

# Klah-Che-Min

ʔacaciɬalbixʷ gʷɬ tə xʷəlč yəxʷ ti stultuləkʷ.

A PUBLICATION OF SQUAXIN ISLAND TRIBE

ʔacaciɬalbixʷ gʷɬ tə xʷəlč yəxʷ ti stultuləkʷ.

AUGUST 2004

► *People of the Water* ◄

COMPLIMENTARY

## Road Construction on Old Olympic Highway Slows Traffic to the Reservation

Replacement of Old Olympic Highway from the Little Creek Casino intersection to Bloomfield Loop Road south of the reservation began in early July. The stretch of road between the Tribal Center and Little Creek Casino is closed during working hours. The alternative route is by way of the Kennedy Creek intersection. The remaining section of road between the Tribal Center and Bloomfield Loop Road is open, but the pavement has been removed and the road is very rough.

If you do not want your car to get dusted out, you may go through the reservation by way of Bloomfield Road and Klah-Che-Min Drive. Please drive carefully! Children are present.

The construction project will continue until approximately November. The bridge over Skookum Creek is also being replaced. Thank you for your patience during this enhancement project!

If you have any questions or would like more information, please call the Tribal Center at 360-426-9781.



A benefit for  
Squaxin Island Tribe  
Museum Library and Research Center

North Wind, South Wind  
by Roger Fernandes

**WATER SOUNDS**  
NATIVE ART AUCTION  
ON SITE  
SEPTEMBER 11th

Auction Admission \$50  
For more information, call 360.432.3853



## SQUAXIN ISLAND TRIBE

10 S.E. Squaxin Lane  
Shelton, WA 98584

*People of the Water*

PRSR STD  
U.S. POSTAGE  
PAID  
SHELTON, WA  
PERMIT NO. 96



## KLAH-CHE-MIN SQUAXIN ISLAND TRIBAL NEWS

10 S.E. Squaxin Lane  
Shelton, WA 98584

PHONE: (360) 426-9781  
FAX: (360) 432-0858

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

*Contributing writers and artists include Squaxin Island community members & staff.*

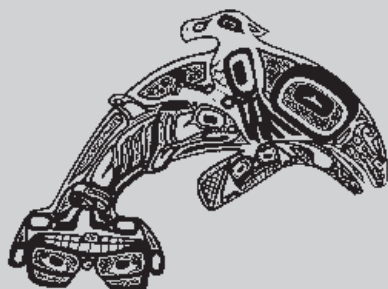
**Submissions Deadline:**  
15th of each month

### SQUAXIN ISLAND TRIBAL COUNCIL:

DAVID LOPEMAN: *Chairman*  
ANDY WHITENER: *Vice Chairman*  
VINCE HENRY: *Secretary*  
PATTI PUHN: *Treasurer*  
PAULA HENRY: *First Council Member*  
ROY PEREZ: *Second Council Member*  
CHARLENE KRISE: *Third Council Member*

### Klah-Che-Min Staff:

THERESA M. HENDERSON: EXT. #3945  
[thenderson@squaxin.nsn.us](mailto:thenderson@squaxin.nsn.us)



## COMMUNITY



### Screen Repair

The Office of Housing recently conducted a Screen Repair Workshop. For those of you who were unable to attend, but would like to learn how to repair your screens, call Lisa @ 432-3871.71 or stop by Office of Housing. We have screening supplies and tools on hand to assist.



### Council Limits Benefits of Membership to Protect Scarce Resources

Council unanimously adopted a resolution that applies to all new enrollees, except those born to or adopted by current tribal members. New members who transferred from another tribe, or new members that do not have immediate family in the Tribe, would have to wait five years to participate in the treaty harvest for fish and shellfish and would have to wait five years for per capita and dividend payments.

If the new member is born to, or adopted by a current member, the child would receive all benefits. Under existing rules, a child up to 18 can be adopted, and considered as "born to" under the Constitution. Importantly, a new child born to a tribal member would receive the per capita payments and the five year's worth of growth in his or her trust fund.

The new rule dusted off a 1978 rule that was put in place to stem the tide of people moving from another tribe to Squaxin to take advantage of fishing opportunities. To protect the Budd Inlet limited entry fishery in 1978 the Council passed a resolution that said that any one that transferred from another tribe to Squaxin would not be allowed to exercise their treaty fishing rights for at least five years. Resolution 78-19 was enforced, and effective. The number of transfer applications dropped off dramatically. In 1999, the resolution was repealed.

The Council reconsidered the rule because of the increased demand on goods and services and treaty resources brought about by the tremendous growth in enrollment. Current enrollment is 800, with more than 50 new members in each of the last 3 years, and more than 60 projected for this calendar year.

Not all privileges are limited though. New members would receive other benefits of membership. For example, new members would still be entitled to exercise treaty hunting and gathering rights, and would still receive health and employment preference benefits.

In other action, Council decided not to consider any additional enrollment applications until September 30, 2004.





## New Employees



**Connie Whitener**  
*Health & Human Services*  
*Assistant Director*

Hello all, My name is Connie Whitener. I have accepted a position as the Assistant Director of Health and Human Services.

I have been a part of this community for many years and I am looking forward to serving the community in this new capacity.

I have been working at Little Creek Casino Hotel for a number of years, so I feel like I am not really new; I'm just moving from one position to another within the Tribe.

Prior to working for the casino, I worked for the State of Washington as a Financial Service worker and a Social Worker, so I feel like this move to the Health Clinic is a natural one.

Just a little news about myself, I live with a wonderful man named William Penn and his daughter Candace. Will also has a son, Joshua, who does not live with us right now, but his niece, Tamika, does. Our home seems to rotate children in and out.

I am a geoduck diver and although I don't go to drum group as much as I would like to, I do love to sing with the group.

I love basket weaving and have a class on Thursday nights. If you're interested in making cedar baskets, let me know and put the word out that you need cedar.

I have a full life and I am excited about the opportunity to work at the Health Clinic.



**Jack Selvidge**  
*Maintenance*

Hi, I'm Jack Selvidge. I started working for the Tribe on July 19th. I'm in the Department of Community Development in the maintenance division headed by Jeff Peters.

I've worked on several projects for the Tribe in the past - as a contractor. The most recent project was the Childcare Center working for Five Rivers Construction. Before that I worked on the museum construction. I contracted and set the log frame.

I'm looking forward to working here regularly as there is much to do and I have many old friends here.



**Cheryl Miller**  
*Indian Child Welfare Caseworker*

Hi, my name is Cheryl Miller and I will be working in Family Services as an ICW Caseworker. I have 18 years of social work experience. I worked for the Puyallup Tribe for two years doing CPS Investigations, before coming to Squaxin Island. I was also the ICW Regional Compliance Program Manager for Region 5, at the Department of Children and Family Services. I held this position for 10 years. I am an enrolled member of the Assiniboine Sioux Tribe from Montana. My husband Craig and I have four children.

## Narcotics Tips Line

Any illegal drug information (on or off-reservation) can be reported without leaving your name. Simply call the number below and leave detailed information regarding the activity.

**432-3898**

## Great Take-Out, Great Prices at Little Creek Casino Bingo

Pizza, fry bread, Indian tacos  
and family style salads to go  
4:00 - 10:00 p.m.

Call 427-3006 to place an order!



# SKOOKUM CREEK TOBACCO



## Kamilche Trading Post and Skookum Creek Tobacco Sponsor Black Lake Regatta

Jennifer Whitener - The Black Lake Regatta found new sponsors this year in our very own KTP and Skookum Creek Tobacco. The races, which take place at Evergreen Shores Park, have been running for over 20 years, but this is the first year for the Tribe to be involved with the event.

The Regatta includes three main classifications of boats: outboards, inboard hydroplanes and inboard runabouts. The 1 ¼ mile course at Black Lake is a certified world record course and participants have the chance to set records that will be recorded with the American Power Boat Association.

"People come from all over the world to race the Black Lake course because it is that special," said Jerry Dugan, of the Seattle Drag and Ski Sprint Boat Association. "More world records have been recorded on Black Lake than any other single body of water in the country!"

"We are really excited that we are able to support these kinds of events," said Bryan Johnson, General Manager of the Squaxin Island Tribe's Skookum Tobacco Inc. "The races have become a tradition in the Olympia area and we are proud to now be apart of that tradition."

Along with sponsoring the Regatta the Tribe also helped bring in an attraction rarely seen outside Indian County - power canoe races. The exhibition races were co-sponsored by Tom's Outboards and were quite an interesting site for people who have never seen dugout canoes powered by outboard motors! "We are really excited to be able to bring our cultural events to the Regatta and hope to expand the canoe races next year by making them not just exhibition races but real races with prizes as well," said Bryan Johnson.

This year's other added attractions were expanded viewing, which included bleachers that accommodated approximately 240 people. Also new this year was a Beer Garden. The Beer Garden was sponsored by Budweiser and the proceeds went to Evergreen Shores Park. There was live music both Saturday and Sunday night, and along with the "Complete" cigarette girls the beer garden was a huge success!

Look for the "Complete Girls" out and about. They will be working other events to get the word out about the Tribe's new cigarettes. Some events that Skookum Creek might be sponsoring

in the near future are Pool Tournaments at area bars, Monte Carlo bowling and other Beer Garden events. For more information on upcoming events check out [www.skookumcreek.com](http://www.skookumcreek.com)!



*Andrea Raymor, Jennifer Whitener & Joann Jaime*



*Bryan Johnson, Pat Robinson of Seattle Drag & Ski and Robert Whitener, Jr.*





# SUMMER YOUTH EMPLOYMENT



## Squaxin Island Summer Youth Employment Program (SISYEP)

Patti Puhn - When the deadline for applications for the Squaxin Island Summer Youth Program arrived, the Human Resource Department had received 40 applications from Squaxin Island Tribal and community youth aged 14 – 21 years, all vying for a six week summer job.

All of the youth applicants were required to complete the application process which included filling out an application form, a W-4 and an I-9 as well as attendance at an orientation meeting followed by an interview, and passing a UA prior to being offered a position. The focus of the program remains the same as it has always been: provide the youth an opportunity to gain work experience, develop work ethics and to earn some money; however, the process has changed a bit.

Each of the 41 applicants met with a member of Human Resources in an orientation meeting giving both the applicant and the program coordinator, Patti Puhn, an opportunity to get to know each other and to determine what the goals and interests of the applicant was. The coordinator then met with directors and managers of the Tribe to develop positions which would give the Squaxin youth an opportunity to develop skills in an area of interest. The directors really rose to the challenge and provided positions for the youth. In nearly every instance, each of the applicants was offered a position in the department in which they desired to develop skills. The one exception was that several of the youth wanted to work within the Summer Recreation program; however, all workers in that program must be at least 16 years of age, so a few had to settle for their second choice.

When all of the orientations, interviews, UA's and mountains of paperwork were complete, the following youth were hired to work in the departments indicated below:

Child Care Center: Amber Snyder, Laken Bechtold and Rosetta Thomas.

Community Development: Jaron Heller

Information Services: Brandon West and Marjorie Penn.

Executive Services: Nicole Cooper.

Health & Human Services: Heather McGhee, Patricia Green and Sky Upham.

Island Enterprises: Kasia Krise.

KTP: Kurt Poste and Susan McFarlane.

MLRC: Annie-Beth Whitener, Kristy Krise,

Morningstar Green and Tamika Green.

Natural Resources: Ben Parker, Billy Uden, Davina Braese, Dustin Greenwood, Joey Furtado, Nick Cooper, Ronnie Rivera and Shiloh Henderson.

Public Safety: Brandon Greenwood and Madeena Rivera

Learning Center: Samantha Kenyon, Yolanda Silva, David York and Wesley Whitener.

Of those not offered positions, two found jobs elsewhere prior to the start of the program, five decided to apply for a Culture Keeper Grant instead, (There will be a Culture Keeper article in the September issue because the youth are out on the canoe journey now and are unavailable for photos and information) and one applied for a full time position. The youth were very responsible in completing what was required by the established deadlines.

In this six week program, which started July 6th and runs through August 13th, the youth work 32 hours a week and attend a training session each Wednesday for four hours. Training sessions are action-packed and include development of job search skills like filling out applications, drafting cover letters and resumes and preparing for interviews. Each is required to learn their Social Security number before the end of the program. They are also being taught about the importance of showing up on time and calling their supervisor if they were unable to come to work (sometimes the consequence does the teaching). A first unexcused incident earns the youth a verbal warning, the second unexcused incident earns a written warning and the third unexcused incident gets the youth dismissed for the remainder of the six weeks. But all are invited to apply again next year with a clean slate.

Cultural activities are also implemented into the training sessions. The youth have already participated in a Lushootseed language lesson and have made fry bread and jam. During the remaining two weeks, the youth employees will make mini button blankets and try their hand at cake decorating and scrap booking, using pictures they have taken themselves.

Counselors from the Squaxin Island Outpatient program, Sally Heath, Gail White Eagle and Astrid Poste, are also a part of the

training. They bring activities for the youth to help them develop team building skills and better understand their own identity as well as their place in the community. Connie Whitener and Peg Johnson provided training on recognizing and preventing sexual harassment in the work place and Dave Whitener offered a mini lesson in Lushootseed.

The youth have also visited with a representative from each department to learn about what role each department plays in the big picture of tribal government, what type of positions are held in each department, as well as requirements, such as schooling and training, that are needed in order to get these positions. The message most often repeated was the importance of STAYING IN SCHOOL AND GRADUATING!

Several of the youth are working for school credit and a few juniors and seniors will continue to work for the Tribe through the school year in the still-developing Year-Around program.

Something that is pretty popular with the youth participants is the Squaxin Buck. As the youth learn and develop a good work ethic and deposit skills into their skill bank, they are awarded Squaxin Bucks in denominations that range from \$1 to \$20. Showing up early, showing leadership, being a team player, bringing back completed assignments on time, calling prior to being absent or tardy; bringing required materials etc. all earn bucks for the youth. The youth are then given an opportunity to purchase items in the weekly mini auction or they can choose to save their bucks for the big auction at the end of the program. Items such as school supplies, CD players, cameras, walkie-talkies, cash, candy, pop and chips were auctioned off.

If you should happen to see one of the 34 youth workers, please take time to ask them what they have learned and offer him or her encouragement to keep up the great job. We, as a community, can be very proud of the youth of our tribe; they are a great group of young adults.

Many thanks go to the Tribal Council, the directors, WWIETP and the Budget Commission for providing adequate funding so that positions could be offered to all of the tribal youth who were serious about getting a summer job.

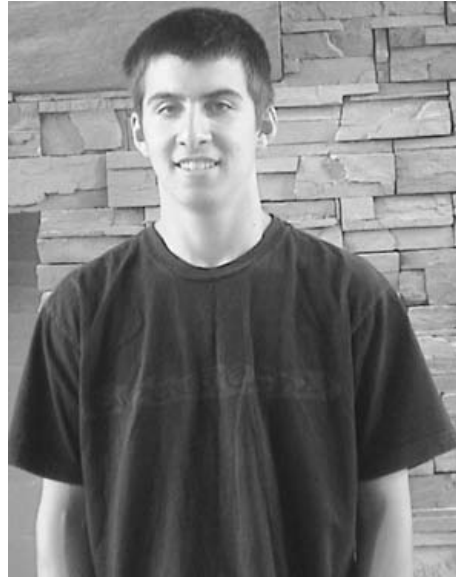
Pictures and short biographies for each of



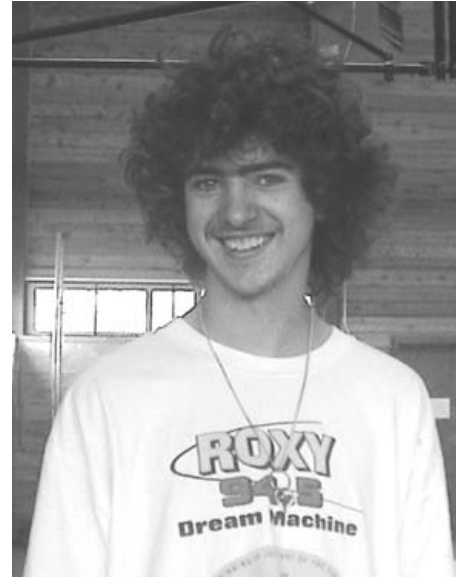
# SUMMER YOUTH EMPLOYEES



Hi, my name is Wes and I'm 14 years old. My interests are playing games and watching TV. I have the three pets: Buddy is my dog; Trigerlilly, is my cat; and Roxanne is my hamster. I am fun and energetic, so I am having fun working in the Education Department this summer which is my first year.



Hi, my name is Brandon West my hobbies are playing sports and working with computers. I have one brother and I live with my father. My favorite subjects in school are math and science. This summer I work at the Department of Information Services. My goal is to learn more about computers and go on to college.



Hi, my name is Dave York. I'm 15 years old. I have four brothers and one sister. My brothers are all in their 20's and have wives and kids of their own. My sister is 13 and will be 14 pretty soon.



Hi, my name is Dustin Greenwood and this my first year working for the Tribe and I work at Natural Resources. I have one dog and my favorite subject in school is foods and I like to play football. I also have one brother and one sister.



Hi, my name is Heather McGhee, I am a junior at Yakima Valley Community College, were I am studying to become a Veterinarian Technician. This is my second year working with Summer Youth Employment Program. This year I am working with Health and Human Services. In my spare time I enjoy riding my horse, Gator, fishing with my grandmother or just hanging around with friends.



Hi, my name is Morningstar Green. I am 16 years old and just finished the 10th grade. This summer I am working at the museum. I worked at the museum last year too, so I have pretty much experienced working here. I think it's a great job and it would look good on a future resume. I like learning more about our tribe and our people. This summer when I am not working I plan to hang out and visit my family.



Hi, my name is Marjorie Penn and I live with my mom and step dad. We have two dogs and one cat. This is my second year working for the tribe; last year I worked at Human Resources and this year I work at Information Services. My hobbies are singing, dancing, and playing basketball.



Hello, my name is Nick Cooper and I'm working with Natural Resources this summer. I live on the Squaxin Island Reservation with my family. I have two dogs and some of my hobbies are hunting, fishing, and riding quads.





# SUMMER YOUTH EMPLOYEES



Hello, my name is Shiloh Henderson and I'm 15 years old. This summer I'm working for Natural Resources. I live with my family and my cat. My hobbies are reading and speaking French. This summer I hope to learn office skills and more about working with people. In the future, I plan to move to a large city and work in business.



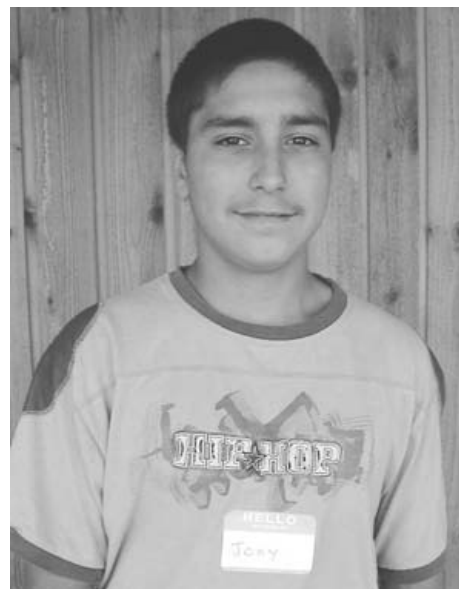
Hello, my name is Jaron Heller. This is my second year working for the Tribe. This year I work for the Department of Community Development. I am having fun and learning a lot.



Hi, my name Ben Parker and I'm 15 years old. I live in Auburn, but I'm staying with my grandparents, Glen and Ann Parker, while I'm working for the Tribe this summer. I work in Natural Resources where I'm able to be out on the water and apply complex thinking skills. This is my first time working here, and I hope to achieve a sense of what a working environment is like along with good work ethics. I plan to go on to college either at the University of Washington or the University of North Dakota, depending on what type of career I decide to pursue. When I'm not working, I like to skateboard, watch TV, listen to rock music and play video games.



Hi, my name is Sky Upham and I am 15 years old. I live with my grandparents in Taholah, but I stay with my mom in Tumwater for the summers. I am going into 10th grade and this is my second summer working for the Tribe. Last year I worked in Planning and this year I work at the clinic.



Hi, my name is Joey Furtado and this is my first time working in the Summer Youth Employment Program. I am working for Natural Resources. My favorite hobbies are skating and playing basketball.



Hello people, I'm Madeena Rivera. I'm 14 this summer. I am working in the Public Safety Department this summer and I enjoy every piece of it. By going to the NIYP (National Indian Youth Police Academy) last summer for two weeks, I got some of the same training experience as police officers, and working here this summer is another great experience for me. I am learning how a tribal police department works and things a person needs to know to be a police officer. People always ask me, "Why do you wanna be a cop?" Well, I want to be a police officer because I want to help my people. I want to help decrease crime and fear of crime. I'm dedicated to working with people to help make our community members feel secure and to protect their property.

I want to say that I've enjoyed working in the SIPD this summer. It was great. Thank you, Shelley, for making me work hard. Actually, I would like to say thank you to all of the employees in the SIPD for taking time to talk about their positions and what they do. I appreciate all the help and time and effort they put into their jobs as law enforcement officials. This summer experience with the department was great. Thanks again. Have a nice day.



# SUMMER YOUTH EMPLOYEES



Hi, my name is Annie-Beth Whitener and I'm working at the museum. I hope to get a lot of work experience from my summer job. I am very interested in the many artifacts the museum has. It seems really cool to me that the things in here were used by people hundreds of years ago. I hope to become very familiar with the Mud Bay dig site. My other interests at the museum include docent work mainly because it's a job I could have when I'm too old for the summer jobs. I hope I get very knowledgeable about culture while working here, that something that's very important to me. My hobbies are riding my quad and hanging out with my friends. I like talking to my dad, David Whitener, because he knows so much. I want to learn a lot from him, so maybe someday I could know what he knows. My mom, Barbara Whitener, is somebody I really want to learn from because she knows about the language and the language is very important because a lot of our culture comes from the language. Over all I just want to take advantage of any opportunity I get and excel at what I try.



Hi, my name is Tamika Green and I work in the Summer Youth Employment Program at the Museum. I am a Tribal member and I live on the reservation. Last year I also worked at the Museum so I have some experience at my job. My hobbies are basketball and art. I enjoy working here and I get to learn about my history and my people. I hope to gain even more work experience here at the museum this summer. You're welcome to stop by the museum and say hi! Hope to see you here! Hoyt!

## Who Is It?



*Merline Lewis*



Hello, my name is Nicole Cooper and I'm 14 years old, but my birthday is August 25th. I'm currently working at the Tribal Center front desk. I love working for the Tribe. The reason I wanted to work at the Tribal Center was I wanted to get to know more of the people working for the Tribe and I also like to answer the phone. It's so much fun! Sometimes it rings off the hook and I get like five calls at a time and it's fun. I would like to thank my mom and dad, Arnold and Charlene Cooper and my brother Nick for getting me up for work so I can make money and help out. I love to work for my tribe. Thanks for your time. It's nice to know who's working in your Tribal Center.



Hello, my name is Kristy Krise and I'm enrolled in the Puyallup Tribe. I'm working at the museum this summer and it is my very first job. By working at the museum, I hope to learn a little about architecture. This has been an interest and hobby of mine since I started getting into art. Other hobbies of mine that are more from my Elders' generation are weaving, carving and language, etc. I also like basketball, track and beading with my mom, Rose Krise. I've been playing coed basketball with Mark ever since 4th or 5th grade. I got into track because I wanted to learn how to do the pole vaulting. It seemed fun until I couldn't get over the pole. Then I found out I was good at the 1600 meter dash and the 800 meter dash. I took 3rd and 2nd in the state championships with the Wa He Lut Indian School 8th grade. My coach was Melvin Blackateer. He taught me to never give up, just keep on going. I learned how to bead from my Grandma Berumen, my mom, Rose, Krise, my cousin, Lois, and my Grandma Krise.







# SUMMER YOUTH EMPLOYEES



Hey! My name is Amber Snyder. I live here on the rez with my mom, BJ Cooper, and daughter, Jazmyn. I'm working at the Childcare Center. I like working in the new building. It's very nice. I am currently taking a child development class, so I can continue to work here in the future. I will be graduating, hopefully, this December. After high school, I plan to go to college to get my Early Childhood Associate's degree. This job is giving me experience in what it will be like to work in this area. I like to spend time with Jazmyn and go shopping. We like to go for walks and spend time with family. Besides working this summer, Jesse and I plan to put on a big first birthday party for our baby girl! "Hoyt"

## Women & Girls Gathering

JULY 29, 30, 31 & AUGUST 1ST

Contact Midge Porter  
at SPIPA 426-3990.

Thanks to a generous contribution by the Squaxin Island Tribe, there will no charge for Squaxin Island Tribal members. Held at Panhandle Lake 4-H camp just past Dayton on Highlander road. If you missed the first few days, you can still come on out and join us.



Hi, my name is Rosetta Thomas. I am 14 years old and live here on the reservation. This is my first time working for the Summer Youth Employment Program. I work for the Child Development Center and I'm having a great time. I hope to learn more responsibility this year while working here. My favorite hobbies are hanging with friends and playing basketball for my foster father, Mark Snyder. I live with my foster parents. They're so awesome and fun, especially my little foster sis, Laura.



Hey, my name is Davina Braese and I am happy that I got a job this summer. I work with Julie Owens in Natural Resources. Hopefully it will work out so I will know what job I will get next summer.



Hi, my name is Brandon Greenwood and I am 18 years old. I go to Shelton High School. I play basketball and I skateboard for fun. I am working in Law Enforcement this summer.



Hi, my name is Samantha Kenyon. I am working for the Squaxin Island Tribe as a Summer Recreation Trainee. I enjoy the outdoors and hanging out with my friends. I love working and having money. I like my position because I like working



Hi, my name is Patricia Green. I live out here in Kamilche with my mom, Donna, and sister Morningstar. I would like to go to college in Seattle and study Dental Hygiene for two years at a JC, then transfer to the U.W. and get my B.A. After I'm finished with that, I plan on working for the Tribe for at least five years. My goal is to go back to school to become a Dentist.



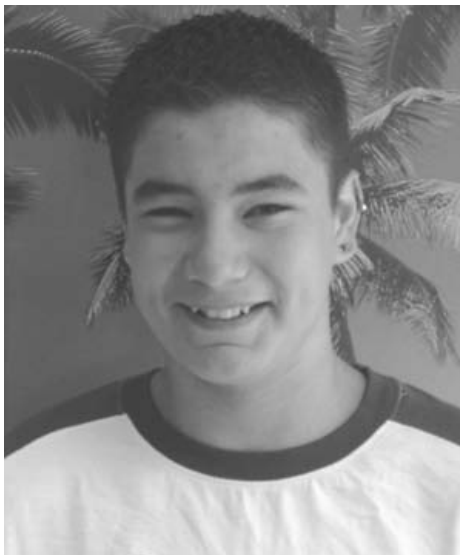
Hi, my name Ronnie J. Rivera. I work for Natural Resources and I really like my job and I am never late. I have fun out on the water. I am a Squaxin Island Tribal member and I should have gone on the canoe journey.



# SUMMER YOUTH & SUMMER REC EMPLOYEES



Hi, my name is Kurt Poste and this is my 3rd year working in the Summer Youth Employment Program. I'm working down at the KTP and I hope to make enough money to get a new camera and get through high school.



Hi, my name is Billy Uden. I am 14 years old and live in Shelton with my mom, dad and little brother. I have an older sister, but she lives with my grandma and boyfriend. I am working in Natural Resources and this is my first year working for the Tribe. I hope to have more. I don't like math, but I'm good at it. My favorite sport is basketball and I work with Christmas trees. My goal is to graduate from high school and go to college.



Hello my name is Kasia Krise and this is my first year working for the Summer Youth Program. I work for Island Enterprises and I'm hoping to gain more perspective on the whole force and to support my new son, Tyrone. I live with my boyfriend whose name is also Tyrone, my mom, Rose Krise, my dad, Alan Krise, my sisters Kenna and Kristy, and my little brother, AJ. I hope to see you all around!



Hi, my name is Vicky York. I am working as the Summer Recreation Coordinator and collaborate with Youth Coordinator Mark Snyder to provide activities for the youth.



Hi, my name is Dagney Menas. I am an Activities Assistant. I moved to Shelton from Oregon last September to be closer to children and grandchildren. I am an enrolled member of White Earth Band of Minnesota Chippewa. I was born in Cass Lake, Minnesota and raised in Bemidji, Minnesota.



*Our beloved year-arounders:  
Jeremiah George, Kim Cooper,  
Mark Snyder, Lisa Evans and  
Walt Archer*





# SUMMER REC EMPLOYEES



Hi, my name is Holly Hillstrom. This is my second summer working with Summer Rec. I am working as the Activities Lead. I am a certified teacher who grew up in the Shelton area. I currently live and teach in Tenino. I thought this would be a great opportunity to continue working with children throughout the summer. I enjoy the outdoors and spending time with my family and friends.



Hi, my name is Tomi Giles. This is my second year working with the tribal youth. I am an Activities Assistant. I have lived in the community for six years.



Hi, my name is Denise Davis. I have been working with kids for a long time. I am now working with the Summer Rec program as an Activities Assistant. I've been around Squaxin Island for about 15 years. I am Gros Venter and Nez Perce. My spouse is Squaxin and so is my 1 1/2 year-old daughter.



Hi, my name is Paula Parsons (This is Jason Todd's mother-in-law). I recently moved from Ohio to Washington. I have two years experience working with youth and am a new addition to the Squaxin Summer Rec program as an Activities Assistant.



Hi, my name is Dee King. I am the Cook this year. I have worked in the schools for years. I enjoy working with kids. I hope they will like the new cook this year. Wes Whitener is assisting me.



Hi, my name is Mandy Valley. This is my third summer working in the Summer Rec program. I am working as the Summer Reading Coordinator. I live in Matlock and have worked at Mary M. Knight School District for the past nine years as a Paraeducator. I am also a Reading Tutor volunteer at Squaxin Island during the school year. I am looking forward to a great summer.



Hi, my name is Daniel Suskin. I will be volunteering with the Summer Rec program this year. I have previously volunteered as a Camp Counselor for Thurston Parks and Recreation and will be a senior next fall at Capital High School. I enjoy working with kids and will volunteer as often as possible.



Hi, my name is Ruth Whitener. I came in on the last three weeks of Summer Rec last year. I'm happy to be back again. I am the Assistant Leader for Culture Arts and Crafts. I am also the Indian Ed Tutor for the upcoming Olympic Middle School and the Oakland Bay Junior High. I am looking forward to having lots of fun with all of you.



## Antioch University Selects Shelton High as Recipient of Early College High School Award Focusing on Native Americans

Seattle — Antioch University Seattle has selected Shelton High School to receive a three-year, \$364,350 early college high school award. The school will work closely with the Skokomish and Squaxin Island Tribes, Olympic College and Antioch to create an early college high school.

Early college schools blend high school diploma and Associates of Arts degree requirements so that students may earn a diploma and an A.A. degree concurrently. Olympic College will grant credits that will be transferable to any four-year university.

"The program will be very similar to Running Start," said Squaxin Island School Counselor Walt Archer. "But the greater benefit will be that the classes will be offered on site at Shelton High School so the students will not have to leave their friends. In addition, the classes will be designed to be more culturally relevant to Native students.

"For example, we may have Natural Resources Department staff from one or both tribes teach about salmon and shellfish as part of a science class. Or tribal leaders may be asked to speak about tribal government and sovereignty. There will be an opportunity for non-teachers to provide instruction with a certified teacher present in the classroom."

While Skokomish, Squaxin Island and other Native students are the focus of this initiative in Mason County, other Shelton High School students also may access this program.

In a survey of students at Shelton High, 331 reported having Native American ancestry. Both tribes will help create and implement the curriculum.

During the first year Olympic College, Shelton High School and the Skokomish and Squaxin Island Tribes will be heavily involved in planning the program which will be implemented during the 2005-2006 school year.

A Community Resource Committee will be formed at each tribe to ensure the program develops to their satisfaction. The committees may consist of tribal member parents, students, staff and anyone interested in the success of Native high school students.

"The sky is the limit," Walt said. This is a huge opportunity and we are still in the building stages."

According to Walt, the classes will be offered at the college level and will be fairly "rigorous." Students will need to be on track academically, meaning they must have completed required prerequisites prior to their junior year and have a satisfactory G.P. A. The details of these requirements will be determined by the two tribes, Shelton High School and Olympic College.

Shelton is the seventh grantee of Antioch's statewide Early College High School for Native Youth Initiative, which seeks to better serve Native American students — students with the highest dropout rates and lowest college completion rates of any ethnic group in the country. Only about half of Native American students graduate from high school; of those, less than three percent will earn a Bachelor's degree.

Shelton High School joins five other schools and one tribe in the initiative. The other grantees are:

- La Conner High School in Skagit Valley
- Medicine Wheel Academy in Spokane
- Ferndale High School in Ferndale
- Tulalip Heritage School in Marysville
- Wellpinit High School, Spokane Reservation
- Suquamish Tribe, Port Madison Reservation

Ferndale, Tulalip Heritage School and Medicine Wheel Academy began their early college high school programs this year. During the next year, Antioch will identify one more site, for a total of eight schools to serve predominantly Native American students. All eight schools will be open by January, 2006.

"Each school will feature a local, culturally relevant curriculum, integrate high school diploma and Associate of Arts degree requirements, promote family and community engagement and provide academic advising," explained Linda Campbell, Ph.D., Project Director and Core Faculty Member at Antioch University Seattle. "In addition, the schools will offer these services to students in their local communities, which should increase their chance of success."

The schools are part of a multi-year, \$60+ million initiative funded by the Bill & Melinda Gates Foundation, the W.K. Kellogg Foundation, Carnegie Corporation of New York and the Ford Foundation to create or redesign over 130 early

college high schools for under served and low-income young people and communities.

Antioch chooses its sites based on a written grant application and site visit. Each site demonstrated strengths that suggest future success at implementing early college programs, including:

- Small school size
- Personalized student support
- Integration of local native culture
- Extensive family and community outreach
- Partnerships with tribal or community colleges

The Bill & Melinda Gates Foundation identified Antioch University Seattle in March 2002 to participate in the Early College High School Initiative. Antioch has successfully worked with tribal communities in the state, especially in its graduate and undergraduate education programs. In addition to offering reservation-based degree programs, Antioch University has a 150-year history of working to increase educational access for historically under served populations.

Primary responsibility for designing and operating the 130 early college high schools across the nation rests with 10 partner organizations, coordinated by Jobs for the Future. In addition to Antioch University Seattle, they are: City University of New York, Foundation for California Community Colleges, Knowledge Works Foundation, Middle College National Consortium, National Council of La Raza, Portland Community College's Gateway to College, Utah Partnership Foundation, Woodrow Wilson National Fellowship Foundation, and SECME, Inc. For more information about these partners and the Early College High School Initiative, visit [www.earlycolleges.org](http://www.earlycolleges.org).

Meetings will be hosted by Antioch University at each tribe during the upcoming school year in order to make presentations to the communities.

"These presentations will be made to the tribal communities, not just the Tribal Councils," Walt said. "Watch for upcoming information, and if you have any questions, feel free to give me a call at 432-3826."

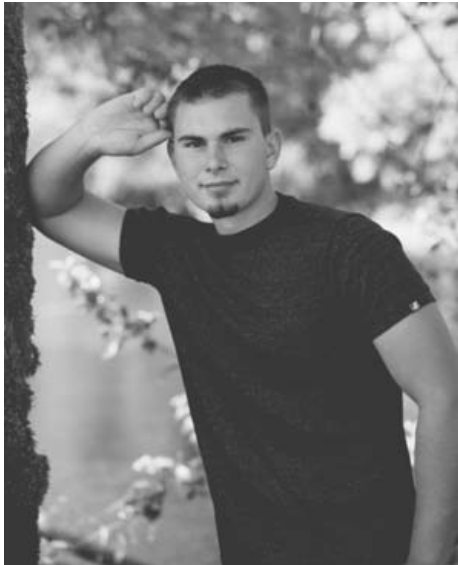




# GRADUATES CORRECTIONS



## Christopher Henry



Chris Henry, the son of Diane Young and grandson of Ruth Creekpaum, graduated from Elma High School on Saturday, June 5th.

He served as the Senior Associated Student Body (ASB) Business Manager and was on the Honor Roll throughout high school with a cumulative G.P.A. of 3.4. He was also a member of the soccer team.

He worked for the Squaxin Island Tribe Summer Employment program four years. He spent one summer assisting the Little Creek Casino Tribal Gaming Authority, one summer sharing his time between the casino and the health clinic and two summers assisting with excavations at the Mud Bay village site. He was also able to earn 17 college credits through South Puget Sound Community College as a result of his work at the village site.

Chris plans to volunteer his time at the village site this summer, and will join the Marines this fall. He will attend Boot Camp in San Diego for three months, but is not sure where he will be stationed after that. He plans to become a Crew Chief in charge of either planes or helicopters.

"The Crew Chief is behind the pilot making sure the passengers and cargo are alright," Chris said. "You have to know everything. You are

number one in control of everything just short of flying. You have to know how much fuel, cargo and weight is on board and you also have to make sure all repairs get done properly. Take off and landing will be busy, but the rest of the flight will be pretty much restful with heads up."

## June Krise *Master's in Public Administration*



June Krise graduated from The Evergreen State College on Friday, June 11th with a Master's in Public Administration/Tribal Governance Program.

June is currently employed as the Vocational Rehabilitation Counselor for the Squaxin Island Tribe. To earn her degree she went to school on Fridays, Saturdays and Sundays once a month.

"We (June and her sister Lorraine) were weekend warriors," June said. "While everyone else was getting ready to take a break, we were just switching gears."

The Tribal Governance Program was the first of its kind. The subject of tribal self governance has never before been formally taught in a college setting. Her diploma reads, "In recognition of your achievement as a graduate of the first Master in Public Administration: Focus Tribal Governance Program

and your contributions and efforts in making this program a national model for Indian America."

"I was joined by tribal members from all over and we listened to speakers who are great leaders in Indian Country," she said. "It has been my privilege to have spent the last two years of my life examining the concept of self governance. I have heard the voices of academia and politicians both, Indians as well non-Indians. I would encourage all of our tribal people to pursue higher education. I believe in hard work."

## Angel Peterson *Master's in Public Administration*



Angel Peterson, the niece of June Krise and Lorraine Van Brunt graduated from The Evergreen State College on Friday, June 11th with a Bachelor's degree.

Angel wants to go into teaching. She is a Colville tribal member and lives on the Skokomish Reservation.

She is a natural leader and enjoys spending time with children.

## Lorraine Van Brunt *Master's in Public Administration*



Lorraine Van Brunt graduated from The Evergreen State College on Friday, June 11th with a Master's in Public Administration/Tribal Governance Program.

Lorraine is currently employed as the Foster Care Licensor for South Puget Intertribal Planning Agency.

She earned her Bachelor's degree through the reservation-based program at Skokomish in 1993 and started working on her Master's degree in 1998.

"I was really excited when I heard about the tribal program, so I decided to wait until it got started and then finish," she said. "What I learned through this program applies much more to my life."

Lorraine says the biggest lesson learned was that she will always have more to learn. "It was very humbling," she said. And she says the most important part about earning her degree is that she can serve as an example to other Native Americans.

"Here I am, a 50 year-old woman," she said. "I'm just an apple picker from Omak. If I can achieve this, my great-nieces and great-nephews will see that they can do it too. That's powerful!" Everyone has obstacles, some more than others. But if you stick to it, you can do it."



## One School of Thought

### *The Budget Doctor's Advice on Back to School Shopping*

Submitted by Lisa Peters - As soon as the July 4<sup>th</sup> sales end, stores begin to advertise "Back to School" sales. Typically this means that the new fall merchandises available and families are asked to interrupt their day at the pool to buy sweaters for their children. Parents tend not to enjoy spending the money and only the most fashion-conscious students enjoy interrupting summer vacation to think about school. So who enjoys this experience? Why the store owners of course. They need to move merchandise while they can still charge full price. No, these sales are not usually wonderful sales. This is merchandise that has recently arrived.

Many consumers think that the word "SALE" means that prices are significantly reduced. In reality, many stores put out merchandise for a day or two at the inflated price, then "discount" it to the "sale" price. Soon after these "sale" it becomes "clearance priced", and soon after that it becomes "final clearance" priced. The Budget doctor suggests buying during the "clearance" and "final clearance" sales. This means shopping later than stores suggest. The best time to buy fall clothing is after winter merchandise arrives, or around October. Of course, shopping is not just a matter of finding the time when merchandise is least expensive. Before heading out, the wise shopper considers a number of factors:

1. Do I need to buy things?

If kids have lots of summer clothes that they will wear for the first month, you may not need to shop for some time. If last year's clothing still fits you may get away with one or two token items. Do not, however, discount the wishes of a child who finds it important to wear a new outfit on the first day of school. Children need to "belong" and for some groups that means a new outfit on the first day. If belonging means a new outfit each week, the child should be encouraged to belong to a different group.

2. Am I buying at the right store?

Don't forget outlet stores, close out stores and discount stores while driving directly to the mall and big department stores. Sometimes the department store sales are very good and you should check the store ads in your local paper as well as internet shopping sites before choosing your shopping destination. It has also become trendy to buy at used clothing stores where there may be great bargains.

3. Do I have a list?

Every shopping trip should start with a list. It should clearly state the items needed and should also have a target cost for items and look like this:

3 shirts	\$ 33.00
1 pair pants	\$ 15.00
3 pair socks	\$ 7.00
1 pair of shoes	\$ 23.00

Remember if you spend the entire day shopping you may need to add lunch and gasoline to your planned expenses. And don't forget to consider taxes and shipping charges at on-line outlets.

It is easy to spend a hundred dollars just "picking up a few things." Of course growing children do need clothing on a regular basis, but growing children will usually outgrow clothing before they wear it out, so don't overspend at any time. Older children may care more about clothing and making a fashion statement. This is a good time to teach them about needs versus wants and to let them participate in paying for the "wants."

*\* The Budget Doctor is a service of Take Charge America, Inc.*

**For more budget advice, go to:**  
[www.takechargeamerica.org](http://www.takechargeamerica.org)

## Please Take Note of These Telephone Numbers

Contract health Services: 360.432.3922  
Kamilche Pharmacy: 360.432.3990

## Mud Bay Welcome Pole



The Welcome pole to be raised at the Mud Bay site is coming along beautifully. Stop by the MLRC to check it out or lend a hand.

## Water Sounds Native Art Auction to benefit the MLRC

The annual Water Sounds Native art auction to benefit the MLRC will take place Saturday, September 11th. The silent auction will begin at 6:00 and the live auction will begin at 7:00. Tickets are \$50. For more information, call 360.432.3853.





## Other Voices:

### Eyman's life would be different as an American Indian

Eileen Yoshina (Submitted by Vicki Kruger) - "Just treat us the same," pleads Tim Eyman in the title of his new initiative, I-892.

What Eyman finds so unfair is that non-Indian Washington residents don't have the right to provide gambling opportunities that American Indian tribes do. I won't go into the initiative itself, which has very vocal and diverse opponents.

Instead, I'd like to offer Eyman this brief version of his life, being TREATED THE SAME.

We won't go back too far into history in order to set Eyman up as the SAME as American Indians. Your ancestors might not have made it through the smallpox epidemics or the Trail of Tears.

Let's just start in the beginning of this century, when the government takes your great-grandparents from home at age 6 and sends them to boarding schools where they are whipped for speaking their language and made to completely transform, inside and out, into "civilized" Americans.

Then let's have your ancestors leave school and try to support themselves. Home is foreign to them; they don't even speak the language anymore. They own no land. They are educated only to be low-paid laborers. College is out of the question.

Fast-forward to the present. Your parents might be trying to revive their heritage. They fight the U.S. government for the right to do everything from fishing to utilizing and bequeathing land as they see fit. Poverty, crime and alcohol abuse surround them -- a legacy of despair left by the process of "civilizing" the tribes -- and they are blamed for it.

If you go to school off-reservation, you're the only one who looks like you. You watch movies and television shows that portray you inaccurately. You go to sporting events where the most sacred religious rites of your heritage are perverted into caricatured mascots. You flunk history because you reject a version of events that diminishes you to a minor character.

Perhaps you make it to college -- on a scholarship no one thinks you earned. You go back to the reservation to work in a casino, which

is a legitimate enterprise undertaken by the tribal government, acting on its status as sovereign nations -- a status established long ago in treaty agreements with the United States.

Your tribe finds a stable economic base. People around you are able to feed their children and provide an education rich in Indian tradition. Your tribe begins to feel self-sufficient, something they've been chastised to be for centuries.

Then you hear people complain you're getting special treatment. You hear that these people would like to be treated THE SAME as you.

If Eyman is going to try to sell legislation so directly damaging to tribes, he should not heap insult upon injury by giving it a name whose only purpose is to create a gut reaction of justified righteousness in its would-be supporters.

Still want to be treated the same? Let's pass the initiative. Let's make a binding governmental agreement with you, much like a treaty.

And then we'll ignore it.

*\* Eileen Yoshina is a member of The Olympian's Diversity Panel. She can be reached at [eyoshina@comcast.net](mailto:eyoshina@comcast.net).*

## Help Your Community

**Project:** Repaint Bus Shed and Fix up the Park on T-Peeksin Lane

**Time:** Saturday, August 7<sup>th</sup> at 10:30am until done.

***What you get out of it is a better community and pizza.***

To be part in this activity you must sketch a piece of your own art on a piece of paper and drop it off at the front desk at the Squaxin Police Department by July 30<sup>th</sup> between hours 8:00am-4:00pm. If you are not interested in having your own artwork on the bus shed, then please feel free to stop by and join us. We will find something for you to do to help! We will have pizza and pop.

For more information contact Brandon or Madeena at Squaxin Police @ 426-5222.





## McLane School Trail brings bit of wildlife to town

### **What:**

McLane School Trail and Forest in Olympia

### **Where:**

The trail, which runs through the forest, begins at McLane Elementary School, 200 Delphi Road SW, and winds its way to the Evergreen Parkway ramp to southbound U.S. Highway 101. The trail crosses the on-ramp and then goes over Mud Bay Road on the Evergreen Parkway bridge. The trail then roughly parallels Evergreen Parkway until it ends at the intersection of Evergreen Parkway and 17th Avenue N.W.

### **Note:**

This trail should not be confused with the McLane Nature Trail, which is a different trail in the Olympia area.

### **To do:**

The paved trail is a great way for cyclists, walkers and runners to enjoy two miles of forest, meadows and wetlands. The trail goes through the McLane School Forest, which is a reforestation and native vegetation project for McLane Elementary. McLane students, along with community volunteers and the state Department of Transportation, created the forest and trail.

### **To see:**

This is a great time of year to travel the trail and enjoy blooming daisies, foxglove, yarrow, lupine and other wildflowers. It's common to see deer, squirrels and other animals near the trail. The trail also has madrona, fir and maple trees. McLane students and staff planted many of the native trees and shrubs in the school's forest area. Watch for the many songbirds that are now in the area. Some prairie birds are nesting now, so stay on the trail.

### **Trail details:**

This paved trail is wide, and it is suitable for people who use wheelchairs. However, the trail has short, steep pitches near the Evergreen Parkway overpass.

### **Safety:**

Trail users should be careful when crossing the on-ramp to U.S. Highway 101.

### **Equipment:**

Bring water, snacks, sunglasses, good shoes, a camera, binoculars and rain gear.

### **Directions:**

From downtown Olympia, cross the Fourth Avenue Bridge and take Harrison Avenue, which turns into Mud Bay Road at the intersection with Cooper Point Road. Take Mud Bay Road to the intersection with Delphi Road. Turn left onto Delphi Road. McLane School, which has the only good parking for the trail, is a few hundred yards away, on the left side of Delphi Road.

### **History:**

McLane students have planted thousands of trees and shrubs in the forest since 1995. Many volunteers, including former state Secretary of State Ralph Munro, have helped create the forest and trail. The trail opened in October 2003.

### **Information:**

Call McLane Elementary School, 360-753-8813.



## MEAL PROGRAM MENU

A salad bar will be available at each meal, as well as fresh fruit or fruit salad. Beverages available each meal: 2% milk, fat free milk, crystal light, water, coffee, tea, hot chocolate. Sandwiches are available on request instead of the entrée listed. Want seconds? - Just ask or help yourself! Free to seniors 55 and older and \$3 for all others.

Food Group	Monday	Wednesday	Thursday
	2	4	5
Meat Vegetable Grains/Bread	Breakfast for Lunch-Ham Salad Bar French Toast	Tacos Taco Fixings Taco Shells	Shrimp and Crab Salad Veggie Wheat Rolls
	9	11	12
Meat Vegetable Grains/Bread	Chicken Cattatore Peas Noodles	Swiss Steak Zucchini & Tomatoes Mashed Potatoes	Sandwich Bar w/ Soup Spinach & Pasta Salad Variety of Breads
	16	18	19
Meat Vegetable Grains/Bread	Hamburgers Potato Salad Wheat Buns	Chalupas Chalupa Fixings Chips, Pinto Beans	Lasagna Petite Green Beans French Bread
	23	25	26
Meat Vegetable Grains/Bread	Salmon Broccoli & Cauliflower Orzo Pilaf	Hot Turkey Sandwich Mixed Vegetables Bread for Sandwich	Pork Roast Asparagus, Mashed Pots Rolls
	30		
Meat Vegetable Grains/Bread	Sandwich Bar & Pea Soup Bowtie Pasta Salad Variety of Breads		





The Olympian

**Wednesday, August 4, 2004**

The Squaxin Island Community is invited to a  
POTLUCK/PICNIC with optional walk at  
Friend's Landing in Montesano

**We'll Go Rain or Shine 9:00 am till 2:30 pm**



When & Where: Leave Elder's Building 9:00 am  
back at Elder's Building by 2:30 pm

Contact: Patty Suskin, Diabetes Coordinator  
(360) 432-3929



*Taking a break along the McLane School Trail on July 8th. Back row, L-R: Harry Fletcher, Ann Parker and Bob Whitener. Front row, L-R: Patty Suskin, Alene Whitener and Bertha Fletcher.*



We started at McLane Elementary School and walked on the wide paved trail toward The Evergreen State College which ended on 17th Avenue and Evergreen Parkway. We enjoyed the variety of plants, trees and birds along the way.

## Upcoming Health Events

### *Brief Walk*

Every Thursday at 12:40  
Meet at the Elder's Building

### *Mammogram Day*

August 26th  
Call Rose Algea for your appointment  
(360)432-3930

### *Diabetes Support Group*

Every first & third Monday  
(will resume on Oct 4, see below)  
12:45 to 2:00 p.m.  
Walk at 12:45, Talk 1:00 – 2:00 p.m.  
Meet at Elder's Building right after lunch  
(No Support Group in August or September)

### *Potluck/Picnic w/optional walk at*

Friend's Landing Montesano  
Wednesday, August 4th  
Leave Elder's building at 9:00 a.m.  
Back by 2:30 p.m.  
RSVP to Patty Suskin at 432-3929

### *Supermarket Tour*

Monday, September 13th  
1:00 to 3:00 p.m.  
Meet at the Elder's Building  
Learn how to read labels &  
evaluate foods for good health  
Bring your Questions  
Everyone is invited  
Call Patty Suskin at (360)432-3929

### *Diabetes Foot Exam Morning*

Tuesday, September 21st  
Priority for people with Diabetes  
for annual exam by a Podiatrist  
Call Patty Suskin for an appointment  
(360)432-3929





# HEALTH & HUMAN SERVICES

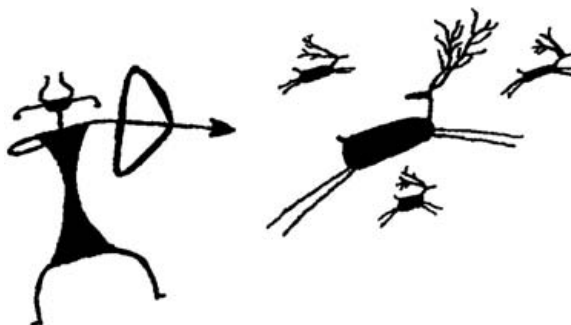


## Come See What The Fitness Center Is All About

Heather McGhee - Do you know that Squaxin Island Tribe has a state-of-the-art fitness center? Well we do! It is located in the lower level of the Health Center. The fitness center contains cardio workouts, tread mills, exercise bikes, nautilus machines and much more. The fitness center is open 24 hours; all you need to do is sign up for an orientation. All community members are welcome. You do not have to be a tribal member. However, there are a few guidelines to remember:

- Sign in each time you enter and leave the facility.
- No food allowed in the exercise area.
- Bring and take your fitness gear with you daily.
- For everyone's safety and consideration, children are not allowed in or around the Fitness Center while you work out.
- Always bring your workout shoes.
- An entree key cost \$10.

If you have any questions, feel free to call Jen at Ext. 3935. And remember to stay fit the healthy way!



## Congratulations Raffle Winners



June Mammogram winner Shannon Bruff



May Women's Health winner Rose Blueback

Not Pictured: June Women's Health winner Glenda Sewell

### Diabetes Support Group

Walk from 12:45 to 1 pm ; Talk from 1 pm to 2 pm  
People with Diabetes, their friends and family welcome

**1st and 3rd Mondays**  
**Elder's Building after lunch**  
**12:45 pm-2 pm**

▶ No Support Group in August. No Support Group Labor Day( 9/6 ) & (9/20).  
Regular meetings will resume Oct 4.

▶ Next Support Group: September 13, 1 pm to 3 pm:  
Field Trip to Fred Meyer in Shelton for  
tips on food label reading & more.

▶ **Diabetes Foot Exam Morning: Tuesday, Sept 21st**  
9 am to 11 am at the clinic

▶ **Join us!**

Contact Patty Suskin, Registered Dietitian  
and Certified Diabetes Educator  
to RSVP or for more information at 432-3929

## TV Watching and Lifestyle Risk

A new study just released this month showed that the amount of television watched during childhood and teen years is directly related to the risk of high cholesterol levels, smoking, poor fitness and being overweight in adulthood.

- 1000 Youth were studied between the ages of 5 & 15
- Health risks were increased with watching more than 2 hours per day of TV.

### Conclusion of study

"We concur with the American Academy of Pediatrics that parents should limit children's viewing to 1 to 2 hours per day; in fact, data suggest that less than 1 hours a day would be even better. Ultimately, parents must reclaim from television the responsibility for educating and entertaining their children."

### What can your family do instead of watching TV? Russel Cooper Knows . . .

Here's an idea: The Russel Cooper family has found playing frizbee in the evening to be a fun way to spend family time and be active, too! WAY TO GO! Thanks for sharing your idea & taking charge of your health! Russel also bought a bicycle and is bicycling with the kids in the evening. Russel is inviting other families to join in with these activities. If you are interested in participating, just let Russel know or grab your bike when you see them coming and join on in.

Submit other ideas to be more active and limit TV time to: Patty Suskin, Diabetes Coordinator at the clinic (360)432-3929.

See the Nisqually Wildlife Refuge calendar below for more family alternatives to TV.

## Nisqually Wildlife Refuge Activity Calendar

**SUNDAY, AUGUST 5, 12 & 19**

*Guided Nature Walk Beginning at 1:00 p.m.*

**SATURDAY, AUGUST 11TH**

*Slideshow & Discussion: Earthquakes & Blizzards at 11:00 & 2:00*

**SATURDAY, AUGUST 18TH**

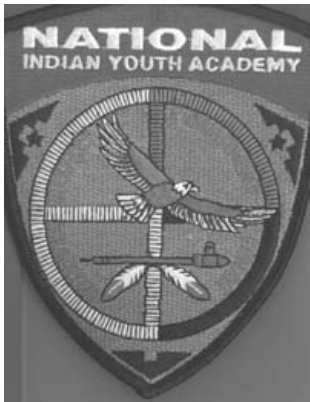
*Guided Bird Walk Beginning at 10:00*





## National Indian Youth Police Academy Visits Squaxin Island

Shelley Rawding - On Sunday, July 26, 2004, the National Indian Youth Police Academy came over for a tour of our museum to learn about our culture. In addition, the Squaxin Island Public Safety Department put together a cultural lunch for them, which included salmon, clams, oysters, fry bread and more.



There were about 60 kids from the age of thirteen to sixteen and about 25 adults who were instructors and counselors. All participants in the program must be enrolled tribal members of a federally recognized tribe. The students came from all over the United States,

such as New York, Florida and Arizona.

This year the academy was held at the Washington State Criminal Justice Training Center. Although our Tribe did not have any participants this year, Madeena Rivera attended in 2003, and David Dorland attended in 2002. Next year's academy will be held in New Mexico. They all really enjoyed the meal and getting out of the academy setting for a day (Although a few of them thought the fried oysters were chicken nuggets – until they bit into them).

For the services provided, the academy plans on making a donation to the Tribe to be used for starting a Youth Police Cadet Program. We are in the developing stages, but anyone interested in joining, please contact Shelley at 426-5222.

A special thanks to Madeena Rivera, Brandon Greenwood, and Jaron Heller, our summer youth workers who assisted in getting this set up.

Also, a big thanks to Mike and Shirley Davis for blessing our meal; to Dan Brown, Stub Creekpaum and Officer Kris Peters for cooking the fish and hot dogs; to Jerry Schroder and his wife, Yoshi for preparing all of the corn; to Rose Algea for her famous and delicious fry bread; to Marcella Rivera for the great job she did frying all the oysters in that hot kitchen; to Arlene Strobe for making the desserts and helping us clean up the kitchen; to Lolo and Tashina for passing out cold drinks; and to Bridgette, Kim and Tom Heller, and Sgt.

Alex Ehler for being there to assist on whatever else needed to be done.

We could not have accomplished this without the help of Charlene and Dale Clark. He provided us with fresh salmon and Charlene did the tour presentation.

Kamilche Trading Post donated pop, chips, and ice and Harstene Oyster Company donated the clams and oysters.

Thanks to Chief Robbin Rhoades for supporting our department in this endeavor, even though he was gone to the Canoe Journey.



*Youth employees Brandon Greenwood and Jaron Heller, Tom Heller, Bridgette Losey and Jerry Schroder*



*Madeena Rivera introduces Shaker ministers Shirley and Mike Davis*



*Dan Brown and Stub Creekpaum*







# CHILD DEVELOPMENT CENTER



*Did you know?*

## Squaxin Island Child Development Center

The Center will be  
OPENING SOON!



Call—(360) 426-1390



**ENROLLING NOW!  
LIMITED SPACES AVAILABLE!!**

*LEARNING FOR LIFE!*



## Community Open House

On Saturday, June 26th the community celebrated the completion of the soon-to-open Squaxin Island Child Development Center! The weather was beautiful, and parents and children enjoyed participating in a blessing of the building and watching Jim Peters, CDC Board President, cut the ribbon that officially opened the building.



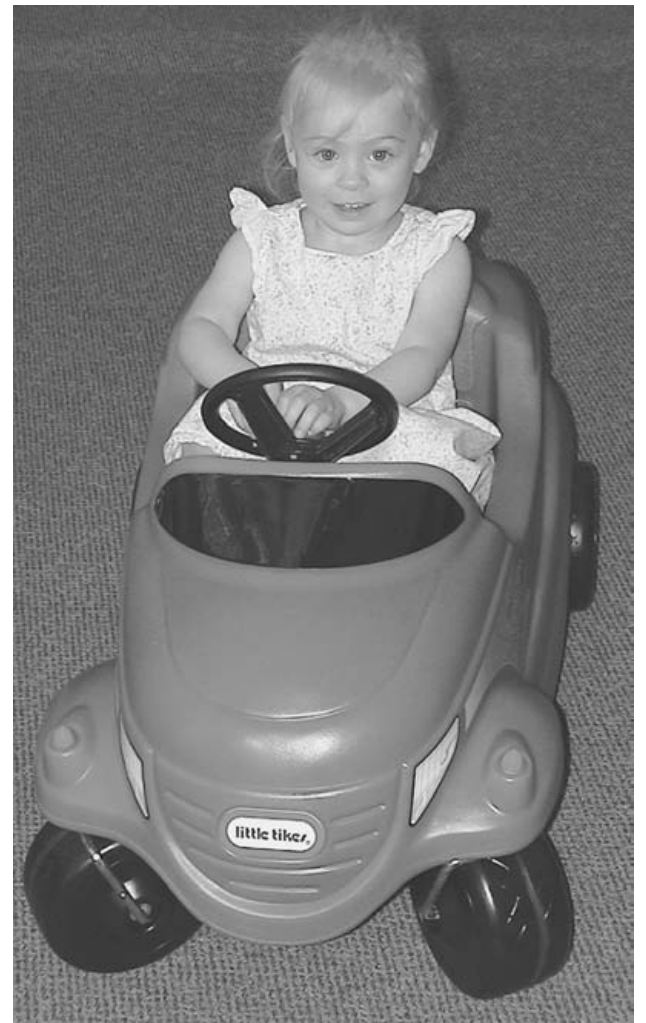


# CHILD DEVELOPMENT CENTER



The day was complete with kids playing on the inflatable jumper, parents winning overnight stays at the Little Creek Casino Hotel, Mariner Tickets and Childcare Center apparel. And, of course, you can't forget the hot dogs and hamburgers.

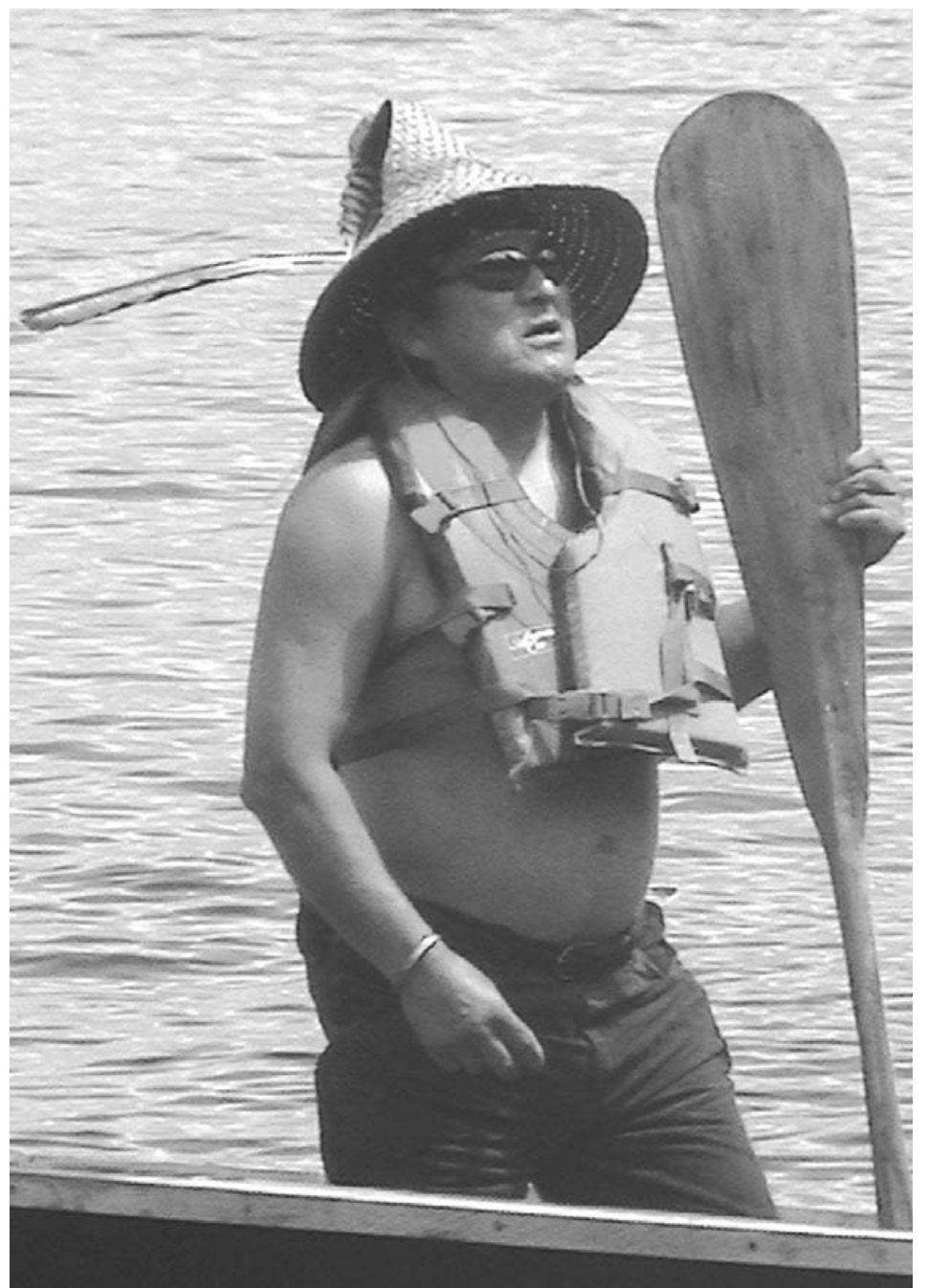
Enrollment is taking place NOW, and the Center is sure to fill up fast. If you have questions, would like to take a tour of the facility or want to sign your kids up, call (360) 426-1390.







# THE JOURNEY BEGINS







# THE JOURNEY BEGINS



Please try to come to the final landing at Chemainus First Nations in Canada on August 4th - 8th. It means a lot to tired pullers to see their friends and family there to support them. Come prepared. You may want to bring chairs, cameras, binoculars, food, drinks, and suntan lotion. Pullers may need snacks, drinks, baby wipes, suntan lotion, extra tents, blankets, coolers, extra lifejackets, flashlights, cigarettes, warm clothes, extra shoes, good attitudes and gifts to give away. Both canoes are in the water this year. Congratulations George Krise; the cedar dugout canoe, the first in the Tribe in more than a century, is sailing smoothly! Your ancestors are surely very proud! Congratulations and thanks, too, to George Krise and Jeremiah George for skippering!





# THE JOURNEY BEGINS



## Crossing the Border

Submitted by Charlene Krise

### *Border Crossing*

You need to have all appropriate information - don't rely on your tribal identification card alone. Have multiple copies of:

- Birth certificate
- Picture I.D.
- Consent forms for all minors traveling on the canoe.

Have a central location where copies of all of these documents for all paddlers are kept together - in a binder, for example, in a waterproof bag. One family has their tribe's membership committee make up a list of all paddlers, including their tribal ID numbers, tribal information, etc. This is all kept together, in a binder with other information (including medical and billing info, etc.) in the support boat. At the border, the support boat leads and gives the information to customs. This makes crossing very easy, and is recommended to other families.

- Be prepared, and be upfront and truthful at the crossing.
- It's easier if you have been in Canada recently. If you have been there within the last year or so, they are less likely to run your information again. If you haven't been there for 10 years, they are more likely to scan everything.
- Also, the Jay Treaty suggests that Natives on both sides of the border make up a sovereign nation and should be able to travel as they please. This is being looked at further.
- When at the border, everyone should make things as easy as possible. Avoid wet pet food, fruit, etc. You are more likely to be searched, which will slow you down.
- People with felonies can apply for "rehabilitation" status through the Canadian consulate in Seattle. Costs range from \$200 to \$1000 Canadian, and can be completed within two weeks. If accepted, you carry a letter with you. Go to the Canadian Consulate in Seattle. The address is 412 Plaza 600, Sixth & Stewart, Seattle, WA 98101-1286. (206) 443-1777. Web: <http://www.dfait-maeci.gc.ca/can-am/menu-en.asp?mid=12>. Felonies and misdemeanors can be an issue even as far back as 20 years. Make sure you check all your support people, especially the "babies" who are

up and coming and would like to make their way North! You can download the forms and then you need to send it via "Pony Express" U.S. Mail. This process can take more than two weeks!! Make sure the birth certificates for everybody is either on original or a CERTIFIED COPY.

- On the water, there is a chance you won't be noticed, but there is a code on your ID that lets them know immediately if they look.
- For the future, someone is petitioning the governments to allow special status for Journey participants who were convicted of felonies, in order to allow them to cross the border without such hassle.

## More Tips

### for Travelers to Canada

U.S. Department of State website

#### Introduction

Millions of U.S. citizens visit Canada each year. We hope this brochure will help you avoid problems. If you should need assistance as a result of an accident, illness, or the loss of your passport, our Embassy in Ottawa and Consulates General in Halifax, Quebec City, Montreal, Toronto, Calgary, and Vancouver are there to assist you.

#### Part One: Before You Go

The Department of State's Consular Information Sheets are available for every country of the world. They describe entry requirements, currency regulations, unusual health conditions, the crime and security situation, political disturbances, areas of instability, and special information about driving and road conditions. They also provide addresses and emergency telephone numbers for U.S. embassies and consulates. In general, the sheets do not give advice. Instead, they describe conditions so travelers can make informed decisions about their trips.

In some dangerous situations, however, the Department of State recommends that Americans defer travel to a country. In such a case, a Travel Warning is issued for the country in addition to its Consular Information Sheet.

Public Announcements are a means to disseminate information about relatively short-term and/or trans-national conditions posing significant risks to the security of American travelers. They

are issued when there is a perceived threat, even if it does not involve Americans as a particular target group. In the past, Public Announcements have been issued to deal with short-term coups, pre-election disturbances, violence by terrorists and anniversary dates of specific terrorist events.

You can access Consular Information Sheets, Travel Warnings and Public Announcements 24-hours a day in several ways.

#### Internet

The most convenient source of information about travel and consular services is the Consular Affairs home page. The web site address is <http://travel.state.gov>. If you do not have access to the Internet at home, work or school, your local library may provide access to the Internet.

#### Telephone

Consular Information Sheets and Travel Warnings may be heard any time by dialing the office of American Citizens Services at 1-888-407-4747 from a touchtone phone, from overseas: 317-472-2328.

#### In Person/By Mail

Consular Information Sheets, Travel Warnings and Public Announcements are available at any of the regional passport agencies and U.S. embassies and consulates abroad, or, by writing and sending a self-addressed, stamped envelope to the Office of American Citizens Services, Bureau of Consular Affairs, Room 4811, U.S. Department of State, Washington, D.C. 20520-4818.

#### Visas and Travel Documents

Visas are not required for U.S. citizens entering Canada from the U.S. You will, however, need:

- (1) proof of your U.S. citizenship such as your U.S. passport (For information on obtaining a U.S. passport, check with one of the regional passport agencies located throughout the U.S.) or certified copy of your birth certificate issued by the city, county or state in the U.S. where you were born. If you are a naturalized U.S. citizen and do not have a passport, you should travel with your naturalization certificate. A driver's license or Social Security card is NOT valid proof of citizenship.





## COMMUNITY



(2) photo identification, such as a current, valid driver's license.

All U.S. citizens entering Canada from a third country must have a valid passport.

Alien permanent residents of the U.S. must present their Alien Registration Card, commonly called a "Green Card."

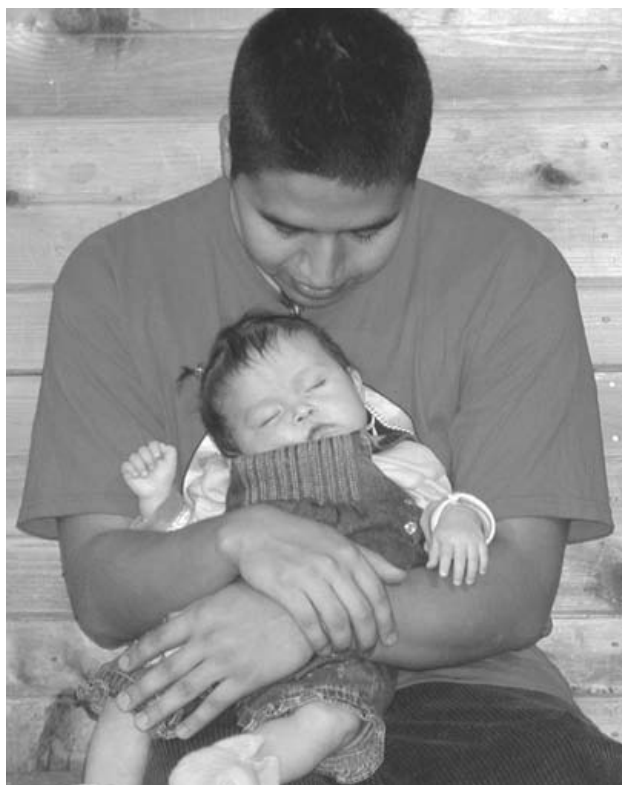
If you are a dual U.S./Canadian citizen you should always present yourself as a Canadian citizen when entering Canada. However, U.S. citizens should use their U.S. passports when entering or leaving the United States.

Due to international concern over child abduction, single parents, grandparents, or guardians traveling with children often need proof of custody or notarized letters from the other parent authorizing travel. (This is in addition to proof of citizenship as explained above.) Any person under the age of 18 and traveling alone should carry a letter from his/her parent or guardian authorizing the trip. Travelers without such documentation may experience delays at the port of entry.

For further information, including information on student or business travel, visitors can contact the Embassy of Canada at 501 Pennsylvania Ave, NW, Washington, DC 20001, (202) 682-1740, see their Internet home page at <http://www.cic.gc.ca> or contact the nearest Canadian consulate



**Skookum Creek Tobacco Company Sales Manager Ansley Griffin is so happy about the arrival of the new Skookum Creek Tobacco Company distribution truck on June 18th he gave it a big hug. Also in the picture are Lisa Bielski, John Harrell and Bryan Johnson.**

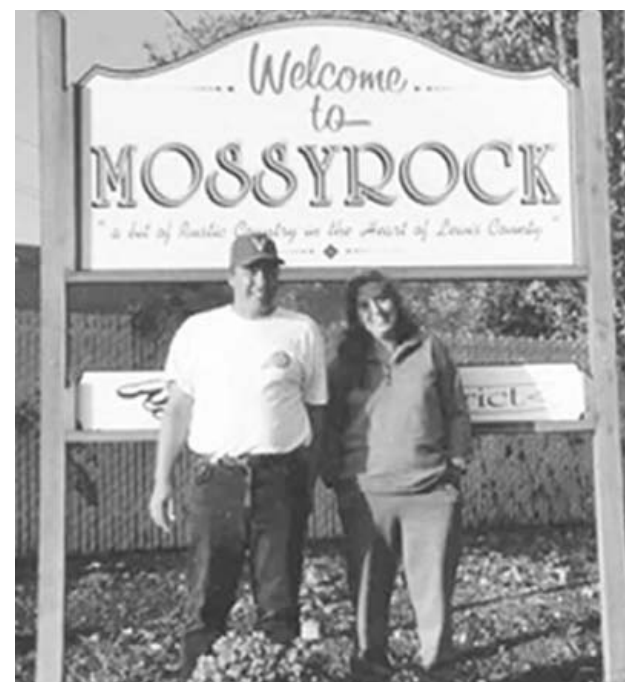


**Just had to share this picture.**



**Natural Resources Hotline**

360-432-3899



*Mark Snyder and Vicki Kruger*



Happy Birthday

Arron Edgley	8/1	Rachel Johns	8/16
Darla Whitener	8/1	Virginia Farron	8/17
Nathan Shelton	8/1	Irvin Fletcher	8/17
Jeremie Walls Jr	8/1	Roy Perez	8/17
Darlene Wood	8/3	Anthony James	8/18
Tyrone Seymour	8/4	Melissa Miller	8/18
Lawton Case	8/4	Ariel Choate-Krise	8/20
Leighton Case	8/4	Greg Glover	8/22
Josh Miller	8/5	Jessica Johns	8/22
Lois Cuch	8/6	Rene Larios	8/22
David Johns	8/7	Eva Charles	8/23
Bob Koshiway, Jr.	8/7	Nicole Cooper	8/24
Lettie Ann Machado-Olivo	8/8	Victoria Sanchez	8/24
Lisa Frodert	8/8	Mitch Carrington	8/25
Chasity Parish	8/9	Meghan Brandt	8/27
Nikieta Fox	8/9	Rhonda Foster	8/28
Juliet James	8/9	Lindsey Harrell	8/29
Larry Melton	8/9	Angelo Rivera	8/29
David Peters, Jr.	8/9	Joseph Furtado	8/29
Alex Garcia	8/12	Cathy Campbell	8/30
Chucky Wilbur	8/14	Debra Henry	8/30
Elena James	8/14	Euphamie Whitener	8/30
Lewellyn Parker	8/15	Loretta Krise	8/31
Mathew Cooper	8/16		

Happy Birthday Aunt Rhonda  
I wish you the Best!  
I love you!  
Rosetta

Happy Birthday Nicole  
Hope You Have Fun!  
Love  
Your Cousin Davina

Lisa, Happy Birthday Sister  
I Wish You Would Come Home!  
Everyone Misses You!  
Love  
Davina



WHAT'S HAPPENING IN AUGUST						
1 Canoes Rest at Tsartlip	2 Canoes Arrive Cowichian Bay	3 Canoes Arrive Kuper Island	4 Walk at Friend's Landing 9:00 Canoes Arrive Chemainus First Nations	5 Potlatching at Chemainus	6 Paddle to Ladysmith AA Meeting 7:30	7 T'Peeksin Bus Shed and Park Cleanup 10:30 Potlatching at Chemainus
8	9	10 Court	11 Drum practice 6:00 p.m., MLRC	12 Tribal Council Brief Walk After Lunch	13 AA Meeting 7:30	14
15	16	17 Church 7:30	18 Drum practice 6:00 p.m., MLRC	19 Brief Walk After Lunch	20 AA Meeting 7:30	21 Hawaiian Festival at LCC Vendors Needed
22	23	24 Church 7:30	25 Drum practice 6:00 p.m., MLRC	26 Tribal Council Mammogram Day Brief Walk After Lunch	27 AA Meeting 7:30	28
29	30	31 Court Church 7:30				

# HAWAIIAN FESTIVAL, SHOW & BUFFET

SATURDAY - AUGUST 21ST  
GARAGE ROOFTOP!!!  
1PM - 8PM

Our Last and BIGGEST LUAU of the summer!

FESTIVAL FEATURES:  
Artisans, Crafts, Quality Merchandise & Tribal Vendors!!!

NON-STOP HAWAIIAN & TAHITIAN MUSIC  
DRUMS, AND HULA DANCERS!!!

**MENU:**  
SLOW ROASTED PRIME RIB  
CARIBBEAN CHICKEN  
KAHLUA PORK  
CRAB STUFFED STEAK  
DUNGENESS CRAB LEGS  
STEAMER CLAMS

\$25 Adults / \$21 Seniors  
\$12.50 - under 12yrs

PRICE INCLUDES:  
All day access to Hula Show  
Lei, Tropical Drink,  
Soft Drink,  
Tax & Gratuity

## LIVE SATURDAY - AUGUST 21ST LIVE

JUDE BOWERMAN  
VICCI MARTINEZ

JOIN US FOR THE LATE CONCERT!

9PM - 12AM - \$10 - 9PM - 12AM

MINUTES NORTH OF DOWNTOWN OLYMPIA ON HWY. 101 • 800.667.7711 • WWW.LITTLE-CREEK.COM

Little Creek Casino is looking for tribal members artists to be vendors at this event. If you are interested, call Deb Hutchins at 360.427.7711.





## The Ancient Kamilche Tree

The ancient tree in Kamilche that is important to tribal members came down gently on July 14th. There are many stories about this tree and it was definitely important to tribal members. If you would like to learn more about the history of this tree or share your stories, please feel free to contact Cultural Resources Director Rhonda Foster at 432-3850. All stories are important. The Cultural Resources Department plans to present all information and stories to tribal members some time in the future.



*Photo by Ann Parker*

## Trees

*By Marjorie Penn*

Tall

Fat, short

Lots of green leaves

And branches that bend over

For shade so people can hang out

With friends and write poems about

Everything you see around you while the waterfalls

Go slowly down stream and the water is clear and you

Can see the rocks in it as you go walking down the trails.



**The former Community Development offices have been filled by Family Services. The Food Bank is also located there (food vouchers are unavailable until the program has been refunded, hopefully by next month) along with Yolanda Harvey, Marcella Castro, Dan Ryder, Cheryl Miller, Kathy Hatch and Gloria Hill.**

---

**I Want to Wish My Big Sis a Very  
Happy 15th Birthday  
I Miss You a Lot!  
Love,  
Your Sister Davina**

---

---

**Happy Birthday Tyrone  
From Sister T  
and the Rest of the Family**

---



**Esther Fox was presented a blanket for her 13 years of excellent service to Island Enterprises, Inc. after she decided to move on to new adventures. She'll be missed, but everyone wishes her the very best!**

American Indian

## Health Study

**Are you Caring For a Family Member with Memory Loss or Dementia?**

**You may be Eligible To Participate in A Health Study to Evaluate a Natural Traditional Healing Treatment**

**If You...**

- Are of American Indian descent
- Are between the ages of 35-65
- Are caring for someone who experiences memory loss or dementia
- Are not on beta blocker medication
- Live in the Thurston, Pierce, Mason, Lewis or Grays Harbor counties

**You May...**

- Be eligible to participate in a health study
- Gain access to a non-invasive healing treatment
- Help others by participating in medical research

**And Qualify For...**

- Professional medical evaluation and non-invasive tests
- A weekly non-invasive one hour healing treatment, or
- Weekly respite care for you and your family member
- Fresh salmon or food basket

**...All at NO cost**

**Interested?**

- To learn more, please call us at 360-486-1044 or
- Email Dr. Leslie Korn: [lekorn@cwis.org](mailto:lekorn@cwis.org)

The American Indian Elder Caregiver Health Study is being conducted in the Olympia area by The Center for World Indigenous Studies, a non-profit research center under the direction of American Indians, operating since 1979.

Funded by The National Institutes of Health, National Center for Complementary and Alternative Medicine

The American Indian Elder Caregiver Health Study will evaluate the effectiveness of a traditional healing treatment, (Polarity Therapy) in reducing stress and improving the health of individuals who care for elders with memory loss or dementia. The two-year study (beginning May 15, 2004) will compare the experiences of caregivers who receive treatment with those who receive personal time off from care giving. The study will measure changes in physical and psychological aspects of health, as well as quality of life factors affecting caregivers. This study is unique for its holistic approach, using quantitative and qualitative research methods and interventions.



Summer Recreation is alive and well at the old Squaxin Island Tribal Center (now the Tu Ha' Buts Learning Center) despite major renovation going on upstairs. Special thanks go out to the construction workers for their hard work hard. The refurbished building is going to make a wonderful Youth Center.

