

Women's History Month at the Museum

March is Women's History Month, and the 2023 theme celebrates **"Women Who Tell Our Stories."** Squaxin indigenous women will be celebrated and recognized for their contributions to the past and present and who have set a long-range vision for the future. Throughout the month of March, please check out the Museum Facebook page and Daily Scoop for updates on events focused on women's contributions to our indigenous communities.

The Squaxin Island Museum has scheduled presentations and events planned to honor Women's History Month:

March 8th, International Women's Day at Noon: Wear purple to show solidarity and enjoy a lunch at the museum while watching multimedia presentations from inspirational indigenous women. Purple signifies justice, dignity, and being loyal to the cause. The theme is digital innovation and technology for gender equality with hashtag #EmbraceEquity. Limited to 30 lunches.

March 14th at Noon: "Muscle Up the ʃəč" Lunch is provided at the museum. The presentation is about using and understanding the intuition. A deeper knowing the ʃəč (heart/being) is like strengthening another muscle, another brain or a sixth sense for approaching life's complexities. Enjoy your lunch while listening to Kimberly Miller, Skokomish tribal member, as she presents on strengthening with intentional practice of using your instinct. Limited to 30 lunches.



March 22nd at Noon:
"Indigenous Women from a Place of Knowing & a Place of Existence" Lunch is provided at the museum. This presentation is to recognize the indigenous strengths and wisdom given to indigenous women, from grandmothers, mothers, and sisters, to women in empowerment. Charlene Abrahamson, Spokane Tribal member, will present on empowerment of the indigenous peoples. Limited to 30 lunches.

March 27th from 4:00 - 6:00 p.m. in the Community Kitchen: "5 meals in 1 day"
The event will be hosted by the museum with five different stations with food recipes, prepping, and take-home meal kits. Limited to 30 people.

Please Contact:
Lisa Johns (360) 432-3843
to reserve your lunch and your place for the dates listed. Thank you.

2023 CANDIDATES-

ANNOUNCE YOUR CANDIDACY BEFORE ELECTION-DAY

*Declare early
Your tribal members want to hear from you!*

CANDIDATES

submit Pre-register

your name and email address to Melissa

Puhn: mpuhn@squaxin.us

Deadline for each Registration is

March 20th

April 11th



Announce earlier

The Klah-Che-Min

Tribal publication **Due by April 10, 2023**

Send your photo and bio to

Theresa Henderson: news@squaxin.us

MARK YOUR CALENDAR!

Gain a better understanding of those running for open positions on Tribal Council

Election Committee
Will be Interviewing each candidate.

Candidacy Forums

March 22th @ 5:00 p.m.
in the Community Kitchen

April 16th @ 5:00 p.m.
in the Community Kitchen

(Light Dinner provided)

Elections- will be in person at the Little Creek Event Center

May 6, 2023





Squaxin Island TRIBAL NEWS

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Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

- KRIS PETERS: Chairman
- JAIMIE CRUZ: Vice Chairman
- PATRICK BRAESE: Secretary
- MARVIN CAMPBELL: Treasurer
- ANDY WHITENER: 1st Council Member
- DAVE WHITENER: 2nd Council Member
- VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:
THERESA M. HENDERSON: EXT. #3945
thenderson@squaxin.us

K L A H - C H E - M I N

Running for Re-election as Tribal Chair



haʔ sləx̩il, sqʷax̩əsədəbš
klabsch ti dsdaʔ

Hello Squaxin family, my name is Kristopher (Kris) Klabsch Peters. I have been privileged serving the past three years as Council Chair, and I would be pleased to continue serving you in this position.

I am the middle son of Michael and Linda Peters, grandson of the late Emory and Ruth Peters, and great-grandson of the late Jameson Peters and Josephine Bagley Peters. I grew up on Eld Inlet (sqʷayaiʔ) next door to my beloved great-grandmother, Josephine.

I was raised with a public service mindset, first receiving my Eagle Scout as a young boy, transitioning to an early career in fire fighting, and followed by 20 years in criminal justice. I have always been motivated to better myself and help those around me. I served our community as Police Chief after earning my degree in Native American History and Federal Indian Law.

Upon graduating with my master's in public administration, I served as your Tribal Administrator, then as Tribal Liaison for the Department of Children, Youth, and Families for Washington State.

I was honored to return to Squaxin as your Chair and have worked hard to create a healthy and functional working environment starting at the top. I pride myself on running efficient, professional council meetings, valuing all perspectives, and guid-

ing us toward decisions that benefit all members. Transparency is important to me. I do not participate in "closed-door" decision-making and strongly advocate access to all meetings be provided both in person and online.

I am passionate about education, environmental rights, and healthcare. We must lift our youth and equip them to lead our future. We must continue to celebrate our language and our culture and pass down the teachings given to us by our Elders. We must fight to restore our habitats, uphold our treaties, and establish food sovereignty. We must improve access to quality healthcare and heal the trauma of our past to create a brighter future for generations to come.

I have spent time speaking to schools, organizations, and other governments about our history and educating others about our traditional homelands. I have met with local, state, and federal officials, fighting to strengthen Squaxin sovereignty, maintain our treaty rights, and secure state and federal funding.

I do not shy away from controversy or difficulty. I know how to bring people together and facilitate healthy debate. I lead with honesty, compassion, and integrity — values necessary for facing challenging situations and creating positive change.

If re-elected, I will continue to support our council, providing accountability and equal and consistent service to everyone.

Please reach out and engage with me on the issues that impact you the most. Join the Klabsch 2023 group on Facebook or email me directly at Kpeters@squaxin.us.

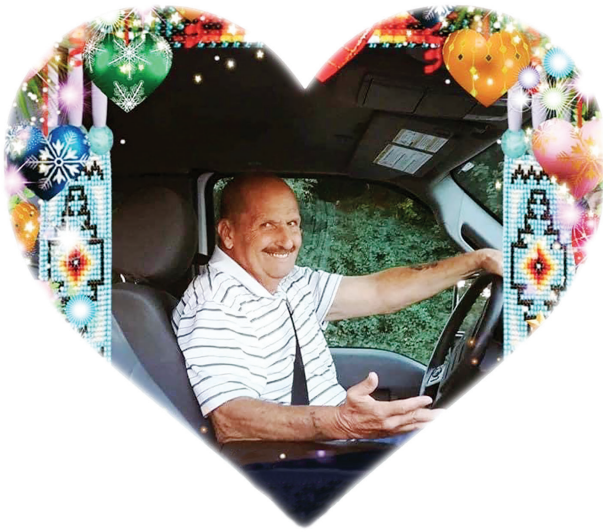
Please vote for Kris Peters at the General Body meeting on May 6, 2023.

hawadubš cələp
ʔuʔuʂəbɪcɪd čəd
haʔ kʷ(i) adsəsɫabcəbut
-Kris





Walking On Larry McFarlane, Sr.



Watch for a full writeup next month.

Reporting Child Abuse or Neglect

Who is required to report child abuse or neglect?

Anyone who has reasonable cause to believe that a child has suffered abuse or neglect can, in good faith, report. If you are identified as a mandated reporter, you are required by law to report your concerns to the Department of Children, Youth & Families (DCYF), Child Abuse Hotline or law enforcement (RCW 26.44.030).

Mandatory reporters include:

- Medical practitioners
- Professional school employees
- Social service counselors
- Psychologists
- Placement and liaison specialists
- Host home programs employees or volunteers
- Coroners, medical examiners and licensed pathologists
- Pharmacists
- Licensed or certified child care providers or their employees
- Department of Social and Health Services employees
- Department of Children, Youth, and Families employees
- Department of Corrections employees who become aware of possible child abuse or neglect during the course of their employment
- State and private higher education employees
- Juvenile probation officers
- Law enforcement
- Licensed foster parents
- Licensed or certified group care providers and their employees
- Responsible living skills programs or HOPE centers employees
- Family and Children's Ombuds Office employees or volunteers
- Guardians ad litem (GALs)
- Court Appointed Special Advocates (CASAs)
- Any adult who resides with a child who he or she suspects to have suffered severe abuse and who is capable of making a report
- Any supervisor with a nonprofit or for-profit organization who has a reasonable cause to believe that a child has suffered abuse or neglect caused by a person over whom he or she regularly exercises supervisory authority, provided that the person alleged to have caused the abuse or neglect is employed by, contracted by or volunteers with the organization and coaches, trains, educates or counsels a child or children, or regularly has unsupervised access to a child or children as part of the employment, contract or voluntary service



DCYF supports families and responds to concerns of abuse and neglect. Responses may include a DCYF worker visiting a family's home to meet with the family and children. They will assess what has happened as well as offer supports to increase the safety for the family.

Elders Activities

Traci Coffey - Hopefully we will start these fun, socializing, enjoyable, and entertaining activities and get some exercising in as well starting the week of February 27, 2023. Crafting is going on now every Thursday.

Mondays: Knitting/crocheting from 10:45-11:45 a.m. This is a day to gather, socialize, and relax a bit with other Elders while learning to do these things. Please bring your own materials for this day, such as knitting needles/crocheting hooks. We will have some yarn available to start out with. We are very welcoming for you pros; please, don't hesitate to come and join us. The more the better.

Tuesdays: Canoe Paddle Exercise: 11:00 a.m. - 11:45 a.m. Please bring your own paddle if you have one. If not, don't worry, we have you covered.

Wednesdays: Open for ideas

Thursdays: Crafts. The building will be open from 10:00 a.m. - 3:00 p.m. on this day for crafting. We are making crafts for our host luncheon on May 11, 2023. Our theme is "Garden Party." This is a great time to get out of the house and enjoy some socializing while crafting.

Traci Coffey, Elders Activities Coordinator
Cell: (360) 463-3385 Direct: (360) 432-3868
tc Coffey@squaxin.us

What circumstances justify a report and when should I report?

If there is reasonable cause to believe that a child has suffered abuse or neglect or may be at risk of abuse or neglect, the report must be made at the first opportunity but in no case longer than 48 hours. "Reasonable cause" means a person witnesses or receives a credible written or oral report alleging abuse, including sexual contact or neglect of a child (RCW 26.44.030).

What is reportable?

- Physical abuse (defined in WAC 110-30-0030)
- Sexual abuse (defined in WAC 110-30-0030)
- Sexual exploitation (defined in WAC 110-30-0030)
- Negligent treatment or Maltreatment (defined in WAC 110-30-0030)
- Abandonment (defined in WAC 110-30-0030)



How do I report suspected child abuse and neglect?

- Contact DCYF Child Protective Services – 866-363-4276 Toll-free, 24/7 866-END-HARM
- Local Intake numbers and information about reporting abuse and neglect can be located at www.dcyf.wa.gov/safety/report-abuse.
- Law Enforcement.

What information will I be asked to provide?

- The name, address and age of the child and parents, stepparents, guardians or other persons caring for the child.
- Whether the mother or father is of American Indian/Alaska Native ancestry.
- The nature and extent of the alleged child abuse, neglect or sexual abuse, including the nature and extent of any alleged injury or injuries and previous injuries.
- Any other information that may be helpful in establishing the cause of the child's death, injury or injuries and the identity of the alleged perpetrator or perpetrators.

If a crime has been committed, law enforcement must be notified. Mandated reporters who knowingly fail to make a report or cause a report to be made shall be guilty of a gross misdemeanor (RCW 26.44.080).



If you would like copies of this document in an alternative format or language, please contact DCYF Constituent Relations (1-800-723-4831 | 360-902-8060, ConstRelations@dcyf.wa.gov).

DCYF PUBLICATION CWP_0040 | DSHS 24-525 (05-2020)



Washington State Department of
CHILDREN, YOUTH & FAMILIES



New Employees



Willow Henry
IS Help Desk

I have been hired for the Help Desk position in the Information Services department. I am part of the Henry slash Cooper family. I have actively participated in treaty activities and have always loved to research the new gadgets and tech releases. I am excited to work with the Tribe and become part of something bigger. Thank you for the opportunity. I look forward to working with you all.



Hailey Holmes
Medical Referral Coordinator

I have been hired as the Medical Referral Coordinator with the Health Services Department. I grew up in Shelton and have been in health care for the last six years. I am excited to work in an area I have not primarily focused on before all while still helping my surrounding communities. I look forward to working with you.



Dani Barraclough
CDC Assistant Teacher

I have been hired as an Assistant Teacher with the Squaxin Island Child Development Center. I've been married to my husband, Ian, for six years. We moved to Washington for a business opportunity in 2019 and had a daughter shortly after. I started my career of working with children at the Y in Shelton in 2021. I am super excited to see where this next journey takes me as I continue growing and meeting more people in the community. I look forward to meeting you.



Trelace Sigo
NWITC Garden Tech

I have been hired as a Garden Tech with the Northwest Indian Treatment Center. I come from five generations of artists. Andrea and Steve Sigo are my parents. Ruth and Andy Peterson are my grandparents. I am currently teaching beading classes at different treatment centers and tribes. I am most excited about learning new things and getting motivated to gather and teach cultural classes with the patients. I am headed home to be with and heal my people.

Thank You, George Krise

George Krise was honored for his 25 years of service during an all-staff brunch held at Little Creek Casino Resort on February 17th. Thank you, George! Enjoy your retirement! Photos by Casey and Bobbie Brown (Thank you!)





What's Happening at the Creek

We're not missing out on a great month to theme our activities! It's the month of everything lucky, so why not?!

Monday's in March are our Forever Young promotion for seniors 50+. Cash drawing for \$1,000 at 7:00 p.m., plus get your free Crumble Cookie from 10:00 a.m. to 10:00 p.m., while supplies last!

Luck of the Irish Slot Tournaments will run every Tuesday. Session times and the prize structure can be found on the website.

Thursday to Sunday we're dedicating to Emeril Lagasse, formerly known for the hit TV show on the Food Network. We have his bamboo kitchen collection! Earn 1,500 points and get each piece weekly!

March 30th ONLY get a free swipe for a chance to win \$5,000 cash! Other cash and free play prizes available.

Other Exciting News

The Starlight Lounge remodel is underway! We expect to open in the summer of 2023, and this remodel will be the perfect place to watch a game, enjoy live entertainment, and place your bets – since this space will lend itself to the Sportsbook at Little Creek.

Water's Edge Deli is officially reopened! It is open from 11:00 a.m. to 2:00 a.m. daily. The enhanced menu features quick bites, like loaded lobster tots and fried pickles to entrees complete with traditional Indian Taco's and chicken pesto panini's. The dessert menu offers the most amazing sweet treats like eclairs, fruit tarts and candy filled milkshakes!

The Boardwalk Marketplace is in full swing! Guests and team members alike are loving the pizza option, and the Red Cedar Espresso has been a popular choice for breakfast now that we have a selection of breakfast burritos, sandwiches, and yes, biscuits and gravy! Breakfast starts at 6:00 a.m. daily.

Administration building Team Members are excitedly awaiting the start of the administration building project. The five floor layout is complete and the new building will be home to the Executive Team, Human Resources, Information Technology, Finance, Marketing, TGA Admin and Surveillance. The additional office space will allow the property to open prime space for other guest amenities in the future. The drawing is under development and the facilities team will be ready to move through the RFP process!



Starlight Lounge



Boardwalk Marketplace

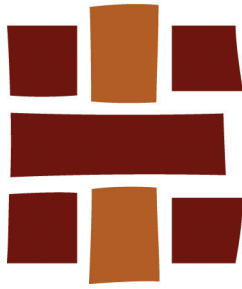


*Candy filled milkshake
Water's Edge Deli*



© 2022 Squaxin Island Tribe - Administration Building
10-21-2022





ISLAND ENTERPRISES INC

Weaving a strong business foundation for the Squaxin Island Tribe's future.

New CEO David Burnett

I would like to introduce myself to you as the new CEO of Island Enterprises, Incorporated. My name is David Burnett, I am a Chehalis tribal member and I have worked in Indian Country my entire career. I have a degree in accounting; I started out performing audits of tribes and tribal enterprises. I have been a tribal administrator for both the Coeur d'Alene and the Squaxin Island tribes.



Between 2000 and 2014, I was the CFO and then the Tribal Chairman of the Chehalis Tribe. In 2014, I co-founded Elann Partners, an investment company. From 2016 to 2023 I worked as the CEO of the Chehalis Tribal Enterprises and was the Secretary on the Chehalis Tribal Business Committee from 2016-2022.

I have been married to my wife, Farralee, for 37 years. We have three children, Sarra, Jake and Annie; and we have 5 grandchildren. In my spare time, which is few and far between, I enjoy golfing, tinkering in my garage and working on my Jeep. My grandkids sports activities keep me busy most of the year with baseball, softball, wrestling and soccer. I was also involved for many years in rodeos with my youngest daughter, Annie. I have the privilege of attending church with my parents, kids and grandchildren each week.

It is my belief that tribes ought to develop businesses as a way to increasing funding for tribal operations and tribal members. I believe the strongest means of exercising tribal sovereignty is to operate businesses that provide tax revenue and profits for your tribe. When tribes can use taxation to fund tribal government services and oper-

ations, they will create revenues that will ultimately reduce their dependency on the United States federal government. It is my goal to increase the business and taxation options for the Squaxin Island Tribe so that you all may have a choice to be independent from the federal government, provide well-paying jobs to the community and increase profits in your business.

I enjoy exploring diverse business opportunities, and to expand the types of business associated with Indian Country so that Squaxin Island will have a resilient business portfolio.

Island Enterprise Inc.
Office will be closed
Thursday March 9th
In observance of
Billy Frank Jr. Day.

The office will open
Friday March 10th
At 8:30 AM.

Tumwater Project

Savannah Fenton - In the last month, the project near the Olympia Airport had some major transformations! The most notable being the new asphalt parking lot. The asphalt really made a difference in shaping what it will look like when it is finished. Another thing that helps the vision come alive is when the drywall and taping is finished. Looking at blueprints and plans is one thing, but finally seeing what's on paper become a reality is something completely different! Within the next month or so they will be getting communications to the building, and some of the other little things to start bringing everything together. The siding is currently being installed and is looking great. We cannot wait to see the finished look!





FAMILY SERVICES DEPARTMENT

Workforce Development Program (WFD)

Employment and Training, Cash Assistance, and Childcare Services

The WFD Program provides cash assistance, childcare, education, employment, training and related services that will lead to economic self-sufficiency.

Do you need assistance with your employment, education and/or career goals? The Workforce Development Program may be able to help! WFD staff provide intensive case management, training, and employment services that are designed to help eligible Native Americans with, but not limited to, the following:

- Identifying and resolving barriers to employment
- Furthering education
- Receiving vocational training
- Gaining work experience
- Obtaining and retaining full-time paid employment
- Advancing in the workforce; and
- Making a steady forward movement to achieve unsubsidized employment



Note: You must meet all eligibility requirements. Additional documentation and meeting income guidelines may be required to receive some WFD services.

For more information on the Family Services Workforce Development Program and assistance that you may be eligible to apply for, please give us a call: Marjorie Hill: (360) 432-3921 or Family Services Front Desk (360)432-3906.

AA MEETING
Every Wednesday
7:30-9:00 p.m.
Elders Building

SQUAXIN ISLAND TRIBE



VOCA PROGRAM

VICTIMS OF CRIME ACT

WHAT IS VOCA?

The Victims of Crime Act is United States federal government legislation aimed at helping the victims of crime through means other than punishing the criminal

WHO QUALIFIES?

All individuals who are victims/survivors of crime. Regardless of when the crime occurred, or if the crime was reported.

TYPES OF SERVICES PROVIDED

Personal Advocacy	Follow-Up Contact
Emergency Support Services	Safety Planning
Emergency Legal Counselling	Wrap-Around Services
Transportation Assistance	Emergency Financial Assistance

CONTACT

VOCA ADVOCATE : TWANA MACHADO

 **360-463-7875**

 tmachado@squaxin.us



Need Diapers?

Diapers are NOT CHEAP
Often times, those in low income families face high costs and limited supplies of this essential need.

1 in 3 Mothers in the United States struggle with diaper scarcity.

Diapers are necessary
When supplies are low or absent, it can add to the challenges of maintaining consistent childcare and steady employment.



SPIPA is excited to be able to provide Diaper Distribution services to eligible Consortium Tribal Members

The Diaper Distribution on Reservations Project works with other SPIPA Programs to deliver diapering needs to eligible families with children age 0-18 residing in the SPIPA service area.



For more information
fill out this form today, or for questions, email DDOR@spipa.org



Form is available at:
spipa.org/family-and-community-resources/

Eligibility

- At least one household member is enrolled in a SPIPA consortium Tribe
- Must meet income guidelines

If you qualify for:
 Food Vouchers
 LIHEAP/ Weatherization
 USDA Foods
 WIC
 Workforce Development Programs
You are eligible to receive diaper distribution.



A rewind of February Activities in the Squaxin After School Program

Mondays in February we offered plant teachings with Jerilynn and the focus was alder. The youth were able to learn how we use alder in our traditional medicines as well as a few other ways we use it.

Tuesdays in February we offered working with cedar as a cultural activity. Youth were able to learn how to make cedar roses with Sara and they turned out beautifully.

On Friday, February 3rd, we offered STEM: Popsicle Gears. The youth had to create some pretty awesome gears out of Popsicle sticks. This was a very cool activity, and it got the youth thinking while having fun building!

On Wednesday, February 8th, the youth created tissue paper art kickball. This was a very interesting activity and the youth loved it.

On Thursday, February 9th, the youth made some apple pie bites and were able to take them home afterwards to enjoy with their family.

Saturdays in February our Rec Mentors were here for open gym from 2:00-5:00 p.m. Youth and teens were able to come up and shoot some hoops.

On Tuesday, February 14th, we had a Happy Valentine's Day mini party for the youth. The youth got Valentines cards from staff, and were able to eat some goodies, take pictures together, play BINGO, or watch a movie!

On Wednesday, February 15th, we offered abstract art painting. Youth were able to get creative and paint using an abstract style. They did so well following Sara's instructions for the art piece. Way to go, guys.

On Thursday, February 16th, the youth made some pretty cool whipped Kool-Aid. The youth had a lot of fun time making this very different whipped Kool-Aid!



March 2023 - Tu Ha' Buts Youth Center Calendar

All activities are drug, alcohol, e-cigarette and tobacco free.

Activities and Calendar are subject to change at any time.

Rec Room Phone Number: 360-432-3986

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 After-School: 2:30-6pm Play Soccer GSD – ER @ 2:15pm	2 After-School: 3-6pm Make Breakfast Banana Splits & Celebrate Dr. Seuss Birthday	3 After-School: 3-6pm STEM: Cloud Dough	4 Open Gym: 2-5pm
6 After-School: 3-6pm Plant Teaching: Talk about Dandelions	7 After-School: 3-6pm On-Going Cultural: Squaxin Women's History	8 After-School: 2:30-6pm Play Capture the Flag GSD – ER @ 2:15pm	9 Tribal Holiday CLOSED	10 After-School: 12-6pm STEM: Painting & Musical Chairs SSD – 3 HR ER	11 Open Gym: 2-5pm
13 After-School: 3-6pm Plant Teaching: Gather Dandelion Buds & Flowers to Make Drop Biscuits	14 After-School: 3-6pm On-Going Cultural: Squaxin Women's History	15 After-School: 1:30-6pm Rainbow Challenge & Play Football SSD- 1.5 HR ER GSD – ER @ 2:15pm	16 After-School: 3-6pm Make Lucky Charm Treats	17 After-School: 3-6pm STEM: Bubble Snack	18 Open Gym: 2-5pm
20 After-School: 3-6pm Plant Teaching: Make Dandelion Flower Fritters	21 After-School: 12-6pm On-Going Cultural: Cedar Weaving & Beaded Keychains SSD – 3 HR ER	22 After-School: 12-6pm DIY Bubble Gum Machine & Bingo SSD – 3 HR ER GSD – ER @ 2:15pm	23 After-School: 12-6pm Make Strawberry Shakes & Play Hot Potato SSD – 3 HR ER	24 After-School: 12-6pm STEM: Fireworks in a Jar & Paper Bag Lion Puppet SSD – 3 HR ER	25 Open Gym: 2-5pm
27 After-School: 3-6pm Plant Teaching: Make Dandelion Root Latte	28 After-School: 3-6pm On-Going Cultural: Cedar Weaving				
Key: SSD – Shelton School District GSD – Griffin School District		After-School Meal Times: Early Snack is offered: 3:00pm-3:45pm Late Snack is offered: 4:00pm-4:45pm		Activity Time: School-Age Youth from: 5:00-5:45pm	
				Contact: Kasia: 360-432-3801 Kenna: 360-432-3895 Jerilynn: 360-432-3992	



On Friday, February 24th, we offered STEM: Bucket Tower Challenge. The youth had to follow the directions, use their creativity and supplies given to complete this challenge. It was great to see their minds working together!



CONGRATULATIONS SQUAXIN ON REACHING 300 PEOPLE IN THE FITNESS CENTER IN THE MONTH OF JANUARY!!

AS A REMINDER, PLEASE NO OUTSIDE STREET SHOES AND TO KINDLY PICK UP AFTER YOURSELF. WE ARE EXPERIENCING HIGH VOLUMES OF TRAFFIC. THANK YOU FROM P&R STAFF

More in Recreation News...

In the beginning of February, we implemented a 20-minute reading/yoga balancing program for the youth. While reading Native based books, the youth can sit/balance on a yoga ball. It is something different for them to experience. Thank you, SPIPA, for the books and yoga balls.

Please Stay tuned in March ...

All dates and times will be posted on the Remind app (text @SquaxinRec to 81010), Daily Scoop, Squaxin Island Parks and Recreation Dept. Facebook page, and the monthly Youth Activities calendar.

During early releases for Griffin and Shelton School Districts, we will be open early! We open as the buses arrive. We post the times on our calendars!

Kasia Seymour, Youth Activities Lead:
(360) 432-3801 or kseymour@squaxin.us

Jerilynn Vail, Youth Activities Manager/Food Program Manager:
(360) 432-3992 or jvail@squaxin.us

Kenna Acosta, Youth Recreation Coordinator:
(360) 432-3895 or kacosta@squaxin.us



Squaxin Island Parks & Recreation
After-School Activities in March!

Monday's in March Plant Teachings with Jerilynn
 Tuesday's in March will be on-going cultural Activities:
 Squaxin Women's History Month & Cedar Weaving
 Wednesday, March 1st- Soccer in the Field with Billie
 Thursday, March 2nd- Breakfast Banana Split
 Friday, March 3rd- STEM: Cloud Dough
 Saturday's in March- Open Gym from 2:00-5:00pm
Thursday, March 9th- TRIBE CLOSED Billy Frank Jr Day
 Wednesday, March 8th-Capture the Flag
 Friday, March 10th- STEM: Painting Musical Chairs
 Wednesday, March 15th Rainbow Football Challenge
 Thursday, March 16th- Lucky Charms Treats
 Friday March 17th- STEM: Bubble Snakes
Monday, March 21st- Friday, March 24th will be Shelton School Districts 3-Hour Early Releases for Conferences. We will be open from 12pm-6pm.
 Tuesday, March 21st- Loom Beading, Cedar Weaving & Basketball in the Gym.
 Wednesday, March 22nd- DIY Bubble Gum Machine, BINGO & Gym Playground.
 Thursday, March 23rd- Strawberry Shakes, Hot Potato & T'peeskin Park.
 Friday, March 24th- STEM: Fireworks in a Glass, Lion Puppets & Soccer in the Field.
 Wednesday, March 29th-Jellyfish Crafts
 Thursday, March 30th- Milk chocolate brownies.
 Friday, March 31th- STEM Activity: Wind chimes

Kasia Seymour: kseymour@squaxin.us
Jerilynn Vail- Powell: jvail@squaxin.us
Kenna Acosta: kacosta@squaxin.us

PARKS AND RECREATION POOL UPDATE:

THE POOL IS CURRENTLY UNDERGOING EXTENSIVE REPAIRS, INCLUDING REPAIRING BATHROOM TILES, RESTORING THE POOL DECK AND FIXING A CRACKED POOL FLOOR, ESTABLISHING PROPER CHEMICAL STORAGE, AND INSTALLING NEW HEATERS. THESE REPAIRS ARE AIMED AT PRESERVING OUR INVESTMENT IN THE FACILITY AND ENSURING A SAFE AND SECURE ENVIRONMENT FOR FAMILIES TO ENGAGE IN HEALTHY ACTIVITIES.

WHILE WE UNDERSTAND THE CLOSURE MAY CAUSE INCONVENIENCE, IT IS ESSENTIAL FOR THE LONG-TERM HEALTH OF THE POOL AND THE SAFETY OF ALL USERS.

THE PROJECT IS PROGRESSING AS PLANNED AND WE AIM TO TENTATIVELY REOPEN THE FACILITY IN THE EARLY APRIL OF 2023. WE WILL CONTINUE TO KEEP THE COMMUNITY UPDATED ON THE PROGRESS OF THE REPAIRS AND WILL ANNOUNCE THE REOPENING OF THE POOL AS SOON AS IT IS SAFE TO DO SO.

THANK YOU FOR YOUR UNDERSTANDING AND SUPPORT IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT PARKS & REC AT 360-426-9781



LEARNING CENTER



Bordeaux

Tamika Krise Student Advocate - Hello Squaxin people! It has been a wonderful month here at Bordeaux. We have done a lot of celebrating, hard work, sports, and tons more! I want to share some of our fun days we have had with each other and give some special students the shout-outs they have earned! I also want to highlight our Homework Help and say how proud I am to see so many Bordeaux students attending.

Starting with some of our celebratory days, we had Pajama Day and Valentines Day! It feels so good to see our students have fun at school.

They work so hard, and to see them show upon Pajama Day in their favorite pj's with big smiles on their faces lets youth, and us adults, see that we can make anytime, a fun time.

The kiddos were so excited to make their Valentines Day boxes and share their Valentines gifts with their peers. Some classes had pancake parties and some had movie days; all around the school you could hear love and laughter. I would have loved to catch some more pictures, but I was too busy partying it up with my awesome littles! It was a BLAST!

I would like to shout out our Bordeaux youth for utilizing their resources up here at the Education Center. Our Homework Help team has worked so hard to provide a welcoming and loving learning environment up here after school for all ages. I am proud to say I think it has been working, because more and more littles have been coming for Homework Help. Some students come up just to challenge themselves with new work pages. It isn't uncommon to hear kids asking, "I don't have any homework. Can you print me off something to work on?" These kiddos are driven and love to see what they are capable of.

Lastly, I want to give some special shout outs to some great young ladies who are representing our Squaxin people in the best ways!

We have Roselani Ogden who was one of our most recent Top Dogs. She is respectful, kind, and hardworking. She is a great young leader, leading by example.

I also want to give a special shout out to Milah Hawks! Not only is she a great student in class, but she is an all-star on the court! Milah participated in her first game on February 10th. She was an awesome team player and scored a total of 22 points, winning her team's first basketball game! Way to go girls!

One more thing! I want to be able to shout out our students as much as possible, whether that is via Facebook or here in the Klah-Che-Min. Although, there are times I don't get to snag a picture, I believe all our students deserve some shine, so if you have pictures send them to me via email or my Advocate Facebook account, @tmkrise@squaxin.us and Tamika StudentAdvocate.



Leilani empowered at Homework Help!



Milah, MVP on the court and in the class!



Roselani is Top Dog!



Bordeaux Valentines



Roklyn, Roselani and Evelyn



Ivy Hawks on Pajama Day!



Elaine Roberts and Massiah Manu-Saenz learn about Black History



Olympic Middle School

Kiana Wily, OMS Student Advocate -

Shout Out to Aleigha Johns!

Aleigha Johns was one of the winners of the 'Golden Eagle Award' presented by the Kawanis Club along with a gift card. Teachers are looking for students following our OMS expectations to be safe, kind, and work hard. They are also looking for students working toward our OMS mission to achieve academic growth and social responsibility! Way to go Aleigha! We are proud of you, and you deserve the recognition. Keep up the hard work in school, basketball, and your community!



Love Your Selfie!

We did our best to spread the love this past month! Our Valentines display was a 'Love Your Selfie' wall to go with Mrs. Hall's display of the students' self-portraits they made encouraging self-love and self-appreciation.

At our Native Ed meetings in February, we learned how to make woven heart Valentines, which are actually a Swedish Christmas tradition, but make perfect Native Valentines. We talked about how weaving can be found in most indigenous groups around the world and the youth were encouraged to give their Valentine to an adult they appreciate in their life.

Native Ed passed out Valentines to all our teachers and staff at OMS and gave Valentine cookies made with love to all our Native Ed students. Shout out to Janelle Krise for spending her Sunday to help make cookies for the kids at her old school!

Native Ed Supports Native Ed!

As our Squaxin Advocate team grows, so does our Native Ed team at the Shelton School District. The Native Ed team at Shelton schools does a good job of showing support amongst all the schools. For example, Ms. Bowcutt is always willing to come in and show support to her students who have moved onto Olympic Middle School.

Shawnell McFarlane, a Squaxin tribal member, is one of the latest to join the SSD team, and she is already putting in so much work for our Native youth and the youth of Cedar High, Choice High, and Oakland Bay Jr. High. She put on multiple traditional medicine and foods wellness fairs for the high school kids, inviting us all to join in. Shawnell is always sharing her valuable information and resources with us here at OMS, giving such good inspiration for activities and learning opportunities with our youth. Thank you, Shawnell McFarlane, for being a good relative and role model for the community.



Heather Perez and Jessica Ryker



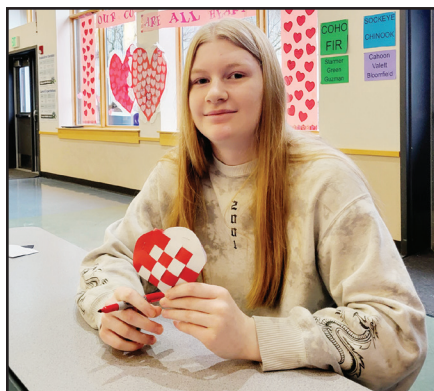
Wilson Johns working on weaving



Madi Henderson



Ms. Bowcutt, Ms. Chappell, Ms. Kiana Krise, Ms. Shawnell McFarlane and Ms. Bigbear



Emi McFarlane with her woven heart



Domanick Hartwell



Olympic Middle School

Kiana Wily, OMS Student Advocate -

OMS Girls Basketball

Olympic Middle School has six of our Squaxin girls playing on the girls' basketball team. The start of this season was the first time many of these girls have ever played a real-life game of basketball. They are having a good time as they figure it out and learn to play together. Even when the plays are not going as intended, the girls keep a smile on their face as they work to get those baskets. We love the support our girls are showing each other! Several other Native Ed students enjoy coming to root for their classmates and cousins in the games as well! The girls have fun on the court, and their families and friends are having fun in the stands. It is a win every time for us all! We are so proud of you, Jayda Hawks, Emi McFarlane, Seilyah Hernandez, Madi Henderson, Aleigha Johns, and Carmela Valencia, for staying involved at school and keeping your heads in the game! Shout out to Mr. Vernon for being an awesome coach and always showing support to our Native Ed program and students.



Aleigha Johns listening in



Janelle Krise came to support her old team copy



Beau Henry and Trevor Phillips Basketball Managers



Some of our Native Ed girls

Billy Frank, Jr. Day!

Olympic Middle School administration is doing an awesome job incorporating Billy Frank, Jr. and his important message of environmentalism and salmon defense into as many core classes as possible. There will be an eight-day build up, learning about what environmentalism and the salmon life cycle are, including habitat and why it is so important to us all. The kids will learn about all the necessary and challenging work that Billy and his team had to put in to protect the lives of the salmon and the treaty rights of the indigenous peoples.

Posters were made to be put around the common areas. A display of Billy Frank, Jr. was created and an activity chart was put together for teachers to pull inspiration from. Multiple short videos were made and shared with the students, and the whole school collaborated to create an art display of a stream of salmon.

Thank you, OMS administration, staff, and principles for your efforts that helped spread awareness of Billy Frank, Jr. and his important message of caring for Mother Earth and each other.



Oakland Bay Junior High

Caleb Kinzner, Student OBJH Advocate - Hi all! We are entering the home stretch of the second trimester, I encourage you to check up on your students' grades/missing assignments.

It has been going well here at OBJH; students are continuing to succeed and build better academic habits. It is exciting to have students who have struggled with school success begin to stay after school in order to catch up on subjects they did not understand. Teachers are starting to take notice. I have had multiple teachers reach out to me about the improvement of our students, not only in the classroom, but with being more respectful and responsible people. This was a problem that I felt was a huge issue when I started back in October. It seemed that some of the students struggled with student/teacher relationships as well as peer-to-peer relationships. It has been amazing to see the personal growth of our students over the last couple of months, and I hope they can continue to grow.

We just started Native Education meetings on Tuesday mornings in an attempt to have the students help educate the school. Our hope is that they can make some art or media that will help educate students here at OBJH about their culture and where they are from. In doing so, it will help the students really connect to the message that is being portrayed and take pride in it. We have had three meetings so far, and they have all been successful with students being respectful and presenting some meaningful ideas.

A student that I would like to highlight this month is Skylehr Henry. Skylehr is someone who has had great grades all year long and has spectacular attendance. He has been able to help students with their work while maintaining his own grades at the same time. I believe that Skylehr is someone his peers can look up to, whether it is academic success or how to be a model person. He is not always the most talkative student, but he loves being present in the Native Ed room. I hope he can continue to succeed and inspire others.



Shelton High School

Isabelle LeClair, High School Student Advocate - Hi everybody! This month I want to give a special shout out to... AJ Wier!

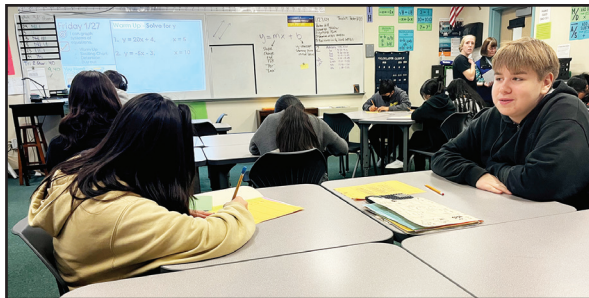
AJ is a Freshman at SHS, and he has done amazing work this year. I had the privilege of working with AJ over the summer with the Stepping Stones program. It was cool to have a connection before the school year even started! I also love that he will just come up to the Education Center after school just to hang out with us.

AJ is a wonderful student who has maintained straight A's throughout the school year! He also said he has the hope of being the valedictorian for the class of 2026! We are incredibly proud of all the hard work AJ has put into this school year!

We can't wait to see him on the soccer field this spring!



Skylehr Henry



Will Ogden and Nyelli Henry in math



Will Weythman and Nyelli Henry



Shawnell McFarlane working with Zach Johns, Takoda Mcfarland, and Alex P



AJ Wier



Teen Program

Keesha Vigil, Teen Program Coordinator - Hello Squaxin family!

February was a super fun month for the teens. During Presidents' Day winter break, the teens got to spend time together at the Extreme Fun Center in Aberdeen. They spent the day go-karting, laser tagging and playing arcade games! It was so much fun seeing all the teens light up and relax with all the activities and the staff had a fantastic time playing too!

The following day the teens spent time beading with TLC staff, eating hamburger soup, and making drums.

The teens always thrive when doing cultural activities, and I love seeing them fill their spirits and mine.

Thank you all!



Will, Nyelli and Ariana ready for racing



Anthony, Will, Nyelli, Benito and Arthur at Laser Tag



X-Treme Teens at the X-Treme Fun Center



Ariana Salazar Beading



Go
Squaxin
Youth!

Higher Ed

Mandy Valley - Higher Education Coordinator -Higher Education students, if you have not sent in your final grades from fall yet, please do so as soon as possible. Spring quarter is quickly approaching. If you plan to attend and are not a current Higher Education student, please stop by my office or give me a call so I can go over the required documents with you. Paperwork for spring quarter is due back no later than March 10th. Thank you!

(360) 432-3882

mvalley@squaxin.us

**CURRENT AND FUTURE
RUNNING START
STUDENTS!**

**Need help with books and fees?
We have a limited amount of
funding available!**

Please contact Mandy Valley at the
Tu Ha' Buts Learning Center
for more information

mvalley@squaxin.us
(360) 432-3882





Tribal Council Appointments to Committees, Commissions and Boards

1% Commission

Marvin Campbell
Pat Braese
Vince Henry, Sr.
Kasia Seymour
Joe Peters
Julie Owens

Benefit Committee

Astrid Poste
Henry Roy
Erika Thale
Ramon Nunez
Jenni Evans
Richard Sweeney
Nathan Schreiner

Budget Commission

Marvin Campbell
Erika Thale
Henry Roy
Julie Owens
Andrea Sigo
Rhonda Foster
Vicki Kruger

Business Administration Board

Ron Whitener, Jr.
Wendy Bowman
Don Smith

Constitution Committee

Joshua Whitener
Jayde Smith
Tammy Ford
Rhonda Foster
Ron Whitener, Jr.
Vicki Kruger
Steven Dorland
Redwolf Krise
Whitney Jones
Will Penn

Education Commission

Misti Fawn Vigil
Candace Penn
Daniel Kuntz
Rickie Ramage
Twana Machado
Joe Peters
Jeremie Walls

Elders Committee

Dorinda Thein
Linda Jones
Patti Puhn
Gale
Kim Olson
Andy Whitener

Elections Committee

Niki Ho
Cassidy Gott
Juana Nelson
Liz Kuntz
Penni Restivo
Terri Capoeman
Kasia Seymour
Susan LaClair
Monica Nerney
Tammy Ford
Kevin Lyon

Emergency Management Homeland Security Committee

Erika Thale
Savanna Fenton
Joshue Crooke
Department Directors (14)
Kelly Guy
Leila Whitener
Patrick Whitener

Employment Law Committee

Ramon Nunez
LCCR HR Director
Dave Johns
Jenni Evans
Marvin Campbell
Astrid Poste
Nathan Schreiner

Enrollment Committee

Joanne Decicio
Margaret Seymour-Henry
Sis Brownfield
Lisa Johns
Joshua Whitener
Vicki Kruger
Susan McFarlane
Jaimie Cruz
Sharon Haensley
Charlene Krise

Gaming Commission

Joanne Decicio
Christina Henry
Erika Thale
Liz Kunta
Jenna Cookston
Dallas Burnett

Golf Committee

Marvin Campbell
Jeff Dickison
Michael Peters
Dave Johns
Ray Peters
Andy Whitener

Housing Commission

Charlene Krise
Terri Capoeman
Amber Gomez
Daniel Kuntz
Monica Nerney
Jaimie Queen
Janita Raham
Trelace Sigo
Stephanie Starr

Island Enterprises, Inc. Board

Daniel Kuntz
Michael Peters
Julie Owens
Kevin Maybon
Arnold Cooper
Aleta Poste
Tim Sheldon
Andy Whitener

MLRC Board

Marvin Campbell
Jeremie Walls
Andrea Sigo
Ralph Munro
Dale Croes
Dr. Robyn Wright
Mike Araiza
Michael Peters
Sally Brownfield

Natural Resources Committee

(Replaces Shellfish, fish, hunting and aquatics committees)

Buck Clark
Cameron Henry
Andy Sigo
Aleta Poste
David Peters
John Vanderwal
Danny Snyder
Tammy Rios
Takoda Vigil
Davey Whitener

Personnel/Grievance Commission

Michael Ogden
Dave Johns
Robert Whitener, Jr.
Katrina Story
Carolyn Hoosier
Misti Saenz-Garcia
Mike Araiza
Jennifer Reboin

Skookum Creek Tobacco Board

Kristen Davis
Shawn Yannity
Vince Henry, Sr.
Drew MacEwan
Ray Peters

Veterans Committee

John Krise
Will Penn
Joe Seymour
Josh Mason
John Brown

Utilities Commission

Penni Restivo
Vince Henry, Sr.
Henry Roy
Vicki Kruger
Diane Biscay



Workers Compensation Plan Committee

Astrid Poste
Henry Roy
Lynell Gouley
Ramon Nunez
Jenni Evans
Richard Sweeney





Attention: Squaxin Island Tribal Homeowners (on or off reservation)

**Homeowner Assistance Fund (HAF)
Help for Homeowners in Need**

If you have experienced a financial hardship due to COVID-19 that resulted in mortgage delinquency, we may be able to help.

The Squaxin Island Tribe, Office of Housing has received funding through the Department of Treasury for the Homeowner Assistance Fund (HAF). *We are accepting applications from Squaxin Island Tribal homeowners who meet the following criteria:*

1. You own the home you live in and it is your primary residence, on or off reservation.
2. You have you experienced financial hardship due to Covid-19 (after January 21, 2020) from one of the following:
 - Mortgage delinquencies
 - Foreclosure
 - Unpaid property tax
 - Past due utilities
 - Home displacement due to critical home repairs (roof, structure damage)
3. Your income falls at or below these guidelines:
 - 1 person (\$63,000)
 - 2 persons (\$72,000)
 - 3 persons (\$81,000)
 - 4 persons (\$90,000)
 - 5 persons (\$97,200)
 - 6 persons (\$104,400)
 - 7 persons (\$111,600)
 - 8 persons (\$118,800)

Please go to: squaxinland.org/government/departments/community-development to fill out the forms listed below. You may also request a copy of the application from the contacts listed below.

- Squaxin HAF application
- Squaxin Financial Assistance Form – HAF
- Release of Information

If you have any questions please contact:

Lisa Peters / lpeters@squaxin.us / (360) 432-3871
OR
Liz Kuntz / lkuntz@squaxin.us / (360) 432-3937



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**IN THE TRIBAL COURT
OF THE SQUAXIN ISLAND TRIBE
SHELTON, WASHINGTON**

IN THE MATTER OF THE ESTATE OF: RUSSELL DEAN HARPER, Deceased.	Case No. CV-2022-08-2 PROBATE NOTICE TO CREDITORS
--	---

PLEASE TAKE NOTICE that the Administrator named below has been appointed as Administrator of this Estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in SITC §8.01.040(B) and RCW §11.40.070 by serving on or mailing to the Administrator or the Administrator 's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:

(1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW §11.40.020(1)(c); or

PROBATE NOTICE TO CREDITORS **Page 1 of 2** Curiale Hostnik PLLC
315 - 39th Avenue SW, Suite 9
Puyallup, WA 98373
(253) 475-4200 Fax: (253) 475-2596

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(2) Four months after the date of first publication of the notice.

If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW §11.40.051 and §11.40.060. This bar is effective as to claims against both the Decedent's probate and non-probate assets.

Date of First Publication:	March 15, 2023
Personal Representative:	Jason Koenig
Attorney for the Personal Representative:	Charles R. Hostnik
Address for Mailing or Service:	Curiale Hostnik PLLC 315 - 39 th Avenue SW, Suite 9 Puyallup, WA 98373
Court of Probate Proceedings and Cause Number:	Squaxin Island Tribal Court Case No. CV-2022-08-2

DATED this 22nd day of February, 2023.

CURIALE HOSTNIK PLLC

By: /s/ C. R. Hostnik
Charles R. Hostnik, WSBA #10834,
Member of the Squaxin Island Tribal Court Bar
Attorneys for Jason Koenig, as Administrator
of the Estate of Russell Dean Harper

PROBATE NOTICE TO CREDITORS **Page 2 of 2** Curiale Hostnik PLLC
315 - 39th Avenue SW, Suite 9
Puyallup, WA 98373
(253) 475-4200 Fax: (253) 475-2596



Office of Housing
Department of Community Development

Attention Housing Applicants

If you are on the Squaxin Island tribal housing waiting list, it is time to update your housing application. The updated application was mailed to the last known address that the Office of Housing has on file for you.

If you have recently moved or have a change of address, please call Lisa Peters at (360) 432-3871. If applications are not updated by March 31, 2023, your name will be removed from the housing waiting list (per policy).

DO YOU NEED A FENCE FOR YOUR DOG?

IF YOUR DOG LIVES OUTSIDE ON A CHAIN OR IN A SMALL ENCLOSURE, PLEASE APPLY FOR A FREE FENCE ONLINE.

ESFORFIDO.ORG/ST-A-FENCE

FENCES FOR FIDO
One Chain/one dog at a time



WORKING FAMILIES TAX CREDIT

A new tax credit for Washington workers starts in 2023!

Working Families Tax Credit will provide payments up to \$1,200 to individuals and families who meet the requirements.

Who is eligible for a tax credit?
Individuals and families are eligible if they meet all of the following requirements:

- Lived in Washington a minimum of 183 days.
- Are at least 25 and under 65 years of age OR have a qualifying child in 2022.
- Filed a 2022 federal tax return with a Social Security Number (SNN) or an Individual Taxpayer Identification Number (ITIN).
- Eligible for the federal Earned Income Tax Credit on their 2022 tax return.
 - Go to www.irs.gov/eitc to learn more.
- Meet the income requirements (see table).

How much will individuals and families get back?
It depends on the number of qualifying children and income level. See table for estimates based on the 2022 income eligibility thresholds.

What are the income thresholds?

Number of qualifying children	Applicant must make less than the following		Maximum refund
	Single	Married (filing jointly)	
0	\$16,480	\$22,610	\$300
1	\$43,492	\$49,622	\$600
2	\$49,399	\$55,529	\$900
3 or more	\$53,057	\$59,187	\$1,200

Applications open on February 1, 2023 and are accepted through December 31, 2023.

info@pimsavvy.com
Main: 206-565-2961, option 3

PIM SAVVY
COMMUNITY OUTREACH

Department of Revenue
Washington State

To access additional information or sign-up for updates, visit our website: WorkingFamiliesCredit.wa.gov or call 360-763-7300.

Squaxin Island Tax Site

BASIC RETURNS

January 30, 2023 - April 6, 2023

By appointment only
Contact Lisa Peters to schedule an appointment 360-432-3871

WHAT YOU NEED:

- Proof of identification (photo ID)
- Social Security cards for you, your spouse and dependents, ITIN
- Documents showing all income (W-2, 1099)
- Expenses — to claim tax deductions (Childcare, donations, college tuition, property taxes)
- Any other tax documents or notices you received
- A copy of last year's federal return, if available
- Form 1095-A, Health Insurance Marketplace Statement, to reconcile advance Premium Tax Credits for Marketplace coverage
- Proof of bank account routing and account numbers for direct deposit such as a blank check

IRS IRS Certified Volunteers Providing **FREE TAX PREPARATION**

Sponsored by Squaxin Island Tribe—Office of Housing



Greetings from HHS!

Kay Culbertson, HHS Director - Exciting news! The pharmacy remodel is complete and we are moving! This has been a long time coming. Patients will now have additional privacy when speaking to the pharmacist or picking up their prescriptions.

We have been working with Mackenzie, an architectural and design company, on plans for the new HHS building. The building floor plan is nearly complete. All HHS will be located in one building, and we will have room to add new services.

Be on the lookout for new events, we can finally meet in person for fun things such as our most recent Bingo Night. We have more fun events coming up!

We are diligently working to improve our processes to keep our patients safe. For the first time in a very long time, we have three full time providers. We are looking to hire several mental health providers that can provide both mental and substance use disorder counseling.

The Special Diabetes Program has received funding again! We hope to have someone hired soon.

I want to thank our staff that have worked so hard during the pandemic and the many changes that have occurred since I started. We've had to say good bye to some staff. We were sorry to see them leave and wish them well in their new endeavors.

I know there are a lot of questions and concerns and I invite you to stop by and see me or email with any concerns or questions. I have an open door policy!

HHS in March

- March 3: All HHS closed for the afternoon
- March 8: Clinic/Dental/Pharmacy closing at 4:00
- March 9: All HHS closed for Billy Frank, Jr. Day
- March 11: Colon Cancer event
- March 16: All HHS closed for the afternoon



Covid-19 Statistics January 15 - February 15 Vaccinations

THROUGH PANDEMIC	Fully Vaccinated	Vaccines Provided
	2,509	2,829

Test Results

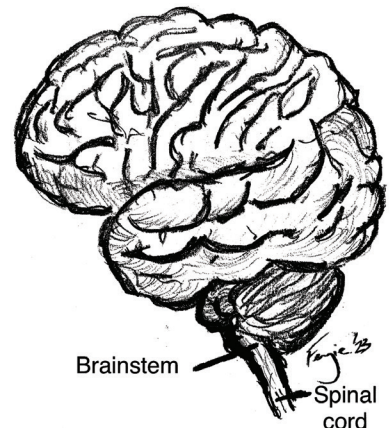
	Non-Vaccinated	1 Dose	2 Doses	Boosted
Positive	6	0	3	5
Negative	9	2	8	33

How Fentanyl Takes Your Breath Away

Kyle Ferguson - Hold your breath for three seconds. You just turned on that part of your brain that deliberately controls breathing. It's like tapping the brakes to turn off cruise control. If you then take your foot off the gas pedal, your vehicle would slow down and eventually stop unless you, again, deliberately press the gas pedal and set your cruise control. Fortunately, with breathing, that part of your brain responsible for the "cruise control" of breathing kicks right back in, all on its own. You don't have to even think about turning it back on. Thank Mother Nature for that!

Read that last line out loud. Your brain just deliberately "held" your breath while speaking, before "cruise control" started back up again. Breathing is such a complex "dance" between your brain's "higher control centers" and your breathing's "cruise control." It's like the complex "dance" between you paddling and your skipper's commands [e.g., "paddle on the starboard side...paddle on the port side" ("ʔiḥšxw ʔal tə dzəhalgwiḥ...ʔiḥšxw ʔal tə qəlalgwiḥ")] on Canoe Journey. Your skipper "taps" the brake (i.e., utters a command) to control what you are doing to change course, before you return to "cruise control" (i.e., going back to a steady stroke).

The "cruise control" part of your brain is found in your brainstem. It is located just above the hole at the bottom of your skull (see illustration at top right). The brainstem connects your spine that runs down



your back to your tailbone to the "higher centers" of your brain (the "barky" top part).

Fentanyl is 50 to 100 times more potent than morphine or other pain medications. People smoke it, inject it, snort it, suck on fentanyl lozenges, or absorb it through skin patches. The fentanyl molecules or tiny particles work their way to your brain, including your brainstem that controls very important bodily functions like breathing, alertness, and blood pressure (i.e., it drastically lowers blood pressure). Brain scientists have recently shown that fentanyl impairs breathing about 4 minutes before a person feels its "dopey" effects. That is why fentanyl is so incredibly dangerous: people stop breathing before they are even aware of it!

Even extremely small doses of fentanyl can cause oxygen levels to drop within seconds by causing

a person to breathe slower, and not as deeply. Fentanyl cuts off the amount of air that moves in and out of the lungs. Brain cells die off rapidly after five minutes without oxygen. Death soon follows without intervention; much faster with fentanyl than any other pain drug. The bottle on the left in the illustration is a lethal amount of heroin. That much kills a typical adult. As you can see, the bottle on the right shows a much lower dose of fentanyl that kills a person.



Naloxone (or Narcan), available at the Squaxin Island Health Clinic, is safe and effective at blocking the effects of fentanyl and other pain medication. Naloxone (Narcan) has been used safely in emergency departments for almost 40 years. There is no potential for abuse. If you don't have a pain drug in your system, it does nothing besides leaving a yucky

Continued on Page 19



Fentanyl

Continued from Page 18

taste in your mouth. One person described it to me as tasting like that gross cough syrup our grandmothers used to force us to swallow. For those with fentanyl or other pain drugs in their system, they go through immediate withdrawal. If there is a lot in a person's body, they might feel very cranky and miserable, but that sure beats death! If you aren't the one who overdosed, they might be angry with you when they come to because you "cheated" them out of their high. They will also likely be confused and might not know where they are and what just happened.

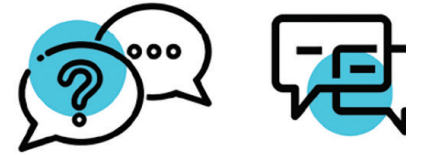
Naloxone (Narcan) only blocks the effects of fentanyl and other pain drugs for a few hours. You still need to take the person who overdosed to an emergency department because they still have potentially lethal amounts of pain drugs in their body that has to be safely removed by medical professionals. The effectiveness of Naloxone (Narcan) is temporary.

Naloxone (Narcan) is fairly easy to administer. You just spray a little up a nostril. There are two doses per vial, so please don't practice first and waste the lifesaving medicine. Also, you might need more than two squirts if the person has a lot of the pain drug in his or her body.

Continued on Page 20



Talk with us.



There is hope



For free 24/7 crisis support

CRISIS TEXT LINE |

Crisis Text Line
Text: NATIVE to 741 741
www.crisistextline.org/

Fentanyl does not discriminate!

Fentanyl is deadly and its in the Squaxin community!

Drugs have always made their way in and out of the Squaxin reservation. Now, more than ever, we must make a change to keep our community, our people and our youth safe!

WHAT IS FENTANYL?

- A Powerful. Synthetic. Opioid - It is 50-100 times stronger than morphine.
- Fentanyl is being integrated into most forms of street drugs, including pills, and is undetectable. Some examples include;
 - Xanax, Heroin, Meth, Ecstasy and Cocaine.
- The rate of overdose deaths among American Indians is above the national average.

WHAT TO DO?

If you find any drugs; on or off the reservation - **DO NOT TOUCH IT!** Call 911 and report it. Fentanyl can be lethal if touched. Learn the symptoms of overdose and don't be afraid to help!

WHO'S AT RISK:

- Fentanyl doesn't care what color your skin is, your lifestyle or your age.
- Youth/Young adults on social media are targeted by drug dealers to buy illegal and tainted drugs.
- People who are already using illegal street drugs are more likely to use Fentanyl.

AWARENESS!

- Most community members may know someone who is at risk for overdose; Narcan can save lives!
- Fentanyl/Overdose not only effects the user, but the community as a whole.
- Sobriety is key; Don't be ashamed to ask for help - encourage those who need it!

Free Narcan available at the Squaxin Island Pharmacy

For help getting into detox, inpatient or outpatient services contact
Squaxin Behavioral Health Outpatient.
360-426-1582



SAVE THE DATE!!!

**SQUAXIN ISLAND TRIBE
COLON CANCER AWARENESS EVENT**

**MARCH 11, 2023,
11 AM TO 3 PM**

SQUAXIN ISLAND GYMNASIUM



**JOIN US FOR SOME FUN FAMILY ACTIVITIES!
RAFFLES, DOOR PRIZES,
AND LUNCH PROVIDED.
WE LOOK FORWARD TO SEEING YOU
THERE!**





Fentanyl

Continued from Pages 18 & 19

Even if you do not take pain medication or use pain drugs, like fentanyl, many people know people who do. That is why it is important to have Naloxone (Narcan) handy. One of our fine healthcare providers at Squaxin Island Health Clinic would be happy to show you how to use it. Also, please check out the following resource that teaches you how to use Naloxone (Narcan) effectively. Because breathing stops so quickly and brain damage occurs after starving the brain of oxygen after only five minutes, there is no time to lose. It is important to know what you are doing before you need to administer the emergency naloxone (Narcan) doses, and it is essential to act quickly.



How to Use the Intranasal Naloxone Kit (Training Video):

<https://www.youtube.com/watch?v=0w-us7fQE3s>

Important fever facts

Flu and cold season is still going. The number of covid cases are on the rise. Now seems like a good time to talk about a common symptom that can be a little scary...fevers.

What is a fever?

A fever is when a person's body temperature is above average. A high temperature by itself is not a sickness, but a sign that something is not right in the body. A normal body temperatures can be anywhere from 97.5 F to 98.9 F. These numbers tend to be lower in the morning and higher in the evening. In the medical field a temperature is considered to be 100.4 or higher.

Managing a fever at home

To manage a fever from home for an adult:

- Increase fluid intake (if not on a fluid restricted diet).
- Take your normal medications.
- Take a lukewarm sponge bath or bath soak.
- Take over the counter (OTC) fever reducing medications. Follow directions on the box.
- Wear light clothing.
- Rest.
- Call the doctor or nurse if you have any questions or concerns!!

To manage a fever from home in a child over six months of age:

- Dress the child in light clothing.
- Give over the counter infant or children's fever reducing medications. Always follow directions on the box and pay attention to age and weight recommendations.
- **Call your providers office about children under two years of age.**
- **Do not give aspirin.**
- Offer more fluids including cold/cool beverages such as juices and warm tea or broth.
- Call the doctor or nurse if you have any questions or concerns!!



When to be concerned about a fever.

In a lot of cases fevers are considered to be a good thing as it indicates your body is doing what it is supposed to. Many different things can cause a fever, especially in children. This can include recent vaccines, being active while in warm weather or an illness.

If a person has a weakened immune system and develops a fever or if their fever does not respond to fever reducing medication they should call their doctor or seek urgent medical care.

If a child has a fever and it has been more than 48 hours since their last vaccine, they should call their local doctors office.

If anyone has had a fever for more than two days they should seek medical care.

If an infant under 1 month old develops a fever they should be taken to the ER.



TRIBAL MEMBER SERVICES

Jaclyn Meyer, Coordinator

Purchase Orders

- Call and tell us when, where and what the appointment is for.
- The referral must be made by one of our providers or the hospital.
- Please verify you have a purchase order before your appointment.
- Provide your PO number when you check in to your appointment.

Contact Info

Here are all the ways you can contact me:

- jmeyer@squaxin.us
- (360) 432-3922 
- www.squaxinidland.org

They sent me a bill!!!

Send it over to us ASAP!!!

You may receive bills for ambulance, labs, radiology, specialists, & doctors seperately.



Emergencies



- Notify the ER clerk that you are covered by Squaxin Island Tribal Health
- Call us within 72 hours (3 days).
- Let us know where you went!
- Did you go by ambulance?
- Date you checked in and out.
- What was the reason for the emergency visit?





COMMUNITY



Elders Menu . . . Fruit and salad at every meal

MONDAY 6:
Crab Cakes, Veggie Rice

MONDAY 13:
Stroganoff, Green Beans

MONDAY 20:
Chicken Alfredo, Spinach/Garlic
Toast

MONDAY 27:
Chicken Fried Steak, Mashed Potatoes with Gravy, Carrots

TUESDAY 7:
Tomato Basil Ravioli, Grilled Cheese
Sandwich

TUESDAY 14:
Italian Sausage Potato Soup, Bread
Sticks

TUESDAY 21:
Minestrone Soup, Turkey Sandwiches

TUESDAY 28:
Baked Potato, Soup, Biscuits

WEDNESDAY 1:
Chicken Yakisoba with Veggies

WEDNESDAY 8:
Fish-N-Chips

WEDNESDAY 15:
Baked Ham, Scalloped Potatoes,
Broccoli

WEDNESDAY 22:
Cabbage Patch Casserole

WEDNESDAY 29:
Chicken Fried Rice

THURSDAY 2:
Breaded Veal, Mashed Potatoes with
Gravy, Mixed Veggies

THURSDAY 9:
CLOSED Billy Frank, Jr. Day

THURSDAY 16:
Tacos

THURSDAY 23:
Hot Dogs, Chips

THURSDAY 30:
Pork Chops, Stuffing, Brussels
Sprouts

MAMMOGRAM BUS DATES

MARCH 30, 2023
APRIL 20, 2023
MAY 11, 2023
JUNE 15, 2023
JULY 11, 2023
AUGUST 29, 2023
SEPTEMBER 26, 2023

*Contact
Clara!*

360-432-3930

EMERGENCY

CALL **9-1-1** FIRE POLICE MEDICAL RESCUE

SQUAXIN ISLAND TRIBE

Non-Life Threatening Emergencies

<p>Emergency Operations Center (EOC) Hotline <i>(Information only - no voicemail)</i> (360) 432-3947</p> <p>Community EOC Hotline <i>(Questions and voice mail message)</i> (360) 443-8411</p> <p>Emergency Management Coordinator (360) 443-8410</p> <p>Community Emergency Response Team (CERT) (360) 426-5308</p>	<p>Squaxin Police Department Office Hours Monday - Friday 8:00-4:00 (360) 432-3831</p> <p>PUD No. 3 Outage Hotline (360) 426-8255</p> <p>Mason County Police Dispatch Non-Emergency (360) 426-4441</p> <p>Mason County Fire Non-Emergency (360) 426-3348</p>
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COMMUNITY



17
 Anthony Dushuyay Johns
 Jaimie Renee Whipple
 Kenneth Michael Green
 Monte Morris
 Rachele Dawn Roberts

18
 Jolene Rae Peters
 Thomas Blueback Jr.
 Victoria Dennis-Horn
 Winter Snow White

19
 Cherry Teresa Armstrong
 Micheal Alfred Bloomfield
 Raymond M. Castro
 Vicky Belle Engel

20
 Joelene Elaine Tamm
 Kalea Ray Krise
 Lachell Marie Johns

21
 Doyle Raymond Foster
 Tayla Rose Logan

22
 Charlene Ann Krise
 Jose Francisco-Coley
 Lorane D. Gamber

23
 Evelyn Angel Hall
 Kameron Weythman
 Nora Jean Coxwell
 Ronin Sharky Edwards
 Troy Gelacio Orozco

24
 Jaelynn Elise Moliga
 Taylor Randolph Krise
 Tucker Blaine Hindley

25
 Johnathan Draven Seymour

26
 Christina L. Henry
 Elsie Jeanne Gamber
 Jerad Charles Lopeman-Fry

27
 James Jeffrey Coxwell
 Lucke Robert Newell

28
 Brittany F McFarlane
 Jon D. Brownfield
 Kierah Lee Cooper

30
 Benjamin Naranjo-Johns
 Eric Lee Ellerbe
 Felicia E. Thompson
 Matthew James Pugel
 Ronald Andrew Whitener

31
 Christina Marie Lopeman
 Stephen William Henry

1
 Alyssa Mary- Ida Henry
 Jennine Marie Jacob
 Luke Grey Falcon Rodriguez
 Sapphire Pricilla Ward

2
 Christy Marie Peters Block
 Raven Haaq Roush-Lizotte

3
 Arnold E. Cooper
 Bichsel Stephan Set
 Chazmin K. Peters
 Clayton John Briggs
 Daniel Rodney Snyder
 Serena Rae Phillips
 Vincent Gene Henry Jr.

4
 Adolfo Douglas McFarlane
 Mayella Frankie Jean Roberts

5
 Cedar Michael Korndorfer
 Faith Elizabeth Pughe
 Jamaal Jason Byrd

6
 Evan Taylor Cooper
 Kodiak Draven-Wolf Masoner

7
 Andrienne J. Baldwin
 Cody Francis Cooper
 David Josiah Seymour
 Massiah Angel Manu-Saenz

8
 Belinda Gail Colberg
 Kyler Bao Glover Araujo
 Millie Faye McFarlane
 Stella Jean Sicade

9
 Finn Michael Dorland
 Kai'in Blumoon Tucker
 Marjorie L. Tuso
 Michaela Alina Lynn Riker

10
 Adrian Jose Julio Garcia
 Billy Dave Yocash
 Jay Dee Powell Jr.
 Joseph Daniel Rivera
 Terrah Maria Jackson

11
 Alexandria Rodriguez
 Chenoa Reed Peterson

12
 Abigail Mae Bell
 Cindy Lee Ehler
 Gene Xavier James Benson
 Steven Duane Lehman Jr.

13
 Sara Marie Naranjo-Johns

14
 Andrew Dean Whitener
 Chantel Dawn Peterson
 Justin Daniel Kenyon
 Lois Colleen Woodard

15
 Brandon Carl Blueback
 Kaleonahe Tadios-Tahkeal
 Nikki Marie Farron
 Tashina M. Ackerman

16
 Adarius Terell Coley
 Rebecca Lottei Lezon-Ferreira



NEED A TRIBAL ID?
 Enrollment ID's will be available by appointment only.
 Call Tammy at 360-426-9781.

Wednesdays from 11am-1pm



Culture Night at the Museum

Wednesdays
5:30pm

Join us for food & fun to celebrate Squaxin Culture



What's Happening

Candidacy Forum March 22

A SPoRE Event March 11

Court:
Family Court: **M** March 2
Criminal/Civil Court: March 14
Vulnerable Adult Court: March 16

WIC March 14
USDA March 8

M ^

M



To contact a Squaxin Island Police Officer Call: **360-426-4441**

If it is an **EMERGENCY** CALL 911

A SPoRE Event: Hosted by the Salish Roots Farm and Metamimicry

Growing mushrooms out of buckets is a fast and easy way to get started producing your own crops and learning how mushrooms grow. Metamimicry and the Salish Roots Farm team will lead this two-hour, hands-on workshop (outdoors). Participants can bring their buckets home and help produce more for the Salish Roots Farm. Supplies are limited, so please RSVP for this event at metamimicry.com/spore. This event is free! Please e-mail mack@metamimicry.com with questions.



Forever Young Mondays in **MARCH**
DRAWINGS | 7PM
ONE WINNER OF \$1,000 CASH,
THREE WINNERS OF \$100 FREE PLAY
CRUMBL COOKIE VOUCHER | 10AM-10PM
EXCLUSIVELY FOR 50+

Luck of the Irish Tuesdays in **MARCH**
EACH WEEK WIN YOUR SHARE OF \$2,600
SESSIONS | 1PM-5PM
FIRST PLACE RECEIVES \$1,000 CASH
\$25 FREE PLAY FOR EACH SESSION WINNER
FIRST ENTRY FREE
EARN ONE ADDITIONAL ENTRY FOR 500 SAME DAY POINTS

MARCH BINGO SESSIONS
ELECTRONIC BINGO DEVICES AVAILABLE FOR ALL SESSIONS!
FRIDAY MARCH 17TH: DAUBIN IN THE DARK
DOORS: 5:30PM - EARLY BIRDS: 8PM | 8:30PM SESSION STARTS
SATURDAY MARCH 18TH **SUNDAY MARCH 19TH**
DOORS: 11AM - EARLY BIRD: 1:30PM DOORS: 11AM - EARLY BIRD: 1:30PM
2PM SESSION STARTS 2PM SESSION STARTS
SATURDAY AND SUNDAY SESSIONS BRING CANNED FOOD FOR FREE LEVEL 1 (6-ON)

LITTLE CREEK CASINO RESORT
Little Means More!
LITTLECREEK.COM | 1.800.667.7711
ALL SALES ARE FINAL. MUST BE 21 YEARS OR OLDER TO ATTEND.


A SPoRE Event... **Grow Your Own Oyster Mushrooms**
Hosted by the Salish Roots Farm & Metamimicry



Learn how to grow mushrooms out of buckets using straw & sawdust spawn! Participants will be able to take home their buckets.

March 11, 1-3pm
AT THE SALISH ROOTS FARM
541 W. ST ROUTE 108, SHELTON, WA 98584
RSVP at metamimicry.com/spore
Limited Space. Tribal Access Prioritized.




Squaxin Island WIC
(Women, Infants, and Children)
provides healthy foods & nutrition information for you and your child up to age 5.
Please have available:
Your child's height & weight, Provider One Card or paystub and identification for you & your child


Contact at SPIPA for an appointment:
Patty at 360.462.3224,
wicnutrition@spipa.org
or
Debbie Gardipee-Reyes 360.462.3227
gardipee@spipa.org

Main SPIPA number: 360.426.3990



Next WIC:
Tues., March 14, 2023
We are continuing remote phone appointments through July 2023 due to the COVID-19 virus
We will call you on your appt day

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn't discriminate.




South Puget Intertribal Planning Agency

USDA Foods Program
March Dates

PT. GAMBLE S'KLALLAM	3/3/23
SQUAXIN ISLAND	3/8/23
SKOKOMISH	3/14/23
NISQUALLY	3/17/23
CHEHALIS	3/22/23

NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staff have other duties that they are responsible for on the days they are not issuing commodities. If you're unable to make the date, please call and schedule an appointment with appropriate staff. For USDA Food, call SPIPA at 360.426.3990

This institution is an equal opportunity provider.



GOOD MOVES
GOOD MOODS



LIVE: Monday's 5pm, 2022
Squaxin Island Tribe @ Gym

LIVE: Wednesday's 5pm, 2022
Nisqually Tribe @ Billy Frank Jr. Center

VIRTUAL: Tues. & Thur. 12pm on Zoom

ZUMBA® with Ho'o & Paish
For Tribal Members & Community
Sponsored by SPIPA

- ✓ No Fuss Fitness
- ✓ No Worries
- ✓ Yes to FUN
- ✓ Yes to Health

Classes are subject to change, please join our text updates.
Questions: WholesticFit@gmail.com



ATTENTION:
FREE Wills for Squaxin Tribal Members and Their Spouses

The Tribe is offering the services of Mark Allen, an attorney who has worked for the Squaxin Community for 10 plus years. Mark Allen is ready to assist Squaxin Tribal members and their spouses plan for themselves and loved ones by drafting wills and other end-of-life documents.

- Wills
- Powers of Attorney
- Advance Directives
- Health Care Directives
- Estate Planning

If you are interested in these services, please contact **Lindsey Harrell**, Paralegal for the Squaxin Island Legal Department, at (360) 432-1771 ext. 6 or Lharrell@squaxin.us

If you schedule an appointment and you decide you cannot make it, please respectfully cancel PRIOR to the day of the appointment.