



## Journey to Lummi

Squaxin will be departing July 20th from Arcadia. We encourage all tribal members to join us this year. Last year we had nearly 200 tribal members. This year we will be hosting 12-16 visiting canoes (Oregon/Washington Tribes) that will be departing from our waters at Arcadia.

We need Squaxin families to help house (with hospitality) some of the canoe families on July 19th. The evening of July 19th we will have a traditional potluck dinner and then afterwards sharing of traditional songs and dance. We may need additional guides to lead people to Arcadia. We hope to see many more of our tribal members join us out on the waters and/or at the hosting sites to greet us as we pull in.

July 19th is just around the corner . . .

We encourage everyone to join us here at the MLRC for our canoe family meetings. Please contact Ruth Whitener for more information 432-3841.

*See the map on Page 2.*



## Squaxin Island Graduates ROCK!

*See their stories on pages 7-10 and 13-15*

### Community Needs Discussed at Budget Hearing

The first Public FY08 Budget Hearing was held June 20th in the Tribal Council Chambers. The meeting was the first in a series that guides the budget process for tribal programs. During this first meeting, input was solicited from community members regarding needed programs and services.

One of the main concerns and a major topic of discussion was the upcoming hosting of the annual Canoe Journey in Squaxin Island waters in 2012. The event is expected to bring tens of thousands of Native Americans to the area. The event is being hosted by the Lummi Tribe this year, and it was noted that they have a full time Planner preparing for the event. Annual funding for the Canoe Family participation in the yearly event was also requested.

In addition to the Canoe Journey, other requests included funding for an upcoming potlatch/naming ceremony in FY08, a community needs survey, a volunteer and events coordinator, extension of the Summer Rec and Summer Youth Employment programs and development of an initiative process enabling tribal members to read about the pros and cons of an issue and place a vote.

Health care was discussed at great length. Health care coverage is a national problem and all tribes throughout the country are suffering from insufficient funding. Incorporation of traditional methods of healing through the tribal clinic was requested, and a request was also made to establish a health services committee.

Also discussed in depth was the need for more language instructors. A suggestion was made to hire two tribal members to learn the language under contract. The contract would also require them to teach and promote the language for a certain period of time.

Other requests included an assisted living facility for elders, more basketball, baseball and other youth activities, funding for the New Year's Eve Powwow, more speed bumps, especially around the Learning Center, roofs over the basketball courts and bus transportation to Chief Leschi School. The status of the upcoming pool and wellness center was discussed. Architectural plans have been developed and construction funds are being sought.

The requests made during the meetings will be studied for feasibility and number of participants, etc. The Budget Committee will review the FY08 Budget, which will be presented at the next Public Hearing to be held on August 15th. During that meeting, Island Enterprises, Inc. and Little Creek Casino will present their draft budget plans.

After the August 15th meeting, the budget will be finalized and presented to Tribal Council. Questions concerning the meeting or the budget process can be directed to Comptroller Deb Stoehr at 360-432-3903.

**People of the Water**  
 10 S.E. Squaxin Lane  
 Shelton, WA 98584

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2007 Paddle to Lummi



Squaxin Island TRIBAL NEWS

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Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline: 15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

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ARNOLD COOPER: Vice Chairman
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RUSSELL HARPER: Treasurer
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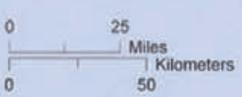
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Paddle to Lummi 2007 Intertribal Canoe Journey

Traveling the traditional highways of our ancestors



Do not rely on this map as an accurate itinerary. This map is only a guide to routes that may be travelled. All dates are subject to change. Landings may be added and others may be skipped.

Thanks to Eric Collins, Jeff Smith, Elissa Padman, Al David Johnson, James Johnson, Steve Hancock, and Tom Leach for help in creating this map. Ann Olson, GIS Manager, Lummi Nation, June 2007

Hy'á!q'n!



## MLRC Calendar of Events

### JULY 2007

- 7-11-07  
Linda Silvas Book Signing 12:00 p.m. "Mama Bear Baby Bear"
- 7-19  
Canoe Family Hosting Community dinner @ TLC-Gym
- 7-20  
Canoe Journey Launching @ Arcadia Point
- 7-21  
Canoe Journey Nisqually
- 7-22  
Canoe Journey Puyallup
- 7-23 & 24  
Canoe Journey Muckleshoot
- 7-25  
Canoe Journey Suquamish
- 7-26  
Canoe Journey Mukilteo
- 7-27  
Canoe Journey Tulalip
- 7-28  
Canoe Journey Swinomish
- 7-29  
Canoe Journey Samish
- 7-30 - 8-4  
Canoe Journey LUMMI

### AUGUST 2007

- 8-18  
SalmonFest



**Mommie's Sunny Boy  
From - Your Loving Brothers**

## Public Safety Updates

### *Fireworks Ordinance in Effect*

The 2007 Fireworks ordinance is in effect. Please respect your neighbors and the rest of the community by understanding and following the ordinance. Let's work together to have a safe and fun 4th!

### *Shellfish ID Cards Required*

Remember . . . if you are going to participate in a tribal shellfish harvest, then you must have an ID card/shellfish license on your person while harvesting. The card must be issued to you from the Squaxin Natural Resources Dept. and have a current shellfish sticker on it. Also, you may not receive unauthorized assistance to dig. Anyone who is assisting must have their own updated license and be on the harvesters list. Spouses (tribal or non-tribal) must have a license through the NR Dept. and be on the list or they will not be allowed to dig. Anyone who is digging for someone else unlawfully will be cited.

### *Summer Curfew*

Summer time is here and I have one question for you, do you know where your kids are? The Squaxin Island Tribe has a curfew code and it will be strictly enforced this summer. Per the code: Not only can a child be cited, but the parent/guardian will be cited as well.

#### **CURFEW LAW:**

Ages 0 – 7	Always be under adult supervision.
Ages 8-12	9:00 p.m. on school nights 10:00 p.m. on non-school nights
Ages 13-15	10:00 p.m. on school nights 11:00 p.m. on non-school nights
Ages 16-17	10:00 p.m. on school nights 12:00 midnight on non-school nights

Kristopher Peters  
Sergeant, Squaxin Island P.D.  
360-426-5222 office  
432-3832 desk  
426-8753 fax



### **Please Note:**

There will be no bible studies on Saturdays during the summer.  
Have a great vacation!  
- Lucy



### Squaxin Island Fireworks Stands are Open and Ready for the 4th!



### Fireworks and Pets Do NOT Mix

The Great Spirit gives us our pets as an opportunity to learn compassion.

This is a dangerous and frightening time for all our animal companions. According to behavior specialist Dr. Elizabeth Shull, "low frequency, percussive noises such as fireworks trigger wild fear in dogs. During fireworks, ordinarily well-behaved pets may become aggressive, destructive and/or unpredictable. Worst of all, they can lose their hearing or go into seizures."

A loud bang to us feels like a volcano erupting to a dog. Every year, animal's shelters are flooded with lost pets because of fireworks.

#### The Humane Society of the United States urges pet owners to take the following safety measures:

- Do not let your pets outside during fireworks, even in a fenced yard. Keep pets at home, inside, in a cool, quiet area. Choose a windowless cool room. Frightened dogs have been known to jump through screens and windows. Turn on a radio or TV to dampen the noise outside. Put safe chew toys in the crate to occupy and distract your pet.
- Make sure your pets are always wearing comfortable-fitted collars and ID tags.
- Don't take pets to events with fireworks. PLEASE!!! It is very CRUEL.
- Scolding a scared dog will not help. Give your pet a gentle massage, or even just place your hand calmly on your pet's head.

Please keep plenty of water available during this hot season. And remember, if you keep your dog tied down all the time, it literally goes insane, just like a human would.

*"If you have men who will exclude any of God's creatures from the shelter of compassion and pity, you will have men who will deal likewise with their fellow man."* - St Francis of Assisi

Call Tammy or Alexandra at 427-9507 if you see a pet in distress, lost or abused. Animals need your voice.

Article submitted by: Tammy Ford and Alexandra Espindola

### Who Are These Handsome Protectors of Freedom?



*Phillip Martin*



*Toby Lewis*



## Crystal Meth Pushers Get Life

By BRODIE FARQUHAR, Star-Tribune correspondent  
Wednesday, June 06, 2007

Two Riverton drug pushers have received life sentences in prison.

U.S. District Judge William F. Downes sentenced Claudia Hermosillo, 26, and Santiago Gonzalez-Cisneros, 26, to concurrent life sentences as leaders in a drug organization operating in the Riverton and Wind River Indian Reservation areas.

Over a two-year period, their drug trafficking organization distributed multiple pounds of crystal methamphetamine and marijuana to customers who, in turn, redistributed the drugs to yet others, prosecutors said. Most of the drugs were obtained from sources in Mexico, including "super labs" capable of turning out 10-pound batches of meth. Some of the meth distributed by Hermosillo and Gonzalez-Cisneros was as pure as 99 percent.

The two were arrested on May 19, 2006, in Riverton, after they arranged the delivery of 16 pounds of methamphetamine to an undercover Drug Enforcement Administration agent.

According to Assistant U.S. Attorney Kelly Rankin, Hermosillo was a lifelong resident of Riverton. Gonzalez-Cisneros was a resident alien from Mexico, who had lived in Denver before his move to Riverton in 2004. The case was prosecuted by Rankin.

Hermosillo earlier pleaded guilty to three counts of conspiracy to possess with intent to distribute, and to distribute methamphetamine, for which she received three concurrent life sentences. She also pleaded guilty to one count of conspiracy to launder money, for which she received 20 years to be served concurrently with the three life sentences.

For his part, Gonzalez-Cisneros pleaded guilty to two counts of conspiracy to possess with intent to distribute, and to distribute methamphetamine, for which he received two concurrent life sentences. He also pleaded guilty to one count of conspiracy to launder money, for which he received 20 years. That sentence will be served concurrently with the two life sentences.

"These sentences send a strong message that drug trafficking on Native American lands, or anywhere else in this state, will not go undetected," Wyoming U.S. Attorney Matt Mead said. "People who indiscriminately distribute drugs to an already vulnerable population deserve to pay a heavy price. My hope is that these sentences help deter others from poisoning our people."

Rankin said the arrest of Hermosillo and Gonzalez-Cisneros had put a dent in the supply and availability of meth on the reservation, thereby increasing the cost of the drug. Rankin said the pair didn't have supply connections with either the reservation-based Goodman family or the Mexican gang headed by Jesus Martin Sagaste-Cruz, which targeted Indian reservations.

This case was investigated by the Bureau of Indian Affairs, Wyoming Division of Criminal Investigation, the Drug Enforcement Administration, the Riverton Police Department, the Fremont County Sheriff's Office, and the Federal Bureau of Investigation.

Since 2006, 78 people have been convicted in federal court for their involvement in drug, money laundering and firearm violations on or near the Wind River Indian Reservation.

"Meth continues to be a serious problem for the reservation," Rankin said.

## Tribal Council Resolutions

**07-33:** Authorizes submission of a grant application to the U.S. DOJ COPS TRGP grant program to address the critical need for additional funds to support the Squaxin Island Public Safety and Justice Department in their effort to protect lives and maintain peace on the reservation

**07-34:** Requests the long-range transportation plan be updated with new route information

**07-35:** Requests that the Squaxin Island Tribe road inventory be updated with new route information

**07-36:** Authorizes submission of a grant application to the Washington Health Foundation for the purpose of health promotion

**07-37:** Authorizes SPIPA to submit, with the state Department of Health and Human Services, a grant proposal for the FY07-09 Child Care Community Development Block Grant

**07-39:** Approves a revision to the Comprehensive Emergency Management Plan

**07-40:** Enrolls Kamela Byrd

**07-41:** Enrolls Cedar Korndorfer

**07-42:** Enrolls Mary Jane Monahan

**07-43:** Enrolls Darrius Rau

**07-44:** Enrolls Elizabeth Campbell

**07-45:** Enrolls Kui Lee Tahkeal

**07-46:** Enrolls Charlotte, Percina and Adonis Bradley

**07-47:** Authorizes submission of a funding request to the Bureau of Indian Affairs for implementation of a Tribal FFR project and requests the dollars be provided through the Tribe's Self-Governance Annual Funding Agreement

**07-48:** Authorizes submission of the Indian Housing Plan for FY07 to the Department of Housing and Urban Development

**07-49:** Requests the "Lopeman Property" to be put into Trust Status

**07-50:** Requests the "Heikes Property" be put into Trust Status

**07-51:** Authorizes submission of a grant application to the U.S. Department of Justice (DOJ) COPS Meth grant program for up to \$450,000 to establish a comprehensive methamphetamine reduction effort under the Tribe's Public Safety and Justice Department

**07-52:** Authorizes submission of a grant application to the U.S. DOJ Office of Justice Programs' Bureau of Justice Assistance Edward Byrne grant program for up to \$300,000 to address the critical need to enhance the tribal court system by providing funds to acquire

**07-53:** Authorizes submission of a grant to the FY07 Indian Community Development Block Grant under the Public Facilities and Improvement Projects for the Cultural and Natural Resources Facility with a match of 25% from tribal funds





## Kids Need Mentors as Never Before

According to 2004 State of Mentoring Report of the Washington State Mentoring Partnership, 240,000 youth in Washington are at-risk and need the mentoring of a caring adult. Only 20,000 - 8 percent - have mentors.

### Kids want mentors, and they never forget their mentors.

Since 1998, when Kathy started mentoring LaRae in King County, Washington, they have been each other's best cheerleaders, encouraging each other to achieve their dreams. After LaRae's car accident, LaRae realized how much Kathy meant to her. Kathy returned the admiration by saying, "LaRae has changed my life."

Says LaRae: "Mentors - what do they mean? First and foremost - support, friendship, love, someone to talk to. What it has meant to me is knowing that every Friday I have something to look forward to. Kathy has been there through thick and thin. No matter what it is, she is there. It doesn't matter where, when, what or how; she will do what it takes to solve the issue. Mentors are one of the best things that have ever happened to me."

### Mentors find it rewarding, and they never forget the kids they mentor.

Says Kathy: "LaRae and I matched on Jan. 10, 1998. Her goals were in order: school, job hunt. "LaRae is funny, impulsive, never boring. She has a wonderful ability to see things in their own light. LaRae organized her life the way that she likes it, and she is fearless . . . on March 9, 2001, she had a horrible, horrible car accident which left her body broken. She was told that she wouldn't be able to walk for a long time, but this only made her spirit stronger as her long recovery took place with several surgeries. She healed again!! Currently, LaRae has her very own business and will still do lunch!! I am very lucky to have her in my life I have many rewards for being a mentor and I love her."

### You can be the one who makes the difference.

- Think back to your childhood and your teen years.
- Who mentored you?
- Have you thanked them?
- Have you passed on what they gave to you?
- Besides a personal expression of your gratitude to them, mentoring a youth today is another way you can thank them - by passing it on.

*The above is adapted from <http://www1.dshs.wa.gov/youthmentoring/#two>*

### Mentors help mentees by:

- Being supportive in endeavors
- Helping explore and discover new knowledge and ideas
- Helping with homework
- Talking about and playing sports
- Listening, caring and offering encouragement
- Helping explore favorite music
- Playing video, board or card games
- Being dependable, honest, smart, considerate and enthusiastic
- Explaining about things that might be of interest

**To become a Mentor for the Squaxin Island Tribe please fill in the following contact information and return to Tu Ha Buts Learning Center. Someone will contact you for an informational meeting.**

PLEASE PRINT!

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Last Name: \_\_\_\_\_

Phone: Work: \_\_\_\_\_ Home: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

OR, PLEASE CALL

Lynn Olson, Mentor Coordinator

Squaxin Island Tribe

70 S.E. Squaxin Lane

Shelton, WA 98584

Phone: 360-432-3957

lolson@squaxin.nsn.us

You'll be on your way to a rewarding and fun friendship!



# CONGRATULATIONS GRADUATES



**Vanessa Algea**  
**Chemawa Indian School**

Vanessa Algea, the granddaughter of Rose Algea, daughter of Carmen Algea and Patrick Johns and step-daughter of Levi Sanchez, graduated from Chemawa Indian School in Oregon on May 18th.

While attending Chemawa, Vanessa maintained a 3.8 G.P.A. and participated in the Powwow Club. She also worked as an Office Assistant.

During high school, Vanessa attended leadership conferences at Willamette University in Salem, Oregon. She also attended various youth conferences with the Squaxin Island Tribe.

Vanessa is currently employed by the Tu Ha' Buts Learning Center as a Receptionist Trainee.

She plans to attend SPSCC this fall to begin studies to become either a Registered Nurse or a Pharmacy Assistant.

Vanessa enjoys visiting with family and friends and taking weekend trips. Vanessa plans to take a trip to Anchorage, Alaska for a week before school starts this fall. If she's really lucky, she'll have her trip to Maui too!

"Never give up, no matter how hard things get." Vanessa said. "Follow your dreams! You can do it! Don't let anybody tell you that you can't do it. You CAN!"



**Misty Birchall**  
**Shelton High School**

Misty Birchall, the granddaughter of Lucy James and Joe Young, and daughter of Tammi Birchall and Wayne Bickertstaff, graduated from Shelton High School on June 14th.

Misty is interested in becoming an Accountant and has already earned college credits through South Puget Sound Community College's Tech Prep program. She plans to enroll in an on-line college program this fall.

Misty is very family oriented and has helped take care of her mother, Tammi, since she was very young. She assisted her through a broken leg (broken in seven places) and a major back surgery.

She is currently employed at Burger King. "I'm a floater," she said. "I go where ever they need me!"

In her free time, Misty enjoys swimming, beadwork, cross-stitching, knitting and crocheting.



**Mitch Carrington**  
**Shelton High School**

Mitch Carrington, the grandson of Harriet and CH Carrington and son of Mitch Carrington and Gwen Allen, graduated from Shelton High School on June 14th.

During high school, Mitch maintained 3.5 GPA and was a member of the National Honor Society. He was also a member of the Spanish Club and played two years of soccer.

Mitch plans to attend Highline Community College in Des Moines this fall and then transfer to a university, possibly Washington State.

For the past two summers, Mitch has been employed at the Skokomish Tribe working in their community garden. He also helped coach the 7th & 8th grade youth basketball teams during his senior year.

Mitch enjoys snowboarding, riding his quad, camping and hanging out with his friends.



**Stephanie Cleveland**  
**Timberline High School**

Stephanie Cleveland, the granddaughter of Leslie Peters and Ralph Henderson and Harold and Virginia Cleveland, and the daughter of Barb and Scott Cleveland, graduated from Timberline High School on June 15.

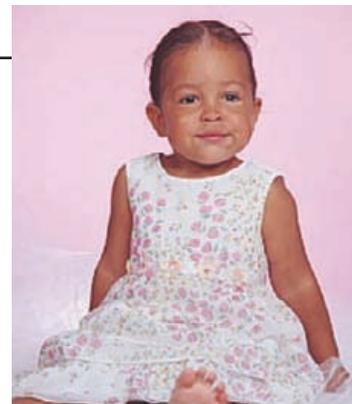
During high school, Stephanie played volleyball and received her varsity letter in golf. She has also played the violin since grade school. While attending Timberline, she worked as an office assistant.

She is currently employed at 5th Avenue Fitness (formerly Golds Gym) and plans to attend South Puget Sound Community College this fall. She will enroll in the Dental Assistant program, and ultimately hopes to work in an Orthodontics office.

Stephanie loves to shop (of course) and hang out with her boyfriend, Brian.

**Happy 3rd Birthday**  
**Nyla Elizabeth King**

**We Love You So Much!**  
**Mommy & Zan**



**Congratulations Steph!**  
**We are very proud of you!!!!**

**We wish you**  
**all the best in life!!!**



**Love,**  
**Mom, Dad & Jess**



# CONGRATULATIONS GRADUATES



**Lyssa Davis**  
*American Youth Works*

Lyssa Davis the daughter of Jim and Theresa Davis, graduated in February from American Youth Works, in Cedar Park, Texas.

American Youth Works is a self paced high school where everything is done on the computer. Soon after graduation, Lyssa found out that she is expecting a baby boy in October. Her plan and goal is to attend summer semester at the local community college, take time off to have her baby, and return to school in the winter.

Lyssa's goal is to become a Registered Nurse.

Lyssa wants to thank her family and friends for all the support they have given her.

"I wouldn't have been able to finish high school and continue on to college without the encouragement of my mom and my dad, my brother and my three sisters, my boyfriend and both grandmas," she said. "I love ya'll more than anything, and thank you for everything. I don't know where I would be without any of you guys!"



**Shiloh Henderson**  
*Shelton High School*

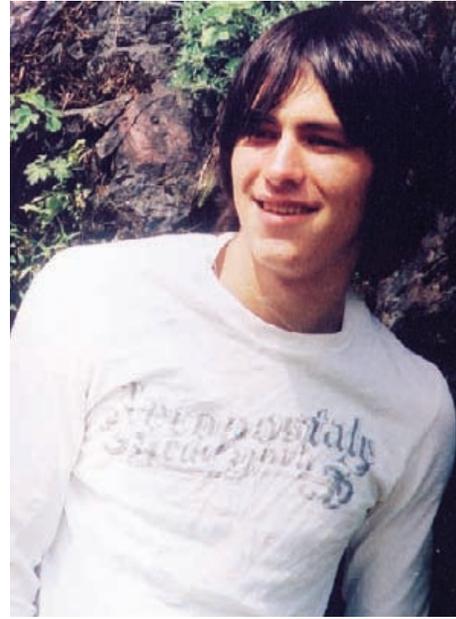
Shiloh Henderson, the daughter of Michael Henderson and Theresa (McFarlane) Henderson and step-daughter of Jaimie Henderson, graduated from Shelton High School on June 14th.

She will attend the University of Washington this fall on a diversity scholarship and plans to become a math teacher. Altogether Shiloh has been awarded nearly \$50,000 in scholarships.

During high school, Shiloh maintained a 3.8 G.P.A. which earned her membership in the local chapter of National Honor Society. She participated in the Key Club and served on the Associated Student Body as a publicist and treasurer. She was a mentor for S.O.C.K. during her senior year and participated in the Big Buddies program her junior and senior years.

Shiloh was also voted Homecoming Queen.

She is involved with the youth group at New Bridge Community Church.



**Dustin Greenwood**  
*Shelton High School*

Dustin Greenwood, the grandson of Carol Johns and Bill Lee and the adopted son of Vicki and Tully Kruger, graduated from Shelton High School on June 14.

Now that he's done with school, he wants to work on becoming a power lineman. He will also attend some night classes at South Puget Sound Community College.

"Then I'm going to retire at the right age and live a fun life!" he said.



**Aja Hantel**  
*Shelton High School*

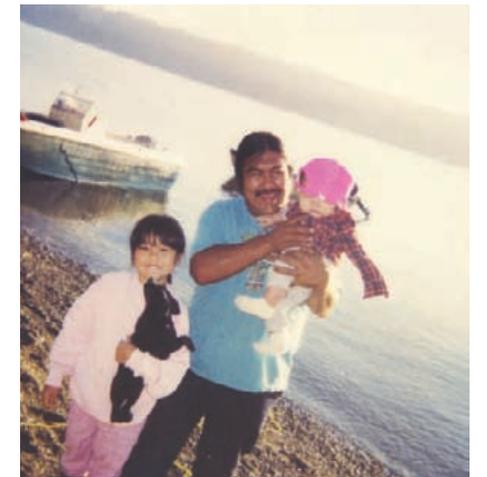
Aja (pronounced Asia), the daughter of Cheryl Hantel, graduated from Shelton High School on June 14.

During high school, Aja volunteered at Kitten Rescue and was a Key Club member. She also maintained a high GPA.

She plans to take some pre-requisite courses at Olympic College this fall and enter the Dental Assistant program at South Puget Sound Community College in the fall of 2008.

Aja is employed at Olympic Bakery and Deli near Spencer Lake where she is a Cashier and works in the deli.

## Happy 53rd Birthday Marvin



**Got it Right, Sonny, So Don't Get Mad at me This Time!  
Love, Your Older Sister Barb & the whole Family**



# CONGRATULATIONS GRADUATES



**Jaron Heller**  
*Elma High School*

Jaron Heller, grandson of Ruth Creekpau and son of Kim Heller, graduated from Elma High School on June 9, 2007. He received an academic scholarship for Saint Martin's University. He plans to major in engineering. Jaron hopes to be working for the Tribe again this summer in the Natural Resources Department, so you might see him around. Jaron also completed the year long SPIPA training program this June.



**Brandon Greenwood**  
*CHOICE High School*

Brandon Greenwood, the grandson of Carol Johns and Bill Lee and the adopted son of Vicki and Tully Kruger, graduated from CHOICE High School on June 15th.

Now that he's finished with school, Brandon is hoping to get a job working for the Tribe, either in government or the casino.



**Jackie Henry**  
*Elma High School*

Jackie Henry, granddaughter of Ruth Creekpau and daughter of Diane Young, graduated from Elma High School on June 9, 2007. After graduation, Jackie plans to travel to Hawaii and spend the summer with her brother, Christopher Henry, who is stationed on the military base there. In the fall, Jackie will be attending SPSCC. Jackie plans to go into nursing.



**Kalea Johns**  
*Black Hills High School*

Kalea Johns, the granddaughter of Del Johns and Charlotte Kennedy and the daughter of Doug Johns and Debbie Goodman, graduated from Black Hills High School this June.

She plans to attend South Puget Sound Community College's Dental Assistant program this fall.

During her free time, she enjoys fishing, running Island Fireworks and playing volleyball.



## Joining the Marines



Juan Carlos Romero-Mesplie, otherwise known by his peers, friends and family as Jonathan, son of Dayleann Hawks and grandson of Bev Hawks (the apple of her eye) made us proud on June 19th, 2007 as he made a promise to the United States Marines, the few and the proud! Jonathan will be sent to boot camp on January 2, 2008.

Way to go, Son!!!  
I love you and am very proud of you!!!  
Love, Mom, Brandon, Adriana,  
Patricia and Isabela.

Also very proud of you are your grandma,  
aunts, uncles and cousins.....!





# CONGRATULATIONS GRADUATES



## Robert Jones

### *White Oak High School*

Robert Jones, the grandson of Emory and Ruth Peters and the son of Mark and Linda Jones, graduated from White Oak High School on June 12th.

Robert was on the school's tennis team during his junior and senior years, and is currently employed at Pizza Hut where he delivers pizzas on the weekends.

He plans to attend Coast Carolina Community College for two years, then transfer to the University of North Carolina, Wilmington to earn a Bachelors degree in Accounting and/or Business.

Robert also enjoys music, outdoor activities, movies and hanging out with his friends.



## Tahnee Kruger

### *West Valley High School*

Tahnee Kruger, granddaughter of Pete and Lil Kruger and Dave and Barbra Ward (of Shelton) and daughter of Mike Kruger and Dianne Sullivan, graduated from West Valley High School in Spokane, Washington.

Tahnee played basketball all four years of high school, was Team Captain of the Volleyball team, played softball and lettered in golf. She was also involved in DECA, Leadership and Washington Drug Free Youth.

In addition to participating in all these activities, Tahnee maintained a high GPA and received an A in Advanced Placement English, earning college credits.

Tahnee plans to attend Spokane Falls Community College and then transfer to Eastern Washington University.

She wants to thank all of her family and friends for their support and for pushing her to do her best. She is thankful for a great high school experience. She also wants to thank the Squaxin Island Tribe for the wonderful gifts and financial support. "It is greatly appreciated!" she said.



## Ben Parker

### *Thomas Jefferson High School*

Benjamin Parker, the grandson of Glen and Ann Parker, son of Bryan Parker and Jennifer DeCoteau (Turtle Mountain Chipewa Cree), graduated with honors from Thomas Jefferson High School in Auburn, WA where he earned an International Baccalaureate Diploma.

Ben will attend Dartmouth College in Hanover, New Hampshire in the fall of 2007. Dartmouth is the smallest of the Ivy League Schools. Ben plans to study Engineering and Music.

Ben is a member of the National Society of High School Scholars, National Honors Society, Mu Alpha Theta Math Society, Science Olympiad, German Club, Pep Band, Marching Band and Jazz Band.

Ben as also employed by the Squaxin Island Tribe Summer Youth program in the Natural Resources Department for two summers.

Ben has been mentored by many people at Squaxin Island . . . Thank you all for your support and kindness – special thanks to everyone at Natural Resources. Benjamin plans to return and give back to his tribal community.



## Jessica Parker

### *Redmond High School*

Jessica Parker, the grandson of Glen and Ann Parker, and daughter of Craig and Coco Parker, graduated June 13, 2007 from Redmond High School, in Redmond, Washington with a 3.8 GPA. She also received the "President's Award for Educational Excellence" her senior year.

Jessica will be attending the University of Washington in the fall of 2007 and plans to earn a Bachelors degree in Psychology.

During her junior and senior year of high school, she was a Peer Coach for special needs students.

Jessica played school and select basketball during her freshman year, ran cross-country and track her freshman, sophomore and junior years and was the #2 varsity runner on the cross-country team her freshman year. She also won the mile at the district meet and was named "Athlete of the Year" her freshman year.



*Vanessa Algea (R) and Jolene Grover at Sgwi' Gwi*





# LEARNING CENTER



## Great Youth Leadership Opportunity!!!

4th Annual Northwest Young Nations Leadership Summit  
August 13-17, 2007; Western Washington University, Bellingham  
Deadline for registrations: July 23, 2007

Registration is now open for participation in our 4th Annual Northwest Native Youth Leadership Summit taking place August 13-17, 2007 on the campus of Western Washington University, Bellingham. Native students entering the 9th, 10th and 11th grades this fall are encouraged to attend. This year we will learn about Tribal sovereignty, the importance of our treaties and their relation to House Bill 1495 (the Tribal History and Culture Bill) passed by the Washington State Legislature in 2005. Our young people, our future leaders, will have the responsibility to continue our efforts to have our culture and histories taught in Washington's public schools. The ongoing development of their leadership, research and technology skills is an important component of this effort. We are excited that Native students involved in past summits are now stepping forward to take a leadership role in this year's event, and we will again utilize the talents of several of our Native college students to serve as team leaders and role models. This event is being cosponsored by the Superintendent of Public Instruction's Indian Education Office, the Governor's Office of Indian Affairs, Western Washington University, and the Northwest Indian College.

Program Outline: The focus of this year's summit is to develop youth leadership in the implementation and advocacy of HB 1495 around the topics of "sovereignty" and "treaties." Student teams will compete in a series of educational, physical, cultural, and mental challenges that will require them to use their wits, creativity, and increase/expand their research and technology skills to outline their plan to support, advocate and implement HB 1495 through various projects and mediums related to this year's topics. And we're going to accomplish all this and have fun, too!

To accompany the students during the program, our office is currently accepting applications for adults to serve as chaperones during this leadership retreat. Our summit agenda is attached as well as appropriate forms for student and chaperone registration (yes, chaperones are an important part of our summit as well). It is our goal to keep this a "fee free" event but donations to offset summit expenses would be gladly accepted. Checks can be made out to "NW Indian Youth Leadership Summit" and mail to the Indian Education Office/OSPI, PO BOX 47200, Olympia, WA, 98504-7200.

Please feel free to contact Joan Banker, Indian Education Office/OSPI at 360/725-6160 (joan.banker@k12.wa.us) or me if you have any questions.

Indian Education Director  
P.O. Box 47200 (Old Capital Bldg.)  
Olympia, Wa. 98504-7200  
360-725-6160 (wk)  
360-701-4169 (cell)



## Welcome to Our New GED Teacher



GED preparation classes have resumed at the Tu Ha' Buts Learning Center with Bill Heelan as the new instructor. The classes run from 5:00 to 7:00 p.m. every Monday and Wednesday. There is also a four hour class session for tribal employees every Monday morning from 8:00 a.m. to 12:00 noon in the Steh-Chass room located in the new wing of the LCCR hotel.

Bill is a graduate of the University of Nebraska where he earned a Bachelor of Science Degree (in Education) while majoring in mathematics. He holds two Washington State Teaching Certificates.

Bill began his professional teaching career nearly twenty years ago teaching GED classes for South Puget Sound Community College at the Thurston

County Jail. He spent 13 years as an adjunct professor at SPSCC where he taught adult literacy, math and computing courses. He also taught classes (through Northwest Indian College) at the Five Tribes Career Center in Shelton. For the past few years, Bill has been an educational administrator for the Skokomish Indian Tribe.

The Learning Center is very supportive of folks who are working to obtain their GED Certificate. They strongly urge you to drop by and meet Bill, check out the class, and work toward getting your GED.

The classroom atmosphere is very relaxed and there are no special requirements to attend.

If you would like more information about this, or any of the many excellent programs offered by the Learning Center, please contact Walt Archer at 432-3826 or Kim Cooper at 432-3904. You can reach Bill Heelan by e-mail at bheelan@squaxin.nsn.us or by phone at (360) 482-1348.

### Congratulations Annie-Beth!

We are very proud of your graduation!!!

This past year you have grown in many ways!!!

Love,

Mom & Dad and The Entire Family!

*The design on Annie-Beth's robe is new and has multi-layered meaning. Thank you to our family in Metlakatla and to Ruth Wilbur-Peterson who helped create the design which will now be passed down matrilineally through our family. Thank you to Debbie Obi for making the beautiful cedar graduation 'board'.*

### A Very Happy 8th Birthday to My Granddaughter Malia!

Love, Gramma  
and the Whole Family

### A Very Happy Birthday to Everybody Having a Birthday

This Month!  
Love, Barb



# COMMUNITY



## Happy Birthday

Malynn Foster	71	Nyla King	7/10	Alan West	7/17
Del A. Johns	7/1	Ruth Creekpaum	7/11	Charles Mickelson	7/18
Isaac Johns	7/1	Terence Henry	7/12	Violet Garcia	7/18
Mark Jones	7/1	Joseph Hudson	7/12	Victoria Kruger-Neilson	7/18
Tully Kruger	7/1	Myrtle Richards	7/12	Maria-Elena Capoeman	7/19
Kayla Cuch	7/2	Jonie Strope	7/12	Clara Capoeman	7/19
Dion Obi	7/2	William Peters	7/13	Dana Van Cleave	7/19
Fay Monahan	7/2	Jenni Evans	7/13	Tonia Marshall	7/20
Janessa Kruger	7/2	Elizabeth Yeahquo	7/13	Corri Carson	7/21
Jeremy Walls	7/4	Moody Addison	7/13	Leila Lorine Whitener	7/21
Annie Beth Whitener	7/4	David Michael Lewis	7/13	Richard Piersol	7/23
Gary Brown	7/5	Antonio Rivera	7/14	B.J. Peters	7/23
Elijah Garcia	7/5	Shianne McFarlane	7/14	Chickie Mae Rivera	7/23
Jon B. Whitener	7/5	Christian Ridriguez	7/14	Austin Pedro Solano	7/23
Sadie Lorentz	7/6	Josh Henderson	7/15	Misty Kruger	7/24
Dale Brownfield	7/6	Brett Orozco	7/15	Thomas Blueback III	7/25
Celeste Gaidrich	7/6	Seth Thomas	7/15	Hailey Blueback	7/25
Martin Sequak	7/6	Mary Kuntz	7/16	Eileen George	7/25
Todd Hagmann	7/7	Nikita Mowitch	7/16	Walter Lorentz	7/25
Ginny Mae Berumen	7/8	Viola Thomas	7/16	Malia Red-Feather Henry	7/26
Steve Witcraft	7/8	Tiffany Henderson	7/17	James Brownfield	7/26
Clayton Edgley	7/8	Mathew Bell	7/17	Loretta Case	7/26
Diana Van Hoy	7/8	Kristina Bechtold	7/17	Brenda Day	7/26
Josephine Napoleon	7/9	Alan Depo	7/17	Chas Addison	7/27
Keenon Vigil-Snook	7/9	Daniel Johnston	7/17	Marvin Henry	7/27
				Matthew Trotter	7/27
				Dorian Williams	7/27
				Stephanie Cleveland	7/28
				Kira Nakia Coley	7/28
				Markiemih Johns	7/29
				Marissa Morken	7/29
				Marcus Johns	7/30
				Billy Lopeman-Johns	7/30
				Tashina Sanchez	7/30
				Robert Whitener	7/30
				Jaelin Campbell	7/31
				Jordan Lopeman-Johns	7/31
				Michael West	7/31

### What's Happening

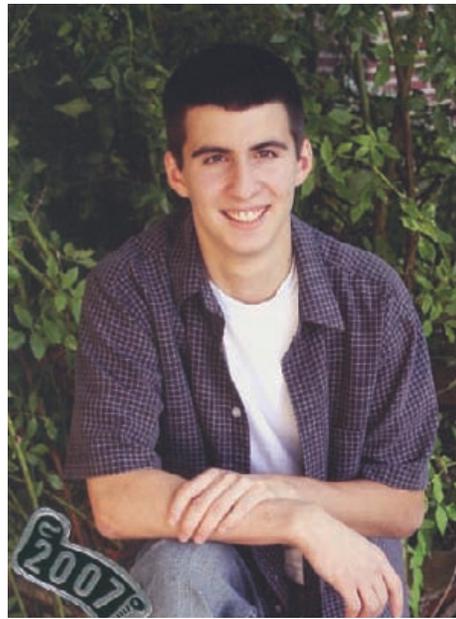
1	2	3	4	5	6	7
Squaxin Indian Bible Church 11:00 a.m.		Church 7:30			AA Meeting 7:30	
8	9	10	11	12	13	14
Squaxin Indian Bible Church 11:00 a.m.		Criminal/Civil Court Church 7:30	Family Court		AA Meeting 7:30	
15	16	17	18	19	20	21
Squaxin Indian Bible Church 11:00 a.m.		Church 7:30		Council Mtg.	AA Meeting 7:30	
22	23	24	25	26	27	28
Squaxin Indian Bible Church 11:00 a.m.		Criminal/Civil Court Church 7:30			AA Meeting 7:30	
29	30	31				
Squaxin Indian Bible Church 11:00 a.m.		Church 7:30				

**Margaret, Even Though You're  
50, You're Still Pretty Nifty!  
From, Me**

**Happy 18th Birthday  
Stephanie!  
We Love You ~  
Mom, Dad & Jess**



# CONGRATULATIONS GRADUATES



## Marjorie Penn

### *CHOICE High School*

Marjorie Penn, the granddaughter of Myrtle Richards and daughter of Vicki and Tully Kruger, graduated from CHOICE High School on June 15th.

Marjorie is considering what options are available to her for college and is very interested in photography.

She worked for this publication for three summers, taking photographs of the annual canoe journey and summer youth employees. She also enjoys writing poetry.

Marjorie was recognized in both The Olympian (for Community Service) and the Shelton Mason County Journal (for the Student Spotlight).

She is an active participant in the intertribal dance and drumming group. She was the Lion's Club Student of the Month for October, 2006.

## Brandon West

### *Shelton High School*

Brandon West, the grandson of Ruby Fuller and Roy West (deceased), step-grandson of Dennis Fuller, and son of Tracy and Laurie West, graduated from Shelton High School on June 14th.

During high school, Brandon played baseball and enjoyed working with computers. He was employed through the Squaxin Island Tribe Summer Youth Employment program in the Department of Information Services for two years.

Brandon plans to enroll in Olympic College this fall and hopes to pursue a career in computer engineering.

## Annie-Beth Whitener

### *Shelton High School*

Wow...graduation and then her 18th birthday on the Fourth of July! Even though last summer Annie-Beth "lost" the dad she leaned on for support, she took school seriously and knew not graduating was never an option. Last year Annie-Beth was investigating colleges out of state; she was hoping to attend either the University of Montana or the University of Oregon. She has, however changed her plans. To remain near her dad as he struggles with Parkinson's Disease in assisted living, she will live at home and attend SPSCC. She is a compassionate person with an uncanny ability to evaluate situations from all sides. She is interested in pursuing a certificate for Paralegal and (possibly) Medical Assisting. Annie-Beth wears a button robe from the Tsimshian side of her family from Southwest Alaska. She is of the Killer Whale clan.

## Melissa Wood

### *Shelton High School*

Melissa Wood, the granddaughter of Nancy and Misty Bloomfield and the daughter of Donna and Allen Wood, graduated from Shelton High School on June 14th.

She participated in Color Guard for three years and was Captain during her senior year. She was in PEP Club for three years and was a member of the National Honor Society for two years. She was in the top 10 percent of her class, finishing high school with a 3.67 GPA.

Melissa was involved with the Early College in High School program and earned 20 credits between Olympic College and SPSCC.

She is currently enrolled in Olympic College and plans to transfer to a university, to possibly earn a Bachelors degree in Business/Marketing. She is still evaluating her options.

She will be employed with the Squaxin Island Summer Youth Employment program this year, working in the Tourism Department with Leslie Johnson.

Melissa is currently teaching herself to play the guitar. She is also hoping to get her driver's license this summer.

She is ecstatic to have graduated and is very excited for her future opportunities!!!





# CONGRATULATIONS GRADUATES



**Cameron Henry**  
**G.E.D.**

Cameron Henry, the grandson of Theresa Nason and Walter John Henry, Sr., and Barbera Kratzer and Ray Hurley, step-grandson of Dave Kratzer and son of Marvin Henry and Kathy Hurley, received his G.E.D. from Olympic College in May.

Cameron really enjoys working on cars and plans to start school this fall to become an Auto Mechanic.

In his spare time, Cameron enjoys fishing, hunting, clam digging and, of course, working on cars!



**Daniel "Jake" Johnston**  
**G.E.D.**

Daniel "Jake" Johnston, the grandson of Dewey Sigo and Virginia Sofie and the son of Daniel Sigo and Susan Johnston, received his G.E.D. through Olympic College on May 22nd.

Daniel is currently employed by Nisqually Aquatics Technology as a Commercial Diver. After passing his final exam, he will be promoted to Dive Control Specialist which means he will be a Dive Master and Assistant Instructor.

In his spare time, Daniel enjoys riding dirt bikes.



**Kristy Krise**  
**G.E.D.**

Kristy Krise, the daughter of Rose and Alan Krise, graduated with a General Education (G.E.D.) diploma from the HEP program at Washington State University in Pullman on April 20th.

Kristy will be employed by the Squaxin Island Tribe Summer Youth Employment program in the Health and Human Services Department, Health Promotions.



**Ronald Schaefer**  
**G.E.D.**

Ronald Schaefer, the son of Lucy James, received his G.E.D. from South Puget Sound Community College (SPSCC) through the Squaxin Island Tribe's G.E.D. program on April 4th.

He plans to return to SPSCC to take the pre-requisites for a Bachelors degree in Business. "I'm just really glad I was able to do this. I started in 2003, and I'm really happy to be able to move on into college."

Ronald is currently working as an automobile mechanic and clam digger. He will also be buying fish this fall through the Skokomish Tribe.

He enjoys spending time with his three year-old son, Noah.



## **Angel Coley and James Senn - G.E.D.**

Hello, my name is Angel L Coley and I started working for Little Creek Casino through the squaxin Island Tribe work program back with Vicki Kruger. I have been working for the casino now for 10 years, going on 11 years in September. I started working at the casino as a Pull-tab Cashier with my two brothers, Wilson BlueBack (who I miss everyday) and Chauncey BlueBack. Then I started working as a Cashier for the Mega-Mania machines and the Pull-tab Infinity machines. Once the casino decided to get the TLS (Tribal Lotto System) machines, I became a TLS Slot Cashier. As I worked in the Electronic Games Department, I was promoted to a Dual-rate Cashier (Cashier/Supervisor). I worked as a Dual-rate Cashier for approximately a year in a half and was promoted to a full-time Supervisor.

As the years went by, I was troubled with the fact that one day I would need to get my G.E.D. As I transferred over to the Security Department to become the Deputy Chief, I was told I had to complete my G.E.D testing. At that time in my life it was hard to even think of getting my G.E.D. My fiancé and I decided to work together and complete the G.E.D classes and receive our G.E.D certificate. We have both accomplished our goal and received our G.E.D certificates. Man, let me tell you how happy we were to complete this goal. I have to thank all my friends and family in the TSP program because with out your support we would have never completed this hard goal . Thank You!

- Sincerely, Angel L Coley





# CONGRATULATIONS GRADUATES



**Jolene Grover**  
**SPSCC,**  
**Associates Degree**

Jolene Renee' Grover, the granddaughter of Marjorie Seymour and David Underwood and the daughter of Margaret Seymour-Henry and Tom Grover and step-daughter of Vinny Henry, graduated from South Puget Sound Community College (SPSCC) on June 15th with her Associates degree. She was on the Dean's and President's Lists periodically during her two years at SPSCC. She maintained a 3.7 GPA!

Jolene worked with the SPSCC Anthropology program, participating in the q'u? g'os (Mud Bay) site excavations during the summer of 2006.

She is planning on attending The Evergreen State College in the fall where she plans to get her Bachelors degree.

In her spare time, Jolene enjoys hiking, dancing, shopping and practicing her treaty rights of clam digging and fishing. During the past 5 years, she has also been committed to the "Canoe Family" and has pulled many miles with them in our traditional waters.

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**Happy Birthday**  
**Violet Rose**  
**Love,**  
**Mom, Sister and Brothers**



**Josh Henderson**  
**WWU,**  
**Bachelors Degree**

Josh Henderson, the grandson of Leslie Peters and Ralph Henderson and Larry and Arlene Olson, and the son of Will and Theresa Henderson, graduated from Western Washington University in March with a Bachelors degree in Accounting with a Minor in Business Administration.

Josh is currently employed as an Auditor for Weyerhaeuser Company in Federal Way. After completing a six month internship during his senior year, Josh was immediately offered several promotions, and chose the Audit Department to take advantage of travel opportunities and the friendliness of the staff.

During his college years, Josh also interned at the Washington State Auditor's Office in Olympia and Metcalf Hodges Accounting Firm in Bellingham. He also worked for the Squaxin Island Tribe Natural Resources Department for three summers.

Josh is considering entering the Masters in Business Administration (MBA) program at the UW, Tacoma and plans to sit for the CPA exam.

In his free time Josh enjoys playing the guitar, snowboarding, hiking, traveling and hanging out with family and friends.



**Bridgette Losey**  
**Saint Martin's University**  
**Bachelors Degree**

Bridgette Losey, TLC *Pathways to Success* Coordinator, graduated from Saint Martin's University with honors in May. She received her Bachelors of Science degree in biology.

Bridgette's plans to graduate from medical school and specialize in emergency medicine.

She has worked for the Squaxin Island Tribe throughout the her college career. She says working for the Tribe has enabled her to keep a full time job and obtain a college degree simultaneously. She would like to thank the Tu Ha' Buts Learning Center staff for their continual support in her academic endeavors. She would also like to thank her family. "Without their constant encouragement, I would not have achieved the successes that I have today," she said.

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**Happy 18th Birthday**  
**Chickie Mae**  
**From Cousins Latoya,**  
**Korena, Elena and Clara**

---

**Happy Birthday**  
**Elijah Garcia**  
**Love Gramma Lizzie,**  
**Aunties and Uncles**



**Terri Remick**  
**Masters Degree**

---

**Happy 13th Birthday**  
**Elena & Clara**  
**Love, Mom, Sisters, Brothers,**  
**Dad (Wilson) and Family**

---

**Happy 68th Birthday**  
**Gramma Turtle**



**Love,**  
**All Your Relations**



### Congratulations Baton Twirlers



*Marissa Morkin-Sigo, Kennadi Johnson, Christine Smith, Tenaya Johnson, Tae'lor Johnson, Tabitha Goodman, Erickah Bartzack and Jennika Dahn*

The Squaxin Island Tribe's Fantasia Baton Team won 1st Place at the State competition May 5, 2007 for their Show Corps routine "Car Wash." Now they are headed to Hayward, California for the Western Regional Competition June 23 and 24. These girls have been working very hard, and most of them have been on the team for three years. So, if you get a chance, give them a 'High 5' for a job well done!

The Squaxin Island Tribe Fantasia Baton Team wants to give a big "Thank You!" for all the community support. They washed 40 cars at their car wash June 10, 2007 at KTP. Thank you to the 1% committee for the continued funding.



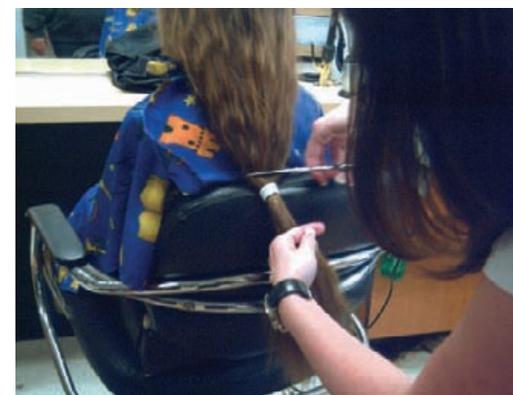
*Marissa Morkin-Sigo and Tenaya Johnson Won the State Title for Solo Pairs on May 5, 2007*

### Congratulations McKenzie

On getting your Green Belt in Taekwondo!

We are proud of you!

Love... Mom, Dad, Brother and Jotes



### Kenzi, You Have the Best Heart Ever

We are so proud of your decision to donate your hair to Locks of Love so that another little kid has the chance to have beautiful hair too!!!!

We love you a lot.... You are special!

Love,  
Mom, Dad, Austin and Dakota

*(Kenzi cut off more than 12 and a half inches of hair!)*



## Reading Translates to Prizes

*Several Bordeaux Elementary students win sparkling new bikes*

Heather Woodward, The Olympian - Reading homework never has been this much fun.

That's what students at Bordeaux Elementary School said at an assembly held June 11 to recognize how much they read between February and May this year.

For every month that Bordeaux students read 20 minutes per night at home during that time, their names went into a drawing for almost 400 prizes, including six new bicycles.

"It's humongous!" said Cord Shea, a Bordeaux fifth-grader who won a new blue bike.

Educators at Bordeaux had long wanted to give students prizes as incentives to do their reading homework every night. But a flood of donated toys this year made that wish a reality.

"We're a low-income school," said Kathy Simmons, Bordeaux's school counselor. "We have kids who do not have a lot of material things, so we're so excited about this. I think we're as excited as the kids."

The donated toys came from a toy drive by city of Tacoma firefighters, including Jeff Roberts, who is married to Bordeaux teacher Julie Roberts. Canadian toy maker Spin Master Ltd. donated the toys to the drive after Jeff Roberts connected to the company through a friend at Sumner-based distributor Norvanco, he said.

Almost 400 students Monday walked away with new stuffed animals, remote-controlled airplanes, Disney dolls and more.

"If I'd had this when I was a kid, I would've read a lot more," Jeff Roberts said.

Julie Roberts, who teaches second grade, said she noticed the contest make a difference in her classroom. "It's been amazing to see how motivated the kids are," she said.

Bordeaux teachers donated five of the bicycles. Wal-Mart donated the sixth, Simmons said.

"I'll use it a lot," said Drew Fike, 6, a Bordeaux first-grader who won a new yellow bike.

"I'm kind of happy because I like bikes," said Donovan Henry, 10, a Bordeaux fourth-grader who won a new orange bike. "I usually ride one every day."

The other bike winners were: kindergartner Camryn Thomas-Lix, 6; second-grader Shaiann McFarlane, 8; and third-grader Cameran Lagasa.



*Young Squaxin winners Donovan Henry and Shaiann McFarlane*

## Parents, The Anti-Drug

*Why a Child Uses Drugs*

Understandably, some parents of drug users think that their child might have been pressured into taking drugs by peers or drug dealers. But children say they choose to use drugs because they want to:

- Relieve boredom
- Feel good
- Forget their troubles and relax
- Have fun
- Satisfy their curiosity
- Take risks
- Ease their pain
- Feel grown-up
- Show their independence
- Belong to a specific group
- Look cool.

Rather than being influenced by new friends whose habits they adopt, children and teens often switch peer groups so they can hang around with others who have made the same lifestyle choices.

Parents know their children best and are therefore in the best position to suggest healthy alternatives to doing drugs. Sports, clubs, music lessons, community service projects, and after-school activities not only keep children and teens active and interested, but also bring them closer to parents who can attend games and performances. To develop a positive sense of independence, you could encourage babysitting, tutoring, or a summer job. For a taste of risk-taking, suggest rock-climbing, karate, or camping.

Enroll your child in a supervised summer camp, educational program, or a summer sports league. Research shows that teens who are involved in constructive, adult-supervised activities are less likely to use drugs.

## *Volunteerism, the Anti-Drug*

Did you know that youth who volunteer are less likely to abuse marijuana, alcohol, and tobacco and engage in other destructive behavior? In fact, research finds that young people involved in volunteer service are 50 percent more likely to live healthy, drug-free lives (Search Institute, 1995). Volunteering in a community near you is an excellent opportunity for your kids to be involved in fun activities that not only provide them with positive role models, but also encourages them to give back to their community.

According to parenting experts, one of the best ways to keep your kids away from negative influences such as drugs and alcohol is to encourage them to be involved in structured, adult-supervised activities. In fact, according to Tony Biglan, Ph.D., a nationally-recognized parenting expert at The Oregon Research Institute, "The more that parents and communities can do to ensure that children and adolescents are involved in worthwhile activities, the better we can prevent most kinds of youth problem behavior."

*Courtesy U.S. Department of Education: Growing Up Drug-Free: A Parent's Guide to Prevention - 1998*





## Nisqually Members Coming Home

LES BLUMENTHAL; The News Tribune  
Published: June 4th, 2007

The skeletal remains of six members of the Nisqually Tribe are stored in wooden boxes in the Smithsonian's National Museum of Natural History. No one knows their names. No one knows the story of their lives. But now they are coming home.

"It is time to put them to final rest," said Carmen Kalama, vice chairwoman of the 650-member tribe.

Some of the remains were donated to the Smithsonian 152 years ago after being found by a naturalist working with the Pacific Railroad surveys near Fort Steilacoom, the first U.S. fort north of the Columbia River. Another set of remains was originally misidentified as those of Chief Leschi, the Nisqually chief who was hanged outside Fort Steilacoom in 1858 after allegedly murdering a soldier during a period of tension between the tribe and settlers.

The documents that have accompanied the remains through the years, however, provide only sketchy information. Documents that may have shed additional light on the mystery were lost in a fire in 1865.

Since the passage of a federal law in 1989, the Smithsonian has "repatriated" or offered to return nearly one-third of the 18,000 sets of skeletal remains of Native Americans it has in its care. The process sometimes requires months of research to ensure the remains are returned to the appropriate tribe.

"There is a lot of detective work involved," said William Billeck, who manages the museum's repatriation office.

Billeck said remains have been repatriated to other Northwest tribes, including the Yakama, Spokane, Nez Perce, Coeur d'Alene, Colville and Umatilla.

Most of the forensic work done on the remains is old school. The age of the remains can be determined by skeletal changes such as bones fusing together or the growth of teeth. Sex can be determined by inspecting the pelvis or assessing the "robustness" of the skeletal remains.

Newer techniques such as DNA or radio-carbon dating are not used.

"We don't do any destructive testing," said Billeck.

Three of the Nisqually remains are children, two are teenagers and the sixth person was between 25 and 35 years old. Three of them have been identified as females. The sex of the three children is unclear.

The remains were donated to the Smithsonian at a time when naturalists were exploring the West. The Smithsonian was one of the few museums in the United

States at the time, so that's where the bodies of Native Americans, along with thousands of other items, were collected and catalogued.

"Part of a naturalist's interest in the world involves collecting things," Billeck said. "There was a lot of interest in the differences among people, the differences among tribes."

Much of the hunt to link the remains to a specific tribe involves pursuing a paper trail of entries in old ledger books or letters from those donating the remains to the Smithsonian.

Three of the Nisqually remains were sent to the Smithsonian in 1855 by George Suckley, a relatively well-known naturalist and biologist who worked with the Pacific Railroad surveys, said Billeck. The surveys, conducted by the Army's topographic bureau, were used to help determine the route of the first transcontinental railroad.

An entry in a ledger book said the remains were found near Fort Steilacoom and they were "flatheads," a cranial modification that was fairly common among Northwest tribes, Billeck said.

"We couldn't find any letters from Suckley," he said.

Suckley sent one additional set of remains also found near Fort Steilacoom in 1860.

The fifth set of Nisqually remains was donated to the Smithsonian in 1869 by Edward Giddings, a surveyor who also worked on the railroad survey. According to an entry in a ledger book, they were the remains of Chief Leschi. But that entry was discredited when a close examination showed they were the remains of a 13- to 16-year-old female.

The final set of remains was turned over to the Smithsonian by a man named Frank Golson in 1907. Golson indicated they were found on an island in the Nisqually River. Billeck didn't want to be more specific in order to protect the island from modern-day grave robbers.

"We have to be careful how much information we give out," he said.

The Smithsonian also will return to the tribe a funerary object – a spoon made from a horn – that was donated in 1921 after being found near what's now known as Fox Island.

For now, the remains are stored in wooden boxes in rows of cabinets in a large room. Only Smithsonian employees are allowed into the room. Others wishing to view the remains need the permission of the tribe. A private room has been set aside where the remains are officially handed over to the tribes.

"These things are handled with care and concern," said Billeck.

Kalama, the tribe's vice chairwoman, said the Nisqually Tribe is submitting the official paperwork, and the remains could be received this fall. She and others will consult with the tribe's elders, the tribal council and its cultural committee before deciding how to rebury the remains.

"There is no question they should be returned," she said. "Anytime something like this happens, it is a good thing."

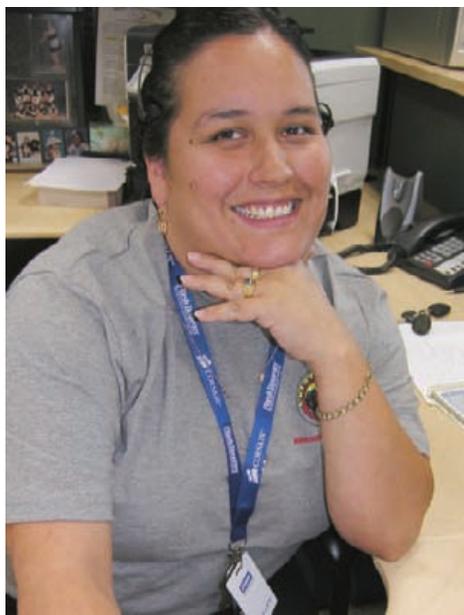


## And SPSCC's Anthropology Club Super Saturday Booth





### New Employee



#### **Misti Saenz-Garcia** *DIS Administrative Assistant/ Software Support*

Hello, for those of you who don't know me, I am Misti Dawn Saenz-Garcia. I am the daughter of Larry McFarlane and Sue Henry. I am a Cooper/Henry (Wolf) Clan member. Both my maternal and paternal grandparents have passed on. My tribal grandparents were Theresa Cooper, master basketweaver of the Squaxin Island Tribe (full blooded) and Walter Henry Sr. of Skokomish Indian Nation.

I am the new Administrative Assistant/Software Support for the Department of Information Services here at the Tribal Center. I look forward to being of service in this department. I will be helping each and every department of the tribal government, as well as assisting the "Geek Squad" and mailing the

newsletters, I also coordinate the Verizon Wireless accounts. There is so much to do which keeps it interesting, fun and flexible. I have worked for my tribal government in many ways since I was a child. I currently serve on many committee/commissions.

I have been married to my husband, Miguel, for 15 years now and we have 4 wonderful kids . . . two boys, Miguel (14) and Justin (13) and two girls, Brittany (14) and Bianca (11). I am a soccer mom, taxi, housekeeper and chef. I also have many godchildren in the U.S. and Mexico in our Catholic religion. I am busy from the time I get up until bed.

I have been dedicated to being part of the growth and development of our tribal government ever since I can remember. It is in my blood. My mother was a huge asset to this tribe and served this government for many decades. A true community advocate. My father has been an active member of this community as well. Mostly you all know him as COACH MCFARLANE. I can never repay them for what they have taught me through the years. We must Truly appreciate our family members while they are here in life, and remember our ancestors.



**Happy 9th Birthday  
Austin Solano  
You Are a Great  
and Wonderful Son.  
Hope All of  
Your Wishes Come True.  
We Love You to Pieces!  
Love,  
Your Family  
Mom, Dad and Brothers**



*My son, Miguel and nephew, Michael*

### Congratulations



At the General Body Meeting, the winning ticket for the Elder's fundraising quilt raffle was drawn. The winner is Jan Yepez of Port Orchard Washington.

### **Powwow will be IN doors at the LCCR Events Center!**

**Psssssst... We're back!**  
**Sa'Heh'Wa'Mish Days**

Dancin'  
Drummin'  
& Singin'

Contests &  
Prizes too!

Native Art  
Fair!



Sponsored by the Squaxin Island  
Tribe~Shelton, Washington  
Feb. 15, 16, and 17, 2008

Interested??? Contact: Leslie Johnson (360) 432-3838



3rd - 4th

# Congrats GRADS



1st - 2nd



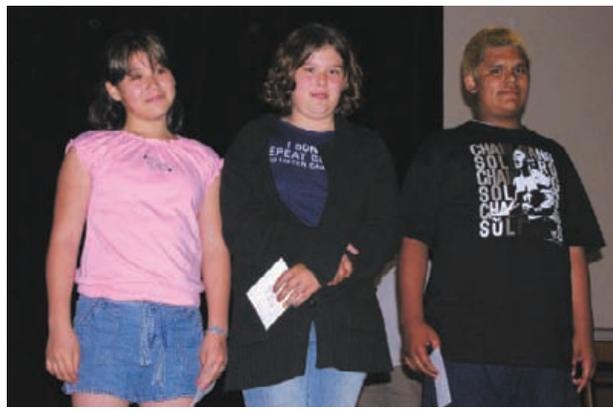
Kindergarten - 1st



2nd - 3rd



4th - 5th



5th - 6th



10th - 11th



# SGWI' GWI 2007



6th - 7th



9th - 10th



7th - 8th



11th - 12th



8th - 9th



Preschool - Kindergarten



**GED Grads!**



**The Fans**



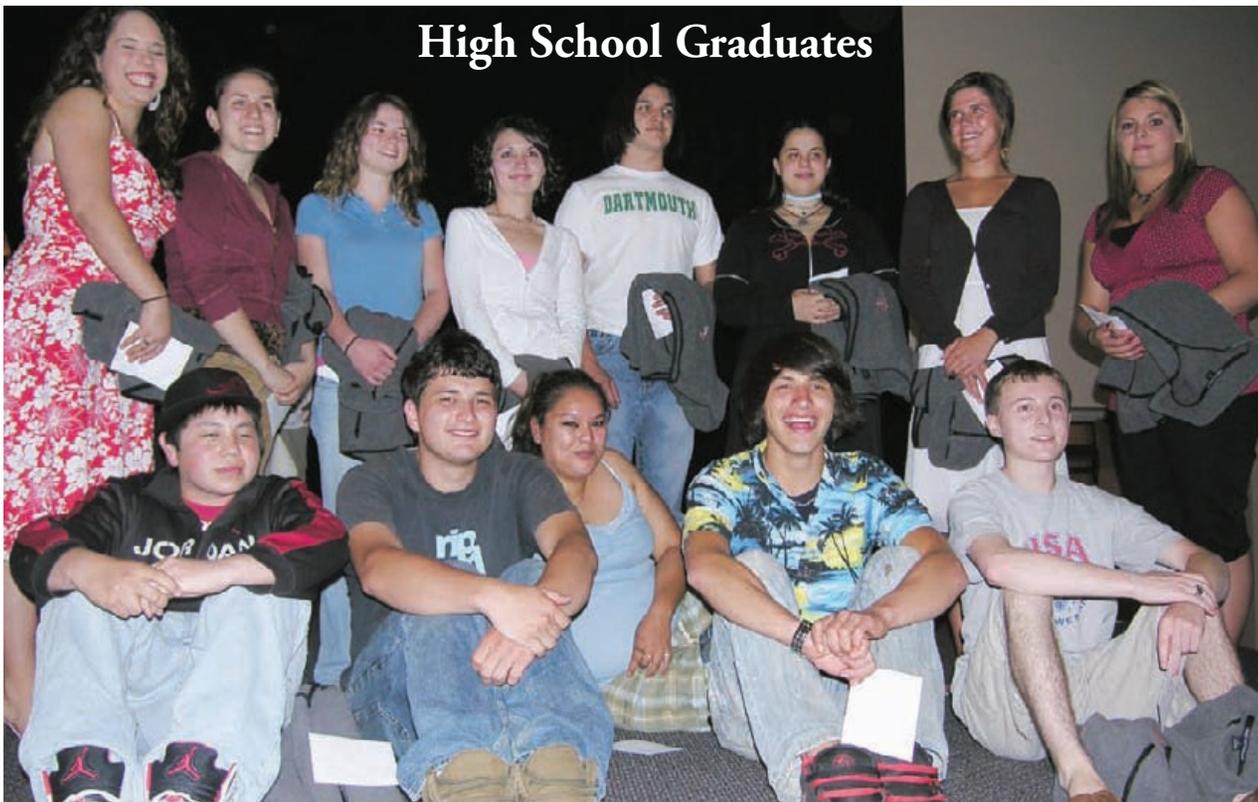
**Esther & Laura**



**Kiana, Vinny, Jolene & Margaret**



**Nancy Barker**



**High School Graduates**



**Shiloh & Tiff**



## WELCOME!!

The Office of Housing would like to welcome the following new tenants to the community:

- Thelma Shea
- Jasmine Nelson
- Patrick Whitener
- Jaime Adams



## Teaching

### Financial Skills to Teens

Teenagers learn financial skills by gradually taking on more and more responsibility. This involves giving them a limited amount of control over decision-making. The most important part of teaching teens about money is that you absolutely cannot bail them out if they overspend.

Encourage teens to save their money toward a major purchase or future college expenses. Offering to match their savings with an additional amount per dollar saved may be an extra incentive. Require them to deposit a certain percentage of their paycheck in their savings account.

Explain how credit cards work. Too often, young adults who get their first credit card perceive it as “free money”, and find themselves in debt very quickly. Make them understand that the \$50 they spend today costs a lot more if they don't pay it off quickly.

## Keeping Cool This Summer

With warm weather approaching and the thought of keeping the house cool, it is time to check your air conditioner and have it ready for the really warm weather. The US Department of Energy gives some energy saving cooling tips.

Keep your cooling system well tuned. Periodic maintenance by a professional is a good idea. Make sure the ducts in your air-conditioning system are properly sealed and insulated.

### When cooling with or without air-conditioning:

- Keep out daytime sun by closing drapes or blinds.
- Keep lights low or off.
- Do your cooking and use other heat-generating appliances in the early morning and late evening hours whenever possible.
- Open the windows instead of using your air conditioner or electric fan on cooler days.
- Dress for the warmer indoor temperatures.
- Do not place lamps and TV's near air-conditioning thermostat. The thermostat senses heat from these appliances, which can cause the air conditioner to run longer than necessary.

### Without-air conditioning:

- Keep windows and outside doors closed during the hottest hours of the day.
- Use window or whole-house ventilating fans to cool the house when it's cool outside.
- Use vents and exhaust fans to pull heat and moisture from the attic, kitchen and laundry directly to the outside.

### When using air-conditioning:

- Set your thermostat as high as possible, 78 degrees is recommended as a reasonably comfortable and energy-efficient indoor temperature.
- Set the fan speed on high except in very humid weather. When it's humid, set the fan speed low; you'll get less cooling, but more moisture will be removed from the air.
- Clean or replace air-conditioning filters at least once a month.
- Turn off window air-conditioning when you leave a room from several hours.

Keep in mind these energy saving tips and take steps to reduce the energy usage in your home. If you are thinking of purchasing new appliances or cooling equipment look for the ENERGY STAR and Energy Guide labels.

## Upcoming Events

### ONE-ON-ONE CREDIT COUNSELING

with a Certified Housing Counselor  
Administration Bldg. 2nd Floor  
Monday, July 16th, 2007  
By appointment only  
4:30, 5:30, 6:30

### ON RESERVATION SUMMER SPRUCE UP

July 6, 2007 – July 20, 2007

### BUILDING NATIVE COMMUNITIES

Session 4

Understanding Credit and Your Credit Report  
Administration Bldg. 2nd Floor  
Monday, July 9, 2007  
4:00-8:00

If you have any questions about the scheduled classes or would like to attend one, please contact  
Lisa Peters@ 432-3871.

The OOH asks that you call to reserve a seat if you plan to attend a workshop.



## Do You Know What's On Your Credit Report???

The Office of Housing now has a Certified Housing Counselor that comes in monthly to assist Tribal members with credit problems or questions.

The OOH has the ability to pull a credit report from all 3 credit reporting agencies, which will also reflect credit scores from each.

The Counselor will then evaluate your report with you and offer assistance with any questions regarding your credit.

If you are interested in obtaining your credit reports and receiving a free consultation, please call Lisa Peters @ 432-3871 to schedule an appointment.



## Get Your Kids Involved in Healthy Food Choices!

You have probably heard it over & over, "eat more vegetables and fruits."

This message is not only for adults, but kids too. Even toddlers are recommended to eat five fruits and vegetables a day. You may be thinking, "That's easier said than done." Yes, kids age 3 and 4 are famously picky, but it is not hopeless. Here are a few tips.

### **1. Offer it over and over.**

Studies show that some children may have to be exposed to a food as many as 10 or 15 times before they'll eat it, and parents usually quit after 3 to 5 attempts. Encourage, but do not require, an "adventure bite" with a napkin ready if they are still learning to like it.

### **2. They only need a little.**

A serving size for fruits and vegetables for children under 5 is defined as one tablespoon per year of age. For example, a three-year-old's serving would be 3 tablespoons.

### **3. Shop Healthier - Stock the home**

Make it easy and convenient to make healthy choices. Have vegetables and fruits readily available for snacks and meals. Washed, cut up vegetables will keep for a couple days in the refrigerator.

### **4. Add vegetables & fruits to what you already make.**

Consider adding broccoli or other vegetables to macaroni and cheese or casseroles, fruit to cereal, mashed bananas to pancakes, etc.

### **5. Modeling works.**

If you are eating it and enjoying it, your child has a greater chance of doing the same.

### **6. Consistent meal and snack times**

Establishing regular meal and snack times is extremely helpful. Avoid constant grazing or snacking.

### **7. Have some fun.**

A "nibble tray" containing fruits & veggies is fun at snack time. For example: carrot sticks, banana slices, apple chunks and broccoli trees may be tempting. Kids also like to dip their foods into things - think yogurt, guacamole, or cottage cheese - and spread them with stuff like peanut butter, fruit preserves, etc. Try serving fruit with cheese cubes or sticks. A trip to the Farmer's Market, gathering berries in season, and gardening are also helpful.

### **8. Have them help**

Children also appreciate it when you let them prepare the food. Tearing up lettuce & scrubbing potatoes may not be fun for you, but then, you're not three!

*Source: Diabetes Self-Management & modifications by Patty Suskin*

For more healthy tips & recipes, contact Patty Suskin at Health Promotions across the parking lot from the clinic or call (360)432-3929.

## Diabetes Support Group

People with Diabetes, their friends and family welcome

Monday, August 13, 2007  
12:15 to 2 pm  
Join us at Elder's Building

Bring your lunch to  
small room at Elder's Building

### TOPICS:

What are Carbs? Why do we need them? What are better Carb choices for good health? What if I have Diabetes?

These questions answered by

Discussion Leader: Patty Suskin

**TAKE TIME FOR YOU AND YOUR DIABETES**

**Join us!**

Contact Patty Suskin, Registered Dietitian and Certified Diabetes Educator  
to RSVP or for more information at (360) 432-3929

## MEAL PROGRAM MENU

A salad bar will be available at each meal, as well as fresh fruit or fruit salad. Beverages available each meal: milk, crystal light, water, coffee, tea, hot chocolate. Menu is subject to change. Free to seniors 55 and older. All others \$3.

Monday	Wednesday	Thursday
Soup & Sandwich 2	CLOSED 4	Meatloaf 5
Hamburger 9	Fish & Chips 11	Chaupas 12
Enchiladas 16	Pork Chops 18	Indian Tacos 19
Stew 23	Steak 25	Lasagna 26
Chicken 30		



**Congratulations  
May Raffle Winners**



*Brenda Dorsey, Pendleton, Mammogram*

**Congratulations  
June Raffle Winners**



*Socorro Bernal, Pendleton Mammogram*

**Upcoming Health Events**

**BRIEF COMMUNITY WALK**

Every Thursday at 12:40 p.m.  
Meet at the Elder's Building after senior lunch

**COMMUNITY HEALTH WALK**

Thursday, July 19th  
Meet at Elder's Building at 12:40 for  
a 20 minute walk around the REZ  
All SPIPA tribes will be taking a walk in their area  
at the same time- for diabetes prevention!  
Help us win the Walking Stick!  
A walking stick was donated  
by a Skokomish community member.  
The Tribe with the most walkers each month wins the  
walking stick for that month.  
We won it in May . . . can we get it back in July?

**MAMMOGRAM & WOMEN'S HEALTH  
EXAMS**

July 19th, 9:00 a.m. - 3:00 p.m.  
Contact Rose Algea ( 360) 432-3930

**SMART SHOPPING/ FOOD LABEL  
READING WORKSHOPS**

Contact Patty to schedule a family & friends session

**HEALTH PROMOTIONS**

We have exercise videos  
(Sit & Be Fit, Yoga, Walk Away the Pounds & more)  
You can come & use them in the building  
across from the clinic.  
Work out alone, with us,  
or schedule a time for a group

**INTERESTED IN LIFESTYLE  
BALANCE PROGRAM?**

If you are Native American & over 18, see if you qualify  
to participate in this 16- week workshop to improve  
your health by changing your nutrition & activity

**COMING IN AUGUST:**

What are Carbs? Why do we need them? What are bet-  
ter Carb choices for good health? What if I have Diabe-  
tes? These questions will be answered at:

**Diabetes Support Group**

Monday, August 13th  
Bring your lunch at the Elder's building  
Meet at 12:15 in the small room

Contact Patty Suskin(360)432-3929  
or Janita Johnson (360)432-3972



*Christina Shea, Basket, Womens Health*



*Shelli Dragoo, Basket, Mammogram*



*Carol Vanderwal, Mammogram*





## Looking for a Cool Meal? How about a Healthy Salad?

Salads can be a delicious, healthy meal if you include foods from all the food groups. Have you noticed that restaurants and grocery stores are carrying complete meal salads? Here are some ideas for you to make a salad at home and save some money!

Make your own delicious salad. Choose something from each food group for good health. Have fun and experiment with different flavors!

### VEGETABLE GROUP

Romaine lettuce  
Jicama  
Fresh Spinach  
Tomatoes  
Peppers (red, green or orange)  
Carrots  
Broccoli  
Corn  
Snap or Green Peas  
Edamame  
Jicama

### PROTEIN GROUP

Chicken  
Steak  
Venison  
Elk  
Boiled eggs  
Beans (kidney, garbanzo, black, pinto)  
Nuts (almonds, pistachios, peanuts, cashews)

### DAIRY GROUP

Cheese (grated, sliced or cubed)  
(Mozzarella, cheddar, Mexican  
pepper jack, feta,  
cottage cheese)

### GRAIN GROUP

Serve with a high fiber roll  
or bread

### FRUIT GROUP

Raisins  
Cranberries  
Strawberries  
(Or put fruit  
on the side)

### Salad dressing ideas:

Have you tried the spray salad dressings? Check out the Caesar or Italian. Bernstein's Garlic Parmesan Ranch is low in calories, high in flavor! Low-calorie salad dressings are more flavorful than ever—be adventurous!

## Mens Wellness Week

Ed Fox - Over 60 participants came to the clinic for the Men's Power Equipment and Sports Extravaganza held on June 13th during the National Men's Wellness Week. Draft rootbeer and BBQ burgers and brats brought many men and their families to the event. It was held to recognize the need for men to visit the clinic for routine health care check ups before chronic conditions require those visits and to let men know, "You are welcome here."

Tiff Barret supplied an ATV and riding power mower in our very own mechanized rodeo while his wife staffed our ice cream bar for spectators.



### Color & Learn

## Juanita Watermelon's Watermelon Trivia

**Did you know that...?**

- Watermelon is the third most popular fruit in the United States.
- The scientific name for watermelon is *Citrullus lanatus*.
- Watermelon is rich in vitamins A and C.
- Watermelon is 92% water.
- Watermelon comes in two colors, red and yellow.
- Red watermelon contains lycopene, a substance found in red fruits and vegetables that promotes heart health.

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Find more 5 A Day Activity Sheets at [www.dole5aday.com](http://www.dole5aday.com)



**Help Welcome Our New Edition to the Krise Family**



*Larissa Maria Eleanor Krise*

Born June 17, 2007  
8 lbs, 5 1/2 ounces,  
20 inches in length

**Congratulations Kenna Love, Mom, Dad and the Whole Family!**

**Happy Belated Birthday to Ana Pinon!  
Lots-a-Love,  
Momma, Grams, Gramps, Sissys, Aunties, Uncle, and All Your Cousins**

**Best B'day Wishes to Tiffany Faye!  
Lots-a-Love,  
Grams, Gramps, Mom, Auntie & Uncles, and All Your Cousins**



*Patricia Green's Micah Roberts*

**Happy B'Day Josh  
Lots-a-Love  
Your Whole Family and  
The Saenz-Garcia Family**

**Best B'day Wishes to Theresa Marie,  
Lots-a-Love  
Miguel, Misti and Kids**

**Best B'day Wishes  
Larry Douglas Sr,  
Dad, Gramps  
Lots-a-Love,  
Mom, Theresa, Connie, Misti,  
Larry, Wicket, and  
Everyone of Your Grandkids**

**Happy Birthday Shainn Rene!  
Lots-a-Love,  
Mom, Grams, Gramps,  
Aunties & Uncles,  
and All Your Cousins**

**Welcome to Our World!**



*Lila Jabob's Newest Great-Granddaughter  
Born to Clayton and Sarah Bethea  
April 10, 2007 at 6 lbs, 10 ounces, 19 inches*



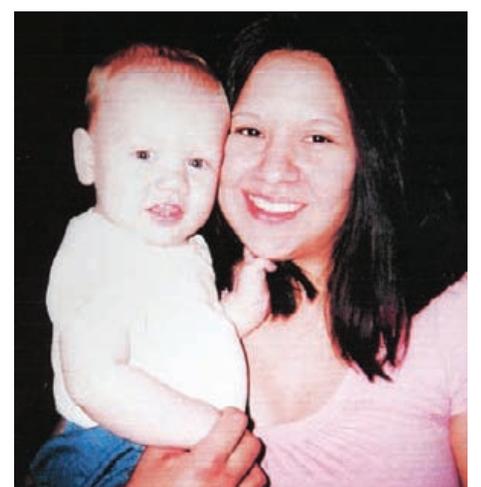
*Kasia Krise and Tyrone Seymour's Jonathon Seymour*



*Tamika Green's Kameron W Eytbman*



*Nicole Seymour's Syncere Ho*



*Kristen Penn's Trenton Brown*

