

Klah-Che-Min

A PUBLICATION OF SQUAXIN ISLAND TRIBE

SEPTEMBER 2004

COMPLIMENTARY

Welcome Pole Raised at Mud Bay Village Site

"Now that's the ancestors' spirits talking," Squaxin Island Tribal member Will Henderson said in reference to a blazing sunset that appeared at the conclusion of a welcome pole raising ceremony that took place August 18th at the ancient Mud Bay village site.

The 15-foot welcome pole is a gift to former Secretary of State Ralph Munro and his wife, Karen, for their generosity in helping the Tribe uncover its past, Tribal Chairman David Lopeman said.

The village site rests on the Munro's Triple Creek Farm where students from South Puget Sound Community College and tribal members have excavated numerous artifacts during the past six summers.

The pole was carved by Quinault tribal member Randy Capoeman who also has Squaxin Island ancestry. It faces west at the water's edge and depicts Raven whose arms are extended in welcome. It stands on a 5-foot cedar box embellished with Salmon, Bear and seven paddles that represent the seven inlets that are the ancestral homelands of the Squaxin Island Tribe. The pole weighs about 900 pounds and was carved from a western red cedar log harvested in the Olympic Peninsula. Approximately 30 people were needed to carry, raise and secure the pole.

The ceremony began with the arrival of two tribal canoes, welcomed by drummers, singers, and a crowd of approximately 100 tribal members and other invited guests.

"You are warmly welcomed here," Ralph Munro said, waving his arms for the canoes to come ashore.

"We appreciate canoes being back in this bay.

Welcome to your ancestors' village.

Your ancestors are here. We often feel their presence."

Under an agreement between the Tribe, SPSCC and the Munro family, the Munros will transfer ownership of the artifacts belong to the Squaxin Island Tribal museum after being preserved and cataloged by the college.

"It's a lasting symbol of friendship for this ancient village," Munro said of the pole. "The most exciting

Continued on Page 14



SQUAXIN ISLAND TRIBE

10 S.E. Squaxin Lane
Shelton, WA 98584

People of the Water

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KLAH-CHE-MIN SQUAXIN ISLAND TRIBAL NEWS

10 S.E. Squaxin Lane
Shelton, WA 98584

PHONE: (360) 426-9781
FAX: (360) 432-0858

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members & staff.

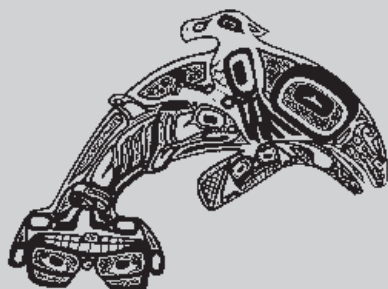
Submissions Deadline:
15th of each month

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CHARLENE KRISE: *Third Council Member*

Klah-Che-Min Staff:

THERESA M. HENDERSON: EXT. #3945
thenderson@squaxin.nsn.us



COMMUNITY



Who Is It?



For the Answer, see Page 4.

Correction on Limits of Benefits for Tribal New Members

Council unanimously adopted a resolution that applies to all new enrollees, except those born to or adopted by current tribal members. Members who transferred from another tribe would have to wait five years to participate in the treaty harvest for fish and shellfish and would have to wait five years for per capita and dividend payments.

If the new member is born to, or adopted by a current member, the child would receive all benefits. Under existing rules, a child up to 18 can be adopted, and considered as "born to" under the Constitution. Importantly, a new child born to a tribal member would receive the per capita payments and the five year's worth of growth in his or her trust fund.



IN LOVING MEMORY

Wesley Curtis Fletcher

April 11, 1920
to
September 15, 1979

*When someone you love
Becomes a Memory
The memory becomes a treasure.*

And all of us have many of those treasures.

*From all your family and friends
who have missed you every one of
The 25 years you have been
Gone fom us.*

I
Love You Daddy!
Jackie





First Fiscal Year 2005 Public Budget Hearing

Deb Stoeher - The first FY05 Public Budget Hearing was held on August 16, 2004, from 4:30 to 9:15 p.m. in the beautiful, new Council Chambers.

Thank you to everyone who attended and provided input to our budget process. We are especially proud of our youth who participated. Opening comments and a recap of FY04 were given by Ray Peters, Executive Director. Bob Whitener of Island Enterprises Inc. and Doug Boone of Little Creek Casino each gave an overview of their FY05 budgets.

COMMUNITY INPUT INCLUDED:

YOUTH PROGRAM

- Expand youth employment to year-around
- Support for special needs children
- Adequate supervision for youth activities
- School supplies and backpacks
- Prevention programs/Boys and Girls Club
- Support for sports

CANOE JOURNEY

- Pay pullers/support crew/cultural leaders
- More community participation
- "Cube" van for hauling supplies
- Totes and rain gear
- Some think funding should be for providing program rather than paying individuals to participate

LANGUAGE

- Pay participants to learn

SWIMMING POOL

- Indoor, Olympic-size, possibly saline

SKATEBOARD PARK/ROLLER RINK

ELDERS

- Rent reductions
- Chore workers
- Support services
- Transportation assistance

COMMUNITY

- Culture high priority
- Some believe that if the Tribe provides language or cultural programs that individuals should not expect to be paid for participating
- Encourage people to volunteer
- Craft classes for gifts at give-a-ways
- Fund training positions in departments
- Provide Thanksgiving and Christmas baskets
- Increase Family Services
- Community Hall to accommodate 200 or more
- Additional funding for Higher Education
- Additional Summer Recreation staff
- Computer classes, equipment and internet safety
- Substance abuse after-care support

LAW ENFORCEMENT

- More officers, 24/7 coverage
- Explorer Cadet Program
- Equipment and vehicles

HEALTH

- Dental services
- Orthodontia program
- Clinic expansion

BUILDINGS

- Law Enforcement building and jail
- Northwest Indian Treatment Center
- Natural Resources

Veterans Wanted!!!

We would like the help of tribal veterans in the design and location of a veteran's memorial with flag poles. The design and location for the memorial has been discussed by the seniors and the Planning Department. They would like input from veterans to finish the project. If you would like to help, please contact Brian Thompson at 432-3907 or Lynn Scroggins at 432-3952.



The FY05 Second Public Budget Hearing is scheduled for September 20, 2004, at 4:30 PM in the Council Chambers. Please plan to attend to comment on our FY05 draft budgets.

Narcotics Tips Line

Any illegal drug information (on or off-reservation) can be reported without leaving your name. Simply call the number below and leave detailed information regarding the activity.

432-3898



ViewPoint

Call to Action

David Whitener, Sr., Friday, July 30, 2004 - An earlier article about tribal citizenship was published in the Klah-Che-Min, but no one said anything about wanting their descendents (children, grandchildren, etc) to be Squaxin Island Tribal members. We need to get off the dime. If we don't we won't be able to recognize the future Tribal members. You are the only one that can make it happen. If we wait for others to take up the cause, we stand a chance of having to fight the Federal government as it moves ever closer to pushing tribal governments into the proverbial melting pot.

Threats to tribal sovereignty are real and often. As we attempt to maintain our individual identity and personal authority, the Slade Gortons of the world and other Indian fighters like him are busy trying to deny us the right to govern ourselves. Who but our own descendents are we likely to influence regarding critical need to keep our sovereignty intact? Personally,

Who Is It? Answer from Page 2

Donald E. Whitener

BAGLEY, NAPOLEON, MARTIN & SEYMOUR Family Reunion

September 11th, 2004

Potluck

Eating utensils will be provided.

Squaxin Island Gymnasium
12:00 Noon

I believe another Einstein is waiting in the wings to contribute wonder and wisdom to the Squaxin Island Tribe. We must give him or her the chance.

A constitutional amendment is probably the surest method of ensuring that our descendents have the same opportunity to serve the Tribe we have had. Let's keep the Tribe recognizable. Each and every one who is a DIRECT descendent should be a Tribal member.

Blood Quantum and Lineal Descent

Indian Tribes in recent history have begun to assert inherent sovereignty

Sovereignty includes the authority to determine the citizenry of the sovereign. Congress and federal agencies within the Department of Interior influence the determination of citizenry of Indian Tribes in the United States.

The underlying philosophy of the US Government regarding Indians is one of assimilation. It is no secret that many attempts have been made to dissolve Indian Tribes. House Concurrent Resolution 108 was in effect during the 1950s, often called the "termination era." Several tribes in the country were terminated at this time. Squaxin Island was on the list for termination but we resisted successfully. Not so, the Klamath's, the Menominee's and the North half of the Colville.

In 1877, the Dawes Act insidiously robbed many Indians of their land base. Another name for the Act was the Allotment Act assigning a number of acres to the heads of households. Again a process foreign to most Indians who regarded land as sacred, not to be owned.

The 1934 Wheeler Howard Act offered tribes across the country the opportunity to organize themselves under a constitution if they so chose. In doing so the criteria were set for deciding who could or could not be an Indian in a federally recognized tribe. Constitutions were crafted by employees of federal agencies; mainly the Bureau of Indian Affairs.

Blood Quantum is a factor in most all the constitutions adopted after the Act was passed. A few tribes such as the Cherokee and the Puyallup rely on lineal descent for establishing citizenry.

Arguments both pro and con abound in Indian Country. Many would favor lineal descent hoping their children and grandchildren might consider themselves "Indian" along with their parents and grandparents. May others would rather not see blood degree diluted and treaty rights or natural resources impacted by many.

Questions and opinions surrounding this topic of discussion have quietly been collecting. What would we do about the impact on the resources if the Tribe grew to twice its current size? How do my grandchildren accept the fact they are not Indian when they have grown up believing they were part of the Squaxin Island Tribe? The Squaxin Island Tribe has the authority to determine its own citizenry. It has been doing so for many years. The question almost silently being asked is "How do we amend the process?" or "Do we want to amend the process?"

Thorough thoughtful deliberation must occur before to any decision is asked for. Many Tribes are asking themselves these questions. Some are making decisions. Some are still deliberating. We may want to discuss this issue and others in a community forum in the near future. If you have thoughts to express, please contact the Deputy Executive Director or the Editor of the Klah-Che-Min.



Do You Qualify for Any of these Programs?

Section 504 Home Repair Loans and Grants

Lisa Peters - USDA Rural Development provides home repair loans and grants to qualified very low income home owners to repair or improve their home, remove health and safety hazards, weatherize, pay for installation and assessment cost of utilities and/or provide accessibility for persons with disabilities. The applicant must be the owner of the home (This includes mutual help units).

SECTION 504 HOME REPAIR LOANS

- Must be unable to obtain conventional financing elsewhere
- Must have a satisfactory credit history
- Must have reliable and dependable income
- Must show repayment ability including the loan payments, real estate taxes, homeowner's insurance and other current debt obligations
- Must be a U.S. Citizen or legally admitted U.S. resident
- Must be 18 years of age or older and able to enter into a binding contract
- Cash value of non-retirement assets cannot exceed \$7500 for non-elderly and \$10,000 for elderly households
- Maximum loan limit is \$20,000
- Interest rate is 1% fixed for a term of up to 20 years.

SECTION 504 GRANTS

If you are a senior citizen (age 62 or older), who meets the criteria above but does not show repayment ability for a loan, you may be eligible for a grant, or a loan/grant combination. Grants are limited to a lifetime limit of \$7500. 504 Grant funds may be used only for repairs and improvements that remove health and safety hazards or to repair or remodel dwellings to make them accessible for household members with disabilities.

SECTION 504 LOAN AND GRANT INCOME LIMITS

504 Loan and grants can only be made to very-low homeowners with incomes below the following limits:

COUNTY	1 Person	2 Person	3 Person	4 Person	5 Person	6 Person	7 Person	8 Person
Pierce	17,500	20,000	22,500	25,000	27,000	29,000	31,000	33,000
Thurston	17,450	19,950	22,450	24,950	26,950	28,950	30,950	32,950
Mason	17,100	19,550	22,000	24,450	26,400	28,350	30,300	32,250
Grays Harbor	17,050	19,500	21,900	24,350	26,300	28,250	30,200	32,150

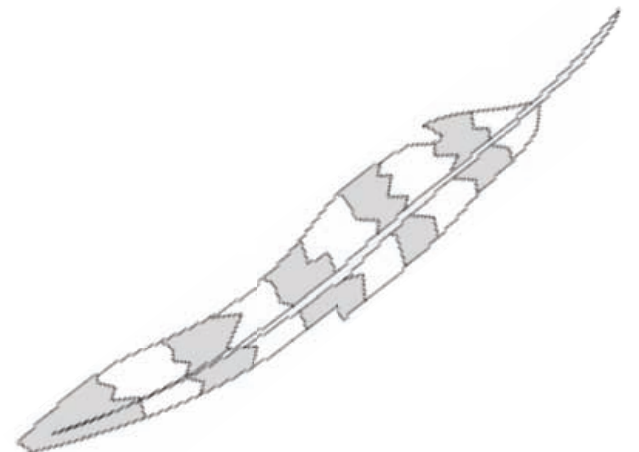
Weatherization Assistance Program

Weatherization programs exist to help low-income households reduce home energy consumption, while increasing the health, safety, comfort and longevity of their home.

The Community Action Council of Lewis, Mason and Thurston Counties provides a Weatherization Assistance Program which may include air measures such as weatherstrip and caulking, insulation measures to wall, floor and ceiling areas and related repair measures. Health and safety issues such as indoor air quality and heating system repair are also addressed. Each home is unique as to what is needed.

Below are the income guidelines for the weatherization program:

Number in Household	Monthly Income	Annual Income	Monthly Income for Wage Earners
1	970	11,638	1,212
2	1,301	15,613	1,626
3	1,632	19,588	2,040
4	1,964	23,563	2,454
5	2,295	27,538	2,868
6	2,626	31,513	3,283
7	2,957	35,488	3,697
8	3,289	39,463	4,111



Council Decision Effective Immediately

Fireworks are banned on ALL tribal lands until further notice due to extreme dry weather, fire hazard and public nuisance. Violators will be prosecuted to the fullest extent.



CANOE JOURNEY 2004



Jeremiah George - If you take a look at what we have accomplished over the past three years (and this goes farther than any pictures could ever tell) you realize that our Tribe is being represented very well by the people who have taken part in the tribal journeys, including Journey 2004.

Our Canoe Family is growing more and more each year. Although many people were not able to participate throughout the entire journey because of other obligations, we were all part of reconstructing the image other tribes (that we may not otherwise come in contact with) have of the Squaxin Island Tribe. We have socialized with and relied upon these tribes' support, both for sustenance and common spirituality for as long as time has existed.

Without the tribes that we visited during our journeys, we may not exist here and now. We have relatives in the most tucked away places that we may never have known because of our busy everyday lives. We can't seem to be able to step outside our doors and away from our phones, TVs, computers, families, friends, jobs and our responsibilities long enough to just say hello. We're all in this same boat, being so comfortable with our own surroundings, but I think it's a basic instinct to want to be around the families who our families have befriended since the dawn of time. Our ancestors knew each other. Since animals have the instinct to hunt, do you suppose, maybe, we have the instinct to want to interact with the people who our ancestors have known for generations upon generations? Even though our world seems like it's getting smaller because of all the technological advances, we tend to clam up in our own small surroundings. This narrows our sight of the world to tunnel vision. We get so used to our every day routine we don't even take time to say hello to the people down the street, down the



highway, or our friends and family who are just minutes or hours away.

The Tribal Journeys mean different things to each individual; to some it's spiritual; to others it's personal healing; and to others it's a test of their own physical or mental limits. The importance of the Tribal Journeys could be one or a combination



of these things or something entirely different. To me the journeys are a whole lot of things. The journeys provide me with a link to my ancestors, through the culture that we share and other tribes share with us.

Surprisingly, it also put me in a position of

leadership this year. I had the honor of skippering the fiberglass canoe named "Skookum". The first few days were real tough on me. After each day of travel I was pretty worn out and my wrists & shoulders felt like they would fall off. It whipped me into shape really fast. My muscles didn't have any other choice than to get used to the workload. As we progressed further north and I attended the Skipper's meetings with George, a different side of the journey was revealed to me. At first the only business was about departure times and which route to take. As the number of tribes we traveled with grew, the meetings grew into more of what the journeys meant to each tribe. I remember a meeting in Tsartlip, Canada, that turned into an incident reporting session because some people from a certain reservation were partying and approached another tribe's camp, telling the people to move because it was their party spot. There was another incident where some people egged a couple of campsites. Some of the Skippers suggested the hagglers should be found asked to leave.



Then, this Skipper from Nitnat, Canada, stood up and stated how all of the young people who really wanted to paddle with him he had join his crew. He didn't ask them who they were or what they'd done with their lives; he just asked their names and told them to get in. I remembered him from our first journey. At a potlatch in Hoh River, he shared some songs as a loan representative. His crew was resting at the late hour when their turn came to perform. I remembered him because he's about my age and it seemed like it was one of his first few times speaking on behalf of his people. Although he



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spoke very well, he didn't speak much. Anyway, this year, he was looked to for leadership and advice.

He said he doesn't judge people by what they've done in the past or what they do outside of the journeys. He said he knew they were all are looking for healing, and questioned who would he be if he denied them that. Or worse, what would they become if they were denied that healing? I also remember him saying that if he were to ask people who had never sinned to raise their hands, whose hands would be raised? He said his life wasn't always on the better side of things and that the journey brings so much healing. It would be wrong for someone to be denied that healing. It was discussions with people like him that opened my eyes to the true meaning of the journeys.

I was very fortunate to have been able to participate in the journey. It allowed me to get to better know the skippers and people from the other tribes. During the first couple of journeys, I just saw people and was like, "Oh, there's that person or that tribe again," without giving them much thought. Now I recognize people and tribes and know what they are about because of this



Photos on these and following pages are by Donna Penn, Mari Stone and Rusty Pleines



different point of view.

Next year, I hope to expose more people to the journeys from all perspectives.

The importance of coming together as one is another thing the journey taught. I know some people were not able to stick around to see this, and I hope nobody holds bad feelings about anything in any way.

Something that I re-learned is that you cannot leave things unsolved; you have to solve problems and leave them behind to be able to move on. Again this year, people lost their jobs because of the journey. I heard some lost their electricity at home. We all lost connection with the busy world.

Sure, we had our problems this year, but problems are everywhere and you have to face them. One thing that I want everyone to know is that even though we might not have handled things to perfection, as I didn't because of lack of preparation, we all stepped up to meet our difficulties head on. I'm a strong believer that things do happen for a reason, and this was a great learning experience. I can't express enough that we have to prepare ourselves sooner next year. I don't know if you can ever be completely prepared for anything, but it's good to be used to the idea of what your responsibilities are going to be. This is

not to say that we didn't know what was going on. Everyone did an incredible job! It's just that things could always be better and they will. George stated this fact to me: we are still babies in the water. We have less than two months on the water as a canoe family. But we all came together and put aside any differences we may have had so we could move on to the next reservation.

I want to thank everyone for being a part of this with me, even if you only got to go for a day or stopped by somewhere along the way to say hello.

My goal in publishing this article in the Klah-Che-Min is to try to keep you from making the same mistakes I made. Don't get so caught up in your immediate surroundings that you forget or neglect the rights your ancestors fought and died for, such as the right to go visit other tribes and share culture and teachings.

I hope more people who think the journeys "aren't their thing" will keep an open mind and come along. Maybe they will realize that this is "their thing" and it's been theirs for longer than anyone could ever know. We aren't some private group that thinks its too good for anybody else. We don't sit around chanting and preaching this or that. We share ourselves with each other. We grow together.

I'd like to thank our "Big Skip" George Krise for the opportunity to change and grow. It's like I was nodding off and you moved my hand from under my chin and woke me up.

I'd also like to thank my mom, Vicki Kruger, for instilling in me the need for culture. Without you there'd be no me, and without you we wouldn't know how to sing, dance or carry ourselves at cultural events such as the Canoe Journeys. We managed to get through it without you, but it was like limping our way through without our Achilles tendon.





CANOE JOURNEY 2004





CANOE JOURNEY 2004





CANOE JOURNEY 2004





CANOE JOURNEY 2004





Correction

Hi, my name is Daniel Suskin. I will be volunteering with the Summer Rec program this year. I have previously volunteered as a Camp Counselor for Thurston Parks and Recreation and will be a senior next fall at Capital High School. I enjoy working with kids and will volunteer as often as possible.

** Daniel was pictured incorrectly in last month's issue. The young man pictured last month was Jerry Schumate.*

Youth Take Over Un-Named "Old Tribal Center"

Nia Wellman - Even though it is not a sit-in, there is no doubt that Squaxin Island youth have taken over the old Tribal Center. But it's not all fun and games in the face-lifted upper floor. Youth and community members have watched the upstairs become a xelSucid Language Center, classroom space wired for distance learning for college and GED classes, a tutoring / homework room and office space.

Unfortunately, the newly remodeled building is still eagerly awaiting a new name. The Education Department would like to encourage any and all community members to submit name ideas for the Old Tribal Center that is now occupied by Tu Ha' Buts Learning Center.

Kim Cooper, Tu Ha' Buts Learning Center Director, sees the move as very positive because now youth have room to have fun. By the same

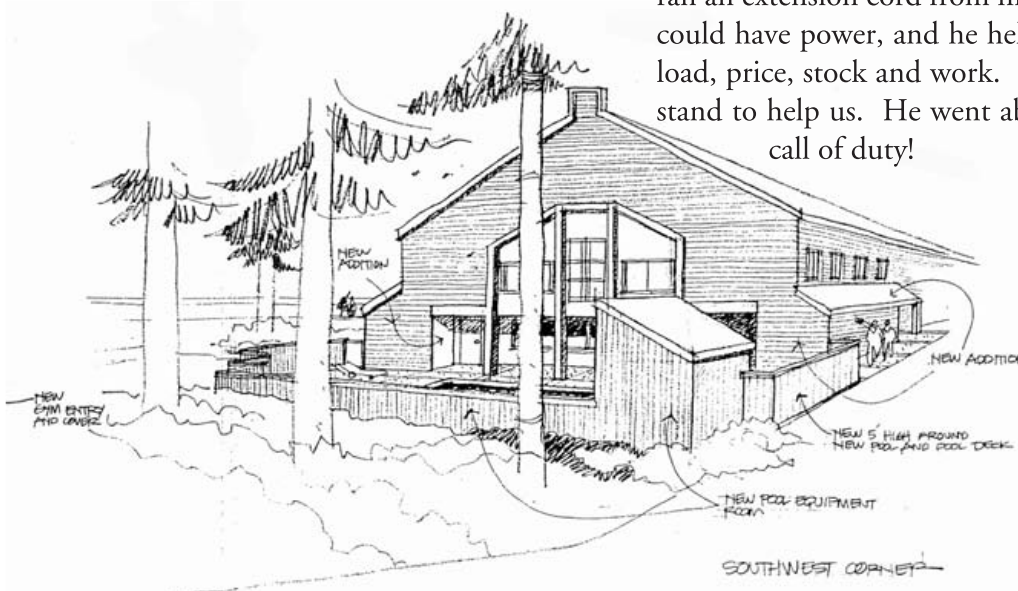
token, youth who need to concentrate on homework are not interrupted by recreation activities.

"We have two very different focuses," Kim said. "One is educational and one is recreational. Sometimes they mix and . . . sometimes they don't. . . . This gives kids options and allows us to provide more opportunities in a better atmosphere." Kim is also looking forward to providing new services in the classrooms upstairs.

The upstairs remodel, Phase I of the project, is mostly completed. "They're in it and the space is habitable," explained Dan Neelands, Construction Manager. Phase II of the project entails remodeling the Mary John's room as a preschool and remodeling the gymnasium. Phase III entails expanding the building and constructing a swimming pool. Phase II and Phase III will most likely be undertaken next summer, 2005, Dan said.

The old Tu Ha' Buts Learning Center is currently being refurbished as a Teen Recreation Center with an Arts and Crafts wing. It should open for services by the end of September, 2004. Tribal Public Services and Justice will stay in the old Tribal Center until a new home can be found for that department.

Watch for reconstruction plans in next month's Klah-Che-Min.



Canoe Family and Elders Thank You's for Fireworks Help

DONATIONS

Walter Lorentz
Virginia Berumen and Cowboy
Rose & Allen Krise
Tammy Ford
Mary Fletcher
Jeremiah George
Levi Sanchez
Little Creek Casino
Island Enterprises, Inc.

VOLUNTEERS

Morningstar Greene
Ryan Fox
Sam & Myrtle Penn
Merline and Toby Lewis
Ila Mae
Paula and Leo Henry
Sharon Johnson
Jami & Ed
Loretta, Roz, Abbie & Rick
Terry Capoeman
Lila Jacobs
Joyce Johns
Lizzie Perez
June Krise
Lorrain Van Brunt
Lil Kruger

Special thanks to Bill Lopeman. He taught us where and what to buy, even going with us. He ran an extension cord from his stand to ours so we could have power, and he helped us load and unload, price, stock and work. He even left his own stand to help us. He went above and beyond the call of duty!



Five Squaxin Youth Participate in Culture Keeper Program

Patti Puhn - Through a pilot program called Culture Keepers, five Squaxin youth experienced, witnessed, recorded, shared and ultimately preserved various areas of Squaxin Island culture. Funded by a special grant from the Little Creek Casino One Percent Charity Commission, David Dorland, Latoya Johns, Aleta Poste, Chickie Rivera, and Nicole Seymour received instruction in areas of culture from a mentor through a variety of activities this summer.

The application process required determining an area of cultural interest, locating a mentor who could provide instruction and oversight in that area of interest, providing a letter of support from the selected mentor and submitting a letter of interest detailing the following:

- Goals and objectives in the selected area of interest
- Description of the project(s) that would be completed to reach these goals and objectives, and to whom the new skills would be passed on
- Submitting a schedule of the planned events

Each youth was required to keep a daily journal and to present a final project at the end of the six week program illustrating what was learned and how it was learned.

The program was a drug/alcohol free program; therefore all applicants were required to pass a UA in accordance with the Squaxin Island Tribe's Drug and Alcohol policy.

The \$1,000 grant was awarded in two payments: \$500 was awarded prior to the commencement of activities and the other half was presented after completion of the projects at the end of the six week summer program.

Some of the activities detailed in the application letters of the recipients included:

- Learning some Lushootseed language
- Learning about Squaxin and other area tribes' prayers, songs and dances
- Learning the Squaxin history:
 - Holistic
 - Social/economic
 - Team-building
 - Leadership
 - Tribal governance
 - Traditional arts/lifestyles
 - Spiritual gatherings
 - Protocol and practices of our ancestors learned through the canoe journey.

Although learning our culture is a way of life for us, for the purposes of this program, the gathering of information closed on August 13th and the youth spent some time finalizing their projects before presenting them to the Museum for viewing during the month of September. Please stop by to view their final projects.



Latoya Johns



Chickie Rivera



David Dorland



Aleta Poste

The First Salmon Ceremony took place on August 14th at Arcadia Boat Launch Beach. Thanks to Will Henderson and Joe Peters who caught the first Salmon. Thanks to the singers, drummers, canoe paddlers, cooks and all other volunteers who made this year another great success!

More photos on Page 28.



Nicole Seymour



— MUD BAY WELCOME POLE DEDICATION —



Dedication

Continued from Page 1

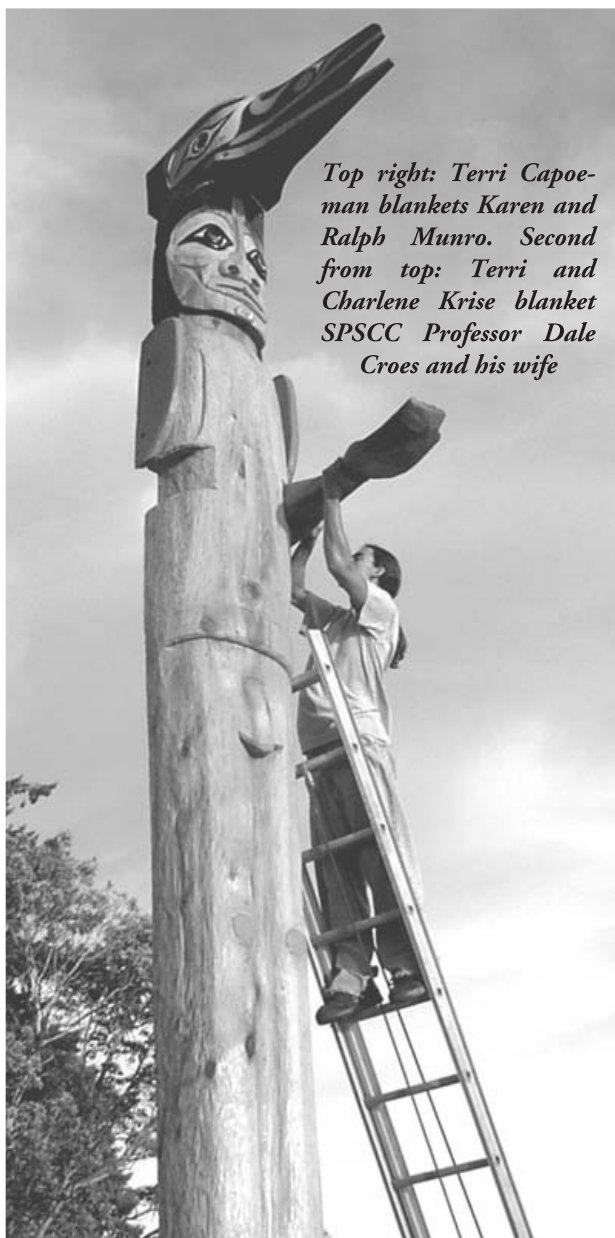
thing is swimming here and knowing your people were swimming here thousands of years ago.

An exchange of gifts took place between the Munros, members of the Tribe and SPSCC, and then the event concluded with a traditional salmon bake and feast.

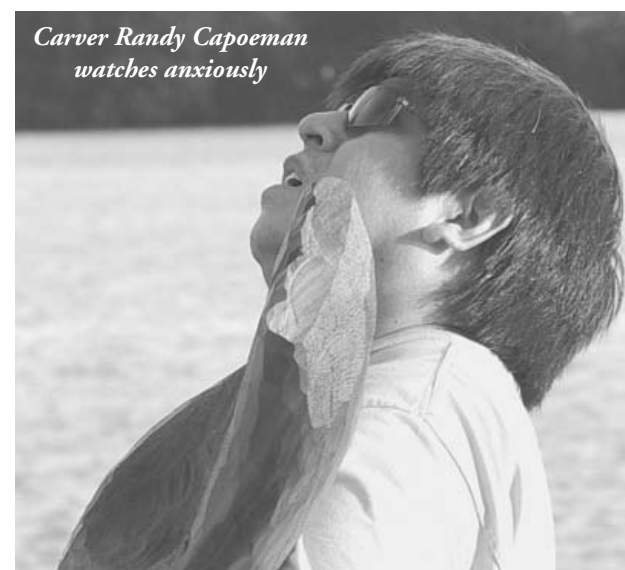
"We encourage other families to work with the Tribe. There are a lot of other sites like this," Ralph Munro added.

The carving project was funded by a grant from the Ford Foundation.

Thanks go out to all the witnesses of the event, speakers, Canoe Family members, and those who helped cook, clean and prepare in any way. Special thanks to Charlene Krise who coordinated the event with assistance from Russel Harper, and to David Lopeman and Rose Algea and Mike and Shirley Davis for offering prayers. Special thanks, also, to assistant carvers Jessie Thomas, Ed Thomas, Casey Krise, Bob Koshiway, Lenny Hawks and Bear O'Lague.



*Top right: Terri Capoe-
man blankets Karen and
Ralph Munro. Second
from top: Terri and
Charlene Krise blanket
SPSCC Professor Dale
Croes and his wife*



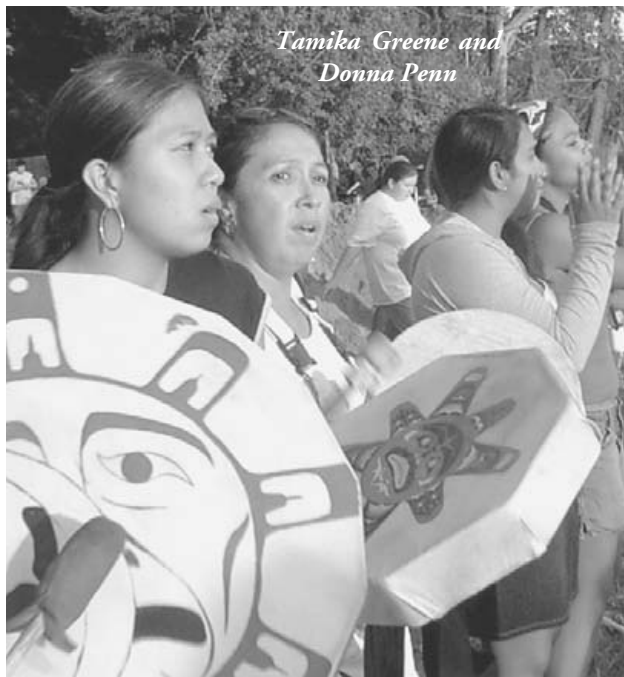
*Carver Randy Capoe-
man watches anxiously*



Latoya Johns and Aleta Poste



MUD BAY WELCOME POLE DEDICATION



*Tamika Greene and
Donna Penn*



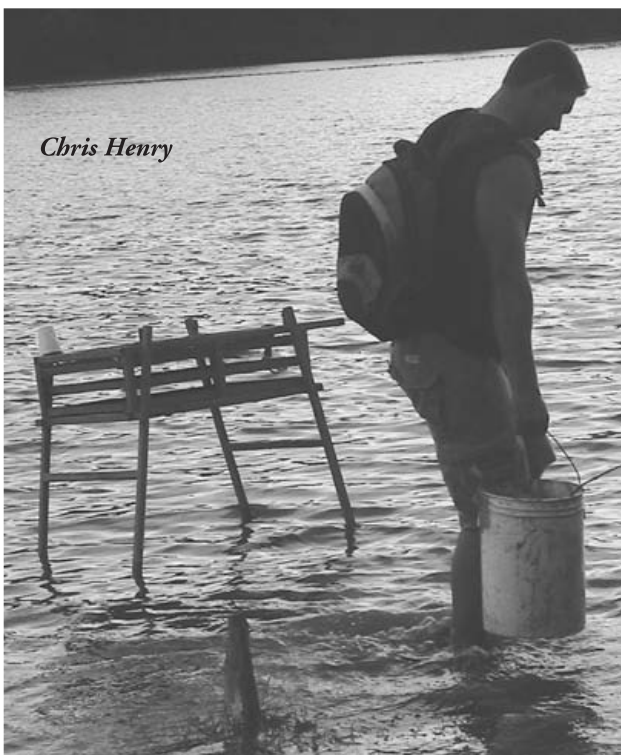
Blanketing Rhonda Foster



*Lizzie Perez
hugs Ralph and
Karen Munro*



Kevin Harper



Chris Henry



June Krise



Lisa Ewing and Mike Cooper



Wacky Nutrition Scientist Visits Youth in Summer Recreation Program

The Wacky Nutrition Scientist (a.k.a. Patty Suskin, Diabetes Coordinator), made several visits to the Summer Recreation program to spread the message of healthy eating and activity as ways to prevent diabetes, obesity and other health problems. Limiting TV and/or computer game time to 1 - 2 hours a day was stressed as a way to increase activity.

Dancing & Jump roping: Patty and the kids danced & jump roped to the music CDs "Veggie Power", "Shake that Sugar" and "Native Fitness Exercise Music."

Veggie Tasting: The kids enjoyed the tasting trays of raw veggies - peppers, cauliflower, broccoli, carrots, zucchini, summer squash, jicama, snap peas, green beans and more. The scientist was impressed by how the kids were so willing to taste new and different veggies.

Diabetes Treasure Box: The Diabetes Treasure Box was filled with visual information on diabetes complications (one week, the Scientist

had to chase down a pirate (a.k.a Wes Whitener) to get the box back.) The Scientist put household items in the box that would help educate the youth about complications of diabetes such as losing eye sight, losing feeling in the feet and hands, clogging of arteries leading to heart attacks and strokes and loss of kidney function, all of which can be reduced or prevented by good blood sugar control.

Messages: Be active & help your family be active. Have your family members checked for diabetes, and remember to eat your veggies.

Making Parfaits: On August 2, the kids made their own fruit parfaits from strawberries, blueberries, yogurt, mandarin oranges, cherrios, almonds, & pineapple and watched portions of the video, "Diabetes, Don't You Get It".

(See the Diabetes Quiz on Page 18.)

Thank you: Thank you to all the staff at the Summer Recreation program (including the group leaders during the sessions and beyond), Vicky York for program ideas & support, Lisa Evans

for so many details, Holly Hillstrom & Paula Parsons for newsletter coordination, Dee King for borrowing your kitchen supplies, pirate Wes Whitener, Heather McGhee and Leila Whitener for chopping so many veggies, Summer York for supervising parfait-making and, of course, thank you to the kids for joining in my activities! There are so many of you that helped, I appreciate all of you!

Patty Suskin, Diabetes Coordinator, (A.K.A. the Wacky Nutrition Scientist) can be reached at the lower level of the clinic at (360)432-3929.



MEAL PROGRAM MENU

A salad bar will be available at each meal, as well as fresh fruit or fruit salad. Beverages available each meal: 2% milk, fat free milk, crystal light, water, coffee, tea, hot chocolate. Sandwiches are available on request instead of the entrée listed. Want seconds? - Just ask or help yourself! Free to seniors 55 and older and \$3 for all others.

Food Group	Monday	Wednesday	Thursday
Meat Vegetable Grains/Bread		1 Breakfast: Scrambled Eggs Carrots & Celery Biscuits	2 Chalupa Broccoli and Cauliflower Chips, Pinto Beans
Meat Vegetable Grains/Bread	6 CLOSED Labor Day	8 Hamburger Steak Steamed Vegetable Baked Potato	9 Sandwich Bar & Soup Carrot-Raisin Salad Variety of Breads
Meat Vegetable Grains/Bread	13 Baked Cod in Red Sauce Steamed Broccoli Orzo Pilaf	15 Beef Stir Fry Stir Fry Veggies Brown Rice	16 Elk Meatloaf Zucchini & Tomato Mashed Potatoes & Rolls
Meat Vegetable Grains/Bread	20 Sandwich Bar & Soup Cooper Pennies Salad Variety of Breads	22 Salmon Dinner Steamed Mixed Veggies Wild Rice	23 Indian Tacos Veggie Tray Fry Bread
Meat Vegetable Grains/Bread	27 Delux Spaghetti Petite Green Beans Wheat Buns	29 Beef Stew Veggie Tray Biscuits	30 Chicken Cobb Salad Potato Salad Wheat Rolls

Veggie Power Song Chorus

Veggie Power
Is what we all need
Yes, Veggie Power
Might help you take the lead
If you eat your fruits and veggies and you
exercise
A healthy body
Is what you'll realize
Veggie Power





Outdoor Activity of the Month

Stroll along the Deschutes at Tumwater Falls Park



Photo: Steve Bloom/The Olympian

The walking bridge near Tumwater Falls offers a scenic view and a connection to the popular riverside trail which winds down by Tumwater Historical Park from both sides of the river.

WHAT

Hiking trail at Tumwater Falls Park.

WHERE

The trail loops through the gorge where the Deschutes River tumbles through waterfalls and into Capitol Lake. It's at Tumwater Falls Park, which is on C Street in Tumwater near the brewery.

TO DO

The trail is the place to be during this scorching summer. The falling water and plenty of shade create natural air conditioning for this beautiful spot. You can't -- and shouldn't -- swim in these dangerous, swirling waters, but you can lounge on a gravel beach, picnic in shade or sun, see spring water burbling down rock walls and just enjoy a cool spot.



WHAT TO BRING

Bring polarized glasses to spot fish in the rushing water. Starting in early September, hundreds of Chinook salmon swim up the river. In summer, careful watchers can spot sea-run cutthroat trout, especially after a rain shower.

Hikers who use walkers or wheelchairs should stick to the left side of the river -- facing downstream -- as the right side trail has springs flowing across the trail, and rugged rock stepping stones are the only crossings.

SAFETY

Keep a close eye on kids, as steep slopes and rushing water are close to the trail edge.

PARKING

There is plenty of parking at Tumwater Falls Park.

HIKE DETAILS

Park in the parking lot, and head for the trail, which begins near the salmon hatchery across the river from the old brewery. As you start walking down to the trail, you'll see steel grate in the pavement. Look down, and you'll see part of the fish ladder that was built in the 1950s to allow salmon to swim above the falls. When you reach the first set of falls, stop to feel the cool spray on your face.

A footbridge crosses the river a little way down the trail. Cross the bridge to take the shady side of the trail. Notice the springs flowing from the rocks on the side of the trail. There are benches and great photography spots in this stretch.

Notice the concrete fish ladders along the river. In the fall, these mazes of foaming water are full of Chinook salmon.

Steps lead down to the rushing river. A gravel beach and water-sculpted rocks make this an attractive spot for a rest or picnic.

Another footbridge takes hikers to the other side of the river and return trail at the spot where the rushing, falling Deschutes River flows in Capitol Lake.

A water fountain -- installed years ago by Olympia Brewery workers -- offers a cool drink before the hike up the other side of the river.

EQUIPMENT

Good walking shoes, snacks, sunglasses, cameras and binoculars. Picnic lunches are a good idea.

SERVICES

There are water fountains at the top and bottom of the trail. There are restrooms in Tumwater Falls Park.

DIRECTIONS

From Capitol Boulevard, turn onto D or E streets. Turn right on Deschutes Way. At C Street, turn right to enter Tumwater Falls Park.

RULES

The park is open from 8 a.m. to 8:30 p.m. Pets must be leashed. No bicycling, swimming or fishing is allowed in the trail area.



Nisqually Wildlife Refuge Activity Calendar

SUNDAYS, SEPTEMBER 6, 13 & 20

Guided Nature Walk Beginning at 1:00 p.m.

SATURDAY, SEPTEMBER 11

Slideshow and discussion:
Earthquakes and blizzards
11:00 a.m. and 2:00 p.m.

SATURDAY, SEPTEMBER 18

Walk Beginning at 10:00 a.m.



Diabetes: Don't You Get It Test Your Diabetes I.Q.

1. All people who have diabetes have been diagnosed and are seeing a doctor.
True or False?
2. What is insulin?
A) a food
B) a hormone
C) a cell
3. Everyone who has diabetes has to give themselves insulin shots every day.
True or False?
4. The most important thing you can do to protect yourself from diabetes is
A) drink lots of water
B) never eat any candy
C) Exercise daily and eat healthy foods
- 5) Not very many people in America have diabetes and all of those who do have it are old.
True or False?

Answers are on the next column.

Diabetes Screening at the Women & Girl's Gathering

On Saturday, July 31, Patty Suskin, Diabetes Coordinator, and Jen Olson, of Northwest Indian Health Board Diabetes Program, tested over 30 participants before breakfast. A simple finger poke after 12 hours of not eating can tell if the person needs to follow up with further tests for diabetes or prediabetes. Several women were surprised to find that their blood sugar levels were a bit high & were encouraged to see their doctor.

Patty Suskin, Diabetes Coordinator, also hosted an information session entitled, "Carbohydrates, How Much is Healthy?"



Rachele Rioux, Squaxin Island Tribal member, is screened for diabetes before breakfast at the Women & Girls' Gathering on July 31st.

Picnic/Potluck at Friend's Landing

On August 4th, Stub & Ruth Creekpau, Harry & Bertha Fletcher, Don & Rose Brownfield, Glen & Ann Parker and Patty Suskin, Diabetes Coordinator, gathered at Friend's Landing in Montesano for the community potluck/picnic. We enjoyed a leisurely walk around Lake Quigg, a view of the Chehalis River and a great potluck with Stub as BBQ Chef. The weather was a little rainy before we arrived, but we enjoyed sunshine during our visit and the rain sprinkles started just as we packed up. Thank you to Ruth & Stub for coordinating this gathering at such a beautiful spot, to all of you for driving over and participating (especially Glen with all the extra stops in search of Harry & Bertha!), to Ann for recording the event with pictures, and to all of you for your delicious potluck food!



Answers to Diabetes Quiz

- 1) False. About 7 million people that have diabetes do not know it yet. If you are Native American and over the age of 25, you should see your doctor about diabetes screening.
- 2) B. Insulin is a hormone that your body makes to allow your cells to use food for energy. If you have diabetes, your body is not making the insulin or the insulin is not working right.
- 3) False. Most people with diabetes do not take insulin to keep their diabetes in control. People with Type 2 diabetes (90% of people with diabetes have this type) may keep their diabetes in good control by eating healthy foods and being active. Some people with Type 2 diabetes may need medications (pills, insulin or both) to keep their diabetes in control in addition to staying active and eating healthy foods. People with Type 1 diabetes have to take insulin shots every day to live.
- 4) C. Both exercise and eating healthy foods reduce the sugar level in your blood and help you feel better in general.
- 5) False. More than 16 million Americans have diabetes and many of them are under the age of 25. Native Americans are more likely to have diabetes. By eating healthy foods & staying active, you can protect yourself from having diabetes.

For ideas on how to be healthier, contact Patty Suskin, Diabetes Coordinator, for individual or family brainstorming. Stop by the lower level of the clinic or call (360) 432-3929.



www.4girls.gov

As they get older and move into their teens, girls face challenging social pressures and health issues. The 4Girls Health web site was created to help girls (ages 10-16) learn more about the issues they may face in the upcoming years. The web site has information about these topics: Body, Fitness, Relationships, Drugs and Alcohol, Nutrition, Mind, Safety, Looking Ahead, Building Character, Illness and Disability, 4Parents and Caregivers, News and More.

The Parent/Caregiver section provides web site links so you can get information to help girls cope with social pressures and health issues.

Some girls not only deal with the stresses of growing up, but also the pressures of living with illness or disability. This special section gives girls tips on talking to friends, going to the doctor, dealing with school, talking to the family and a lot more. It also has a section for families, which offers parents, brothers and sisters helpful ways to cope and offer support.

The 4Girls web site only links to reliable sources of information. When you leave the site and click on one of the pre-screened links, you will be told that you are leaving a federal web site.

When asked about one health issue she feels is most important to teen girls today, Dr. Wanda Jones, Deputy Assistant Secretary for Health (Women's Health) replied, "Having respect for

your body. Everything from how you treat your body, to how you care for it, how you work for it and not poisoning it . . . all come from having respect for your body."

Diabetes Support Group

Walk from 12:45 to 1 pm ; Talk from 1 pm to 2 pm
People with Diabetes, their friends and family welcome

1st and 3rd Mondays
Elder's Building after lunch
12:45 pm-2 pm

► No Support Group in August. No Support Group Labor Day(9/6) & (9/20).
Regular meetings will resume Oct 4.

► Next Support Group: September 13, 1 pm to 3 pm:
Field Trip to Fred Meyer in Shelton for
tips on food label reading & more.

► **Diabetes Foot Exam Morning: Tuesday, Sept 21st**
9 am to 11 am at the clinic

► **Join us!**
Contact Patty Suskin, Registered Dietitian
and Certified Diabetes Educator
to RSVP or for more information at 432-3929

Upcoming Health Events

BRIEF WALK

Every Thursday at 12:40
Meet at the Elder's Building

MAMMOGRAM DAY

September 16th
Call Rose Algea for your appointment
(360) 432-3930

DIABETES SUPPORT GROUP

Every 1st & 3rd Monday
Will resume on Oct. 4th (see below)
12:45 to 2:00 p.m.
Walk at 12:45
Talk 1:00 - 2:00 p.m.
Meet at Elder's Building right after lunch
(No Support Group in September)

SUPERMARKET TOUR

Monday, September 13th
1:00 to 3:00 p.m.
Meet at Elder's Building
Learn how to read labels & evaluate foods
Bring your Questions

DIABETES FOOT EXAM MORNING

Tuesday, September 21st
Priority for people with Diabetes
Annual exam by a Podiatrist
Call Patty Suskin for an appointment
(360) 432-3929

FAMILY FUN FESTIVAL

September 25th
11:00 - 3:00

HEALTH FAIR

Wednesday, October 13th

Questions or to RSVP for these activities, contact Patty Suskin, Diabetes Coordinator at (360) 432-3929





Luke Moses is Recovering From Bone Marrow Transplant

As of August 26th, eleven-year-old Luke Moses, foster son of John and Gloria Krise, was on his 77th day of recovery from a bone marrow transplant, a necessary part of his treatment for leukemia.



Luke before cancer treatments

Luke was diagnosed with cancer last year after the Krises noticed unusual bruising on various parts of his body. He was also walking differently and broke his leg at daycare without telling anyone he was in pain. Luke was taken to several doc-

tors who claimed there was nothing wrong with him, until, finally in desperation, Gloria took him to Children's Hospital in Seattle. They, too, believed there was nothing wrong with young Luke, but Gloria was persistent in asking for a blood test.



Luke undergoing cancer treatments

On the way home, the hospital called Gloria's cell phone and told her to turn around and come back to the hospital as quickly as possible.

"I already knew he had cancer," Gloria said. "I just needed somebody to acknowledge that and start treating him."

A normal platelet count is between 100-4,500. Luke's was 5 million. The Krise's were told

Luke had only a few months to live unless a bone marrow donor could be located and soon!

"Can you believe it? You have to wait a year to get on the waiting list," Gloria cried.

Luke didn't have that much time.

In the fall of 2003, John and Gloria began a donor drive, covering every possible television station, radio, newspaper and school between Washington and Oregon. They also made trips to Mexico in an unsuccessful attempt to contact Luke's biological father.

Luckily, a still-undisclosed donor was found and Luke was able to undergo surgery last spring. Law forbids the donor being identified until one year after treatment.

Although Luke is in full recovery, he is suffering what is commonly called "Host Donor Disease."

"This is something that all transplant recipients suffer through," John explained. Luke suffers extreme stomachaches caused by ulcers, among other complications and is required to take nine pills, three times every day. These medications

Congratulations Raffle Winners



*Nikki Fox
Women's Health*



*Sherri Larson
Mammogram*



*Joshua (10), Luke (12), Nichals (7), Selena (6)
and Mirella (8)*



include antibiotics, chemo, vitamins, high blood pressure meds, steroids and magnesium, all necessary to combat not only the disease, but the side effects as well. This part of the illness could take up to year for recovery.

The Krises are not allowed to accept any form of monetary donation, as stipulated by Luke's biological mother, but they said they would more than welcome volunteers who would be willing to spend time with Luke, write him letters or watch their other four children (Luke's brothers and sisters) so Gloria can join John in Seattle with Luke or they can both just take a much needed breather.

You can reach them at 427-2681 (h) or 490-6302 (c).

Clinic Evening Hours

The Squaxin Island Health Clinic will now offer extended hours.

Beginning on Tuesday September 13th, the Health Clinic will offer a walk-in clinic every Monday and Tuesday evening from 5:00 p.m. to 7:00 p.m. for Tribal members only. No need to call and make an appointment, just walk in and you will be serviced on a first come, first serve basis.

DSHS Assistance

DSHS worker Kathy Hatch will be in the new office across the parking lot from the clinic. Her hours are:

Monday & Wednesday - 10:30 - 2:00 p.m.

She can help you with all your DSHS paperwork, applications, appointments, reviews and she will process them for you. These services include:

- Food assistance
- TANF
- GAU
- Medical Assistance
- Nursing Home Care
- Assisted Living (COPES or in Home Care)
- Non-Needy Grants (for relative placement assistance)
- Child Care
- Disabilities
- Cash Assistance
- ADA/TA Drug and Alcohol
- First Steps
- * And lots of other resources

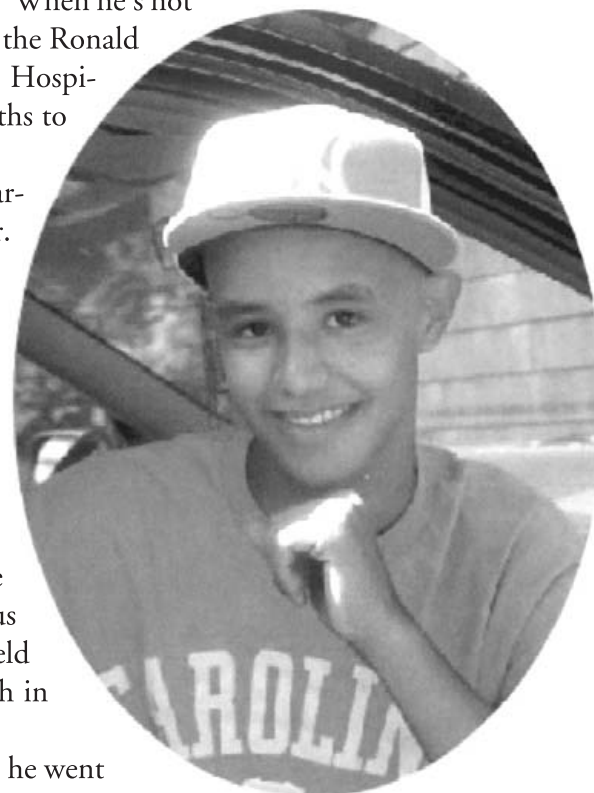
A Call For Help

Marcus McCrory, age 13, a Quinault tribal member, was diagnosed in June with Rhabdomyosarcoma, a cancerous tumor of the soft tissue. This is a recurrence of the same type of cancer Marcus had at the age of four. Since this is his second case, the doctors have recommended an aggressive treatment that will require at least 50 weeks at Children's Hospital in Seattle. He has been receiving chemotherapy drugs and will receive radiation as part of his treatment. When he's not in the hospital receiving treatment, Marcus will stay at the Ronald McDonald House for cancer patients near Children's Hospital. He will also undergo surgery in the next few months to remove the tumor.

Marcus and his family are from Taholah. His parents are Alice and Kirk Figg and Vernon McCrory. Sr. His brothers are Vernon and Vince and his sisters are Taliah Mail and Tahnee McCrory. His grandparents are Lois and Richard "Inky" Charley and Sharon McCrory and the late Francis "J.B." McCrory. Marcus is also a great nephew to the late Joe DeLaCruz.

Marcus is an honor student and outstanding athlete who has participated in basketball, baseball, football, track, cross-country, boxing and wrestling. Since he began playing baseball, he has made the All-Stars every year. In the summer of 2001, Marcus qualified to compete in the Hershey's Track and Field Competition in Hershey, Pennsylvania and placed fifth in the nation for the softball throw.

Marcus decided to compete again in 2003 where he went on to place second in this national competition. A fund has been established at the Twin County Credit Union to assist Marcus and his family with expenses while being treated for cancer. All contributions are welcome and very much appreciated.



Twin County Credit Union - Aberdeen Branch
Marcus McCrory Benefit Fund
Acct# 163293
Aberdeen, WA 98520
360-533-6707

Cards and letters can be sent to Marcus at:
Ronald McDonald House
5130 40th Ave. NE, Bldg A, Room 375
Seattle WA 98105

Cancer Orientation Community Input

Squaxin Gym, Sept. 7 & 8, 5:00 - 8:30 p.m.
Everyone Invited
Comprehensive Cancer Control Project
Dinner Provided

How to Find Health Information for American Indians and Alaska Natives

www.healthfinder.gov/justforyou

Choose the
American Indians and Alaska Natives link

This page highlights key health topics
identified by members of these communities.



News in Brief

Phone Lines Disruption

Phone lines at the tribal Center and other buildings will be disrupted intermittently throughout the road construction project. Thank you for your patience

NW American Basket Weavers Association Annual Gathering

October 1-3

Friday, October 4, weavers will teach youth from 9:00 to 4:00 p.m. in the LCC Conference rooms. The MLRC will be hosting the "Honor the Weavers Banquet" from 6:00-9:00 p.m. at the Squaxin gym. October 9th, at the gym, the "Squaxin Canoe Family Celebration Dinner" will be held at 6:00 p.m. to share with the tribal community the journey and thank participants and helpers.

Water Sounds Native Art Auction

September 11th at the MLRC

If you would like to donate an art piece, please call 432-3853

Salish Art Design and print with Joe Fedderson

Tentatively scheduled for October 16th and 23 at the MLRC

Twelfth Annual

Salmon Homecoming Celebration

RESTORING ESTUARIES

September 8-15, 2004, on the Seattle Waterfront and The Seattle Convention Center. Cultural performances and related activities will take place on Piers 62/63 Sept. 8-12. This year's Salmon Homecoming Forum, a collaborative effort with Restore America's Estuaries, will commence Sunday, Sept. 12, at the Washington State Convention Center. Activities on the pier will include a Northwest Tribal Gathering and Powwow, storytelling, arts and crafts, environmental exhibits and the Annual Salmon Homecoming Salmon Bake. A traditional Canoe Arrival Ceremony is scheduled for Sunday, a gathering of the Treaty of Indigenous Peoples International will be held Wednesday and Thursday and a free multi-cultural concert will be conducted Thursday evening. A reception is scheduled for 6:30 p.m. Sunday at the convention center, and will include the presentation of this year's Seventh Generation Legacy Awards. These awards acknowledge contributions of individuals or enti-

ties that have made a mark relative to the Salmon Homecoming theme, "Working together toward inter-cultural understanding for the benefit of salmon and future generations." For more information about 2004 Salmon Homecoming activities, please refer to www.salmonhomecoming.com Salmon Homecoming is a presentation of the Salmon Homecoming Alliance. Major sponsors include King County, the City of Seattle, the Muckleshoot and Tulalip Indian tribes, the Tribal Communities of the Pacific Northwest and the Northwest Indian Fisheries Commission.

Childcare Center Seeking Bids for Carving an Entry Sign

The Childcare Center is looking for bids from local carvers to create a sign that would go in front of the building. The only requirement is that the logo be on the sign. If a carver would like more information they can contact Jim Kindle 426-1390 or jkindle@ieinc.org

Public Budget Hearing

The FY05 Second Public Budget Hearing September 20, 2004, at 4:30 PM Council Chambers

Please plan to attend and comment on our FY05 draft budgets.

For Sale

15' Trihull Boat with trailer, 65 hp motor Native American Style couch, \$700/offer 360-275-7117

Apple Sale

Delivered orchard fresh from eastern Washington 40 pound boxes for \$20

Gala delivered in early September.

Order deadline Sept. 1

Fuji delivered in early October. Deadline Oct. 1

Proceeds benefit Lions Clubs and Camp Leo Summer Camp for Children with Diabetes

To order, contact Brian Thompson at 432-3907

Free old washer/dryer

Both work GREAT!

Call Marcella at 432-3931

Please Drive Carefully

When detouring through the reservation housing area because of the Old Olympic Highway road construction, please be aware of the 15 mile per hour speed limit. Please use extreme caution. There are many small children who play on or near the streets.

Council Decision Effective Immediately

Fireworks are banned on ALL tribal lands until further notice due to extreme dry weather, fire hazard and public nuisance. Violators will be prosecuted to the fullest extent

All privately owned property (Simpson / Green Diamond) is currently closed to all foot traffic and Hunting due to the weather and fire hazard.

Please Take Note of these Telephone Numbers

Contract Health Services: 432-3922

Kamilche Pharmacy: 432-3990

Enjoy take-out at great prices

Pizza, fry bread, Indian tacos and salads to go

Little Creek Casino Bingo Hall

Sunday through Thursday, 4:00 - 10:00 p.m.

Call 427-3006.

Fresh Eggs for Sale

Free-range, fresh, local chicken eggs for \$2 a dozen are available in DCD/Planning. Come by and pick up a dozen from the refrigerator in the central lunch room. Giggling Goat Gardens sells fresh eggs and weekly shares of fresh, organic vegetables. See Nia in Planning or call 701-4780.

OysterFest is Coming Up

First weekend in October

Discussion at Senior Mtg. 1st Thursday (Sept. 2)

If you would like to volunteer, please call Paula Henry at 432-3934 or BJ Peters at 432-3936.

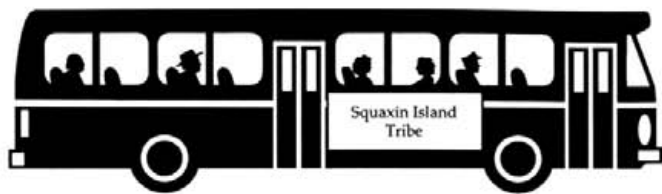




Evergreen Receives \$100K to Support Native American Teachers

The William Randolph Hearst Foundation has given \$100,000 to The Evergreen State College Foundation to continue its support of Native American teachers. It's the second \$100,000 grant from the Hearst Foundation to the college. The first in 1998, coupled with a \$50,000 match from the State of Washington, led to the creation of the Evergreen Foundation's William Randolph Hearst Endowment of Future Native American Teachers.

The endowment supports Native American students in the Master in Teaching program. Scholarships are awarded to second year MIT students with merit and financial need. The awards provide financial assistance to students who are entering their quarter of full-time student teaching. The number of Native American MIT students has grown from four in 1999 when the endowment began to 22 students in 2002. Among the students supported by the endowment is Chauneen Goodell, an Evergreen MIT graduate in 2000. Only 0.78 percent of Washington teachers are Native American.



Squaxin Island Tribe

Phone 789-5936 or 280-7612

Bus Schedule effective August 27, 2004

Leave Tribal Center	* Bloomfield Loop	Reservation Route **	Kamilche Transit Center	Steamboat Island	Elma / NWITC	McCleary Transit	Arrive Tribal Center
6:25 a.m.		6:26 a.m.	6:50 a.m.				6:55 a.m.
7:00 a.m.		7:01 a.m.	7:30 a.m.				
		7:40 a.m.	8:10 a.m.	8:25 a.m.			
			8:35 a.m.				8:45 a.m.
9:10 a.m.		9:12 a.m.	9:35 a.m.				
9:50 a.m.		9:51 a.m.	10:15 a.m.		10:40 a.m.	11:00 a.m.	
			11:20 a.m.				
11:45 a.m.		11:46 a.m.	12:10 p.m./12:25 p.m.				12:45 p.m.
1:05 p.m.		1:06 p.m.	1:25 p.m.				
	Call/Request					Call/Request	2:10 p.m.
2:30 p.m.		2:31 p.m.	2:50 p.m.	3:05 p.m.			
			3:20 p.m.				3:30 p.m.
3:45 p.m.		3:46 p.m.	4:10 p.m.				4:20 p.m.

- * Kamilche Point Road (Bloomfield Loop)
- 1) Bloomfield Road
 - 2) Old Olympic Highway
 - 3) Hurley Waldrip Road
 - 4) Highway 108 to Kamilche Transit Center

- ** Stops on Squaxin Island Reservation
- 1) Corner of Klah-Che-Min and T'Peeksin
 - 2) Corner of T'Peeksin and Steh'Chass Place
 - 3) Loop of T'Peeksin
 - 4) Corner of Klah-Che-Min and Skalapin (by Clinic)

- Connects with Mason Transit to Shelton
- Connects with Mason Transit to Olympia
- Connects with Grays Harbor Transit to Aberdeen
- Connects with Grays Harbor Transit to Olympia Greyhound Station

- **Dial-A-Ride** Service is available for customers who experience difficulty using the regular route service. **Please call at least one day in advance to schedule your ride.**
- Each Monday a scheduled trip to Shelton is available that will include stops, as requested, such as Safeway, the library, Fred Meyer and WalMart. The bus will leave Squaxin Island Tribal Center at 9:00 a.m. For more information, please call Tammy Ford at (360) 426 9781 or (360) 432-3888.
- Service is Monday through Friday only. - The Bus does not operate on Martin Luther King Jr. Day, President's Day (observed), Good Friday, American Indian Day, memorial Day (oserved), Fourth of July, Labor Day, Thanksgiving, the day after (Friday), Christmas Eve through New years Day and any day that Squaxin Island Tribal Center is closed.



PLANNING DEPARTMENT



Planning Department Happenings

Lynn Scroggins - The Planning Department is initiating a new monthly Planning Department series of articles about some of our projects (in alphabetical order) * means the project is a high priority focus for the next twelve months.

Animal Concerns. We are beginning to explore with Robbin Rhoades (PS&J) community concerns related to animal control.

DSHS contract consolidation. We are working with DSHS, Whitney Jones and Connie Whitener (HHS) and June O'Brien (NWITC) to finalize numbers and paperwork that enables Squaxin to operate DSHS programs more efficiently.

* Emergency Management. We are working with Mike Poier (DCD) on program enhancements.

* Fire station. We are working with Mike (DCD), Ray Peters (Admin), Kevin Lyon (Legal) and Mason County Fire District 4 on the predesign phase of the project. So far, funding is a HUD grant with a tribal match. When the predesign is finished, we will address any further funding needs.

Flag pavilion. We are working with Mike (DCD), Whitney, Paula Henry, and B.J. Peters (HHS) and with Glen Parker to form a committee to design and build a Squaxin veteran-oriented flag pavilion. The committee will develop a case statement to be used as a funding and information document.

Flags. We are working with Rhonda Foster (CRD) and David Whitener Sr. (Admin) to finalize the design and order flags for a number of purposes.

Growth study. We are beginning to work with Dave (Admin) to interview Planning Departments of several tribes who have already grown in ways similar to Squaxin's direction to better understand their support structures.

* Housing support. We are working with Mike and Penni Giles (DCD) to enhance housing services and finance options.

* Health Clinic expansion. We are working with Whitney and Connie (HHS) and Dan (DCD) to fund the expansion.

* Information Systems. We are working with Mitzie (DIS) to enhance digital mapping capability, to provide improved Internet access to community households, and to improve

enforcement and surveillance through new security and monitoring systems.

* IPC Building. The IPC design-builder is on board and the Squaxin-SPIPA committee is meeting to develop all the detailed specifications. Funding is a USDA/bridge loan and a HUD grant. Kevin (Legal) is reviewing the bridge loan paperwork and Mike (DCD) is getting an estimate that includes more square footage.

* Land. We are working with the BIA and Kevin (Legal) on fee-to-trust application process, and we're working with Kevin and Ray (Admin) on developing a Squaxin Island fee property acquisition strategy.

* NCR Building. We are working with Jeff Dickison (NR), Rhonda (CRD), and Dan Neelands (DCD) to become more knowledgeable about "green buildings." Green buildings are energy efficient, resulting in net long-term cost savings. Prioritized as one of Squaxin's next projects, the NCR Building will be a green building.

* NWITC program enhancements. We are working with June (NWITC) to fund enhanced co-occurring disorder services.

* OOH road improvements. We are coordinating with Mike and Dan (DCD), Mason County, WSDOT, and the BIA on the project which includes improvements to water and sewer, telecommunication (i.e. phone, cable, Internet access) and new water reuse capability.

Oyster Scow. The scow is in the water and the long funding process is just about done. We are working with Matt Smith (IEI) to schedule a final USDA meeting and a boat ride :-)

* Pond and Ethnobotanical garden. We are working with Charlene Krise and Dale Clark (MLRC) on the funding, and we are exploring other Squaxin-MLRC project work such as transportation-based tourism development.

* Public safety. We are working with Robbin (PS&J) on funding additional patrol officers.

* SPIPA. We are working with SPIPA Board delegates Kim (TLC) and Dave (Admin) and with SPIPA and Tribal staff to support programs and leverage SPIPA's 501(C)3 status.

* TANF. We are on-hand, working with Lorna Gouin and June Krise (HR) to implement Squaxin's new SPIPA-based TANF program, which is just about ready for implementation! The

program provides funds and assistance for families to remove barriers to sustainable employment.

* TLC facility and program improvements. We are working with Kim and Walt (TLC) and with Mike and Dan (DCD) on build-out funding of a youth center (to be named) and program enhancements that result in increased choices for youth graduates and more recreation/education opportunities.

* Transportation. In addition to the OHH road improvements, we are working with Dave (Admin) and with the BIA, State, and region to update transportation information that is required for project funding. This includes priority roads, trails, sidewalks, and public transportation, and involves collaboration on new federal rules, strategies, and processes for getting the most out of limited funds.

* Utilities improvements. We are working with Mike and Dan, Jeff Peters and Bill Sherill (DCD) and with USDA and IHS on phased projects for waste water, drinking water, and water reuse. The OOH road improvement project includes some of these components. For waste water, USDA is providing a loan/grant to help fund capacity and safety improvements including water main connections, pump stations, and storage. For drinking water and water reuse, we will likely work with USDA for further funding.

Alphabet Soup

Yup, we're guilty. Here are some of the acronyms we frequently use (in alpha order, of course) in our planning and development work:

Admin=Squaxin Administration - a shortcut, not an acronym :-)

a.k.a.=Also known as :-)

BIA=United States Department of Interior, Bureau of Indian Affairs

CRD=Squaxin Cultural Resources Department

DCD=Squaxin Department of Community Development

DIS=Squaxin Department of Information Services



DSHS=Washington State Department of Social and Health Services

HHS=Squaxin Department of Health and Human Services

HR=Squaxin Department of Human Resources

IEI=Island Enterprises, Incorporated

IHS=United States Dept of Health and Human Services, Indian Health Service

IPC=Intertribal Professional Center, a.k.a. the SPIPA Building

MLRC=Squaxin's Museum Library and Research Center (a.k.a. the Squaxin museum)

NCR=Squaxin Natural/Cultural Resources Building

NR=Squaxin Department of Natural Resources

NWITC=Northwest Indian Treatment Center

OOH=Old Olympic Highway

OTL=Out to lunch :-)

PS&J= Squaxin Department of Public Safety and Justice

SPIPA=South Puget Intertribal Planning Agency

TANF=Tribes Assisting Native Families, also Temporary Assistance for Needy Families

TLA=Three Letter Acronym :-)

TLC=Tu Ha'Buts Learning Center, Squaxin's Education Department

USDA=United States Department of Agriculture

Natural Resources Hotline
360-432-3899

A benefit for
Squaxin Island Tribe
Museum Library and Research Center



WATER SOUNDS

NATIVE ART AUCTION

ON SITE

SEPTEMBER 11th

Auction Admission \$50

For more information, call 360.432.3853



An Update From Island Enterprises, Inc.

Robert Whitener, Jr.

KTP

Things have been going well at the KTP. Sales have been brisk which has helped us re-capture significant market shares/sales of discount cigarettes. We have accomplished this through promotion of our brand own brand of cigarettes, "Complete."

The KTP will have some new help from a professional retail developer and trainer; Ron Meyers has been contracted to help us develop and implement standard operating procedures and train a tribal member for the store manager position. We are planning to recruit potential candidates by the end of the year, so if you are interested, please let us know. Ron will also train lead cashiers and, eventually, other store managers as we open additional outlet stores for Skookum Creek Tobacco Company products.

Skookum Creek Tobacco Factory

The tobacco factory is really starting to come together. Although this is a busy and stressful time for the company, it is also exciting to watch things begin to take shape. The building is being finalized, rack systems are being put in place and financial controls are being adopted. There is also work being done to develop the other cigarette brands, roll-your-own products, pipe tobacco and cigars.

The brand "Complete" is now being sold in other tribe's stores. We really appreciate our first customer, the Chehalis Tribe, for their business. They have received three shipments and seem pleased with the customer response. We also have orders from Nisqually and Jamestown. We hope to have at least ten other tribes selling our product by the end of the year.

Overall, I am very pleased with where we are, and I believe we are doing it right. By that I mean, we have good promotions for our great products, that are priced well and produced right here on the best reservation in the state.



Tribal Council Seeks Input On Curfew Code

The Squaxin Island Tribal Council is seeking input regarding a proposed Curfew Code. Please review the document on the following page and direct comments to Ruby Fuller at 432-3909 by September 25th. Council will be voting on it that day. Thank you.





Chapter 10.28 CURFEW CODE

Sections:

10.28.010	Title
10.28.020	Purpose
10.28.030	Jurisdiction
10.28.040	Authority of Tribal Council
10.28.050	Enforcement
10.28.060	Violations
10.28.070	Definition
10.28.080	Penalties and Conditions

10.28.010 Title

This title shall be known as the Squaxin Island Curfew Code.

10.28.020 Purpose

For the protection of the children and others in the Tribal community, it is the policy of the Squaxin Island Tribe to minimize the presence of unsupervised children on the streets in the evening hours.

10.28.030 Jurisdiction

The provisions of this chapter apply to all youth and their parents and/or guardians on lands within the jurisdiction of the Squaxin Island Tribe.

10.28.040 Authority of Tribal Council

The Squaxin Island Tribal Council is the governing body of the Squaxin Island Tribe of Indians by the authority of the Constitution and Bylaws of the Squaxin Island Tribe as adopted by the General Body and approved by the Secretary of the Interior on July 8, 1965.

10.28.050 Enforcement

Public safety officers are authorized to investigate and enforce suspected violations of this chapter.

10.28.060 Violations

It shall be considered a curfew violation to fail to comply with any provision of this chapter.

10.28.070 Definitions

The following terms, whenever used or referred to in this chapter, shall have the following respective meanings, unless a different meaning clearly appears from the context:

“Curfew” means a time in the evening beyond which children may not appear on the streets if not under parental control. The curfew applies as follows:

Ages 0-7: Always be under parental control.
Ages 8-12: 9:00pm on school nights.
10:00pm on non-school nights.

Ages 13-15: 10:00pm on school nights.
11:00pm on non-school nights.

Ages 16-17: 10:00pm on school nights.
12:00 midnight on non-school nights.

“Parental control” means the direct supervision by a parent, guardian, or other designee aged eighteen (18) or older of the parent or guardian.

“School night” means any night before school.

10.28.080 Penalties and Conditions

The following penalties and conditions shall apply to violations of this chapter:

A. First Offense:

Age	Charge	Fine
0-7	Parent(s)/guardian(s) charged with Failure to Supervise	\$25.00
8-12	Parent(s)/guardian(s) charged with Failure to Supervise	\$25.00
13-15	Both child and parent(s)/guardian(s) charged	
	Parent(s)/guardian(s) charged with Failure to Supervise	\$25.00
	Child charged with Curfew Violation	\$25.00
16-17	Both child and parent(s)/guardian(s) charged	
	Parent(s)/guardian(s) charged with Failure to Supervise	\$25.00
	Child charged with Curfew Violation	\$25.00

B. Second Offense:

Age	Charge	Fine
0-7	Parent(s)/guardian(s) charged with Failure to Supervise	\$50.00
8-12	Parent(s)/guardian(s) charged with Failure to Supervise	\$50.00
13-15	Both child and parent(s)/guardian(s) charged	
	Parent(s)/guardian(s) charged with Failure to Supervise	\$50.00
	Child charged with Curfew Violation	\$50.00
16-17	Both child and parent(s)/guardian(s) charged	
	Parent(s)/guardian(s) charged with Failure to Supervise	\$50.00
	Child charged with Curfew Violation	\$50.00

C. Third and Subsequent Offense(s):

Age	Charge	Fine
0-7	Parent(s)/guardian(s) charged with Failure to Supervise	\$100.00
8-12	Parent(s)/guardian(s) charged with Failure to Supervise	\$100.00
13-15	Both child and parent(s)/guardian(s) charged	
	Parent(s)/guardian(s) charged with Failure to Supervise	\$100.00
	Child charged with Curfew Violation	\$100.00
16-17	Both child and parent(s)/guardian(s) charged	
	Parent(s)/guardian(s) charged with Failure to Supervise	\$100.00
	Child charged with Curfew Violation	\$100.00



New Employees



Elizabeth Campbell
Clinic Receptionist

Hello there! Here I am again! I am proud to be working at the clinic. I am looking forward to seeing you all again!



Justin Dobson
Bingo Caller

So, I'm Justin, the new Bingo Caller at Little Creek. I'm 19 and I am in the band Jonesin'. I'm not far from this planet. I like cheese. Peace!



Dana Brown
Bingo Cashier

Hi, I'm Dana Brown. You might recognize me. I'm Casey Brown's wife. I worked at Taylor Towne for two years, but now I'm very happy to be at Bingo. Hope to see you there. Remember Wednesday is Tribal Night!



Traci Lynn Lopeman
KTP Clerk

Hi, my name is Traci Lynn Lopeman. I am a tribal member who likes to dig. I have a son, Justin, who is 19. I like to read and love to shop. Come see me at the KTP and say, "Hi!" Hoyt!



Chauncey Blueback
KTP Clerk



FIRST s a l m o n CEREMONY 2004





ViewPoint

The Dog Problem in our Community

Tammy Ford, edited by Alexandra Espindola - I have been driving around the Tribe for quite some time witnessing the pain our dogs are subjected to day after day and have begun to wonder if we really have a dog problem or if what we have is a human problem.

The most common complaints I hear are of loose dogs, of packs running wild, of dog fights and the danger of children getting hurt. These are valid concerns for any community with so many dogs.

In trying to find solutions, I see people tying dogs down to trees, alone and often without any exercise or the ability to reach their water bowls. Is this cruelty really solving our problem? Or is it making us lose our humanity and compassion for all the Earth has to offer, particularly beings who FEEL?

When I drive around and look in the eyes of dogs who are restrained by chords, leashes and other devices to small areas I see desperation, anger and loneliness. Dogs, like humans, are social animals. Like us, they live in families (packs). Solitary confinement and lack of physical freedom and affection affects them the same way it affects us: slowly they go insane and become very angry.

Imagine if someone tied you down to one spot without any companionship for days, months, years or even a lifetime. What would happen to your mind? Imagine if someone put you inside a kennel for life, without you being able to exercise, socialize or run free. What would happen to your mind? Imagine if NOBODY touched you with affection because you stink?

We have chosen to take dogs out of the wild and bring them into our homes. That automatically gives us the responsibility to create a habitat for them that resembles their social structure. But do we do that? For the most part we don't. Why? I wonder if it is because we have numbed our humanity and believed the legacy of the European invaders who told us that we are BETTER than animals. Where is our ability for empathy? Our ability to feel what other living creatures feel?

I read our Mission Statement that says, "The people now known as the Squaxin Island Tribe are

committed to the honoring of Mother Earth, the resurgence of our traditional ways and the respect and protection of all people..." And I wonder if it should also say "respect and protection of all people and sentient (animals who feel pain, loneliness, sadness and joy, like we do) beings." If we are to honor Mother Earth, it seems to me, we must honor ALL beings that are part of her, including our dogs and other home animals.

Do we own the Earth? Of course NOT! Do we own her animals? Of course NOT. We are guardians of her animals we bring into our lives and homes. We are to guard them against pain and suffering, guard them against hunger, loneliness and sadness. But do we do that?

Dogs suffer tremendously when left alone, like we would. They need touch, like we do. They need exercise, freedom to run and play, like we do. They need fresh water and food, like we do. When did we begin to believe the early invaders' lie that our animals don't feel like we do? That they are 'fine' because we feed them something daily? I wonder . . .

We search for a solution for our 'dog problem' without realizing that we have a human problem: we have forgotten our ability to feel empathy for our animal companions. When was the last time we walked a mile in their moccasins?

The saddest part of all this is not only the suffering of our tribal dogs and pets, but also what we miss in the process. I have four dogs at home and because I have built a relationship with them, have spent the time to socialize them, and see them as a fundamental part of our family, I know the mental, physical and spiritual rewards of such relationships.

If you wish to experience a healing relationship with your dog here are seven guidelines that will help you :

1. Build your dog a fence - Can all of us work as a community to help each other build those much needed fences?
2. Socialize your dog ~ this goes beyond training and has nothing to do with hitting them
3. Bathe your dog every week or every other week so that you and others want to touch him or her
4. Provide fresh water and food daily
5. Give them companionship
6. Provide veterinary care as needed

7. Neuter or spay them. There are 7 million dogs killed a year because they are orphans. Don't add to that number by breeding more.

I believe that the Great Spirit gives us the opportunity to learn compassion and empathy by giving us these animals because they, unlike us, love us without condition. May you walk with Spirit.

** (For information on humane education, dog socialization and 'training' please contact Alexandra Espindola at 360-264-2235 or email her at alexespind@earthlink.net)*

Happy Birthday Angelo

Love,
Mom

Happy Birthday Carmen

Love,
Mom

Happy Birthday Madeena

Love,



Too Cute!!!



Happy Birthday

Vanessa Algea	9/1	Austin K. Brearley-Lorentz	9/12	Ronald Fletcher	9/26
Alexander Solano	9/1	Kaitlyn Brandt	9/13	Vernon Kenyon	9/26
Patrick Whitener	9/1	Kristen Davis	9/15	Susan McKenzie	9/26
Rose Krise	9/3	Jonathan Harrell	9/15	Susan Peters	9/26
Riley Lewis	9/3	Carmen Algea	9/17	David Seymour	9/26
Austin Ray Peters	9/3	Markie Smith	9/17	David Lopeman	9/27
Jennifer Brown	9/3	Kenedee Peters	9/17	Dawne Elam	9/27
Katherine Neilsen	9/4	Willow Henry	9/18	Isaiah Schlottmann	9/30
Latoya Perez	9/5	Stephen West	9/18		
Michael Brownfield	9/6	Tiana ELF Henry	9/18		
Elijah Krise	9/6	Calvin Farr	9/19		
Andrew LaFlame	9/6	Terry Brownfield	9/20		
Joshua Coble	9/7	Esther Fox	9/21		
Wayne Lewis	9/7	Greg Koenig	9/21		
Barry Hagmann	9/8	Desmond Smith	9/21		
William Hagmann	9/8	Jada Krise	9/21		
Charles Scheibel	9/8	Michael Peters	9/22		
Levi Connally	9/9	Gloria Hill	9/22		
Lewis Napoleon	9/9	Angel Coley	9/23		
Barbara Schuffenhauer	9/9	Pete Kruger, Jr.	9/23		
Joseph Stewert	9/9	Christopher Clementson	9/23		
Roger Peters	9/10	Amanda Peters	9/23		
Debra Leone Mattson	9/10	Donald Whitener	9/24		
Madeena Rivera	9/11	Harry Fletcher	9/26		

Happy 15th Birthday Latoya Jean
Love,
Mom, Sisters and
Your Little Brother David

Happy Birthday Gloria Jean
Love,
The Capoeiman Family

Happy Birthday Sister Francis Star
Love,
Rose

Happy Birthday Latoya
Love,
Dee

	1	2	3	4	
			AA Meeting 7:30		
5	6	Court 7	Begin Salmon 8 Homecoming Celebration Seattle Waterfront Drum practice 6:00 p.m., MLRC	9 Tribal Council Brief Walk After Lunch	10 Bagley, Seymour11 Napoleon, Martin, Family Reunion Water Sounds Art Auction
12	13 Supermarket Tour 1:00 - 3:00 Meet at Elders Bldg	14 Cancer Orientation Tomorrow also Church 7:30	End Salmon 15 Homecoming Celebration Seattle Waterfront Drum practice 6:00 p.m., MLRC	16 Mammogram Brief Walk After Lunch	17 AA Meeting 7:30
19	20 FY05 2nd Public Budget Hearing at 4:30 PM	21 Diabetes Foot Exams in the a.m. Church 7:30	22 Drum practice 6:00 p.m., MLRC	23 Tribal Council Brief Walk After Lunch	24 AA Meeting 7:30
26	27 Court	28 Church 7:30	29 Drum practice 6:00 p.m., MLRC	30 Comments Due on Curfew Code Brief Walk After Lunch	

Welcome to the World



Dorian Alike-WarEagle Last
Born July 27, 2004 @ 11:30 a.m.
Waimea North Hawaii Hospital
Weight: 7 lbs, 8.5 oz
19 inches long

FATHER
Tribal member Reggie WarEagle Williams,
age 23

MOTHER
Alexandria Julia Williams, age 20



Congratulations Baby on Your Graduation from Preschool



**Happy Belated 5th Birthday!
Loads of Love,
Daddy, Mommy, Sisters & Brother

We're VERY proud of you!!!**

**Happy Birthday Vanessa
Love,
Gramma**

**Happy Birthday Uncle David
From the Seymour Family**

**Happy Birthday
to My Sweet Daughter Madeena
I Am So Proud of Your Accomplishments
You Go Girl!
We Love You From Mom,
Abel and Brothers**

**Happy Birthday to My Niece Vanessa
From Aunt Marcella and Family
We Love You**

Dangers to Children Living at Meth Labs

Submitted by Marcella Castro - Chemical contamination: The chemicals used to cook meth and toxic compounds and byproducts resulting in its manufacture produce toxic fumes, vapors and spills. A child living at a meth lab may inhale or swallow toxic substances or inhale the secondhand smoke of adults who are using meth. Exposure to low levels of some meth ingredients may produce headache, nausea, dizziness and fatigue. Exposure to high levels can produce shortness of breath, coughing, chest pain, dizziness, lack of coordination, eye and tissue irritation, chemical burns (to the skin, mouth and nose) and death. Chronic exposure to the chemicals typically used in meth manufacture may cause cancer or damage the brain, liver, kidney, spleen and/or immunologic system. It can result in birth defects. Normal cleaning will not remove methamphetamine and some of chemicals used to produce it. They may remain on eating and cooking utensils, floors, countertops and absorbent materials. Toxic byproducts of meth manufacturing are often improperly disposed outdoors, endangering children and others who live, eat, play or walk at or near the site.

Abuse and neglect: Children living at methamphetamine laboratories are at increased risk for severe neglect and are more likely to be physically and sexually abused by members of their own family and other known individuals at the site. Parents and caregivers who are meth dependent typically become careless, irritable and violent, often losing their capacity to nurture their children. Older siblings in these homes often assume the role of caretaker. Children living at meth lab sites may experience the added trauma of witnessing violence, being forced to participate in violence, caring for an incapacitated or injured parent sibling or watching the police arrest and remove a parent.

Hazardous lifestyles: Hazardous living conditions and filth are common in meth lab homes. Toilets and bathtubs may be backed up or unusable, sometimes because the cook has dumped corrosive byproducts into the plumbing. The inability of meth dependent and meth manufacturing parents to function as competent caregivers increases the likelihood that a child

will be accidentally injured or will ingest drugs and poisonous substances. The health hazards in meth homes from unhygienic conditions, needles sharing and unprotected sexual activity may include hepatitis A and C, E-Coli, syphilis and HIV.

Social problems: Children often exhibit low self esteem, a sense of shame, and poor social skills. Consequences may include emotional and mental health problems, delinquency, teen pregnancy, school absenteeism and failure, isolation and poor peer relations. Without effective intervention, many will imitate their parents and caretakers when they themselves become adults, engaging in criminal or violent behavior, inappropriate conduct and alcohol and drug abuse.



Happy and healthy teenagers Candace Penn and Tamika Greene

The Squaxin Island Tribe School Bus Shed Beautification Project

Madeena Rivera - On Saturday, August 7th, a community project took place on T'Peeksin Lane at the bus shed. We created this project for the community to work together to help decrease the causes of vandalism and graffiti.

When we first started getting ready for this project, we decided the best way for people not to vandalize it would be to have them help us paint it. We asked that anyone who wanted to take part in it draw a picture and bring it by the Public Safety Department to have it reviewed. We waited, but "it never happened." Even though we didn't receive any drawings, Shelley and I sat down and talked about what it was that we could do to stay positive and accomplish our goal of completing the project.

We decided to get some samples of art that anyone who showed up could use for examples. We chose six family crests, so we could try and get some interest from families to come and draw the paintings and take pride in them.

Shelley, Bridgette and I first went over Friday, August 6th, in the pouring rain and painted the first primer coat. It was then ready for Saturday morning. We had kids from each family crest except one.

We all worked together and got them all painted. It was fun.

Thanks to the Rawding family for providing the pizza and the Department of Community Development for supplying the paint and brushes. Also, thanks to everyone who showed up.

The bus shed looks great. Please take care of it. All of us worked really hard to make it look great and have it ready for the first day of school!



Richard and Tristan Coley



Aaron Black, Kyle Depoe, Madeena Rivera and Kristy Krise



Kira Coley



Jefferey Blueback and Kira Coley



Clara Capoeiman and Alex Brown



Madeena Rivera and Kristy Krise



Beautiful, huh?