



## Squaxin Tribal and Community Members

Do you want to be a merchandise/food vendor at the Paddle to Squaxin 2012 landing in Olympia on July 29, 2012? Spaces at the landing site are limited. Registration for vending at the landing site is separate from registering for the entire week at the Protocol site in Kamliche. Contact Ruth Whitener at 360-432-3841 or rwhitener@squaxin.us to sign up to be a vendor at the landing on July 29.



## 2012 Summer Youth Employment Training!

### Seeking squaxin Youth Ages 16-21 Who desire Summer Employment

It's that time of year again to begin recruitment of Squaxin Island Tribal Youth who desire summer employment with Squaxin Island Tribe. If you are a Squaxin tribal member between the ages of 16 and 21 and are interested in working for six weeks this summer, please contact Astrid Poste in Human Resources to get an application. You must submit an application even if you participated in the program last year.

Due to Canoe Journey activities and planning, the dates the program will run this year have not yet been determined; watch for details.

If you would like assistance with completing your application, writing a cover letter or doing a resume, please attend one of the application workshops scheduled to take place on May 17th and May 30th from 3:00 – 6:00 p.m. in the Tribal Center lunchroom.

Please note all applicants for Little Creek Casino Resort will be asked to attend the May 17th application workshop to complete required gaming licensing paperwork.

Your application must be submitted by June 1st so that we have time to find positions for all who complete the application process. Applications received after the June 1st will be considered only if positions are still available.

Squaxin preference will be exercised in the hiring of these positions in accordance with the Tribe's personnel policies. If you have questions about this program, feel free to contact Astrid Poste at (360) 432-3865.

### Stepping Stones: Youth Pre Employment Training For Squaxin Youth Ages 13-15

Youth will participate in group projects, which promote the development of accountability, work ethics, and pride in the community. This hands on model will encourage tribal youth in learning a multitude of transferable skills they can apply later to employment for Squaxin Island Tribe or elsewhere.

If you are a Squaxin tribal youth who is going to be 13 – 15 years old by July 1, 2012 and are interested in participating in this program, please call Astrid (360) 432-3865 in Human Resources to leave your contact information. We will want to provide you with additional program information. Please be ready to provide the following: Name, Address, Phone number, Date of birth, Squaxin Island Enrollment number, tee shirt size

To assist us with the planning and to ensure you get a tee shirt, please stop by or call by June 1, 2012; Employment Applications are not required for *Stepping Stones*.

**Parents: To provide an initial opportunity for training in the employment application process, please encourage your youth to call or stop by on their own, rather than calling on their behalf.**



## 2012 General Body Meeting May 5, 2012

### Little Creek Events Center

Sign in starts at 8:30 a.m.

Lunch will be served at noon

Elections will be held for:  
Tribal Council Secretary  
Tribal Council Treasurer

Per Tribal Council, the General Body Meeting is for TRIBAL MEMBERS & SPOUSES ONLY. Enrollment will be checked at the door.

For more information contact the tribal center at 360-426-9781



# COMMUNITY



## Squaxin Island TRIBAL NEWS

10 S.E. Squaxin Lane  
Shelton, WA 98584

PHONE: (360) 426-9781  
TOLL FREE: 877.386.3649  
FAX: (360) 426-6577

[www.squaxinland.org](http://www.squaxinland.org)



Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:  
15th of each month

### SQUAXIN ISLAND TRIBAL COUNCIL:

DAVE LOPEMAN: Chairman  
ARNOLD COOPER: Vice Chairman  
PETE KRUGER: Secretary  
ANDY WHITENER: Treasurer  
RAY PETERS: 1st Council Member  
JIM PETERS: 2nd Council Member  
CHARLENE KRISE: 3rd Council Member

Klah-Che-Min Staff:  
THERESA M. HENDERSON: EXT. #3945  
[thenderson@squaxin.us](mailto:thenderson@squaxin.us)

## Drug Task Force

New email address: [drugtaskforce@squaxin.us](mailto:drugtaskforce@squaxin.us)

Please email us with community input on ideas to eradicate drugs in our community!

As you may be aware the Tribal Council appointed a Drug Task Force for the purpose of developing a multi-prong strategy to eradicate the drug abuse problem that affects the health and spiritual well being of everyone in the community.

### Task Force Members are as follows:

Kathy Block:	Talk Force Leader
Charlene Krise:	Council, Community Member Living on the Reservation.
Glen Parker:	Tribal Elder, Community Member Living off the Reservation.
Sally Brownfield:	Education Department
Liz Kuntz:	Housing Department
Lorraine VanBrundt:	Family Services
Bonnie Sanchez:	Health Services including Behavioral Health
Mike Evans:	Public Safety
Stephanie Thompkins:	Northwest Indian Treatment Center.
Richard Wells:	Planning and Community Development
Bridget Ray:	Recorder and Planner

The Tribal Council has directed the Task Force to consider all ideas and charged them to be open-minded regardless of the cost of ideas and think outside the box.

The Task Force have been brainstorming ideas with their respective Departments with the theme that "no idea is a bad idea." At this time I would like to invite all staff regardless of whether your department is represented to provide ideas for the task force to consider that can be implemented through one of the represented programs above or through a new initiative.

This can be accomplished by completing the attached forms and routing to the Drug Task Force through interoffice mail, by reply email, or drop your ideas off to a drop box located at the front reception desk of the administration building.

We have clerical staff that will put all your ideas into a spreadsheet that will go to the task force and no idea will be left out. The table will only show the functional area and a description of the idea but not who the idea came from. You may submit your idea under your name or anonymously. At a meeting in the near future, we will be taking these lists to a community meeting to get their input before deciding which ideas will be implemented.

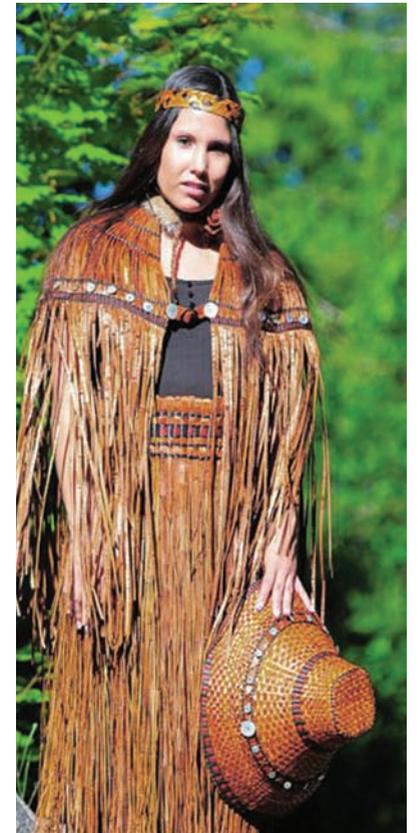
## Gambling Support Group

meets at Behavioral Health Outpatient on  
Thursdays 4:00 - 5:00 p.m.

Everyone is Welcome.

Help is available!  
Treatment works!

Call 426-1582 for more information.



### Alex Cooper-Lewis Records Management Specialist/Office Assistant

Hi! I'm Alex Cooper -Lewis. My father, Arnold Cooper, is Vice Chairman of the Tribe. My mother is Kathy Lewis who I miss very much. I know she is very proud of me.

I have three children who keep me busy and I wouldn't be where I am without them. I am honored to have this position and I look forward to learning a lot. This provides a great opportunity for me and my children, and I am truly thankful.

I'm also still an on-call cook for senior meals.





# TU HA' BUTS LEARNING CENTER



## Higher Education

If you or someone you know are interested in going to college please contact Lisa Evans in TLC for the Squaxin Island Higher Education application and for college information. Lisa can be reached in TLC at 432-3882 or by email at levans@squaxin.us.

ALL STUDENTS (new and returning) interested in Higher Education please be aware that the due date for the 2012/13 FAFSA was Friday March 2, 2012. You can complete your 2012/13 FAFSA online, the free website is [www.FAFSA.ed.gov](http://www.FAFSA.ed.gov). Please turn in ASAP if you plan on attending school this coming fall 2012.

### Summer Quarter

Summer quarter is right around the corner, summer quarter requires a special request letter from the student and an approval from the Education Commission. Summer quarter is not automatically funded. Please turn in your paperwork for summer quarter no later than Friday May 25, 2012. The information needed is, Special request letter specifying the need to attend summer quarter classes, Memorandum of Commitment, summer class schedule, receipts for tuition and books from spring quarter, if you have not already turned them in. If you have questions or need assistance please contact Lisa Evans in TLC at 432-3882 or levans@squaxin.us.

### Grays Harbor Reservation Based AA Degree Bridge Program

The Grays Harbor College Bridge Program is designed to serve students with less than 90 college credits who are place-bound students and deeply connected to their tribal communities. It prepares students for success in the Evergreen State College Reservation Community Determined (RBCD) program or any upper division college program. It operates in tribal communities, and is implemented in partnership with The Evergreen State College in cooperation with WashingtonOnline, Washington Tribes and Washington community and technical colleges.

The classes for this program are provided on-line with partnering colleges, including those of cultural relevance and those compatible with Evergreens philosophy. There are weekly class meetings at each site, with a study leader to help students succeed. Students also attend Saturday classes at the Longhouse on the Evergreen campus, and participate in seminars with Reservation Based Community Determined students through an integrated studies class, providing a bridge to the RBCD program.

If you are interested or would like more information on this program contact Lisa Evans in the Tu Ha' Buts Learning Center at (360) 432-3882 or by email at levans@squaxin.us.

## Available Scholarships

Please contact Lisa Evans if you are interested in available scholarships to help with your Higher Education endeavors. Currently there is a booklet available with approximately 75 different scholarships for Native Americans students. Please come into TLC to pick up the booklet as it is too heavy to mail out. I can email the booklet to interested parties with a working email address.

## Homework Support

Homework support and tutoring are offered in the classroom of the Tu Ha Buts Learning Center Tuesdays, Wednesdays and Thursdays beginning at 4:00. I am here to help you with any projects, essays or homework you may have throughout the school year. I will also help you study for upcoming tests. Please feel free to drop in. You don't need an appointment to receive help from me.

For more information or if you have any questions, please feel free to contact me: Jamie Jhanson (360) 292-3301 or email me at [jjhanson@mcclary.wednet.edu](mailto:jjhanson@mcclary.wednet.edu).

## Squaxin Island - TLC Gym Use:

1. TLC is responsible for weekly gym scheduling. If you wish to schedule the gym, please call Lisa at 432-3882.
2. All education and youth activities will take priority over all other scheduling.
3. The gym will be available for community use unless the gym has been reserved in advance.
4. A responsible person for the groups wishing to reserve the gym will be expected to sign an agreement on acceptable rules of behavior, cleanliness of the facility, and subsequent actions that will be taken if rules are not followed.
5. Daily and on weekends the TLC will post the gym use schedule. If the gym is reserved, the gym will not be open for community use or occupancy unless the event is open for community participation. If the gym is not reserved the schedule will state "Open Gym" when community members may all join in.
6. The TLC will ensure that the building is cleared and locked by 7:00 p.m. week days.
7. The Janitorial staff will open the gym at 7:30 p.m. weekdays, attend to restrooms and pick up and empty garbage cans.
8. The Department of Public Safety and Justice will check the gym randomly from 7:30 p.m. to 10:30 p.m. to ensure public safety and detour vandalism.
9. The janitorial staff will clean the gym restrooms and do a general walk through to make sure everything is in order, the building is cleared, check all doors to make sure no doors are propped open and lock the gym door by 10:30 p.m. weekdays.
10. Weekends. The Department of Public Safety and Justice will open the gym at 10:30 a.m. and clear the building and lock the gym at 10:30 p.m. Random hourly checks of the gym will be done to ensure public safety and to detour vandalism.

## Gym Behavior Expectations

- We will treat others fairly and with respect. We will use appropriate language, not profane or abuse language.
- We will find peaceful ways to solve disagreements. We will not accept bullying, fighting or other acts of violence or the possession or use of dangerous weapons.
- We will respect the property of others. We will not accept theft or destruction of public or private property.
- We will be honest and follow the rules of the program and facility. We will follow the directions of the program staff and volunteers who are in charge of the activities.
- We are responsible for our own choices, behavior, and actions. We will be careful not to harm others or damage property.
- The Education Building and Youth Activities program are alcohol free, tobacco free, bullying free, and drug free zones.
- Use of prescription drugs must be properly coordinated between the program staff and the parent or guardian.
- Any clothing that promotes tobacco, alcohol, drug use, or contains inappropriate words or graphics will not be allowed.



# TU HA' BUTS LEARNING CENTER



## After School Homework Help

Do you need help with your homework after school or just want to brush up on your skills? Help is available Tuesday, Wednesday and Thursday 4:00 to 7:00pm in the TLC classroom.

## Sylvan Corner

These students have achieved perfect attendance for the month of March: Talon Beatie, Grace Brown, and Trinity Byrd. You guys are AWESOME, keep up the great work!!

These students only missed perfect attendance by one session: Tiana Henry, Cleveland Johnson, Kiona Krise, and Billie Marie Lopeman-Johns.

KEEP UP THE EXCELLENT WORK GUYS & GALS!

## GED Instruction & Testing Assistance

GED instruction & testing assistance is available in TLC on Tuesday, Wednesday, and Thursday 4:00 to 7:00 p.m. in the TLC classroom. Ask for Jaimie.

## GED Preparation Classes

Swi' Gwi is just around the corner. If you want to be recognized and celebrated at this year's Swi' Gwi for earning your GED, NOW is the time to start taking those GED tests! GED Preparation Classes are held Tuesdays, Wednesdays and Thursdays from 4:00 - 7:00 p.m. in the classroom of the Tu Ha' Buts Learning Center.

I am here to help you take practice tests, identify what subjects need further study, identify specific skills needed further study and help you work through any and all areas needing further study.

Actual GED tests will need to be taken at either Olympic College in Shelton or South Puget Sound Community College in Olympia. The se classes are for preparing yourself for the actual GED tests.

For more information or if you have any questions, please feel free to contact me: Jamie Jhanson (360) 292-3301 or email me at [jjhanson@mcclary.wednet.edu](mailto:jjhanson@mcclary.wednet.edu).

May 2012

## Squaxin YOUTH Education, Recreation and Activities Calendar

TLC hours: M-F 8:30am-5pm Front Desk: 432-3958

YOUTH Gym/Recreation hours: M-F 3-6pm

All activities are drug, alcohol and tobacco free.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Open Gym: 3-6 Rec Room: 3-6 Teen Room: 4-6	2 GSD ER Open Gym: 2:30-6 Rec Room: 2:30-6 Open Swim: 3-6	3 Open Gym: 3-6 Rec Room: 3-6	4 SSD ER 1.5 Open Gym Open Swim: 5-8 <b>NO TLC Supervision</b>
7 Open Gym: 3-6 Rec Room: 3-6 Open Swim: 3-6	8 Open Gym: 3-6 Rec Room: 3-6 Teen Room: 4-6	9 GSD ER Open Gym: 2:30-6 Rec Room: 2:30-6 Open Swim: 3-6	10 Open Gym: 3-6 Rec Room: 3-6	11 Open Gym: Open Swim: 5-8 <b>NO TLC Supervision</b>
14 Squaxin Tribal Holiday	15 Open Gym: 3-6 Rec Room: 3-6 Teen Room: 4-6	16 GSD ER Open Gym: 2:30-6 Rec Room: 2:30-6 Open Swim: 3-6	17 Open Gym: 3-6 Rec Room: 3-6	18 SSD ER 1.5 Open Gym: Open Swim: 5-8 <b>NO TLC Supervision</b>
21 Open Gym: 3-6 Rec Room: 3-6 Open Swim: 3-6	22 Open Gym: 3-6 Rec Room: 3-6 Teen Room: 4-6	23 GSD ER Open Gym: 2:30-6 Rec Room: 2:30-6 Open Swim: 3-6	24 Open Gym: 3-6 Rec Room: 3-6	25 SSD ER 3.0 Open Gym: Open Swim: 5-8 <b>NO TLC Supervision</b>
28 Squaxin Tribal Holiday	29 Open Gym: 3-6 Rec Room: 3-6 Teen Room: 4-6	30 GSD ER Open Gym: 2:30-6 Rec Room: 2:30-6 Open Swim: 3-6	31 Open Gym: 3-6 Rec Room: 3-6	<b>REMINDER</b> Tutors are available everyday afterschool, 3:30-5:00pm.
<b>After school snacks:</b> <b>Computer Lab:</b> <b>Sylvan:</b> <b>Homework Help, GED Prep:</b>	M-F 4-4:45pm M-Th 3-6, F 3-5pm M-Th 4:30-7:30pm T-TH 4-7pm	<b>Key</b> ER = early release SSD = Shelton School District GSD = Griffin School District	Homework Help is every Tuesday, Wednesday & Thursday from 4:00-7:00pm in the TLC classroom	

**NOTE: There will be NO youth education and recreation programs on Friday afternoons this month.**



## Salish Cliffs Receives Salmon-Safe Certification

Squaxin Island Tribe's new Salish Cliffs Golf Club has become the first "Salmon-Safe" certified golf course in the world, after successfully passing an exhaustive assessment verifying the Tribe's commitment to protecting native habitat, managing water runoff, reducing pesticides, and advancing environmental practices throughout the region.

The Salmon-Safe Golf Course Certification Program is an offshoot of the popular Northwest eco-label for agricultural and vineyard practices, administered in Washington by the Seattle-based non-profit Stewardship Partners. The program looks at site development practices to protect water quality, fish and wildlife habitat, and overall watershed health based on a detailed set of peer-reviewed guidelines.

A highly technical and efficient water treatment system that generates Class A reuse water from Little Creek Casino Resort is exemplary of the detail and effort that Squaxin Island Tribe employed to earn Salmon-Safe certification at Salish Cliffs. The treated water is stored for its intended use irrigating the course during summer.

"When we decided to build Salish Cliffs, we vowed to uphold our Tribal mission to nurture our people and our land and ensure both thrive for generations to come," said Dave Lopeman, Squaxin Island Tribal Council Chairman. "Creating and maintaining an eco-sensitive course from site planning through ongoing operation was essential to us and the people of Western Washington. Special recognition goes to Jeff Dickison, Assistant Natural Resources Director for Squaxin Island Tribe, and Salish Cliffs Superintendent Bob Pearsall. Their joint dedication and persistence spearheaded this significant achievement."

The independent review process was conducted by a team of experts in the fields of stream ecology, storm water management, golf course design, and landscape management. Salmon-Safe assessment validated the Tribe's efforts to protect wetlands and streams, preserve existing trees, and ensure the land is protected.

Squaxin Island Tribe is acting on several assessment team recommendations to enhance its management program. For example, in an effort to minimize storm water pollution from its clubhouse parking lot, the Tribe will join with Stewardship Partners to install a rain garden and further implement other innovative methods to minimize storm water runoff. The Tribe has proactively reduced and/or eliminated pesticides used at Salish Cliffs that could be harmful to salmon. And it continues to enhance the wildlife habitat across the site.

"The Squaxin Island Tribe designed Salish Cliffs from inception to support salmon so they can once again thrive in south Puget Sound," said David Burger, Executive Director of Stewardship Partners. "We hope that Salmon-Safe certification of Salish Cliffs demonstrates to the golf industry that environmental innovation and world-class courses are mutually beneficial."

Salish Cliffs Golf Club is the brand-new, 18-hole championship course and amenity of Little Creek Casino Resort. Salish Cliffs was designed by golf course architect Gene Bates and 2012 marks its first full season. It has already won several best-in-kind awards from national golf media.

Greens fees through April are \$75 (Monday-Thursday) and \$85 (Friday-Sunday, holidays) for 18 holes and include golf, cart, range balls before round and all taxes. MVP Player's Card Holders receive \$5 off the regular price. Nine-hole and after-3p.m. rates are \$45 (Monday-Thursday) and \$55 (Friday-Sunday, holidays).

Tee times can be booked with a major credit card up to 10 days in advance at [www.salish-cliffs.com](http://www.salish-cliffs.com). Advanced tee-time booking up to 60 days in advance is available for those with confirmed Little Creek Casino Resort hotel reservations by calling the golf shop at 360.462.3673.

### **About Stewardship Partners and Salmon-Safe**

Stewardship Partners is a Seattle-based non-profit conservation organization that helps private landowners restore and preserve Washington State's natural landscapes. They partnered with Portland-based Salmon-Safe, Inc. in 2004 to bring the independent eco-label to the Puget Sound region. Visit [www.stewardshippartners.org](http://www.stewardshippartners.org).

Salmon-Safe is a Portland-based environmental certification nonprofit devoted to inspiring the restoration of agricultural and urban watersheds so that salmon can spawn and thrive. Salmon-Safe works with more than 400 agricultural and urban landowners in Washington, Oregon, California, and British Columbia. For more information, visit [www.salmonsafe.org](http://www.salmonsafe.org)

## LCCR Selects Michael Starr as New Chief Executive Officer



Starr joins Little Creek Casino Resort during a dynamic time of significant growth. The tribally owned and operated resort – located 20 minutes from Olympia and 75 from Seattle – recently began construction on a full-service spa and unveiled the Skookum Spirit Cigar Lounge last month. It also opened the new Salish Cliffs Golf Club in September, 2011, to best-new-course acclaim from national golf magazines.

"The Squaxin Island Tribe is committed to honoring Mother Earth and the respect and protection of all people," said Starr. "Tribal members do this exceptionally well, which is evident in their commitment to excellence. Little Creek Casino guests find this dedication throughout the resort with our superb amenities, attention to detail, customer service and commitment to supreme hospitality. It's an extreme honor to lead Little Creek during its journey as a premier resort destination."

Starr was previously Senior Vice President and COO of Fontainebleau Resorts-Las Vegas and Miami Beach, Florida. Before joining Fontainebleau, Michael was with the Mandalay Resort Group for 15 years, where he opened Mandalay Bay Hotel and Casino in Las Vegas, Nevada. In addition, the 1980 graduate of University of Las Vegas Nevada played an instrumental role in the expansion and renovation of Circus Circus Las Vegas and Luxor Las Vegas.

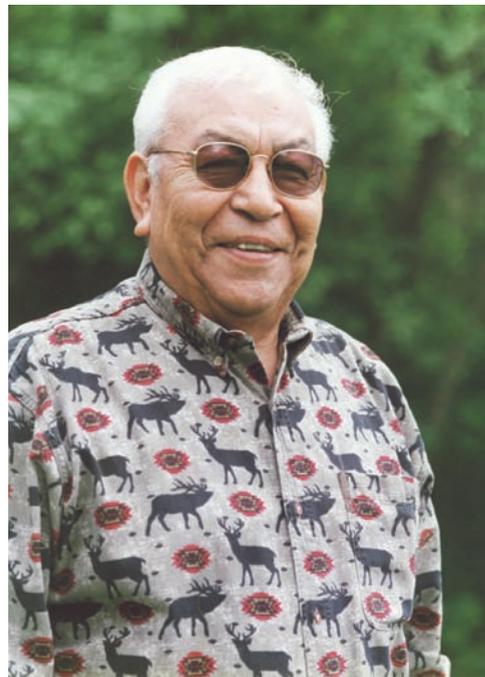
Squaxin Island Tribe has named Michael Starr the new CEO of Little Creek Casino Resort, the tribe's award-winning entertainment property in the Pacific Northwest near Seattle and Olympia.

With 30-plus years of experience in the gaming industry, Starr comes to Little Creek Casino Resort from Primm Valley Casino Resorts in Nevada, where he managed three hotel-casinos as executive vice president and general manager.

"Michael's experience, knowledge and successful performance guiding casino resorts to elite stature and quantifiable results appealed to tribal leadership and aligns well with our resort vision and objectives," said Squaxin Island Tribal Chairman Dave Lopeman.



## Running for Tribal Council



a person who can represent all the people. My door will always be open for you, your comments and input.

We, as a tribe, have come so very far, and should be so proud of what we have accomplished in this poor economy. My hands go up to all of you tribal members for your vision and support.

I would appreciate your consideration, support and asks you to cast your vote for me in the upcoming election for Council Secretary on May 5, 2012. Thank you.



Howdy,

I believe most of you remember me, but for those of you who don't, I am Pete Kruger, Sr. I am running for my former position, Council Secretary. I feel I have had a positive impact on issues that have presented themselves to the Tribal Council while serving over the past nine years.

As an Elder sitting on Council, I feel I bring the knowledge and experience only an Elder can provide. I've been a successful business owner for 30 years which helps in our Tribe's economic endeavors, and the years I have worked for our Natural Resources Department have given me a unique perspective on the impacts of the environmental issues facing us.

The Tribe is moving into a new age of economic growth, with the success of the casino, hotel, tobacco factory and the golf course. I feel I have the life experiences necessary to get the job done with our upcoming endeavors. Our revenues are up and the Tribe is doing very well, even with the recession as it is.

I have lived in the area all my life, and dug clams, fished, and hunted side by side with many of you. I feel my honesty and integrity demonstrate that I am

## Kindergarten registration

Kindergarten registration will begin on May 1st at all three Shelton Elementary Schools - Bordeaux, Evergreen, and Mountain View.

In order to register a child for kindergarten in Washington State, a birth certificate showing that the child will be five by August 31st and a record of up to date immunizations is required.

Families may pick up registration packets beginning May 1st from school offices and return the completed packet, along with the required documentation, any time before school offices close for the summer (Friday, June 29th). Offices at the schools are open until 4:30 pm each day. Parents with questions may contact their neighborhood school.

Bordeaux Elementary 426-3253  
Evergreen Elementary 426-8281  
Mt. View Elementary 426-8564

## Menu

Mon	Tue	Wed	Thu
	1 <i>Soup &amp; Sandwiches</i>	2 <i>Fried Chicken</i>	3 <i>Tuna Noodle Casserole</i>
7 <i>Cabbage Rolls and Carrot Salad</i>	8 <i>Soup &amp; Sandwiches</i>	9 <i>Beef BBQ Ribs</i>	10 <i>Baked Salmon</i>
14 <i>Chicken Stir Fry</i>	15 <i>Soup &amp; Sandwiches</i>	16 <i>Canoe Family Dinner at Community Kitchen</i>	17 <i>Chili Beans with Baked Potato Bar</i>
21 <i>Beef Pot Roast</i>	22 <i>Soup &amp; Sandwiches</i>	23 <i>Turkey Pot Pie</i>	24 <i>Sweet and Sour Pork</i>
28 <i>Sauerkraut</i>	29 <i>Soup &amp; Sandwiches</i>	30 <i>Swedish Meat Balls</i>	31 <i>Hot Dogs and Burgers</i>

## Native Business: Memoirs from the Battle Field

During this economic downturn I have witnessed companies crippled by the shockwave of recession. I share with you lessons from survivors.

- Face reality and think worst case scenario. Hoping for positive results is not a management strategy. Putting off tough decisions in some cases may increase the likelihood of total business failure.
- Look big picture; devise a strategy for recovery and base short term decisions on your long term strategy. "Winging-it" from day to day will not work and is likely to waste valuable resources.
- Recognize that which needs to be done and follow through.
- Be patient, stick to your strategy, and make small changes when necessary but do not continuously change strategy when things get tough.
- Increase the mobility of people during crisis. Help them move to more productive jobs within the company or encourage them to find work outside of the company where their skills can be compensated.

The alternative option to the points mentioned above is to hold onto an overhead structure that is not supported by sales and continue doing things the same - as the world changes. Over time, sometimes a short period of time, the company and personal resources of the company owner will be depleted until the business fails. Everybody loses in total business failure. This is a very sad thing to witness and unfortunately I have seen it too many times as companies ignore reality and ultimately close their doors when they may have had the option of surviving if they committed to acting on tough decisions.

Jim Stanley is a tribal member of the Quinault Nation, Past-Vice President of the Quinault Nation Enterprise Board, and board member of the Northwest Native American Chamber. He is a senior lender with Craft3, a non-profit loan fund lending to Sovereign Nations and tribal member owned businesses. Jim freely shares his knowledge and can be reached for comment at: [jstanley@craft3.org](mailto:jstanley@craft3.org).



## Pendleton Tribal Logo Blanket They're Coming!

The Squaxin Island Tribal Council has been working on getting our Tribal Logo made into a Pendleton blanket. The order has been placed and they will be available for purchase around June 1st. Following the Elders rules from the 1980's, any proceeds raised from our logo will go to youth activities. The blanket is available to tribal members and friends of tribal members.



Margaret Henry and Debi Obi visited the Pendleton Mills and met Terry Widel who is the Weave Department Manager.

The Logo was created by the Elders and youth in the 80's. It is salmon; the Elder's said without salmon we would not be here (starved).

The border of the Pendleton blanket is our ancient weaving 'designs that still have strong meaning to our people.

The Squaxin Butterfly is hundreds of years old; it is exclusively ours and represents "Squaxin."

The Salmon Backbone design is also hundreds of years old. Several baskets have a story woven on them, and many have to do with fishing salmon.



## SIT JUNIOR GOLF PROGRAM SUMMER 2012

**Free for Squaxin Tribal Members and descendants ages 18 and under.**

Each junior golfer will receive the exclusive benefits and privileges listed below during the 5 week session.

- > 7.5 hours of instruction (1.5 hours per class)
- > Golf club usage (limited quantity)
- > SIT Jr. hat and shirt
- > Bag tag
- > Junior rules book
- > Unlimited use of practice facility (must check in at the pro shop)

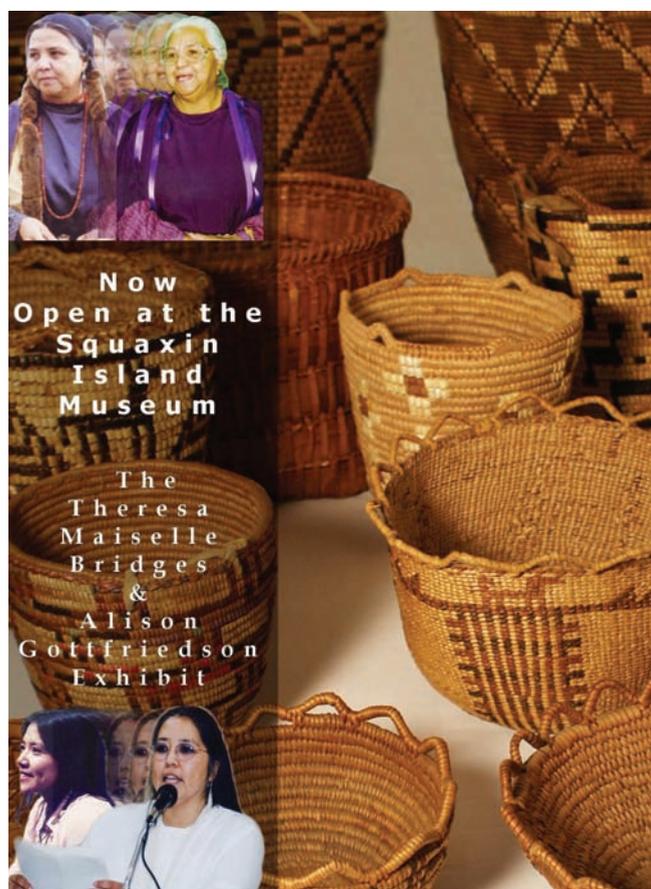
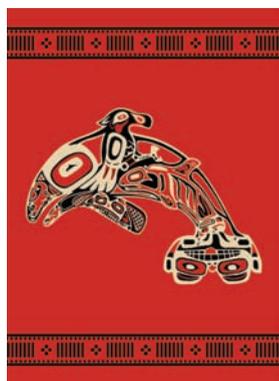
**Schedule:** (subject to change)

- > Classes will take place on Mondays throughout each 5 week session unless noted otherwise.
- > Session #1 - June 25<sup>th</sup>, July 2<sup>nd</sup>, 9<sup>th</sup>, 17<sup>th</sup>(Tuesday), 23<sup>rd</sup>
- > Session #2 - July 30<sup>th</sup>, August 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>
- > Classes will last 1 hour and 30 minutes
- > Introductory level class - 3:30pm-5:00pm
- > Advanced level class - 5:00pm-6:00pm
- > Testing will occur during the 5<sup>th</sup> class of each session.

Contact the Golf Shop at 360.462.3673 for questions and registration.



The seven bars are also an ancient design, representing our seven inlets.



## Who Are They?



Back, L-R: Becki Napoleon, Elsie Napoleon, Clara Bagley-Seymour, Frenchy Bagley, Marion Carpenter.  
Front: Douglas Washburn & Lucille Hause



## Mark your Calendar! Office of Housing Upcoming Workshops

### SCREEN REPAIR /FLOWER BASKETS

May 10th  
4:30

Administration Bldg. 2nd Floor

### PET CARE 101

June 5th  
4:30

Administration Bldg. 1st Floor

### TOOLS FOR SUCCESS

Creating a Spending Plans and Understanding Credit

Presented by: Apprises Financial

June 25th  
4:30-7:30

Administration Bldg. 2nd Floor

Watch for flyers on all upcoming classes!

If you have any questions about the scheduled classes or would like to attend, please call Lisa Peters @ 432-3871.



## Money rules for when kids move back

When children return to the nest -- sometimes bringing their own children with them -- clear expectations can improve the experience and prevent misunderstandings.

If you're the parent of a grown kid who is moving back home, you may feel overwhelmed by the new living arrangement. Here, experts share ways to set financial parameters for when your adult child returns to the nest.

### Begin a dialogue

Family meetings can help avoid misunderstandings, reduce tension and resentment, and set ground rules for behavior in the home. Sit down with your adult child and set clear boundaries and expectations for the new living arrangement. Think about financial factors such as paying rent, dividing utility bills and shopping for groceries. Also, consider who will do the cooking, and what, if any, hours will be set aside for quiet time.

Talk about guidelines for having friends over, alcohol use, playing music and how long the invitation to stay at home will remain open.

### Ask your child for rent

If your child is able, he or she should contribute to the rent or mortgage on your home. Consider tying payment to your child's income, such as making it 15% of his or her monthly take-home pay.

If your child does not have a job or is unable financially to pay rent, set up a barter system such as exchanging work for room and board. These services might include: mowing the lawn, painting a room or cooking a meal once a week. The exact duties matter less than the responsibility factor involved.

### Come to an agreement

Regardless of whether your adult child will be contributing financially through payments or services, or a combination of both, consider putting it in writing. Have your child read through the contract, and make sure both of you agree on the provisions. Then sign and post a copy in a visible place such as the kitchen or the child's room.

If you agree to allow your child to stay until he finds a job and gets back on his feet, figure out what that's going to take. Then set up steps to make that happen, and write them down. It can be much harder to make changes once your child has been under your roof for several months.

*By Rachel Hartman, Bankrate.com*



## Way to go community members

By Juana Perry - Wilson Recycling came out last month and picked up recyclable items and overall it was a HUGE success. Over 4,500 lbs of recyclable items were picked up with a total of 19 stops. Items that were picked up included: 13 televisions, 8 computers, 10 monitors, 7 vacuum cleaners, misc. toys, 2 BBQ's, 2 smokers, 4 lawn mowers, bed frames, canopy supports, tent poles, and car parts. Wilson recycling will be coming out again, so watch for the flyer. Good job everybody. Keep up the good work!!!

## Shaker Church Ministers Rose and Mike Davis

Available for:  
Prayer  
Services  
Special requests

360-877-2929  
360-529-1115





## Business Spotlight



By Stephanie James (Gott)  
 Happy Spring! Wow! Funny thing is that while I am writing this article...it is snowing outside! Crazy weather! There is no doubt that Spring has Sprung (my wild violets poked through the ground this morning!). This is the time of year when (and I should only speak for myself) the business center gets super fun! This month the business center staff will attend the 10th Annual Trading At The River Conference & Tradeshow. For those involved in business, this is the one to attend! Hosted by ONABEN and held at the Embassy Suites in Portland, Oregon, the conference is a wonderful place to meet fellow entrepreneurs. There will be keynote speakers, breakout sessions, lots of great information

will be exchanged and as always a beautiful tradeshow with many vendors will be there as well. The dates are April 19-20, 2012 and you can find out more by visiting [www.onaben.org](http://www.onaben.org). It's worth the drive!

In last month's edition of the Klah-Che-Min Newsletter, I wrote a little preview about this month's Business Spotlight. The purpose of doing that was to share (in a fun way) some fun facts about Jennifer Johns. But before I get started, I would love to share a little history pertaining to the writing of this spotlight.

For those of you who do not know her, Jennifer Johns, she is a busy girl. She wears many hats...all different! She works full time in Marketing for Island Enterprises, Inc. She harvests things, things like: manila clams, geoduck and fishes. She's family oriented, so much so that when I first met her I thought she was a mother...she is a devoted sister. She is also my neighbor and she once told me that her door is always open to me (I showed her! I'm not even sure how many times I've stopped by...just because). She is always very welcoming and she is ALWAYS making SOMETHING. During my last impromptu visit, she was "knee-deep" in making moccasins and feather earrings. Now mind you, I must look like a child in a candy shop because I can't stop staring at how easily she makes things look. I have a deep appreciation for art and those that make it...I have to (trying to make anything stresses me out way too much!). She is also very good at making me pace the floor.....after all, I have a deadline. Just as I am really starting to sweat things a bit, here she comes! She pulls in to the parking lot (in my favorite truck of hers...it's an old Chevy and it's beautiful!), picks me up and takes me to Salish Cliffs Golf Course for lunch (another favorite). She makes me feel very V.I.P and I love that! So now that I have her undivided attention, the chatting (interview) begins. Here's what she says:

### *What is the name of your business?*

Salish Creatives

Coast Salish Artwork, photography and specialty requests

### *What type of artwork do you make?*

My main focus is the Coast Salish Art form, painting and working with cedar. I also like photography and other crafts like earrings, clothing, and working with charcoal. Being an artist you are always thinking of new ideas and how you can make new and exciting pieces of artwork.

### *How long have you been making your creations?*

I have always had a creative mind, as a child I was always making stuff from pressing flowers to painting and making forts. During school, I always seemed to get A+ on projects that were related to some type of art form. It was during high school when I found my talent in our ancestral way of art, I had an awesome Art Teacher who had an "open" art class, and we were allowed to work on anything we wanted to. I had entered a juried school art show and won an sponsorship and a few other awards for my painting and photography. This really spiked my interest to continue with my artwork. After high school I had the chance to work with Steve and Andrea Sigo for a little while, they helped me understand more about the form of coast Salish art and how it is different from other tribal art around the Northwest and also how to work with cedar and carve.

### *Where do you get your inspiration?*

My artwork is created through emotional and spiritual connections, or feelings I have experienced sometime in my life. I like to develop my artwork to reflect a meaning, and try to capture that feeling visually.

### *Where do you see yourself in 5 years?*

I plan to continue working on my artwork, traditional and adding new contemporary artwork ideas to my pieces. One of my biggest goals is to open and operate a native art gallery, not only for myself but to help support the other native artist's in my community and others. I would also like to hold classes to help others learn the Coast Salish art, I feel it is important to continue the artwork of our ancestors and its importance.

If someone is interested in purchasing a piece, how would they contact you?

You can email me at [salish.creatives@gmail.com](mailto:salish.creatives@gmail.com) or call 360-427-5610



Awesome! Thank you Jennifer! I know that many Squaxin Artists work is on display at Little Creek Casino Resort, including yours. Definitely worth checking out!

*"Always remember, the magic begins with you."  
 - Walt Disney*

*Note: This article was cut off at the end last month, so its being run again.  
 Sorry Jen!*



# PADDLE TO SQUAXIN 2012



## Cedar Hat Class Taught by Steven Dorland

**All hats are for the 2012 Giveaway. Thanks goes to Steven for teaching and all who participated!**

*Photos by Aleta Poste*





# PADDLE TO SQUAXIN 2012



## **Cedar Visor Class with Master Weaver Walter Lewis** *All visors are gifts for the Canoe Journey. Thank you to the teacher and all who participated!*

*Photos by Aleta Poste*



### **Shipwreck Beads has made a very generous offer to Tribal members now through the end of the Journey: 10% DISCOUNT ON ALL MERCHANDISE**

A new local delivery option, at no charge, that is currently only available to tribes in the area - through the end of the Canoe Journey, individual Tribal members are invited to come into the store and combine their orders to equal \$1000 or more and have their orders delivered to the Tribe, so there are no tax consequences for purchasing items in the store.



## Carpenter Ants Inside: An Indicator of Moisture Problems

Carpenter ants are social insects which live in wood. Their chisel-like mouthparts are used to hollow out wood to build their nests. Because they forage for food and water inside the home, most people see them as a nuisance. But, the presence of carpenter ants can be an indicator of moisture problems or rotting wood — a greater structural problem than the ants themselves.

### Identification

Black carpenter ants are large, black ants. Adults vary in length from 1/4–3/8-inch. The queen is 1/2-inch long and is usually the largest. Another carpenter ant that is a smaller, about 1/4-inch is called the “red” carpenter ant to distinguish it from the black carpenter ant, but it is really two-toned. The thorax is reddish brown, the head and abdomen are darker.

People often see carpenter ants indoors during the late winter and early spring months. Sometimes they find winged ants which are the colony’s new reproductives, the queens, and kings. When colonies are in outdoor locations, the mated queens fly off to start new colonies. When there are winged carpenter ants in the house, there almost always is a colony living within in the structure.

People also see carpenter ants inside the home when foraging workers from an outdoor colony, enter the house looking for food. Carpenter ants are often found in the kitchen where they are attracted to moisture. When you see foraging ants, there is no way to know for sure if the colony is outdoors or indoors. More investigation is needed.

### Nesting Sites

Carpenter ants normally build their nests outdoors in hollow trees, logs, posts, or landscaping timbers. Unlike termites, they do not feed on wood but use it as a place in which to build a nest. They prefer moist or partially decayed wood, frequently entering existing cavities or void areas through cracks and crevices. Occupied galleries are kept immaculately clean. Ants push sawdust out of the nest to keep it clean; piles of sawdust underneath the nest are a sign of a colony. This sawdust is not always visible, because colonies can be hidden in wall voids.

Carpenter ants nest inside a structure when wood is very moist or previously damaged by water or termites. A colony develops best in wood with moisture content above 12-15 percent. This requires the wood to be wet by rain, leaks, condensation, or high continuous relative humidity.

### Typical interior nest locations include:

- Wood affected by water seepage from plugged drain gutters, damaged flashing, wood shingle roofs, poorly fitted or damaged siding, improper pitch of porch floors, between the roof and ceiling of flat deck porches, hollow porch posts and columns, or leaking door and window frames.
- Areas around plumbing in kitchens and bathrooms where water leaks have occurred or behind poorly grouted tiles.
- Wood in contact with soil, such as porch supports, siding, and stair risers.
- Wood in areas of poor ventilation or condensation such as cellars, crawlspaces, attics, or under porches.
- Wood scraps in dirt-filled slab porches.
- Voids under bathtubs or hot tubs.
- Hollow wooden doors and ceiling beams.
- Sill plates and floor joists.
- Voids under attic insulation or under insulation in crawlspaces.
- Voids above or below windows.

### Management

The key to successfully managing carpenter ants inside a structure is to locate the colony. Inspect the structure thoroughly, both inside and out. When nighttime temperatures are warm enough for insect activity outdoors, carpenter ants will forage outdoors and may be observed crawling on the side of the house, emerging from the house often in the vicinity of the colony. Shortly after dark, check the outside of the house for trailing carpenter ants. A good flashlight will help you. Most of the foraging ants will return to their colony before sunup. Eliminating a carpenter ant colony with insecticides can be difficult for the homeowner, especially when the colony is hidden inside a wall. But, because of the association between moisture and carpenter ants, eliminating the source of the moisture may also control the colony, without the use of insecticides.

### Tips to prevent carpenter ants include:

- Repair plumbing or roof leaks promptly and replace damaged wood.
- Make sure there is proper clearance between soil and structural wood.
- Provide good ventilation under the house and in the attic.
- Drain water away from the structure.
- Remove stumps, logs, and wood debris near the house.
- Store firewood away from the house.
- Trim back any tree or shrub limbs touching the structure.
- Keep exposed wood in good condition, with all cracks, knot holes, checks, or joints properly sealed with wood putty, and all surfaces painted.

### Insecticide Treatments

Over-the-counter (OTC) “ant sprays” are rarely effective. Some ants will be killed but these OTC products will not kill the colony. More effective treatments include insecticidal dust treatments in wall voids. Another effective method is a perimeter treatment using an insecticide foraging ants pick up and transfer to other members of the colony. The active ingredient fipronil has been shown to transfer through colonies and the product Termidor is labeled for this use. It is a professional-use product and not available to do-it-yourselfers. It is labeled for outdoor use only and can only be used twice each year.

**REZ ANIMAL RESOURCES & EDUCATION**

## Get your pet fixed for \$5

**For all Squaxin Island tribal members and anyone living on the Squaxin Island Reservation:**

- Step 1. Call 253-370-6392 to request a voucher.**
- Step 2. Call a local veterinarian to schedule an appointment.**
- Step 3. Take your pet to the scheduled appointment.**

Rez Animal Resources & Education is a small Non-Profit organization helping animals on the Chehalis, Nisqually, Skokomish, Squaxin Island and Shoalwater Bay Indian Reservations.

[www.rezanimals.com](http://www.rezanimals.com)



SKOOKUM CREEK  
EVENT CENTER



### 2012 HOME GAMES

DOORS OPEN 6PM • GAME STARTS 7PM

Tues.	May 1st	vs.	Vancouver Volcanoes
Thurs.	May 3rd	vs.	Portland Chinooks
Fri.	May 11th	vs.	Salem Soldiers
Sat.	May 12th	vs.	Bellingham Slam
Thurs.	May 24th	vs.	Portland Chinooks
Thurs.	May 31st	vs.	Japan
Thurs.	June 14th	vs.	Japan
Thurs.	June 28th	vs.	Los Angeles
Tues.	July 3rd	vs.	Orlando Venom

[www.ibl.com](http://www.ibl.com)

**\$7 GENERAL ADMISSION • \$5 PLAYERS CLUB MEMBERS  
FREE KIDS 12 & UNDER**

**TRIBAL MEMBERS ARE FREE! PLEASE BRING TRIBAL ID**

Tickets available for purchase at the box office  
or at the door (day of the event)  
For season tickets please call 360-790-5165.



Brought to you by Little Creek Casino Resort and Kamilche Trading Post

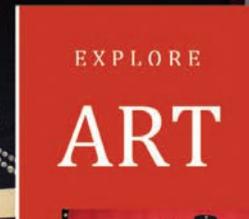


## Graduating this year?

Please inform the Tu Ha Buts Learning Center  
so we can honor you at the upcoming Sgwi' Gwi

**Graduation ONLY**  
Button Robe class  
Squaxin Island Members

Bring  
Your  
Design into Life



Explore  
Your  
Creativity



Every Tuesday Starting May 1st

4:00-6:00

Contact: Ruth Whitener 432-3841 or [rwhitener@squaxin.us](mailto:rwhitener@squaxin.us)



# HEALTH CLINIC




**WIC**  
(Women, Infants, and Children)  
provides healthy foods &  
nutrition information for you and  
your child up to age 5.

**Please bring:**  
Your child, Provider One Card  
or paystub and Identification for  
you & your child

**Call Debbie Gardipee-Reyes at  
SPIPA 360 462-3227**

**Tuesday,  
May 8th is  
WIC DAY at  
SPIPA**



Squaxin Island's Food Bank at the Health Promotions

Monday-Friday Between 10 am & 4 pm  
(our lunch break is from noon to 1 pm)  
If possible, Wednesday is the best day.

If you need access to the food bank,  
stop by once a week

If you would like to be on the call list  
for fresh produce or bread.

Please call Melissa Grant: 360-432-3926



## May is National Physical Fitness and Sports Month

Submitted by Patty Suskin, Diabetes Coordinator  
Health experts recommend that children get at least 60 minutes each day of physical activity. They need to run, climb, jump and get up and move around, away from desks, television and computer games. Today, about one in every four school-aged children are overweight or at risk for becoming overweight. It is extremely important to encourage children to adopt good physical activity behaviors as a family that promote a healthy lifestyle. Adults need at least 150 minutes a week (example: 30 minutes 5 days a week). Regular physical activity can have beneficial effects on the following aspects of health for everyone:

- Weight
- Muscular strength
- Cardiorespiratory (aerobic/heart health) fitness
- Bone mass  
(through weight-bearing physical activities)
- Blood pressure reduction
- Anxiety and stress reduction
- Depression reduction
- Self-esteem booster

### Tips For Childcare Providers and Parents

As a caregiver for children, you have an important role in shaping a child's physical activity attitudes and behaviors. Here are some tips to encourage the children in your care to be more physically active.

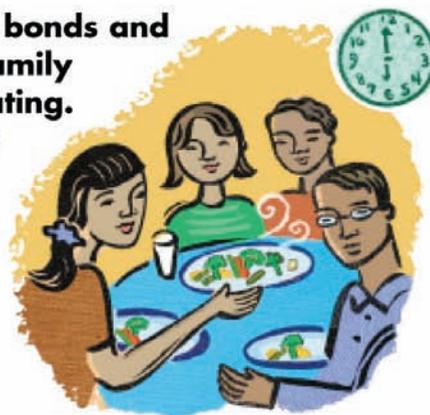
- Set a positive example by making physical activity part of your daily routine such as designating time for walks or playing active games together.
- Offer positive reinforcement for the physical activities in which children participate.
- Make physical activity fun. Fun activities can be anything the child enjoys, either structured or non-structured. They may range from team sports, individual sports, and/or recreational activities such as walking, running, skating, bicycling, swimming, dancing, playground activities, and free-time play.
- Ensure that the activity is age appropriate and, to ensure safety, provide protective equipment such as helmets, wrist pads, and knee pads.
- Limit the time children watch television or play video games. Instead, encourage children to find fun physical activities to do with friends or family members or on their own that simply involve more activity (walking, playing chase, dancing).

Source: Centers for Disease Control and Prevention

## Enjoying The Family Meal

**Family meals are important. You create close bonds and lifelong memories around the family table. Family meals can teach your child about healthful eating. You just need to be a good role model. When you try new foods your child may be more adventurous with food, too.**

**Try these easy ways to make family meals a pleasant part of your family routine.**



- **Set a regular family mealtime.** Regular mealtimes give your child a better chance to eat a variety of foods to get the right amount to grow, stay healthy, and keep a healthy weight.
- **Make it simple, make it quick!** Spend less time in the kitchen and more time at the family table. Simple meals, even cold sandwiches, taste as good as meals that take more work. You can make any meal special if you all feel relaxed and if mealtime is filled with caring and laughter. Simplify – to take care of you, too!
- **Show that family meals are important.** During mealtime, turn off the TV. Find another way to see favorite shows. Let the answering machine take your phone calls, too. Have your family make calls before or after the meal hour. Show that same respect for other families when you make phone calls.
- **Eat around a table.** It's easier to talk and listen to your family when you face each other. Eating side-by-side at the kitchen counter takes away eye contact.
- **Enjoy meal talk.** Make easy conversations – no nagging or complaining. Talk so everyone can be a "star" at mealtime. Don't take over. Your child will listen and learn by feeling included.
- **Be realistic about mealtime.** Try to sit down together. Keep meals from lasting too long. If kids get fussy, your family meal won't be fun. Wait until everyone is done to be excused.



# HEALTH CLINIC



## Tips for Coping with Stress & Depression

**Presented at Diabetes Support by Alicia No'oy from Behavioral Health**

Submitted by Patty Suskin - In this workshop we identified the differences between stress, a depressed mood and Major Depressive Disorder. We discussed some common sources of these and the connection between diet and mood.

### Ways to feel better when we are stressed include:

- Getting enough sleep,
- Asking for help
- Exercise,
- Using relaxation and self-care,
- Changing our environment,
- Using our support system (family, friends, church, community)



We also discussed ways to improve a depressed mood which include everything already mentioned in addition to proper diet, counseling and thinking differently about our problems. Lastly, to address major depression, treatment can include medicine such as anti-depressants. However, research shows that those are generally only effective in combination with therapy and only for moderately severe or severe depression.

Call Behavioral Health at 360 426-1582 for counseling assistance.

## Skokomish Hosts Diabetes Coordinators April Meeting

These meetings are extremely helpful as all sites share & learn from each other program challenges & successes, the diabetes grant, diabetes audit and more.



Photo taken by Maggie Miller, Cowlitz Diabetes Coordinator. L-R: Top Row: Pat Odiorne, Chehalis; Patty Suskin, Squaxin Island; Front Row: Jessica Small, Skokomish; Luanne Kennedy, Skokomish; Candace Gruginski, Shoalwater Bay.



## FREE BLOOD PRESSURE SCREENING 2012

The First Thursday of each month



Blood Pressure checked by your friendly neighborhood firefighters

Where: Elder's building  
When: 11:45am - 12:45 pm.  
Everyone is welcome!

## Upcoming events

### Brief Community Walk

Every Thursday at 12:40 p.m.  
Meet at Elder's Building after Lunch

### Free Diabetes Screening

at Health Promotions  
Tuesday through Friday  
Contact Melissa Grant for details

### Want a garden in your yard?

Are you low income?  
Contact Juana Perry @ 432-3863  
to get on the waiting list to have a garden placed in your yard – for FREE

### Smart Shopping/ Food Label Reading Workshops

Contact Patty to schedule a family & friends session

### Health Promotions Programs

We have exercise videos in the building across from clinic  
Work out alone, with us or schedule a time for a group

### Our Nationally Recognized Lifestyle Balance Program

If you are ready to lose weight, we can provide support.  
If you are Native American and over 18, see if you qualify to participate.

### Mammogram Clinic

May 1st from 9 a.m. to 3 p.m.  
@ the Health Clinic  
Contact Elizabeth Heredia at 432-3930

USDA Foods : The Food Distribution Program on Indian Reservations





## **Blood and Sovereignty - Native Americans Give Voice to Studies on Them** **WA Indian Gaming Association**

By Paul Kleyman, April 19, 2012

For Native Americans in need of good research on their persistent health issues, the troubling case of Arizona's tiny Havasupai Indian tribe "put genetic research on the front burner," stated Ron Whitener, executive director of the University of Washington's Native American Law Center in Seattle.

The \$700,000 settlement that Arizona State University (ASU) made two years ago with the Havasupai—plus the return to the tribe's care of 151 remaining blood samples from a university freezer—chilled research cooperation throughout Indian Country. Some tribes even wanted to halt any cooperation with genetic research institutions, Whitener said.

### **Studies Perpetuated Stereotypes**

Members of the small Havasupai band had discovered that without their permission ASU scientists and graduate students had mined blood samples tribal members provided in the early 1990s for purposes beyond the diabetes studies they had agreed to.

Not only did ASU researchers publish studies and write graduate dissertations based on tribal blood samples, the studies included "things the tribe found very offensive," Whitener said.

"Probably most offensive," Whitener asserted, was ASU research "looking at inbreeding among this very small tribe located at the bottom of the Grand Canyon."

The ASU and the Arizona Board of Regents formally apologized to the Havasupai, while the tribe acknowledged that the university had made "great efforts" to improve its oversight and conduct of scientific research at ASU. The Board of Regents also agreed to start an ongoing "partnership" with the Havasupai to help them build a new health clinic and high school and offer ASU scholarships to tribal members.

The Arizona State incident, Whitener explained, fueled resentment among tribal communities long angered by past grave-robbing incidents at Native American burial grounds, and "helicopter research," that is, academic flyovers by non-Indian researchers disconnected from the people they studied. Their articles, published in prestigious journals, would perpetuate negative stereotypes that stigmatize American Indians and Native Alaskans.

### **Studies Needed on Terrible Health Disparities**

Speaking in San Francisco at the March conference of the Regional Centers for Minority Aging Research (RCMAR), a program of the National Institute on Aging, Whitener stressed the importance of scientific exploration "because

health disparities among American Indians continue to be terrible. Without research, headway is probably going to be more difficult."

In the wake of the Havasupai's court victory, Whitener said, the National Congress of American Indians (NCAI) issued resolutions decrying Arizona State's conduct, as well as resolutions telling tribes, "You need to build your research systems, so you can handle these kinds of things."

Wrestling control of genetic and behavioral research, he indicated, is also part of wider efforts by tribes to assert their independence and sovereignty.

To do so, Whitener and his colleagues obtained funding from the National Center for Research Resources and the National Human Genome Research Institute—units of the federal National Institutes on Health—to develop manuals to be released this spring that will help tribes control research by methodically reviewing proposals and instituting protections both for human subjects and the tribal communities themselves.

The "tool kits" will help ensure tribes and Indian organizations are involved at every step of research by academics, government agencies or others and will maintain ownership of data collected from their populations. One manual will be on research methods and the second will outline steps in developing such processes as ranking, selecting and managing research applications.

The center's first step toward building a model for research other tribes could apply was for Whitener and his colleagues to conduct a survey at his own Squaxin Island tribe, located in Puget Sound.

### **"Go Talk to the Elders Committee"**

Whitener, who was honored last year by the White House among legal-community Champions of Change, said his staff worked with his tribe's Museum and Research Center with the approval of the Squaxin Tribal Council and oversight by the Elders Committee.

"In this tribe, what the elders believe and want is very important," he explained. "When we proposed this, the first thing the Tribal Council said was, 'Go talk to the Elders Committee, because we're not moving anywhere until we know how they feel about it.'"

Initially, the project hired and trained two research assistants from the tribe, who held small-group discussions with about 190 of the Squaxin tribe's 700 members.

Then the center's research team developed questions for tribal members to vote on about their concerns and willingness to participate in genetic or behaviors studies.

At the next annual general meeting, where tribal members congregate to elect their officials, Whitener and his crew put the questions to a vote.

Whitener and his crew asked to what degree tribal members would or wouldn't be willing to approve of studies conducted by a such entities as a college or university, the Indian Health Service or other federal government agencies.

As expected, members were more positive toward research that includes tribal members in design, coordination, data collection and interpretation of results. Also, not wanting merely to say no to research, most members said they wanted to learn more, Whitener said.

In addition, Whitener went on, "As people became older, they became much more willing to participate in research: 67 percent being willing to participate in the genetic study," about the same as for behavioral research studies.

He noted that 70 percent of those who voted were women. "Squaxin Island is a matriarchal society. So, generally, women wield a fair bit of authority."

### **Employment, Treaty Rights, Health Issues**

In the vote, the tribe's willingness to cooperate with studies dropped significantly when they were asked if they would do so if asked by federal government agencies other than the Indian Health Service (IHS). Interest fell from two-thirds or more to only half of those voting.

Their main reason for participating in any health research, said the tribal members, was employment.

"They clearly saw the important tie to health and their ability to access employment. Unemployment still remains a real concern amongst tribes and their members," Whitener said.

The tribe's next priorities were maintaining treaty rights, such as their ability to continue accessing their traditional foods and ways of life through hunting and fishing, as well as cultural preservation.

"It's not until we get to chemical dependency do we first see the traditional health issue here at Squaxin," Whitener noted. On a list of health conditions, members' support for research took "a huge jump when we ask about diabetes," he reported.

Although tribal members confirmed researchers' expectations that personal and community benefits were very important to their willingness to cooperate, the center's team found tribal members and staff to be also keenly aware of their societal obligation.

Besides direct benefits to them, Whitener said,



## Blood and Sovereignty Continued

Squaxin Island's voters favored going ahead with research that may not be adequately funded, might take up more time than they wish or may not really help them directly. He recalled that members told them, "You need to have people get experience from the universities."

### Tribal Sovereignty

A principal concern, Whitener continued, is that research studies adequately train people on reservations: "When the study leaves, at least it leaves people with the tools they didn't have before. Did it leave resources there?"

The project's aim, he noted, is to enable tribes to analyze "when they can and can't go forward in terms of its staff time, how beneficial something is and what the data mean."

Tribal members were not only wary of external authorities, but when asked who should manage the tribe's new decision-making process, they overwhelmingly voted in favor of developing a new nonprofit to provide "a little distance from the tribal council" and its agendas.

Although he expects other tribes to adapt these manuals to their own needs and traditions, Whitener hopes the tool kits will also convey the Squaxin Island tribe's independent spirit. From taking control of its health clinic from the Indian Health Services in the 1970s to fighting for traditional hunting and fishing rights, he said, "We're a very aggressive tribe in terms of taking back our sovereignty."

## Squaxin Island MLRC Awarded Prestigious Grant from the Institute of Museum and Library Services

Thanks to a grant from the federal Institute of Museum and Library Services (IMLS), The Squaxin Island Museum Library and Research Center (MLRC) will initiate the Squaxin Legends and Storytelling Project as a youth engagement and storytelling documentation project that will take place at the Squaxin Island Museum Library and Research Center. The project will build cultural awareness for Squaxin youth directly involved in the project as they listen to traditional stories and learn to use technological skills to express their new knowledge.

"The Squaxin Island Tribal culture has an ancient history of promoting lifelong learning by utilizing natural surroundings and wildlife as teaching elements," said Squaxin MLRC Director Charlene Krise. "Children were taught before they could walk to be an active student in observation; stories were fashioned in creative ways to be a constant teacher in everyday life. The stories often had songs which carried the rhythm and voice of nature. Tribal culture was so intertwined with stories and nature."

IMLS Director Susan Hildreth said, "Tribal libraries across Indian Country have supported literacy, workforce development, lifelong learning, and the love of reading for many years. As demonstrated by the Enhancement Grant projects announced today, they are now transforming themselves into important centers for the preservation and dissemination of Native language, history, and culture from their own perspective."



Native American Library Services Enhancement Grants support projects that enhance existing library services or implement new ones. Preference is given to projects that expand services for learning in a variety of formats; provide users with access to information and resources through electronic networks and linkages; develop partnerships with other agencies and community-based organizations; or target services to users of diverse backgrounds and to underserved populations.

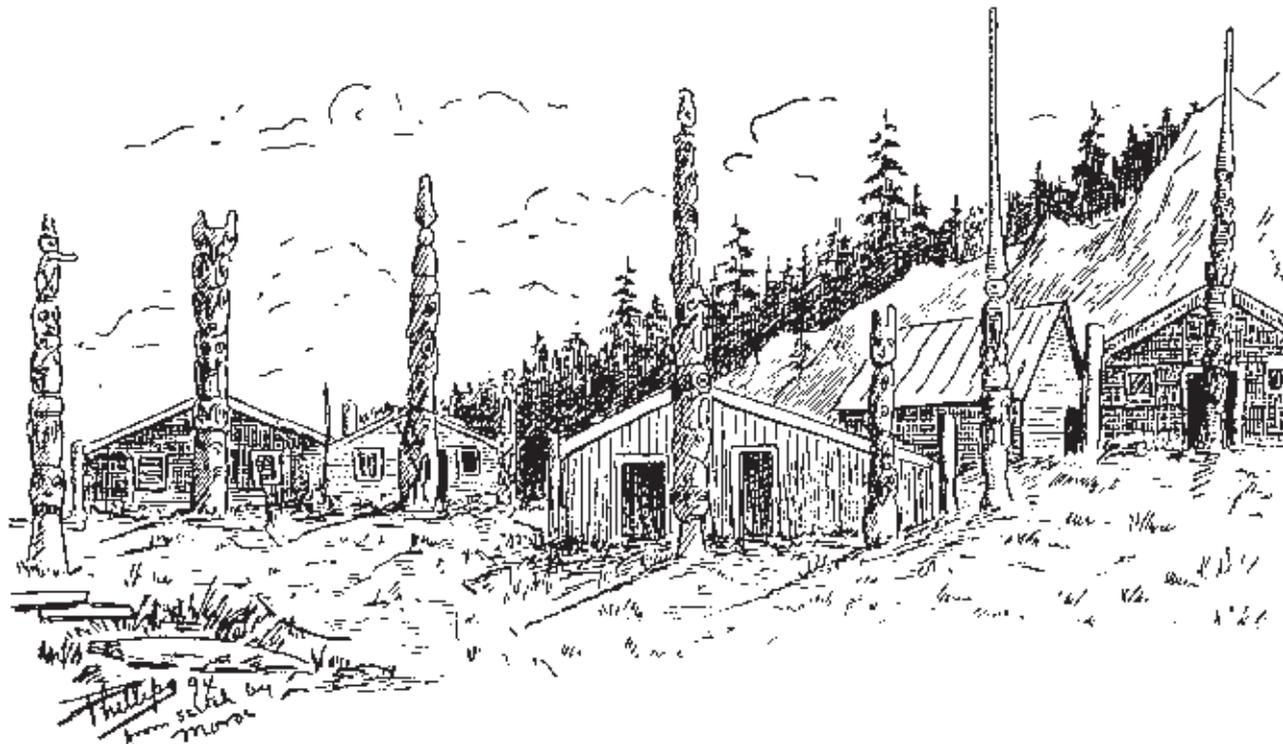
### "Vital Statistics"

Number of applications received: 45  
Number of awards made: 15  
Total amount requested: \$5,588,368  
Total amount awarded: \$2,010,695  
Total recipient match: \$965,369

The Institute of Museum and Library Services is the primary source of federal support for the nation's 123,000 libraries and 17,500 museums. The Institute's mission is to create strong libraries and museums that connect people to information and ideas. The Institute works at the national level and in coordination with state and local organizations to sustain heritage, culture, and knowledge; enhance learning and innovation; and support professional development. To learn more about the Institute, please visit [www.ims.gov](http://www.ims.gov).

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# COMMUNITY



Leo Henry	01
Veronica Rivera	02
Robert Jones	02
Julio Valencia	02
Vernon Kenyon	03
Krystal Koenig	03
David Lewis	03
Kim Cooper	03
Brian Tobin	04
Kenai James	04
Ahree Allen	05
Todd Hagmann, Jr.	05
Payton Lewis	05
Lauren Todd	05
Taylor White	06
Jacqueline Smith	06
Sally Brownfield	06
Nancy Rose	06
Justin Saenz-Garcia	06
Raven Thomas	06
Eric Castro	07
Josiah Perez	07
Jaidon Henderson	07
Jacob Spezza	09
Takoda Tahkeal	09
Justin Johns	09

## Happy Birthday

Colleen Merriman	09
Morningstar Green	09
Keven Harper	10
Breanna Peters	10
Stanley Black	10
Kassidy Whitener	10
Richard Johns, Jr.	11
Jeromy Meyer	11
Janelle Krise	12
Julie Owens	13
Treyson Spezza	14
Celia Rosander	16
Taylen Powell	17
Jaelyn Meyer	17
Christi Aguinaga	17
Bryan Johnson	17
Donna Wood	17
TShawnee Kruger	18
Marlene Castellane	18
Gary Brownfield	19
Jeffery Kenyon	20
Jennie Martin	21
Richard Harper	21
Tamatha Ford	22

Melissa Grant	22
Carly Peters	22
Richard Monger, Jr.	22
Michael Ogden	23
Brandon Kenyon	23
Theresa Sanchez	23
Tiffany York	23
Levi Sanchez	23
Donald Hartwell	24
Alexandra Mirka	24
Spirit Jones	25
Raymond Peters	25
Tyler Johns	26
Mildred Wagner	26
Craig Parker	26
Jeremyha James	27
Elise Thale	27
Donna Peratrovich	28
Molly Troxler	28
Kurt Poste	28
Jack Selvidge	29
Mataya Stroud	30
Iladee King	30
Daniel Sigo	31
Melissa Day	31
Carol Phipps	31
Candace Ehrhard	31

What's Happening					
	1	2	3	4	5
	Drum Group 6:00 p.m.	<i>Family Court</i>	<i>TANF Craft Class 3-5, C Kitchen</i> AA Meeting 7:30		<i>General Body Meeting</i>
6	7	8	9	10	11
		<i>Criminal/Civil Court</i>		<i>TANF Craft Class 3-5, C Kitchen</i> <i>Council Mtg.</i> AA Meeting 7:30	12
13	14	15	16	17	18
<i>Mothers Day</i>	<i>Indian Day Tribal Center is Closed</i>	Drum Group 6:00 p.m.		<i>TANF Craft Class 3-5, C Kitchen</i> AA Meeting 7:30	19
20	21	22	23	24	25
		<i>Criminal/Civil Court</i> Drum Group 6:00 p.m.		<i>TANF Craft Class 3-5, C Kitchen</i> <i>Council Mtg.</i> AA Meeting 7:30	26
27	28	29	30	31	
				<i>TANF Craft Class 3-5, C Kitchen</i> AA Meeting 7:30	

## A Poem by Alison Keith

One day I'll paint the world for all to see  
With colors beautiful, vivid, and bright  
I will show you all what our lives could be  
When bathed in a shining and dazzling light.

I'll borrow the silver of stars that dance  
And was it over all the rainy gray  
Then I'll reach to the sky and take a chance  
To bring celestial gold to our day.

We will walk about in a world of dreams  
And see things like we never had before  
I'll fill up the earth until it just seems  
There's no room to add color any more.

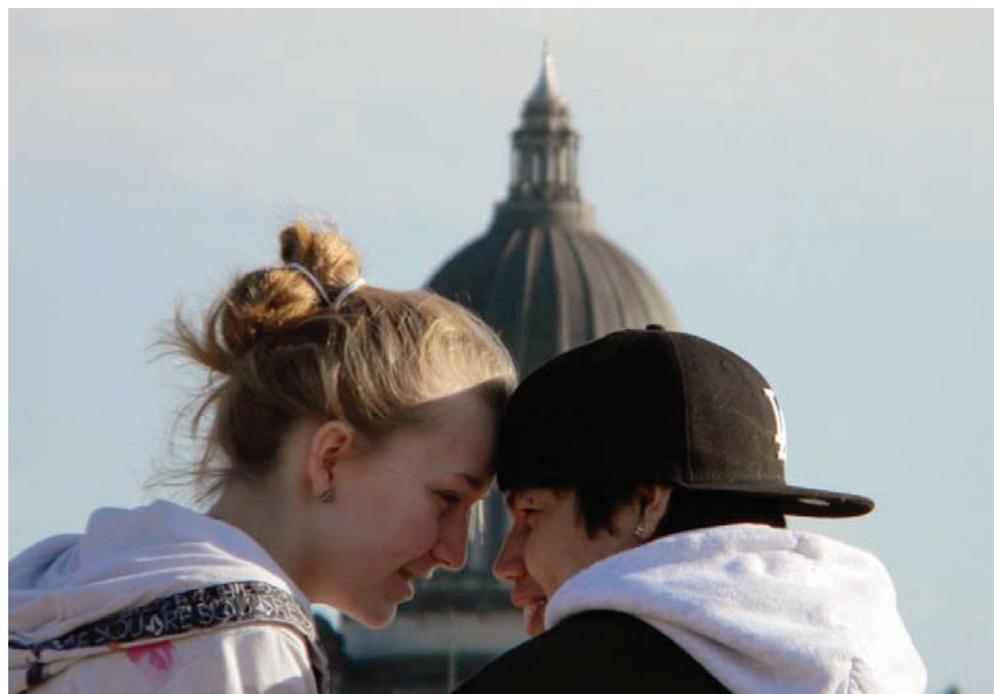
When I show you all the world I perceive  
You will start to see what you can achieve.

**Happy Belated 8th Birthday TJ  
From Mom, Dad & Johnny**



**Congratulations to David Dorland who brought the biggest elk to Home Meat from tribal hunters!**

**Happy 200 days anniversary Tara!**



**I love you!  
This is what you get.  
You're gonna be famous! Ha ha ha!  
- Gene**

## **A Letter to Our Youth**

Leslie Johnson - Daffodil Festival Princess Alexandria Tyler Cole from Chief Leschi Schools died on April 11th from an apparent suicide. Ms. Cole was a senior at Chief Leschi Schools and a Puyallup Tribal Member.

For some reason, not just in Indian Country, we feel sad, and upset when someone kills themselves, but we rarely talk about it. To me there is no better time.

In my own life, the earliest suicide I remember was that of my great grandfather. I never met him. My grandmother had to help clean her dad's mess up. She was always a little insecure and I'd say stunted in development. The last suicide for me (so far), was within the Johnson/Clark family, when my nephew Jay Clark committed suicide.

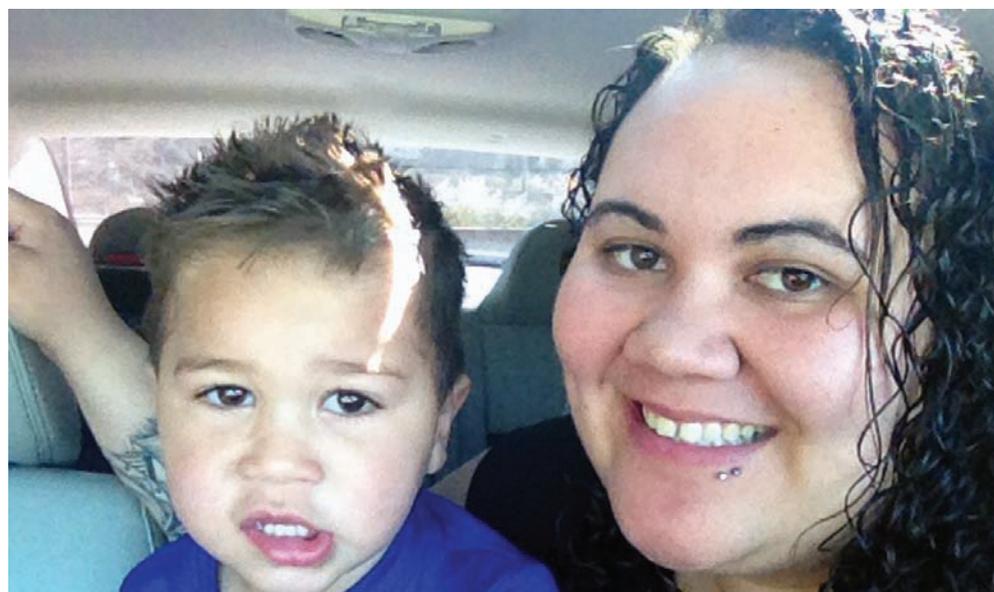
So I have a bit of experience with suicide including my own attempt nearly 42 years ago, at 16. Life sucked back then, I'm sure. And my boyfriend didn't love me. It just seemed like life wasn't worth living. So I went into my mom's medicine cabinet and took all of her medication.

It doesn't matter that I changed my mind really fast after that. Because the message was that I, Leslie, didn't care to live any more. Shockwaves ran through my family and my friend's families. But once again, no one except my mom and me seriously talked about it.

I wanted to say this, because our youth often don't know, IT FRICKIN GETS BETTER! If you are young, and you have thought of suicide, I want you to look around you NOW. See what the pain of the family and tribal community will be without you. See that empty spot here. The deep sadness expressed. YOU are loved. YOU are a piece of a much larger puzzle in all of our lives. There's a lot you don't know. But there is a lot you WILL know. And when you get older, you will look back and say WTF, why did I think like that! I did. In fact, I look back and wonder how the heck I could have done it for the "love" of a 16 year old boy. I know many others that do too.

Please! Your presence is needed here. It may not seem like it today. But there are plenty of tomorrows that YOU WILL be needed. If you need help, reach out, tell someone you respect, TALK to people around you. You will be amazed that many of these folks have been through the same pains you are feeling.

Sometimes, this world just seems too big and you are too small. Please trust me, one day you WILL wake up and YOU WILL know that place is here with US! You are needed, loved and wanted!



**Happy 2nd Birthday  
Son Son!  
Mommy Loves You  
Oh So Much!**



# BINGO AT THE CREEK

Over \$20,000 in Cash and Prizes

Friday, May 25th at 6:30pm

Saturday, May 26th at 2:30pm & 6:30pm

2:30pm Session Blackout Prize • \$599

6:30pm Session Blackout Prize • \$1,199

Early Bird Specials • 6:30pm Sessions

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# CONCERTS AT LITTLE CREEK

## CHEAP TRICK

Saturday, May 19th + 8pm \$55/\$45/\$35



## TONY ORLANDO

Saturday, June 9th + 8pm \$40/\$30/\$20



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