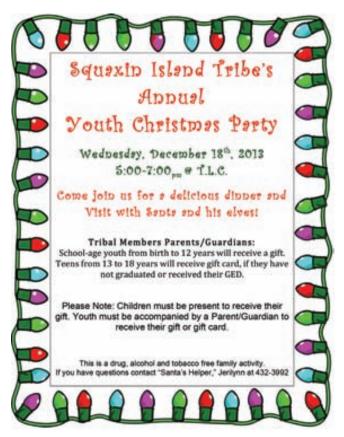
KLAH-CHE-MIN

A PUBLICATION OF THE SOUAXIN ISLAND TRIBE

DECEMBER 2013

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COMPLIMENTARY













Halloween Was Sooo Much Fun!

More photos throughout pages



State's "Drive Sober or Get Pulled Over Campaign" to Feature Shila BlueBack in Honor of her dad, Wilson BlueBack

Beginning November 27 through January 1st, 2014 the WA State Traffic Safety Commission's "*Drive Sober or Get Pulled Over*" Campaign will feature Shila BlueBack in Honor of her dad, Wilson BlueBack.

This is the largest state campaign against impaired driving and will be conducted statewide.

During this time, anyone who gets pulled over for any traffic violation will be given one of the cards shown below.

You don't need to be pulled over to get one of these cards; they will also be available at the Squaxin Island Department of Public Safety and Justice.

Washington Traffic Safety Commission Holiday DUI Rack Card



Shila's father was killed by a drunk driver when she was just 20 days old.

years old. My dad, Wilson BlueBack, passed away when I was 20 days old because of my uncle's decision to drive drunk. People never think this could happen to them but it does; it happened to me. It's not fun spending holidays at my dad's grave and all of my life wondering what he was like or how his voice sounded. So many things were lost for me and my reservation from one person's decision to drive drunk. Do me and your loved ones a favor, don't drink and drive.

-Shila Mae BlueBack, Squaxin Island Tribal Member

46%
of 2012 traffic deaths in Washington were caused by impaired driving.

201 FATALITIES
In 2012, Washington saw 201 fatal crashes that were caused by an impaired driver.

499 SERIOUS INJURIES
In 2012, Washington saw 499 serious injuries that were caused by an impaired driver.



learn more at www.wtsc.wa.gov 360.753.6197

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COMMUNITY —





equaxin Island RIBAL NEWS 10 S.E. Squaxin Lane

Shelton, WA 98584

PHONE: (360) 426-9781 TOLL FREE: 877.386.3649 FAX: (360) 426-6577 www.squaxinisland.org



Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline: 15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

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ANDY WHITENER: Treasurer

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Envisioning a Squaxin Island Community Center



A proposed new Community Center was the topic at an open community meeting October 17, hosted by the Department of Planning and Community Development (DCD). The Community Center planning and design project is funded in part by a HUD Indian Community Development Block Grant.

The architectural firm selected for the Community Center design project is Mithun, a Seattle-based firm with substantial experience in tribal projects and sustainable building prac-

About 50 people brought a lot of energy to the visioning session, which was designed to gather ideas about what should be considered in planning for a new Community Center. Participants enjoyed pizza, salad and cookies before the interactive work session. To get people thinking about what they'd like to see in a Squaxin Community Center, Mithun displayed images and photographs of possible community center programs, uses and activities.

The evening started with an "open mic" for audience comments and moved on to exercises where participants were asked to identify priorities in a "dot exercise."

Then community members were given three green dots and three red dots and invited to browse the various easelmounted sets of images with the directive to "choose three things most important to you and three least important." As of this writing, the dots are still being counted. We'll report the results in a future article.

Thanks to all who came out for this important meeting. Attendance at the event was great, particularly considering unfortunate scheduling conflicts that night with buffet night at the Casino for Elders and a Seahawks game. If you missed it, there are still plenty of ways to weigh in with your ideas.

To make sure we've heard from the Elders, we've scheduled a special presentation at the Elders Center on Monday, Nov. 18. Following the session with the Elders, we'll move to the TLC so we can get ideas and suggestions from Squaxin youth. And, finally, there's an "IDEA BOX" in the lobby at the Tribal Center where you can leave your written thoughts and

Remember to watch for future articles to follow progress on the project. We'll continue to keep you informed and provide additional opportunities for community input as the planning and design process continues.





Squaxin Island Tribal Council

Winter General Body Meeting

January 11, 2014

Squaxin Community Kitchen

Meeting will start at 9:00 a.m. Lunch will be served at noon.



ISLAND ENTERPRISES-





ISLAND ENTERPRISES INC

Weaving a strong business foundation for the Squaxin Island Tribe's future.

Kamilche Cafe & Espresso Opening Under New Management

by Stephanie James

Yes, you read that right! Kamilche Cafe & Espresso is opening its doors once again and it is under new management. Rebeckah Ford and Mary Whitener Fletcher submitted the winning bid in a sealed bid process open to Tribal members. They scheduled opening day for late November and hope to have a "grand opening" celebration sometime in January. The hours of operation will be from 6:00 a.m. to 4:00 p.m. When asked about the menu, Rebeckah said the focus will be espresso beverages in hopes of bringing back loyal patrons, and they are working on creating daily/weekly specials for breakfast and lunch. So stop by, say hello, and order your favorite coffee.

Look for next month's "Business Spotlight" where I will be interviewing both Rebeckah and Mary and discussing in more detail the plans for the cafe.

Tribal Member Promotion at STP

Congratulations to Audelia Araiza, who has been promoted to Assistant Manager of the Steamboat Trading Post (STP) effective December 1! Audelia began working at the Kamilche Trading Post as a cashier in March 2010, and worked her way up over time. "Audelia impressed her coworkers and managers early on with a solid work ethic, great customer service, and the ability to learn new skills quickly" says Sam Roark Director of Retail Operations for Island Enterprises.

IEI staff recognized Audelia's potential for a leadership role, and the purchase of the STP store gave us the opportunity to move her into a position where she could

train in the skills she'd need. She's spent the past several months learning a diverse array of skills needed to manage the store, including training new staff members, ordering and receiving store products, scheduling, and counseling employees. She also completed her Underground Storage Tank certification on October 28th which taught her important information about the tanks and underground systems that we use to pump and hold our fuel. Audelia has a great combination of confidence and good instincts, but she is also humble enough to know that there's still more to learn and to ask for help when she needs it. She has the full support of her colleagues to continue her professional development. "Audelia is already a great assistant manager, and she has a bright future with IEI" says Kelly Croman, IEI's CEO.



Training Initiatives at Skookum Creek Tobacco

Skookum Creek Tobacco Company (SCTC) has a strong focus on professional development of our employees. We invest in our employees through comprehensive training and mentorship programs, creating pathways for advancement. We have spent the last year working with the crew on four areas of training and skill strengthening:

- 1. Standard Operating Procedures
- 2. Quality Control
- 3. Safety
- 4. Individual Skills

SOP:

The entire team has been introduced to "Standard Operating Procedures" and are now involved in the process of developing and publishing these SOP's. Each team member gets to evaluate their daily workstations and identify the operations that they do to create quality products. We look at these operations as repeatable steps, and document them so that we have a base learning level as members take on new work areas. These SOP's are also designed to move us toward the requirement of "Total Quality Management" in the year 2014.

Quality:

Early in 2013 we took a "Back to Basics" approach toward cigarette manufacturing as step one. Our goal was to reinforce the skills and understanding of our more senior employees as well as to fully train our newer employees. We began by spending several weeks evaluating our current situation as far as leaf product is concerned and involved the employees so that they understand the importance and some of the science behind cut, blend and moisture content. From these sessions we made some changes in our cut and moisture specifications that have improved our process.

Step two in our quality training program was to teach the operators the relationship of tobacco moisture, cigarette weight and cigarette circumference to overall cigarette performance (how smoke draws through the cigarette). This training has resulted in a significant improvement in overall product quality and consistency, and a dramatic improvement in statistical control.

Safety Program:

The highlight of this year is that the majority of our employees have attended and completed the "Emergency Response in the Workplace" course, an eight hour course that included Pathogens, First Aid and CPR with the use of an AED. We have established an employee based safety committee. They are working to get organized and are now working with the Safety Manager to manage the weekly safety training and all OSHA required programs.

Individual Skills Training:

We have invested the time for several of the operators to spend one on one time in their work area with Quality Control and the Maintenance Group to gain an understanding of our testing procedures and record keeping requirements, as well as overall machine performance. This has led to greater skill knowledge, and we have begun doing cross training of these individuals at different work stations to further their skills.

Thank you for having the faith in your factory workers as we continue to improve our selves, and the products we put out into the market.



COMMUNITY DEVELOPMENT-



Welcome!!!

The Squaxin Island Tribe, Office of Housing would like to welcome the following new tenants and their families to the community:

Josh Coble Trisha Blueback Tanya Anderson

AMERIND Home Fire Safety Tips For Christmas

Preventing Christmas Tree Fires

- Selecting a Christmas Tree- Needles on fresh trees should be green and hard to pull back from the branches and the needles should not break if the tree has been freshly cut.
- Caring for Your Tree- Do not place your tree close to a heat source, including a fireplace or heat vent.
- Disposing of Your Tree- When the tree becomes dry, discard of it promptly. A dry tree left in the home, is a dangerous fire hazard.
- Artificial Christmas Trees If you are using a metallic or artificial tree, make sure it is flame retardant.

Holiday Lights

- Maintain Your Holiday Lights- Remember to inspect your lights each year for frayed wires, bare spots, gaps in the insulation, broken or cracked sockets, and excessive kinking or wear before putting them up. Use only lighting listed by an approved testing laboratory.
- Do Not Overload Electrical Outlets- Remember to check the wires, they should not be warm to the touch.
- Do Not Leave Holiday Lights On Unattended- Remember to unplug the lights, before you go to sleep and never leave Holiday Lights on all night.

Candle Care

- Avoid Using Lit Candles- If you use candles, make sure they are in stable holders and place them where they cannot be easily knocked over. NEVER leave your home with candles burning.
- Never Put Lit Candles on a Tree- Do not go near a Christmas tree with an open flame- candles, lighters, or matches.

The Fireplace or Wood Stove

- Do not hang stockings from the mantel when the fireplace is in use.
- Never put tree branches or needles in a fireplace or wood burning stove.
- Always use a screen in front of the fireplace to protect against flying sparks.
- Never use gasoline or any other flammable liquids to start a fire.
- Remove the ashes regularly. Place the ashes in a metal container and store outside away from flammable
- Never leave the fire unattended or let it smolder.

The Kitchen

Grease fires are a leading cause of home fires across Indian Country, so be extra careful when doing this kind of cooking. Here's what to do if a grease in a pot or pan catches fire:

- Smother the flames by covering the pan with a lid.
- Turn off the stove immediately.
- Install a FireStop under your range hood. (A FireStop is an Automatic Fire Extinguisher)
- NEVER throw water on a grease fire, as this could make the fire worse.

Last, but not least...make sure your smoke detectors work.

Got a Plan?

Earthquakes, floods, windstorms and other disasters can strike with little or no warning. That's why we have to be prepared today for what might happen tomorrow.

Stay in Touch - In a disaster, the first thing many of us reach for is a phone. But local service can be quickly overwhelmed with thousands of calls. In the heat of the moment, we might not remember the numbers for our spouse's work or our children's school.

- List work, cell and school phone numbers for each family member on a laminated emergency contact card to keep in your purse, wallet or backpack.
- Remember to list secondary landline numbers.
- Include the number of an out-of-state friend or relative you can all use as a check-in contact.

Evacuate Safely - Create a floor plan of your home. Mark exits, utility shut-offs and the location of your disaster kits. Make sure household members know all safe exits. Share this information with babysitters and other visitors.

Where Do We Meet? Choose locations for your family to meet in case you are apart when disaster strikes. One place should be near your home. A back-up meeting place should be away from your neighborhood in case returning to your home is impossible.

Evacuation: Dos and Don'ts

- DON'T walk through flowing water. Drowning is the number one cause of flood deaths. Six inches of moving water can knock you off your feet.
- DON'T drive on flooded roads. Even if you can see the road under the water, don't drive on it! As little as 18 inches of water can float a small car. If your vehicle stalls in high water, abandon it quickly and climb to higher ground.
- DON'T drive around road barriers. The road or bridge may be washed out!
- DO prepare a "to-go" kit with essential items such as food, water, medications, flashlight, battery operated radio, and batteries.
- DO fill your gas tank.
- DO develop an exit strategy that includes at least two additional reliable sources of transportation- a friend, relative or other means.
- DO tell a friend or relative when you leave home and where you're going.
- DO take copies of important documents.

Thurston County Emergency Management www.co.thurston.wa.us/em (360) 867-2800



COMMUNITY DEVELOPMENT-



Safety Kits

Under-the-Bed Safety Kit

- Sturdy shoes and socks (you may have broken glass, or need to walk a long way to safety)
- Leather gloves to protect hands from broken glass
- Hardhat to prevent head injuries from falling objects
- Flashlight and light sticks--Don't be caught in the dark!

To-Go Kit

- Rain gear, warm clothes
- Flashlight, extra batteries
- First Aid kit & medications
- Water (at least one quart)
- Extra set of house & car keys
- Emergency medical information
- High energy food (granola bars, raisins, etc.)
- Extra eyeglasses
- Personal ID, cash
- Battery operated radio
- Hygiene kit

Car Kit

- Battery operated radio
- Flashlight, extra batteries
- Booster cables
- Boots & gloves
- Rain gear
- High energy food (granola bars, raisins, etc.)

Thurston County Emergency Management

- Bright cloth to tie to the antenna as an alert if your car is stranded
- Flares
- Shovel
- Blanket
- Bottled water

www.co.thurston.wa.us/em

(360) 867-2800 Happy Holidays! Happy New Year!

Pet Safety Tips at Christmas

- Pick up pine needles. They tend to get stuck in the fur on your dog's paws.
- Keep tinsel and ribbon or anything stringy away from pets. If they swallow, it can get stuck in their intestines.
- Dogs or cats may see ornaments as play toys. They can be very sharp when broken and cut your dogs mouth or get stuck in their throat. Keep ornaments high enough where pets can't get to them.
- Many cats love to eat plants. Make sure to keep poisonous ones away from pets. This includes: Poinsettia, Lily, Amaryllis, Mistletoe and Holly.
- Chocolate contains theobromine which is toxic to most pets. Keep chocolate away from pets.
- Keep lights secured and safe from pets. You don't want them to bite down and electrocute themselves.
- Only buy a pet if you are serious about spending a lifetime with your new family member. Puppies and kittens make great gifts, but also come with a lifetime of responsibility.





Prepare for Your Pets

Essential services like heat and water are often unavailable in a disaster. What can you do to ensure your pet is safe and healthy?

Preparation for Pets

- Keep pet vaccinations up-to-date. Have documentation of vaccines handy.
- Know before a disaster where pets can go—whether it's a friend or family member, pet-friendly hotel, animal shelter or boarding facility.
- Put out-of-state contact information on your pets' ID tags, microchip registrations and licenses.
- Prepare a "go-kit" of leashes, collars, extra ID tags, water, food, medications, health records and photos to prove ownership.
- Have carriers large enough for your pets to stand and turn around in.

Evacuating Your Animals

- Have transportation available. Train animals to board vehicles.
- Make a list of neighbors within a 100-mile radius of your home who would be willing to board your animals if you're forced to evacuate.
- Know your exotic pets' needs. Know where they can go and be prepared to evacuate them yourself. Stock up on extra supplies.
- Identify local organizations prepared to rescue and house displaced livestock.
- Involve family and neighbors in making an evacuation plan for animals in barns and outlying buildings.
- Keep a supply of feed at a separate location that could be air-dropped if animals become stranded.
- Assemble leads, halters, species-specific first aid kits, quieting hoods for easy transport, and water.
- Keep photos of you with your pet and a copy of your ownership papers or brands with you at all times in case you are separated from your animals.

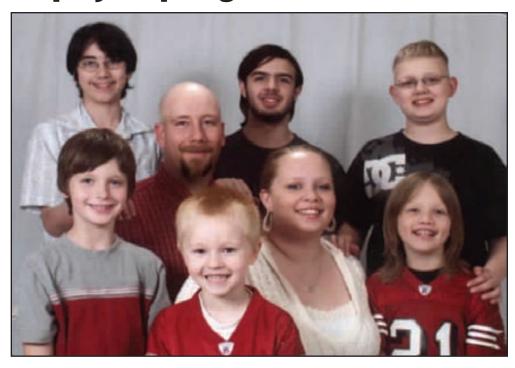
Thurston County Emergency Management www.co.thurston.wa.us/em (360) 867-2800



LCCR Human Resources -



Employee Spotlight: Jenna Reboin



We would like to highlight one of our Joshua Reboin, Joseph Hulseman, Nathon much appreciated Squaxin Island Tribal Holden, Jayden Holden and soon to be employees, Jenna Reboin. Jenna started her career journey in 2006 as a Players Club Representative. She transferred to a few different departments, and in doing so, quickly developed a sound understanding of how many of the procedures on the gaming floor operate. Jenna was able to take this knowledge and apply it to her supervisory role as the Seven Inlet Spa Supervisor. Jenna has been able to positively contribute to the development of other Squaxin Island tribal members working in the spa. We thank Jenna for her commitment and dedication to the Seven Inlets Spa and Little Creek Casino Resort!

Interview Questions:

1. Jenna, tell us a little about yourself?

My name is Jenna (Kenyon) Reboin. I am an enrolled Squaxin Island tribal member with Squaxin and Skokomish roots. My parents are Kim and Kim Kenyon. My grandparents are Vernon Kenyon, Lucinda (Allen)Kenyon, George Karvela and Alana Groves. I have a wonderful and blended family with 6 boys and another on its way. My fiancé is Greg Holden and my children are Brandon Rhodes, Jonathon Holden,

Jameson Holden.

2. What brought you back to Little Creek Casino Resort?

Originally I started to work at the Players Club desk on April 20th of 2006, and then transferred to the Cage on October 5th of 2008. I had the opportunity to work alongside some very wonderful people and obtained much customer service experience.

While working at the Cage, I had to take leave when I found out that my son had a serious illness. My son, Joshua, was diagnosed with a very rare cancerous brain tumor. I moved up to Seattle to be with my son at the Children's hospital. During his treatment there were months we were able to come home and spend time with our family. I was fortunate to come back to work during this time and try to maintain some normalcy for myself and family. I tried to keep myself busy at all times to cope with what was going on.

My son, Joshua, fought for over 2 1/2 years with cancer and never once asked why this happened to him. Through the countless surgery's, chemo therapy and

radiation treatments, he kept on fighting with every fiber of his being. He would always put on a brave face for his little brothers and ensure them everything was alright. He would always tell me, "I have to look at this like the bottle is half full, not empty. My mind won't let me accept this any other way."

On August 1st of 2010, surrounded by love ones, Joshua passed away while sleeping in a nice warm bed at the Children's Hospital of Seattle. My only prayer for him was to go in peace and without any fear. My son taught me so much. He taught me what true bravery is and how too much love is never enough. He also taught me, no matter what the stakes are, never give up and to keep on fighting. I am truly thankful for every moment I had with him, even if it was for a short time. There is not a day that goes by that I don't think about him and how he inspired me.

After Joshua passed away I tried to focus on being a mother for my boys, and I kept myself busy as much as I could. I was able to come back to work at the Cage full time and tried to pick up where I left off. I think that this was good medicine. It helped me to maintain focus and work on some goals that I had for myself.

I was later promoted to Supervisor while working in the Cage. I believe this was a great opportunity to develop my leadership skills. I really liked the responsibility that came along with the position, and I learned so much. In April of 2008, I was given another great opportunity to come work in the Seven Inlets Spa under the Supervisor Apprenticeship program. This was a completely different beast. I find myself doing so much research on the spa industry and learning a variety of new computer programs. With this I have learned about business from the ground up. I have learned about financials, margins, growth and how it all works together.

3. What does a normal day look like for you in the Seven Inlets Spa?

Most of my days are very busy. Challenges present themselves often, but I try to provide a relaxing and soothing environment to the guests. I try to give them the best

experience here at the spa as possible. The spa has an ambiance that you can't find anywhere else. This is a place where you leave your worries behind.

4. What aspect of your role do you enjoy the most?

I love making our guests happy. When they leave and look so care free and peaceful it gives me so much gratification. We all need to do this for ourselves every now

5. What is one of the most surprising things you encounter during a typical

How wonderful and hard working our staff is. Every day they never cease to amaze me. They come in with a positive attitude and maintain such great composure even if they are swamped and exhausted. They do their best at giving every guest's their undivided attention.

What personal qualities help you achieve success in your position here?

The qualities I think attribute to my success in the spa would be dedication. I have been here since day one of opening and introducing the spa. I have persevered throughout this last year of getting the spa up to standards. I have learned that challenges are just another opportunity to learn.

7. Any final thoughts or encouragement for our readers?

Live inspired. Never give up on your dreams. If you want to make changes today is just as good as any.





N-LCCR Human Resources / IEI / Pubic Safety -





Kalea Anne Johns Resort Sales Coordinator

Hi, my name is Kalea Anne Johns. I am the grand-daughter of Del Johns and the daughter of Doug Johns. Since 2007, I have held various positions at Little Creek Casino Resort. I have recently been hired as the Resort Sales Coordinator. I am excited about my new position and the prospect of becoming an invaluable asset to the Resort Sales Department. The family atmosphere and helpful management at Little Creek Casino Resort make work an enjoyable experience. I look forward to the supposition of contributing to the continued success at Little Creek Casino Resort.





Tyson Kruger Social Media Coordinator/ Public Relations Representative

Hello. My name is Tyson Kruger. My parents are Pete Kruger Jr. and Tricey (Bieniek) Kruger. My grandparents are Pete Sr. and Lil Kruger. I also have one sister, Tori (Kruger) Willis. I graduated from Shelton High School in 2002 and later attended The Evergreen State College.

I am pleased to have recently joined the Marketing/Creative Team at Little Creek Casino Resort, as the Social Media Coordinator & Public Relations Representative.

I first began working in the Squaxin community in 2006, as Marketing Coordinator for Island Enterprises (IEI). I am excited to be here, and look forward to getting the opportunity to work with you.



Squaxin police aid in Mason County Drug Bust

Nearly five ounces of methamphetamine (street value of \$8,000) and \$12,000 cash were among items seized in two drug busts in Mason and Pierce Counties on October 28th.

The Mason County Sheriff's Office Special Operations Group (SOG), along with law enforcement officers from the Squaxin Island tribal police department, the state Department of Corrections and the U.S. Marshal Service, responded to a residence in the Lake Limerick area of Mason County. Officers were seeking two people with outstanding arrest warrants.

Two people were apprehended regarding their warrants and a third was arrested for drug related charges.

During the arrests, 3.6 ounces of methamphetamine and nearly \$12,000 in cash was confiscated.

The investigation led officers to a residence in Pierce County, where the results of a search warrant found two stolen vehicles, a stolen AR-1.5 rifle and another 1.5 ounces of methamphetamine (street value of \$2,500).

Sheriff Casey Salisbury commented that, due to the professional work of SOG, along with the partnerships with other law enforcement agencies, a stolen firearm and over \$10,500.00 worth of methamphetamine was taken off the streets!





KTP Food Drive Thanks

Thank you to the cuties of the Squaxin Island child development center and the wonderful staff. Our Thanksgiving food drive would not have been such a great success without the help of all of you. Happy Holiday's, from the KTP staff.





LEARNING CENTER -



GED and Homework Help

Jamie Burris - Christmas break will be here before you know it. Get all of your late work and missing assignments done before the holiday break. I am here to help Tuesdays, Wednesdays, and Thursdays from 4:00-7:00 p.m. in the classroom in the Education Building.

If you have not completed your GED, NOW is the time to do it! The GED test is being rewritten. The new test will roll out in January 2014 and will be much more difficult than it currently is. If you have already taken tests, but have not completed your

GED, you will need to complete all of your tests before January. Any incomplete GED tests will no longer be valid as of January 2014. This means, you will need to complete your GED before January 2014 or all previous scores will be lost.

If you have not already begun your GED now is the time to start! South Puget Sound Community College will be closed for winter break December 16 – January 3. This means all GED tests will need to be completed by December 12th. Getting your GED will help increase your chances of employment and / or a raise. For more information or if you have any questions, please feel free to contact me: Jamie Burris at (360) 292-3301, or email me at jburris@mccleary.wednet.edu.

Youth Education, Recreation and Activities Calendar

TLC Hours: M-F 7:30am-5:30pm Front Desk: 432-3958
Youth Gym/Recreation Hours: M-F: 3-6pm Rec Rm: 432-3275 (only 3-6pm)

All activities are drug, alcohol and tobacco free

Monday	Tuesday	Wednesday	Thursday	Friday	
2 Rec Rm: 3:30-6pm Game Day: 5-5:45pm Gym: Bball Jr: 3:30-4:45 Elem Bball: 5-5:45pm Open Swim: 3-6pm 3 Rec Rm: 3:30-6pm Drum Group: 5-6pm Gym: Bball Jr: 3:30-4:45 Elem Bball: 5-5:45pm		4 GSD-ER @ 2:30PM Rec Rm: 3:30-6pm Crafty Kitchen: 5-5:45pm Gym: 1.T.B. Game Day Home Games 6 & 7pm Open Swim: 3-6pm 5 Rec Rm: 3:30-6pm Arts-n-Crafts: 5-5:45pm Gym: Bball Jr/High School 3:30-4:45 pm Elem Bball: 5-5:45pm		6 SSD - ER 1.5 HRS Rec Rm: 1:30-6pm Fun Friday: Homework Party	
9 Rec Rm: 3:30-6pm Game Day: 5-5:45pm Gym: Bball Jr: 3:30-4:45 Elem Bball: 5-5:45pm Open Swim: 3-6pm	Rec Rm: 3:30-6pm Drum Group: 5-6pm Gym: Bball Jr: 3:30-4:45 Elem Bball: 5-5:45pm	11 GSD-ER @ 2:30PM Rec Rm: 3:30-6pm Crafty Kitchen: 5-5:45pm Gym: I.T.B. Game Day Away Games 6 & 7pm Open Swim: 3-6pm	Rec Rm: 3:30-6pm Arts-n-Crafts: 5-5:45pm Gym: Bball Jr/High School 3:30-4:45 pm Elem Bball: 5-5:45pm	Rec Rm: 3:30-6pm Fun Friday: Movie Day Gym: 3:30-5pm Bball High School: 3:30-4:45 Open Swim: 5-8pm	
Rec Rm: 3:30-6pm Game Day: 5-5:45pm Gym: Bball Jr: 3:30-4:45 Elem Bball: 5-5:45pm Open Swim: 3-6pm	Rec Rm: 3:30-6pm Gym: CLOSED for Tree Decorating	18 GSD-ER @ 2:30PM Gym Closed Christmas Party From 5-7pm Open Swim: 3-6pm	Rec Rm: 3:30-6pm Movie Night: 4:45-6pm Gym: Bball Jr/High School 3:30-4:45 pm Elem Bball: 5-5:45pm	20 GSD - ER 3 HRS No After-School Programs	
TRIBE CLOSED	TRIBE CLOSED	TRIBE CLOSED	TRIBE CLOSED	Squaxin Youth Winter Basketball Tournament Goes Until Sunday 29th	
TRIBE CLOSED	TRIBE CLOSED	TRIBE CLOSED	No After-School Program	No After-School Program	
TLA: After School Snacks: Computer Lab: Sylvan: Homework Help, GED P	M-F 12-4pm M-F 4-4:45pm M-Th 3-6, F 3-5pm M-Th 4:30-7:30pm rep: T-TH 4-7pm	Key ER = Early Release SSD = Shelton School I GSD = Griffin School I TLA = Tu Ha' Buts	District	Key for Basketball 1.T.B. = Inter-Tribal B-ball High School = Grades 9-12 Jr. High = Grades 6-8 Elementary = Grades 3-5	



LEARNING CENTER -



Youth Activity Program

Jerilynn Vail - As we move into December we have a lot going on:

- Congratulations to Sara Naranjo. She has met the homework goal each month for the Homework Club. Keep up the good work Sara!
- The Inter-Tribal Basketball League is keeping the gym busy with practice for Jr. High and Elementary youth. The youth have been working hard in practice and it is great to see them working together as a team.
- Jeremy Brown began coaching youth basketball at the end of October and is a great help to our program. One-quarter Yakama, Coach Jeremy brings a solid sports background to our youth program, including playing basketball for Yakima Valley Community College; experience as an umpire for little league and middle school basketball; as a referee for AAU basketball; and as a Physical Education Instructor at the youth facility of Sundown M. Ranch in Selah, Washington. He is a senior at Evergreen State College studying business with an emphasis in ethnic studies.
- The 2013 Youth Christmas Party is scheduled for Tuesday, December 18th. The gym will be closed to allow us to set up. Youth are welcome to come and help decorate.
- The 2013 Youth Co-Ed Basketball Tournament is coming up over Christmas Break, December 27- 29. We will be having the floors cleaned prior to the Tournament, so please be aware the gym may be closed at times for floor cleaning. We will announce the dates in the Daily Scoop and on our Facebook page.

Teen Calendar

Squaxin Island Teen Center open 3pm -6pm unless otherwise noted and are subject to change. Teen Center will be closed for away Basketball games

Saturacy		Thursday .	weakenay	141141)		
	6	5	4	3	2	1
	Baking Extravaganta	Backetball practice	BASKETBALL GAME VS. NISQUALLY	Nashethall practice 3:30 -	Nasketball practice 3:3# - 4:43	This Week's DIV
	Teen Center Open @ 1:00		HOME GAMES @ GPM AND 7 PM	1000		Gift Making
	Evergreen State College Baskethall gam e	TADA Meeting 5:00	1 18010 / 1	Craft class 4:00 @ Museum	Youth Council	
	7 - 9 - 3 + 3 m			Drum group 5:00 @ Museum	3/3+ - 6/3+	
	13	31.43	11	1.0	9	
	Teen Night 7-9 pm	Basketball practice	HASKETHALL GAME # SKOKOMISH	Basketball practice 3:30 -	Raskethall practice	This Week's DIV Project:
	Black Light Party		BUS LEAVES AT 5:15	Girl's Circle 6pm - 7pm	7	Gift Making
	Snacks + Music + Frites	FADA Meeting 5:00	TEEN CENTER CLOSED	Craft class 4:00 @ Mussum	Youth Council	352
			FOR GAME	Drum group 3 to @ Museum	3 (3 0 - 6 (3 0	
	2.0	19	18	1.7	1.6	31.5
		EU - DERMA				Project
	Teen Center Closed	Movie Night 4-6 pm	Christmas Party 5-7 pm	Decorate for Party	Baskethall practice	Party decerations
	-	Christmas Varation		Craft class 4:00 @ Museum	Youth Council	
				Drum group 3:00 @ Muteum	5130 - 6130	
,	2.7	16	* 5	14	*3	**
Squazin Youth Winte Basketball Tournamer	Squaxin Youth Winter Basketball Tournament	Tribe Closed	Tribe Closed	Tribe Closed	Tribe Closed	Happy Holidays
	3		,	31	3 0	29
	Teen Center Closed	Teen Center	Tribe Closed	Tribe Closed	Tribe Closed	quarin Youth Winter

If anyone is interested in fund-raising during the youth tournament, please contact Jerilynn at 432-3992. There is a great opportunity to raise extra money while operating the concessions stand - providing food and beverages to visiting teams throughout the tournament.

Make sure to mark on your calendars that the After-School Program will not be open from December 20 until the youth return back to school on January 6.

Teen Center CHUM Program

Greetings from the Teen Center! November was a great month filled with field trips to Olympia, Career Day at the Zoo and a tour of UW-Tacoma.

This month we will be focusing on making gifts for the holiday season. I can't tell you what kind of gifts because then it wouldn't be a surprise. I can tell you that they will be fun and creative, so come by and make a loved one a special gift.

The teen center will open early on December 6th for early release. We will use this extra time to bake holiday goodies. After all that baking we will head out to Evergreen to watch their men's basketball team. We will leave the TLC at 7:00 p.m. and return around 9:30 p.m.

We will have our first Teen Night on Friday the 13th. This will be a black light party. Come dressed to glow. Bring a friend and you will have a chance to win a prize.

Ongoing events include:

On December 10th from 6:00 - 7:00 p.m. we will have another "Girl's Circle" gathering.

Basketball practice for Jr. High students will continue on Mondays, Tuesdays and Thursdays from 3:30 - 4:45. High School basketball practice will be on Thursday and Fridays from 3:30 - 4:45.

Continued on Page 10



LEARNING CENTER ——



Teen Center

Continued from Page 9

On Wednesday December 4th will be play a home game against Nisqually. Jr. High game starts at 7:00 p.m., come support these ballers. On Wednesday December 11th we will travel to Hood Canal to play the Skokomish team.

Youth Council meets on Mondays from 5:30 - 6:30. Our annual Christmas party will be on the 18th The Squaxin Youth Basketball tournament will start on December 27th and run through Sunday the Youth Basketball Coach 29th.



Ieremy Brown



The Teen Center will be closed for the holidays December 20 - January 6.







Teen field trip to Olympia



Career Day at the Pt. Defiance Zoo



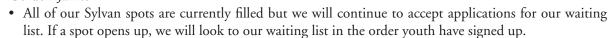
noon - 4PM

House of Awakened Culture Suquamish

PLEASE JOIN US ON SATURDAY, DECEMEBER 7TH AT THE HOUSE OF AWAKENED CULTURE, 7235 NE PARKWAY, SUQUAMISH, WA. COME MEET AND GREET, SHARE A WORD OR A SONG. LUNCH WILL BE PROVIDED. NO GIFTS PLEASE.

SEND RSVP TO MARYLIN BARD AT CRANEBARD@AOL.COM





- · For higher ed students, the FAFSA forms (for federal financial aid) can start being turned in for Fall 2014 as early as January 2014. Since some of the federal financial aid is on a first come-first served basis, the earlier you can get yours turned in the better for getting financial aid. December is a great time to get your paperwork in order to complete your FAFSA in January.
- The Tu Ha' Buts Learning Academy is our partnership with EastValley School District. Through the Academy, youth can work toward a high school diploma in the TLC classroom, online, or through takehome packets of classwork. The Academy is offered as an alternative for those not currently in school, and who may have chosen not to attend the public school system.
- · To follow our most recent announcements, updates and photos, check out our Facebook page at www.facebook.com/TuHabuts.
- From all of us at the Tu Ha' Buts Learning Center, we wish everyone a safe and happy holiday season. You have our best wishes for a great new year.

































































COMMUNITY DEVELOPMENT—



Solid Waste and Recycling Program: 2013 Highlights

We have been busy this year expanding the infrastructure and services of the new Solid Waste and Recycling Program. The goal is to increase awareness and provide convenient opportunities for tribal-wide recycling and waste reduction. Here is the work we completed in our first year.

Infrastructure

- Continued work on draft solid waste code.
- Developed event container loan program.
- Evaluated future role of leadership circle. It was determined that the Leadership Circle will meet annually to review the Solid Waste Management Plan and approve changes. It was further determined that a community action group (the Green Team) should be organized to support departments and businesses in their waste reduction efforts.
- Reorganized the Green Team. There are now 9 Green Team members.

Education and Outreach

- Submitted 11 Klah-Che-Min articles.
- Organized Earth Fair with 13 agencies and 50 attendees.
- Provided support to government programs, including Elders program.
- Presented to Island Enterprises, Inc. site managers.
- Provided two Stepping Stones activities. Coordinated two presentations by Thurston County Environmental Health on cleaning product alternatives and personal product alternatives. Stepping Stones youth then made homemade cleaners for the Wellness Fair.
- Provided 2 Green Team trainings for new members.
- Provided 1 training on reducing junk mail. Developed junk mail reduction
- Developed Green Team manual.
- Developed Green Team website (green.squaxin.us) and distributed 3 newsletters.
- Added Solid Waste Program information to Squaxin Island website.
- Developed program logo.

Services

- Completed a battery collection study.
- Green Team serviced 3 events.
- Established container loan program. Loaned 102 bins and serviced 12 events.
- Coordinated 1 bulk recycling pickup in association with spring community dumpsters.
- Coordinated 1 electronics recycling event in association with the Earth Fair. Transported one van full of spent electronics from Island Enterprises, Inc. and Department of Information Services.

Sustainability

- Attended Project Management training and Professional Conduct training.
- Attended 1 meeting of the Tribal Solid Waste Advisory Network, 2 Mason County Solid Waste Advisory Committee (SWAC) meetings, and 2 Thurston County SWAC meetings.
- Renewed 3-year term with Mason County SWAC.

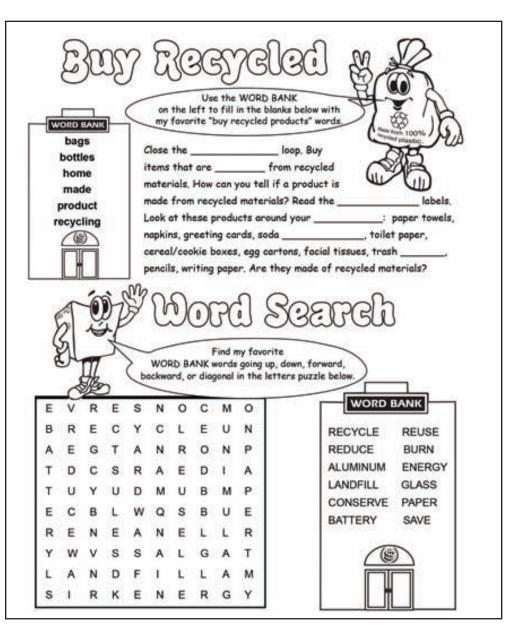
Tribal-Wide Data

Each year the Solid Waste Program staff will collect data to show whether program services are making a difference. In time we hope to see the waste disposed decrease while the waste recycled increases. Here is the data we collected for 2012. We will compare future years against 2012 rates.

Waste Generated by Squaxin Island Tribe, by sector.

SECTOR	Tons disposed	Tons recycled
Residential	189	10
Government	66	18
Commercial	100	15
Casino-Resort	980	74
Industrial	54	53
TOTAL	1,388	170

Questions or comments regarding this article can be directed to Sheena Kaas, Solid Waste and Recycling Program Manager, 432-3907 or skaas@squaxin.us





HEALTH CLINIC / FAMILY SERVICES —



Checking Your Blood Pressure Regularly Can Help You Improve Your Health

About 1 out of 3 Native Americans has high blood pressure. High blood pressure raises the risk for heart attack, stroke, eye problems, and kidney problems. Having your blood pressure checked regularly and taking steps to reach your blood pressure target can improve your

What is blood pressure?

Blood pressure is the force of blood against your artery walls. High blood pressure is when your blood pressure is higher than your

Are you at risk?

Anyone, including children, can develop high blood pressure. There are some risks that you cannot change, such as your age. But you can work to reduce your risk by:

- · Not smoking or chewing tobacco.
- Eating a healthy diet.
- Maintaining a healthy weight.
- Being physically active.
- Reducing your stress by using positive coping skills or having support.

What are the signs and symptoms?

High blood pressure usually has no warning signs or symptoms. Many people don't know they have it. That's why it's important to have your blood pressure checked often.

How is high blood pressure diagnosed?

Your health care provider measures your blood pressure by wrapping your arm with a cuff, then inflating it. Air is slowly released from the cuff. A gauge measures the pressure in the blood vessels when the heart beats (systolic) and when it rests (diastolic).

How can high blood pressure be controlled?

Here are some things you can do to control high blood pressure:

- · Don't smoke or chew tobacco.
- · Take your blood pressure medications.
- · Get blood pressure checked often.
- · Reduce salty foods.
- · Lose weight.
- · Be physically active.
- · Avoid alcohol.



Produced by IHS Division of Diabetes Treatment and Prevention, www.diabetes.ihs.gov

Elders Menu

Mon. 2	Salmon
Tues. 3	Soup & Sandwich
Wed. 4	Chicken Pot Pies
Thurs. 5	Baked Potato Bar

Mon. 9 Hot Turkey Sandwiches Tues. 10 Soup & Sandwich

Wed. 11 Pasta Bar Thurs. 12 Pot Roast

Mon. 16 Beef Stroganoff Tues. 17 Soup & Sandwich Wed. 18 **BBQ** Ribs

Thurs. 19 French Dips

FREE BLOOD PRESSURE SCREENING 2013

The First Thursday of each month



Blood Pressure checked by your friendly neighborhood firefighters

Where: Elder's building When: 11:45am - 12:45 pm. Everyone is welcome!

Clinic Events

Brief Community Walk

Every Thursday at 12:40 p.m. Meet at Elder's Building after Lunch

Free Diabetes Screening

at Health Promotions Tuesday through Friday Contact Melissa Grant for details

Smart Shopping/ Food Label Workshops

Contact Patty to schedule

Health Promotions Programs

We have exercise videos in the building across from clinic Work out alone, with us or schedule a time for a group

Our Nationally Recognized Lifestyle Balance Program

If you are ready to lose weight, we can provide support. If you are Native American and over 18, see if you qualify to participate.

Next Mammogram Clinic

December 10th Call Traci Lopeman at 432-3930

Contact Melissa Grant (360)432-3926 Patty Suskin (360)432-3929

Tuesday,

December 10th is

WIC DAY at

SPIPA

WIC

(Women, Infants, and Children) provides healthy foods & nutrition information for you and your child up to age 5.

Please bring:

Your child, Provider One Card or paystub and Identification for you & your child

Call Debbie Gardipee-Reves at SPIPA 360 462-3227 or main SPIPA 360 426-3990

Tired? Depressed? Try these Tips to Improve your Mood

Submitted by Patty Suskin, Diabetes Coordinator

Alicia Webber, MS, LMHC at Squaxin Island Behavioral Health presented at Diabetes Support in October "Food and Mood" tips to improve your mood by eating differently.

Highlights include:

For more energy: Eat meals regularly, especially breakfast - don't skip meals. Drink your water. Eat iron rich foods such as protein foods: fish, meat, poultry.



Feeling depressed? Eat meals regularly without skipping and choose leafy greens and whole grains, such as oats.



HEALTH CLINIC-



December is Stress Relief Month

STRESS-LESS TIPS FOR THE HOLIDAYS

Provided by NSU's (Nova Southeastern University)Office of Recreation & Wellness and submitted by Patty Suskin, Diabetes Coordinator - This time of year is particularly hectic, and along with all the hustle and bustle of getting ready for the holiday season, comes tension and stress. For this reason, December is nationally recognized as Stress Relief Month, because there are several things we can do to minimize stress so that we can enjoy the holidays and our families.

Make a list of all the things you and your family like - and dislike - about the holidays. Build your own traditions around the highest-scoring "likes."

Take care of your body

- Get at least 30 minutes of exercise every day brisk walking is great.
- Stop eating when you are full but don't skip meals either.
- Allow yourself a few holiday treats, but don't overdo.
- Get plenty of sleep.
- Limit alcoholic drinks to one or two a day.
- Of course, do not drink and drive, and fasten your seat belt.

Take care of your spirit

- Give yourself at least a couple of days (or hours) to do what you want to do. Realize that you are not solely responsible for making the holidays special for everyone else. Don't accept every invitation you receive, or you'll run yourself ragged. It's OK to send your regrets.
- If this is your first holiday after ending a relationship, getting a divorce, or the death of a loved one, remove yourself from reminders of the past. Give yourself new memories by doing something you've never done before.
- Give time and friendship rather than presents. Share yourself with family, friends and the community by volunteering at a homeless shelter, or driving a housebound friend/neighbor around the neighborhood to see the holiday decorations.
- Keep your sense of humor. If the soufflé looks like a pancake, it's not the end of the world. Actually, you will probably laugh about it....next year.
- Count your blessings.

Source: adapted from Hope Health Letter

Ten "Doable" Ways You Can Enjoy Meals on Special Days

Before you go to a holiday meal, feast day, potlatch, graduation or birthday party, make a plan to stay on a healthy eating track:

- Choose the ways you can stay on track and check: YES! I can!
- After the event, check the ones you did: YES! I did it!
- Bring this to your next appointment with your health care provider.

ecial meal: _____

Date:

- Earlier in the day, eat breakfast or healthy snacks. Try not to delay eating so you can eat more at the feast. If you skip meals, it may be harder to manage your blood sugar. It will make you hungry. You will be more likely to overeat at the special meal.

 YES! I can! YES! I did it!
- At the special gathering, limit before-meal chips and crackers. Try putting a small portion on a small plate or napkin and eat only that. Avoid creamy dips and cheese. Choose salsa as a dip if it is served.
- 3 Limit the number of starchy foods (potatoes, macaroni, bread) you choose. Have a serving of just your favorite one. Or eat ½ slice bread and a few tablespoonfuls of other starches.
 YEST Leant | YEST I did it!
- Choose vegetables that are raw, grilled or steamed. Avoid vegetables in cream sauce, gravy, butter or cheese sauce.

 YEST I can! YEST I did it!
- Drink calorie-free drinks like water, unsweetened tea, seltzer or diet sodas. Avoid regular sodas and juice.

- Avoid drinks with alcohol or limit them. Women should drink no more than one alcoholic drink a day. Men should drink no more than two.

 YES! I can! YES! I did it!
- If you choose to eat dessert, have a small piece. Ask for a half of a piece of cake or pie. Try not to eat the frosting on cake. Don't add whipped cream.
 YES! I can!
 YES! I did it!
- After the meal, take a walk with family members. Walking will lower your blood sugar level. You will have more energy.

 | YES! I can! | YES! I did it!
- If you eat too much, don't feel bad. You have not failed because of one meal. Think about the days you did not overeat.
 - ☐ YES! I can! ☐ YES! I did it!
- 10 Plan to get back on track the next day. Make a plan for what you will eat for breakfast—maybe a boiled egg and a piece of whole wheat toast with non-fat milk (or soy milk). You are back on track!
 - ☐ YES! I can! ☐ YES! I did it!



Produced by IHS Division of Diabetes Treatment and Prevention, 12/2012. To print this and other patient education material, go to www.diabetes.ihs.gov, click **Printable Materials**

Susan G. Komen breast self-awareness messages

Submitted by Traci Lopeman, Women's Wellness Outreach Worker Article from Susan G. Komen website (updated 08/07/13)

1. Know your risk

- Talk to both sides of your family to learn about your family health history
- Talk to your health care provider about your personal risk of breast cancer

2. Get screened

- Talk with your health care provider about which screening tests are right for you
- Have a mammogram every year starting at age 40 if you are at average risk
- Have a clinical breast exam at least every three years starting at age 20, and every year starting at age 40
- Sign up for your screening reminder at komen.org/reminder*

3. Know what is normal for you & see your health care provider if you notice any of these breast changes:

- Lump, hard knot or thickening inside the breast or underarm area
- Swelling, warmth, redness or darkening of the breast
- Change in the size or shape of the breast
- Dimpling or puckering of the skin
- Itchy, scaly sore or rash on the nipple
- Pulling in your nipple or other parts of the breast
- Nipple discharge that starts suddenly
- New pain in one spot that doesn't go away

4. Make healthy lifestyle choices

- Maintain healthy weight
- Add exercise into your routine
- Limit alcohol intake
- Limit menopausal hormone therapy (postmenopausal hormone use)
- Breastfeed your baby



MLRC / COMMUNITY —







"Curtis" & Alice Fletcher... A special Mom & Dad at Christmas

If we could have one Christmas wish....
One dream that would come true....
We would pray to God, with all our hearts
Just to see and speak to you.
A thousand words won't bring you back...
We know because we've tried...
And neither will a million tears...
We know because we've cried.

You've left behind our broken hearts
And precious memories too...
But we never wanted memories...
We only wanted you!

Miss you both so much...
All my love to both....Jackie

Expanded USDA Food Options Now Available

Many people have misconceptions about the food offered by the Food Distribution Program. (Formerly Commodity Foods) There are more frozen meats, fresh vegetables, and in season fruits being offered now than ever before. The food is also lower in fat and sodium than what was offered in prior years. Below is a partial list of what is available.

	1 ,		
Kernel Corn	Mixed Vegetables	Green Beans	Sliced Potatoes
Spaghetti Sauce	Tomato Sauce	Fresh Carrots	Baby Carrots
Onions	Celery	Red & Russet I	Potatoes
Broccoli	Applesauce	Apricots	Peaches
Pears	Raisins	Fresh Apples	Grapefruits
Oranges	Grapes	Fruit Juices	Canned Beans
Whole Chicken	Canned Chicken	Ground Beef	Roast Beef
Pork Chops	Chicken and Turkey Bro	easts and much,	much more.

Please call the SPIPA Warehouse staff to discuss how to apply for the Food Distribution Program. Recent changes enacted by the USDA that make it much easier to qualify. You can call 360-438-4216 Monday through Friday between the hours of 8:00 a.m. and 4:00 p.m.

Basket Donation by Pete and Marilee Peterson

Pete and Marilee Peterson from Skokomish Tribe made a generous donation of twined Salish baskets to the Squaxin Island Tribe Museum Library Research Center, the baskets were purchased from an antique shop in 1973-1974. Pete is known throughout the Salish tribal country as a living cultural treasure, a master carver and a Skokomish Elder. Marilee is equally known throughout tribal country as a generous person and strong supportor of Salish cultural resurgence. The MLRC is grateful for their generous donation.





Community———



Check this Out



Check out Hogmob.com online for this awesome Christian rap group. There are many things to choose. There is a local group who meets every Saturday in Tumwater. We are in need of donations so we can reach out to those who are in need. If you have any more questions, look up Gene Cooper aka Nativehog Cooper on Facebook.

Happy 21st Birthday Neena Ann

Am so proud you. You have grown up to be a beautiful young lady!



Love, Mom, Latoya, Lachell, Daniel Sr, Elena, Clara, David, Lolyta, Jean, Daniel Jr, Emilio, Baby Jack, Kestle, Lolo, & the rest of your family

Happy birthday Theresa Ann!

Hope you have a wonderful day!

Love, Wicket, Moose and Kids



Happy belated birthday Monique and Sophia Love, Mom, Moose and Kids

Happy Birthday to my amazing sister, Misti Dawn!

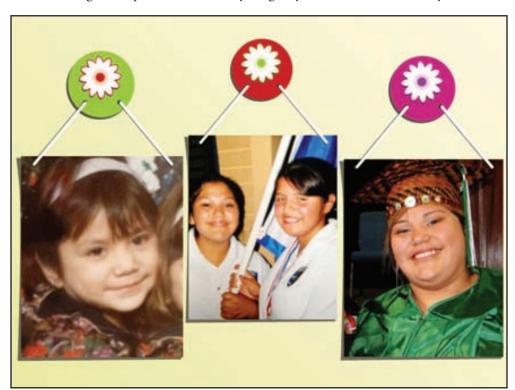
Thank you for all you've done and do for us!

Love you lots!

Love, Wicket, Moose and Kids

Happy 21st Birthday Sis, Auntie & Great-Auntie

You make me proud to be your big sister!
You have grown up to be a beautiful young lady and have done well for yourself!



Love, Sister Terri, Latoya, Lachell, Daniel Sr, Elena, Clara, David, Lolyta, Jean Daniel Jr, Emilio, Baby Jack, Kestle, Lolo, & the rest of your family



Community—



Douglas Bloomfield	01	Happy Birtl	hday
Benito Hernandez	01	nappy birt	iiday
Manuel Castillo	02	Kendra Blueback	11
Gregory Lehman	02	Kestle Coley	11
Cathlene Riker	03	Mary Mason	11
Deborah Obi	03	Tonya Henry	11
Jess Brownfield	03	Kelli Dahman	11
Daniel Sigo	04	Lucy Aldrich	13
Peggy Peters	04	Karen Farr	13
Austin Penn	05	Anthony Forcier Jr.	13
Lilly Henry	05	Madelynn Henderson	13
Michael Foster	06	Cecelia Black	14
Brendan Bellon	06	Nicholas Dorey	14
Evan Ellerbe	06	Elianna Perez	14
Cora Krise	06	Frankie Metcalf	15
Jason Koenig	07	Priscilla Dolores- James	15
Zoe Cooper	07	Judith Arola	15
Sophia Cooper	07	Lisa Bennor	15
Rhonda (Mitzie) Whitener	08	Amber Snyder	15
Elizabeth Campbell	09	Xzandrea King	15
Garrett Todd	09	Angel Henry	16
Dustin Kruger	09	Rodney Krise, Sr.	16
Misti Saenz-Garcia	09	Wendy Bowman	17
Jayden Eagles	10	Suzanne Snipper	17
Sierra Blueback	10	Donovan Henry	17
Davina Braese	10	Vernon Sanchez	17
Marlena Bradley	10	Ethan Baxter	18

What's Happening						
1	2	3	4	5	6	7
			Family Court			
8	9	10	11	12	13	14
		Criminal/Civil Court		Council Mtg.		
15	16	17	18	19	20	21
			Christmas Party			
			TLC			
22	23	24	25 Merry	26	27	28
			Christmas			
The Tribal Center is closed for the holidays and reopens January 2nd						
29	30	31	Culture N	Jight: Every Thursda	ny at 5:00 p.m. at the	e MLRC
	AA Meeting: Every Thursday at 7:30 p.m. Elders Building					
	Tribal Cer	nter closed	ALANON Meeting: Also every Thursday at 7:30 p.m. Elders Building Basket Class: Every Wednesday at the MLRC			

Winona Crone	19
Theresa Henderson	19
Tyson Kruger	19
Shashoney Fenton	19
Patrick Stapleton	19
Ronnie Penn	21
Elroy Ellerbe	22
Kyler Gall	22
Jaimie Cruz	23
Tahnee Kruger	24
Jeremy Sigo	24
William Penn	24
Holly Henry	24
Darrius Rau	24
Richard Johns, Sr.	25
Jasmine Rivera	25
Astrid Poste	25
Jayanne Gamer	25
Carol Tadios	25
Nicolas Cooper	26
Karina Farr	26
Edward Cooper	27
Andrea Rossmeier	27
Jocelyn Campbell	28
Quinton Whitener	28
Jessica Stone	28
David Clark	28
Kathy Block	28
Patti Puhn	29
Penni Giles	29
Koreena Capoeman	30
Richard Gouin	30
Matthew Sayers	30
Rebecca Black	31



PLEASE SAVE THE DATE

SAT—APRIL 19,2014 Memorial for

David T. Seymour

"Bad News"

Taholah Community Center

Please watch for more information

Questions/Comments

Margararet Henry 360-490-5024

Terri Capoeman 253-343-3711

Gloria J. Hill 360-229-6324





Community——



Happy Birthday to My Beautiful Daughter Kendra Leah



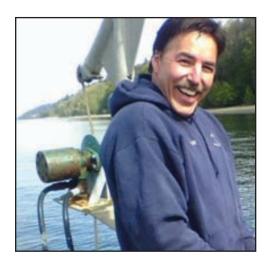
Love, Mom

Happy Birthday BABY BROTHER!



Love, Rose and Family

Happy Birthday CAPPY!
Jason Koenig



Love, Rose and Family

Happy Birthday Yolanda Silva :) Love, Suzie Q



Happy Birthday to my Beautiful Niece Cecelia Marie!



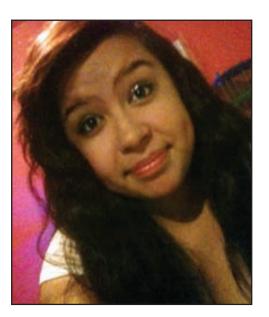
Love, Rose and Family

Happy Birthday To My Beautiful Niece Kestle Mae



Love, Rose and Family

Happy Birthday to My Beautiful Niece Mimi!



Love, Rose and Family

Happy 17th Birthday Kestle Mae!



Love, Mom Terri, Sisters, Brothers Nieces and Nephews











