

Squaxin Island Tribe Mourns the Loss of Three Beloved Family Members



David W. Whitener Sr.
ahkwateed

On Friday, November 2, 2012, David Wayne Charles Whitener Sr., a beloved member of the Squaxin Island Tribe, passed away peacefully with family at his side after a long, courageous journey with Parkinson's disease. Dave was 78.

He was born on January 6, 1934 to Percy W. and Ethel (Richards) Whitener at home in Kamilche. He graduated from Irene S. Reed in 1951, served in the US Army, and obtained his Master's Degree in Education from Western Washington University.

In his younger days, David worked as a logger and in the construction business and enjoyed fishing with his family in Alaska. He married Elaine Moore in 1957 but they later divorced. David was a teacher and principal at Southside School from 1965 until 1969 and was also the principal in Neah Bay where he received a name in the Makah language.

David was dedicated to education and Native American heritage. He was faculty in the Native American Studies Program at Evergreen State College for 17 years and was co-convenor of that program for several years. He was instrumental in planning and building the Evergreen Longhouse on campus, which opened in 1995.

Retirement in 1996 did not slow David down. He served on the Board of Indian Affairs, Olympic National Forest Advisory Board, Mason General Hospital Board and was the Deputy Executive Director for the Squaxin Island Tribe. He served in many capacities on the Squaxin Island Tribal Council, including Chairman and Vice Chairman.

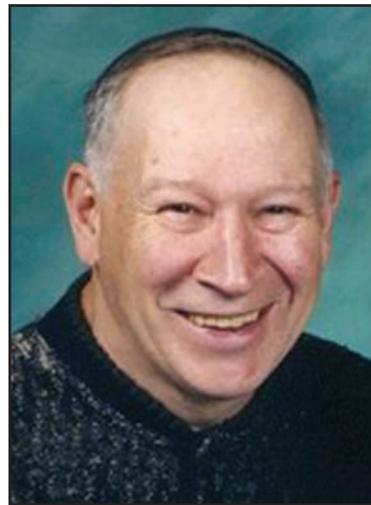
Part of David's ancestry is Tsimshian from Alaska; he is of the Raven Clan.

David was a member of the St. David's Episcopal Church of Shelton and the Toastmasters. He enjoyed fishing, hunting, and traveling, especially for Indian affairs and cultural events, smoking salmon, and spending time with his family.

He is survived by his wife of 23 years, Barbara (Greene) Whitener, Shelton; sons, David (Sotheyary) Whitener Jr., Olympia, and Jonathon (Marty) Thompson, Seattle; daughters, Connie Whitener, Parker, AZ, Mitzie "Rhonda" Whitener, Shelton, Annie-Beth (Cameron) Henry, Shelton, and Jessica (Nathan) Hoppe, Helena, MT; sisters, Ruby Fuller, Shelton and Mary Bell Whitener, Shelton; his

brother, Donald Lynn, Shelton; nine grandchildren, one great grandchild and numerous nieces, nephews and cousins.

He was preceded in death by his parents and sister, Martha. A celebration of David's life was held at the Little Creek Event Center on November 15, 2012 at 11:30. Donations can be made to the Evergreen State College Foundation; with reference to David Whitener Sr Scholarship Fund, Olympia, WA. [At this time there is a matching grant from the Bill & Melinda Gates Foundation.]



Daniel Lawrence Brown

Daniel Lawrence Brown, 74, a beloved member of the Squaxin Island Tribe, passed away peacefully at home with family at his side on Thursday Nov. 8, 2012 after a long battle with renal disease.

Danny was born on December 19, 1937 to Daniel and Effie (Bloomfield) Brown in the same home in which he passed. He was in the 1957 class at Irene

S. Reed High School and served two years in the U.S. Army mostly in France. After returning from military service, he went to work in the woods as a Gypo Logger. Danny worked with all four of his brothers for a time, but the majority of his logging was done with his younger brother, Hank.

Danny married Patty Dodds on November 29, 1968 in McCleary, WA. He loved hunting, fishing, baseball, bowling, cribbage, pinochle, and his horse "Comanche." He liked all sports but especially the Mariners. He was a youth baseball coach and could often be found pacing the foul lines at his children's ball games.

Danny was well known for infectious smile and sparkling eyes.

He is survived by his wife Patty; his children, John (Dawn), Paul, Jennifer and Amy; his grandchildren, Erica, Krissa, Alex, Abby, Grace, Casey, Journey Bear, and Josiah, all of Shelton. He is also survived by his sister Ruth (Stub) Creekpauum of McCleary and several nieces nephews and cousins.

He was preceded in death by his parents, Daniel and Effie; his brothers, Ed, Joe, Bill and Hank; and his sisters, Jean, and Sally. In lieu of flowers please send donations to the Callanan Restoration fund c/o Shelton Parks & Recreation.



Shirley Lopeman

Shirley Ann Lopeman, the beloved wife of Squaxin Island Tribal Chairman David Lopeman, passed away on November 15th. She was born April 6th, 1943 to Mabel Beckwith and Antonio Rogers. She married David in 1968, and together, they had a daughter, Donna Lopeman, and three grandchildren, Steven, Cynthia and David, and one great-grandchild, Owen.

Shirley worked at KTP for over 30 years. She gave a lot of herself to her family, friends and community. She was a very strong woman who stood up for what she believed in.

She loved working with cedar, garage 'sale'-ing, and visiting with family and friends. And she loved going to the casino. She will be deeply missed.

We want to thank Squaxin Island and Chehalis Tribes as well as all those who helped the family through this difficult time.

She is survived by her brothers and sisters, Buck, Theresa, Arnold, Russel, Ed, Mike Ruth and Rene.





Thank you from us kids for making Dad's service so special!

Davey Jr. - We want to give our thanks to the Tribe for all that was done for us during our time of great loss. The love and pride of our community was clearly on display and it is a wonderful feeling to see that clearly reflected in our governmental body. Thank you again for taking such good care of us and Dad

Thank you, Rhonda and Melissa, for organizing and managing all the details, and thank you, Rhonda and Margaret, for the beautiful cedar rose boutonnières and corsages.

Russel, we are so grateful that, when we dropped the ball, you were right there to pick it up and run with it. You did an amazing job. It was meant to be. Thank you!

To the casino and its staff, thank you. Your organization, professionalism, and that you personally care is apparent. Thank you again.

To Wade for Dad's song, thank you!

To Aunt Mary for being our Aunt Mary :)

We know there were more, and we love and appreciate you for your heart, your strength, and your compassion during this time.

To everyone who contributed to his service and to everyone who attended, both in person or in your heart, we raise our hands...

Per Capita Withholding

You may request federal withholding for tax on per capita gaming distributions. The IRS form W-4V will serve that purpose.

Withholding is not required until the total per capita payments reach \$9,750 (as of calendar year 2012). Form W-4V needs to be completed and returned to Cathy Magby by January 4, 2013, in order for withholding to occur for the February 2013 per capita payment.

Thank you,
Deborah Stoehr
Finance Director
Squaxin Island Tribe
(360)432-3903
dstoehr@squaxin.us



Squaxin Island Tribal Council

Winter General Body Meeting

January 19, 2013

Community Kitchen

Meeting will start at 9:00 a.m.

Lunch will be served at noon.

Any questions? Please call the Administration Building at 426-9781.

TRIBAL NEWS

10 S.E. Squaxin Lane
Shelton, WA 98584

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TOLL FREE: 877.386.3649
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www.squaxinidland.org



Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

DAVE LOPEMAN: Chairman
ARNOLD COOPER: Vice Chairman
PETE KRUGER: Secretary
ANDY WHITENER: Treasurer
RAY PETERS: 1st Council Member
JIM PETERS: 2nd Council Member
CHARLENE KRISE: 3rd Council Member

Klah-Che-Min Staff:
THERESA M. HENDERSON: EXT. #3945
thenderson@squaxin.us



FACTORY OUTLET STORE
Located at the **FACTORY**

DECEMBER
"HOLIDAY SPECIAL"
TRIBAL MEMBERS ONLY

"TRADITIONS" DISCOUNT
\$12.25 PER CARTON

WE PAY
THE SALES TAX
ON ALL CIGARETTE PURCHASES

(Offer good December 3rd-December 28th)
NO COUPON REQUIRED

(Must show Tribal membership card)



Needed - Caregivers

Day & Night shifts with Melissa Whitener
Must pass background and fingerprint checks
Call 360-742-7775

Would love Elders' help too!

Starting ASAP
\$10.50 hr

Squaxin Island Tribe's Annual Youth Christmas Party

Who Is It?



Tuesday December 18, 2012
5:30-7:30 pm @ the TLC Gym

Enjoy a delicious dinner
& visit with Santa



Tribal Member Parents/Guardians:

The age range for gifts is birth to 18 if you have not graduated or received your GED. If you are 18 or over and have graduated or received your GED you are not eligible to receive the children's gift.

Please Note: PARENT/GUARDIAN MUST BE PRESENT WITH CHILDREN TO PICK UP THEIR CHRISTMAS GIFT.

This is a drug, alcohol and tobacco free family activity.
For more information, please contact "Santa's Little Helper," Jerilynn Vail at 432-3992

For the answer, see page 15



Chum Salmon Management

Chum salmon fisheries are well in progress and as of November 11, the Squaxin Island Tribe fishermen have harvested approximately 25, 136 chum at a value of \$133,853. This year's chum catch is predicted to be just below the ten year average harvest by our Squaxin fishermen.

Our chum fisheries target healthy South Puget Sound wild chum stocks from Eld Inlet, Totten Inlet, Hammersley Inlet, Skookum Inlet, and Case Inlet. Northern Tribes and Washington State Non-Tribal fisheries target these stocks as well.

During the Chum salmon season Northwest Indian Fisheries Commission conducts the Apple Tree Cove Chum test fishery in Area 10 (Near Kingston, Washington), weekly for four weeks. In this test fishery the catches are used to update the inseason Puget Sound Fall Chum runsize. Catch results are plugged into a model with historical test fishery data to determine a runsize. After each of these test fisheries, harvest managers from Washington Fish and Wildlife (WDFW) and Puget Sound Tribes conference call on the results as well as share regional catches. Based on this data the harvest managers make a decision to increase or decrease the Puget Sound Chum runsize. WDFW and the northern Tribes fisheries are based on the runsize and determine their available catch allocation.

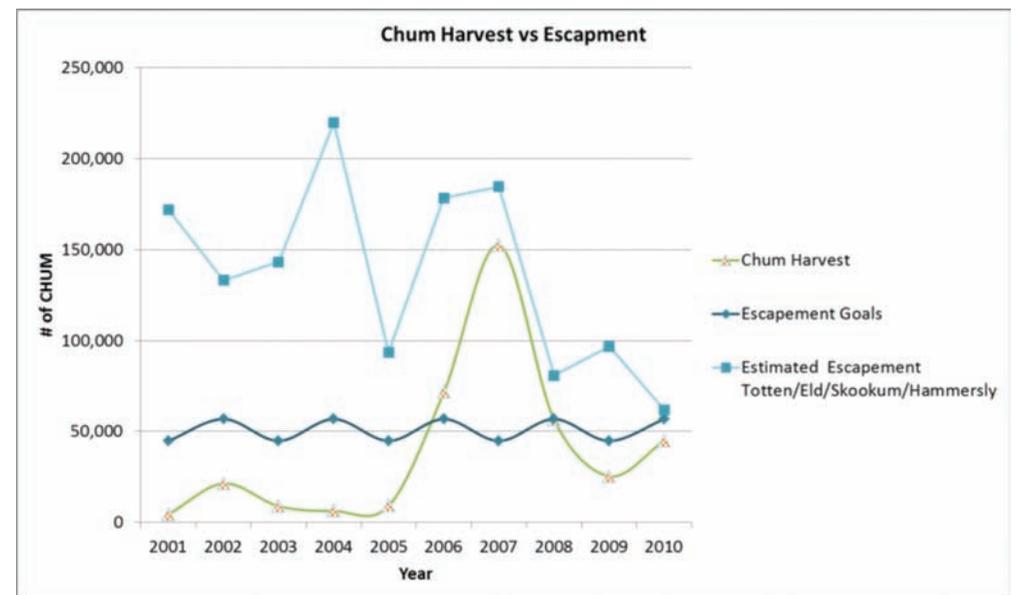
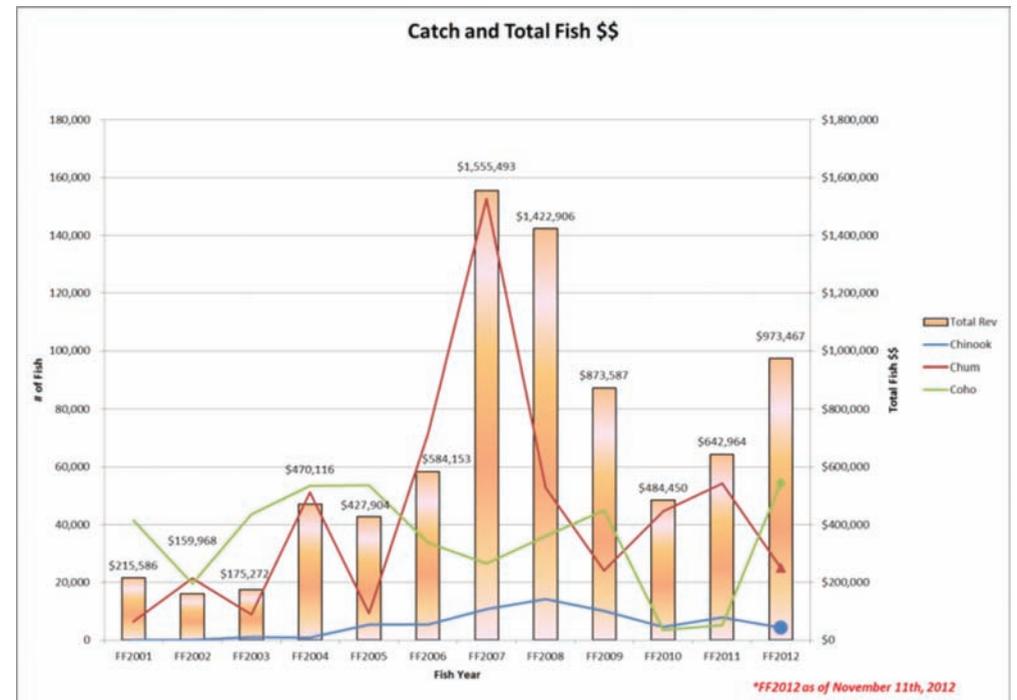
While Non-Tribal fleet, recreational and our neighboring Tribes to the north are fishing, the extreme terminal Tribes are relying on chum making it to the streams to spawn (escapement). Squaxin Chum fisheries are based on escapement of Fall Chum runs into the Deep South Sound inlets. To ensure our local Fall Chum stocks reach escapement goals, Squaxin Natural Resources and WDFW staff conducts stream surveys to count spawning chum. These stream counts along with the Squaxin Island Tribe's attentively timed fisheries allows for regional escapement to be met. Squaxin bears the burden of escapement of chum in our streams.

Inlet escapement goals

Even Years	Odd Years
Totten= 14,400	11,500
Skookum= 2,100	1,500
Eld= 18,500	14,500
Hammersley= 17,000	13,500
Case= 1,800	1,500

Inlet escapement goals are on an even/odd basis that correlates with Pink salmon runs. Pink Salmon returns occur in odd years.

If you have any questions regarding Squaxin salmon fisheries management please contact Joseph Peters at 360-432-3813 or email at jcpeters@squaxin.us. To get more information on Squaxin Natural Resources programs and projects visit the Squaxin Island Tribe's Natural Resources Department Weblog at <http://www.squaxin-nr.org/>



Squaxin Island Tribe Salmon Catches

Species	2012 Catch	10 Year Average
Chinook	4,388	6,449
Coho	54,397	34,577
Chum	25,136	45,151

* 2012 Catches as of November 11th, 2012



We met the challenge

We fought it and won

Gordon James - Everyone has to face trauma in their lives. I'm talking about both historical and modern traumas – those physical or emotional injuries that can have a lasting effect on how we think, feel and behave. Everyone experiences trauma differently - every person, every family and every community has a different story to tell about what happened to them. What one person thinks is traumatic may not affect another person in the same way or to the same degree. We also know that when a person has survived a traumatic experience, that person's behavior might change as a result. So, there's your question. Did traumatic experiences drag you down, or did you see them as challenges to be fought and won?

The lives of many Native families have been diminished as a result of alcohol or drug addictions. There is a long and well documented history of the discrimination and oppression faced by many tribal people. Many were forcibly removed from their traditional homes, and forced to assimilate – loss of lands, loss of culture, loss of spiritual practices, loss of language, and loss of so much more. Many have been physically, emotionally and sexually abused.

Most of us have experienced the pain of losing someone we love. Everyone responds differently to losing a loved one, but most of us can experience feelings of denial, sadness, grief, anger, or depression. Many of our people have experienced the traumas of war. Survivors can be left emotionally scarred and continue to suffer with post-traumatic stress, or left physically scarred and disabled.

A disability can be a traumatic experience that affects the behavior of an entire family. The person who has a disability can carry the emotional trauma from the event that caused the injury, or the physical trauma of how life has changed due to the disability. These same factors can impact the loved ones whose lives have also been affected by the disability.

Some people grew up with little money or resources, but didn't think of themselves as poor; others grew up worried that they didn't have enough to take care of their needs. Children growing up in poverty often face an absence of health or dental care, have poorer health outcomes, poor nutrition, inconsistent and substandard housing, higher rates of school drop-outs, dysfunctional family systems, and a lack of positive role models or mentors. Living in poverty can also bring feelings of despair, helplessness and hopelessness.

As many cultural protective behaviors of the past have been altered or lost, lateral violence continues to be a powerful negative influence in Native communities. Many are being victimized by the very people who are supposed to be caring for and protecting them – breaking circles of trust and creating more unresolved emotional trauma.

This list could go on and on, but it's not meant to be a depressing reminder of the lives we've already lived. Instead, it can help us to understand the enormous social challenges – the result of many survived traumas as individuals, as families or as a community. Taking a closer look at this history can be a powerful reminder that we have the ability to overcome, that we've faced difficult times and made it through. Approaching the start of a new year, we often think about how we would like our lives to be different, better. Families can come together and benefit from those cultural protective practices that encouraged, empowered and expected families to support each other – teaching each other and teaching the next generations through skill-building, role modeling, mentoring, encouraging and reaching out.

So let's reach out. If we are struggling, we reach out to those who love us. If our loved ones are struggling, we reach out to lift them up. So, when someone asks, "Did traumatic experiences drag you down?" we can say, "No. We met the challenge. We fought it and won."

**Gordon James is the Director of Education at The Learning Center and a member of the Drug Task Force. More Resources on how to reach out or get help are available at: <http://www.squaxinland.org/drug-task-force/links>

Drug Task Force News

DTF Informational Kiosk in Admin Building Lobby

There is a new kiosk in the lobby that has books and information pamphlets about prescriptions and illegal drugs. Information updated and restocked frequently. Please stop by and check it out!

National Drug Facts Week - Shatter the Myths

National Drug Facts Week (NDFW), January 28 – February 3, 2013 is aimed at helping teens shatter the myths about drugs. During this week we will be hosting community activities to encourage teens to get the facts about drugs and drug abuse. Possible activities include presentations, Community Forum, Daily Scoop announcements. Please contact us if you have activity suggestions or would like to volunteer.

Change How You Manage Program

The Tribe was recently awarded a 3-year grant from the Department of Justice to implement the Change How You Manage Program (CHUM), which is housed at The Learning Center with support from Public Safety and Justice Department. The goal of the CHUM program is to increase resiliency and prevent delinquency among Tribal youth ages 12-17 by providing after-school and summer center-based opportunities to develop social, work, and study skills in a safe, supportive, culturally-integrated environment that promotes prevention.

Youth & Community Alternative Activities

Departments will be taking turns sponsoring monthly drug-free events to provide a greater range of activities and alternative choices. In October, there was a great turn out for the Police Department's Haunted House and the TLC's Halloween Party.

Be on the lookout for these fun and drug-free upcoming events!

DECEMBER: Holiday Caroling Hayride (Family Services)

JANUARY: Movie Night in Community Kitchen (LCCR)

FEBRUARY: Valentine's Cookies in Community Kitchen (Executive Services)

AA/NA Meetings

Narcotics Anonymous (NA) meetings started in September and are held on Tuesday nights from 5:30 - 7:00 p.m. at the Elder's Building.

Alcoholics Anonymous (AA) and Al-Anon meetings are held in separate rooms on Thursday nights from 6:00 - 7:30 pm at the Elder's Building.

**Bridget Ray is a Tribal Planner assigned to the Drug Task Force. For general information on Drug Task Force or to volunteer, please contact her at 432-3955 or bray@squaxin.us.





LEARNING CENTER



TLC Update

Gordan James

FERPA Forms

The Tu Ha' Buts Learning Center (TLC) is committed to helping students and their families succeed in lifelong learning. Due to laws protecting access to student school records, the TLC can best serve students in the public schools only with a parent or guardian's written permission. We ask that a parent or guardian renew the FERPA forms

annually for their children, authorizing the school to be able to share information about your student with the department.

Services our staff can provide include: advocating for students in and outside of school to help them stay caught up with work and on track to graduate, referring students to services of the Tribe or other programs, and working on an "education plan" that may include higher education, vocational school or job training to help launch students' careers. Please contact the TLC at (360) 432-3958 if you would like more information about services we provide, or if you would like to fill out an authorization form.

The TLC will be sending out mailers this month reminding folks about the ser-

Dec 2012

Squaxin YOUTH Education, Recreation and Activities Calendar

TLC hours: M-F 8:30am-5pm Front Desk: 432-3958

YOUTH Gym/Recreation hours: M-F: 3-6pm Rec Rm: 432-3275 (only 3-6pm)

All activities are drug, alcohol and tobacco free.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Open Gym: 3-6pm Rec. Room: 3-6pm Open Swim: 3-6pm	4 Open Gym: 3-6pm B-Ball Practice: 4:30-6pm Rec. Room: 3-6pm	5 GSD-ER @ 2:15pm Open Gym: 2:30-6pm Rec. Room: 2:30-6pm Open Swim: 3-6pm	6 Open Gym: 3-6 pm B-Ball Practice: 4:30-6pm Rec. Room: 3-6pm	7 SSD – ER 1.5 HRS Open Gym: 1:30-6pm Rec. Room: 1:30-6pm Open Swim: 5-8pm
10 Open Gym: 3-6pm Rec. Room: 3-6pm Open Swim: 3-6pm	11 Open Gym: 3-6 pm B-Ball Practice: 4:30-6pm Rec. Room: 3-6pm	12 GSD-ER @ 2:15pm Open Gym: 2:30-6pm Rec. Room: 2:30-6pm Open Swim: 3-6pm	13 Open Gym: 3-6pm B-Ball Practice: 4:30-6pm Rec. Room: 3-6pm	14 Open Gym: 3:00-6pm Rec. Room: 3:00-6pm Open Swim: 5-8pm
17 Tree Decorating Open Gym: CLOSED Rec. Room: 3-6pm Open Swim: 3-6pm	18 CLOSED FOR CHRISTMAS PARTY 5-7pm	19 GSD-BREAK STARTS SSD – ER 3HRS Open Gym: 12:00-6pm Rec. Room: 12:00-6pm Open Swim: 3:00-6pm	20 SSD – BREAK STARTS Open Gym: 12:00-6pm Rec. Room: 12:00-6pm	21 TLC CLOSED
24 TLC CLOSED	25 TLC CLOSED	26 TLC CLOSED	27 TLC CLOSED	28, 29, 30 SQUAXIN WINTER BASKETBALL TOURNAMENT STARTS
31 TLC CLOSED	After school snacks: Computer Lab: Sylvan: GED Prep:	M-F 4-4:45pm M-Th 3-6, F 3-5pm M-Th 4:30-7:30pm T-TH 4-7pm	Key ER = Early Release SSD = Shelton School District GSD = Griffin School District TLA = Tu Ha'Buts Learning Academy	

REMINDER: Tutors are available everyday afterschool from 3:30-5:00pm.

Homework Help is every Tuesday, Wednesday & Thursday from 4:00-7:00pm in the TLC classroom



vices we provide and the importance of the FERPA forms. Check your mailboxes and please send in the interest card if you would like us to contact you to fill out a form.

Sylvan

The Tu Ha' Buts Learning Center continues to offer formal afterschool tutoring in math or reading through Sylvan. Youth attend this program for one hour twice each week, either Monday/Wednesday or Tuesday/Thursday. There are currently 25 youth receiving Sylvan tutoring services, with five open slots at this time. Call us or stop in at the TLC to get more details about getting your student signed up.

GED/Homework Help

The department offers after school homework help and GED instruction, in the TLC classroom, Tuesday through Thursday, from 4:00-7pm. The homework help and GED instruction are available on a drop-in basis. Students of all ages are encouraged to stop by and meet Jamie, the teacher.

Tu Ha' Buts Learning Academy continues. This is a program for youth to continue their schooling with the East Valley School District in Spokane, WA. Students in this program can work online, independently at home, and in the TLC classroom with Lynn, our on-site, certified teacher. Lynn is regularly scheduled to be in the classroom 20 hours weekly, Monday-Friday from noon to 4pm. She is available to answer your questions and help students with their classwork, as they work toward a high school diploma or a GED.

Wanted - Basketball Coach

Jerilynn Vail has written more about our youth activity program, so make sure to take a look at her article and the November activity calendar. I want emphasize that the youth activity program is still seeking to contract with a coach for the coming youth basketball season. If you could be interested, we would love to hear from you. We have had meetings with representatives of the Intertribal Sports League to coordinate Squaxin participation in the intertribal youth basketball league. We also want to start getting different age groups of youth prepared as teams for the annual Squaxin Island Youth Basketball Tournament. Held each year during the winter holiday from school, this year's tournament is scheduled for December 28-30.

Higher Education Students

This is your reminder that your signed Memorandum of Commitment for the winter quarter or semester needs to be turned in by November 30. Also, official grades from fall 2012 need to be turned in by January 7. If you have any questions please feel free to contact Mandy at 432-3882.

Facebook

I also want to offer a reminder about the TLC Facebook page. It's one more way for the department to provide announcements about the anything and everything going on. Check out our Events page at www.facebook.com/TuHabuts. This is where you can find the latest schedule changes, information on upcoming activities, and general information about TLC services.

Youth Activity Program Update

Jerilynn Vail

What a fun and busy November we had at the After-School Program. The pajama party was on our Fun Day Friday's. Several kids brought their PJ's and enjoyed the day in their jammies. The kids have been enjoying our Wednesday Community Club. We collaborate with Mason County 4-H and Ruth comes in with spectacular science experiments for the kids each week. The kids have been raring to go, when she arrives to set up a little shortly before 5:00 p.m.

It has been nice to have a new addition to our staff. I would like to welcome Jessica Cruz as part of our team. The kids have been excited to see her every day and her positive attitude is a great contribution to our space.

December will be a short month for kids in school, with Winter Break beginning around the December 19. Here in the After-School Program we will have some fun activities planned to get them in the holiday spirit. The kids will have fun creating their own gingerbread house, learn how to make stained-glass cookies, decorate their own Christmas stocking and put together an orange pomander.

Our traditional Christmas tree decorating will take place on Monday, December 17, to be ready for the annual Squaxin Christmas Party. The party itself is on Tuesday, December 18, from 5:00 - 7:00 p.m. Please remember the gym will be closed on both Monday and Tuesday in preparation for our party and for cleaning up after.

The TLC will be closed for Winter Break from Friday, December 21 until re-opening on Wednesday, January 2. Even so, the annual Youth Basketball Tournament will be Friday, December 28 – Sunday, December 30 at the Squaxin gym. Teams from around the area are already calling to reserve their chance to join us for the fun. We are planning for three different age groups: 17 and under, 14 and under, and 11 and under. We will send out updates as we have more information to share. Please look for information coming out about upcoming youth basketball practices, to begin soon.

Is your group looking for a fundraising opportunity? The TLC is looking for a food vendor to serve the crowds who come to attend this year's youth basketball tournament, December 28-30. If you would like more information about this opportunity, please call Jerilynn at (360) 432-3992.

I hope everyone has a lovely holiday season and a safe New Years.

South Sound Science Symposium Hosted by Squaxin Island Tribe Department of Natural Resources





Native Business: Tips for Economic Expansion

Jim Stanley - Tribal economies are transitioning from natural resource base to diverse commercial enterprises. I have a tip for sustainable economic growth -know the critical mass of your economy.

Knowing the critical mass of a tribal economy is paramount because when acquiring a new venture the tribe must be able to determine the appropriate range in size of purchase. A venture too big may have the potential to jeopardize the existing portfolio of companies because the cost of mitigating a problem(s) will require cash or manpower so large that it brings material harm to the overall operation. A venture too small or without enough profit potential could stagnate growth if there is inferior return on resources (people, property, and cash). This should not be confused with starting small with the intent and timeline to grow to material size or incubating a business to nurture entrepreneurial activity of tribal members. A venture the correct size will allow a tribal nation to manage their risk and promote stable long term growth.

Here is a simplified illustration of why acquisition size is important: A tribe owns a convenience store that has a gross income of \$5million which produces a 5% profit at the end of the year (\$250,000). This store is their only for-profit entity and they rely on it for jobs and to build cash in their bank account. They decide to purchase a trucking company for \$5 million which has the same gross revenue as their C-store but produces a 15% profit at year end (\$750,000). The tribe likes the fact that the new portfolio of companies will double their businesses and quadruple profit. They put down 20% of the purchase price (\$1 million) which is most of their cash, retain trucking management, and finance the remaining \$4 million; creating an annual debt service payment of \$540,000. The trucking company loan is fully amortized and will be paid off at the end of 10 years. The tribe looks to be in good financial position. Historical income for the trucking company, \$750,000, covers the \$540,000 annual debt payment leaving \$210,000 in yearend profit. Then something happens, the economy crashes. The actual earnings decrease from 15% to 6% (\$300,000). This is \$240,000 short of the annual debt service needed to pay down the note for the purchase of the company. The tribe allocates dollars from their convenience store to pay trucking company debt. The \$250,000 they usually make is now reduced by \$240,000 which leaves only \$10,000 in the bank for the year's activity. There is not much room for anything to go wrong because cash reserves are low. The tribe has lived through one year of trucking company ownership but what happens if the economy does not come back and something breaks in either business? It would be difficult to consolidate trucking company management since the tribe's experience is primarily in convenience store operations. Tribal management is hopeful things will improve but hope is not a management strategy.

Whether you are a tribe or an individual, here are three things you can do to avoid the pitfalls of new business ownership: One, don't pay too much at the beginning. Ask around and get good advice on valuation. Two, get the seller to carry part of the loan (if it is a purchase) —a seller that is still on the hook to be repaid is likely to contribute when times get tough or else risk losing their payback. Three, run through worst case scenario and ask yourself how long you could keep the doors open if the business has its worst year(s) ever following your purchase- if the answer is "not too long" then maybe you should look for a smaller deal.

Jim Stanley is a tribal member of the Quinault Nation, board member of the Quinault Nation Enterprise Board and the Northwest Native American Chamber. He is a professional lender and freely shares his knowledge and resources with you, his cousin, for your economic benefit. Jim can be reached at: sovereigndevelopment@hotmail.com.



CALLING ALL ARTISTS

SAVE THE DATE

Saturday Feb. 9th 10:30am

Ta-Qwo-Ma Business Center and Squaxin Island Museum are proud to present a workshop on intellectual property for artists, taught by students and lawyer faculty from the University of Washington. Join us at the museum for a workshop from 10:30-12 and appointment times for individual consultation from 12:30-2:30. Lunch provided.

***Private consultation times are limited- reserve your space in advance!**

Topics Include:

- How to protect your work
- Drafting a contract
- Understanding patents, trademarks & copyrights
- One on one consultation available by appointment

For questions or to reserve a consultation time contact:
Sarah Fiskness 360.462.1338 sfiskness@ieinc.org



HEALTH CLINIC



Squaxin Island's Food Bank at the Health Promotions

Monday-Friday Between 10 am & 4 pm
(our lunch break is from noon to 1 pm)
If possible, Wednesday is the best day.

If you need access to the food bank,
stop by once a week

If you would like to be on the call list
for fresh produce or bread.

Please call Melissa Grant: 360-432-3926



December Menu

Mon. 3	Shrimp Stir Fry
Tues. 4	Soup & Sandwich
Wed. 5	Roast Beef
Thurs. 6	Chalupas
Mon. 10	Carne Asada Tacos
Tues. 11	Soup & Sandwich
Wed. 12	Garden Penne
Thurs. 13	Pizza
Mon. 17	Meatloaf
Tues. 18	Soup & Sandwich
Wed. 19	Tuna Noodle Casserole
Thurs. 20	Christmas Ham Dinner



WIC
(Women, Infants, and Children)
provides healthy foods &
nutrition information for you and
your child up to age 5.

Please bring:
Your child, Provider One Card
or paystub and Identification for
you & your child

**Call Debbie Gardipee-Reyes at
SPIPA 360 462-3227**

**Tuesday,
Dec 11th is
WIC DAY at
SPIPA**

Can you taste the LOVE? Bringing Healthy Dishes to Gatherings Shows You Care

The problem with food is that it isn't just food. Imagine mashed potatoes. Or, for the Native people living around Tucson, imagine enchiladas. Now, think about tenderly mashing those potatoes. Think about enfolding goodies into the enchiladas. What does it feel like to do that? It feels good! You are putting love in those potatoes and enchiladas. Therein lies the problem. We all know that certain foods are "special." They are comfort foods. They settle us down, cheer us up. We take a bite, then another. We can feel the love.

Virginia Vasquez (Yaqui) has an enchilada story. Her grown son comes home for a visit. Virginia, who has been learning about heart-healthy meals, immediately gets busy. Two hours later, she is setting a plate of enchiladas on the table. Her son says, "Mom, I haven't had these in a long time!"

Virginia knows enchiladas have a lot of fat. But she is happy to make her son happy.

What's a mom to do?

We want to give our children, our partners, our community members, something they will gobble up. When **Josephine Ramon (Tohono O'odham)** goes to gatherings, she often brings food she thinks everyone will really like. "I think about what they will like, instead of what is good for them."

Then Josephine remembers a gathering when someone brought a salad garnished with cholla (cactus) buds. These used to be common food. They made the salad special. "It was just a regular green salad with cholla buds," says Josephine. She loved it.

The cholla buds are proof. You can put love in the food, have people really enjoy the dish, and have it be good for them. Says **Debra Gunter-Lockhart (Eastern Cherokee/Hopi)**, "When I go to a gathering and see healthy food, I feel great



"At one gathering, someone made a macaroni salad without any mayonnaise. It just had macaroni and chopped vegetables. It was good."
Josephine Ramon
(Tohono O'odham)

because someone was thinking about me."

Sara Garcia (Tohono O'odham) agrees. "I'm not supposed to have salt. So when there are dishes that don't have salt, I'm glad." Sara says she likes it when the food is unsalted, and those who want added salt use a salt shaker.

It's a conflict. We are still making not-so-healthy-foods and bringing them to gatherings. Yet, if healthy foods are available, we choose those

and are thankful. Virginia, Josephine, Debra and Sara started thinking about some healthy foods that they would enjoy eating at gatherings. First the list was short: a lower-fat corn dish. Something with prickly pear in it. But, the more they thought about it, the longer the list grew. All agreed,

chopped vegetables. It was good."

Debra remembered a gathering where there were many low-fat, low-sugar, and low-salt dishes grouped together. Others mentioned seeing labels saying "no sugar" or "no salt." They appreciated these labels.

If there was one dish at a gathering that Sara would choose, it would be Indian spinach. "You have to gather it in the fields," she says.

So before you attend the next gathering, consider this: There is love in a cholla bud. There is love in a bowl of wild spinach, mixed with onion, tomatoes, and beans. And, there is love in bringing a healthy dish to a gathering, for all to share. ☺



"I'm not supposed to have salt. So when there are dishes that don't have salt, I'm glad."
Sara Garcia
(Tohono O'odham)

that, instead of fried chicken and macaroni and cheese, they would gladly choose roasted chicken, green salad, fresh fruit, beans without lard, sugar-free Jell-O, grilled fish, grilled veggies, squash soup, and any Native, traditional food.

The list sparked Josephine's memory. "At one gathering, someone made a macaroni salad without any mayonnaise. It just had macaroni and



"When I go to a gathering and see healthy food, I feel great because someone was thinking about me."
Debra Gunter-Lockhart
(Eastern Cherokee/Hopi)



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To order free magazines, go to www.diabetes.ihs.gov, click Online Catalog.



Diabetes and Cardiovascular Disease

By Dr. Carl Ott, Medical Provider at Squaxin Island Health Clinic

Two thirds of people with Type 2 diabetes die from what is called diabetic ‘macro-vascular’ disease – heart attacks and strokes. These are caused by damage to large blood vessels. Those with diabetes are twice as likely to have a heart attack or stroke. People with long standing poorly controlled diabetes also develop what is called ‘micro-vascular’ disease – kidney problems, eye problems, numbness or pain in the feet. These are caused by damage to small blood vessels. This is the bad news. The good news is that diabetics can reduce their risk of blood vessel diseases with a few important steps.

Why does diabetes increase the risk of blood vessel damage? The primary cause of Type 2 diabetes is a genetic disorder of the fat cells. Fat stored inside the abdomen and around the liver and muscles produce substances that make the body resistant to insulin, and also substances that make the blood pressure rise, blood fat or lipid content rise, and make the blood stickier and more likely to clot. These substances make the blood sugar go up, but can also damage blood vessels directly. More than 90% of type 2 diabetics also have problems with cholesterol or other blood lipids such as triglycerides, or high blood pressure.

There are several things diabetics can do to prevent heart attacks and strokes.

1. Don't smoke. Smoking constricts and inflames the blood vessels, markedly increasing the risk of heart attack and stroke in diabetics where the blood vessels are already inflamed. Stopping smoking can drop your risk of heart attack and stroke in half.

2. Walk, swim, ride a stationary bike, or get some kind of aerobic exercise for at least 30 minutes, as many days of the week as you can. This has many, many benefits. First, it can help lose the kind of fat that causes diabetes; the fat around the liver and muscles. Even without losing weight, it can help stop the production of the substances from the fat that raise the blood pressure, change the blood fat content, make the blood stickier and raise the risk of heart attack and stroke. This kind of exercise can prevent diabetes, and reduce the risk of heart attack by 40 per cent or more. Those with diabetes, or pre-diabetes, don't need to lose all their fat. It's the last 5-10 pounds that is stored in the wrong places that cause the damage, and losing just 5-10 pounds can make a big difference.

3. Pay attention to what you eat. Eating more whole grains and more servings of fruits and vegetables can lower heart attack risk by reducing inflammation in the blood vessels. Fruits and vegetables contain natural ‘antioxidants’; substances that reduce inflammation, and can lower the risk of heart attack, stroke, dementia and cancer. Eating breakfast, particularly whole grains, can lower the risk of diabetes, reduce weight, and lower the risk of heart attack. Eating fish two or three times a week can make the blood less sticky, and reduce heart attack risk. Talk to the diabetic educators for more information on how minor changes in your diet can make big differences in your health.

4. Pay attention to your blood glucose, and your blood pressure. Checking these things at home, and bringing the information to your medical provider, can help them design a program that makes sure these risks are under good control. The pattern of blood pressure and blood glucose elevation is very important to how and when you take your medications. For most people, the blood pressure is highest early in the morning, the blood glucose can be high, the blood is stickier, and more heart attacks and strokes take place between 6 AM and noon than any other time of day.

5. See your provider regularly, and be aware of the ABCs of diabetes – A is A1C, a measure of average blood glucose over three months. The goal is 7 or less. B is for blood pressure. The goal is to keep it at or below 130/85 on most readings. If you check your blood pressure frequently, you will know it is not a fixed number; it varies with time of day, activity level and many other factors. C is for cholesterol, the most important blood fat. The goals are to keep the LDL level, the bad cholesterol, under 100; the HDL level, the good cholesterol level, over 40, and the triglyceride level under 150. We have to check these things to know if you are at or near your goal, and we can't check them unless you come to the clinic.

Part 2 Next month: What your provider can do ..

INSTEAD OF THIS:	BRING THIS:
Beef stew	Venison stew
Fried chicken	Baked chicken with rosemary and sage seasoning
Ground beef chili	Vegetarian chili with zucchini and carrots
Mashed potatoes	Mashed yams sprinkled with chopped pecans
Macaroni and cheese	Beans without lard sprinkled with a little cheese
Fry bread	Hand-made whole wheat tortillas
Cake	Sliced fresh fruit with berries
Pop	Indian tea

Angie Farnsworth (Diné/British) made a low-salt soup for a gathering. “The squash came from my cousin’s garden. The beans are Colorado River beans. The corn is Hopi white corn.”



Produced by IHS Division of Diabetes Treatment and Prevention, 3/2012

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Happy Holidays

FREE BLOOD PRESSURE SCREENING 2012

The First Thursday of each month



Blood Pressure checked by your friendly neighborhood firefighters

Where: Elder's building
When: 11:45am - 12:45 pm.
Everyone is welcome!

Clinic events

Brief Community Walk

Every Thursday at 12:40 p.m.
Meet at Elder's Building after Lunch

Free Diabetes Screening

at Health Promotions
Tuesday through Friday
Contact Melissa Grant for details

Smart Shopping/ Food Label Workshops

Contact Patty to schedule a family & friends session

Health Promotions Programs

We have exercise videos in the building across from clinic
Work out alone, with us or schedule a time for a group

Our Nationally Recognized Lifestyle Balance Program

If you are ready to lose weight, we can provide support.
If you are Native American and over 18, see if you qualify to participate.

Mammogram Clinic

December 4th from 9 a.m. to 3 p.m.
@ the Health Clinic
Contact Elizabeth Heredia at 432-3930

Contact Melissa Grant (360)432-3926
Patty Suskin (360)432-3929

Mt Rainier: A Great Day Trip for Family to Enjoy the Snow

Ranger-Guided Snowshoe Walks

Submitted by Patty Suskin, Diabetes Coordinator

Join a park ranger to learn the art of snowshoeing and discover how plants, animals, and people adapt to the challenging winter conditions at Mount Rainier.

When

Snowshoe walks begin in mid-December and run through March. Between mid-December and early January, walks are offered daily. After early January, walks are only offered on weekends and holidays. Walks start at 12:30 p.m. and 2:30 p.m.

Distance & Time

Snowshoe walks cover approximately 1.5 miles in 2 hours. This is a good opportunity for beginners to try the sport.

Group size

Snowshoe walks are limited to 25 people, eight years old or older, on a first-come, first-served basis. A sign-up sheet is available at the Jackson Visitor Center information desk one hour before each walk. All snowshoe walk participants must be present at sign-up.

Organized Groups

Snowshoe walks are available to organized groups of up to 25 people by reservation only. For more information, or to make reservations for a group snowshoe walk, call (360) 569-6575 or visit the Longmire Museum or Jackson Visitor Center.

Equipment

You will need snowshoes. They can be borrowed from the park for a \$4 per-pair donation, which defrays the cost of snowshoe maintenance and replacement, or you can use your own snowshoes. Participants also need to bring a hat, mittens or gloves, suitable boots (because you will sink into the snow even wearing snowshoes), sunscreen and sunglasses.

DATES and HOURS OF OPERATION

Call the park at 1-360-569-2211 to confirm road and facility status or check the web site for current information.





Managing Stress and Depression During the Holidays

By Alicia No'oy, MS, LMHC,
Mental Health Counselor at the Behavioral Health Outpatient Program

For many people, the excitement of the holidays also comes with the anticipation of the stress and depression they often feel this time of year. It is common to feel overwhelmed by the preparations, stress over financial strains, more strongly feel the absence of loved ones, and be frustrated by family members we don't get along with. It's enough to make you not want to celebrate at all! But there is hope. It is possible to manage those stressors so that you can enjoy this year's festivities without running off or hiding under the covers. Here are a few tips to get you through the holidays with a smile on your face.



“Who cares what little kids think? What’s important is that you believe in yourself.”

Lighten Your Load

Try not to pile on more responsibilities than you think you can handle. That may mean keeping festivities more low-key or not hosting every year so that you don't burn out. If you feel that you absolutely don't want to change anything then ask others for help instead of doing all the work yourself. Don't forget that planning ahead can make a heavy workload much more manageable.

Focus on Meaning

We tell our children that the holidays are about spending time with each other, sharing traditions, and creating memories but we often don't practice what we preach. If you are feeling financial stress this season, find ways to share and celebrate each other instead of material things. This can be gifting each other time or sharing experiences. Some ideas could be coupons for some one-on-one time with a child, a date night with your spouse or a family trip to the ocean for the day.

Set the Tone

Use the holidays as a chance to reach out to family members that you aren't close with. Keep your expectations realistic, focus on making memories and create space to take a breather if you need to in order to keep the peace.

Honor Loved Ones

Often grief can overwhelm us during family gatherings and traditional celebrations. If you anticipate the absence of a loved one will be difficult this year then it may help to create a time and space to honor that person during the celebrations. This can be a simple as filling the empty seat with a picture of that person or starting the meal by each family member sharing their favorite memory of him or her.

Keep in mind that the holidays are meant to be a time of celebrating life and family. All of the gifts, parties and holiday food in the world won't create that. We celebrate those things with our hearts. Happy Holidays!!

Need some support? We are here to help.

We offer counseling services to all tribal members and their families at the Behavioral Health Outpatient Program. Call (360) 426-1582 or stop by Monday-Friday from 8:30 a.m. – 5:00 p.m.

Diabetes Support Gets Questions Answered about Sweeteners

Submitted by Patty Suskin, Diabetes Coordinator

On October 29th, Patty Suskin provided answers to the group's questions about sweeteners. The group reviewed “sugar free” & “sugar-filled” candy labels & also received written information about various sweeteners. If you are interested in any of the information shared, Patty can be reached at 360 432-3929 or psuskin@squaxin.us.





How to Have a Healthy Relationship With Your Partner

If you're wondering how to have a healthy relationship with your partner, the tips in the article below might just be of some help. A healthy relationship is what any relationship between two people should be. Let's see how we can make this happen.

A relationship is like a tree, you need to nurture it so that it grows. If you don't do so, it's going to wither away. You have to take care of the relationship to help it grow properly and if you fail to do so, it's going to turn sour and eventually die. Only when you think of a relationship in this manner will you learn to value it so much. Maintaining a healthy relationship is very important for proper growth. A relationship that is not healthy might grow more, but eventually, it will end and in the process it will trouble the two partners involved. A healthy relationship is a relationship where the two partners are happy and content and there is not even a single problem arising due to issues between just the two of them. For a lot of reasons, it's important you know how to have a healthy relationship with your partner. A healthy relationship is where two people love each other and nurture the bond they share, together. There are going to be many issues in life you'll have to deal with, but if you guys stand strong, nothing can create the slightest problem for you guys. A healthy relationship will make sure that the both of you are together even when you are not, say when you're in a long distance relationship. Let's now proceed to the tips that will help you to maintain this kind of a special relationship with your partner.

Tips to Have a Healthy Relationship With Your Partner

Understanding

One of the most basic steps in building relationship is to understand your partner, and that is precisely what he/she expects out of you. Live up to this expectation and try to understand what exactly is the thinking process of your partner, or even the principles he/she lives by. Once you spend some time in understanding each other, you won't have to regret later on, not knowing about a few things. Understanding also helps in building a comfort zone where all problems and issues in life can be dumped and solved, together.

Believing

The next step is to believe in them. Belief is very important when you talk about a relationship. If there is no belief, there is no hope and eventually, there is nothing to look forward to. You have to have trust and have faith in your partner when it comes to issues that might lead to a few problems. Before believing what someone else has to say, give your partner that priority.

Sharing

Sharing of thoughts is very important when you're in a relationship, as this is one of the crucial aspects that makes a relationship grow and evolve to something better with passing time. If you don't share or understand that the other person wants you to share, it might lead to lack of empathy in a relationship which in turn means that the end is close. You have to emotionally share a lot on a level that will help you guys to connect better. It would be this connect that would make, being in this relationship worthwhile.

Trying

One of the most important points is to try to make things work. No relationship is perfect unless you try to make it so every moment of your life. Changes are needed in every relationship and these have to be implemented with constant trial. You have to be receptive to this change and then adapt to these changes with time. If you convince yourself that there is no need for change, the relationship might get boring and might lose the element of surprise and adventure.

Forgiving

A very important aspect of a relationship is forgiveness. We are all humans and are bound to make our share of mistakes that might hurt the people we're in love with. Today, if

you forgive your partner, tomorrow he/she will forgive you. This freedom will let you make your share of mistakes, and will also help you to live carefree and happy. Yes, there are certain things that can't be forgiven and shouldn't be too. However, don't go to the extent of parenting each other. Give each other the much-needed space, as it's all right to go wrong sometimes.

Now that you know how to a healthy relationship with your partner, start working on the tips mentioned above as soon as possible. There are times when you won't get a second chance, and this is why it's important you act in time to make your relationship better for the both of you. You can also discuss these points with your partner and both of you can work on these things together. Best of luck!

Source: Buzzle, by Neha Joshi

CHRISTMAS GIFT MAKING

Squaxin Island Community

Time: from 4:00-7:00 each night

Dates: December 3, 6, 10, and last date: December 13th

Squaxin Island Museum, Library and Research Center

During all Four days we will be creating Three Gifts per night! I'll have a few NEW ideas and a few Old Favorites! Please come make some gifts with us!

Sponsored by Squaxin Island Tourism Call Ruth at 432-3841





Happy Birthday

Douglas Bloomfield	01
Benito Hernandez	01
Manuel Castillo	02
Gregory Lehman	02
Cathlene Riker	03
Deborah Obi	03
Jess Brownfield	03
Peggy Peters	04
Daniel Sigo	04
Lilly Henry	05
Austin Penn	05
Cora Krise	06
Evan Ellerbe	06
Michael Foster	06
Brendan Bellon	06
Sophia Cooper	07
Jason Koenig	07
Zoe Cooper	07
Rhonda (Mitzie) Whitener	08
Elizabeth Campbell	09
Dustin Kruger	09
Misti Saenz-Garcia	09
Garrett Todd	09
Jayden Eagles	10
Sierra Blueback	10
Marlena Bradley	10
Davina Braese	10
Kestle Coley	11
Mary Mason	11
Kelli Dahman	11
Kendra Blueback	11

Tonya Henry	11
Anthony Forcier Jr.	13
Madelynn Henderson	13
Karen Farr	13
Lucy Aldrich	13
Cecelia Black	14
Nicholas Dorey	14
Xzandrea King	15
Judith Arola	15
Lisa Bennor	15
Priscilla Dolores- James	15
Amber Salazar	15
Frankie Metcalf	15
Rodney Krise, Sr.	16
Angel Henry	16
Suzanne Snipper	17
Wendy Bowman	17
Vernon Sanchez	17
Donovan Henry	17
Ethan Baxter	18
Theresa Henderson	19
Shashoney Fenton	19
Patrick Stapleton	19
Tyson Kruger	19
Winona Crone	19
Ronnie Penn	21
Kyler Gall	22
Elroy Ellerbe	22
Jamie Cruz	23

Tahnee Kruger	24
Holly Henry	24
Jeremy Sigo	24
William Penn	24
Darrius Rau	24
Jasmine Rivera	25
Carol Tadios	25
Richard Johns, Sr.	25
Jayanne Gamer	25
Astrid Poste	25
Karina Farr	26
Nicolas Cooper	26
Edward Cooper	27
Andrea Rossmeier	27
Quinton Whitener	28
Jocelyn Campbell	28
Jessica Stone	28
David Clark	28
Kathy Block	28
Penni Giles	29
Patti Puhn	29
Koreena Capoeman	30
Matthew Sayers	30
Richard Gouin	30
Rebecca Black	31

Who Is It? Answer from Page 3



Shelley Rawding
Dancing with Stub Creekpaum
at age 12 in the photo on page 3

What's Happening

2	3	4	5	6	7	1/8
		<i>MLRC Basket Class</i>	<i>Family Court</i>	Culture Night 5:00 p.m. <i>Council Mtg.</i> AA Meeting 7:30		
9	10	<i>MLRC Basket Class</i>	11	12	13	14
		<i>Criminal/Civil Court</i>			Culture Night 5:00 p.m. AA Meeting 7:30	15
16	17	<i>Christmas Party @ TLC</i>	18	19	20	21
		<i>MLRC Basket Class</i>			Culture Night 5:00 p.m. AA Meeting 7:30	22
23/30	24/31	25	26	27	28	29
		<i>Merry Christmas</i>		Culture Night 5:00 p.m. AA Meeting 7:30		



Wesley Curtis and Alice Fletcher.....

After a 33 year separation...Mom and Dad will be celebrate the Holidays together.....

This year, and forever!

Daddy, your gain is our loss!

When someone becomes a memory...

That memory becomes a Treasure!

And both of you left me with oh so many Treasures!

Happy Holidays, Mom and Dad...enjoy each other!

I miss both of you so much!

Love ya.....

Jackie

Jacket/Vest orders price for Elders

\$42 and Spouse: \$87



Men's Jacket
Tri Mountain
Sizes: XS-3XL



Women's Jacket
Tri Mountain
Sizes: XS-3XL



Men's Vest
North End
Sizes: XS-3XL



Women's vest
North End
Sizes: XS-3XL

There are sample sizes in the Elders Building to try on before you place your order.

For more information, please call:

Janita Raham, Elders Site Manager @ 360-432-3972

or Program staff @ 360-432-3868

Happy Birthday JASON KOENIG!



Love Rose, Kendra, Hailey & Leah

1

2

3 THE HONORABLE ANITA ESTUPIÑAN NEAL

4

5

6 SQUAXIN ISLAND TRIBAL COURT
7 YOUTH COURT
8 SQUAXIN ISLAND RESERVATION

9 IN RE: Case No.: SQI-CW-2012-1210-0175

10 KALEB O'BRYAN
11 D.O.B. 1/7/2004

12 NOTICE OF FACT FINDING AND
13 DISPOSITIONAL HEARING

14 An Indian Child

15

16 THE SQUAXIN ISLAND TRIBAL FAMILY COURT TO THE SAID Shawn O'Bryan:

17 YOU ARE HEREBY NOTIFIED THAT pursuant to Section 10.08 of the Squaxin Island Youth

18 code, a Fact Finding and Dispositional Hearing for the above named youth has been filed in the Squaxi

19 Island Youth Court. The hearing on this matter shall be held on the 2nd Day of January, 2013 at 10:00

20 am at 10 SE Squaxin Lane, Shelton, Washington. FAILURE TO APPEAR AT THIS HEARING OR

21 TO RESPOND IN WRITING MAY RESULT IN THE CHILD BEING PLACED IN A FOSTER

22 HOME OR RELATIVE PLACEMENT. File your written response with Squaxin Island Tribal Court at

23 the above listed address or call 360-432-3828 for more information.

24 Post: November 15, 2012

25 Publish: November 15, 2012

NOTICE OF HEARING- PAGE 1

SQUAXIN ISLAND LEGAL DEPARTMENT
3711 SE OLD OLYMPIC HW'
SHELTON, WASHINGTON 9858
360.4362.177

Christmas Buffet

December 25th, 2012

Creekside Buffet • 12pm-9pm

First come first served

Sa-He-Wa-Mish • 12pm-7pm

For parties of 8 or more reservations required*

12 and up \$25.95

Children 4-11 \$13.95 • 3 and under free

Slow Roasted Turkey
Baked Salmon *with Citrus Beurre Blanc*
Maple Glazed Honey Ham
Carved Herb Roasted Prime Rib
Carved Turkey Breast
Steamed Clams
Grilled Oysters
Tri-Tip *with Blackberry Balsamic Reduction*
Roasted Pork Loin *with Red Currant Demi-Glace*
Whiskey Glazed Sweet Potatoes
Seafood Paella
Dungeness Crab
Snow Crab
Peel and Eat Shrimp
Green Bean Casserole
Mashed Potatoes
Rosemary Roasted Tea Potatoes
Assorted Salads
Variety of Gourmet Desserts
And much more!

LITTLE CREEK
CASINO • RESORT™
www.little-creek.com

Visit our website for the full menu and more information.

*For reservations call 360-432-7107. An automatic 18% gratuity will apply.

NEW YEARS EVE CELEBRATING 2013

Party into the new year with live music by

SONIC FUNK ORCHESTRA

9pm-1am • Tickets \$45 • Skookum Creek Event Center

Enjoy appetizers and a champagne toast at midnight!

WIN YOUR SHARE OF \$2013

*in Cash Cube drawings held every
half hour during the party.*

Holiday hours of operation

*Open 24 hours from December 28, 2012
thru January 2, 2013*

LITTLE CREEK
CASINO • RESORT

For tickets visit the box office
or purchase online at

www.little-creek.com or call 360-432-7300

Must be 21 or older.

Return Service Requested

PEOPLE OF THE WATER

10 S.E. Squaxin Lane
Shelton, WA 98584

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