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LITTLE CREEK CASINO RESORT

2017 CAREER FAIR

MARCH 15
12-5PM

Open to the general public

Little Creek Casino Resort is seeking customer service oriented individuals to join our dynamic team!

Come connect and meet hiring Managers to learn more about opportunities. Dress your best and bring your resume. With the right attitude you will discover your future.

WIN Resort Prizes! Drawing will take place at the end of the job fair.

All you have to do is:

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• Follow us on Twitter
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For inquiries:
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email:hrapps@littlecreek.com
call: 360.432.7036

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Retirement
401K Employee contribution, with Employer 50%
match up to 6% and 5% Discretionary Contribution

Annual Leave
and Sick Pay
Vacation and holiday pay including one personal day each year. Paid sick time earned each pay period

Career Development
Education reimbursement up to $1,000 per year for approved undergraduate education, and $1,000 per year for approved graduate education

Child Care/Development
50% discount at Squaxin Island Child Care Development

Microsoft
Home Use Program
Access to Microsoft Office at an extreme discount

Verizon Wireless Discount
15% off eligible plans and features on America’s Largest 4G LTE Network
Accessories up to 25% off

On The Job Training
And Much More!

SAFE STREETS COMMUNITY
1st AID-CPR
MARCH 25th
Saturday at 9AM-5PM
Main Tribal Center Kitchen

Come join us for a 1st Aid/CPR Class and get your certification.

Please call
Squaxin Police @ 426-5222
to register for the Class
Updates from Tribal Council Members
Whitney Jones - I have to keep it short this month; I caught the bug and time got away from me. A couple of quick things to mention and then I’ll have a longer update for you next month.

We are keeping tabs on what is happening in Washington DC and locally regarding policies of special impact to the Tribe. Natural Resources, Health Care, Infrastructure and Economic Development issues are all at the top of the list. Our teams, in conjunction with NCAI and other tribal groups, are submitting testimony and information so that we can be proactive about changes in areas that touch Indian Country.

I want to particularly highlight the Youth Council and our young leaders who were very active this last month. The FIRE Summit at SPSCC was well attended by our tribal students interested in learning more about college and work opportunities. The Youth Council also co-hosted an intertribal gathering with youth from Suquamish so they could all attend a leadership training and have some fun interaction with young leaders from our neighboring tribe. These kids are amazing and we are looking forward to them planning to have Squaxin host the Northwest Indian Youth Conference next year. Please support and acknowledge their efforts and enthusiasm as young leaders.

Happy 93rd Birthday Theresa Maiselle Bridges!!!

It was a pleasure to come together and celebrate a belated birthday for oldest Elder, Theresa Bridges. She is Billy Frank’s sister and a retired activist for treaties and fishing rights and independent founder of Wa He Lut Indian School. She is full of some amazing history!
Squaxin Island Tribal Members

**Enrollment**

**Focus Forum**

**March 25th**
9:00 am – 1:00 pm in the Community Kitchen

*James Mills, Guest Speaker, President of Creating Stronger Nations:*

James Mills is a dynamic speaker with a nationwide perspective who will educate Squaxin Island tribal members about tribal enrollment and answer questions.

**Lunch will be provided & Door Prizes awarded**

**Learn about and help plan for the future of Squaxin Island Tribe’s Enrollment.**

This is a unique opportunity to learn and discuss the pressing issues of Tribal Membership.

**Talking points:**

- Calculating blood quantum
- DNA testing – vs – Ancestry.com
- Addressing diminishing blood quantum

Along with James Mills, the Tribal Council, Enrollment Coordinator, Enrollment Committee, and Squaxin Legal will also be present to educate and answer questions.

### Voter Turnout by Age

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<thead>
<tr>
<th>Year</th>
<th>18-24</th>
<th>25-34</th>
<th>35-44</th>
<th>45-54</th>
<th>55-64</th>
<th>65-74</th>
<th>75+</th>
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<tr>
<td>Total</td>
<td>35</td>
<td>45</td>
<td>46</td>
<td>47</td>
<td>40</td>
<td>22</td>
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<tr>
<td>% Eligible Voters</td>
<td>26.1%</td>
<td>27.1%</td>
<td>33.3%</td>
<td>36.7%</td>
<td>41.7%</td>
<td>55.6%</td>
<td>61.7%</td>
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</tbody>
</table>

### General Body Voter Turnout by Age

- 2012: 26.1% (18-24), 33.3% (25-34), 36.7% (35-44), 41.7% (35-44), 55.6% (45-54), 48.9% (55-64), 41.7% (65-74), 35.3% (75+)
- 2014: 42.6% (18-24), 47.2% (25-34), 38.1% (35-44), 51.2% (45-54), 50.0% (55-64), 44.6% (65-74), 45.2% (75+)
- 2016: 29.1% (18-24), 35.3% (25-34), 40.3% (35-44), 45.2% (45-54), 44.6% (55-64), 45.2% (65-74), 40.7% (75+)
Maria Johnson-Littlesun
Hi, I was hired as the Home Care Aid for Squaxin Island’s Elder community members. I will be working with Family Services and located in the Elders’ Building.

I am married to Shiloh Littlesun and we have two kids, our 16 year-old niece, Decheiya, and our two year-old son, Pride. I have been an individual Provider for Washington State for almost seven years. I consider myself lucky to work with so many unique people.

I’m excited about all the future plans that are underway within Adult Family Services that will positively and directly impact seniors I will be working closely with. I’m excited to bring some new ideas to the table.

First and foremost, I would like to thank the Squaxin Island Tribe for entrusting me with the care of their most precious Elders. I will never take the task lightly. I promise to always provide my most excellent care as if I was caring for my own grandparents.

Monica Nerney
Hi! I am an Office Assistant 5 in the Community Development Department.

My parents are Gary Brownfield and Aloma Perez. I have been happily married to Larry Nerney for 27 years and we have 21 year-old twins, Jenica and Jeffrey.

I am most excited about the fact that I have been given an opportunity to serve the Squaxin Island community. I also look forward to getting to know the people I have only known in passing.

I look forward to working with you and getting to know you better.

Kimi James
Hello-
It’s me, Kimi! I am happy to be part of the Dept. of Community Development - Enrollment Office team.

It will be exciting getting to know everyone within the Squaxin Island Tribe’s membership and other tribes’ Enrollment departments.

I am from the James, Krise and Whitener Families.

Cheers!

Michael West
Hi, I will be working for Natural Resources in salmon enhancement with Will Henderson as my boss.

It’s going to be great working outside with a hard working crew of great people. I’m excited to be in this position.

People of the Water, Think Blue!
Squaxin Island Tribe Recycles.
Please RECYCLE and keep our waters clean!
A Special Thank You
I just wanted to express my and my family’s deep appreciation of the Sa’Hey’Wa’Mish Days Powwow. Since he was very little, the event has helped give my young, non-native son an appreciation for American Indian culture and traditions that he might not otherwise have, and this year I brought visiting family members from Connecticut as well. We very much appreciate how welcoming and friendly and open everyone is, and are grateful to you for graciously sharing your culture and traditions with us. Thank you so much.

Rich Roesler
Olympia, WA

Sa’Heh’Wa’Mish Days Powwow photos can be found at: squaxinisland.org/squaxinphotos
Special thanks to photography intern Kate Wright!

Free Legal Services for Low Income Native Americans and Alaska Natives
Are you facing an issue in school? Do you need help with your attendance or performance in school? We can help!

The Native American Unit at Northwest Justice Project provides free civil (non-criminal) legal services to eligible Native American/Alaska Native students and their families in Washington. Cina Littlebird at the Native American Unit is available to provide advice and representation to Native American youth and their families in civil legal matters that can impact the student’s attendance or performance in school.

Cina can work with you on (among other things):
- Education matters including:
  - Expulsion, suspension, & truancy
  - Discriminatory discipline
  - Special education & learning disabilities
  - Parent’s rights
  - Other situations impacting a student’s ability to participate in school
- Foster & homeless student issues
- Health matters including denial of health care services or assistance in obtaining mental health services
- Housing problems such as evictions, discrimination, or deposit issues
- Public benefits matters including applying for, denial of, or reduction of public benefits

To find out if Cina or the Native American Unit can help you, contact Cina at cina.littlebird@nwjustice.org or (206) 464-1519 ext. 0919.

What is Northwest Justice Project?
The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP’s mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.

Social Security Disability
If you have been denied Social Security Benefits because you receive a “Per Capita” distribution or other Tribal assistance please contact Diane at the Squaxin Legal Department for assistance.
(360) 432-1771 ext 0

Free Legal Services for Native American Victims of Domestic Violence and Other Crimes
Northwest Justice Project’s Coordinated Legal Education Assistance and Referral Program (CLEAR) has new services available for Native American victims through the CLEAR-CV-Native American Program. An NJP attorney is available to provide advice, brief services and referrals in civil (non-criminal) legal matters stemming from the client’s experience as a crime victim.

Examples of legal problems include:
- Family Law matters such as divorce, custody, and protection orders involving domestic violence or sexual assault, especially when the case is in tribal court or the client believes it should be in tribal court or when tribal court orders are not enforced.
- Housing problems such as evictions or needing to break a lease due to a crime in the home.
- Economic security issues such as medical bills, utility access and other consumer problems caused by an assault, abuse, or fraud.
- Other legal problems resulting from being a victim of crime.

If you are a Native American crime victim seeking legal assistance, ask a tribal service provider or a staff member of an organization that serves Native Americans for a referral. Social services staff or tribal advocates refer clients to the CLEAR-CV-Native American program by sending a referral form.

Questions? Contact Jennifer Yogi at jennifer@nwjustice.org or (206) 464-1519 ext. 0921

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Natural Resources Shellfish Program
UPDATE WINTER 2017
Rana Brown, Shellfish Biologist - The Natural Resources department would like to provide an update for the new season and review for the last season that ended in November. This last year was a good year for shellfish. Manila clam populations have done well this last year, with apparent good natural recruitment and survival over the last few years. A large natural set of oysters has also occurred. This observation has been made in many areas especially in Hammersley and Oakland Bay. Last year we coordinated with Salish Seafood for nearly 100 clam digs for a combined total of 430,000 pounds of clams harvested on Tribal, State, and privately owned tidelands.

We will soon be switching to all daylight tides, but we have already had some daylight clam digs. This also kicks off the beginning of our field season which means staff has already begun again with shellfish surveys. We are again anticipating a busy and productive year for shellfish. We would again like to encourage you to contact department staff with any thoughts or questions or ideas for articles at shellfish@squaxin.us or in person.

Intertidal
New areas were targeted for surveys last year that allowed us to expand the beaches we harvest. Several new State owned tidelands were identified and surveyed. We will be harvesting those in this season and in following years to come. We will continue to survey state, private and enhanced beaches as we do each year throughout the spring and summer. The private tideland leasing program also continues to grow, with new interest from landowners in having the tribe harvest their share while we are harvesting the tribal share. We are also working with State entities to expand harvesting opportunities on State tidelands. This benefits harvesters by increasing harvesting opportunities on these State and private tidelands.

Enhancement
Enhancement staff planted and maintained several beaches in 2016. A total of 25 million seed were planted. Enhancement area on Squaxin Island beaches BC1 and JP1 were expanded in 2016. Natural Resources staff continue to coordinate with Salish Seafood on enhancement projects.

Harvests/Historical Landings
Over the last 11 years, tribal harvests have increased dramatically. The Tribe consistently harvests many more pounds of clams than it did 10 years ago (Figure 1). This increase over the years is due to many factors, but primarily the diversification of the shellfish program that has incorporated private tidelands, state and private leases, and enhancement of State & Tribal beaches (Figure 2).

Dig Types
The Tribe harvests on many different types of beaches including leased beaches which necessitates different harvest management strategies (Figure 2). For example on many larger beaches that we control or have larger quotas on such as the Dikes or North Bay we have group digs there where the harvest limit is 140 pounds per harvester. Other smaller beaches with less pounds we have to be able to manage exactly how many pounds come out, so we will often have list digs with a specific number of people and target a specific number of pounds - which is usually 140 pounds but is sometimes increased. Another type of dig is a lease dig. This is where the Tribe is leasing the beach either from the State or a private landowner where we harvest both the Tribal share as well as the non-tribal share. On these beaches we harvest all the clams, but a stumpage is required to maintain the lease so harvest limits are set at 190 pounds with a reduced rate so that the payout is the same as a non-lease dig.

Figure 2. Breakdown of harvest total per management type.

Oysters
An unusual natural Pacific oyster set occurred in the last two years. Historically, while oysters do naturally recruit on small scale in discrete locations around the Puget Sound, we rarely see an event of this magnitude. In many areas in South Sound, but especially in Hammersley Inlet and Oakland Bay we have observed a very large number of oysters on several of the beaches we are managing. Staff is currently developing mechanisms to provide several oyster picks for Tribal members. Stay tuned for more information and upcoming oyster pick opportunities!

In the 2015-2016 season there were 303 licensed harvesters. The goal of the shellfish program continues to be to expand harvesting opportunities for the growing number of harvesters. In order to do this we plan to continue to look for harvesting opportunities on these different beach types and continue to target productive areas while continuing to maintain and enhance the productive areas we currently manage. The forecast for the 2016-2017 season looks great for manila clams, and we look forward to a productive year.
Higher Education News
Mandy Valley - Higher Education students - There are still a number of you that have not turned in your final grades from fall quarter. If you have not sent your grades in yet please do so as soon as possible. We will want to make sure we are getting all your paperwork processed timely to not interfere with your getting your books and attending classes.

While the Tribe makes higher education funding available to tribal members, these funds are currently limited to paying for tuition and required books and fees. There are many other costs associated with attending college that are not covered with these funds. That's why it is so important to consider all your financial aid options.

The search for college scholarships can happen year-round. Since there is a lot of competition for the non-Squaxin financial aid resources, you should apply early and often. Some folks see it as a lot of work, and never get around to applying. This decreases the competition for those who are willing to put in the time and effort. With a little more effort, you can dramatically increase your chances of getting scholarships.

Let’s consider a few basic points:

• Every scholarship has eligibility criteria. A quick glance through the criteria can easily help you determine if you need go any further. If you don’t meet their criteria, save your time and simply don’t apply.
• Every college scholarship has an application process. Read the directions and make sure you supply everything required. Some require much less time than you think.
• Every college scholarship has a deadline. Pay attention to these deadlines! Most of the scholarship deadlines fall between February and April. If you wait to apply at the last minute, your application could arrive late and won’t be considered.
• While some scholarships are based on academics, there are scholarships available for many other interest areas and backgrounds. According to multiple internet sources, there are over 3.5 million college scholarships and grants available.

This month’s recommendation? Check out the website, Scholarship.com. They have an extensive directory of scholarship resources that you can search for free. As always if you need assistance or have any question please email me at mvalley@squaxin.us, or call me at (360)432-3882.
**Youth Afterschool Program**

Jerilynn Vail - The after-school program has quite a bit going on in March. Please check out our calendar for reminders of all our activities. You can drop by the Education Department if you'd like an extra calendar. This Inter-Tribal League session for elementary and junior high teams has two last games. Even though both are away games, at Puyallup on March 1, and Nisqually on March 8, we encourage community members and families to come cheer on the youth.

We post reminders of these games and other activities on our Tu Ha' Buts Learning Center Facebook page. Please note, we have a tribal holiday this month and the after-school program will be closed on Thursday, March 9th in recognition of Billy Frank’s birthday. As always, please make sure to notify the TLC staff if you have a new or updated contact phone number.

**Teen Center/CHUM Project Update**

Laurel Wolff - The CHUM (Change How U Manage) Project has been active for almost 4 years now! From its beginning, the project’s focus has been to increase the opportunities for the Squaxin Island youth ages 12-17 to receive academic support, culturally-relevant life skills development, cultural teachings and supportive service referrals in a safe, supervised and welcoming teen-centered environment. Additional goals are to reduce the delinquency rate and the school drop-out rate.

Public Safety has reported that teen delinquency rates have gone down since the CHUM Project has started. School delinquency has been monitored to understand which students need extra support. During the last six months no students monitored have missed school because of fighting or drug use. This is an improvement from last year. During the last six months no students have dropped out of school and school attendance among teens has improved. Smoking tobacco and class disruptions still remain a problem at school.

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**March**

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<th>Monday</th>
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<td>Basketball Practice 3:30-4:30</td>
<td>Youth Council 5:00-6:00</td>
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<td>Dance Workout 5-6</td>
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<td>7</td>
<td>Craft Class 3:00-5:00</td>
<td>Billy Frank Jr. Day CLOSED</td>
<td>Movie Day 4pm-6pm</td>
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<td>Drum Group 5-7</td>
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<td>13</td>
<td>14</td>
<td>Basketball Practice 3:30-4:30</td>
<td>REAL TALK 4:00-5:00</td>
<td>No School Extreme Fun Zone CHUM POINTS PARTY</td>
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<td>Basketball Practice 3:30-4:30</td>
<td>Early Release Crafting with Elders</td>
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<td>Early Release Nettle Gathering + Painted Plate</td>
<td>Early Release Elders Dinner + Bingo 5pm</td>
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<td>Drum Group 5-7</td>
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<td>28</td>
<td>Basketball Practice 3:30-4:30</td>
<td>Early Release Nettle Harvest + Cooking with Nettles</td>
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<td>Drum Group 5-7</td>
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C.H.U.M Program

Laurel Wolff teen advocate: 432-3842

Check Facebook @ Squaxin Teens for updates to Calendar!
With these improvements, the teen program will be shifting away from its focus on delinquency and truancy, and instead will focus on continuing to build youth leadership skills and cultural connection. This month, we will be honored to have Andrea Sigo teaching weaving classes in the teen room on Mondays from 4:00-5:30pm. We will also be working with the Community Garden program to harvest nettles and learn how to prepare them.

Youth Council continues to be productive. The youth raised funds with a Valentine’s raffle fundraiser that will go towards community engagement activities. For example, on March 24th the teens will be cooking the Squaxin Elders a spaghetti dinner and playing bingo. We invite you to join us!

**GED and Homework Support**

Jamie Burris - Your future is calling. Completing the GED test is one way you can answer the call. Complete the GED test, then go on to college, a better job, and the benefits that come from both. If you are a tribal member or descendent, the tribe will pay for your practice tests and testing! This is a huge benefit that you should be using. Usually, each practice test costs $6.00 and the official tests costing $30.00 for each of the four subjects: math, language arts, science, and social studies.

At any grade level, if you are looking for homework support, come up after school to get help getting all of your work completed. I am here Tuesday, Wednesday and Thursday, from 4 - 7pm in the classroom upstairs, to help with your schoolwork as well as providing a quiet place to work. For more information, please contact me at jburris@mccleary.wednet.edu.

---

### Squaxin Youth Education, Recreation and Activities Calendar

**TLC Hours:** M-F 7:30am-7:00pm  
**Front Desk:** 432-3958  
**Rec Rm:** 432-3957 (only 3-6pm)  
*All activities are drug, alcohol and tobacco free.*

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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</table>
| Rec Rm: 3-6pm | Rec Rm: 3-6pm | 1 GSD-ER @ 2:30pm  
Rec Rm: 2-30-6pm  
Arts-n-Crafts: 5-6pm  
Open Gym: 2-30-6pm  
ITL Game @ Puyallup  
Open Swim: 3-6pm | Rec Rm: 3-6pm  
Crafty Kitchen: 5-6pm  
Jr High & Elem Bball Practice: 3-30-4:30pm  
5:00-5:45pm | Rec Rm: 3-00-6pm  
Fun Day Friday: 5-6pm  
Open Gym: 3-6pm  
Open Swim: 5-8pm |
| 6 | 7 | 8 | 9 | |
| Rec Rm: 3-6pm  
Bully Prevention: 5-6pm  
Open Gym: 3-6pm  
Open Swim: 3-6pm | Rec Rm: 3-6pm  
Culture Night 5-6pm  
Jr High & Elem Bball Practice: 3-30-4:30pm  
5:00-5:45pm | 8 GSD-ER @ 2:30pm  
Rec Rm: 2-30-6pm  
Arts-n-Crafts: 5-6pm  
Open Gym: 2-30-6pm  
ITL Game @ Nisqually  
Open Swim: 3-6pm | Tribal Holiday | |
| 10 | 11 | 12 | 13 | |
| SSD-1.5 HR ER  
Rec Rm: 1-30-6pm  
Fun Day Friday: 5-6pm  
Open Gym: 1-30-6pm  
Open Swim: 5-8pm | 14 | 15 GSD-ER @ 2:30pm  
Rec Rm: 2-30-6pm  
Arts-n-Crafts: 5-6pm  
Open Gym: 2-30-6pm | Rec Rm: 3-6pm  
Crafty Kitchen: 5-6pm  
Jr High & Elem Bball Practice: 3-30-4:30pm  
5:00-5:45pm | SSD-NO SCHOOL  
Rec Rm: 9am-6pm  
Pool Party from 3-4:30pm  
Open Gym: 10am-6pm  
Open Swim: 5-8pm |
| 16 | 17 | 18 | 19 | |
| Rec Rm: 3-6pm  
Crafty Kitchen: 5-6pm  
Jr High & Elem Bball Practice: 3-30-4:30pm  
5:00-5:45pm | SSD-3 HR ER  
Rec Rm: 12pm-6pm  
Arts-n-Crafts: 5-6pm  
Open Gym: 12-3:30pm  
Jr High & Elem Bball Practice: 3-30-4:30pm  
5:00-5:45pm | SSD-3 HR ER  
Rec Rm: 12pm-6pm  
Arts-n-Crafts: 5-6pm  
Open Gym: 12-3:30pm  
Jr High & Elem Bball Practice: 3-30-4:30pm  
5:00-5:45pm | SSD-3 HR ER  
Rec Rm: 12pm-6pm  
Fun Day Friday: 5-6pm  
Open Gym: 12-6pm  
Open Swim: 5-8pm |
| 20 | 21 | 22 | 23 | |
| SSD-NO SCHOOL  
Rec Rm: 9am-6pm  
Pool Party from 3-4:30pm  
Open Gym: 10am-6pm  
Open Swim: 5-8pm | 22 SSD-3 HR ER  
Rec Rm: 12pm-6pm  
Culture Night 5-6pm  
Open Gym: 12-3:30pm  
Jr High & Elem Bball Practice: 3-30-4:30pm  
5:00-5:45pm | SSD-3 HR ER  
Rec Rm: 12pm-6pm  
Crafty Kitchen: 5-6pm  
Open Gym: 12-3:30pm  
Jr High & Elem Bball Practice: 3-30-4:30pm  
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Rec Rm: 12pm-6pm  
Crafty Kitchen: 5-6pm  
Open Gym: 12-3:30pm  
Jr High & Elem Bball Practice: 3-30-4:30pm  
5:00-5:45pm |
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Rec Rm: 12pm-6pm  
Fun Day Friday: 5-6pm  
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Rec Rm: 12pm-6pm  
Fun Day Friday: 5-6pm  
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Open Swim: 5-8pm | SSD-3 HR ER  
Rec Rm: 12pm-6pm  
Fun Day Friday: 5-6pm  
Open Gym: 12-6pm  
Open Swim: 5-8pm |
| 28 | 29 | 30 | 31 | |
| WHL-ER @ NOON  
Rec Rm: 1-6pm  
Arts-n-Crafts: 5-6pm  
Open Gym: 1-6pm  
Open Swim: 3-6pm | WHL-ER @ NOON  
Rec Rm: 1-6pm  
Arts-n-Crafts: 5-6pm  
Open Gym: 1-6pm  
Open Swim: 3-6pm | 30 WHL-ER @ NOON  
Rec Rm: 1pm-6pm  
Movie Night: 7-6pm  
Open Gym: 1pm-6pm  
Open Swim: 5-8pm | WHL-NO SCHOOL  
Rec Rm: 3-00-6pm  
Movie Night: 7-6pm  
Open Gym: 1pm-6pm  
Open Swim: 5-8pm |

**After School Snacks:**
- M-F 3-4:45pm
- M-Th 3-7, F 3-5pm

**Computer Lab:**
- M-F 3-4:45pm
- M-Th 3-7, F 3-5pm

**Sylvan:**
- M-Th 4:30-6:30pm
- T-Th 4-7pm

**Homework Help, GED Prep:**
- M-F 3-4:45pm
- M-Th 3-7, F 3-5pm

**ER = Early Release**
- WHL = Wa-He-Lut Indian School
- SSD = Shelton School District
- GSD = Griffin School District

**I.T.L. – Inter-Tribal League B-Ball**
- High School: 9-12 Grade
- Middle School: 6-8 Grade
- Elementary: 4-5 Grade
ATTENTION:

**Housing Waiting List Applicants...**

REMINDER: If you are on the Squaxin Island Tribal Housing Waiting List, it is time to update your housing application. The updated application will be mailed to the last known address that the Office of Housing has for you.

If you have recently moved or have a change of mailing address please call Lisa Peters, Housing Counselor at (360) 432-3871. If you do not update your application by March 31, 2017, your name will be removed from the housing waiting list.

The following people need to provide us with their application update, if we do not receive your update by March 31, 2017, your name will be REMOVED from the housing waiting list!!!

Jason West  
Krystal Koenig  
Kaitlyn Sweitzer  
Walter Lorentz  
Nikita Mowitch  
Chaucey E. Blueback  
Douglas McFarlane  
Jaime McFarlane  
David Lewis Jr.  
Samantha Ackerman  
Austin Penn  
Lilly Lutolf  
Lorain Algea  
Shila Blueback  
Linda Jones  
Brandon Blueback

---

**FREE TAX PREP**

GET MORE
SPEND LESS
FREE TAX PREP

No hidden fees. No high-interest refund loans. Find a free tax preparation site near you!

**KEEP YOUR CASH!**

Instant tax refunds are really high cost loans! Free tax sites have volunteers trained by the Internal Revenue Service who can help you maximize your tax refund and get it deposited electronically in your bank account, allowing you to access your funds in just a few days.

**GET YOUR CREDITS!**

Every year in Native communities, millions of Earned Income Tax Credit (EITC) dollars go unclaimed. If your family earned less than $35,005 in 2016, you may qualify for the EITC when you file your return. You could get up to $6,269 depending on your income and number of qualifying children.

**PUT YOUR MONEY TO WORK!**

Use your tax refund to achieve your family’s financial goals. Pay bills, improve your credit by reducing your debt, or save for a house, your education, or a small business.

Contact your local VITA site today to find out more about free tax preparation!

SQUAXIN ISLAND TRIBE
FREE TAX PREPARATION SITE
(BASIC RETURNS)

Administration Building – 2nd Floor
**February 6 – April 11, 2017**
By appointment only

Squaxin Island Tribe – Office of Housing will be sponsoring its Annual FREE TAX PREPARATION SITE for the 2016 tax year. The site will be open to the public and operate Monday and Tuesday evenings from February 6 to April 11, 2017.

This site offers Visa debit cards for your tax refund.

Call Lisa Peters @ 432-3871 to schedule an appt.
Preventive and Routine Maintenance Procedures

Landscaping and Grounds Maintenance. Tenants shall be responsible for cleaning the surrounding grounds of their unit. Weeds and other rubbish will not be allowed to accumulate. Housing Maintenance shall maintain the grounds for Elders’ rental units. Inoperative junk cars will not be permitted on the grounds. Any landscaping shrubs, trees, lawns, and other plants shall be the responsibility of the tenant to maintain, by performing tasks such as watering, pruning, mowing and other works.
Tips for Keeping Aging Pets Healthy

See the smile?
Michele C. Hollow
Pet News and Views

Just two decades ago, large dogs like Labrador Retrievers lived to age 9. Today, these dogs can live to 15 or 16. Our cats and dogs are living longer thanks to many changes in veterinary medicine, and because of the care we give them.

“We’ve taken our pets from the backyard to the bedroom, and from the kennel to the couch,” says Dr. Robin Downing, DVM, and owner of The Downing Center for Animal Pain Management in Windsor, CO. “Our pets are aging, and with that we know, as the Buddhist saying goes, pain is inevitable. But suffering is optional. Our senior pets don’t have to hurt.”

Dr. Robin shares 5 tips on how to make our senior pets more comfortable:

1. Lay a foundation.
   Pets like their routines. Start with regular veterinary care, a good diet, exercise, and together time. As your cat or dog ages, maintain their regular activities.

2. Practice preventive care.
   Senior cats and dogs should see their veterinarians twice a year. “The most dangerous words in the English language are Let’s just watch it,” says Dr. Robin. “We see our cats and dogs slowing down and attribute that to old age. Maybe their coats aren’t as shiny as they once were. Maybe you found a small lump. Maybe something else seems off. Slowing down may be a slowing metabolism due to an underactive thyroid. Early detection is critical. By scheduling semi-annual veterinary visits, we can catch illness at its initial stage, making the success rate far higher than if we let a disease progress.”

3. Prevent obesity.
   “Obesity is the number-one preventable disease of dogs and cats in the U.S.,” says Dr. Robin. “It trumps kidney disease and cancer for preventable diseases, and it is completely preventable and reversible. Leaner pets live longer than obese pets. Obesity causes wear and tear on the body. Twenty percent of all senior cats and dogs have osteoarthritis, and the percentage is much higher among the overweight and obese. Just like with humans, if you are fat, you have a higher increased risk of developing cancer of all types. Diabetes can also be caused by obesity.”

   “Your pets should be eating foods that are age-appropriate. Kittens get food that is marked for kittens. It has a higher fat content, which they need for their growing bodies. Then, there is an adult stage, and a senior stage.”

4. Watch for medical breakthroughs.
   “It used to be that we had to amputate the limb for certain bone tumors,” says Dr. Robin. “Now, we know—in many cases—how certain bone tumors grow by using stereotactic radio surgery. Dogs and cats are keeping their legs. A really cool development right now is work on the horizon for a vaccine that may be able to be used against bone cancer. Comparative oncologists are looking into this to be used on human cancer. It’s a huge breakthrough.”

5. Make your home comfortable.
   As pets age, we can make our home environments comfortable for them. Dr. Robin suggests using pet ramps for dogs getting in and out of cars. “There are also carpet-covered steps that you can place by your bed, so your cats and dogs can have easy access to your bed,” she adds.

Other items Dr. Robin suggests include:

* Food and water bowls that can be raised so your pets don’t have to put any stress on their backs. The bowls should be somewhere between elbow and shoulder height.
* No-slip carpets or foam floor mats—the ones that look like puzzle pieces—are easy to assemble and can be removed from the floor when guests come over.
* For homes with cats, make sure your cats have easy access to a window seat. Place an ottoman or step so she won’t have to jump too high.
* For pets with bad backs or hind legs there are wheelchairs, assistive slings, and harnesses.
* For hard-of-hearing pets, you can ring the doorbell when you enter your home. Since their hearing isn’t as sharp as it used to be, they will hear a doorbell or you can use a loud lifeguard whistle. “Pets like their routines and they want to greet you when you come home,” says Dr. Robin. “By using a whistle or ringing the doorbell, they can. You can also stomp on the floor, if they can’t hear. They can respond to the vibrations.”

* If your pet has poor vision or is blind, please don’t rearrange the furniture. “Keep their food and water dishes in the same place,” says Dr. Robin. “Same goes for the litter pan. We want to set seniors up for success.”

“Our pets need us a lot when they are very young and again they need us a lot when they are very old,” says Dr. Robin. “Now that they are older, it is time for us to step up to give our pets the best life they deserve.”

Building Strong Families Through Culture
Please join us
Tuesdays from 3:00 - 5:00 p.m.
Community Kitchen
Making Regalia
Serving Dinner
Michael Araiza

My Musical Achievements

Over the course of my high school life and career, I have been fortunate enough to attend several music events and competitions doing what I love: playing trumpet. It started with a small interest during elementary school and developed into a passion that I plan to pursue professionally. I began playing trumpet in the 5th grade at a small elementary school with no band program. The music teacher helped me as much as she could but it was mostly up to me and my dad (who used to play trumpet when he was younger). In middle school, I joined a real band program and started to thrive. I improved a lot, but it wasn’t until halfway through the 8th grade—when I started taking private lessons—that my playing abilities took off and I began to improve very quickly. I have been fortunate enough that my hard work has paid off and allowed me to accomplish many musical achievements and participate in numerous musical events and competitions.

One thing I have accomplished is participating in the OMEA All-State honor bands each year that I’ve been in high school. I’ve moved up in the groups each year and this year (my senior year) I had the best audition and earned the spot as principal trumpet (the top spot) in the symphony orchestra. Another accomplishment I’ve made is participating in the NAfME All-NW honor ensembles. This year I auditioned and made the highest group: the symphony orchestra. Only a few trumpet players are selected to participate in this group and are chosen among hundreds of applicants throughout Oregon, Idaho, Washington, Montana, Wyoming, and Alaska. Perhaps my greatest accomplishments so far occurred last year. In the 2016 OMEA State Solo Competition I ended up placing 2nd in the state of Oregon. These same competitions will take place in April this year and I anticipate that my group and I will do well and hopefully improve upon our placings from last year. Closer to home, I am also involved in many other musical groups. Besides participating in every aspect of the band program at my high school, I play in the Salem Youth Symphony, have played taps at various memorial services, and have substituted and been hired to play in different ensembles for Western Oregon University.

I am very blessed that I have been so fortunate to participate in the many opportunities that have been presented to me. Through these opportunities, I have gained much knowledge, experience, and skills that I carry with me as I continue to develop my musical career and abilities. I hope that God continues to allow me to grow my musical education in college and create a successful, professional career for myself.

March 19th

Kaya’s Fundraiser
Enchilada Feed at Community Kitchen

Please help fund my grandson’s travel to various auditions, competitions and festivals. Come taste an authentic enchilada plate consisting of two enchiladas, rice and beans for $8 from 2:00 - 4:00 on Saturday, March 19th. We will have several items to raffle as well as get an opportunity to hear Michael play his trumpet. Get your tickets pre-ordered to make sure you get a plate. Call Elizabeth.

Elizabeth Heredia
41 SE Kaya Circle, Shelton
360-349-9368

Michael Araiza

Help support our tribal descendent trumpeter

West Salem Jazz Festival participant

Auditioned at Cal State in Long Beach
Competed in All Northwest in Bellevue

All donations appreciated!
If you cannot attend but would like to help, please send your donations to:

Micheal Araiza
6794 Pierce Ct N
Keizer, OR 97303

Way to Go

Kylind Powell

Kylind Powell is a Squaxin Island tribal member and sophomore at Mount Baker Senior High. Kylind’s varsity basketball team has had an incredible season and are heading to the state finals. Her family is so proud of her and her team for all their hard work! Go Kylind!
**Spring is around the corner!**

*Is Vocational Rehabilitation right for YOU?*

**Squaxin Island Tribal Vocational Rehabilitation Program**

**Purpose:** To provide culturally appropriate, community based program of Tribal Vocational Rehabilitation services.

**Eligibility:** 1) Are a member of a federal or state recognized tribe? 2) Do you live on or near the Squaxin Island reservation or service area? 3) Do you have a mental or physical disability with medical documentation? If yes, come see us for further information!

**Our goal is to help people with disabilities to find employment that is consistent with the individual’s…**

- Strengths
- Resources
- Abilities
- Interests
- Priorities
- Concerns
- Capabilities
- Informed Choices

**Squaxin Island TVR can…**

- Help you find out what your abilities and interest are so that you can choose a job goal and strive for employment.
- Help you assess what barriers to employment you have.
- Help you to discover how to change or minimize the barriers that are keeping you from working.

Your Squaxin Island Vocational Rehabilitation Program is located in the Family Services Building.

**Contact information**

June Krise (360) 432-3821
Will Marchant (360) 432-3949

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**A Squaxin Island TANF Sponsored Event at Family Services.**

**HIGH SCHOOL 21+ PROGRAM**

**When:** Weekly Tuesday & Thursday 8:30 am to 11:30 am

**Who Should Attend:** Community Adults ages 21 years and older that want to earn credit for knowledge gained from work and life experiences while tailoring an educational plan to fill gaps. Adults that want their high school diploma and are interested in a competency-based high school diploma with education geared toward transitioning into college & career programs.

**Experiences** might include GED tests after 2014, internships, certifications/special licenses, being a parent, fishing, participation in drug/alcohol treatment, sports, cultural events, the list is endless.

**To Begin** contact Shannon Bruff to obtain your High School transcripts.

Shannon Bruff, (360) 432-3961, sbruff@squaxin.us

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**TANF NEEDS:**

- Can you teach a craft?
- Are you a weaver?
- Can you do beadwork?
- Can you make drums?
- Do you know how to sew?
- Do you have experience cooking for a large group of people?

Contact: Shannon Bruff
Phone: (360) 432-3961
Email: sbruff@squaxin.us

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**Thanks to SPSCC, Shannon Millman, and the students hard work, We already have three students graduated!**

Squaxin Island TANF

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If you are interested in teaching a craft class for Building Strong Families through Culture submit an outline of your experience and areas of interest.

* Please note classes take place every Tuesday from 3:00-5:00 pm
DO YOU HAVE PREDIABETES?

Prediabetes Risk Test

1. How old are you?
   - Less than 40 years (0 points)
   - 40—49 years (1 point)
   - 50—59 years (2 points)
   - 60 years or older (3 points)

2. Are you a man or a woman?
   - Man (1 point)
   - Woman (0 points)

3. If you are a woman, have you ever been diagnosed with gestational diabetes?
   - Yes (1 point)
   - No (0 points)

4. Do you have a mother, father, sister, or brother with diabetes?
   - Yes (1 point)
   - No (0 points)

5. Have you ever been diagnosed with high blood pressure?
   - Yes (1 point)
   - No (0 points)

6. Are you physically active?
   - Yes (0 points)
   - No (1 point)

7. What is your weight status? (see chart at right)

Write your score in the box.

<table>
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<tr>
<th>Height</th>
<th>Weight (lbs.)</th>
<th>1 Point</th>
<th>2 Points</th>
<th>3 Points</th>
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<td>143-190</td>
<td>191+</td>
<td></td>
</tr>
<tr>
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<td>124-147</td>
<td>148-197</td>
<td>198+</td>
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<td>153-203</td>
<td>204+</td>
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<td>132-157</td>
<td>158-210</td>
<td>211+</td>
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<td>227-301</td>
<td>302+</td>
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<td>311+</td>
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<td>205-245</td>
<td>246-327</td>
<td>328+</td>
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</tbody>
</table>

Add up your score.

You weigh less than the amount in the left column (0 points)

Adapted from Bang et al., Ann Intern Med 151:775-783, 2005
Original algorithm was validated without gestational diabetes as part of the model.

If you scored 5 or higher:
You're likely to have prediabetes and are at high risk for type 2 diabetes. However, only your doctor can tell for sure if you do have type 2 diabetes or prediabetes (a condition that precedes type 2 diabetes in which blood glucose levels are higher than normal). Talk to your doctor to see if additional testing is needed.

Type 2 diabetes is more common in African Americans, Hispanic/Latinos, American Indians, Asian Americans and Pacific Islanders.

Higher body weights increase diabetes risk for everyone. Asian Americans are at increased diabetes risk at lower body weights than the rest of the general public (about 15 pounds lower).

For more information, visit us at
DoIHavprediabetes.org

American Diabetes Association Alert Day®
American Diabetes Association Alert Day® is a one-day "wake-up call" asking the American public to take the Diabetes Risk Test to find out if they are at risk for developing type 2 diabetes. In 2017, Alert Day will take place on Tuesday, March 28.

The Diabetes Risk Test asks users to answer simple questions about weight, age, family history and other potential risk factors for prediabetes or type 2 diabetes. Preventive tips are provided for everyone who takes the test, including encouraging those at high risk to talk with their health care provider.

Although Alert Day is a one-day event, the Diabetes Risk Test is available year-round.

Take the Risk Test!

LOWER YOUR RISK
Here's the good news: it is possible with small steps to reverse prediabetes - and these measures can help you live a longer and healthier life.

If you are at high risk, the best thing to do is contact your doctor to see if additional testing is needed.

Visit DoIHavprediabetes.org for more information on how to make small lifestyle changes to help lower your risk.
Tobacco Cessation Program News

Bobbie Bush - Here is a picture of the Diabetes Coordinator, Patty Suskin, approving our Tobacco Cessation Program’s lunch which was Chopped Green Salad, Baked Chicken and Yogurt Berry Parfaits, on February 2, 2017. In our program we have lunch time meetings twice a week, Wednesdays and Thursdays, right in the Health Promotions Building. I try and make healthy and nutritious delicious lunches for the group meeting participants. Please the schedule below for more information.

Well, after almost a year here, there are now 9 people who have quit smoking or who are trying to quit smoking. This is a great start, but we want to make sure everyone who desires to quit has the opportunity to quit. If a lunch time meeting is not an option for you, I am also available for one on one meetings and nicotine release education. If you wish to initiate a release of nicotine addiction and stop smoking or chewing commercial tobacco, or VAPING, please give me a call at 360-432-3933 or email bbush@squaxin.us

March is National Nutrition Month

Nutrition Game!

Can you unscramble the words below to find health messages?

1. For good health, fill half your plate with fruits and ___________ at each meal.
   G A B E E E S L T V
2. When you drink milk, look for options with little to no ________.
   A T F
3. _________ are a great source of plant protein to help you grow.
   S A B E N
4. Make at least half of the grains you eat _______ grains each day.
   E H L O W
5. Apples, oranges, and strawberries are all types of _______.
   U T S R I F

Meet MyPlate:

MyPlate is made up of 5 different sections…
- Fruit
- Vegetables
- Grains
- Protein
- Dairy

Can you make your plate look like MyPlate?

Choose lean protein and dairy options. (That means versions without a lot of fat). Choose whole grain foods like 100% whole wheat bread and brown rice. And, of course, fill half your plate with fruits and vegetables.
Diabetes Support Group Learns About Wellness and Sleep
Submitted by Patty Suskin, Diabetes Coordinator

On January 16th, Jamie Curry, RPSGT Sleep specialist was our guest speaker at diabetes support. Jamie provided information about sleep disorders, especially Obstructive Sleep Apnea, (OSA) the most common type of disorder. Information on risk factors, symptoms, treatment & more can be found at the following website: http://www.sleepeducation.org/

Here is the website for risk assessment:

Check with your provider if you have further questions.

National Nutrition Month® 2017

What’s For Breakfast? Word Search for Kids

Words may be horizontal, vertical, or diagonal.


For additional breakfast ideas, be sure to check out the "Power Up with Breakfast" Nutrition Tip Sheet.
March is Colon Health Awareness Month

Take steps to get active today for a healthier tomorrow

By Stacy Gouley and Jen Olson - Colorectal cancer is the fourth most common cancer in the United States and the second leading cause of death from cancer. Colorectal cancer affects all racial and ethnic groups and is most often found in people ages 50 and older. You may also be at higher risk if you are African American, smoke, or have a family history of colorectal cancer. Between 2009 and 2013, 15 American Indian/Alaska Natives were diagnosed with colon cancer in the South Sound.

Colorectal cancer is a preventable cancer through identification and removal of pre-cancerous polyps. Since 2010, over 200 South Sound Tribal and community members have prevented cancer through removal of precancerous polyps. The best way to prevent colorectal cancer is to get screened regularly starting at age 50. There are often no signs or symptoms of colorectal cancer – that’s why it’s so important to get screened; call your provider for more information about screenings.

To increase awareness about the importance of colorectal cancer screening, the Nisqually Youth and Community Center is proudly participating in Colorectal Cancer Awareness Month. At Squaxin Island in 2016, 82.7% of those over 50 reported that they have been screened for colon cancer which is great. We want to maintain support by encouraging you to get active and keep up to date on your cancer screening.

The Squaxin Island Health Clinic can help you determine if you are due for a colorectal cancer screening. Contact Traci Lopeman at 360.432.3930.

Everyone can take these healthy steps to help prevent colorectal cancer:

- Get screened starting at age 50; talk to your medical provider.
- Quit smoking and stay away from secondhand smoke; call the clinic about tobacco cessation.
- Get plenty of physical activity and eat healthy. Try to eat at least five fruits or vegetables per day and get at least 30 minutes of activity each day.
- Reduce or eliminate sugared drinks for you and your family. Water or flavored water is a great alternative.

For more information, call the clinic at 360.427.9006

Sources:
SPIPA Cancer Program
Washington State Cancer Registry
healthfinder.gov/nho/MarAnnounce.aspx
americanindiancancer.org/american-indian-cancer-facts
Health Clinic

Clinic Events
Mammograms  March 28th
Cancer Support  March 21st

WIC at SPIPA
(Women, Infants, and Children)
provides healthy foods &
nutrition information for you and
your child up to age 5.

Please bring:
Your child, Provider One Card
or paystub and Identification for
you & your child

Tuesday, March 14th is
WIC DAY at
SPIPA

Contact at SPIPA for an appointment:
Debbie Gardipee-Reyes
360 462-3227, gardipee@spipa.org
or Patty Suskin 360 462-3224

SQUAXIN TRIBE’S 2017
MAMMOGRAM CLINIC DATES

Tuesday, March 28th
Tuesday, May 30th
Thursday, June 29th
Tuesday, August 29th
Wednesday, September 27th
Tuesday, October 24th
Tuesday, December 19th

- Every Woman counts, please tell your Sisters, Daughters, Mothers, and
  Friends to have a mammogram done yearly.
- Beginning at age 40, Women should have a mammogram done yearly.
  Clinical breast exams should be done on a yearly basis by your medical
  provider. You should do your own monthly Breast Exams on a regular
  schedule.
- To schedule an appointment or if you have any questions regarding
  your eligibility please contact Traci Lopeman at 360) 432-3930.
Hello Squaxin Community,

Hope all is well with you all and everyone made it through the winter weather.
Here are some pictures of some of what we did in December.

We, Public Safety and Explorers, participated in the Shelton Christmas parade with Mason County 911 and the Squaxin Christmas party, as well as the Squaxin Christmas parade with Mason County Fire District 4. All the events were fun, but I must say we all had a blast in our Squaxin parade which was put on by Youth Council. The teens had Santa and his helpers walking through the reservation handing out candy canes. We had Christmas music and sang carols. I look forward to seeing what the teens do for next year’s parade.

After we finished with the Squaxin parade, we were invited by the teens to come have hot chocolate and cookies with all the youth involved. We had our canine officer there and the kids got to meet K-9 Officer Vader and his handler Officer Gettle.

We here at Public Safety and the Explorers would like to thank the teens for their hard work putting together the parade. We also would like to thank Laurel for helping to guide them and getting this event organized. Good job to you all!!!

Officer R. Klusman
Community Liaison Officer
Squaxin Police Dept.

January Stats

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<td>13</td>
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<tr>
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<td>25</td>
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<tr>
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<td>5</td>
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<td>Citation/Infractions</td>
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</tbody>
</table>
March Happy Birthdays

1 Alyssa Mary-Ida Henry
Jennine Marie Jacob
Luke Grey Falcon Rodriguez
Sapphire Priscilla Ward

2 Christy Marie Peters Block
Raven Haqq Roush-Lizotte

3 Arnold E. Cooper
Bichsel Stephan Set
Chazmin K. Peters
Clayton John Briggs
Daniel Rodney Snyder
Serena Rae Phillips
Vincent Gene Henry Jr.

4 Adolfo Douglas McFarlane
Angela Renee Lopeman
Mayella Frankie Jean Roberts

5 Cedar Michael Korndorfer
Faith Elizabeth Pughe
Jamaal Jason Byrd

6 Evan Taylor Cooper
Kodiak Draven-Wolf Masoner

7 Andrienne J. Baldwin
Cody Francis Cooper
David Josiah Seymour
Massiah Angel Manu-Garcia

8 Belinda Gail Colberg
Glen Woodburn Parker
Millie Faye McFarlane
Stella Jean Sicade

9 Finn Michael Dorland
Marjorie L. Penn
Michaela Alina Lynn Johnson

10 Adrian Jose Julio Garcia
Billy Dave Yocash
Joseph Daniel Rivera
Terrah Maria Jackson

11 Alexandrea RaeAnna Rodriguez
Chenoa Reed Peterson
Susan Faye Henry

12 Abigail Mae Bell
Cindy Lee Ehler
Steven Duane Lehman Jr.

13 Sara Marie Guadalupe Naranjo-Johns

14 Andrew Dean Whitener
Chantel Dawn Peterson
Justin Daniel Kenyon
Lois Colleen Woodard

15 Brandon Carl Blueback
Nikki Marie Farron
Tashina M. Ackerman

16 Adarius Terell Coley
Rebecca Lottei Anna Lezon-Ferreira

17 Anthony Dushuyay Johns
Jaimie Renee Henderson
Kenneth Michael Green
Monte Morris
Rachele Dawn Roberts
Robert Jan James, Jr.

18 Jolene Rae Peters
Thomas Blueback, Jr.
Victoria Dennis-Horn
Winter Snow White

19 Cherry Teresa Armstrong
Michael Alfred Bloomfield
Raymond M. Castro
Vicky Belle Engel

20 Jolene Elaine Tamm
Lachell Marie Johns
Nathaniel B Bisson

21 Doyle Raymond Foster
Tayla Rose Logan

22 Charlene Ann Krise
Jose Francisco-Coley
Lorane D. Gamber

23 Evelyn Angel Hall
Gelacio Troyal Orozco
Nora Jean Coxwell
Ronin Sharky Edwards

24 Jaelynn Elise Moliga
Joanna Fuller
John Brady Whitener
Taylor Randolph Krise
Tucker Blaine Hindley

25 Johnathan Draven Seymour

26 Elsie Jeanne Gamber
Jerad Charles Lopeman-Fry

27 James Jeffrey Coxwell
Kameron Marshall Weythman
Lucke Robert Newell

28 Brittany F McFarlane
Jon Daniel Brownfield

29 Johnathan Draven Seymour

30 Benjamin Conrad Naranjo-Johns
Eric Lee Ellerbe
Felicia E. Thompson
Josephine Marie Sabo
Matthew James Pugel
Ronald Andrew Whitener

31 Christina Marie Lopeman
Stephen William Henry
Committees Commissions & Boards With Infrequent Meeting Times

**Committee and Commissions**

1% Committee (Bylaws & Appendix X2)
Elections Committee
Explorers Program Committee
Fireworks Committee (TC 6.04.040)
Gathering Committee
Law Enforcement Committee, Law and Order
Veterans' Committee
Budget Commission
Business Administration Board (TC 6.24.010)
Little Creek Oversight Board (TC 2.26.010)
Museum Library and Research Board
Tourism Board (TC 2.34.010)
Island Enterprises Board

**Council Rep.**

Arnold Cooper, Vince Henry, Vicki Kruger
Whitney Jones
Jim Peters
None
Charlene Krise
None
None
Vicki Kruger
None
Arnold Cooper, Vicki Kruger, Charlene Krise
David Lopeman
Arnold Cooper
David Lopeman

**Staff Rep.**

Kris Peters
Tammy Ford
Rene Klusman
Rhonda Foster
Kevin Lyon
Glen Parker
Kris Peters
David Lopeman
Charlene Krise
Leslie Johnson
Dave Johns (Acting)

**Months**

Feb., May, Aug., Nov.  
March, April, May  
May and June  
Not yet determined  
Not currently meeting  
June and August  
As needed  
Sept., Dec., March, June

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**What's Happening**

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
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</thead>
<tbody>
<tr>
<td>Shellfish Committee</td>
<td>Garden Work Party</td>
<td>Utilities Commission</td>
<td>Housing Commission</td>
</tr>
<tr>
<td>Elders Committee</td>
<td></td>
<td>Family Court</td>
<td></td>
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<tr>
<td>Fish Committee</td>
<td>Tribal Council</td>
<td></td>
<td>SPIPA Board of Directors</td>
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<tr>
<td>Nettle Workshop</td>
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<td></td>
<td>Education Commission</td>
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<tr>
<td>LCCR Career Fair</td>
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<tr>
<td>Child Care Board of Directors</td>
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<tr>
<td>Criminal/Civil Court</td>
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<tr>
<td>Self Defense Class</td>
<td>Tribal Council</td>
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<tr>
<td>Enrollment Committee</td>
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<td></td>
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<tr>
<td>Criminal/Civil Court</td>
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<tr>
<td>CRPR/1st Aid Training</td>
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<tr>
<td>Tobacco Board of Directors</td>
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</tbody>
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Squaxin Island Tribe - Klah-Che-Min Newsletter - March 2017 - Page 22
Committees and Commissions Listed on Calendar

<table>
<thead>
<tr>
<th>Committee and Commissions</th>
<th>Council Rep.</th>
<th>Staff Rep.</th>
<th>Meetings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aquatics Committee</td>
<td>Arnold Cooper</td>
<td>Jeff Dickison</td>
<td>2nd Wednesday in Feb., May, Aug., Nov.</td>
</tr>
<tr>
<td>Elders Committee</td>
<td>Whitney Jones</td>
<td>Elizabeth Heredia</td>
<td>1st Wednesday or Thursday</td>
</tr>
<tr>
<td>Enrollment Committee</td>
<td>Charlene Krise</td>
<td>Tammy Ford</td>
<td>2nd Tuesday</td>
</tr>
<tr>
<td>Fish Committee</td>
<td>Vicki Kruger</td>
<td>Joseph Peters</td>
<td>2nd Wednesday in March, June</td>
</tr>
<tr>
<td>Golf Advisory Committee</td>
<td>Jim Peters</td>
<td>Kris Peters</td>
<td>2nd Wednesday or Thursday</td>
</tr>
<tr>
<td>Hunting Committee</td>
<td>Arnold Cooper</td>
<td>Joseph Peters</td>
<td>2nd Tuesday of July, Oct., Jan., April</td>
</tr>
<tr>
<td>Shellfish Committee</td>
<td>Vince Henry</td>
<td>Eric Sparkman</td>
<td>1st Wednesday of March, June, Sept., Dec.</td>
</tr>
<tr>
<td>Education Commission</td>
<td>Jim Peters</td>
<td>Gordon James</td>
<td>2nd Friday</td>
</tr>
<tr>
<td>Gaming Commission (TC 6.08.090)</td>
<td>Per Tribal Code None</td>
<td>BJ Whitener</td>
<td>3rd Wednesday</td>
</tr>
<tr>
<td>Housing Commission</td>
<td>Arnold Cooper</td>
<td>Richard Wells</td>
<td>1st Friday</td>
</tr>
<tr>
<td>Child Care Board of Directors</td>
<td>Vicki Kruger &amp; Charlene Krise</td>
<td>Bert Miller</td>
<td>2nd Monday</td>
</tr>
<tr>
<td>Tobacco Board of Directors</td>
<td>Jim Peters</td>
<td>Ray Peters</td>
<td>4th Tuesday</td>
</tr>
<tr>
<td>Utilities Commission (TC 11.08.010)</td>
<td>None</td>
<td>Teresa Wright</td>
<td>1st Thursday</td>
</tr>
<tr>
<td>SPIPA Board of Directors</td>
<td>Arnold Cooper</td>
<td>Kathy Block</td>
<td>2nd Friday</td>
</tr>
</tbody>
</table>

Elders Menu

1st - 2nd
WEDNESDAY:
Chicken lo mein, white rice

THURSDAY:
Salisbury steak, mashed potatoes & gravy, spinach, rolls

6th - 9th
MONDAY:
Country BBQ ribs, mac & cheese, mixed veggies

TUESDAY:
Clam chowder, frybread, jell-o

WEDNESDAY:
Garlic parmesan chicken wings, veggie rice

THURSDAY:
Rosemary chicken quarters, baked potatoes, asparagus

13th - 16th
MONDAY:
Fish n Chips, coleslaw

TUESDAY:
Chili, corn bread

WEDNESDAY:
Corned Beef Brisket, cabbage & carrots

THURSDAY:
Casino Buffet

20th - 23rd
MONDAY:
Lasagna, Caesar salad, garlic toast

TUESDAY:
Beef stew, rolls

WEDNESDAY:
Bratwurst, macaroni salad, baked beans

THURSDAY:
Tacos, beans

27th - 30th
MONDAY:
Chicken alfredo, parmesan flat bread, green beans

TUESDAY:
Italian sausage & potato soup, meatball subs

WEDNESDAY:
Chicken fajitas, Spanish rice

THURSDAY:
Baked ham, peas roasted red potatoes
Garden Work Party!

March 2 from 10:00-3:00
&
March 18 from 10:00-3:00

@ 541 State Route 108 Shelton WA 98584

Come for all or part of the day as we work to restore the Tribe’s fruit orchard.

Snacks and drinks will be provided for both days.

For more information please email TribalGarden@squaxin.us or call 360-432-3984

Stinging Nettle Harvest & Cooking Demonstration

March 15, 2017
3:30–5:00 pm
Meeting in Tribal Center Lobby

Join us as we set out to gather one of our first foods, stinging nettle.
All stages of experience are welcome to join as we explore the medicinal and health benefits of this “super food”.

For transportation purposes please RSVP with Tribalgarden@squaxin.us or call 360-432-3984

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**MARCH 12TH | 2PM**

**A HERB ALPERT TRIBUTE**

**THE TIMELESS SOUNDS OF WHIPPED CREAM**

**TICKETS $25**