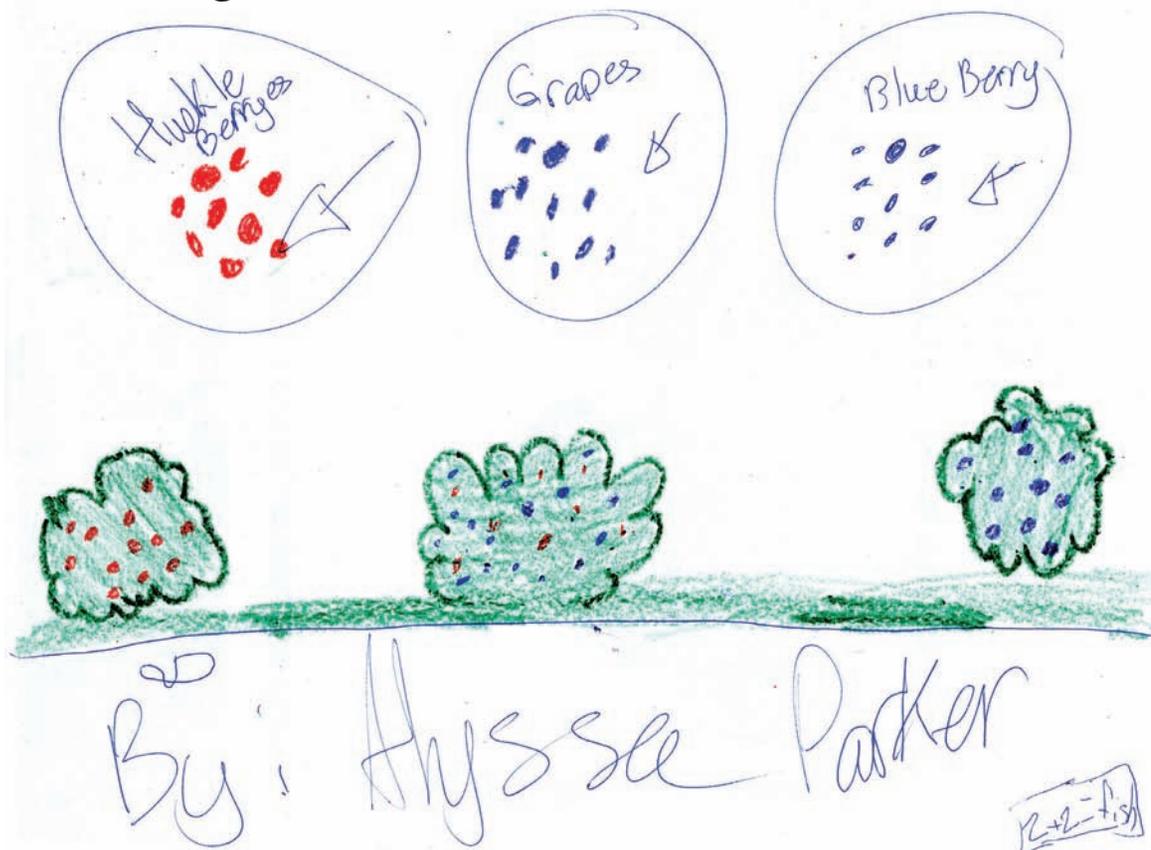
Renting usually makes it easier to relocate (to pursue a job opportunity, for example). And if your rent is less than a mortgage payment, renting could allow you to contribute more toward specific savings goals, such as retirement, college, future travel, investments or even putting away money for a down payment for a home in the future.

Owning a home could make sense for you if you want to put your monthly living costs toward something you could eventually pay off and own outright. In addition, it also makes sense if you plan to stay in the area and prefer to feel settled in a home that reflects your personal tastes.

Only you can decide whether owning a home fits your life.

Summer Youth Environment Art

More on Pages 6 & 27



ROAD PAVING PROJECT

Paving will begin on Qua-Ta-Sat Circle, Skalapin Lane, T'Peeksin Lane, Steh-Chass Place, Squi-Aitl Place and Sa-Heh-Wamish Court. If you live on these streets, please assist the Department of Community Development by moving cars, trailers, boats, etc. into driveways, and removing items from the road edge.

Your cooperation and patience would be greatly appreciated. Thank you!

**TEMPORARY
NO STREET
PARKING**

AT ANY TIME

**Monday, July 28
to
Friday, Sept 12**

**CONSTRUCTION
ZONE**

For more information about this project, please contact:

Kevin Dragon, Public Works Engineer
Squaxin Island Tribe, Dept. of Community Development
360-426-9781

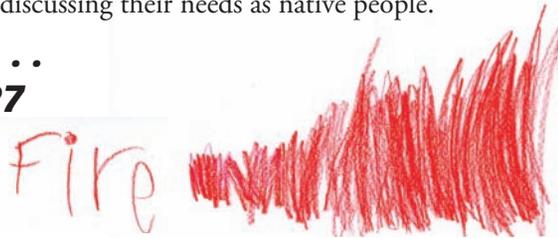


Solid Waste and Recycling Program Summer Rec Youth Explore Needs and Wants

During Summer Recreation the youth met with Sheena to explore the concept of needs and wants. They learned that every person has different ideas about what is necessary to him or her and it can differ according to a person's age and cultural background. They discussed their needs as native people, particularly those needs that come from the Earth, such as water, wind, rain, fire, sun, berries, fish, etc. Each young person wrote a poem or drew a picture as a tribute to a need that the Earth provides.

Each of the 11-12 year olds wrote a special type of poem to express their connection with the Earth. We have featured these poems in the Klah-Che-Min this month. The younger children drew pictures. We will feature a few of their pictures each month over the course of the upcoming year. The youth did a great job; they became especially engaged when discussing their needs as native people.

By Aidan Sizemore . . .
More on Pages 5 & 27



Squaxin Youth, Ages 11 & 12, Poems About our Environment

Water

Water, Gracefully Moist
Fast, Strong and Fierce
It Feels So Refreshing
H2O
- Jasper Mitchell

Sun

Hot, Bright
Bubbly, Shining, Burning
It Feels So Hot!
Star, Big Yellow Circle
- Kennedy Raham

Sun

Blindingly Bright
Shining, Beaming, Burning
It Feels Super Hot
Star
- Christina Evenhuis

Sun

Blindingly Bright
Shining, Burning, Bubbling
It Feels Hot
It Burns My Skin
It Melts My Popcicle
Star
- Alei Henderson

Sun

Blindingly Bright
Illuminating, Burning, Blinding
It Feels So Hot
Star
- Lexi Campbell

Insects

Gracefully Flying
Fast Across Like Light
It Feels So Smooth
Bug
The End
- Sophia McFarlane



Water

Weather, Cold
Splashing, Swishing, Waving
It Feels Cold
Moisture
- Steven Mendoza

Rain

Pooring Beauty
Cold, Wet, Clear
It Feels So Cold
H2O
- Gracie Kidder



Sun

Hot, Bright
Huge, Yellow, Blazing
It Feels Really Hot
Star!
- Sara Naranjo

Sun

Hot - Bright
Big, Yellow, Burning
It Feels So Warm!
Star
The Sun
- Dominique McFarlane

Water

Freshly Smooth
Racing, Roaring, Moving
It Feels Really Refreshing
Wet
- Madelyn Stratton

Sun

Bright and Gleaming
Beaming, Shining, Burning
It Burns My Skin
Its a Huge Bright, Shining Star
- Ashley Doldge



Help protect the Earth



Join the Green Team

New Member Training
Tuesday, August 19
9:00 am to 11:00 am
Tribal Center Large Conference Room

Green Team members become recycling experts
and help recycle at community events.

Questions?
Sheena Kaas
Solid Waste and Recycling Program
432-3907
skaas@squaxin.us

green.squaxin.us





Thank you for your service, Committee, Commission and Board Members!

The Squaxin Island Tribal Council is pleased to announce this list of committee, commission and board members. The involvement of the members of the Tribe is essential to responsible decision-making by the Tribe. Council thanks all of those who have given, and continue to give their time to assist the Tribe in its most important duties.

The public's trust in their government may be sustained only as long as the public remains involved in the deliberations essential to responsible decision-making by that government. The Tribal Council wishes to preserve this public trust by openly seeking advice, ideas and recommendations from the Squaxin Island tribal community. Accordingly, the Council wishes to provide equal opportunities for public service and encourages Tribal members to serve on commissions, committees, and special advisory boards to the Council.

If you currently would like to serve on a committee, commission or board please send your letter of request to Cassidy Gott at 360-426-9781. When a vacant position becomes available the Tribal Council will review all requests and select a candidate for the vacancy. Please include your contact information.

Participation is vital to the support of these committees, commissions and boards. If you are currently on a committee, commission or board and are unable to attend meetings and would like to be removed from a position, please contact Cassidy Gott at 360-426-9781.

1% Committee

Don Whitener	Tribal Administrator
Arnold Cooper	Council Member
Vince Henry	Council Member
Pete Kruger Sr.	Council Member
Joe Peters	Member
Erica Thale	Member



Aquatics Committee

Larry McFarlane Jr.	Member
Jennifer Johns	Member
Rose Boggs	Member
Jason Koenig	Member
Jeremie Walls	Member
Jake Johnson	Member
Craig Parker	Member
Arnold Cooper	Council Representative - Position not in bylaws

Child Care Board of Directors

Rickie Ramage	Education Commission
Margaret Henry	Enrolled Community Member w/heritage
Terry Capoeman	Unrestricted Member
Gloria Hill	Unrestricted Member
Tyson Kruger	Unrestricted Member
Sally Brownfield	Unrestricted Member
Gordon James (TLC)	Unrestricted Member
Vacant	Independent Childcare Professional
Jeanette Sigo	Community Member w/age appropriate children
Aleta Poste	Community Member w/age appropriate children
David Lopeman	Tribal Council Chairman

Education Commission

Vacant	Secondary Student (one year term)
Vacant	Higher Education Student (one year term)
Kim Elam	Tribal Member
Daniel Kuntz	Tribal Member
Rickie Ramage	Tribal Member
Vicki Engel	Tribal Member
Joe Peters	Tribal Member
Jim Peters	Council Representative

Elders' Committee

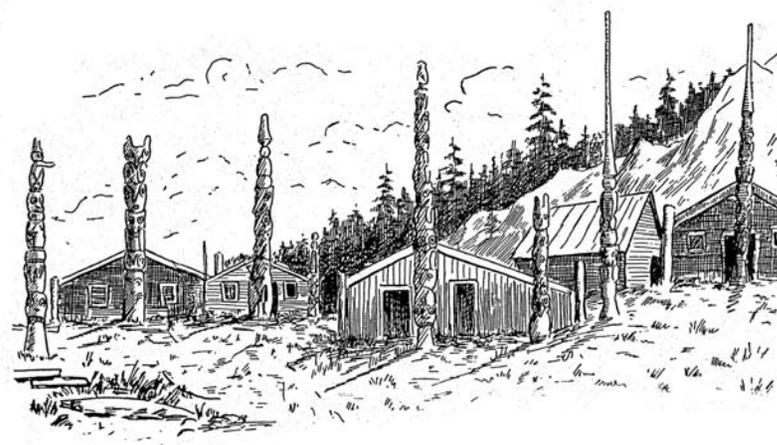
Elizabeth Heredia	Chairman
Herb Johns	Vice Chair
Dorinda Thein	Secretary
Peggy Peters	Treasurer
Lornin Gouin	Member at Large
Whitney Jones	Council Representative

Elections Committee

Mitzie Whitener	Chairperson (one year)
Diane Deyette	Vice - Chairperson (one year)
Sally Brownfield	Secretary (one year)
Tammy Ford	
Julie Owens	
Cassidy Gott	
Morningstar Green	
Jamie Cruz	
Dillion Decicio	
Rickie Ramage	
Vicky Engel	

Tourism Board

Leslie Johnson	Tourism Dir
Charlene Krise	Director of Museum
Don Whitener	Tribal Administrator
Kelly Croman	IEI CEO
Michael Starr	Little Creek Casino CEO
Arnold Cooper	Council Representative





COMMUNITY



Enrollment Committee

Mary Whitener	Whitener/Krise (Charles Roblin's)(Squisaloo)
Vicki Kruger	Bagley/Peters (Kalapin or Skalapin/Klabsch) Allottee
Joanne Decicio	Henry/Cooper (Henry/Cooper) Allottee
Liz Yeahquo	Johns (Jonny Se-nak-sub) Allottee
Paula Henry	Whitener/Krise (Charles Roblin's)(Squisaloo)
Margaret Henry	Bagley/Peters (Kalapin or Skalapin/Klabsch) Allottee
Misti Saenz-Garcia	Henry/Cooper (Henry/Cooper) Allottee
Pete Kruger, Sr.	Council Representative
Sharon Haensly	Tribal Attorney
Diane Deyette	Alternate - Yakablow Allottee 13
Rhonda Foster	Alternate - Yakablow Allottee 13
Sis Brownfield	Alternate - Bowers Family

Fireworks Committee

Julie Owens	Member
Rose Boggs	Member
Jennifer Johns	Member
Will Henderson	Member
Dillon Decicio	Member
Misti Saenz-Garcia	Member
Arnold Cooper	Member

Fish Committee

Jack Selvedge	Member
Vicki Kruger	Member
John Ackerman	Member
Rod Schuffenhauer	Member
Mike Foster, Jr.	Member
Kurt Poste	Member
Dave Johns	Member
Arnold Cooper	Council Representative

Gaming Commission

Kris Peters	Member
Dave Whitener Jr.	Member
Diane Deyette	Member
Joanne Decicio	Member
Ray Peters	Member
Summer Petty	Staff Director

Housing Commission

Mary Whitener	Member
Janita Raham	Member
Tully Kruger	Member
Julie Owens	Member
Kurt Poste	Member
Paula Henry	Member
Traci Coffey	Member
Elizabeth Heredia	lternate
John Ackerman	Alternate
Kim Elam	Alternate
Arnold Cooper	Council Representative

Hunting Committee

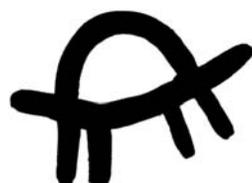
John Ackerman	Member
Bob Whitener, Sr.	Member
Tully Kruger	Member
Rod Schuffenhauer	Member
Joe Peters	Member
Todd Hagman	Member
Jeremy Meyer	Member
Nick Cooper	Alternate
Todd Hagman	Alternate
Arnold Cooper	Council Representative

Island Enterprises Board of Directors

Arnold Cooper	Council Representative Vice Chair
Pete Kruger	Council Representative Secretary
Tim Sheldon	Community Member
Julie Owens	Tribal Member
Liz Kuntz	Tribal Member

Little Creek Oversight Board

Arnold Cooper	Tribal Vice Chair Additional Council Representative
Kelly Croman	CEO IEI
Peter Kruger	Tribal Council Secretary
Melanie Hause	Community Member
Joe Peters	Community Member
Rhonda Foster	Community Member
Kevin Lyon	Staff: Tribal Attorney
Summer Petty	Gaming Commission Director
Michael Starr	LCCR CEO LCCR CFO
Mark Allen	Tribal Attorney



**Special thanks to all those who help us Elders pack our clams during harvests!
You are so loved and appreciated!!!! - Squaxin Island Elders**



COMMUNITY



Museum Library and Research Board

Don Whitener	Tribal Administrator
Gordon James (TLC)	Heritage and Culture Director or TLC
Dave Lopeman	Council Member
Andrea Sigo	Heritage and Culture Committee Chair
Leslie Johnson	Manager Tourism Enterprise
Ralph Munroe	SPSCC Representative
Dale Croes	College Expert (anthropology, culture...)
Vacant	University of WA Burke Museum
Lorna Gouin	Member
Ray Peters	Member
Sally Brownfield	Member

Personnel/Grievance Committee

Mary Whitener	Member
Dave Johns	Member
Bob Whitener Jr	Member
Katrina Story	Member
Carolyn Hoosier	Member
Erika Thale	Member
Glen Parker	Member

Shellfish Committee

Jeremie Walls	Member
Jack Selvedge	Member
Kelli Dahman	Member
Dave Johns	Member
Rose Krise	Member
Christina Lopeman	Member
Terry Capoeman	Member
Vince Henry Sr.	Council Representative



Tobacco Factory Board of Directors

Cameron Goodwin	General Manager
Shawn Yannity	Board Appointee
Vince Henry, Sr.	Community Member
Tim Sheldon	Business Experience
Ray Peters	Business Experience
Whitney Jones	Community Member
Andy Whitener	Council Representative



Talking Circle
August 12
@ 5:30
Community Kitchen

Budget Commission

Andy Whitener	Council Treasurer - Chairperson
Don Whitener	Tribal Administrator
Kathy Block	Operations Manager
Deborah Stoehr	Comptroller
Carolyn Hoosier	Community Representative
Pam Hillstrom	Community Representative
Rhonda Foster	Alternate
Whitney Jones	Alternate

Business Administration Board

Ron Whitener Jr.	Member
Wendy Bowman	Member
Don Smith	Member

New Employees



Gus Nilsson

Housing Enforcement Officer

Hi! I am your new Housing Enforcement Officer.

I am married to Tina Nilsson and have two children and three step-children. I am retired from the Washington State Patrol with 42 years of service.

I am excited to help the Squaxin Island Tribe in any way I can.



Chris Sigo

MLRC Development and Media Relations

Hi! I have been hired as the Development and Media Relations Specialist for the Museum Library and Research Center.

Its good to be back here working for the community after being gone for a number of years.

The MLRC is working on some amazing projects and I'm excited to be a part of it, alongside a great group of people.

Stop by and say hello. I'd love to see everyone more.

SKOOKUM CREEK TOBACCO FACTORY OUTLET STORE

LIGHTNING HOT

END OF SUMMER SALE

“TRADITIONS”

\$32.99
PER CARTON

Located at the factory
Hours: M - F 9 AM - 3 PM
MUST SHOW TRIBAL MEMBERSHIP CARD

(\$5.00 TRIBAL DISCOUNT EVERY CARTON EVERY DAY)
NOT INCLUDED IN MONTHLY SPECIALS



SUMMER YOUTH EMPLOYMENT



Eden Van Cleave

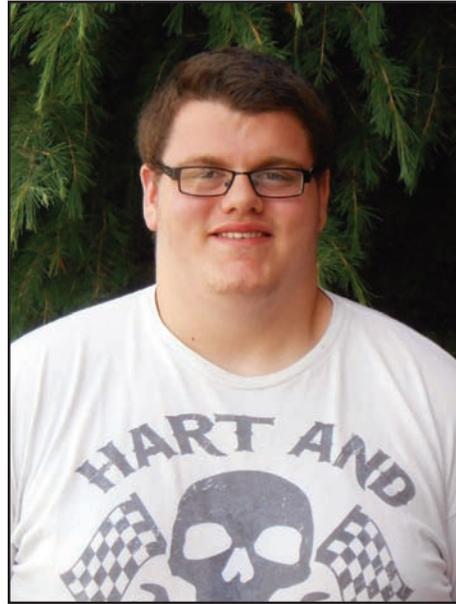
Hi! I have been hired as a Summer Rec Activities Trainee.

I am a member of the Whitener family. My parents are Dana Van Cleave and Ed Walker.

I attend CHOICE Alternative High School.

This job ties into my future plans because I will know how to deal with certain problems and keep kids safe and happy.

I really look forward to working with everyone.



Nick Wuestner

Hi! I have been hired to work in maintenance for Family Services.

My parents are Del Jr. and Dana Johns. I just finished 9th grade at Shelton High School.

I hope to gain experience that will help me in the future, such as landscaping, planting and construction.



David Lewis

Hi! I have been hired to work in fisheries this summer.

I am related to the Lewis family. My parents are Jen and David Lewis.

I attend Black Hills High School.

I look forward to working with the Tribe.



Marcus Johns

Hi! My position is fisheries. I have worked here the past couple summers.

I am a member of the Johns family. I just graduated from Shelton High School.

This is just a summer job and doesn't really tie into my future plans.



Ronnie Penn

Hi! I am a Greenskeeper Trainee at Salish Cliffs Golf Club.

I am the daughter of Lisa and Mike Blevins. My aunt is Vicky Kruger.

I will be attending Centralia Community College next year.

This job doesn't really fit into my future plans, but I just like being outside. I'm excited about learning to play the guitar this summer and looking forward to working with the guys again.



Tara Brownfield

Hi! I've been hired to work in the Child Development Center.

My parents are Terry and Cheryl Brownfield.

I just finished 11th grade at Shelton high school.

I am planning a career in elementary education, and am excited about the experiences I will have with children this summer.

I look forward to working with my co-workers and the children!



SUMMER YOUTH EMPLOYMENT



Willow Henry

Hi! I have been hired as a Cultural Preservation Apprentice.

I am a member of the Henry family. My parents are Marvin Henry, Sr. and Katherine Hurley-Anderson.

I will be working at the museum. I am very excited about working with the museum staff and the community.

I am also excited about learning more about our tribal history.

I hope to see you all around and look forward to working with you.



Taylor Owens

Hi! I have been hired as a Summer Rec Activities Assistant Trainee.

I am part of the Peters/Bagley family. Julie and Darrell Owens are my parents.

I am currently attending Capital High School and just completed my junior year!

This job will greatly prepare me for my future career in children's psychology because I will be helping kids work through their problems and to stay positive.

I'm really excited to meet the new kids and see the same ones from last summer. These kids really teach me a lot. I hope to make this summer as fun as I remember it when I used to go to Summer Rec and I'm really excited to get to know even more amazing kids.



Bianca Saenz-Garcia

Hi! I have been hired as a Natural Resources Office Assistant.

My last name is Saenz-Garcia, but my tribal family is Henry. My parents are Miguel and Misti Saenz-Garcia.

I want to work in an office.

Thank you for letting me work with you (the Tribe) again.



Shila BlueBack

Hi! I have been hired to work at Little Creek Casino Resort.

I am from the BlueBack family. My father is Wilson BlueBack and my mom is Christine Semanko.

I just finished 9th grade at Oakland Bay Junior High.

This job will help me get more involved with my community.

I'm excited to learn new things.

I look forward to working with you and seeing new people.



Donovan Henry

Hi! I have been hired for Guest Services at Little Creek Casino Resort. I am currently attending Shelton High School and just finished 11th grade.

I look forward to booking some of your rooms!



Mathew Nelson

Hi! I have been hired for the Summer Rec Program. My mom is Juana Perry and my grandma is Paula Henry.

I'm a junior at North Thurston High School.

I look forward to working with you.





SUMMER YOUTH EMPLOYMENT



Samantha Ackerman

Hi! I have been hired as a Cultural Preservation Apprentice at the MLRC.

I am from the Henry-Cooper family, and my mother is Katherine Ackerman.

I go to Shelton High School and I have recently just completed 11th grade.

This job ties into my future plans by letting me better my communication skills for working in law enforcement.

I am thrilled to learn more about our tribe and to hopefully gain ? experience.

I hope to see you around and I am looking forward to working in my home away from home again!



Keenon Vigil-Snook

Hi! My position is Fisheries Technician Trainee.

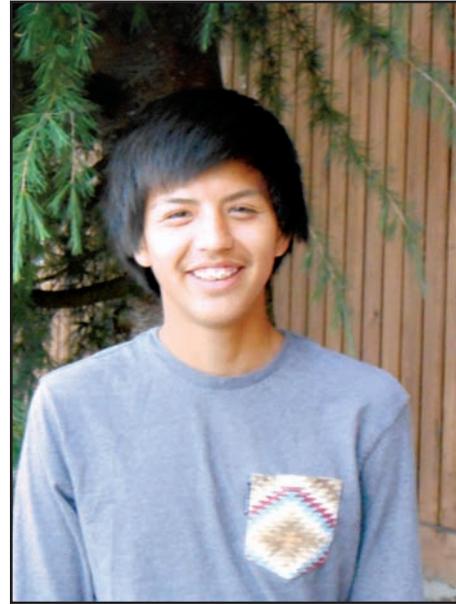
My mother is Alexsii Vigil and my father is Heath Snook.

I just completed my 3rd quarter at Olympic College.

This job will help build my work ethic and will help me get up early.

I'm excited to learn more about fisheries work; beach work and creek work.

I'm ready for this summer!



Alan Krise, Jr.

Hi! I have been hired as a Little Creek Casino Resort Facilities Technician.

I am a member of the Krise family. My parents are Alan and Rose Krise.

I just completed 10th grade at Shelton High school.

I will be learning job skills for my future jobs.

I'm excited to learn on working on job skills.

Work hard. Play hard.
Later Hater.



Larain Algea

Hi! I have been hired as a House Person for Little Creek Casino Resort.

I am a member of the Cooper family. My parents are Juanitia Pugel and Francisco Galindo. My grandparents are Rose and Mike Davis.

I just completed my junior year at East Valley Online School through the 'Tu Ha' Buts Learning Center.

This job will help me in the future by having good communication and janitorial work.

I'm excited to learn how to be more proficient at janitorial services.

I hope to be able to make more friends and be more communicative with co-workers.



Shawn Lincoln

Hi! I've been hired as a Fish Tech.

I am from the Sigo family, and my mom is Janette Sigo.

I go to Shelton High School and just completed the 10th grade.

This job ties into my future plans by teaching me to be more organized with things.

I'm excited to be learning how to become good at doing things right.



Cloe Martin

Hi! I've been hired to work with the Elders.

I am a member of the Martin family. I am the daughter of Kari and David Martin.

I just finished 10th grade at Taholah High School.

I'm excited about learning how to be more open with people and learning about friends and family of the Tribe.





SUMMER YOUTH EMPLOYMENT



Eric Castro

Hi! I've been hired as a Maintenance Trainee.

I am a member of the Castro family. My parents are Marcella Cooper and Abel Castro.

I just completed 11th grade at CHOICE Alternative High School.

This job will help me have more insight into working with the environment.

I'm excited to learn ways to help improve the environment and look forward to working with maintenance.



Tiana Henry

Hi! I have been hired for Hotel Guest Services/Reservations at Little Creek Casino Resort.

I am from the Henry family. My mom is Tonya Henry and my grandparents are Herb and Sharon Johns.

I just completed 9th grade at CHOICE High School.

This job will give me more experience and more options.

I'm excited about trying new things and bettering my skills.

I look forward to working for the Squaxin Island Tribe.



Kestle Coley

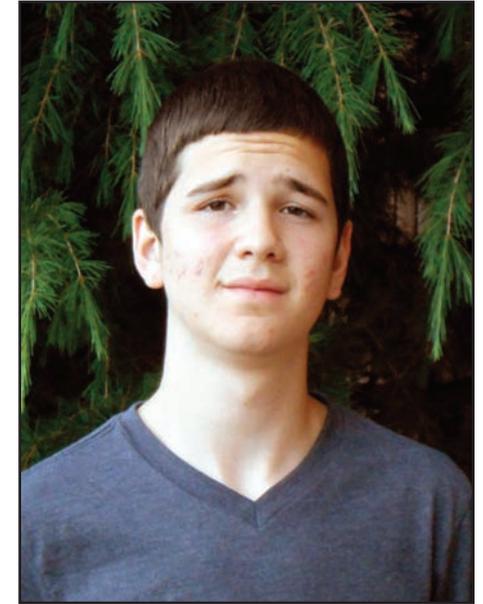
Hi! I have been hired in Housekeeping at Little Creek casino Resort.

I am a member of the BlueBack/Johns family. My mom is Angel BlueBack and my dad is Richard Coley.

I am enrolled in East Valley Online School through the Tu Ha' Buts Learning Center.

In this job I will learn to work with others. I'm excited to be a good role model and learn how to make a living.

I wanna thank my best friends and my sisters for helping me get this far. And I just wanna thank the TLC for all their help and keeping up with me.



Nick Meyer

Hi! I have been hired as a Greenskeeper Trainee at Salish Cliffs.

I am a member of the Meyer/Sigo family. My parents are Jeromy Meyer and Michelle Clark.

I just completed 9th grade at Shelton High School.

This job will help me in the future by teaching me how to use machinery and finish tasks.

I'm excited to keep care of the community, and look forward to working with you.



Austin Penn

Hi! I am working at Little Creek Casino Resort in the Buffet.

I am from Penn/Bagley family. I just finished 10th grade at Shelton High School.

I don't know what my plans are yet, but I'm using the program to get a feel for what I want to do! I'm excited to learn the restaurant routines and I gotta say its really fun. And if you're thinking of working for the casino, I would say the buffet is really fun to work at!

But personally I would have loved to work at the Squaxin Island museum and help hold up our culture!

So hopefully next year I can work there! Fingers crossed!



Winter White

Hi! I've been hired to work in the Museum Library and Research Center.

My parents are Roxanne White and Paul White.

I just finished 11th grade Shelton High School.

I plan on being a nurse, so it will help build experience.

See you around!





STEPPING STONES/SUMMER YOUTH EMPLOYMENT



Kierah Lincoln

Hi! I've been hired to work in the Child Development Center.

My mom is Janette Sigo.

I just graduated in June.

I will be working with kids from infants to 12 months old.

I'm excited about playing with the kids and having fun . . . what they learn from me and what I can learn from them.

Thank you so much, and hope to hear from you soon.



Savannah Raham

Hi! I've been hired to work in the Child Development Center.

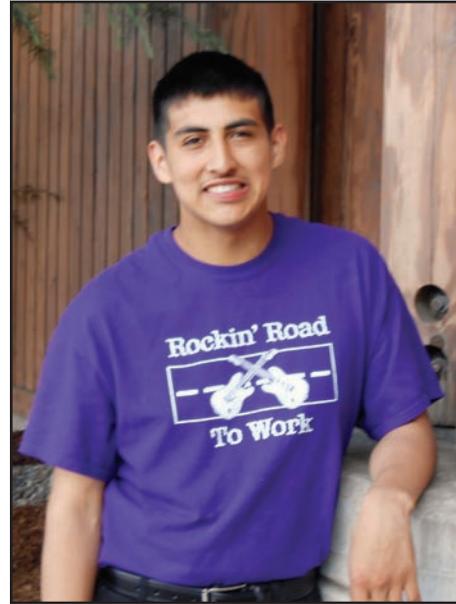
My parents are Janita and Jay Raham.

I just completed 10th grade at Capital High School.

I want to become a dental assistant and work with kids.

I'm excited to learn more about young children.

I look forward to growing and learning with your children.



Douglas McFarlane

Hi! Sue Henry is my grandmother and Connie McFarlane is my mom.

I just completed 11th grade at Shelton High School.

I look forward to full time work at the casino.



Stepping Stones Outdoor Project Lead

Josh King

Hi! I've been hired as the Outdoor Project Lead for Stepping Stones.

This is my fourth summer and I am happy to be back.

I enjoy watching the participants learn and grow. I've really enjoyed working with the youth in the past and look forward to it again this summer!



Not Pictured: Haily Goos





STEPPING STONES/SUMMER YOUTH EMPLOYMENT



Stepping Stones Mentor

Kasia Seymour

Hi! I've been hired as a Stepping Stones Mentor this year.

I am the daughter of Rose and Alan Krise. I have two sisters, Kristy and Kenna, and one brother, AJ. I'm married to Tyrone Seymour Sr. and am the proud parent to T.J. and Johnny Seymour.

I'm excited to be working with the youth again this year; its my passion and I'm happy to be joining the team.

I'm excited for summer to begin and look forward to seeing you around. Thanks!



Stepping Stones Mentor

Taylor Krise

Hi! I've been hired as a Stepping Stones Mentor through Human Resources.

I have a big family and have always done Native art.

I'm excited I get to share my art skills with the youth!

I'm looking forward to making an impression on our Squaxin youth!



Stepping Stones Mentor

Tamika Green

Hi! I'm excited to be a Stepping Stones Mentor again this summer!

I am from the Bagley and Penn families. I've worked with Stepping Stones the past three years, and I enjoy teaching our youth work ethic and culture.

Every year I learn something new and exciting. This year I'm excited about helping with mentoring

I feel positive and look forward to seeing you all.



Stepping Stones Mentor

Vanessa Tom

Hi! I've been hired as a Stepping Stones Mentor. I'm working in the Human Resources Department.

I'm 26 years old and have three children, two boys and one girl and a lovely husband who I've been with for several years. My gramma is Rose Davis, my mother is Carmen Algea and my father is Patrick Johns.

This will be my 5th year working in the Stepping Stones Mentor program.

I'm looking forward to working in the program again this year, mentoring youth and working with the staff, learning and teaching the youth new things.



Stepping Stones

Mentor Trainee

Michael Bryant

Hi! I've been hired as a Stepping Stones Mentor Trainee.

Me and my wife come from Arizona where we grew up. We have a three year-old daughter.

I am looking for a job as a teacher and taking appropriate steps to achieve my goal.

This job follows closely with what I want to do as a career. I would love to help shape and mold the youth.

I am very excited to get to know as many people as I can and work with everyone.



Stepping Stones Mentor

Sarah Hodgson

Hi! I am working as a Stepping Stones Trainee this year.

I live in the community and have been married to Mickey Hodgson for 3 years and live with Geri Bell.

I am really enjoying working with the youth and I look forward to contributing to the community.





SUMMER REC STAFF



Jaron Heller

Hi! I am the Summer Rec Administrative Coordinator with the Tu Ha' Buts Learning Center.

My grandparents are Ruth and Stub Creekpaum, and my parents are Tom and Kim Heller.

I look forward to hearing about how the school year went for the children.

Its shaping up to be a great summer.



Jeremiah Roberts

Hi! I've been hired as a Summer Rec Program Assistant.

I'm excited to get to know and work with the kids this year.

I am a parent to Daelashee Roberts, Trent Brown, Mayella Roberts, and Elaine Roberts. I am happily in a relationship with Kristin Penn.

I'm excited most about getting to know each kid. I'm also excited to work for the program I used to attend as a child.

I look forward to seeing parents around and if you have any time to talk, feel free.



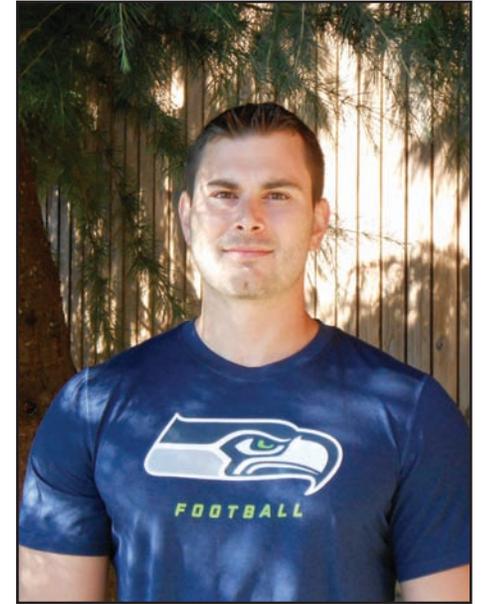
Kassidy Whitener

Hi! I've been hired as a Summer Rec Program Assistant.

My mother is Melissa Whitener and my father is Lenny Hawks. I just finished my second year at the University of Washington Tacoma and look forward to this summer.

I excited to be a part of the Summer Rec program again! I always enjoy my summers working with the kids.

I hope to see you around this summer.



Chris Henry

Hi! I've been hired as Summer Rec Activities Coordinator for the Tu Ha' Buts Learning Center.

I worked in the summer youth program growing up, went into the Marine Corps after high school and am now a certified teacher. I am Ruth Creekpaum's grandson.

I'm excited to give back to the program that took care of me during the summer while I was growing up. I look forward to carrying on the tradition of working with tribal kids and building community.

I look forward to having a great summer.



Chasity Villanueva

Hi! I've been hired as a Summer Rec Program Assistant.

I am from the Lewis family. I have two children, Tristian and Raratea, and they are my greatest inspiration and first motivations.

I am looking forward to working with all the youth, and taking part in the cultural activities.

I am excited to be working as a Squaxin Summer Rec Program Assistant!



Vernon Sanchez

Hi! I have been hired as a Summer Rec Program Assistant.

I am very excited about this. It is my first time working with the Tu Ha' Buts Learning Center. I like working with kids and playing a little bit with them. This is what keeps me going.

I am very excited.





What Canoe Journeys Are About

Jeremiah George - A returning to the roots of what the Canoe Journeys are about is what this year's Paddle to Bella Bella, Qatuwas Festival 2014 was about. In 1993, the Journey, still in it's infancy, was hosted by the Heiltsuk Nation in Bella Bella. Back then, few tribal groups participated in the cultural resurgence that is so prevalent today, which then was not so wide spread. The challenge was put forth during the Paddle to Seattle in 1989 to travel to Bella Bella. Twenty three canoes landed in Heiltsuk territory four years later. Prior to 1989, the people of Bella Bella traveled by canoe to Vancouver, BC for the Expo 1986. Like the centennial celebration for Washington State in 1989, the First Nations people had an urge to show their presence at Vancouver's centennial celebration. Expo '86 was also the last World's Fair in North America, which made it very relevant to show the people of the world that indigenous cultures prevailed. The theme for 1993's Qatuwas was "A Stroke Towards Indigenous Unity." To create opportunity for unity, the hosts requested that their guests assist in the care taking of each person present at the celebration. Everyone contributed toward the hosting responsibilities.

2014's Qatuwas saw the same challenge toward unification. Each region was given an entire day during the celebration to host meals. I was witness to the positive effect that it had on the guests and on our Squaxin crew. There was a deep meaning in contributing toward the effort of providing for our fellow guests. Waking at 5am to depart for the fish plant to assist with unloading the food from their large freezers was very empowering. It was an incredible experience to sustain this positive energy for the duration until the completion of dinner later that evening. This work was the day after Squaxin took the floor as representatives of our traditional teachings, along with Nisqually, Puyallup and Warm Springs.

The life altering experience started on June 22 as we departed for Songhees. Our collective decision as Squaxin's cultural representatives was to launch our canoe in Songhees, British Columbia, on the southern tip of Vancouver Island. The rest of the canoes traveling from the south were crossing the Strait of Juan De Fuca on June 23. Friends and relatives happily welcomed us on June 23 at the Songhees campground.

Due to the length of travel and distance away from home our Canoe Family participants were small in numbers. Yet, we carried the strength of our people as we traveled with those prevented from participating in our hearts. Our reason for pulling in our canoe during Tribal Journeys is for the spiritual healing of our people as a whole. We may be a group of individuals but, as is long established in our tribal customs, we are acknowledged as cultural and spiritual representatives. At the same time, we are beneficiaries of the spiritual nature of what we do on Canoe Journey.

In the past, we have experienced the power of spiritual prayer, in a time of need: In 2008, on the way to Quwutsun we requested prayers from our community as we attempted to navigate tough winds of the Strait of Juan de Fuca; as we were nearly forced to cut our canoe loose due to the roughness which caused the towing of it upside down; suddenly the canoe righted itself and the wind and waves subsided; right away, we received a call that stated a big prayer session at home had just completed. This is a two way street, those of us who were on the water that day know this to be true. That spirituality was proven again this year.

Our canoe was taken further from home than it has ever been. The crew

witnessed countless sights of immense beauty in the people and landscape of our northern relatives. Traditional big houses with immaculate tribal cultural designs of carved and painted poles and planks held ceremonies and lodging. The far north seemed to escape from any sign of human development. We traveled for hours on end without the sight of any man made structure or influence on the wilderness. Canoe Journeys creates an opportunity to strive for greatness. Nothing is without it's room for improvement and I can not claim that this year went perfectly. We can only push for bettering ourselves and operating more efficiently. To claim we have reached perfection would be to think there wasn't more effort to invest. In our diminished numbers, we had to lean on each other more. There weren't any relief pullers to count or many ground crew to put our campground in order. This allowed for a more intimate relationship with every action that we made.

I have to acknowledge and thank George, the head of our Canoe Family. Though you couldn't jump in to pull the canoe with us every day, we were inspired by your presence. It is your example that we follow and hope to honor in the best way.

Lenny did an incredible job filling the skipper role. He adjusted our work load so we were able to comfortably handle paddling the canoe day in and day out. My uncle Will Penn did a great job as the cook. I think everyone would agree that this year's meals went extremely well.

Charlene helped with the management of our budget to allow the daily operations of the Journey to go smoothly. As usual, she always had the right words you needed to hear and represented our people well with presenting the story of our people during potlatch protocol.

Thank you to Patrick for watching over us so diligently on the water. For the Journey moms, Aleta and Patricia: it was great to see your strength in our youngest members of our Canoe Family, with Elias, Andre and Micah man.

A big thank you to the Tribal Council. Without your support we wouldn't have been able to represent our people in a cultural and spiritual way.

It was amazing to practice singing and dancing with our region, Nisqually, Puyallup and Warm Springs (who we took the floor with also). I've never been to a place where you couldn't go longer than 2 minutes without seeing and or hearing eagles and ravens (this has to say something about the spirituality of the land and people of Bella Bella) I can't put anything more into words that expresses how

amazing this year's Tribal Journeys was. There are pictures included in this newsletter and there are also some making their rounds on social media: Facebook, Instagram and Youtube. They are all a definite must see.

August 3 to August 7 is the Youth Paddle 2014, travelling to Suquamish. Please come by the museum for more details.

Thank you!



Aleta Poste - This year's journey to Bella Bella was one that will be remembered for a lifetime, the Squaxin Island Canoe Family traveled over 500 miles to participate in the annual Tribal Journeys hosted by the Heiltsuk Nation for Qatuwas "People Gathering Together".

We had good days on the water taking in the beauty and remoteness of the

Continued on Page 27



PADDLE TO BELLA BELLA





HEALTH CLINIC



Clinic Events

Brief Community Walk

Every Thursday at 12:40 p.m.
Meet at Elder's Building after Lunch

Free Diabetes Screening

at Health Promotions
Tuesday through Friday
Contact Melissa Grant for details

Smart Shopping/ Food Label Workshops

Contact Patty to schedule

Health Promotions

We have exercise videos
in the building across from clinic
Work out alone, with us
or schedule a time for a group

Our Nationally Recognized Lifestyle Balance Program

If you are ready to lose weight,
we can provide support.
Native American and over 18

Mammogram Clinic

August 19

Contact Melissa Grant (360)432-3926
Patty Suskin (360)432-3929



Parents - Are Your Kids Ready for School?

Required Immunizations for School Year 2014-2015



Parent/Guardian Resource

	Hepatitis B	DTaP/Td/Tdap* (Diphtheria, Tetanus, Pertussis)	Polio*	MMR (Measles, Mumps, Rubella)	Varicella (Chickenpox)
Kindergarten – 5 th Grade	3 doses	5 doses	4 doses	2 doses	2 doses OR Healthcare provider verifies child had disease
6 th Grade	3 doses	5 doses DTaP AND 1 dose Tdap	4 doses	2 doses	2 doses OR Healthcare provider verifies child had disease
7 th – 12 th Grade	3 doses	5 doses DTaP AND 1 dose Tdap	4 doses	2 doses	Recommended, but not required.

Call 427-9006 to schedule an appointment



Mammogram Clinic

Tuesday, August 19, 2014

8:00am to 4:00pm



To schedule an appointment or if you have any
questions regarding your eligibility please contact:

Traci Lopeman at 360-432-3930

Every Woman counts, please tell your Sisters, Daughters,
Mothers and Friends to have a mammogram done yearly.

Beginning at age 40 Women should have a mammogram done yearly. Clinical
breast exams should be done on a yearly basis by your medical provider. You
should do your own monthly Breast Exams on a regular schedule.

Check in at the Squaxin Tribal Center



FREE BLOOD PRESSURE SCREENING 2014

The First Thursday of each month



Blood Pressure checked by your
friendly neighborhood firefighters

Where: Elder's building
When: 11:45am - 12:45 pm.
Everyone is welcome!

Kidney Disease and Diabetes

Guest Speaker: Dr. Carl Ott, MD

Thursday, August 14th, 2014
Right after lunch at the Elder's Building
1 to 2 pm

What is Chronic Kidney Disease?
How can you prevent it?
Get your questions answered.

Take Charge of your Diabetes & Live a
Long, Healthy Life
Everyone is welcome—
those with Diabetes or not.

Join us for a few minutes or the hour

Questions? Contact Patty Suskin,
Diabetes Coordinator at (360)432-3929



FAMILY SERVICES / HEALTH CLINIC




WIC
(Women, Infants, and Children)
provides healthy foods & nutrition information for you and your child up to age 5.

Please bring:
Your child, Provider One Card or paystub and Identification for you & your child

Call Debbie Gardipee-Reyes at SPIPA 360 462-3227

Tuesday, August 12th is WIC DAY at SPIPA



Elder Lunch Menu

- Mon 4: Baked Chicken
- Tues 5: Soup and Sandwich
- Wed 6: Ham
- Thurs 7: BBQ

- Mon 11: Pizza
- Tues 12: Soup and Sandwich
- Wed 13: Pork Chops
- Thurs 14: BBQ

- Mon 18: French Dips
- Tues 19: Soup and Sandwich
- Wed 20: Spaghetti
- Thurs 21: BBQ

- Mon 25: Beef Stroganoff
- Tues 26: Soup and Sandwich
- Wed 27: Chicken Alfredo
- Thurs 28: BBQ

In August we will be making drums.

Building Strong Families Through Culture

When: October 8, 2013-September 30, 2014

Where: Community Kitchen

When: Wednesdays

Time: 3:00 –5:00 PM

Focus is on the formation and maintenance of two-parent families and prevention of out-of-wedlock pregnancies.

Sponsored by SPIPA-TANF.



Family Services

“Healthy Families”

We are a Home Visitation Project that promotes healthy child development, wellbeing and cultural practices for Native families and children. Our Services



Include Educational

tools to support pregnant moms. We provide Parenting support and education for new parents and families with children birth to 3 yrs. There are 4 energy types of people, come find out which type your child is and how to best support them to be all that they can be. Early child development training and cultural practices are a priority with us. We have parenting classes mixed in with arts and crafts that encourage social interactions for parents. We also provide Independent living skills to empower you to be all that you can be; we are

currently providing basic sewing skills and making... Pendleton vests at the community kitchen. We will be offering “Positive Indian Parenting” again in the Fall. Upcoming classes for parents and the community will be in areas of nutrition, DIY and do you have any interest in Pinterest? We will focus on those types of classes comingling with parent education and wellbeing. Call for more information: Rose Tageant, Healthy Families Project-Home Visitor 360-432-3971.





11 Expenses Destroying Your Budget

Tackle your budget, and free up some cash.

Are you squeaking by each month with barely enough money in your bank account to pay your bills? Sure, you need your cellphone, and you have to go grocery shopping to eat. But chances are, you're overpaying for necessities and luxuries you just can't live without. U.S. News My Money bloggers share tips to cut down unnecessary expenses and leave a little extra padding in your budget.

Cable - The average cable bill runs about \$80 per month. But the Internet makes paying for cable unnecessary. If you only watch certain shows, then paying for a fully loaded cable package might not be the best deal for your wallet. Services such as Hulu, YouTube, Netflix and Roku can satisfy your TV fix for a drastically reduced rate or for free.

Cellphone - Don't feel pressured to sign up for an expensive two-year contract. Many cellphone carriers offer low-cost plans with no long-term contract commitments.

Energy bills - Nothing sets fire to your wallet like a blazing heating bill. But did you know you can save 3 percent on your heating bill for every one degree you lower the thermostat? If you normally keep your apartment temperature at 75 degrees and lower it to 72 degrees, you'll save 9 percent on your utility bill or 9 cents on every dollar.

Transportation - If you live in a city, taking public transportation can help you save money on gas and auto expenses. With cost-saving and eco-friendly options like buses, trains and subways available, there's no need for you to be making a car payment and paying for car insurance each month (and, let's face it, accruing a few parking tickets every now and then).

Dining out - Eating out often costs more than cooking at home, so even if you hate cooking, it pays – literally – to do some reading up on easy, fast recipes. Avoid the temptation to pop in a fast food joint or restaurant for lunch by making large dishes over the weekend, freezing them and then bringing portions to work the next week.

Gym membership - The average gym membership costs \$40 to \$50 per month, which adds up to hundreds of dollars a year, but you can work out and not pay a penny. "You could sign up for fitness classes at a neighborhood recreational center, join the YMCA, take advantage of a corporate wellness program or commit to following DVD fitness programs at home. And, of course, it's always free to run or walk outdoors.

Groceries - The average monthly cost to feed a family of four is between \$553 and \$1,075, according to the U.S. Department of Agriculture. If you want to pare down your food budget, shop at a warehouse club where you can buy items in bulk that will last a while. But avoid the 10-pound bags of vegetables and perishables. Think about how long it will really take to get through that box of candy or family pack of deli meat, and make sure you're buying items that won't expire any time soon.

Your daily latte - While a \$4 morning coffee can satisfy the soul, it can also hurt the budget. Consider buying a French press or Keurig machine to brew your favorite coffee drinks at home. It's a larger out-of-pocket expense, but it will easily pay for itself over time.

Medications - Prescription drugs can do some damage to your bank account, but you can likely find the medication you need at a cheaper price by choosing generic drugs. Generics are the bio-equivalent of brand-name drugs, but cost 80 to 85 percent less. It is recommended using apps such as GoodRx, LowestMed and Prescription Saver to compare drug prices at nearby pharmacies. Signing up for a pharmacy discount card can save you about 10 to 25 percent, too.

Entertainment - Between the tickets, popcorn and soda, a date night at the movies could cost more than \$35. But if you sign up for a loyalty club, you can pay less for tickets and concessions. "Regal Entertainment Group, for example, offers \$2 popcorn on Tuesdays to club members," writes Teresa Mears, publisher of Living on the Cheap. "... AMC offers free popcorn refills and special kids' snack packages." You can also find free movie screenings at museums, libraries and parks. "In the summer, the major movie chains show free or discounted movies for kids on weekday mornings," Mears adds.

Shopping - Whether you're shopping at a big-box retailer or mom-and-pop shop, you might not have to pay full price. Many stores offer discounts if you fall into a certain age group or are a member of an association like AARP. Military, veterans, student and senior discounts are everywhere, but some stores don't advertise them. To find out if the store has one, just ask.

Council Corner

Whitney Jones - Summer is in full swing and it is a very busy time of year for the Tribe. The younger kids are enjoying summer rec activities and the older ones can be seen working at Stepping Stones and a variety of jobs around the Tribe and its entities. It is great to have these programs as a building block for getting our youth engaged in learning more about and serving their community and our Tribe now and in the future. And I appreciate the people who represented us at this year's Canoe Journey; their dedication to supporting this important event benefits us all, especially when not all of us can participate. Thank you.

I had the opportunity to sit in at one of the Elders Meetings where the group was discussing short and long term ideas for their program and for the Tribe. It was exciting to hear the strong voices and specific thoughts that people had for how to be a more unified group. Some concerns that were brought up could be worked through to natural solutions, and for those areas that need more discussion, I look forward to working with the Council to respond to and try to address on-going needs of our Elders.

And I encourage all of our Tribal and community members to bring ideas for future needs to the Council and governmental leadership by attending the Public Budget Hearing later in August. This is just one opportunity to provide input on how you would like to see your Tribe grow and expand the services it provides to you. We can't do everything of course, but let's get your ideas and suggestions out there for discussion so we can find the right ones to move forward on in the coming years.

You know that I've been promoting more frequent opportunities to interact with and be heard by your Council, so I've requested to have regularly scheduled Talking Circles every three months. From now on we will host a Talking Circle on the 2nd Tuesday of August, November, and February, and in May the General Body meeting will substitute. These are the same months that the quarterly revenue distributions (per capita) are scheduled, so hopefully that will help people remember. Not everyone will be able to attend each time, but at least a consistent schedule will increase our availability and give you a date to count on if you want to participate. I hope to see you there.



Happy Birthday

Barbara Kennedy	01	Zaiden Jimmie	12	Kaytlyn Henderson	27
Jonathan Arzate	01	Arron Edgley	12	Meghan Brandt	27
Jeremie Walls	01	Brandon Campbell	13	Rhonda Foster	28
Darlene Wood	03	Lola Bonin	13	Terasa Pinney	28
Leighton Case	04	Elena James	14	Eathon Caasi	28
Kelly Jones	04	Zachary Sanchez	15	Angelo Rivera	29
Norman Price	04	Naraiah Gray	15	Lindsey Harrell	29
Lawton Case	04	Llewellyn Parker	15	Joseph Furtado	29
Tyrone Seymour	04	Rachel Naranjo	16	Euphamie Whitener	30
Christopher Brown	05	Kevin Spezza	16	Debra Sayers	30
Jill Kenyon	06	Matthew Cooper	16	Taylor Porad	30
David Johns	07	Magdelano Perez	17	Catherine Tuller	30
Robert Koshiway	07	Virginia Farron	17	Loreta Krise	30
Margaret Johns	08	Hannah Forcier	18	Ruben Vasquez	30
River Korndorfer	08	Dionna King	20		
Robert Sigo	08	Aidan Sizemore	22		
Ashley Smith	08	Greg Glover	22		
Lettie Machado-Olivo	08	Rene Salgado	22		
Roy Perez	08	Jessica Johns	22		
Lisa Frodert	08	Jeremiah Obi-Rivera	23		
David Peters, Jr.	09	Julio Castillo	23		
Juliet Galos	09	Ernesto Johns Jr.	23		
Leroy Melton	09	Bryce Penn	24		
Chasity Masoner	09	Victoria Sanders	24		
Nikieta Ho	09	Mitchell Carrington	25		
Kalysi Whitener	10	Nicole Cooper	25		
Marilyn Mcfadden	11	Eden Van Cleave	26		

TLC

Starting August 11th, the gym will be closed for several days while a new floor is being installed. It is quite a process but when completed will not only be a great basketball floor, but will add capacity for volleyball as well. We will keep everyone updated on the progress through the Daily Scoop and the TLC Facebook page. Remember – you can always check out the latest announcements about the Education Department and the Tu Ha’ Buts Learning Center at www.facebook.com/Tu-HaButs. For now:

Youth Activity Program by Jerilynn Vail

Summer is underway and the youth have been busy with a variety of activities at the TLC and on our field trips. Just a few reminders for our last week of the 2014 Summer Rec:

- Squaxin Dental moved one of their days to Monday, August 4th.
- Please remind your kids to bring their swimming stuff home at the end of the day
- We will have a field day on Thursday, August 7th. Feel free to come join the fun – including plans for a Karaoke party after lunch on that day too!
- Our last day for Summer Rec is Friday, August 8th.
- Our youth activity program will remain closed until the kids start school again in September.
- The lost and found is quite large, please come by to see if any of it belongs to your kids.
- I offer a BIG Thank you to all the volunteers who helped us during the Summer Rec Program.

What's Happening

AA & ALANON Meetings: Every Thursday at 7:30 p.m. Elders Building						1	2
3	4	5	6	7	8	9	
			Family Court				
10	11	12 Criminal/Civil Court <i>Talking Circle</i>	13	14 <i>Council Mtg.</i>	15	16	
17	18	19 <i>Green Team Training</i>	20	21	22	23	
24/31	25	26 Criminal/Civil Court	27 <i>FY15 Public Budget Hearing</i>	28 <i>Council Mtg.</i>	29	30 <i>Memorial @ Quinault</i>	



TLC

Continued from Page 22

Teen Activities/CHUM Project by Laurel Wolff

Stepping Stones wraps up on August 8th. It has been a great year and I'm really proud of all the teens' hard work and accomplishments this summer. Additionally in August:

- The CHUM group will be heading out to Mount St. Helens for a camping trip August 11-13.
- SPIPA is hosting a youth conference August 21-22 at Great Wolf Lodge. For more information on the conference and how to sign up contact Laurel Wolff at (360) 432-3842.
- The Teen Center will continue to be closed for the month of August but will re-open with the new school year. Have a great summer.

Higher Education by Mandy Valley

If you are planning on attending college for the fall quarter/semester of 2014, please send in your required information as soon as possible, but no later than Friday, August 8 to allow enough time for processing. The following information is needed to complete your student file for fall quarter/semester:

1. 2014-2015 submitted FAFSA (copy of your SAR)
2. Signed Information Release Form
3. Signed Memorandum of Commitment
4. Education Information Sheet
5. Application letter to the Education Commission
6. Official fall class schedule
(must show schools/students name & quarter/semester)
7. Tuition and receipts for required books (if you attended spring or summer quarter/semester and have not turned these in yet)
8. Grades (If you attended the spring or summer quarter/semester and have not turned them in)

Please email your fall quarter/semester information to mvalley@squaxin.us. Or, you can fax the documents to the Education Department at (360) 426-7897. If you have any questions or concerns please feel free to call Mandy Valley at (360)432-3882.

Credit Retrieval

If you are attending Shelton School District in grades 9-12 and had a failed or incomplete class this year, please ask us about your options for credit retrieval during the summer. TLC staff is again coordinating an opportunity for credit retrieval to take place at the Tu Ha' Buts Learning Center, but it only runs through August 22nd. Don't wait! For more information, call Peggy Peters at 432-3826.

Homework Support and GED

As summer continues, the GED instructor, Jamie Burris is still available to assist with GED preparation. Jamie is in the classroom on Monday through Wednesday from 9:00 a.m. to noon. GED prep classes are expected to continue through the summer. We have the study materials to help you prepare for the new tests, and can offer the updated practice tests as well. Please take advantage of this opportunity if you would like some extra help with your studies to get ready for the GED testing. Contact the TLC at (360) 432-3958 with any questions about participating in our summer GED prep classes.



6 helpful tips to make your yard safer for your family, pets and visitors

During warmer months, many families spend time outdoors with their pets. You may think your dog is not aggressive, but even the sweetest dog may bite if provoked. With their natural curiosity and exuberant energy, children often are the most likely to provoke a dog — usually unintentionally. That's probably why children make up more than 60 percent of the half- to one-million dog bite victims reported annually in the United States.¹ Many dog bites are preventable, however. Here are some tips to help keep both people and pets safer:

Carefully consider your pet selection — Your veterinarian can help — they can be a great source of information about breed behavior and suitability. Remember to consider who visits you as well as who lives in your household. If you have grandchildren, nieces, nephews or friends with children, you'll probably want a dog with a gentle disposition.

Make sure your pet is socialized - Expose your puppy or adopted dog to a variety of situations as early as possible. Try to do this a little at a time, under controlled circumstances. Continue these short interactions until your dog appears comfortable around children, adults and other animals.

Spay/neuter your pet - Neutered dogs are less aggressive and less likely to bite.

Train your dog - Teaching your dog basic commands such as "sit" or "stay" helps develop obedience and builds trust.

Keep your dog healthy - Have your dog vaccinated against rabies and preventable infectious diseases, and see your vet on a regular basis.

Be alert - Be aware of your dog and watch for signs they may be uncomfortable or feel threatened.

Preventing Dog Bites

Learn how to play it safe - teach young children these 10 basic dog safety rules:

Do's

1. Do remain motionless when approached by an unfamiliar dog.
2. Do roll into a ball and lie still if knocked over by a dog.
3. Do report stray dogs to an adult immediately.
4. Do report a dog bite to an adult immediately.

Don'ts

1. Don't approach an unfamiliar dog.
2. Don't run from a dog and don't scream.
3. Don't play with a dog unless given permission and supervised by an adult.
4. Don't make or maintain direct eye contact with a dog.
5. Don't disturb a dog that is sleeping, eating or caring for puppies.
6. Don't pet a dog without first allowing it to see and sniff you.



PADDLE TO BELLA BELLA





PADDLE TO BELLA BELLA





Business Spotlight

Where are they now?....Part 2 "Mothers and Daughters"

By Stephanie James

The next two alumni of the business spotlight articles are mother and daughter. Both have the entrepreneurial DNA and both were a lot of fun to talk to. So if you like wet forks and hand creams (or just like fun articles to read) then here you go:

Mary Whitener - Wet Fork Rentals

SJ: Are you still in business?

MW: Yes

SJ: Has business picked up? Or slowed down?

MW: Picked Up

SJ: Do you have any changes since we last spoke?

MW: No and price is the same. When it first started out we were charging a bucket of clams, then went to \$25.00 per person. Thinking about raising the rental at least \$5 more dollars.

SJ: Now that you have been in business for a few years or longer, what advice do you have for others who may be thinking of starting a business?

MW: Don't give up! Keep Trying!

SJ: Is there anything else you would like to add?

MW: Yes, I want to say I am so grateful for all my family of customers. I wouldn't be doing another year without their prayers for me while I've been dealing with lung cancer. Thank You! Thank You! Thank You! Thank You! Thanks again! Lots of Love!!

SJ: If you need to rent a wet fork from Mary, you can reach her at (360)490-2186. Oh Mary, Thank you!! We love you too!!

Rachel Ford-Mary Kay Independent Consultant

SJ: Are you still in business?

RF: Yes

SJ: Has business picked up?

RF: Business is consistent. I have a lot of loyal customers...customers that always come back to me. I'm sure a lot of business owners at one time or another have thought about whether or not they want to devote their time to running a business, and I am no exception. What it really comes down to for me are my customers. They are important. And when you have "regulars" that rely on you for a product that you sell...well I really just want to be there for them. You know how I am!

SJ: Well of course I do. So basically that means you will continue selling the products, am I right?

RF: For now anyways. What I really enjoy doing are the events, like Christmas bazaars, etc.

SJ: Now that you've been in business a few years, what advice do you have for others who may be thinking of starting a business?

RF: Customer service is so important. Always treat your customers right.

SJ: Well said! Didn't I always tell you that was your strength? (I love being right! :) If you would like to purchase Mary Kay products from Rachel, she can be reached at (360)490-0244 or visit her website at www.marykay.com/rford100.



KTP Scholarship and Community Funds Distributions

The IEI Board recently completed its selection process, and awarded two scholarships for the upcoming academic year. Tribal members Kris Peters and Alex Smith will each receive \$1,250 toward their educational costs over the next year. Kris recently graduated from The Evergreen State College with his undergraduate degree, and will begin the Master's in Public Administration/Tribal Governance program at Evergreen in the Fall. Alex is pursuing an undergraduate degree in business with an emphasis on marketing at Pacific Lutheran University, and will be entering his final year to complete that program.

In addition, IEI has distributed \$500 each to the Squaxin Island Youth Council and the Squaxin Island Summer Recreation Program.

Funding for the scholarships and distributions is provided by Associated Petroleum Products (APP), which supplies fuel to all of our gas stations. In addition to offering the best fuel and delivery pricing in a bid process, APP agreed to provide these funds each year of their 10 year contract with IEI. APP is a great partner to us, regularly going above and beyond to support our operations, and this is just another way that they are investing in the community. Thank you to APP, and congratulations to the recipients of these funds!



Ta-Qwo-Ma Business Center is hosting a series of financial literacy classes. Classes are free and open to tribal and community members. Classes are typically held each Tuesday evening between 5:30-6:30 pm (additional times/days may be offered as needed). If you have an interest in learning more about the following topics, please contact the business center at 360-462-0339 or by email: sjames@ieinc.org to have a spot reserved for you. You may sign up for one class or for all. It's up to you!

Classes offered:

1. Basic Financial Education. Develop a monthly household budget. Learn how to obtain your credit report and how to dispute errors with your credit. Learn more about bank accounts and tips for saving money.
2. Loans and credit cards.
3. Consumer Education & How to protect yourself from Identity Theft, as well as what to do if you are already a victim of fraud.
4. Youth Financial Literacy. Those under 18 years of age who would like to plan for their future.



Canoe Journey Continued from Page 17

landscape, talking, joking and singing with one another. We also had bad days when we woke up before the sun to catch the tides, when we pulled all day in the rain and we were tired, cold and wet, when we stayed up all night potlatching and started to get on each other's last nerve. These experiences wear you down physically but build your strength emotionally and spiritually. The good and bad created a bond between each one of our members and solidified us as a family.

Along the way we experienced the great hospitality of the First Nations people who welcomed us to their shores with traditional dances, songs, food and warm houses. As a family we received the wealth of the land and water we saw whales, dolphins and porpoises. We ate traditional foods of herring eggs, salmon, seaweed and seal heart and liver.

Each day at Qatuwas a region hosted the meals. This is something that has not happened on Journeys before. By doing this Bella Bella shined a new light on what it means to host a potlatch. They showed us that if we work collectively, any tribe, no matter how small or underfunded, can host Tribal Journeys. They took us back to the roots and showed us what Journeys was always meant to be; a collaboration to celebrate being indigenous people.

Nothing is more healing than to be fully immersed in what you know belongs in your life. When something has been a long time removed and it is brought back you receive those blessings with an open heart. The late nights around an open fire singing with native people from all nations is something that used to be banned, forbidden.

We want to thank the Heiltsuk Nation for hosting a Journey unlike any other, for instilling and fulfilling our spirits with gratitude and traditional values. For bringing us together, once again, and sending us back home with provoking thoughts on how to make our culture stronger, more united. We also want to thank each and every one of those who showed us love and support throughout the Journey. We understand that not everyone could attend this year but we had a lot of support back at home.

**Happy Birthday Kristy
Love,
Kasia and Family**

Summer Rec Environment Art

**By Alexia Salazar
More on Pages 5 & 6**



**We are so proud of you Baby
Girl
for a 3.9 GPA
in the 5th grade!!!**



**Love You!
Mom & Dad
(Rachel & Ernesto)
Grandpa Conrad
and Grandma Liz
Lil Brother Ernesto Jr.
and Big Brother, Ben**

IEI Strategic Planning and Community Input

Island Enterprises is beginning a five-year strategic planning effort and needs your input. This effort will begin with a community meeting to talk about the process, and ask for initial input on economic development ventures, as well as provide information and answer questions about IEI's current activities and plans. The initial meeting will be followed by separate input gathering sessions with Elders, youth and the broader community. We will also use an on-line survey and phone calls to gather input from those unable to attend in-person sessions, and will keep you posted through the Daily Scoop, mail outs to Tribal members, the Klah-Che-Min, and communications with various Tribal committees about upcoming meetings. We're going to work hard to make sure every Tribal member has a chance to provide input. In the meantime, if you have economic development ideas, questions about IEI's plans or activities, or just want to talk with us, please don't hesitate to stop by the office, call or e-mail us, or talk with us at community events!

**Happy Birthday
to My Husband
Tyrone Seymour
Love,
Your Wife and Sons**

Save the Dates!
Native Youth POWER Conference
August 21-22, 2014

Native Youth POWER Conference
August 21-22, 2014
Great Wolf Lodge
Grand Mound, WA

Promoting
POWER
Outreach & Wellnes
Empowerment at the
Reservations

Youth from the five SPIPA Tribes are invited to attend the eighth annual Native Youth POWER Conference. This conference raises awareness among our youth about how lifestyles (diet, exercise, regular health care, and screenings) impact cancer. This year it will be held at Great Wolf Lodge on August 21st and 22nd.

Space is limited, so please RSVP.
This annual conference is sponsored by the South Puget Intertribal Planning Agency's Comprehensive Cancer Control Program.

For more information contact
Sarah Zephier at
360-462-3241 or
szephier@spipa.org

ENJOY THIS BEAUTIFUL SUMMER!

Sand Boxes:

Summer Fun

that Encourages Little Ones to Use Their Imaginations!

One toy so simple, inexpensive, and universal that has the power to draw children outdoors and into active play: A box of sand.

It doesn't matter what size or how fancy it is — there's something about running your fingers and toes through the sand that's just plain fun. There are plenty of portable and mini sandbox options for your family to enjoy. Not a master carpenter? Don't worry — because a painted tire or plastic pool can do just fine.

What about the Cat?! There are many ideas about keeping cats out of the sand box. Spray vinegar throughout sand and toss sand to dry out bottom layers. Use eucalyptus oil around the perimeter and cinnamon in the sand to deter bugs and animals. Basil and mint work too. It can be covered with a hard plastic cover, plywood or a tarp with bricks or stones along the edge when not in use.

Keeping your child's sandbox clean: The sand in the box may also need to be replaced on a regular basis. And all people playing in the sandbox should wash up good when they are finished.



Friday • August 15th • 6:30pm
Saturday • August 16th • 2:30pm & 6:30pm
Sunday • August 17th • 4:30pm

Early Bird Specials at 4:30 & 6:30 sessions

Donate school supplies and receive a free Level 1 (3-on) with buy-in

\$79 Special Room Rate for Bingo Participants

Must show Bingo Room Rate Coupon at time of check-in to receive special room rate
 Customers can call in advance to book rooms
 Must be 21 or older for Bingo Specials
 See Keno for more details 1-800-667-7711

LITTLE CREEK CASINO RESORT
 www.little-creek.com
 Call 360-427-3005 for more details

STOP Summer Slide

5 easy ways to give your kids a successful summer:

- 1) Read to or with your kids 20 minutes every day. Books, recipes--anything!
- 2) Do arts and crafts together as a family.
- 3) Take educational day trips to the library, a museum, or a historic/important place.
- 4) Teens can volunteer or find an internship.
- 5) Focus on healthy food! Look up new recipes. Take a trip to the farmers market. Let the kids help you cook.

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Most kids lose about 2 months' worth of math learning during the summer, and some lose more than 2 months of reading skills as well. Fortunately, if you are a parent, grandparent, older sibling, or family friend, you can help! Follow these 5 tips to stop kids from going down the "summer slide," or find other ways to incorporate learning into everyday summer fun.

It's simple to incorporate learning each day.

Making something for a barbecue? Have your kids read the recipe and measure the ingredients. **Taking a bike ride?** Write down the time and starting/ending miles, then when you get back, have them work out how far you went, your average speed and other details. Summer storm rolling in? Watch some Youtube videos on how storms are created, then go to the library and stock up on a few fun books to get through the rainy days.

"Summer slide article and graphic provided by TOGETHER!. Find out more at www.thurstontgether.org."