





## Squaxin Island TRIBAL NEWS

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Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:  
15th of each month

### SQUAXIN ISLAND TRIBAL COUNCIL:

- DAVE LOPEMAN: Chairman
- ARNOLD COOPER: Vice Chairman
- CHARLENE KRISE: Secretary
- VICKI KRUGER: Treasurer
- WHITNEY JONES: 1st Council Member
- JIM PETERS: 2nd Council Member
- VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:  
THERESA M. HENDERSON: EXT. #3945  
[thenderson@squaxin.us](mailto:thenderson@squaxin.us)

## Updates from Council Members

By Whitney Jones - Last month gave us another good turnout for our Annual General Body Meeting. Congratulations to Arnold and Vinnie for your re-elections and I particularly want to say thank you to everyone else who put themselves out there in one way or another at the Annual meeting or other meetings... Whether it is running for a Council seat or raising questions and speaking up in order to make sure our leadership is responsive and our community is the best it can be. Those things really can and will make a difference; I join you in insisting on and working towards better communication and increased input from the General Body. I admit to being surprised at some of the practices that take place, and that do need revision, all the way from the top down. Keep speaking up, keep insisting on accountability. Granted, it may not always look like any one person thinks it should; there are always going to be a lot of opinions and options; but transparency will help with misunderstandings and misconceptions.

The Tribe has a lot going on during the next few months. I look forward to seeing you at some of the many activities. Happy summer 2016.



## Congratulations on Your Retirement Don Whitener April 29th



## Alex Ehler sworn in as Chief of Police May 19th



## Congratulations Michael West

Michael West took 1st place in the men's age group 19-39 at the NW CUP Downhill Mountain Bike Race in Port Angeles May 14 & 15. People came to compete from all over the United States, Canada and Germany!!! Way to go Michael!!!



## ATTENTION ALL STUDENTS Graduating in 2016

Do you know someone who is graduating high school, has received their GED, completed their AA, BA, MA Degree, or has received a certificate for a vocational/technical program?

To be recognized please send/fax your information to Mandy Valley by:  
**4:00pm Friday June 3, 2015.**  
Please see contact information below

The Squaxin Island Tribal Council, Education Commission and the Tu Ha' Buts Learning Center would like to recognize and celebrate these individuals at the seventeenth Annual Sgwi-gwi Celebration.

*19TH Annual Sgwi-gwi Celebration*  
*Friday June 17, 2016*  
*5:00pm Little Creek Events Center*

Contact: Mandy Valley  
10 SE Squaxin Lane  
Shelton, WA 98584

Phone: (360) 432-3882  
Fax: (360) 426-7897  
email: mvalley@squaxin.us

## Thank You

Thank you to Elizabeth and everybody who helped the Elders make the Intertribal Host Luncheon so wonderful. We had the most beautiful lunch! It was so much fun! Thank you! Thanks you!

Love,  
Linda and Aaron Lake

### Are you interested in becoming an Aquatics Harvester this season?

### Sign up with Natural Resources by June 15, 2016 to be considered this season!

#### What do you have to do?

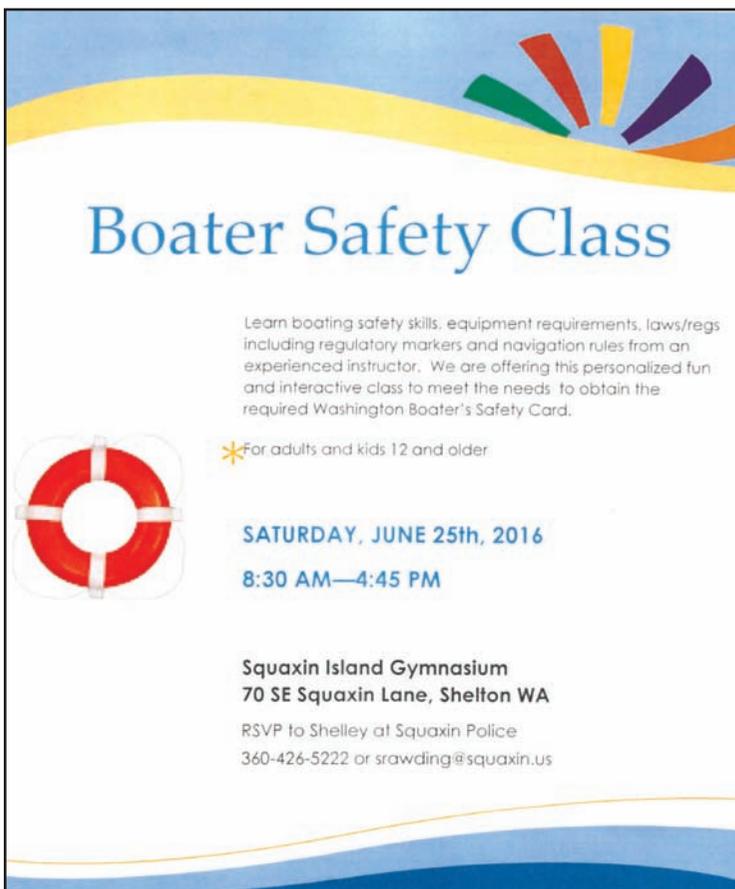
- Has successfully completed a Basic Scuba course approved by the Department;
- Has successfully completed an Advanced Scuba course approved by the Department;
- Has successfully completed a Surface Supplied Air (SSA) course approved by the Department;
- Holds a current and valid First Aid and CPR card;
- Has successfully passed a comprehensive medical and physical examination by a licensed physician certifying that the diver has the medical and physical ability to participate in the dive fishery.
- Holds a current and valid Assistance License issued by the Department;
- Has no outstanding taxes, fines, rents or other costs due the Squaxin Island Tribe; and
- Has successfully passed the annual drug test administered by the Tribe pursuant to its Random Drug Policy.
- Has successfully passed any drug tests administered by the Tribe pursuant to its Random Drug Policy.
- An individual who has passed all requirements above of successfully certified harvesting 750 pounds as an assistor in one season, will become a New diver.
- To be eligible for an IDQ in 2016 an individual seeking to become a New Diver must sign up with the Department no later than June 15, 2016.**
- An individual seeking to become a New Diver (or "in training") must complete the entire training program by August 31, 2016 to be considered a New Diver.
- Each New Diver will be allocated an Initial IDQ of up to 500 pounds.

## Call BJ to sign up!

### 360.432.3802

## Or Email!

[bjpeters@squaxin.us](mailto:bjpeters@squaxin.us)



## Boater Safety Class

Learn boating safety skills, equipment requirements, laws/regs including regulatory markers and navigation rules from an experienced instructor. We are offering this personalized fun and interactive class to meet the needs to obtain the required Washington Boater's Safety Card.

\*For adults and kids 12 and older

**SATURDAY, JUNE 25th, 2016**  
**8:30 AM—4:45 PM**

Squaxin Island Gymnasium  
70 SE Squaxin Lane, Shelton WA  
RSVP to Shelley at Squaxin Police  
360-426-5222 or [srawding@squaxin.us](mailto:srawding@squaxin.us)



# COMMUNITY GARDEN



## Garden Update

The months are flying by and things are in full swing at the garden! We have held several successful Work Parties to encourage community participation and input to the Community Garden. Keep on the lookout for flyers, Daily Scoop invites, and mailouts.

In April, we invited Pat Rasmussen, Edible Forest Gardens founder, to hold an educational workshop about the fertilization and rejuvenation of old fruit trees. Through the process of fertilizing and mulching we are eliminating grass and weed competition, enhancing fruit production, and increasing the overall health of the tree. The system we followed was developed by Gary Kline, former owner of Black Lake Organics, to use the most natural ingredients. Together we set out to revive the orchard at the Lindor house, where the Casino Marketing is currently housed. Our first step was to weed whack the area under the canopy of the trees and to leave the grass clippings to be used by the tree later on. After that we provided the trees with a healthy dose of Witch's Brew (molasses, apple cider vinegar, liquid fish, and liquid kelp) to feed the root systems, then we added in minerals and several layers of cardboard to suppress weeds and grass. By watering down the cardboard we promote the natural biodegradation process. The final step was to add 4 inches of bark or wood chips, which also emulates a natural forest process. With the

help of many volunteers and the donation of aged beauty bark from the Salish Cliffs Golf Course we were able to spruce up the area. Bob Pearsal and his crew from the Golf Course came down with the beauty park, a spreader, and a dump trailer to help ease the work load. A HUGE "Thank You!" to all for showing up!

Early May brought in the urgency to get plants into the ground. Thanks to the rockin' female farmers at Nisqually Tribal Garden and Helsing Junction Farm. We received a large quantity of vegetable starts for the garden, with extra to share with the community. A lot of visitors came by the garden to pick up their vegetables for their individual home gardens. Such a great way to practice reciprocity!

May is also the time to harvest camas! Camas is a flower bulb that is high in the carbohydrate inulin and becomes digestible after it is baked for several hours. The baking process transforms the inulin into a more digestible fructose, giving the bulb a sweet caramelized flavor. It was often served with salmon, wild onion, wild carrot, tossed into soup, or dried and pounded out into cakes. For the last several years the Tribe has worked closely with the Port of Shelton to protect a small patch of camas growing along the outside of the airport. We have an agreement that the area will not be mowed down until the flowers have had time to go to seed. The airport is a historical gathering place for the Sa-heh-wa-mish band of Squaxin. It was once an area that was routinely managed and burned. The burns were to control invasion of tree saplings that were detrimental to the growth of camas but were also done to promote the health of the soil.

Part of the Garden Program is to encourage more involvement in gathering traditional foods, share harvesting ethics, and invite teachers and other cultural leaders to share knowledge. Limited access to many of our gathering sites has greatly diminished the quantity of traditional foods in our diet. One of the goals of the garden is to bring these foods home and make them more accessible to our community.

With so much community advocacy for the garden, we made it a priority to gather the community's great ideas for crop selection. The garden team set out to gather information from the community on what traditional foods, vegetables, herbs, and medicinal plants they would like to see in the area. Questionnaires handed out at several community meetings, the lobby of Tribal Administration, and at the Elder's Luncheon. Based on community feedback-- we have a garden design that will incorporate almost all of the community's desires. We will be furthering these conversations as we continue to develop the long-term plan for the Garden Program. Sometime in October we will host a Strategic Planning Session led by the First Nations Development Institute to layout our 5-10 year goals. We will invite the community up to hold an open discussion.

For this first year, the circular horse arena at the garden site is being transformed into a Medicine Wheel Garden to honor the four directions. The small garden crew has been working on the area since April to clear the entire 112 ft diameter garden free of trees, weeds, and brush. They have hand sifted the dirt from weeds, carved out beds and walkways from the clayey soil, and worked in lime to balance out the soil. Each of the members has contributed a significant amount of volunteer time to ensure the completion of set goals. Finally in the scorching heat, on May 13th, 2016 American Indian Day, the garden team wheeled in dozens of wheelbarrow loads of gardening soil and planted the very first crop, summer squash!

The following week started off with a community involved Work Party to bring in more soil, carve out more pathways, and plant more crop. The day brought forth many volunteers dedicated to reviving a culturally relevant food system to Squaxin Island. From fishermen to executives we worked together all day to build this garden space up, as well as each other. The garden was filled with laughter, good stories, and music. As we continue to plant, and later on harvest, we will continue to hold Work Parties to encourage the community to further develop the relationships with food, culture, and the entire community. For more information on how to get involved email or call Aleta Poste at 360-791-1797 or [acposte@squaxin.us](mailto:acposte@squaxin.us). Like us on facebook: Squaxin Island Tribal Garden.

### Free Legal Services for Low Income Native Americans and Alaska Natives

**Do you have a non-criminal legal problem?**

The **Native American Unit at Northwest Justice Project** provides free civil (non-criminal) legal services to eligible Native Americans and Alaska Natives who cannot afford a lawyer in Washington.

**Legal issues include (among other things):**

- Protecting Indian monies (per capita, settlement, and other tribal income) from garnishment and/or impacting other income and benefits;
- Education – suspensions, special education, truancy;
- Child custody matters involving the Indian Child Welfare Act;
- Trust land rights- leasing, rights of way, homeownership;
- Estate Planning (wills) for Indian trust property owners;
- Indian Health Care and other tribal benefits;
- Driver's license suspensions based on unpaid fines;
- Tribal housing.

To find out if the Native American Unit can help you, please call.

- **In King County: Call 2-1-1**
- **For all other counties:** Call the CLEAR hotline at **1-888-201-1014**. CLEAR phone lines are open from 9:15 a.m. – 12:15 p.m., Monday thru Friday.

What is Northwest Justice Project?

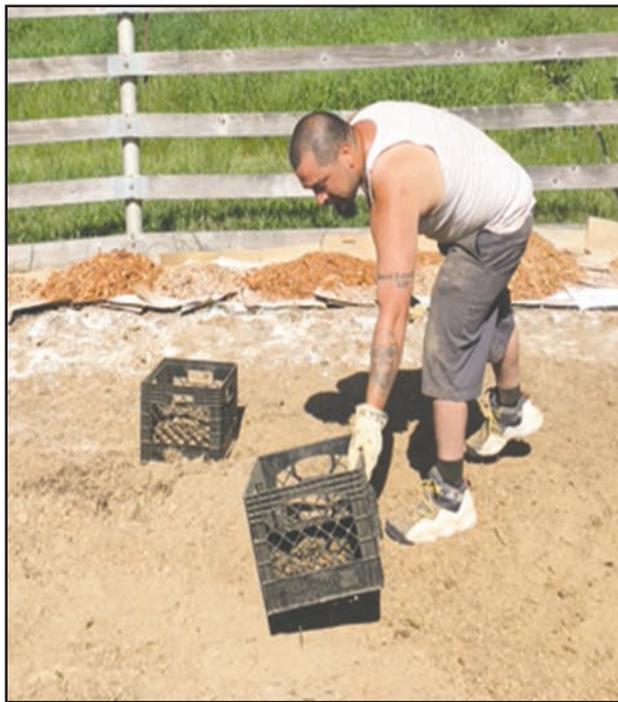
The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.







# COMMUNITY GARDEN





# FAMILY SERVICES



Vicky Engel - On April 25th the Grand Opening was held for the Family Services department building. The event began with an opening prayer by Mike and Rose Davis and members of the Indian Shaker Church. Jeremiah George spoke next on the origin of the Family Services Building name. Zalmai "Zeke" Zahir, one of the few Lushootseed Language masters, called the building the place of "Continually Honoring." The name comes from the root word hig<sup>w</sup>əd - (hey-gw-uhd) which means "Honor." The Lushootseed word for "Continually Honoring" is sig<sup>a</sup>lik<sup>v</sup> - (say-gw-ah-lee-kw) and the "Place of Continually Honoring" is sig<sup>a</sup>lik<sup>v</sup>al<sup>?</sup>tx<sup>v</sup> - (say-gw-ah-lee-kw-all-t-wh {like the "wh" in whistle}). The Squaxin Island Drummers were called forward to participate in a blessing song.

Tribal Chairman Dave Lopeman and Executive Director Don Whitener were called up for the Ribbon Cutting Ceremony. Don respectfully turned over the task to the Council Members in attendance. Supporting Council Members included Charlene Krise, Vicki Kruger, Whitney Jones, Arnold Cooper, and Vince Henry. They spoke on the importance of the work of the Family Services Department and the positive aspects of the completion of the new building. Charlene and Whitney were designated to cut the ribbon for the opening.

Family Services staff provided honoring gifts for the host sites during the temporary work stations. Astrid Poste, Tiffany Henderson, and Susan "Wicket" McFarlane called Joseph Reyes to receive a Squaxin Canoe Hosting Pendleton Blanket on behalf of SPIPA. He was gifted with a basket necklace made by Jill Krise. Another SPIPA staff was honored, Nita Mattingly, Receptionist, because of her constant positive presence in the face of adversity from the TANF Clients. Vicky Engel, Family Services Director, and Jolene Peters, Office Manager, honored DCD and Planning with a Bigfoot cup each, a container of coffee, and a box of tea. Vicky hoped that the Family Services staff and clients did not leave too big of a foot print during their time in the tribal administration building. The coffee, tea, and cups were replaced



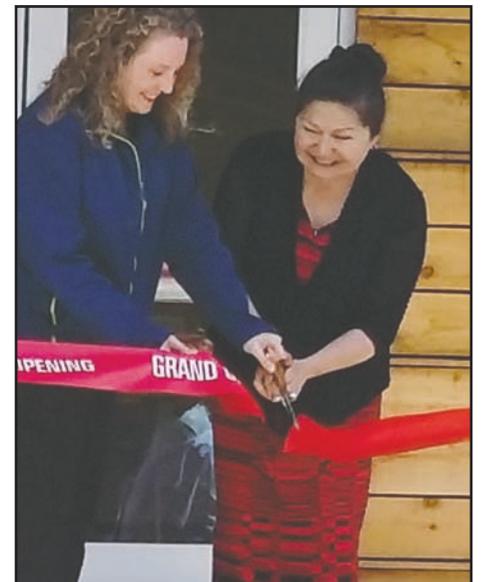
ment for the supplies so graciously utilized by the Family Services staff. The crowd was gifted a bag with a cup sporting the family services building picture, seeds, and other promotional items supplied by TANF.

The event finale was the invitation for the crowd to self-guided tour the building and a progressive potluck along with a barbecue meal. The crowd was invited to enter the building to visit the Family Services Tree which had childhood pictures of many of the staff, visit each office to match the correct staff to the childhood pictures, and feast on the potluck items in several offices and common spaces throughout the building. Kelly Dahlman decorated a 3 tier cake of the Family Services Tree. Kamilche Catering, owned and operated by Casey and Bobbi Brown, supplied the



guests with a barbecue meal of hamburgers, hotdogs, and salads.

The door prize winners included Arnold Cooper who won the large picture, Rachele Piutt won the drum, Deanne Campbell won the blanket, and four necklaces won by Holly Henry, John Penn, Deanna Warren, and Angel Hall.



Photos by Kimi James



# FAMILY SERVICES



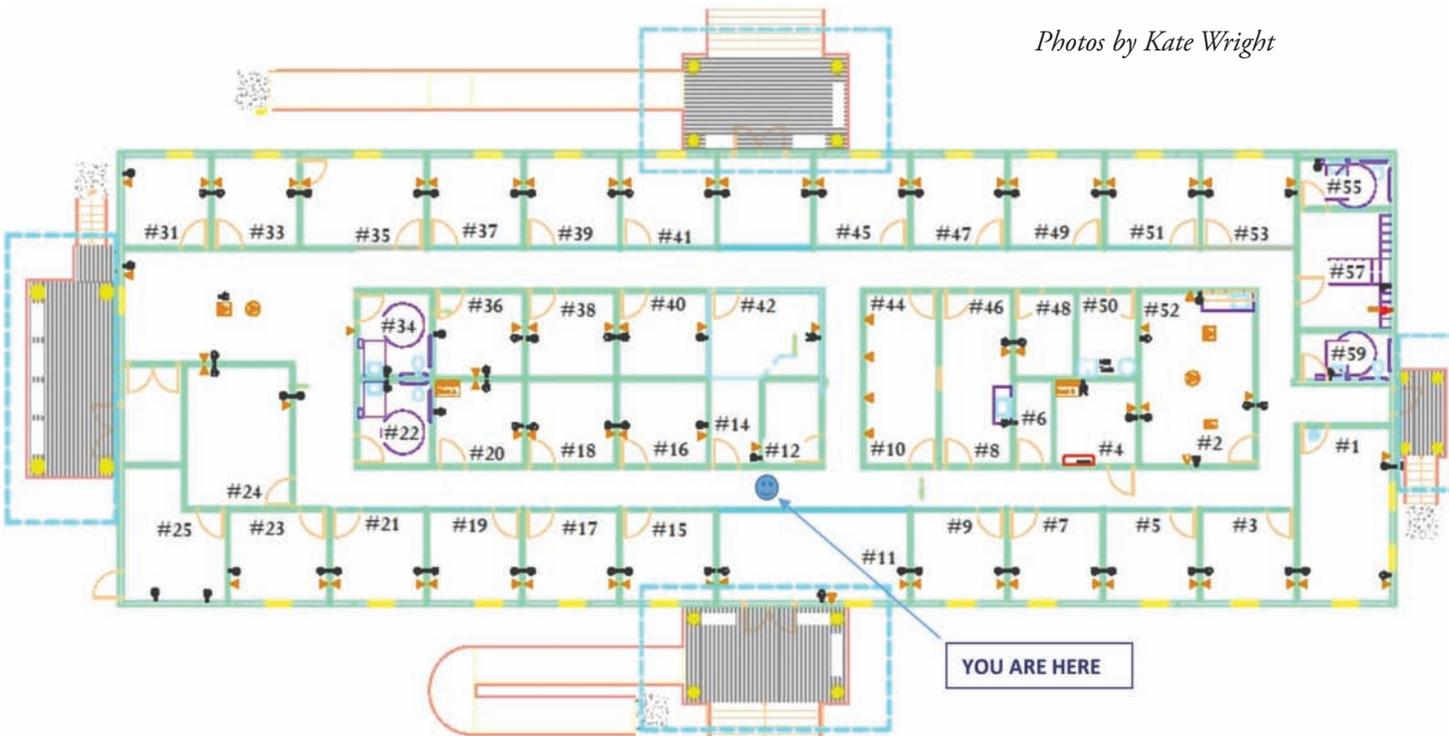
## Foster Care Appreciation Dinner

The annual Foster Care Appreciation dinner was held at the Community Kitchen on Friday, May 20th.

The Family Services department wants to express our deepest appreciation for all our foster parents and families. You Rock!



Photos by Kate Wright



### FRONT LEFT QUADRANT

- RM 15—Jolene Peters, Office Manager
- RM 17—Morningstar Green, Indian Child Welfare
- RM 19—Adirian Emery, Indian Child Welfare
- RM 21—Deanna Warren, Indian Child Welfare
- RM 23—Terri Capoeman, TANF-ICW

### BACK LEFT QUADRANT

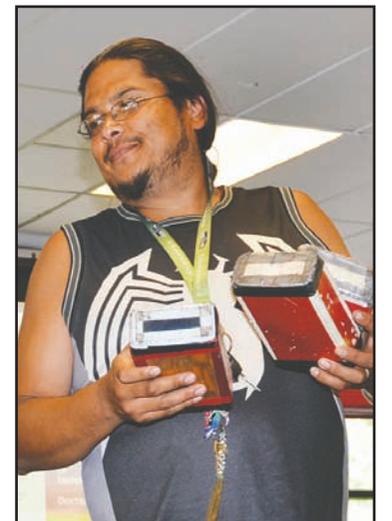
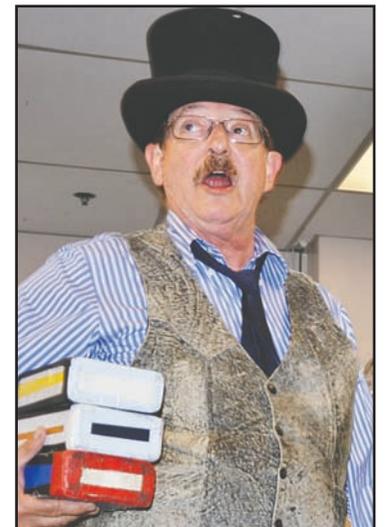
- RM 31—Tiffany Henderson, TANF Case Management
- RM 33—Susan "Wicket" McFarlane, TANF Case Management
- RM 35—Astrid Post, TANF Site Manager
- RM 37—Rose Henry, TANF Case Management
- RM 39—Jill Kenyon Krise, TANF Case Management
- RM 41—Leanora Krise, TANF Case Management

### FRONT RIGHT QUADRANT

- RM 1—Vicky Engel, Director
- RM 3—Gloria Hill, Domestic Violence Prevention
- RM 5—Jamie Slaughter, Vulnerable Adult Protection
- RM 7—Paula Henry, Healthy Families Program
- RM 9—Beverly Hawks, Child Care and Emergency Services

### BACK RIGHT QUADRANT

- RM 45—June Krise, Vocational Rehabilitation
- RM 47—William Marchant, Vocational Rehabilitation
- RM 49—Daniel "Jay" Hall, TANF Employment & Training
- RM 51—Shannon Bruff, TANF Employment & Training
- RM 53—Vicki Kruger, TANF Employment & Training





# SAFE STREETS



## Why Communities Organize

- The best crime prevention device ever invented is a good neighbor.
- Joint organized efforts are more effective than individual efforts.
- There are many more citizens than there are law enforcement officers.
- Citizens become an extension of the law enforcement agencies' eyes and ears.
- Through citizens' involvement the community is provided with unlimited availability of local neighbors to watch their neighborhood for suspicious activities or crime.

A Safe Streets block group that mobilizes against drugs, gangs and violence is not a group of people taking the law into their own hands. Nor do Neighborhood Block Group members take the place of law enforcement officers in apprehending in apprehending criminals or enforcing the law!

Members of mobilized Safe Streets block groups unite with their neighbors to systematically observe and report information back to the larger coalition that may include: Neighborhood group members, community members, Tribal government, trusted Elders or family members, Squaxin Island police, and Mason County emergency responders. The goal of these efforts is to bring about solutions that will benefit the entire community.



*Some specific reasons why communities collaborate include addressing issues such as:*

- Community celebrations
- Child or Elder Abuse
- Domestic Violence
- Crime Youth exploitation
- Traffic safety
- Disaster preparedness
- Neighborhood cleanups
- Burglary
- Drug use
- Vandalism
- Drug dealing



### Next gathering:

Tuesday, June 21st at 4:30 p.m.  
Community Kitchen

### Stats for April 2016:

<b>Total reported Drug/Alcohol incidents:</b>	<b>9</b>
Drug	4
Alcohol	5
Arrests	1
Citation/infractions	0
Referred to other agency	1

### Tribal Court

Adults	8
Youth	0
Unknown	1



Hi, my name is Alex Ehler. I am a Squaxin Island Tribal Member and the Chief of Police for the Squaxin Island Police Department. Our Explorer post for the Tribe is very important to me. As a youngster I was a police explorer for six years before I started my twenty year career in Law Enforcement. My first three years as an Explorer were with the Washington County Sheriff's Office and my last three years were with the Hillsboro Police Department. Both departments were in Oregon. As a police Explorer I was able to learn about search and rescue and law enforcement. The time spent as a police explorer assisted me in my career.

If anyone is interested in our Explorer post, please contact Officer Klusman with the Squaxin Island Police Department.

Thanks,  
Alex Ehler  
Chief of Police  
Squaxin Island Public Safety & Justice



## Afterschool Program

Jerilynn Vail - It is the time of the year to complete new registration forms for the upcoming Summer Rec program. Summer Rec will begin on July 6th. Our last day will be August 12th. Our hours will be 8am to 3:30pm. Registration forms will also be available online for families to print off and complete. If possible, we ask for parents to please bring the form to the Tu Ha' Buts Learning Center so we can make sure the forms have been completely filled out.

### Two more things about the afterschool program:

While all of the participating youth get a Summer Rec t-shirt, we are making available a chance for families to purchase an additional Summer Rec t-shirt. We will not be taking orders after June 3rd. Payments must be made prior to June 3rd for your order to be made.

If there are any community members who would like to volunteer during our program, stop by the Tu Ha' Buts Learning Center to fill out a volunteer background check.

## 3rd ANNUAL BUSINESS PLAN COMPETITION

### Congratulations Tamika Krise!

The Economic Development Council of Mason County and Shelton School District hosted their third annual business plan competition, among high school students, to continue encouraging new business development ideas. The competition came from a desire to help students push their business ideas closer toward reality with advice and review from members of our local business community and to foster the development of these new businesses to be owned and operated by residents of Mason County.



Out of all the business plans submitted, 12 of those moved forward to present their ideas. The students displayed and pitched their ideas for starting a new business to a panel of five community members and received helpful feedback on how to continue moving forward. The panel included Andrew Bertrand with Our Community Credit Union, Kristy Buck with John L. Scott Shelton, and Mason County Commissioner Randy Neath-erlin. The top four students received a full scholarship, with college credits, to Washington Business Week where they will be part of a company in a college level business simulation to develop new products while managing operations.

Congratulations to the top four students Braden Bursch, Jessica Schreiber, **Tamika Krise (bottom right)**, and Hunter Inman. Their plans range from a coffee house to survival multiplayer service provider to a vintage boutique to a therapeutic ranch.

Washington Business Week Programs are experiential, intensive pathways that dive deep into the world of entrepreneurship, career development, and building life skills. They allow a student take a test run of college life, make new friends, explore careers, network with professionals from prominent companies, earn college credits and maybe even win a scholarship. All in just one week! With the guidance of a mentor from the business community, solve real-world challenges while role-playing as a marketing, finance or production team mate. This is the place to ignite your potential.

We would like to thank our sponsors, EDC of Mason County, John L. Scott Shelton, Our Community Credit Union, Seattle Shellfish, and Taylor Shellfish, for their support of this event and the opportunity that it brings to the youth of our county. We would also like to thank Shelton School District for this opportunity to help our community move forward.

*Gramma & Grampa are REALLY proud of you!!!!*




**JUNE 8<sup>TH</sup>**  
**END OF SEASON**  
**INTER-TRIBAL**  
**BASKETBALL**  
**ICE CREAM SOCIAL**

Let's celebrate the youth's hard work and dedication this season!

Join us in the Rec Room From 6-7pm

If you have any questions, please call Jerilynn 432-3992.

**YOUTH WORKED ON:**

- TEAMWORK
- RESPECT
- HARDWORK
- SPORTSMANSHIP

SQUAXIN ISLAND YOUTH COUNCIL PRESENTS

# It's Lit

You're invited to chill with the Squaxin Youth Council at the super lit dance party! Featuring DJ Andres

When: **SATURDAY, 18 June**  
**8:00pm-11:00pm**

Who: **Native Youth age limit 13-18**

Where: **Squaxin Gym**  
**70 SE Squaxin Lane**  
**Shelton, WA 98584**

**Indian Tacos will be served!**  
**(free food)**

PLEASE RSVP WITH LAURIE WEBER  
 LWOLFF@SQUAXIN.US  
 360-452-3842

Drug & Alcohol free event sponsored by DBHR



## Congratulations Ruth Whitener

Selected as one of 21 artists to participate in IN THE SPIRIT: Contemporary Native Arts juried art exhibit at the Washington State Historical Society History Museum in Tacoma. She will be showing her button robe (shown below) and a cedar woven graduation cap.

*Please vote for Ruth at the exhibit.*



### 11th Annual Contemporary Native Arts Exhibit



### Juried Exhibit

**May 28 to August 14**

at the Washington State History Museum  
1911 Pacific Avenue, Tacoma, WA 98402

**Ruth Whitener, Squaxin Island Tribal Artist  
is one of the artists in the juried exhibit!  
For More Info visit [InTheSpirit.org](http://InTheSpirit.org)**



At the closing of the exhibit, the Arts Market & Festival will be held on August 13, 2016 from 10am to 5pm. **Vendors** are wanted. The fee for is \$125 for a 10'x10' indoor space, two chairs, and one 3'x6' table.

Please submit your vendor applications by Friday, June 17 at 5pm. Once vendors are accepted and notified on Friday, June 24, the signed contract must be submitted by Friday, July 8 at 5pm.

Visit [www.InTheSpiritArts.org](http://www.InTheSpiritArts.org). The festival is the final celebration of the IN THE SPIRIT Contemporary Native Arts Exhibit held annually at the History Museum, during which we will present the People's Choice Award.

## Tribe Hosts First Grade Field Experience at Arcadia Point

Submitted by Lynice May - The recent state mandate to teach American Indian Education in all our public schools has inspired creative outreach between public school educators and northwest Native American tribes, with the desired outcome of building greater appreciation and respect for Native American cultures. It is in this spirit of outreach that from the late fall of 2015 through January 2016, Shelton School District Teaching and Learning Director Pam Farr and Squaxin Island Tribe Education Liaison Peggy Peters began discussions on the feasibility of working together to create a unique First Grade Field Experience.

In early February of this year, the actual logistical planning of this district-wide field trip began between Shelton School District teachers, who had gleaned organizational and design ideas for high impact field trip experiences from their Pacific Education Institute training, and the Squaxin Island Tribe Education and Natural Resource Departments. Well-laid plans were developed in which the Squaxin Island Tribe would host approximately 290 students from Mountain View Elementary on April 26, Evergreen Elementary on April 27, and Bordeaux Elementary on April 28, at our lovely Arcadia Point location. Throughout the planning, Climate Change Ecologist Candace Penn maintained contact with each school's teacher field experience coordinator and visited each school with a power point presentation preparing the children for a successful field experience.

The first grade field experience included 3 Exploration Stations and a Traditional Storytelling Station. Candace Penn oversaw the Touch Tank Station, explaining and monitoring the two man-made tide pools as well as teaching the children from a large wall board presentation about the sea life they were touching. In preparation for the touch tanks, Candace and Eric Sparkman made a dive off Squaxin Island, collecting enough sea specimens to fill two pools with sea cucumbers, several varieties of star fish, anemones, moon snails, and clams. The touch tank was a big hit. Bordeaux students Naraiah Gray and William Ogden readily agreed. Naraiah said, "I liked touching the gooey stuff. The starfish was really slimy, and the animals felt very funny." While William explained, "I liked when I went to the touch tank because I just like sea animals."

Water Resource Biologist Erica Marbet, Natural Resource Policy Representative Joseph Peters, and Quantitative Services Manager Brian McTeague took turns directing the Watershed Station, entertaining the children with hands-on activities and a short lecture that underscored the importance of wetlands for keeping our ocean waters clean and healthy. Trey Cooper from Bordeaux said, "The watershed was really cool because me and my friend got to make a tower."

Squaxin Island Tribe Tutor Lynice May directed the Nature Study Scavenger Hunt Station down on the beach where children looked for shells, different colored rocks and leaves, flowers, a dock, and such fun things one can spy, smell, and touch along the shoreline. Bordeaux first grader Jordan Hooper reported, "My favorite part was about the hunt. I like to find things." Indeed, all the children appeared excited to climb about the beach spying nature's treasures.

The Traditional Native American Storytelling Station truly was a treat for the students. Complete with drumming and songs, Squaxin Elders Paula Henry, John Krise, and Peggy Peters regaled the spellbound children with drumming, song, and story, as evidenced by children's respectful attention.

Of course, even the best laid plans sometimes experience a glitch, and, unfortunately, there was one that was beyond our control—a power outage in Shelton and a telephone pole blocking all the school buses in their parking lot caused a district-wide late start, which resulted in the cancelation of the Mountain View Elementary Field Experience on April 26. On the bright side, the weather on April 27 and 28 was perfect with blue sky, cooling breezes, and a sun-dappled Puget Sound.



Paula Henry

Reflecting on this field trip, teacher representative coordinator Suzie Chaves said, "The students seemed to especially enjoy the Native American storytelling and were very engaged in the scavenger hunt." Overall, the entire field trip experience was very positive, and we wish to thank those who helped make possible and contributed to this successful First Grade Field Experience.

From the Squaxin Island Tribe: Natural Resource: Director Andy Whitener, Climate Change Ecologist Candace Penn, Water Resource Biologist Erica Marbet, Natural Resource Policy Representative Joseph Peters, and Quantitative Services Manager Brian McTeague.

Tu Ha' Buts Learning Center: Director Gordon James, Education Liaison Peggy Peters, and Education Tutor Lynice May.

Storytellers: Paula Henry, John Krise, and Peggy Peters.

Shelton School District: Shelton School District Teaching and Learning Director Pam Farr; Pacific Education Institute Representative/Coordinator and Moun-



John Krise



Brian McTeague and Joseph Peters demonstrating the importance of a watershed

tain View Elementary Teacher: Cindy Hall; Evergreen Elementary: Naomi Long; Bordeaux Elementary: Suzie Chavez and Marni Zorn.

WDFW: Katie Kennedy (below)



Candace Penn, Climate Change Ecologist for the Squaxin Island Tribe has been working cooperatively with the Shelton School District to bring forage fish into elementary school classrooms.

## Where Do Forage Fish Spawn?

**FORAGE FISH SPAWNING HABITATS IN THE NEARSHORE ZONE OF PUGET SOUND**

Habitat Zone Diagram  
Courtesy Dan Penttila, Washington Department of Fish & Wildlife

### How Do We Know They Spawn There?

## What Eats Forage Fish?

Forage Fish Support Healthy Salmon Populations

**Forage Fish: The Vital Link of the Ocean Food Web**

Phytoplankton (Microscopic Plants) → Zooplankton (Microscopic Animals) → Forage Fish → Salmon

**Pink Salmon**





# LEARNING CENTER



## Teen Center / CHUM Project

Laurel Wolff - Hooray! School is almost out and this summer is going to be the best summer the CHUM Project has had! The CHUM Project will continue cultural arts classes throughout the first part of June. Other events you don't want to miss out on:

- Youth Council Dance on June 18 – an intertribal dance for ages 13 -19, from 8:00 - 11:00 p.m. in the Gym.
- Financial Literacy workshop on June 13 from 4:00 - 5:00 p.m. Come learn how to manage all that money you will make this summer through Stepping Stones or summer employment.
- Wild Waves on June 15 - If you've earned enough points, Laurel will pick you up from school on the 15th, and we'll spend the day at Wild Waves.
- Painted Plate on June 20 with Morningstar and Laurel, this is a DBHR sponsored event.
- College Talk on June 20, 5pm in the Mary John's Room – What is college, really? Join us for Wild Wings and hanging out with currently enrolled Native college students (high school juniors and seniors only).
- Zip Line Camping Trip – This overnight trip (6/21-22) is limited to the first 10 teens to sign up.
- Traditional Skills Building with Jolene Grover and Jaimie Cruz, learn about Native plants and their uses.
- The T.H.R.I.V.E. Conference is in Portland, Oregon from June 27th - July 1st. Workshop tracks include: Beats Lyrics Leaders, Digital Storytelling, Science of Health Lifestyles, and We R Native Youth Ambassadors.

## JUNE

## C.H.U.M Program

Laurel Wolff teen advocate: 432-3842

Check Facebook for updates to Calendar!

Teen Center Open 3:00-6:00 M-F unless otherwise noted

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Regalia Making 3:30-5:00	2 Cedar Weaving 3:30-5:00	3 Outdoor Club
5 Seattle Storm Game 12pm-9pm	7 Youth Council 5pm-6pm	8 Regalia Making 3:30-5:00	9 Cedar Weaving 3:30-5:00	10 Paddle Making Class 3:30
6 Strength Training 3:30-5:00				11 Paddle Making Class TBA
13 Financial Literacy 4pm-5pm	14 Youth Council 5pm-6pm	15 Last Day of School Wild Waves 11am-7pm Teen Center Closes for summer	16 Teen Center Closed	17 SGWI-GWI @ Event Center 5pm-7pm
20 Painted Plate w/ DBHR 10:30-3:00 College Talk Dinner 5:00pm	21 Zip-line Camping Trip	22	23 Teen Center Closed	18 Youth Council Dance 8pm-11pm
				24 Traditional Skill Building W/ Jolene Grover TBA
27	28	29	30	
<div style="border: 2px dashed black; padding: 10px; width: fit-content; margin: 0 auto;"> <p><b>T.R.I.V.E</b> Portland, OR</p> </div>				



# LEARNING CENTER



## Higher Education News

Mandy Valley - Don't forget to turn your final grades and any receipts from spring quarter/semester in by June 17th. Also, the FAFSA deadline is June 30th. If you haven't completed the application yet make sure to get it completed by the due date.

If you are planning to apply to the Squaxin Island Education Commission for Higher Education Financial Aid, completed packets are due August 5th. New and returning students will need to complete the packet for the 2016 fall quarter/semester. Packets are available now and can be picked up at the Education Department between 7:30-4:30. If you have any questions or need assistance please don't hesitate to ask. Email me at mvalley@squaxin.us or call me at (360) 432-3882.

## GED and Homework Support

Jamie Burris - The school year is almost over. I am hopeful that you worked hard all school year and passed your classes. I can't wait to celebrate with you at the Sgwi' Gwi! If you are planning on taking credit retrieval this summer at the Tu Ha' Buts Learning Center, we will be studying Monday, Tuesday and Wednesday mornings from 9am-noon. Please contact Peggy Peters with any questions about credit retrieval at papeters@squaxin.us, or call her at (360) 432-3826.

Summer is a great time to start studying for your GED. Summer hours for GED prep in the TLC classroom will begin in July, held Monday, Tuesday and Wednesday from 9am-noon. For more information about getting your GED, please contact Jamie Burris - jburris@mcclary.wednet.edu or go online at www.ged.com.

## Summer Rec. 2016 Calendar & Hours: 8:00-3:30pm

Updated 5.18.2016	Monday	Tuesday	Wednesday	Thursday	Friday
July 6 <sup>th</sup> -8 <sup>th</sup> Welcome Back!	Closed	Closed	Center Based: Swimming, Salish Cliff Golf & Dental Clinic & Camp Activity: Name Tags	Field Trip to: Tolmie State Park w/ South Sound Estuary Leave @ 10 am Return @ 3:30pm	Center Based: Swimming & Cultural Activity: Beading
July 11 <sup>th</sup> - 15 <sup>th</sup> Fin & Furry Friends	Center Based: Bully Prevention & Cooking: Freezer Jam Center Visitor: TBA	Field Trip to: PNW Salmon Center Leave @ 10am Return @ 3pm	Center Based: Swimming, Salish Cliff Golf, Dental Clinic & Camp Activity: Garden Tour	Field Trip to: Pt. Defiance Zoo Leave @ 9 am Return @ 3:30pm	Center Based: Swimming & Cultural Activity: Make Fry Bread
July 18 <sup>th</sup> - 22 <sup>nd</sup> Wonderful Western Washington	Center Based: Bully Prevention & Cooking: Ice Cream Center Visitor: Cathy from Macecom	Field Trip to: Billy Frank Jr. Nisqually Refuge Leave @ 9:45am Return @ 2:45pm	Field Trip to: Seattle Storm Game Leave @ 9 am Return @ 3:30pm	Center Based: Traditional Food Day & Center Visitor: Debra Hart	Center Based: Swimming & Cultural Activity: Healing Salve 
July 25 <sup>th</sup> - 29 <sup>th</sup> Boas, Bubbles & Bumpers	Center Based: Bully Prevention & Cooking: Cookies Center Visitor: Reptile Guy @ 2pm	Field Trip to: Potlatch State Park Leave @ 10am Return @ 2:30 pm	Center Based: Swimming, Salish Cliff Golf, Dental Clinic & Camp Activity: Stepping Stones	Field Trip to: Paradise Family Fun Leave @ 9am Return @ 3:30pm	Closed
August 1 <sup>st</sup> - 5 <sup>th</sup> Old Fashion Fun	Center Based: Bully Prevention & Cooking: Granola Bar Center Visitor: Painted Plate	Field Trip to: Tacoma Rainiers Leave @ 9am Return @ 3pm	Field Trip to: First Salmon Ceremony Leave @ 10am Return @ 2:30pm	Field Trip to: Skateland  Leave @ 10am Return @ 3:30pm	Center Based: Swimming & Cultural Activity: Weaving
August 8 <sup>th</sup> - 12 <sup>th</sup> The Grand Finale	Center Based: Bully Prevention & Cooking: Mini Pies Center Visitor: Hands-On Museum	Center Based: Center Visitor: Mobile Burke Museum & Camp Activity: Tie-Dye	Field Trip to: Movies: The Lorax Leave @ 9am Return @ 12:15 & Swimming for ages 9-12 from 1:30-3pm	Field Trip to: Tumwater Bowling (See Weekly Newsletter for Times)	Center Based: Swimming for ages 5-8 from 10:30-12pm & Field Day  12:30-3pm

\* Field Trips & times could change. Families will be notified. Please look for our weekly newsletters.  
Safe Streets and DBHR are working with us to fund activities this summer.



# LEARNING CENTER



A Squaxin Island TANF Sponsored Event

## High School 21 + Program

**When:** Weekly Tuesday & Thursday 8:30 am to 11:30 am

**Who Should Attend:** Community Adults ages 21 years and older that want to earn credit for knowledge gained from work and life experiences while tailoring an educational plan to fill gaps.

Adults that want their high school diploma and are interested in a competency-based high school diploma with education geared toward transitioning into college & career programs.

**Experiences** might include GED tests before 2014, internships, certifications/special licenses, being a parent, fishing, participation in drug/alcohol treatment, sports, cultural events, the list is endless.

**What is needed:** High School transcripts.

**Where:** Family Services Computer Lab

**Contact:** Shannon Bruff, (360) 432-3961, sbruff@squaxin.us or Shanon Millman (360) 561-6609, smillman@spscc.edu.



## June 13th, 2016 Free Financial Literacy Workshop!

4:00pm - 5:30pm  
Tu Ha' Buts Learning Center in the Tutoring Room  
70 SE Squaxin Lane  
Snacks will be provided!



For more information:  
Call Allison Maluchnik  
360-401-9808  
amaluchnik@abcmasoncounty.org

This workshop is hosted by the Asset Building Coalition of Mason County

**Monday July 25, 2016**  
Salish Cliffs GOLF CLUB  
91 W State Rt 108  
Shelton, WA 98584  
(360) 462-3673

Island Enterprises Inc. presents  
**Youth Charity GOLF TOURNAMENT**

To benefit the Squaxin Island Tribal Youth Council and Educational Scholarships.

Registration Opens May 18, 2016  
Shotgun Begins at 10:00 am  
Reception and Awards at 5:00 pm

Deadline for sign ups July 19, 2016  
Phone: (360) 428-3442  
Fax: (360) 427-0628  
Contact: Kparker@ieinc.org  
www.islandenterprisesinc.org

**TEAM PACKAGE - \$850**  
Package includes green fees, carts, and range balls and BBQ Buffet

**SPONSOR PACKAGE - \$1,000**  
Team package plus hole sponsorship

## June 2016

### Squaxin Youth Education, Recreation and Activities Calendar

TLC Hours: M-F 7:30am-7:00pm Front Desk: 432-3958 Rec Rm: 432-3957 (only 3-6pm)

All activities are drug, alcohol and tobacco free.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>GSD- ER @ 2:30pm</b> Rec Rm: 2:30-6pm Arts-n-Craft: 5-6pm Open Gym: 2:30-6pm  Open Swim: 3-6pm	2 Rec Rm: 3-6pm Crafty Kitchen: 5-6pm Open Gym: 3-6pm	3 <b>SSD-1.5 HR ER</b> Rec Rm: 2:30-6pm Fun Day: 5-6pm Open Gym: 2:30-6pm  Open Swim: 5-8pm
6 Rec Rm: 3-6pm Game Day: 5-6pm Open Gym: 3-6pm  Open Swim: 3-6pm	7 Rec Rm: 3-6pm Culture Night 5-6pm Open Gym: 3-6pm	8 <b>GSD- ER @ 2:30pm</b> Rec Rm: 2:30-6pm Arts-n-Craft: 5-6pm Open Gym: 2:30-6pm  Open Swim: 3-6pm	9 Rec Rm: 3-6pm Crafty Kitchen: 5-6pm Open Gym: 3-6pm	10 <b>WHL-LAST DAY</b> Rec Rm: 1-6pm Fun Day: 5-6pm Open Gym: 1-6pm  Open Swim: 5-8pm
13 Rec Rm: 3-6pm Game Day: 5-6pm Open Gym: 3-6pm  Open Swim: 3-6pm	14 Rec Rm: 3-6pm Culture Night 5-6pm Open Gym: 3-6pm	15 <b>GSD- ER @ 2:30pm</b> <b>SSD-LAST DAY</b> Rec Rm: 11:15-6pm Open Gym: 11:30-6pm  Open Swim: 3-6pm	16  NO AFTER-SCHOOL PROGRAM	17  We are CLOSED For Sgwi-gwi

**After School Snacks:** M-F 3-4:45pm  
**Computer Lab:** M-Th 3-7, F 3-5pm  
**Sylvan:** M-Th 4:30-6:30pm  
**Homework Help, GED Prep:** T-TH 4-7pm

**ER = Early Release**  
WHL = Wa-He-Lut Indian School  
SSD = Shelton School District  
GSD = Griffin School District

**I.T.B. - Inter-Tribal B-Ball**  
High School: 9-12 Grade  
Middle School: 6-8 Grade  
Elementary: 4-5 Grade



## Brushing Your Dog

By dogtime - Although dogs do a lot to keep their coats neat and clean, they need your help with tasks that require opposable thumbs, such as brushing.

Regular brushing removes excess hair from your dog's coat, and cuts down significantly on the amount of hair you have to deal with on your furniture, car, and your favorite black pants. It also helps distribute the natural oils in your dog's fur and skin, keeping her coat healthy and looking its best.

Brushing is also a great way to check your dog's health. While you brush, look at the condition of her coat. Is it matted or tangled? Dry or oily? Also look for lumps, ticks, fleas, hair mats, cuts, and anything that looks unusual.

As she ages, she'll get a few more bumps and lumps all over. On the off chance one of those lumps isn't harmless, it's better to discover it sooner rather than later.

### Brushing basics

Brushing really is pretty basic. You just need to understand the type of coat your dog has and that determines how often you need to brush and what type of brush to use.

- Long-haired breeds, such as Collies and Tibetan Terriers, need to be brushed weekly, sometimes more often if the coat seems particularly tangled. A pin brush is a good choice for these breeds, because its bent-wire bristles grip the undercoat and remove loose hairs without causing pain. It can also get down to the skin. Start close to the skin and brush away from it. Use a comb to tease out any mats.
- Short-coated dogs, such as Labrador Retrievers and Greyhounds, don't need frequent brushing because their hair doesn't mat and tangle easily. Still, you may want to brush them every couple of weeks to remove loose hair. Use a rubber brush or hound glove, which will help bring dirt and loose hair to the surface. (The gloves fit over your hand—your dog will think you're petting her and won't suspect you're actually brushing.) If you prefer a conventional brush, short coats can take a stiff natural-bristle brush or a soft slicker brush, which has little bent-metal pins in it. Follow up with a soft-bristle brush, which helps distribute the hair's natural oils. It will feel so good she'll go right out and roll in the dirt.
- Short, wiry breeds, such as Dachshunds and most Terriers, need a slicker brush, followed by a once-over with a metal comb. A stripping knife will remove the dead hair in the undercoat. Have someone knowledgeable show you how to use one first. If the coat has mats, work those out first.

### How to brush your dog

- Brush down and out, away from the dog's skin. Always brush in the direction the coat grows; dogs don't like to be brushed backwards.
- Be gentle or you may damage your dog's coat by pulling and stretching hairs until they tangle and break. Take the time to untangle any snarls just as you would if your comb got stuck in your child's hair.
- If you encounter mats, apply a coat conditioner or mat spray and leave it on for several minutes. Then use a wide-toothed comb or a mat-splitting tool to get through the tangle. Mats can get close to a dog's skin and removing them can be painful, so proceed carefully. You can cut out mats with scissors, but be careful you don't end up at the vet's for stitches; it happens more often than you'd think. If you just can't get a mat out, take your dog to a groomer, who will probably shave the area.

### When to go with the pros

While it's true you don't need a pro to brush your dog, there's no shame in taking your dog to a groomer; they're in the business for good reason.

You know how you can never get your hair to look as good as your stylist does? Well, the same is true for your dog. Besides some level of skill is called for if your dog's coat tends to get matted. And if your dog really doesn't enjoy her beauty routine, you'll find that experienced groomers are good at sweet-talking even the most scaredy-cat dog into relaxing, at least a little.

Bottom line: Brushing is an essential part of a good grooming routine and will help keep your dog's coat healthy and looking good. It's easy to do yourself, but you'll need a few tools and techniques to do the job right.

From Gus, the doggie guy.



### Tobacco Cessation Classes

Each week there are Tobacco Cessation Classes at the Health Promotions Building. Tuesdays, 12 Noon to 1 PM. Light Lunch provided.

Tools are presented to the class, each participant creates their "Quit Plan." A system of support is developed within the class group using the "Quit Plan."

For more information, please contact Bobbie Bush, 360-432-3933.

Annual Sports Physical

## K-12 STUDENTS SCHOOL ATHLETIC PROGRAM PARTICIPANTS

It is very important if you know your child will be participating in school sports program, at any point in the year, the school requires an

**ANNUAL SPORTS PHYSICAL.**

Schedule your child(s) sports physical prior to school year beginning to assure they attain it in timely manner.



SQUAXIN ISLAND HEALTH SERVICES

90 S.E. Klah-che-min Dr. Phone: 360-427-9006  
Shelton, WA. 98584 Fax: 360-427-1951

Squaxin Island Health Services

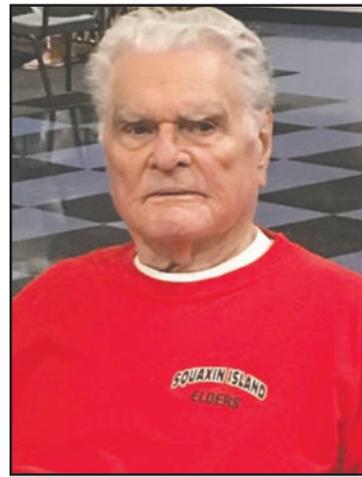
Pulling Together



# ELDERS HOST LUNCHEON



*Photos by Nancy Moore*





## Trail of the Month: Murhut Falls in Olympic National Forest

From Craig Hill, The Olympian  
Submitted by Patty Suskin, Diabetes Coordinator

<http://www.thenewstribune.com/outdoors/article73605962.html>

The largest tier of Murhut Falls plunges 130 feet. Falls are located in the Duckabush Recreation Area near Quilcene. Pets are permitted, but must remain on leash.

Murhut Falls in Olympic National Forest is an easy hike on a trail that's typically passable in all seasons.

### Hike Description:

Murhut Falls is a short hike with a big reward. The trail cuts through a lush green section of Olympic National Forest. In late winter and spring, the sounds of water will keep you company for almost every step. Water runs along the trail. Small waterfalls and ponds sit just off the route. And, it doesn't take long until the thunderous noise of Murhut Falls can be heard through the trees. A short descent into the ravine includes views of the lower falls before the trail ends at a bench with a view of the two-tier falls. The largest tier of the falls plunges 130 feet. The upper falls is tucked back into the ravine. They are easily viewed from the trail, but there are obvious signs of visitors leaving the trail to get a closer (or different) look. Visitors are reminded to stay on the trail to avoid causing damage or falling on the uneven and sometimes slippery ground. The trail is well-maintained and climbs gradually, making it an easy, awe-inspiring walk for most children.

### Directions:

Take U.S. Highway 101 north from Shelton or south from Quilcene. Near Milepost 301, follow the signs to the Duckabush Recreation Area by turning northwest on Duckabush Road and drive for 6.3 miles. The paved section ends as the road enters Olympic National Forest, leaving you to dodge potholes for several miles. After crossing the Duckabush River bridge, turn right at the junction and drive for another 1.5 miles. A sign points the way to the falls, but slightly underestimates the mileage.

DIFFICULTY RATING: 1 (5 is most difficult, 1 is easiest).

MILES ROUND TRIP: 1.9.

ELEVATION GAIN: 350 feet.

MAP: Green Trails 168:

The Brothers.

PASS: Northwest Forest Pass.

### Also

Pets are permitted, but must be on leashes. Trail users are required to pack out all trash. An earthcache is located near Murhut Falls and other geocaches are located along the trail and in the area. For more information, visit [geocaching.com](http://geocaching.com). The closest campground is Collins Campground. Fees are \$14 per night at this first come, first served campground.

## Annual post hunting season woods clean up

Every year the Squaxin Island Tribe picks up trash after hunting season on Green Diamond lands. Most of the trash found is from illegal dumping and not hunting related. Special thanks to staff from Squaxin NR, Skookum Tobacco and Salish Cliffs for the help.



**SAVE THE DATE!**  
**SATURDAY, JUNE 18TH**

**Wellness  
Community  
Gathering  
2016**

**Building Community Wellness**

**Where:** Community Kitchen  
**What:** Health information & Activities  
**When:** Saturday, June 18th 10 am to 2 pm

Lunch provided

Questions? Contact Traci Lopeman,  
Women's Wellness Outreach Specialist 360.432.3930,  
Melissa Grant, Diabetes Prevention Advocate,  
360.432.3926  
Bobbie Bush, Tobacco Cessation Specialist 360.432.3933  
Patty Suskin, Diabetes Coordinator at 360.432.3929



## Purchased Referred Care Services Information (Formally known as Contract Health Services)

We would like to remind everyone of information that is important for your Purchased Referred Care (PRC) formally known as Contract Health Services (CHS).

If you do not have any medical insurance, it is required by PRC rules that you apply for alternate resources, for us that includes ProviderOne (Medicaid), even if you feel that you would not be eligible. PRC must show proof of acceptance or denial. You can make an appointment with Jaclyn Meyer at the front desk at Squaxin Island Health Clinic and she will help you get signed up with ProviderOne (Apple).

Even though you may already have a Primary Insurance such as Group Health Options, Medicare or First Choice, etc., you can still sign up for ProviderOne and you may be eligible, giving you Double Medical Coverage.

Another issue that has been brought to our attention is co-pays, deductibles, co-insurance and RX payments to Group Health. If you are seen at Group Health for any emergency, pregnancy or for care that cannot be obtained at our clinic, you will need to pay any out of pocket costs. We are unable to coordinate PRC benefits with Group Health, thus requiring you to pay instead of obtaining a purchase order. You may be eligible to have these out of pocket costs reimbursed. Once you have paid, submit the receipt to Tootsie at PRC in a timely manner. Once she has established if you are eligible, she will be able to submit a request to have you reimbursed for these out of pocket costs.

### Remember to call to get your Purchase Orders.

If you are PRC eligible and you have an appointment, lab work or x-rays outside of our clinic, you must obtain a Purchase Order before your appointment.

If our clinic makes arrangements for an appointment, it is still YOUR responsibility to obtain a Purchase Order.

All Purchase Orders are for the date of the appointment only.

If your appointment is Rescheduled or Cancelled, REMEMBER it is YOUR RESPONSIBILITY to call for a new Purchase Order.

Also, it is wise to call ahead of time instead of on the day of your appointment.

You can get a Purchase Order from Tootsie by calling 360-432-3922.

You are always welcome to call Tootsie at 360-432-3922 if you have any questions about how PRC or what the rules and regulations are.



### Outside Clinics Accepting Apple

<p><b><u>Mason General Walk-in</u></b> 939 Mountain View Dr. 432-3298</p>	<p><b><u>Pediatric Multi-care</u></b> 3504 12th Ave. NE 360-252-3801</p>
<p><b><u>MGH Shelton Family Medicine</u></b> 939 Mountain View Dr. Suite 100 426-2653</p>	<p><b><u>West Olympia FamilyMed</u></b> 1217 Cooper Pt. Dr. SW ST B 360-486-6710</p>
<p><b><u>MGH Olympic Physicians</u></b> 237 Professional Way 426-2500</p>	<p><b><u>Westcare Clinic</u></b> 3900 Limited Ln NW 360-357-9392</p>
<p><b><u>Health Care Center</u></b> 107 N. 8th St. 426-9717</p>	<p><b><u>Tumwater Family Practice</u></b> 150 Dennis St. SW 360-754-6367</p>
<p><b><u>Summit Pacific Medical Center</u></b> 600 E Main St. Elma Wa. 98541 360-346-2222</p>	<p><b><u>Seamar</u></b> 3030 Limited Ln.NW 360-491-1399</p>



## Clinic Events

### Health Promotions

We have exercise videos  
Work out alone, with us  
or schedule a time for a group

### Lifestyle Balance Program

To find out how you may qualify,  
please contact Melissa Grant at  
360-432-3926

### Mammogram Day

June 28th

### Brief Community Walk

Every Monday at 12:30 p.m.  
Elder's Building after lunch

### Free Diabetes Screening

at Health Promotions  
To schedule an appointment,  
contact Melissa Grant

### Smart Shopping/ Food Label Workshops

Contact Patty to schedule  
360-432-3929



## Cancer Prevention for Your Child with the HPV VACCINE

EVERY YEAR  
American Indian Men & Women  
GET HPV CANCERS THAT COULD BE  
PREVENTED  
BY THE VACCINE



Age 11-12 is the most effective  
time to get the HPV Vaccine to  
protect **BOYS & GIRLS** from  
cancer later in their lives.

Catch-up vaccines are available  
for ages 13-26.

3 injections over a six-month period is  
needed for full protection.

### Why Get the Vaccine?

#### IT'S SAFE

More than **57 million doses** of the  
vaccine have been given, with **ZERO**  
serious safety concerns.

#### IT'S IMPORTANT

American Indians are **more likely** to  
get and die from cancer than the  
general population.

#### IT'S FREE

Vaccines are available at **no cost**  
for all American Indian children  
at any clinic.

#### IT WORKS

The vaccine prevents **70%** of the  
cancer-causing HPV viruses.



This publication was made possible through a cooperative agreement with the  
Center for Disease Control and Prevention #5U58DP003944



## TALK TO YOUR DOCTOR TODAY.



## Managing Diabetes: It's Not Easy, But it's Worth it Congratulations Sock Earners!

Patty Suskin, Diabetes Coordinator - Congratulations to:



John Krise



Pete Kruger

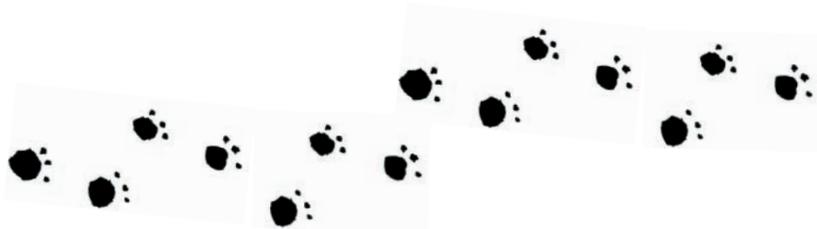


Bob Whitener, Rusty Pleines



Thelma (Pokie) Shea

These five people and several more completed all the tests/exams IHS recommends to stay healthy with diabetes. This is a lot of work! Socks were provided as thank you for taking care of themselves.




**WIC at SPIPA**  
(Women, Infants, and Children)  
provides healthy foods & nutrition information for you and your child up to age 5.

**Please bring:**  
Your child, Provider One Card or paystub and Identification for you & your child

Contact at SPIPA for an appointment:  
Debbie Gardipee-Reyes  
360 462-3227, [gardipee@spipa.org](mailto:gardipee@spipa.org)  
or Patty Suskin 360 462-3224

**Tuesday, June 14th is WIC DAY at SPIPA**

**WIC at SPIPA wants your baby to get the best start on life.**



Wait until 5-6 months to feed your baby solid foods.  
**Why? Early introduction to solids can promote overfeeding, obesity, choking/aspiration and food allergy.**  
Research shows feeding early does not help babies sleep through the night









## Elders Menu . . . Fruit and salad at every meal

**1 - 2**  
WEDNESDAY:  
Meatloaf, mashed potatoes and gravy

THURSDAY:  
Spaghetti, garlic bread

**6 - 9**  
MONDAY:  
Chalupas

TUESDAY:  
Baked potato soup,  
chicken salad sandwiches

WEDNESDAY:  
Burger dips, potato wedges

THURSDAY:  
Taco bar

**13 - 16**  
MONDAY:  
Chicken fettuccine casserole, asparagus,  
parmesan flat bread

TUESDAY:  
Chicken noodle soup, tuna sandwiches

WEDNESDAY:  
BBQ ribs, potato salad, baked beans,  
biscuits

THURSDAY:  
Casino Buffett

**20 - 23**  
MONDAY:  
Chicken divan, green beans

TUESDAY:  
Potato & sausage Italian soup,  
meatball subs

WEDNESDAY:  
Pot roast, mashed potatoes & gravy,  
corn, rolls

THURSDAY:  
Pork loin, twice baked potatoes,  
corn on the cob

**27 - 30**  
MONDAY:  
Sausage and pasta bake,  
mixed vegetables, rolls

TUESDAY:  
Taco soup, turkey sandwiches

WEDNESDAY:  
Baked potato bar, broccoli

THURSDAY:  
Bratwurst, macaroni, salad, baked beans



Bloodworks  
Northwest

**GIVE BLOOD  
SAVE LIFE**

### Squaxin Blood Drive

Friday, June 3  
10:00 a.m. to noon & 1:00 to 4:00 p.m.  
Community Kitchen

Please bring Photo ID.

*To schedule an appointment:*

<https://schedule.psbcc.org/DonorPortal/GroupLanding.aspx?s=4477>



### Congratulations Kassidy Whitener

Congratulations Kassidy Whitener on your graduation from the University of Washington with your Bachelor of Arts Degree. We are so proud of you! We love you to the moon and back

**Happy Belated 22nd Birthday  
Kassidy!  
We Love You Very Much!**



## Committees Commissions & Boards With Infrequent Meeting Times

### Committee and Commissions

1% Committee (Bylaws & Appendix X2)  
 Elections Committee  
 Explorers Program Committee  
 Fireworks Committee (TC 6.04.040)  
 Gathering Committee  
 Law Enforcement Committee, Law and Order  
 Veterans' Committee  
 Budget Commission  
 Business Administration Board (TC 6.24.010)  
 Little Creek Oversight Board (TC 2.26.010)  
 Museum Library and Research Board  
 Tourism Board (TC 2.34.010)  
 Island Enterprises Board

### Council Rep.

Arnold Cooper, Vince Henry, Vicki Kruger  
 None  
 Jim Peters  
 None  
 Charlene Krise  
 None  
 None  
 Vicki Kruger  
 None  
 Arnold Cooper, Vicki Kruger, Charlene Krise  
 David Lopeman  
 Arnold Cooper  
 David Lopeman

### Staff Rep.

Kris Peters  
 Tammy Ford  
 Renee Kluseman  
 Kris Peters  
 Rhonda Foster  
 Kris Peters  
 Glen Parker  
 Kris Peters  
 Travis Nabahe, IEI  
 David Lopeman  
 Charlene Krise  
 Leslie Johnson  
 Travis Nabahe

### Months

Feb., May, Aug., Nov.  
 March, April, May  
  
 May and June  
 Not yet determined  
 Not currently meeting  
  
 June and August  
 As needed  
  
 Sept., Dec., March, June

If you are interested in an opportunity to meet with a Committee, Commission or Board please contact the staff representative to be placed on the agenda and for meeting time and location. Every spring Tribal Council considers vacancies for the Committee, Commission and Boards. If you are interested in becoming a member please submit your written request to: Melissa Puhn, Executive Secretary for Tribal Council | mpuhn@squaxin.us | 10 SE Squaxin Lane, Shelton WA 98584.

## What's Happening in June

Drum Group every Tuesday AA & ALANON every Wednesday Tobacco Cessation every Tuesday		1 Family Court	2 <i>Budget Hearing</i>	3 Utilities Commission	4 Housing Commission
5	6 <i>MLRC Golf Tournament</i>	7 <i>B'Ball Ice Cream Social</i>	8 Building Strong Families Through Culture	9 <i>Tribal Council</i>	10 SPIPA Board of Directors
11	12 <i>Financial Literacy Workshop @TLC</i>	13 Criminal/Civil Court	14 Budget Commission	15 Gaming Commission	16 <i>Sgwi' Gwi</i>
17	18 Child Care Board of Directors	19 Enrollment Committee	20 Education Forum	21 Tribal Council	22 <i>Youth Dance</i>
23	24 <i>Happy Fathers Day!</i>	25 <i>Safe Streets</i>	26 Tribal Council	27 <i>Boater Safety Class</i>	
28	29 Criminal/Civil Court	30 Tobacco Board of Directors			



## Committees and Commissions Listed on Calendar

### Committee and Commissions

Aquatics Committee  
 Elders Committee  
 Enrollment Committee  
 Fish Committee  
 Golf Advisory Committee  
 Hunting Committee  
 Shellfish Committee  
 Education Commission  
 Gaming Commission (TC 6.08.090)  
 Housing Commission  
 Child Care Board of Directors  
 Tobacco Board of Directors  
 Utilities Commission (TC 11.08.010)  
 SPIPA Board of Directors

### Council Rep.

Arnold Cooper  
 Whitney Jones  
 Charlene Krise  
 Vicki Kruger  
 Jim Peters  
 Arnold Cooper  
 Vince Henry  
 Jim Peters  
 Per Tribal Code None  
 Arnold Cooper  
 Vicki Kruger & Charlene Krise  
 Jim Peters  
 None  
 Arnold Cooper

### Staff Rep.

Jeff Dickison  
 Elizabeth Heredia  
 Tammy Ford  
 Joseph Peters  
 Kris Peters  
 Joseph Peters  
 Eric Sparkman  
 Gordon James  
 BJ Whitener  
 Richard Wells  
 Bert Miller  
 Cameron Goodwin  
 Teresa Wright  
 Kathy Block

### Meetings

2nd Wednesday in Feb., May, Aug., Nov.  
 1st Wednesday or Thursday  
 2nd Tuesday  
 2nd Wednesday in March, July  
 2nd Wednesday or Thursday  
 2nd Tuesday of July, Oct., Jan., April  
 1st Wednesday of March, June, Sept., Dec.  
 2nd Friday  
 3rd Wednesday  
 1st Friday  
 2nd Monday  
 4th Tuesday  
 1st Thursday  
 2nd Friday



## June Happy Birthdays

1  
 Alexandra Julia Cooper- Lewis  
 Alonzo Johnny Grant  
 Jenene Joy Miller

7  
 David Brian Elam  
 David Merle Krise  
 Kim Lindy Olson  
 Randall Gavin Aldrich  
 Trisha Blueback

14  
 Ana Marie Pinon  
 Janette Melody Sigo  
 Stephanie Lynn Tompkins

19  
 Andrea Marie Sigo  
 Jacob D. Johns  
 Nicholas S. Armas  
 Thomas L Farron  
 Vicki Lee Kruger

25  
 Beau Michael Henry Jr.  
 Joanne Faye Decicio  
 Katherine Elizabeth Smith

2  
 Zachary Stuhqayo Johns

8  
 Elizabeth Marie Seymour  
 John Daniel Snyder  
 Lori M. Hoskins  
 Paula Swan Krise

15  
 Casey E. Brown  
 Kylynd M. Powell

20  
 Donald Edwin Whitener  
 Eugene Edward Galos  
 Jason Two Feather Longshore  
 Shelby N. Todd  
 Verna Beverly Henry, II

26  
 Andrew St. John Barker  
 Arthur Richard Pleines  
 Candace Sumner

3  
 Francis Peterson  
 Jayde Christina Jewell Smith  
 Rocky Lane Bloomfield  
 Tyrone Jade Krise

9  
 George William Sumner  
 Julie Rose Van Horn  
 Kimberly R Peterson  
 Laken Nicole Gray  
 Pamela Sue Hillstrom

16  
 Andre Maxwell Roberts  
 Andrew Ernest Sigo  
 Dorothy May Nelson  
 Kristin Robin Penn  
 Trent Anthony Brown  
 Yvonne Joy Bell

21  
 Beau Michael Henry  
 Jaime Charles McFarlane  
 Kyleigh May Peterson  
 Laurinda P. Thomas  
 Rodney Louis Schuffenhauer  
 Wynn Dale Clementson

27  
 Geraldine Elizabeth Bell  
 Robert Lee Cooper

4  
 James Patrick Sen  
 Malachi Richard Jean Johns  
 Victoria Skye Rodriguez  
 Wendy Michelle Harding

10  
 Tamie Jo Rioux

17  
 Heather Marie Perez  
 Jackson Louis Cruz  
 Kevin M. Bloomfield  
 Ronald J. Whitener

22  
 Alexander James Smith  
 Monica Eileen Nerney  
 Rose Marie Henry

28  
 Charles Eugene Bloomfield Jr.  
 Hurricane Lucinda James  
 Jeremiah Jack George

5  
 Debra Kay Tennis  
 Emily L. D. Whitener  
 Julie Goodwin

11  
 Alex C. Ehler

18  
 Armonie Rose McFarlane  
 Daniel F. Napoleon  
 Kamela Lee Smith  
 Tasha Racquelle Rodriguez

23  
 Tamika Sharon Green

29  
 Fleet Thunder Sky Johns  
 Jessica Leona Cruz  
 Judah Krise Thale  
 Kaitlyn Makenzie Burrow  
 Zachary Hetzler II

6  
 Alyana Rose Van Horn  
 Dominique Rosalee McFarlane

12  
 Brandon Michael Greenwood



24  
 Abigail Harleem Reinhart  
 Christopher David Cain

30  
 Dakota Riley Lorentz  
 Joshua Dylan Mason  
 Neekie Perez





**Squaxin Island  
Culture Night  
Drum Group**  
*Squaxin families are invited!  
Please join us for  
drum, song, and dance rehearsal*

**Tuesdays  
Each Week  
5pm  
at the Squaxin Museum**

Feel free to stop in and get familiar with Squaxin Island songs and dances  
Join in to learn the dances and songs or simply enjoy the atmosphere with just your presence

This is a drug, alcohol, cigarette and e-cigarette free event

Any questions please contact  
Jeremiah George 360.432.3968

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**Dads:  
The anchors**

SATURDAY, JUNE 25 | 8PM

*candlebox*

TICKETS: \$25, \$15, \$10

LITTLE CREEK CASINO RESORT  
GAMING • HOTEL • SPA • GOLF • DINING • ENTERTAINMENT • RV PARK • ARCADE

SKOOKUM CREEK  
EVENT CENTER

For Tickets Visit The Box Office, Online, Or Call 800-667-7711

JUNE 4 | **OPEN 9PM SESSION 11PM**  
EARLY BIRDS 10:30PM

**BINGO**  
17 36 60 77  
40 68 70 46 67 16

**DAUBIN IN THE DARK**  
Black Light Bingo

OVER  
**\$7,900**  
IN PAYOUTS

\$400 payouts for 4-ons | \$500 payouts for 6-ons  
**\$1,199 black out**  
with a \$500 lead up  
Buy-in is \$50

Cocktail SPECIALS

LITTLE CREEK CASINO RESORT  
LITTLECREEK.com

Live DJ Spinning at 10pm

See Keno or call (360) 427-3005 for more details  
\$79 room rates during bingo sessions!  
Ages 21 and over only.

**BINGO**  
17 36 60 77  
40 68 70 46 67 16

**Friday • June 3rd**  
Doors Open 4:30pm | Early Birds 6:00pm | Session Starts 6:30pm

**Saturday • June 4th**  
Doors Open 9:00am | Early Birds 11:30am | Session Starts 12:00pm  
Doors Open 2:00pm | Early Birds 4:00pm | Session Starts 4:30pm

**Daubin' in the Dark Black Light Bingo**  
Doors Open 9:00pm | Early Birds 10:30pm | Session Starts 11:00pm

**Sunday • June 5th**  
Doors Open 2:00pm | Early Birds 4:00pm | Session Starts 4:30pm

**\$1,199 Payouts\***  
on all level 3's

**\$100 Hot Seats Every Hour**

Want free games? See our website for details

Canned Food Drive

LITTLE CREEK CASINO RESORT  
LITTLECREEK.com

\*Multiple winners split the payout. See Keno or call (360) 427-3005 for more details  
\$79 room rates during bingo sessions! \*Ages 21 and over only for 11pm session  
Must show Bingo Room Rate Coupon at time of check-in to receive special room rate.  
Customers can call in advance to book rooms. Must be 21 or older for Bingo Specials