



Dietary Accommodations – Summer Food Service Program

PART 1 – CHILD INFORMATION

Child's Name: _____

PART 2 – DIET INSTRUCTIONS

Food / Beverage to be Omitted	Food / Beverage to be Substituted

PART 3 – TO BE COMPLETED BY A RECOGNIZED MEDICAL AUTHORITY*

Please check one:

- ☐ The child identified above has a **disability** that restricts the child's ability to consume specific food(s) or beverage(s).

An individual with a disability is described under Section 504 of the Rehabilitation Act (1973) and the Americans with Disabilities Act (ADA) as a person who has a physical or mental impairment that substantially limits one or more major life activities/bodily functions. Refer to the end of this document for definitions of "disability" and "major life activities/bodily functions".

- ☐ The child identified above has a medical condition (**but not a disability**) that requires a dietary accommodation.

Example: Non-disabling allergies or food intolerances.

Name of Recognized Medical Authority*(please print): _____

Signature: _____ Date: _____

Clinic Name: _____ Phone: _____

*Recognized medical authority: licensed health care professional authorized to write medical prescription under Washington State Law

PART 4 – DEFINITIONS

"A Person with a Disability" is defined as any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such impairment, or is regarded as having such impairment. **"Physical or Mental Impairment"** means (a) any physiological disorder or condition, cosmetic disfigurement, or anatomical loss affecting one or more of the following body systems: neurological; musculoskeletal; special sense organs; respiratory, including speech organs; cardiovascular; reproductive, digestive, genito-urinary; hemic and lymphatic; skin; and endocrine; or (b) any mental or psychological disorder, such as mental retardation, organic brain syndrome, emotional or mental illness, and specific learning disabilities. **"Major Life Activities"** are functions such as caring for one's self, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating and working. **"Major Life Activities" now include "Major Bodily Functions"** such as functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, cardiovascular, endocrine, and reproductive functions. **"Has a Record of Such an Impairment"** is defined as having a history of, or has been classified as having a mental or physical impairment that substantially limits one or more major life activities. Citations from Section 504 of the Rehabilitation Act of 1973.