"Believe. Believe. Believe..."

Native American Olympic Gold Medal Champion Billy Mills Brings Passionate Message and Lots of Hugs to Squaxin

Squaxin Island Tribe hosted a speaking engagement by 1964 Olympic Gold Medal Champion Billy Mills, Oglala Lakota (Sioux) on May 27th. The event was sponsored by TANF and TLC.

At the 1964 Olympics, Billy Mills shocked the world when he came from behind to win the gold medal in the 10k race. Billy was raised on the Pine Ridge Indian Reservation in South Dakota. An Olympic gold medalist and Running Strong's National Spokesperson, he has dedicated his life to serving American Indian communities.

Surrounded by poverty and orphaned at the age of 12, he started running to channel his energy into something positive. In high school, his gift for running become more apparent as he set records in numerous track events. He went on to earn a track scholarship from the University of Kansas and then served as an Officer in the United States Marine Corps.

At the 1964 Olympics, he set a world record of 28 minutes, 24.4 seconds and is still the only American to ever win a gold medal in the 10k event. His win was an upset that has been called the second greatest moment in Olympic history.

In Lakota culture, someone who achieves great success has a ‘giveaway’ to thank the support system of family and friends who helped him achieve his goal. As part of his effort to give back to his community, Billy helped found Running Strong for American Indian Youth and became the organization’s National Spokesperson. Today Billy travels over 300 days every year. He visits American Indian communities throughout the U.S. and speaks to youth about healthy lifestyles and taking pride in their heritage.

Billy was awarded the 2012 Presidential Citizens Medal by President Obama, for his work with Running Strong. The Presidential Citizens Medal is the second highest civilian award in the United States. It recognizes individuals "who have performed exemplary deeds or services for his or her

"It's the journey that's important, not the destination. The daily decisions you make in life, not the talent you possess, are what choreograph your destiny. Ultimately, it's the pursuit of excellence that takes you to victory. When you find that passion, it allows you to focus. In my Native American world when you are focused, then the body, the mind, and the spirit all work as one to motivate you to discover and achieve your dream.

Continued on Pages 4 - 6
Community

Council Corner

Whitney Jones - School’s out and it’s time for some summer fun. The Summer Rec Activities program starts July 6th for the younger kids and the Youth Employment and Stepping Stones Pre-employment programs for the teens start that same week. It’s always great to see so many of our tribal and community kids participating in these events every year. Many of them started out as youngsters in summer rec and are now 3rd or 4th year returning summer workers. Thanks to all of the departments that make room and the staff that take these students under their wing for several weeks each year. I know we have current full-time employees at the Tribe that started out as summer youth workers who were mentored and encouraged by other staff and it led them down the path to their current employment with the Tribe. It’s a great investment in our future workforce and our future leaders.

Congratulations to all of our students young and older who celebrated an educational achievement this year, whether that was promoting to the next grade (woohoo!) or earning a diploma, ged, or a higher education degree (kudos!!). We got to celebrate with many of you at the Sgwi-gwi and as usual, that event, and the family and community support of the importance of education to our tribal people, proves to be one of Squaxin Island Tribe’s highlights each year.

The first Public Budget Hearing for FY 2016 was held on June 3rd and there was a good turnout of people who submitted a variety of projects or ideas to consider for funding. A condensed list of some of those included: youth sports programs, cultural education in the schools, increased funding for health care, TERO program, multi-income housing, alternative energy programs, carving studio and staff for studio, traditional plant garden, tribal historian, increased participation at basket weaving events, community center for intergenerational workshops/gatherings, additional budget support for Canoe Family activities, expanded higher ed budget, traditional art studio, reduce Council budget, and conduct an efficiency audit of existing budgets to cut back and re-purpose funds. You are still welcome to submit any suggestions you may have and the next PBH is scheduled for August 26th.

In the absence of a full Canoe Journey this year there has been a renewed and increased interest in another youth-focused Canoe Journey and Squaxin has pledged support to make sure that our youth are able to participate as much as possible. Look for more information throughout July as that event continues to be planned by the participating tribes.

Two more events in July that you don’t want to miss… the kick-off for the Explorers Program will be Saturday July 11th. If you know of students who may be interested in the field of law enforcement, firefighter/EMT, or maybe natural resource enforcement then please have them come to the Explorer Program kick-off event to learn more about how to be involved in those activities. And Friday July 31st is the First Salmon Ceremony and lunch served to the community at the Collier House.

Have a happy and safe 4th of July!
Richard Johns
Richard Jackson Johns, Sr. was born in a floathouse on Oakland Bay on December 25th, 1937. Following his membership in the United States Navy, he enjoyed and was proud of his employment in various positions with the Squaxin Island Tribe; he was a Sergeant of the Squaxin Island Tribal Police, a fisheries patrol officer for the Suquamish Tribal Police, a treatment attendant for the Northwest Intertribal Treatment Center, and had a variety of duties working for the Harstene Oyster Company in addition to being a self-employed fisherman.

A person might say his hobbies included jerry-rigging virtually everything. His favorite tool was his sawsall, with which he remodeled numerous fishing boats. You could always tell it was spring when he got his sawsall out! He enjoyed his morning routine of an early trip to the KTP for his paper and coffee, and loved taking long drives and working on his cars, boats, and yard. Above all, he cherished spending time with his family.

He was preceded in death by his parents, Eliza and Delwin Johns, Sr. of Steamboat Island; brothers, Lloyd Johns and Harry Johns; and sisters, Mary Johns and Ida Cooper.

He is now survived by his wife, Sally Johns; son, Richard Johns, Jr.; daughter, Rebecca; and brothers, Herb Johns and Delwin Johns. He is also survived by his grandchildren and numerous nieces and nephews.

All of his surviving family wishes to thank everyone who came together to make the services and feast possible. It was made to feel more like a big family dinner with everyone sharing their special memories of times spent with Richard. They would also like to thank the Squaxin Canoe Family for escorting Richard for one last family clambake on the island before being laid to rest in the same waters where 76 years ago he entered this world.

He passed away Saturday, May 16th, at St. Peter’s Hospital in Olympia, WA.

"It may take a village to raise a child, but it also takes family and community to mend all the broken hearts."

Thank You
The Shelton School District’s Indian Education Program on behalf of the staff, students and their families, would like to say thank you to the many individuals who made this year’s Banquet & Button Robe Ceremony a success. Many thanks to the Squaxin Island Tribe for their financial assistance in support of the Banquet and the Button Robe Project; to Mr. Andy Whitener and his Natural Resources staff for donating the fish, and to Mr. Cooney Johns & his crew for cooking the fish. Also, many thanks to the Skokomish Tribe & Rosetta LaClair for their financial assistance in support of the Button Robe Project. Thank you Lynnell Rodriguez, Lu-anne Bigbear, Susan Heyer and the students, Cayleyana Aldrich, Nicalorose Smith and Elena Prest, who volunteered to cook the frybread; and thank you to the many families who brought their favorite dish, they were delicious! Thank you to Michael Mosier for designing the artwork that graced our invitations. Thank you to Mrs. Brenda Hirschi, School Board President for the Welcome Address and the Introductions; and thank you to SHS graduate, Twana Machado, Master of Ceremonies for the evening. Thank you to Jeremiah George and the Squaxin Island Canoe Family, Anthony “O’Shay” Brown, and Gussy Blacketer for the blessings and the beautiful drumming and singing. Thank you so much to Vicky Engel, Pam Hillstrom, Melanie Willig, Staci Miller, Carri Fennel & Rosetta LaClair for providing the materials and guidance for the button robes through the project workshop. Thank you Denysé Bowmer for the beautiful centerpieces for the tables. Thank you to all those individuals who helped with the cleanup. We appreciate the support you provide to our students. And just as importantly, CONGRATULATIONS to our graduates and their families, the button robes were all so beautiful! We are all so very proud of you!
"People make a big mistake when they say, 'I need to be motivated.' You motivate yourself. I might inspire somebody, but that person has to be motivated within themselves first. Look inside yourself, believe in yourself, put in the hard work, and your dreams will unfold.

'I think what it taught me was that you have to find a passion in life. My Dad always told me in simple ways, 'Follow your dreams. Every dream has a passion. Every passion has its destiny.' What I've taken from my dad and my high school coach, Tony Coffin, and other people who've guided my life is something that I've shared with young people over the years when I talked to them; it's not about how to be a better athlete, but some day, you'll have wings of an eagle.' Through my tears I saw him say, 'Son, you have to look deeper—way down deep, below the hurt, the anger, the hate, the jealousy, the self-pity, because that's where your dreams lie.' He continued to talk this way to me until I was twelve and he passed away when he was only 49. He said, 'You have to look so deep for the dream, until something miraculous happens to you and you get to know yourself. There's only one destiny greater than the destiny we choose for ourselves and that is the destiny our Creator chooses for us.'

"My junior year of college I came so close to committing suicide. It was at a Cross Country Championship meet. During the photo session I was asked to step out of the shot. I had been asked to step out of photos before then, at least three or four times. At the time I thought it was for racial reasons. And so that time I broke. It was the whole conglomeration of incidents that caused me to break down. It was a fatigue of circumstances that had happened to me. I didn't have the maturity to work through them. I didn't rationalize why I was asked to get out of the picture; I didn't understand that there could be other reasons besides racial for it. I just knew it was time to give up. And so I stayed in the picture, but I went back to my room and decided to commit suicide.

"I'm on a chair and I'm going to jump. Somehow I heard my father speaking. I didn't hear it through my ears but it was in my skin. 'DON'T,' he was telling me. It was like, wow. I believe my Creator sent my dad's voice to me. I got down off the chair. And something made me reach for a pen and write down these words: 'Gold medal. 10,000-meter run. BELIEVE. BELIEVE.' And right there and then I started training for the games.

"Flash forward to a few years later. It's October 14, 1964 and I'm coming off the turn on the Olympic track in Tokyo. In the lead is the favorite Ron Clarke, the world record holder from Australia, then Mohammed Gammoudi of Tunisia and then me. And I'm hitting low blood sugar. Three hundred yards to go and I consciously decide to let them get maybe 10 yards ahead of me. In the past, every time I'd felt this low blood sugar and seen somebody make his move 300 yards out I'd gone with him—only to fold in the finishing sprint. So I made the decision to let them go ten yards up on me. I decided I would wait for the last 120 yards and try to catch them. So here we are, coming off the final curve in Tokyo. There are more than 75,000 screaming people in the stadium but all I hear is the drum of my heart. Clarke and Gammoudi are running neck and neck. I'm eight yards behind them. I'm six yards behind them. And then I'm only four yards back. I'm thinking, "Now, I've gotta go . . . see if I can last until the finish." But this lapped German runner, moves in front of me so I'm boxed in. A thousand thoughts went through my mind in the last 100 yards. First, "Can I go inside?" I can't because of the lapped runners in the inside lane. I have to go—and I'm thinking that that might cost me three or four yards. All of sudden, the German must have sensed me coming because he moved out into the

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fifth lane. Wow! It opened up the fourth lane to me.

"And I was just saying to myself, 'NOW, NOW!' As I go by the German runner, I see out of the corner of my eye the eagle - the emblem of Germany - on his singlet. And I get a flashback to my Dad's words - 'Some day, you'll have wings of a eagle.' I knew in that instant that I could win. I COULD WIN! But Clarke and Gammoudi are still ahead of me. In the last 30 or 40 yards, I had a momentary thought that it was not going to be humanly possible to catch them. But I told myself, 'Believe! Believe! You have to do it now.' I must have thought a million times that I may never be this close again to winning a gold. I surged like I was on eagle's wings ... and I felt the tape break across my chest. I'd won the gold medal, running almost a minute faster than I'd ever done before. Gammoudi took silver and Clarke the bronze.

"Now, here's the strangest thing. Afterwards I look for the German runner - and see there's no eagle on his chest. But when he's putting on his warm-up jacket, there's the eagle of Germany on the back! In the Native American tradition, the eagle takes messages to God. So it's almost as if God heard my wish, my desires, my passion. I felt that that moment was a gift to me - a gift to me from a higher power.

I look back as a 71-year-old man today. I came so close to committing suicide. I came so close to being destroyed by anger and hatred. I lived in poverty. But it goes back to my wife, Pat, my dad, back to my mentor Tommy Thompson Sr., the Naval Academy running coach, back to my high school coach, Tony Coffin, back to my brothers and sisters - back to the people who gave me direction. That direction gave me hope.

"A lot of this didn't settle in until seven years ago when I ran a 5K fun run on New Year's Eve and not only my daughters but my wife Pat beat me! And they were waiting for this old guy with bad knees to come in. When I finished, we went and had breakfast. Next morning, Pat told me, 'I'm through raising you.' ... 'My God, she's going to divorce me,' I thought. Instead, she said, 'I supported you in your passion to win a gold medal. I helped you in our passion to build a nice, successful business. It's time for me to go back and pursue my passion.' So she went back to school and got her master's degree in art. She went to Paris and studied in Monet's garden for a month. If you get a chance, go to her Web site: www.studiotupos.com. Tupos is a Greek word that means 'impression.' She does beautiful, beautiful work. She's out pursuing her passion and I carry her paint and paintbrushes for her. She's teaching art on some cruise ships. And now I'm her assistant. But you know what? I am the best assistant I can be!"

Billy also spoke at some length about bullying in Native American communities ... about how often we pull each other down out of jealousy rather than supporting and building each other up to success.

As he talked about bullying he had a special message to the young men; he said, "statistics show Native American women are abused at a rate higher than other populations. It is not traditional or cultural to abuse women and its up to you to change those statistics."
"What I took from the Olympic Games was not winning an Olympic gold medal but an understanding of global unity through global diversity and dignity of character."

"The ultimate is not to win, but to reach the depths of your capabilities and to compete against yourself to the greatest extent possible."

"My life is a gift to me from my Creator. What I do with my life is my gift back to the Creator."

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**New Employees**

**Brandy Hahn**
Hi, I have been hired a Treatment Attendant at Northwest Indian Treatment Center.
I’m an only child. I’ve lived in either Grays Harbor or Thurston County all my life.
I have a BA in psychology from Saint Martins and look forward to going back to school in January from my CDP.
I’m excited to continue to work with my co-workers and to meet some of the tribal members.

**Bradley Smith**
Hi, I have been hired a Treatment Attendant at Northwest Indian Treatment Center.
I’m excited to continue working with staff and doing what I can to help those in need to the best of my ability.
I look forward to working for the Tribe and contributing to the community.

**Lydia Trinidad**
Hi, I have been hired as an on-call cook for the Family Services Department.
My mom is Rose Cooper-Davis, and my dad is Mike Davis. I’ve been part of the Mud Bay Shaker Church for about three years now since my mom became Minister. I help out with our big events that take place 3 - 4 times a year, cooking for our Shaker family.
I’ve been part of the Squaxin Tribe all my life. I still reside here in our community.
I’m excited to be working for our Elders and being able to do what I love to do - cook.

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**Stepping Stones Mentors**

**Patrick Braese**
Hi, my name is Patrick, and I come from the Johns family. I have worked for and with the Tribe my whole life and look forward to working with the youth, which is going to be very exciting.
Thank for giving me the opportunity.

**Martin Sequak**
Hi, I am from the Obi family. I’m excited to have an opportunity to work with the youth as my summers have been full of military.

**Bianca Saenz-Garcia**
Hi, I’m Bianca, and I will be working as a Stepping Stones Mentor. I’m excited to learn new things and work with the youth. Thanks for having me this summer.
Human Resources

Stepping Stones Mentors

Tamika Green
Hi, I’m from the Bagley family and I’m also from the Penn family in La Push, WA. I have worked in various places amongst the Tribe. I have had good experiences in all, but really enjoy working with the youth.

I’m very excited to meet our teams of young teens and also work with fellow co-workers. Every year is unique and this year I can’t wait to lend a hand where it is needed. I’m very happy to work with all of you, and see what you all have to bring to Stepping Stones.

Tiffany Valderas
Hi, I am a bartender by night and a Mentor by day. I am here to teach these kids how to hold down two jobs. Nothing is free in life. You have to work hard!

I’m excited about working with some cool kids. Being a cool person. Doing some cool things on a hot summer day.

With the ambition to hustle, you can achieve anything you want in life!

Michael Bryant
Hi, I am a husband and father. My daughter is 3 going on 4. My family is from Arizona. I would like to become a teacher. I am currently going to school part time to fulfill my goals.

I’m excited to work with the youth. I’m excited to learn more about culture as well.

I’m super excited to be working with you again and the Squaxin Island Tribe.

Summer Youth

Trent Delgado
Hi, I’m a Makah tribal member, and just completed my Junior (11th) year at Timberline High School.

I will be working in Hotel Facilities as a Tech Trainee. I’m excited to learn something new, and I’m sure this job will teach me hard work.

See you around!!

Nick Meyers
Hi, I’m from the Sigo family and just completed 10th grade at SHS.

I will be working as a Greenskeeper, and my future plans are to be involved with my tribe.

Nick Wuestner
Hi, I’m from the Johns family and my parents are Del Johns and Dena Johns.

I will be working as a Fisheries Trainee.

I go to Shelton High School and just completed 10th grade. I’m excited about what I have to learn in Fisheries so I can get a better job in the future.

Bagley Family Reunion

Sat—Aug. 8, 2015
1:30pm
Collier House

Questions/Comments
Gloria J Hill
(360)229-6324

Tamika Green
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Summer Youth

Austin Penn
Hi, I’m from the Bagley family and I am the son of Lisa Blevins and Nathan Penn.
I’m attending Choice High School and am a proud Senior now!
I will be working Banquets! Creekside Buffet! My future plan is to have my own business, so working in the public won’t just be fun, but also experience!
Hope to see you guys at the casino!

Savannah Fenton
Hi, I’m from the Cooper family. My parents are Elizabeth Cooper-Campbell and Jesse Fenton.
I just finished 10th grade at Shelton High.
I look forward to seeing you around this summer.

Emily Whitener
Hi, My parents are Jackie and Patrick Whitener.
I go to Tenino High School and just completed 10th grade.
I will be a Teacher’s Assistant at the Child Development Center. I love kids and would love to watch kids in my future.
I’m excited about learning my responsibilities as a teen.

Jackson Cruz
Hi, I’m a member of the Krise family and just finished 9th grade at Oakland Bay Junior High.
I will be working for Maintenance. I intend on helping out people in my community or just in general. I hope this experience will also help me build more advanced communications skills.
I’m excited to learn how to fix things in a house. I look forward to serving my tribe this summer.
Hope to see all of you cool people around.

Mekayla Dres
Hi, my parents are Karen and Chauncey Blueback, and I’m a Junior at Shelton High School.
I will be working as a Summer Recreation Assistant. I’m excited to continue working at Summer Rec and possibly work at a daycare.
I’m excited to learn more about the culture and getting to know the workers and kids at Summer Rec. :)

Eden VanCleave
Hi, My parents are Levi Henry and Dana VanCleave.
I just finished 11th grade at Choice Alternative.
I will be going to college for culinary arts and want to open my own daycare.
This summer I will be working at the Squaxin Island Child Development Center, where I will learn how to take care of kids of all ages and learn what’s best for them.
I’m very excited to be working with you and the kids.

Keenan Vigil
Hi, my parents are Alexsii Vigil and Heath Snook.
I just completed six quarters at Olympic College.
I will be working as a Fisheries Tech Trainee.
This job helps me get up early and builds good work ethic. I’m excited to learn how to work with the natural resources. I’m looking forward to working in the sun this summer!
Community Kitchen News

Seems hard to believe its summer time already. As we move into the summer months, there are just a few things I would like to mention.

The Summer Youth program will once again operate its food program through the Community Kitchen. This means the building will not be available for events during weekday hours, through the completion of the program in early August.

The summer calendar is already filling up fast; there are 2 rather large weddings scheduled as well as numerous baby showers and birthday parties. I continue to urge folks to schedule as far out in advance as possible. The kitchen is available for rent 7 days a week, including holidays and evenings. Christmas will be here before you know it, and I already have many dates reserved in December for holiday parties.

Please feel free to give me a call 360-556-5062 if you have any questions I am always happy to help.

Have a safe and exciting summer

Kim Elam
Kitchen Coordinator

Chum Calendar

Laurel Wolff, Teen Advocate: (360) 432-3842
Check Facebook for updates to Calendar!

** Some activities are subject to change depending on Youth Canoe Journey activities.**

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<td>Field Work with Natural Resources 1-4pm</td>
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<td>Lunch with Coral 12:00-12:50 in Teen Room</td>
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<td>Field Work with Natural Resources 1-4pm</td>
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<td>Lunch with Coral 12:00-12:50 in Teen Room</td>
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<td>Youth Canoe Journey Begins</td>
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Every Sunday 10am - 2pm Canoe Practice Contact Jaimie Cruz if you need a ride to Arcadia Boat Launch
QUITCLAIM DEED
Mason County

Grantor: State of Washington, acting by and through the Department of Natural Resources.
Grantee: Squaxin Island Tribe
Legal Desc: Portion of Sec 2, 19N-R2W & Portions of Sections 15,26,27 & 35, 20N-R2W
Tax Parcel #: 22035-21-60000,22035-24-60000,22035-40-60000,21902-00-60000,22026-33-60000,22027-44-60000,22015-34-60000

THE GRANTOR, STATE OF WASHINGTON, acting by and through the Department of Natural Resources, for and in consideration of the sum of FOUR HUNDRED FORTY FIVE THOUSAND THREE HUNDRED EIGHTY Dollars ($445,380), hereby conveys and quitclaims to the SQUAXIN ISLAND TRIBE, GRANTEE, all interest in the real property situated in Mason County, Washington, and described in Exhibit A, attached hereto, which by this reference is made a part hereof, together with all after acquired title of the Grantor therein. The property identified as Parcels 1 and 2 in Exhibit A is subject to language contained in the deed recorded under Mason County Auditor File Number 295833.

Parcel 3 described in Exhibit A is subject to the following reservation:

The Grantor hereby expressly saves, excepts, and reserves out of the grant hereby made, unto itself and its successors and assigns forever, all oils, gases, coal, ores, minerals, and fossils of every name, kind, or description, and which may be in or upon said lands above described or any part thereof, and the right to explore the same for such oils, gases, coal, ores, minerals, and fossils; and it also hereby expressly saves and reserves out of the grant hereby made, unto itself and its successors and assigns forever, the right to enter by itself or its agents, attorneys, and servants upon said lands, or any part or parts thereof, at any and all times, for the purpose of opening, developing, and working mines thereon, and taking out and removing therefrom all such oils, gases, coal, ores, minerals, and fossils; and to that end it further expressly reserves out of the grant hereby made, unto itself, its successors and assigns, forever, the right by its or their agents, servants, and attorneys at any and all times to erect, construct, maintain, and use all such buildings, machinery, roads, and railroads, sink such shafts, remove such soil, and to remain on said lands or any part thereof for the business of mining and to occupy as much of said lands as may be necessary or convenient for the successful prosecution of such mining business, hereby expressly reserving to itself and its successors and assigns, as aforesaid, generally, all rights and powers in, to, and over said land, whether herein expressed or not, reasonably necessary or convenient to render beneficial and efficient the complete enjoyment of the property and the rights hereby expressly reserved: PROVIDED, that the Grantor recognizes the Grantee, the -Squaxin Island Tribe, as a sovereign nation, has the right and responsibility to protect tribal properties and tribal members, therefore the Grantor, its agents, attorneys and servants shall notify and consult with the Grantee prior to exercising any right of entry provided by this reservation, and further, in the unlikely event that the Grantor identifies a need to construct physical structures associated with exercising of these rights, the Grantor shall notify and consult with the Grantee prior to such construction and will limit any and all surface disturbance and occupancy to a total area not in excess often (10) acres.

No rights shall be exercised under the foregoing reservation, by the state or its successors or assigns, until provision has been made by the state or its successors or assigns, to pay to the owner of the land upon which the rights reserved herein to the state or its successors or assigns, are sought to be exercised, full payment for all damages sustained by said owner, by reason of entering upon said land: PROVIDED, That if said owner from any cause whatever refuses or neglects to settle said damages, then the state or its successors or assigns, or any applicant for a lease or contract from the state for the purpose of prospecting for or mining valuable minerals, or option contract, or lease, for mining coal, or lease for extracting petroleum or natural gas, shall have the right to institute such legal proceedings in the superior court of the county wherein the land is situate, as may be necessary to determine the damages which said owner of said land may suffer.

WITNESS the Seal of the State of Washington struck the day of May 2015.

[Signature]
Governor

[Signature]
Secretary of State

Approved as to form this 19th day of March 2015.

[Signature]
Assistant Attorney General

State Deed No. 26866
State Record of Deeds, Volume 14, Page 78.
Transaction File No. 02-081891
School’s out, summer’s here! Squaxin Safe Streets looks forward to a safe, fun, and busy summer! We continue to bring the work of our group from meetings out to the reservation by signing up Block Watch Captains. Block Watch Captains receive training, resources and support to plan events, prevent crime and organize with Squaxin Safe Streets. Join us! As of publication we have 12 Captains signed up and we’re still looking for more! Here’s some of what our team completed in June:

- Casey and Bobbie Brown joined 5 Squaxin Safe Streets members to graduate from the 30-hour Recovery Coach Academy, organized by the Northwest Indian Treatment Center, to mentor folks striving for a healthy, sober life in balance.
- Patricia Green organized a “school’s out” block party for her loop with games, a potluck and an outdoor movie! Squaxin Safe Streets provides food, coordination support and whatever you need to help plan your own block party!
- Several Captains worked with their neighbors and Squaxin Safe Streets to report drug activity and suspicious incidents on the reservation.

Now that kids are out of school, we have a lot lined up to fill those long summer days! In addition to summer rec, Stepping Stones, and other regularly scheduled activities for youth, our program would like to highlight several exciting opportunities for youth this summer:

**Explorer Program Kickoff—July 11th**
Squaxin Safe Streets and our Community Liaison Officer Rene’ Klusman proudly announce the Squaxin Youth Explorer Program promoting leadership and career opportunities for our youth. Everyone, but particularly youth ages 14-21 interested in becoming Explorers, are invited out on July 11th, from noon to 3 in the ball field, to check out Law Enforcement, Fish and Game, Fire/Medical and Emergency Management activities similar to those offered in the program. The Squaxin Island Police Department, Mason Fire District 4, other local Youth Explorers will offer hands-on activities and introduce young people to this year-round leadership opportunity.

Continued on Page 27
Congratulations Graduates

GED

**Austin Lorentz**

Austin-Breary-Lorentz is 18 years old and, on June 3rd, earned his GED through a program offered at South Sound High School. He also gained high school credits for passing the tests.

What’s next for Austin? He plans on entering New Market Vocational Skill Center and South Puget Sound Community College this summer after his Taekwondo nationals this July in Austin, Texas. His plan is to earn his high school diploma and do his prerequisites for a four year college.

Austin’s top two colleges of choice are San Jose State and Central Washington University. His educational plans include degrees in business, psychology and sports medicine. This will prepare him to follow his dream of owning and operating his own sports Taekwondo school, Contender Taekwondo. Taekwondo started as fun hobby and quickly turned into a lifestyle and passion for Austin.

He is destined to do great things and his parents are very proud of his goals and the path he is choosing.

**Jonathon Fry**

Jonathon Fry received his GED through Gravity, a Shelton school, in November, 2014. He will be attending The Evergreen State College in the fall to earn a degree in psychology.

High School

**Taylor Owens**

Hi, I’m Taylor Owens, and my parents are Julie & Darrell Owens.

I graduated from Capital High School on June 11th, 2015.

This fall I will be going to Olympic College in Bremerton on a partial scholarship for softball. At Olympic, I’ll be studying psychology to either become a children’s psychologist or a forensic psychologist.

This summer I’ll be working at Summer Rec for my third year and I’m really excited to see all the kids again!

I can’t wait to finally start a new chapter of my life.

**Elsie Gamber**

My name is Elsie Gamber, and I have graduated school a year early. After finishing high school, I have been attending college at Pima Community College.

This summer I plan on moving to continue my college education in Phoenix, Arizona. My dream is to get a Bachelors degree in Radiology and go to work in Alaska. Until then, I will continue to work hard and to use my family’s kind words of motivation, to make that dream come true.

Thank you, Anthony, for making me see the bigger picture in all this. You are my inspiration!

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Congratulations Graduates

**High School**

**Winter White**

Krissa Brown-Garcia graduated from Shelton High School on June 6th.

My little child has grown up too fast. Krissa Maxine we are all so proud of you! Congratulations on your accomplishment!

The success that you got is truly deserved by you, because you are truly one in a few. Stay blessed, we love you always and forever!

Love you always,
Mommy, Daddy, Alex, Casey, Journey and JoJo

**Neve Peters**

Neve Reilly Peters, the daughter of Joseph and Amy Peters, graduated from Capital High School on June 11.

Neve was very active with sports, music, and work, while maintaining a 3.4 GPA throughout her high school career. She ran cross country for four years, where she was team captain for two years and lettered two years. Neve was very active with the theater program and was recently inducted into the International Thespian Society.

Neve’s true passion is music. She started piano at the age of 5 and clarinet at age 10. By sixth grade Neve found her love, the oboe. Neve played oboe (some english horn too) in band all four years at Capital High School, two of those she played with wind ensemble. She also played three years with the high schools symphony orchestra. You would also see Neve at the football games and basketball games playing bells for the marching/pep band. Neve made it to All State Band for three years (She made All State Band in 8th grade too). She also made it to State Solo and Ensemble for two years; for solos, duet and quintet.

Neve also has had a job since she was 15 years old, working at the West Olympia Baskin Robbins.

Neve was very determined and confident in her college path. She applied to one college, Central Washington University (CWU), where she was accepted for admission. She then auditioned to be accepted into the Department of Music, where she was not only accepted into the music program, but was awarded the CWU Dean’s Tuition Award based on her talent and musicianship demonstrated in her oboe audition.

In addition to the CWU Dean’s Tuition Award, Neve also has been awarded scholarships from the Griffin School Foundation, Tiernan-Keigher Scholarship, Twin Star Credit Union Scholarship, Griffin School Foundation, and Cody Brown Memorial Scholarship.

At Central Washington University, Neve will study oboe performance and music education.

**Krissa Brown-Garcia**

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The success that you got is truly deserved by you, because you are truly one in a few. Stay blessed, we love you always and forever!

Love you always,
Mommy, Daddy, Alex, Casey, Journey and JoJo

**Rodney Krise Jr**

My name is Rodney J. Krise Jr. My father is Rodney Krise and my mother is Heather Edwards.

I graduated from Shelton High School on June 6th, 2015. I intend on pursuing a career in natural resources and hopefully am able to work for and contribute to my tribe.

My plan in to start off taking classes at Olympic College and eventually transfer to Evergreen and obtain a Masters in Ecology.

I want to give a special thanks to Julie Martinez, Trivian Nault, Lynn White, Mr. Arnold and everyone else who helped me get here.
**Samantha Ackerman**
Hi, my name is Samantha Ackerman, and I come from the Henry-Cooper family. My mother is Katherine Bell and my father is Marvin John Ackerman. My grandmother is Verna Henry and my great-grandmother is Theresa Nason.

I am blessed with my family lineage and I’m proud to say that I am the second person in my family to graduate and the first to attend college. I will be attending the University of Washington-Tacoma to study Law and Policy while living in Puyallup, so I can become a well-educated tribal police officer. I hope to make a difference in our tribal community one day and to live my dream of working in law enforcement.

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**Twana Machado**
Hi, my name is Twana Machado. My mother is Lettie Machado. I graduated from Shelton High School on June 6th, and I plan on attending the University of Washington in the autumn and in 4 years apply to Harvard Law School.

My hobbies include playing rugby, basketball, and hanging out with friends.

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**Jefferey Nerney**
Hello, my name is Jeffrey Nerney. My parents are Monica & Larry Nerney; my grandparents are Gary Brownfield and Aloma Barkus (Perez); my great grandfather is Paul Martin Brownfield.

I am graduating from Choice High School.

My hobbies are BMX biking and hanging with my friends.

It had been a long year, but I finally made it and I want to thank everyone along the way who helped me to achieve my goal. I am looking forward to the future and stepping out in this great big world as the man I have become.

Stay Cool Choice Cats!

---

**Jeremie Walls**
We the parents, Amanda Smith and Jeremie Walls, are proud to announce that our son, Jeremie John Walls, graduated from Shelton High School on Saturday, June 6.

He will be attending SPSCC next fall for two years, then four years at the UW to become a Physicians Assistant.

We are so very proud of him and know that he will achieve all that he puts his mind and drive to.

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**Congratulations Graduates**

High School
Nikolai Cooper

My name is Nikolai Cooper. I am the son of Kim and Anton Cooper, and the grandson of Emory and Ruth Peters.

On May 23rd, I graduated from Tashkent International School as a IB Diploma Program student. Living here in Tashkent, Uzbekistan for the past 3 ½ years has given me amazing opportunities, both culturally and academically.

At TIS, I’ve been able to study everything from Art to Russian, and have been a part of many after school activities, including charity groups and Model United Nations. Outside of school, living in Uzbekistan has given me a wider perspective of a variety of different cultures, and has given me countless, invaluable experiences.

My family left Washington State when I was in the 6th grade. And now, 6 years later, in September I’m returning home to attend Western Washington University to study Film and/or Art. I can’t wait to come back home to my community and family.

Douglas McFarlane

Hello, my name is Douglas McFarlane, and I graduated from Shelton High School on June 6th.

I will be working in a permanent position at Little Creek Casino Resort Hotel this summer in Maintenance. This will be my third year, and I really enjoy working there.

I enjoy fishing and hunting.

Donovan Henry

Hello I’m Donovan Henry, the son of Theresa Sanchez and Leo Beau Henry.

I’m excited to say I’ve graduated this year - the class of 2015. High School was a great life experience and I hope all of the younger kids take advantage of their education. I do my best to set a good example for my siblings.

I will continue working at Little Creek for the summer, and then I will be attending Central Washington University. I plan to get a degree in business and law.

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I enjoy fishing and hunting.

Shashoney Fenton

Douglas McFarlane
**Congratulations Graduates**

**High school**

Tara Brownfield

Tara Brownfield, the daughter of Terry and Cheryl Brownfield, graduated from Shelton High School on June 6th.

She is going to attend SPSCC and earn an Associates degree, then transfer to The Evergreen State College to earn her Bachelors degree in Special Education.

She enjoys road trips and hopes to be a traveling Teacher’s Assistant, helping out where ever she would be most needed.

She hopes to work kids who have special needs from elementary through high school.

**AssOCIates**

Lindsey Harrell

John and Donna Harrell are proud to announce the graduation of their daughter, Lindsey Harrell, from Clark Community College in Vancouver Washington. Lindsey is the granddaughter of Barbara A. Henry and great-granddaughter of Theresa Nason, both famous for their beautiful coil baskets.

Lindsey is graduating with her AA degree and will continue her education this fall at Western Washington University where she has been accepted.

She has an interest in business management for her major, with a possible minor in psychology.

She currently works at a restaurant called Twilight in Camas, WA, and will be working full time throughout her college career, with the hope of graduating from Western with her Bachelors within the next two years.

Jeremiah George

Thank you to our ancestors who assured that we remain; my parents, who instilled a high standard of self; Astrid, who gave great example and encouraged me to get back into school; Tribal Council; the Education Commission; and all the tribal communities that inspire me.

It’s difficult to get over the young person’s dream. When you’re young your vision of earning a college degree can get pretty extreme. In our rebuilding from the many generations of hardships and trauma that our tribal people have experienced, higher education, for me, is something that feels like establishing colonies on the Moon. My extreme picture of what college looked like knocked me down in my first attempts.

At a young age my idea of the college experience included moving away, attending college, and gaining notoriety as a student that would lead to a job that made me rich. Adding to the pressure of this crazy idea was my lack of maturity and weak academic discipline. I hadn’t ever spent much time away from my family or my community and I fell into bad habits once I was out on my own and around other young people. K-12 school performance wasn’t ever too good, I only did the minimum and got myself in trouble with credits. Long story short, I fumbled during my first attempts at higher education because I wasn’t ready to take it serious and when I began to mess up, I never reached out for help.

Many years later, I tried to support Astrid as much as possible as she earned her Bachelor’s degree. She encouraged me endlessly to give another try to school but my embarrassment of failure stuck with me. As she worked full time, put in lots of overtime, took classes, and spent many late nights on homework my perception of college changed. The idea that college dominated your life so much that you could not work full time was ruined. I have heard of people who strongly hold to that belief and don’t work at all because they’re in college.

Astrid showed me the concept that college as a full time job that doesn’t allow anything else is completely not accurate.

Finally, after the fall quarter of 2014, in December, I earned enough credits for my AA degree at South Puget Sound Community College. I’m still trying to work out the wrinkles of being disciplined. There were quarters where, because of work and my cautiousness about wanting to increase study and focus on difficult classes, I only took one or two classes (especially after we had a daughter). I’m thankful for Astrid’s persistence with pushing me to get over my false idea of college and my previous failures.

My purpose is to have something to back up my expectation for my daughter to get into higher education and earn multiple degrees. Experience in success and failure will help me guide my daughter better. I hope to provide my family with more accessible experience: someone who can help with guidance for others when they choose to build their skill set and knowledge through college. It is my hope that my daughter, my family, and our people have a less intimidating view of the college experience.
Lelia Whitener

Lelia Whitener received her Bachelors of Science from Northwest Indian College in Native Environmental Science December 12th!

She graduated from Shelton High School in 2009, interned with John Kovnovsky as a Natural Resources Technician in 2012, and attended Fort Lewis College in Durango, CO which took her into Ethiopia and Tanzania Africa for 10 weeks!

After that, she came back to NWIC to finish her Associates and complete her Bachelors degree!

This past summer she completed an internship at Scripps Institution of Oceanography, which is one of the top research facilities in the country!

After that, she came back to NWIC to finish her Associates and then complete her Bachelors degree!

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She's now back in Africa with Peace Corps in Malawi for 2 1/4 years living in Salima.

She is working in for the Department of Forestry and Agriculture in Community Education to help local people live a more sustainable lifestyle.

Her whole family is so VERY proud of her!

Congratulations, Leila!!!
Congratulations Graduates

Bachelors

Markie Smith
Hi! I graduated from University of Washington (Tacoma) on June 12th, 2015, earning a Bachelor of Arts degree in Psychology with a minor in Business.

I’m the daughter of Bob Smith and Carol Smith & Pam Smith. My grandparents are Don Smith, Sr. and Jackie (Peterson) Smith.

I’ve worked for the Squaxin Island Tribe for about 8 years at both the day care center and Elder’s program.

I started my new position at Squaxin Island Gaming Commission in March. After working for a couple years, I plan on obtaining my Master’s in Business Administration.

SUMMER HOURS

Sun - Thurs
6am - 11pm
Sat & Sun
6am - 1am

TLC Teens
at Trampoline Nation

Masters

Sheena Kaas
Sheena graduated from Saint Martins University on May 9th with a Masters in Counseling Psychology.

She completed an internship at the Squaxin Island Behavioral Health and Outpatient Program.

Sheena plans to complete her post graduate hours to earn a license in marriage and family therapy and mental health counseling.

Sheena is the daughter of Pam and Larry Hillstrom and granddaughter of Misty and Nancy Bloomfield. She is married to Peter Kaas and has two beautiful children, Collin and Jacob.

Lisa Bennor
Lisa graduated from Grand Canyon University in Phoenix, Arizona on September 25th, 2014, with a Masters in Substance Abuse Counseling.

She is currently employed at Northwest Resources in Shelton working as a Chemical Dependency Counselor. She is Lead Counselor for the Mason County Felony Drug Court and Family Recovery Court.

Lisa is the daughter of Steve and Diane Peters and is married to Shane Bennor.

Lisa enjoys knitting, reading and spending time with family.
As June turns into July, we want to thank everyone who helped bring the 2015 Sgwí’ Gwí celebration alive. It was a fun time for the over 380 people who joined together, enjoyed a great meal, and cheered on the students of all ages who were recognized at Sgwí’ Gwí. Many thanks to the Squaxin Island Tribal Council for their continuing support of education for all. Also thanks to the Education Commission for their continuing support and guidance of the Education Department. Also helping to make Sgwí’ Gwí a great evening – the Squaxin Island Natural Resources Department (great salmon, thanks!), Cultural Resources Department and Finance Department; Little Creek Casino Resort; artist Malynn Foster; the Squaxin Island Canoe Family; and the Tu Ha’ Buts Learning Center staff.

Beyond Sgwí’ Gwí, we also want to acknowledge and thank Mary Gardner (Jan Olson’s sister) for donating a foosball table to the youth program. Our existing foosball table is showing its age and her donation has already met an enthusiastic reception from youth in the afterschool program.

Youth Activities Program
Jerilynn Vail - Our Summer Rec Program and the summer food program will begin on July 6th. Our new Summer Rec hours are from 7:30 a.m. to 4:00 p.m. Breakfast will be served from 9:00 - 9:30 a.m. and lunch will be served from 12:00-12:30 p.m. If you have not already done so, please complete a new registration packet and drop it off the TLC. The old registration packets expire on June 30 so won't be valid for Summer Rec. You can find all the forms on the Squaxin Island website under the Tu Ha’ Buts Learning Center tab or, we have copies upstairs at the TLC with Jamie. To help prepare for the summer program, please make sure that all youth sign in with a staff member as they arrive, and sign out with a staff member as they leave. This is an important safety factor as it helps us to track where every child is. Also for the 2015 Summer Rec program, swimming days are on Wednesday and Friday. On both days, ages 5-8 swim at 10:30 - 12:00 and ages 9-12 swim at 2:00 - 3:30 p.m. Please help your child to make sure they have brought their swimsuits and towels.

Teen Center / CHUM Project
Laurel Wolff - Yay, summer is here and the Teen Center will be taking advantage of the good weather and longer days. You can keep up to date with our calendar of teen activities by visiting our teen page on Facebook @SquaxinTeens. As we enter July, a few activity reminders:

- Girl’s Circle will be meeting on Tuesday evenings from 4:00 - 6:00 p.m.
- Youth Council will meet on Thursdays from 4:00 - 6:00 p.m.. A Youth Council team building exercise will take place on July 25th. We will challenge ourselves and support each other while participating in a high ropes course.
- For teens needing something to do during their summer lunch break, come hang out with Laurel in the Teen Center. Bring your lunch and we can chill Tuesday-Friday from 12:00 - 12:50 p.m.
- Wednesday July 15th, 22nd, and 29th the CHUM project will be doing field work with the Natural Resources Department. We will walk through streams and count fresh water mussels. This will be lots of fun and you'll learn some new skills. Popsicles provided.
- For teens who participated in our 2014-2015 basketball season we will be going up to Seattle on July 18th for the Seattle Storm Native American appreciation game. Our team will be able to scrimmage other inter-tribal teams before the Storm game.
- Squaxin teens will be participating in the Youth Canoe Journey from July 30th - August 6th. There will be practices on Sundays to prepare for the journey. Meet Jaime at the gym at 10:00 a.m. to get a ride out to Arcadia. Activities in preparation for the journey will be taking place and may result in changing some of the CHUM programs original plans. Please check the Facebook page or the daily scoop for updated information.

Education Liaison News
Peggy Peters - For those Shelton High School students who have failed a class and need to make it up, we are again offering a summer credit retrieval opportunity at the TLC. If you are interested in making up your missing credit(s) please come in and talk to Peggy Peters or Julie Martinez and we’ll get you connected. Classes are scheduled to take place Monday – Wednesdays from July 6th through August 14th, from 9:00 a.m. – noon at the TLC.

Higher Education
Mandy Valley - If you are planning on attending fall quarter/semester 2015 please send in your required information as soon as possible, but no later than Friday August 7. The following information is needed to complete your student file for fall quarter/semester:

1) 2015-2016 submitted FAFSA (copy of your SAR)
2) Signed Information Release Form
3) Signed Memorandum of Commitment
4) Education Information Sheet
5) Application letter to the Education Commission
6) Official fall class schedule (must show the school and student's name and quarter/semester)
7) Any outstanding tuition and book receipts
8) Grades (If you attended the spring or summer quarter/semester and have not turned in yet)

Please email your fall quarter/semester information at your earliest convenience by email to mvalley@squaxin.us, or by fax to the Education Department at (360) 426-7897. If you have any questions or concerns please feel free to call Mandy at (360) 432-3882.

GED Preparation
Jamie Burris - GED preparation classes will continue to be offered during the summer, along with the summer credit retrieval classes. If you are interested in studying for a GED, classroom time is available on Mondays, Tuesdays, and Wednesdays from 9:00 a.m. – 12:00 p.m., beginning July 6th.

For more information, please contact Jamie Burris by email at jburris@mc-eleary.wednet.edu, or check with any of the TLC staff.
### July Happy Birthdays

1. Mark Louis Jones  
   Tully James Kruger  
   Del Allen Johns  
   Malynn A. Foster  
   Isaac Patrick Johns  

2. Fay Annette Monahan  
   Janessa Faye Kruger  

3. Phinatue Lee Hodgson  

4. Jeremie Walls  
   Annie-Beth Henry  

5. Jon Brady Whitener  
   Elijah Raul Garcia  
   Gary Shawn Brown  

6. Sadie Carla Lorentz  
   Martin Regius Sequak Jr.  
   Celeste Rene Forcier  
   Dale Allen Brownfield  

7. Todd Loren Hagmann  

8. Ariah Hazel George  
   Diana L. Van Hoy  
   Steve G. Witcraft  
   Virginia Mae Berumen  
   Kui Lee Tahkeal Sr.  

9. Keenon Vigil-Snook  
   Clayton James Edgley  

10. Mary Jane Monahan  
    Nyla Elizabeth King  

11. Ruth Creekpaum  
    Leah Marie Gentile  

12. Jonie Renee Fox  
    Terence Jevin Henry  

13. Jennifer Ann Evans  
    David Michael Lewis  
    Elizabeth Ivy Yeahquo  
    Moody E. Addison  
    Donald Lee Daniel III  
    William Peters  

14. Emery Isabelle Peters  
    Shaiann Rene McFarlane  
    Antonio Alex Rivera  
    Cristian Andres Hall  

15. Brett Devin Orozco  
    Adrianna Fawn Hartwell  
    Mario Antonio Castillo  
    Seth William Thomas  

16. Olivia Kinzee Henry  
    Nikita Laudine Mowitch  
    Mary Lois Kuntz  
    Viola Lorine Thomas  

17. Alan Wayne Depo  
    Matthew John Bell  
    Tiffany Faye Henderson  
    Daniel Jacob Johnston  
    Kristina E. Bechtold  

18. Alexander Van Horn  
    Charles Mickelson, Jr.  
    Victoria Rainier Allen  
    Violet R Garcia  

19. Jearid Duane Williams  
    Clara Rose Capoeman  
    Dana M. VanCleave  
    Elena C. Capoeman  

20. Allie Mae Ann Johns  
    Bailie Barbara Henry  
    Wilson Charles Johns Jr.  

21. Leila Lorine Whitener  
    Corri Clae Coleman  

22. Cara Marlene Price  
    Tyler Steven Morlock  

23. Richard William Piersol  
    Chicki Mae Rivera  
    Austin Pedro Solano  
    Bette Jo Peters  

24. Misty M. Kruger  

25. Eileen Renee Faye George  
    Thomas Blueback, III  
    Walter E. Lorentz, Jr.  
    Hailey A. Blueback  

26. Shawnene Cooper  
    Malia Henry  
    Brenda Lee Day  
    James Darol Brownfield  
    Loretta J. Case  

27. Chas M. Addison  
    Dorian Williams  
    Jackson Napoleon  
    Marvin Stanley Henry  

28. Felicia Joy Berg  
    Kira Nakia Coley  

### What’s Happening

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**AA & ALANON**
Every Thursday  
7:30 p.m. in the Elders Building  

**Family Court**

**Criminal/Civil Court**

**Council Mtg.**

**Youth Paddle Begins**

**1st Salmon Ceremony**

Squaxin Island Tribe - Klah-Che-Min Newsletter - July 2015 - Page 20
Road Tripping with your pet
Submitted by Gus Nilsson - Visit the Vet: Make sure your pet is healthy enough for travel. Obtain necessary documents such as proof of vaccinations and health certificates. Note: Even if you're not taking Fido out of the country, many states have “animal import regulations” and require Certificates of Veterinary Inspection. Request a copy of your pet's medical records, especially if Fluffy has ongoing health issues or is on medication. Confirm that your pet is current on vaccinations and appropriate preventatives (flea, tick, heartworm, etc.) both for your hometown and you destination. Properly trimmed nails can prevent injury (to or by an anxious pet) and property damage (to your car’s upholstery or your relative’s new leather couch).

Identification Please! Be sure that your pet is micro chipped, and that your contact information, including your cell phone number, is up to date. It won’t do much good to call your home if the whole family is away or has moved. Fido should be outfitted with a secure collar or harness with proper tags and your cell phone number, too.

Car Safety: Properly secure your pet inside your vehicle. Securing your pet will not only protect her, it will also minimize distractions for you. Ideally, your pet should be housed in a properly-secured crate. The crate should be just large enough for Fluffy to turn around in and be well ventilated (i.e., not buried under stuff on all sides). It should also be out of direct sunlight. If Fido is not crated trained, then securing his harness to a seatbelt is also an option. Many brands and types of pet safety harnesses available, both online and at local pet stores. It’s best to try them out on shorter outings before beginning your cross-country journey. For small dogs, car seats are also available. Some like PupSaver (www.pupsaver.com) are crash-test rated.

Road Trips: It’s often helpful to exercise your pet before and during long road trips. A tired dog is a mellow dog. Be sure to make frequent stops at rest areas to prevent accidents and to stretch limbs. Don’t leave your pet unattended in a car. If possible, choose shady, quiet, well-ventilated spaces when parking. When in public areas, make sure Fido is on a secure leash at all times. You never know what sight, sound, or scent might trigger a pet to bolt!

Youth Environmental Art

Lila Wentworth

Olivia Trotter

Jesse Rowland

Sheena Hillstrom

Alex Smith
**Shawn Lincoln**  
Hi, I’m from the Sigo family; Jeanette Sigo is my mom.  
I go to Shelton High School and just passed 11th grade.  
I will be working as a Greenskeeper for the casino.  
This job will tie into my future plans by teaching me how to get along with others and work hard. I’m excited to learn how to keep the lawn perfect and get to know new people.  
I look forward to working with you.

**Shilah Blueback**  
Hi, my father was Wilson Blueback, my mother is Christine Senanko and my step-dad is Scott Semanko.  
I completed my sophomore year at Shelton High School.  
I want to try new things so I can understand more about the work world.  
I will be working as a Buffet Host Trainee this summer at LCCR. I’m excited about working with new people, people I already know and learning new things! I’m excited to be working with you!

**Sierra Semanko**  
Hi, I am Christine and Scott Semanko’s daughter and Shila Blueback’s sister.  
I just finished my Sophomore year at Shelton High School.  
I am excited to be working with my community members and having fun.  
I can’t wait to work with you! See you around!

**Taylor Owens**  
Hi, My parents are Julie and Darrell Owens.  
I graduated from Capital High School this year.  
I will be working as a Summer Rec Activities Assistant. I plan to become a children’s psychologist. Working at Summer Rec has taught me a lot about kids.  
I’m excited to learn more about all the kids this year and also to meet the new ones.  
I’m really looking forward to working at Summer Rec for my third year.

**Matthew Nelson**  
Hi, my parents are Juana and Greg Barclay, and I just finished 11th grade at North Thurston High School.  
I will be working with the Summer Rec program. I’m excited because it helps me interact with people easier so I won’t be shy later in life.  
I look forward to working with you.

**Tae'lor Johnson**  
Hi, I’m Tae’lor. My mother is Janita Raham, and I’m from the Bagley and Sigo family.  
This summer I will be working as a Fisheries Tech.  
I’m looking forward to working with new people and learning more about our culture/the nature we will be working around.  
I go to Capital High School, and just completed 10th grade. I am going to college to major in Sports Medicine, so I’m hoping fisheries helps prepare me with hands on learning experience.  
I look forward to working with and being part of the Squaxin Island Youth Employment program.

**Conor Ramage**  
Hi, I will be working as a Cultural Preservation Apprentice Trainee at the MLRC.
**Summer Youth**

**Hally Goos**
Hi. I’m Haily. My mom is Teri Goos and she works at the Squaxin Island Child Development Center.
I just finished 11th grade at Shelton High School.
I’m working in laundry at LCCR hotel. I’m excited to be working with people, boosting my confidence, and learning how to cope with working a lot of hours.
I look forward to seeing you around and working with you!

**Addie Peters**
Hi, my parents are Lisa and Jim Peters.
I go to Capital High School and just finished 10th grade.
I will be working as a Greenskeeper Trainee.
This will build my character and I will get to experience new things. I’m excited to learn about all the different things that go on at the golf course and learning all the rules of golf.
I look forward to working with you.

**AJ Krise**
Hi, I’m from the Krise family. My parents are Alan and Rose Krise.
I am home schooled and just completed 11th grade.
I will be working as a Facilities Tech for LCCR. I love to work with tools, and would like to be a mechanic.
I’m excited to learn the ropes around the hotel of the casino.
Hoyt ( :

**Kierah Lincoln**
Hi, I’m Kierah and my mom is Jeanette Sigo.
I graduated from Shelton High in 2014.
I will be working as a Hotel House Person this summer.
I’m excited to be learning new skills and working with new people.
I’m excited to start this job! I can’t wait to work with new people :)

**Nathan Raham**
Hi, I’m from the Sigo and Raham family and my parents are Jay and Janita Raham.
I just completed the 9th grade at Oakland Bay.
I will be working as a Hotel House Person, and am excited about learning to work with others. I think it’s good to have that skin in life.
I’m excited about everything . . . pretty much just getting the feeling of a real job is great. I look forward to working with the staff at Little Creek.

**Lindsay Harrell**
Hi. I’m from the Sigo and Raham family and my parents are Jay and Janita Raham.
I just completed the 9th grade at Oakland Bay.
I will be working as a Hotel House Person, and am excited about learning to work with others. I think it’s good to have that skin in life.
I’m excited about everything . . . pretty much just getting the feeling of a real job is great. I look forward to working with the staff at Little Creek.
Happy 21st Birthday
Elena Christine and Clara Rose
Capoeman!

Where do I start? You both have grown up into beautiful young ladies. Keep up the good work. I can't believe that my little girls are all grown up now. Last of my 5. But not the last of our family. I love you every much. Have a very happy birthday!
Health Clinic

Clinic Events

Mammogram Clinic
July 14th
Contact Traci Lopeman
360-432-3930

Brief Community Walk
Every Thursday at 12:40 p.m.
Elder's Building after lunch

Free Diabetes Screening
at Health Promotions
Tuesday through Friday
Contact Melissa Grant

Smart Shopping/
Food Label Workshops
Contact Patty to schedule

Health Promotions
We have exercise videos
Work out alone, with us
or schedule a time for a group

Lifestyle Balance
Program
If you are ready to lose weight,
we can provide support.
Native American and over 18
Contact Melissa Grant (360)432-3926
Patty Suskin (360)432-3929

FREE BLOOD PRESSURE
SCREENING 2015
The First Thursday of each month

Blood Pressure checked by your
friendly neighborhood firefighters
Where: Elder's building
When: 11:45am - 12:45 pm.
Everyone is welcome!

Mexican Crockpot Mix
Here is an easy, quick entree for a crowd
Submitted by Traci Lopeman, Women's Health Outreach

Place in crockpot & cook on low for about 6 hours:

One 15 ounce can each:
- kidney beans (drained)
- black beans (drained)
- baked beans (large can about 28 oz) or use 2-15 ounce- do not drain
- corn (or frozen)
- diced or crushed tomatoes

¼ cup or one envelope taco seasoning
2-4 boneless chicken breasts

Shred chicken, return to pot.
Serve over baked potatoes, rice, noodles, or in tortillas. Great with a green salad, too

Feel free to vary the type and amount of beans depending on what works for you!

Breast Cancer in Young Women

Cancer is a disease in which cells in the body grow out of control. When cancer starts in the breast, it is called breast cancer. Except for skin cancer, breast cancer is the most common cancer in American women.

Most breast cancers are found in women who are 50 and older, but breast cancer also affects younger women. About 11% of all new cases of breast cancer in the United States are found in women younger than 45 years of age. While breast cancer diagnosis and treatment are difficult for women of any age, young survivors may find it overwhelming.

The Centers for Disease Control and Prevention is working to increase breast cancer awareness and improving the health and quality of life of young breast cancer survivors and young women at a higher risk of getting breast cancer.

Who has a higher risk?

Some young women are at a higher risk for getting breast cancer at an early age compared with other women their age. If you are a woman younger than age 45, you may have a higher risk if—

- You have close relatives who were diagnosed with breast or ovarian cancer (particularly at age 45 or younger).
- You have changes in certain breast cancer genes (BRCA1 and BRCA2).
- You have an Ashkenazi Jewish heritage.
- You were treated with radiation therapy to the breast or chest in childhood or early adulthood.
- You have had breast cancer or other breast health problems such as lobular carcinoma in situ (LCIS), ductal carcinoma in situ (DCIS), atypical ductal hyperplasia, or atypical lobular hyperplasia.

You have an average risk of getting breast cancer at a young age if the risk factors listed above don’t apply to you. Aside from genetics, little is known about what causes breast cancer in women younger than 45 years of age.

What can I do to reduce my risk?

If you are at higher risk, talk to your doctor. Your doctor may refer you to a genetic counselor, recommend that you get screened earlier and more frequently, and consider medicines or surgeries that can lower your risk.

If you are at average risk, it is important for you to know how your breasts normally look and feel. Talk to your doctor if you notice changes in your breasts.

What is CDC doing about breast cancer in younger women?

CDC works with public, nonprofit, and private partners to address breast cancer in women by—

- Conducting public health breast cancer research.
- Convening the Advisory Committee on Breast Cancer in Young Women.
- Funding programs that support awareness, education, and survivorship programs.
- Educating young women and medical providers about breast cancer and breast health.

More Information
www.cdc.gov/cancer/breast/facts.htm • Twitter: #CDC_Cancer
(800) CDC-INFO (800-232-4636) • TTY: (877) 481-4748 • info@ncdp.cdc.gov

WIC at SPIPA
(Women, Infants, and Children)
provides healthy foods &
nutrition information for you and
your child up to age 5.

Please bring:
Your child, Provider One Card
or paystub and Identification for
you & your child

Tuesday,
July 14th is
WIC DAY at
SPIPA

Contact at SPIPA for an appointment:
Debbie Gardipee-Reyes
360 462-3227, gardipee@spipa.org
or Patty Suskin 360 462-3224

Tuesday, July 14th is WIC DAY at SPIPA
Happy Birthday
Leila

Love, Mom, Dad & Wes
We Miss You!

Congratulations to Kenedee Peters
STATE CHAMPION! -5 for her two rounds! (Note the sweatshirt)

Safe Streets
Continued from page 11

Youth Paddle
July 30th - August 7th
Mark your calendars and begin preparation for the Youth Canoe Journey 2015! All youth (even with no prior experience) are encouraged to participate and can get ready by joining pulling practice every Sunday at 10am, leaving from the gym. Tribal departments will work in coordination helping youth make regalia, gifts and prepare in a good way for this important cultural event.

Youth Wellness Fair
August 10th
New Tribal Council Treasurer Vicki Kruger is spearheading a youth health fair on August 10th, bringing together departments and the community to support healthy, drug free living. Mark your calendars and plan to join us Monday, August 10th from noon to 4:00 p.m. in the ball field.

Our next Squaxin Safe Streets Meeting, open to all with dinner provided, will be July 21st, from 5:00 p.m. - 6:30 p.m. in the Community Kitchen.

Drug and Alcohol related calls for service for the month of May 2015, from the Squaxin Island Police Department: 10 incidents (7 drug, 3 alcohol)
• 3 Arrests
• 4 Citations/infractions
• 1 Referred to tribal court
• 2 Referred to other agencies

Congratulations Aunt Traci!
From,
Billie Marie and Toby

Congratulations Traci Lopeman!
10 years of Sobriety
And Returning to Full Time Work
From Angie & Big D

Congratulations John!
From,
Aunt Angie & Uncle D
Have a Safe & Happy 4th of July