

You're invited to the TLC

Annual Easter Egg Hunt

Join us for brunch in the gym.
The Egg Hunts are for youth ages 0-12 years.

Where: TLC Field

When: Saturday, March 24th

Time: 10:00-11:00 am

Have any questions, please contact Jerilynn at
360-432-3992 or jvail@squaxin.us



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Your OTE is Your OICE

Let's start thinking now for the elections that take place at the General Body Meeting

MAY 5th 2018

Candidate Forum Information Guide

What is the candidate forum?

A Candidate Forum is an avenue for those seeking a position on Tribal Council to express their views openly and answer questions from tribal voters. This will promote a better understanding of each candidate's ideas and positions on various topics, thus encouraging informed voting choices.

Event Moderator (Election Committee Member)

The event moderator will pose pre-determined questions to the candidates and/or have an open mic for tribal members to ask questions of their own. The moderator will maintain the flow of the forum, ensuring timeliness and respect for all during the event.

Forum Guidelines

Each candidate will have two minutes to provide a brief introduction of themselves and to make any opening statements.

The moderator will pose questions covering a wide range of topics and issues of interest to the tribal community.

Following each question posed by the moderator, candidates will have up to three minutes to respond. This time limit will ensure that all candidates have an equal chance to reply and that the event stays on track.

The moderator MAY or MAY NOT choose to allow for

2018 Candidate Forum Information Sessions

Thursday, March 29th at 5:00 p.m.

in the Elders Center.

Wednesday, April 18th at 5:00 p.m.

in the Community Kitchen

Tribal Members who are running for a Council position at this year's General Body meeting are encouraged to declare their candidacy and to participate in these information sessions. Your tribal member voters want to hear from you!

This year, the forums will be a more informal open-floor format allowing candidates to share their views about important topics and to answer questions from the general body.

Come learn more about your potential future leaders!

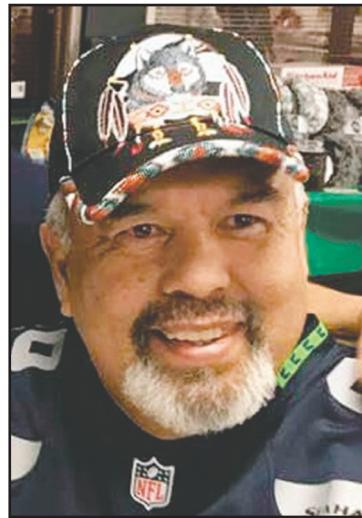
If you have any questions about the forums, please call Mitzie Whitener at 360-426-9781.



Continued on Page 3



Chairman's Update



Our Squaxin Island Spring General Body meeting and elections are coming up quickly, Saturday, May 5th. I'd like to thank the Executive Services Department for reminding everyone in last month's Klah-Che-Min and the Elections Committee for their work to prepare for and give support during the election process.

Being a Council member is a 24-hour, 7 days-a-week job. It is important to keep in mind the responsibility a person takes on as a council member when nominating and accepting a nomination. The work of a Council member takes a real commitment of time and the ability to listen to Tribal members, department directors, politicians, business people and others while remaining objective and always representing the Tribe in an honorable way. Once on Council, you are part of a team and must work together with the whole Council of seven in decision making. It can, at times, feel like a weary and a thankless job and it does take away from family time. However, it can also be rewarding knowing you are helping to build for the future of our Tribe and sustaining our cultural ways. That being said, Council members must, at all times, conduct themselves at a high standard.

In my first year as your Chairman, we have faced many challenges across the state, such as the Hirst water decision, the Culvert case, the Atlantic salmon farming catastrophe, and now the carbon taxes. There are many issues we struggle with pertaining to climate change and natural resources. All of these affect the daily lives of every one of us. I am working with Council to analyze the past year and to look ahead at the needs, growth and future of our Tribe.

My hands go up to all who worked so hard to make the Sa Heh' Wa Mish Days Powwow and the Coastal Jam a great success. I regretted not being able to be there this year, but was at Lummi attending the funeral of an honored tribal leader.

Spring is just around the corner, more daylight and time to enjoy the outdoors. It is also time for our people to show their care for the lands. There will be many opportunities for people to support activities such as the Natural Resources Department's Clean-up-the-woods day and the Housing Departments spring cleaning efforts around the Rez. Please watch for these dates and pitch-in. We can do anything, if we do it together.



Squaxin Island Tribal Evacuation Drill

John Taylor - On February 20, 2018 Squaxin Island tribal government conducted an emergency/disaster building evacuation drill, which included the main campus, Natural Resources, and Cultural Resources. Using the 'Building Evacuation and Personnel Accounting Plan (BEPAP),' buildings were evacuated and staff accounted for on personnel rosters that were turned into the Tribal Emergency Operations Center. These drills are scheduled for the next couple of months. Soon these drills will occur at least every other month unscheduled. The next drill is scheduled for March 6, 2018.

Squaxin Island TRIBAL NEWS

10 S.E. Squaxin Lane
Shelton, WA 98584

PHONE: (360) 426-9781
TOLL FREE: 877.386.3649
FAX: (360) 426-6577
www.squaxinisoland.org

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

ARNOLD COOPER: Chairman
CHARLENE KRISE: Vice Chairman
STEVEN DORLAND: Secretary
VICKI KRUGER: Treasurer
BEV HAWKS: 1st Council Member
DAVE WHITENER: 2nd Council Member
VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:
THERESA M. HENDERSON: EXT. #3945
thenderson@squaxin.us

Happy Birthday

Please join us to
Celebrate
Auntie Lila's
80th Birthday
Potluck Luncheon
I will be cooking turkey

Sat—April 7th
Squaxin Island
Community Kitchen
Lunch will start at 1:30

Suggestions/Questions
Gloria J Hill
360-229-2127
Please watch for information in the
KlahCheMin and Nugguam



Candidate Forum

Continued from Page 1

questions from the floor depending on the number of people in attendance and time constraints of the event. Candidates may be available for individual questions after the close of the event.

The forum is not a debate, so there won't be interaction between candidates. The Moderator will not take questions from the floor during the pre-set portion of the event, therefore audience members will be asked to refrain from direct Q&A with candidates until later in the program, if time allows.

Each candidate will be given two minutes for closing remarks and to comment on any issues that may not have been discussed.

Each candidate will have an equal and fair opportunity to express his or her position on issues.

A time-keeper will be assigned to help maintain equity in discussion time. The time-keeper will use a flash card to indicate when the candidate's time has elapsed.



VOTING: What's the point?

Voting gives you the opportunity to say how the Squaxin Island Tribal Council works to govern our community and voice those changes.

Voting gives you (the member) an active voice in the Squaxin Island Tribal government (the representative). It allows you to choose the Council Member(s) who will make informed decisions on important issues that impact the Tribe and its membership, while promoting a stronger community.

Every vote counts! Don't give up the chance to choose leaders and/or representatives who will be an important asset to the community's current issues and progressive momentum!

How do you know who to vote for?

Learn who the candidates are; ask questions and talk with your neighbor



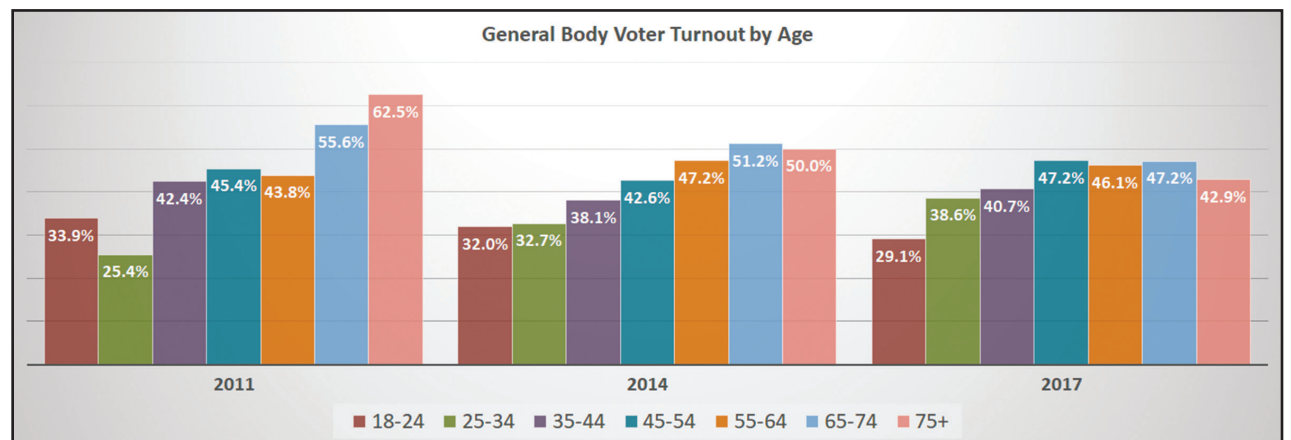
Know what's going on in the community; stay up to date with current issues

Actively participate in choosing leaders and facilitating changes; attend Candidate Forums, Talking Circles and General Body meetings.

Write to your current Council members about issues that are important to you.

The point is... Respect your right! Voting is a privilege that many people do not have. Guide your community to a future supported by a true majority!

The electronic voting system is strictly confidential. Although important data can be processed for compiling reports, names, addresses are NEVER included or accessible.



Voter Turnout by Age



Year	18-24		25-34		35-44		45-54		55-64		65-74		75+	
	Total	% Eligible Voters	Total	% Eligible Voters	Total	% Eligible Voters	Total	% Eligible Voters	Total	% Eligible Voters	Total	% Eligible Voters	Total	% Eligible Voters
2011	43	33.9%	43	25.4%	56	42.4%	59	45.4%	39	43.8%	25	55.6%	10	62.5%
2014	47	32.0%	52	32.7%	56	38.1%	52	42.6%	51	47.2%	22	51.2%	12	50.0%
2017	34	29.1%	68	38.6%	61	40.7%	59	47.2%	59	46.1%	25	47.2%	12	42.9%



The Longest Walk Calling an End to Drug Abuse and Domestic Violence

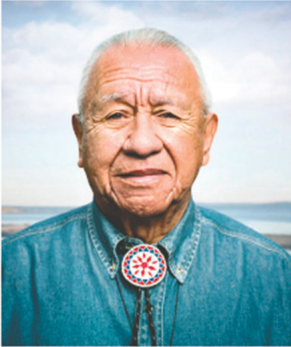
Patti Puhn - The Squaxin Island Tribe had the honor of hosting the walkers of the Longest Walk 5.3 February 25th, 26th, and 27th; The Longest Walk – “Calling an End to Drug Abuse and Domestic Violence” is a group of individuals who over the past two years have traveled across the United States on foot – they traveled the southern route in 2016; the middle route in 2017 and they began their third and final phase of their mission on February 18th in Blaine, Washington, as they head out to cover the northern part of the United States as they journey to the Lincoln Memorial, arriving on July 17, 2018.





SQUAXIN ISLAND TRIBE

Join the Squaxin Island Tribe, Port of Olympia & Frank Family




**Billy Frank Jr. Trail & Park
Dedication & Blessing
Friday, March 9, 2018
10:00 am**

Port of Olympia NorthPoint Park
(soon to be named Billy Frank Jr. Park)

1422 Marine Dr. NE
Olympia, WA 98501

For more information contact: Brianna Baker at
360.528.8013 or BriannaB@PortOlympia.com



The purpose of their journey is to visit tribal people, share their stories of hope, being clean and sober and discourage the use domestic violence in any way. They provide presentations, and lead discussions about ways we can work together to rid ourselves of drugs/alcohol and domestic violence, as well as talk about other issues that our people are facing at this time.

When the Walkers arrived February 25, 2018, we met them at KTP Express to walk them onto our reservation. We had 32 Tribal and Community Members join in this powerful moment. Council members Arnold Cooper and Steven Dorland were present to Welcome them and pray and Tamika Green and Cleveland Johnson Jr let the group in drumming and singing.

The group left Squaxin Island Tribe on February 27, 2018 to travel to the Confederated Tribes of the Chehalis. When they left we gifted them with our tribal flag signed by all of the community members who walked with them over their stay.

Photos by Scott Semanko, Charlene Krise and Patti Puhn





COMMUNITY

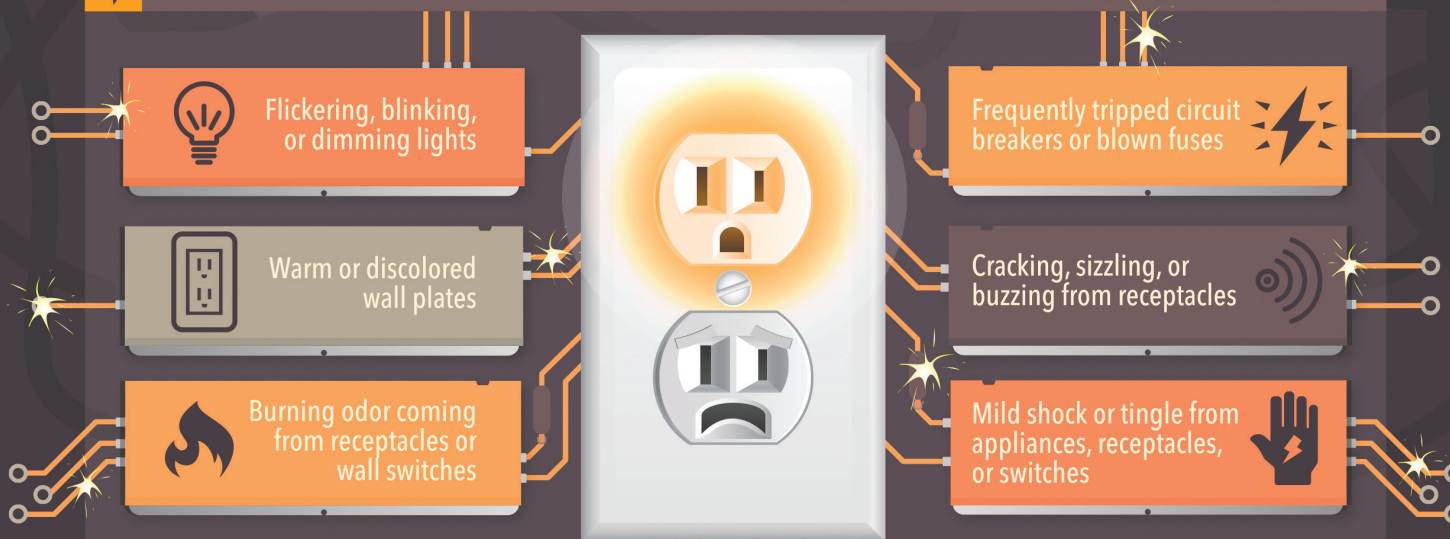




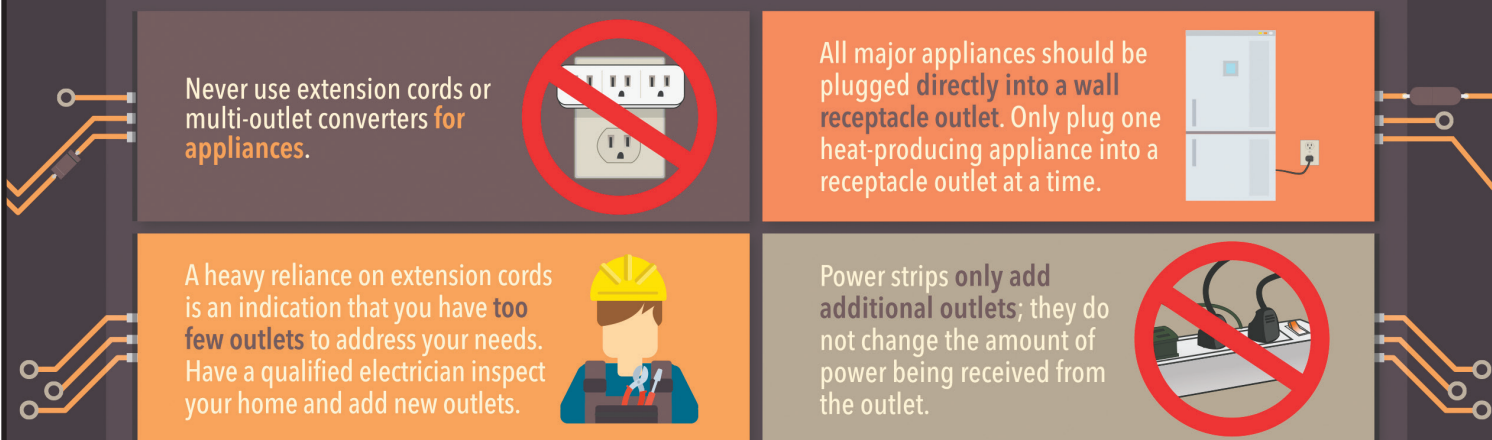
DON'T OVERLOAD YOUR HOME!

i According to the National Fire Protection Association, **47,700 home fires** in the U.S. are caused by electrical failure or malfunction each year. These fires result in **418 deaths, 1,570 injuries, and \$1.4 billion in property damage**. Overloaded electrical circuits are a major cause of residential fires. Help lower your risk of electrical fires by not overloading your electrical system.

OVERLOADED CIRCUIT WARNING SIGNS



HOW TO PREVENT ELECTRICAL OVERLOADS



50%

The CPSC estimates more than 50% of electrical fires that occur every year can be prevented by Arc Fault Circuit Interrupters (AFCIs). To learn more about AFCIs, visit ESFI.org.



Only use the appropriate watt bulb for any lighting fixture. Using a larger watt light bulb may cause a fire.



www.facebook.com/ESFI.org

www.twitter.com/ESFIdotorg

www.youtube.com/ESFIdotorg

**Office of Housing
Dept of Community
Development**

Attention Housing Applicants

If you are on the Squaxin Island Tribal Housing Waiting List, it is time to update your housing application. The updated application will be mailed to the last known address that the Office of Housing has on file for you. If you have recently moved or have a change of address, please call Lisa Peters, Housing Counselor at (360) 432-3871.

If you do not update your application by March 31, 2016, your name will be removed from the housing waiting list.

The following Tribal Members need to provide us with their application update. If we do not receive your update by March 31, 2018, your name will be removed from the housing waiting list.

Priority

Nicole Cooper
LaMetta LaClair
David Lewis
Walter Lorentz
Susan McFarlane
Derrick Wiley
Jason West
Tasheena Sanchez
Kui Tahkeal

Secondary

Ayshia Nelson
Lindsey Mike





Please Join Us
Building Strong Families Through Culture

BSFTC

Community Kitchen
Tuesday's
3:00 to 5:00

For the Formation and Maintenance of Two-Parent Families

Unbelievable

There are millions and millions of dogs and cats in the world, and no wonder. Consider the reproductive power of these animals:

DOGS are able to reproduce twice a year, from as young as six months old. In just six years, two dogs and their offspring can theoretically produce 67,000 puppies.

CATS can have three litters a year. In that same six-year period, two cats and their offspring may produce as many as 390,000 kittens.

These statistics are certainly a testimonial for spaying and neutering!

For information on where/how to spay and neuter, contact Gus Nilsson at: 360-432-3953.

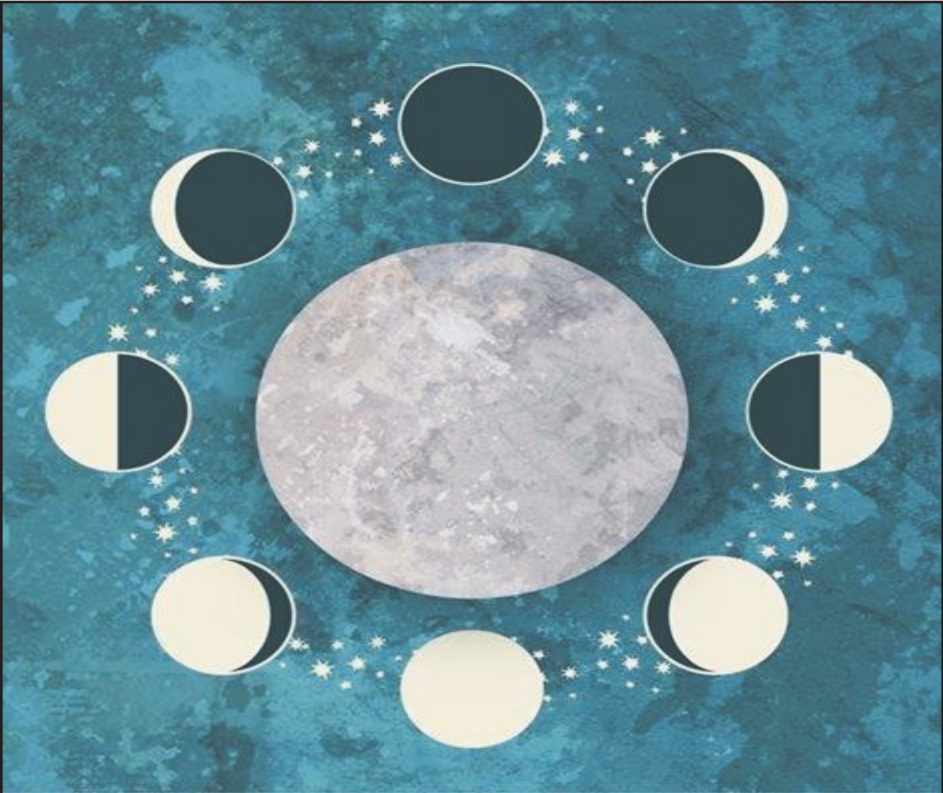
Squaxin Island Free Tax Preparation Site

(Basic returns)

Administration Bldg.
February 6 - April 6
(Tuesday and Thursday evenings)
4:15 p.m. – 7:30 p.m.
By appointment only

Contact Lisa Peters to schedule an appointment 360-432-3871

This site offers Prepaid Visa Debit Cards for your tax refund.
Sponsored by SIT – Office of Housing



WOMEN WARRIORS

WE'RE STRONGER TOGETHER

THURSDAY'S AT 4:00 PM

THE SQUAXIN ISLAND COMMUNITY KITCHEN

~ ~ ~ ~ ~

LET'S GATHER FOR COMPANY, FRIENDSHIP, FOOD,
CRAFTING & HEALING

IF YOU HAVE QUESTIONS PLEASE CONTACT
MARISA KANESHIRO @ 360.346.0971 or GLORIA HILL @ 360.463.7051



Squaxin Island Drug and Alcohol Awareness Dinner; February 11, 2018



We anticipate there were 350+ in attendance.



Logo for the event and the door prize.



Larry Vessey

Harry Naumoff

Angel King-George

Guest Speakers



Many participated in the youth activities



Celebration wall...very successful!



Lasagna, salad and cheesy bread were enjoyed by the attendees.



Vader came for a visit with Officer Gettle.

Youth activity center was a big hit.

The 11th Annual Squaxin Island Tribal Drug and Alcohol Awareness Dinner was held on February 11, 2018 in the Event Center at Little Creek Casino Resort. A gathering of 350 attendees gathered to share a lasagna dinner and to hear guest speakers Larry Vessey, Angel King-George and Harry Naumoff share their stories of recovery.

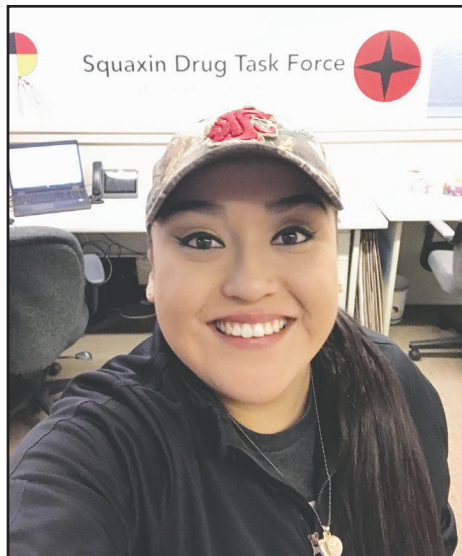
The event, which was themed Celebrating "New Beginnings" included a photo booth and celebration wall; many had their photos taken and posted them with their clean dates on the New Beginnings wall. Attendees were gifted with a T-shirt which displayed the "New Beginnings" logo, designed by Squaxin artist, Joseph Seymour. A craft and activity area were provided by the Christian Motorcycle Association and was assisted by several JROTC cadets who helped with the activities.

For the past ten years, this event was planned and organized by Christine Semanko in memory of and inspired by Wilson Blueback. We lift our hands in appreciation to Christine for her many years of service in hosting and coordinating this event. This year's celebration was sponsored by the Squaxin 1% Committee, Behavioral Health Outpatient, Family Services, Health and Human Services, Northwest Indian Treatment Center, Public Safety and Justice, Tu Ha' Buts Learning Center, and the Little Creek Casino Resort.





New Employee



Madeena Rivera Community

Mobilization Specialist

Hi! I was hired as the Community Mobilization Specialist working with Law Enforcement. I will be taking part in the Community Watch and Prevention Program as well as the Safe Streets Program. You may also consider me as a Liaison between law enforcement and the community.

I am a Squaxin/Yakama Native. I was enrolled into Squaxin as a baby and grew up out here in good ole Kamilche. I spent most of my life out here on the Squaxin Rez. But here is just a little bit about my family . . . I am the great-granddaughter of late Buddy Cooper who was a Squaxin Island Tribal member and my great-grandmother was Estella Teio who was a Yakama Nation tribal member. My grandmother, Rose Davis, who is a Squaxin Island tribal member is also the Minister of the Mother Church for Mud Bay Indian Shaker Church. My mother is Marcella Cooper, who is also a Squaxin Island tribal member. And I could go on forever about my family tree . . . But I won't because then you'll be reading all day.

In my previous job, I worked five years with Little Creek Casino Resort. I was a Hotel Supervisor there before I resigned and came back to work for the Tribe.

I am most excited about being back with the Tribe and working closer with my tribal community. I am a very compassionate person and always willing to help where help is needed, especially helping wherever I am needed in my community and being there for my people. I am also very honored to be back with the Squaxin Island Public Safety and Justice Department. I am big on building partnerships between communities and their local law enforcement agencies because I think that its very important. The police department was my very first place of work growing up, so you might say the LE team there watched me grow up and they became a part of my family. So yeah, I am very happy to be back with my tribal community and the PD.

It is in my heart to always be willing to help improve the lives of the youth and to serve the families in my tribal community. I strongly believe in showing compassion not indifference. I also believe that we, as a community, can raise awareness to help change someone's life because when we don't do something about a situation, it has a huge impact on these kids. Our community is our responsibility.

My office is located at the Tribal Administration building upstairs. Please always feel free to come over to talk with me about any of your concerns, your ideas or whatever you'd like to share. There will be times that I will be in and out of the office because I'll be working in the field, but you are more than welcome to give me a call any time or text my cell 360-999-7073, or here is my desk phone 360-432-3867, and my email is mriviera@squaxin.us. I look forward to working with you and for you. I am here for you Squaxin!



They won!!!!


Congratulations M'Kenzie Brearley-Lorentz





River Ridge Varsity Blue won 1st in the state in the small non-tumbling 2A 3A 4A division - 2 years in a Row!!!



RIVER RIDGE HIGH SCHOOL



 Menu



2018 State Champions - Hawk Cheer!

Way to go, Hawks!



The Squaxin Island Tribe recognizes the importance of education, and places great emphasis on supporting Squaxin youth in achieving academic success. The Squaxin Island Education Department, through the Tu Ha’ Buts Learning Center, actively provides that support through a wide variety of programs and services to assist students of all ages. Among these services is a sustained effort to monitor the academic progress of Squaxin Island youth in the Shelton School District.

The Squaxin Island Education Department is aware of numerous instances where Squaxin Island youth have missed school days to attend to other religious and/or cultural activities of the Squaxin Island community. While it is understood that certain situations must be attended to (e.g. funeral services), there have also been numerous instances where parents/guardians have sought excused absences for their chil-

dren to participate in cultural activities of the tribal community (e.g. fishing, hunting and/or gathering activities).

The Squaxin Island Education Department respects that each family will make its own decisions for the best interest of their child, and the importance placed on their child’s participation in cultural and religious activities. We do not weigh into those discussions. But we do want to make sure each parent/guardian is aware that the Squaxin Island Tribal Code defines truancy as:

- Five excused or unexcused absences in any calendar month, or
- Ten unexcused, or twenty excused or unexcused absences accumulated throughout the school year.

Youth Activity Notes

Jerilynn Vail-Powell - We have quite a few things to offer the youth for March. All of the schools are having early release days. In addition to the activity calendar in every Klah-Che-Min, you can stop by the TLC or check out our Tu Ha’ Buts Learning Center Facebook page for the activity schedule. It’s that time again already - our annual Youth Easter Egg Hunt will be on Saturday, March 24th.



March

Squaxin Teens

Laurel Wolff teen advocate: 432-3842
Check Facebook @ Squaxin Teens for updates to Calendar!

Monday	Tuesday	Wednesday	Thursday	Friday
			<div>Basketball Practice 3:30-4:30</div> <div>Youth Council 4:00-6:00</div> <div>1</div>	<div>Basketball Practice 3:30-4:30</div> <div>2</div>
<div>Homework Help 3:00 – 5:00</div> <div>Basketball Practice 3:30-4:30</div> <div>Lushootseed Class 5-6pm</div> <div>5</div>	<div>Basketball Practice 3:30-4:30</div> <div>Craft Class 3:00-5:00</div> <div>Drum Group 5-7</div> <div>6</div>	<div>Youth Council Working Meeting 4:00-6:00</div> <div>ITL- TBD</div> <div>7</div>	<div>Basketball Practice 3:30-4:30</div> <div>Youth Council 4:00-6:00</div> <div>8</div>	<div>CLOSED</div> <div>Billy Frank Jr, DAY</div> <div>9</div>
<div>Homework Help 3:00 – 5:00</div> <div>Basketball Practice 3:30-4:30</div> <div>Lushootseed Class 5-6pm</div> <div>12</div>	<div>Basketball Practic3 3:30-4:30</div> <div>Craft Class 3:00-5:00</div> <div>Drum Group 5-7</div> <div>13</div>	<div>Youth Council Working Meeting 4:00-6:00</div> <div>ITL- TBD</div> <div>14</div>	<div>Basketball Practice 3:30-4:30</div> <div>Youth Council 4:00-6:00</div> <div>15</div>	<div>Basketball Practice 3:30-4:30</div> <div>Movie Night 4:00-6:00</div> <div>16</div>
<div>Early Release</div> <div>Youth Council Working meeting</div> <div>Lushootseed Class 5-6pm</div> <div>19</div>	<div>Early Release</div> <div>20</div>	<div>ITL- TBD</div> <div>Youth Council Working meeting</div> <div>21</div>	<div>Early Release</div> <div>Youth Council Working meeting</div> <div>Basketball Practice 3:30-4:30</div> <div>22</div>	<div>Early Release</div> <div>Youth Council FUN DAY</div> <div>TBD</div> <div>23</div>
<div>Homework Help 3:00 – 5:00</div> <div>Basketball Practice 3:30-4:30</div> <div>Lushootseed Class 5-6pm</div> <div>26</div>	<div>Basketball Practice 3:30-4:30</div> <div>Craft Class 3:00-5:00</div> <div>Drum Group 5-7</div> <div>27</div>	<div>Youth Council Working Meeting 4:00-6:00</div> <div>ITL- TBD</div> <div>28</div>	<div>Basketball Practice 3:30-4:30</div> <div>Youth Council 4:00-6:00</div> <div>29</div>	<div>CLOSED</div> <div>SPRING HOLIDAY</div> <div>30</div>



Higher Education Update

Mandy Valley - If you have not sent your final grades from fall quarter to me yet, please do so as soon as possible. Updated scholarship information is now becoming available. As soon as I receive the scholarship announcements I will forward them to all higher education students. I continually search for potential scholarships and will send that information along as I learn more.

Spring quarter is quickly approaching. If you plan to attend and are not a current higher education student please stop my office or give me a call so I can go over the required documents with you. Paperwork for Spring quarter is due back no later than March 16th to avoid potential delays in processing. If you have additional questions, please contact me by phone at (360) 432-3882 or by email at mvalley@squaxin.us.



Squaxin Youth Education, Recreation and Activities Calendar

TLC Hours: M-F 7:30am-7:00pm Front Desk: 432-3958 Rec Rm: 432-3255 (only 3-6pm)
All activities are drug, alcohol and tobacco free.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Rec Rm: 3-6pm Crafty Kitchen: 5-6pm Bball: 12 & 14 U: 4-6pm	2 Rec Rm: 3:00-6pm Fun Day Friday: 5-6pm Bball: 8 & 10 U: 4:30-6pm Open Swim: 5-8pm
5 Rec Rm: 3-6pm Team Building: 5-6pm Bball: 8 & 10 U: 4:30-6pm Open Swim: 3-6pm	6 Rec Rm: 3-6pm Drum Group: 5-6pm Bball: 12 & 14 U: 4-6pm	7 <i>GSD- ER @ 2:30pm</i> Rec Rm: 2:30-6pm Arts-n-Crafts: 5-6pm Open Gym: 2:30-6pm ITL: TBA Open Swim: 3-6pm	8 Rec Rm: 3-6pm Crafty Kitchen: 5-6pm Bball: 12 & 14 U: 4-6pm	9 Tribal Holiday Open Swim: 5-8pm
12 Rec Rm: 3-6pm Team Building: 5-6pm Bball: 8 & 10 U: 4:30-6pm Open Swim: 3-6pm	13 Rec Rm: 3-6pm Drum Group: 5-6pm Bball: 12 & 14 U: 4-6pm	14 <i>GSD- ER @ 2:30pm</i> Rec Rm: 2:30-6pm Arts-n-Crafts: 5-6pm Open Gym: 2:30-6pm ITL: TBA Open Swim: 3-6pm	15 Rec Rm: 3-6pm Crafty Kitchen: 5-6pm Bball: 12 & 14 U: 4-6pm	16 Rec Rm: 3:00-6pm Movie Night: 5-7pm Bball: 8 & 10 U: 4:30-6pm Open Swim: 5-8pm
19 <i>SSD – 3HR ER</i> Rec Rm: 11:45am-6pm Team Building: 5-6pm Open Gym: 11:45-4:30pm Bball: 8 & 10 U: 4:30-6pm Open Swim: 3-6pm	20 <i>SSD – 3HR ER</i> Rec Rm: 11:45am-6pm Drum Group: 5-6pm Open Gym: 11:45-4pm Bball: 12 & 14 U: 4-6pm	21 <i>GSD- ER @ 2:30pm</i> <i>SSD – 3HR ER</i> Rec Rm: 11:45am-6pm Arts-n-Crafts: 5-6pm Open Gym: 11:45-6pm ITL: TBA Open Swim: 3-6pm	22 <i>SSD – 3HR ER</i> Rec Rm: 11:45am-6pm Crafty Kitchen: 5-6pm Open Gym: 11:45-4pm Bball: 12 & 14 U: 4-6pm	23 <i>SSD – 3HR ER</i> Rec Rm: 11:45am-6pm Fun Day Friday: 5-6pm Open Gym: 11:45-4:30pm Bball: 8 & 10 U: 4:30-6pm Open Swim: 5-8pm
26 <i>GSD- ER @ 12:20pm</i> Rec Rm: 12:30-6pm Team Building: 5-6pm Open Gym: 12:30-4:30pm Bball: 8 & 10 U: 4:30-6pm Open Swim: 3-6pm	27 <i>GSD- ER @ 12:20pm</i> Rec Rm: 12:30-6pm Drum Group: 5-6pm Open Gym: 12:30-4pm Bball: 12 & 14 U: 4-6pm	28 <i>GSD- ER @ 12:20pm</i> <i>WHL-ER @ Noon</i> Rec Rm: 12:30-6pm Arts-n-Crafts: 5-6pm Open Gym: 12:30-6pm ITL: TBA Open Swim: 3-6pm	29 <i>GSD- ER @ 12:20pm</i> <i>WHL-ER @ Noon</i> Rec Rm: 12:30-6pm Crafty Kitchen: 5-6pm Open Gym: 12:30-4pm Bball: 12 & 14 U: 4-6pm	30 Tribal Holiday Open Swim: 5-8pm
After School Snacks: Computer Lab: Sylvan: Homework Help, GED Prep:		M-F 3-4:45pm M-Th 3-7, F 3-5pm M-Th 4:30-6:30pm T-TH 4-7pm	<i>ER = Early Release</i> WHL = Wa-He-Lut Indian School SSD = Shelton School District GSD = Griffin School District	<i>I.T.L. – Inter-Tribal League B-Ball</i> High School: 9-12 Grade Middle School: 6-8 Grade Elementary: 4-5 Grade



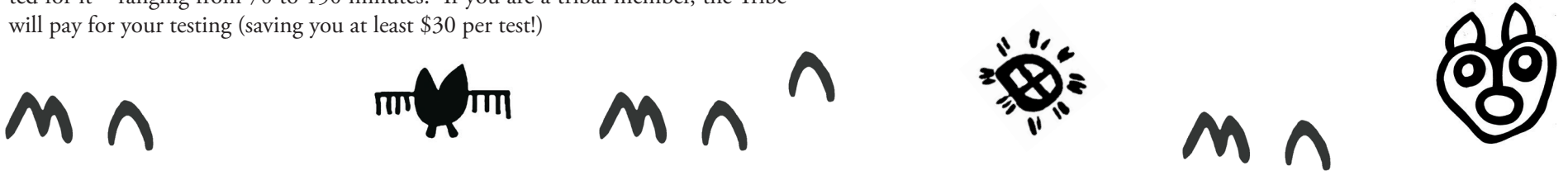
GED Instruction and Homework Support

Jamie Burris - Homework Support - If you need support with your homework, I am here to help you complete work, study or help you find an engaging book to read for 20 minutes. Here's your March Study Tip of the Month: Snack healthy while you study. If you want to stay sharp while you study, stay away from junk food. Instead, snack on studying-friendly foods like dark leafy greens, whole grains, peanut butter, milk, and seafood. Feeling sluggish? Caffeine or energy drinks won't help you in the long run. Get your energy boost instead by eating a banana or an apple. You can go to www.liveabout.com for more study tips.

GED Instruction - GED preparation classes are up and running! Come in and take a practice test to see where you are in your journey, what you still need to study or discover that you are ready to take the actual GED test! The GED test has 4 subjects: language arts (reading/writing), math, science and social studies. The test is made up of multiple choice, drag and drop, fill in the blank, short answer, and extended response type of questions. Each test has a different amount of time allotted for it – ranging from 70 to 150 minutes. If you are a tribal member, the Tribe will pay for your testing (saving you at least \$30 per test!)

GED study tip of the month: Read the full question, carefully. Read each question twice before you look at the answers. Read each answer twice before you answer. People often read questions too fast and fall into traps. The same goes for answers. Don't miss the question because you misread some of the terms. You should also be careful not to read too much into the question. Questions are typically straight forward and don't require a "leap of faith" to answer correctly. In other words, don't over-read the question and look for a "theoretical" answer versus a "common sense" one. For more study tips, go to: www.test-guide.com or go online at www.ged.com.

I am here to help guide you along your individualized learning path Tuesdays, Wednesdays, and Thursdays from 4-7pm. You can also reach me at jbarris@mc-clearly.wednet.edu.



It's Happening Here in March:

- **Friday the 16th – Movie Night from 5-7pm**
- **Monday the 19th– Shelton 3 Hour Early Release**
Salt Dough Art from 1:30-2:45pm
- **Tuesday the 20th - Shelton 3 Hour Early Release**
Black Egg Art from 1:30-2:45pm
- **Wednesday the 21st – Shelton 3 Hour Early Release**
Pool Party from 3:00-4:45pm
- **Thursday the 22nd – Shelton 3 Hour Early Release**
Ironing Beads from 1:30-2:45pm
- **Friday the 23rd – Shelton 3 Hour Early Release & Wa-He-Lut Early Release**
Scavenger Hunt from 1:30-2:45pm
- **Monday the 26th – Griffin Early Release**
Ironing Beads from 1:30-2:30pm
- **Tuesday the 27th – Griffin Early Release**
Salt Dough Art from 1:30-2:30pm
- **Wednesday the 28th – Griffin & Wa-He-Lut Early Release –**
Coffee Filter Flowers from 1:30-2:30pm
- **Thursday the 29th – Griffin & Wa-He-Lut Early Release –**
Make Fruit Kabobs from 1:30-2:30pm

- **Saturday the 24th – Annual Easter Egg Hunt from 10-11am**

If you have any questions call Jerilynn 360-432-3992 or jvail@squaxin.us



Social Security Disability

If you have been denied Social Security Benefits because you receive a “Per Capita” distribution or other Tribal assistance please contact Diane at the Squaxin Legal Department for assistance.
(360) 432-1771 ext. 0



Squaxin Island Tribe
Family Justice

The Family Justice Program is here to assist people that have been incarcerated, released from Inpatient treatment for substance abuse and/or have obligations with Probation, DOC, BHR and ICW. The primary focus is to assist clients with finding resources to remove barriers and obtain self-sufficiency and reduce the risk of reoffending.

Contact: Family Justice Services Coordinator
Phone: (360) 432-3906
Cell: (360) 485-5150
Address: 2750 SE Old Olympic HWY
Shelton, WA 98584

SQUAXIN ISLAND TRIBAL COURT
YOUTH COURT
SQUAXIN ISLAND RESERVATION

IN RE
L.H.

Case No.: CW-2017-1702-0027

NOTICE OF HEARING

An Indian Child

THE SQUAXIN ISLAND TRIBAL FAMILY COURT TO THE SAID: Kenneth Green and Jessica Harris.

YOU ARE HEREBY NOTIFIED THAT pursuant to Section 10.08 of the Squaxin Island Youth code, a Guardianship Hearing for the above named youth have been set in the Squaxin Island Youth Court. The hearing on this matter shall be held on the March 15, 2018 at 12:30 p.m. at 10 SE Squaxin Lane, Shelton, Washington. FAILURE TO APPEAR AT THIS HEARING OR TO RESPOND IN WRITING MAY RESULT IN THE CHILD BEING PLACED IN A GUARDIANSHIP. File your written response with Squaxin Island Tribal Court at the above listed address or call 360-432-3828 for more information.

Post: January, 2018

Publish: January, 2018

FREE Wills for Squaxin Tribal Members¹ and Their Spouses

The Tribe is again offering access to end of life planning services. The Tribe has contracted with local attorney Mark Allen. Mark recently retired from the Squaxin Island Legal Department after 12 years. His is available to assist Squaxin Tribal members and their spouses plan for themselves and loved ones by drafting wills and other end-of-life documents.

- Wills
- Indian Trust Property-Related Documents
- Powers of Attorney
- Advance Directives
- Health Care Directives
- Funeral Arrangements
- Estate Planning

Mark is available at a time and date that is convenient for you. If you are interested in making an appointment, please contact Diane Deyette at (360) 432-1771 x 0. We are scheduling appointments now.



COMMUNITY



Dear friends and family,

I hope you are doing well and you're enjoying the new year. I want to bring you an update of what is going on in my life. I am currently attending the University of Northern Colorado studying Music Performance on trumpet, and soon to be adding a Business minor. Freshman year of college has gifted me with many great friends, experiences, and opportunities. I am very much looking forward to what the next few years entail, but not just in school.

This summer, I have the amazing opportunity to travel to Uganda and do mission work with FOCUS (Fellowship of Catholic University Students). While in Uganda, we will be working in the Kitovu hospital in Masaka, helping those in need and doing whatever we're asked to. We will also have the chance to make home visits to those who are sick and may be unable to travel to the hospital. I really want to help those in need medically, but I hope to help people spiritually as well. However, I can't do this all by myself; I need your help.

First, I ask for your prayers and good thoughts with this journey. In the past year I have made tremendous progress in my faith and relationship with God. He only wants to share His love with us and to continue growing closer to Him. I have truly been blessed with a lot of great people and opportunities in my life. My only wish is that I can help other people find the same love and blessings that God has shared with me. Your prayers and thoughts are an important part of this journey and are very important to me.

Second, I need your financial assistance. I ask you to join me on this mission trip by providing the financial support for this mission. I ask that you prayerfully consider making a donation to help me pay for things like food, shelter, and other necessities during my time in Sub-Saharan Africa. **I need to raise \$5,000 by May 30th.** In order to reach this goal as soon as possible, gifts of \$150+ are greatly needed. Anything helps, but there are no minimums, maximums, or limit to amount of donations! I promise you, through my personal efforts, that your gift will be used to do real good in this world. All donations are tax-deductible.

Thank you for taking the time to read this and for your consideration. If you wish to make a donation, please go to (<http://www.focusonline.org/goto/michaelaraiza>) or write a check payable to FOCUS with "75905-Miguel Araiza" in the memo line and mail it to 800 19th St, Greeley, CO 80631. I will be calling you February 8th - 15th to see if you have any questions, but feel free to contact me anytime at (971)-600-6253. Looking forward to talking to you soon!

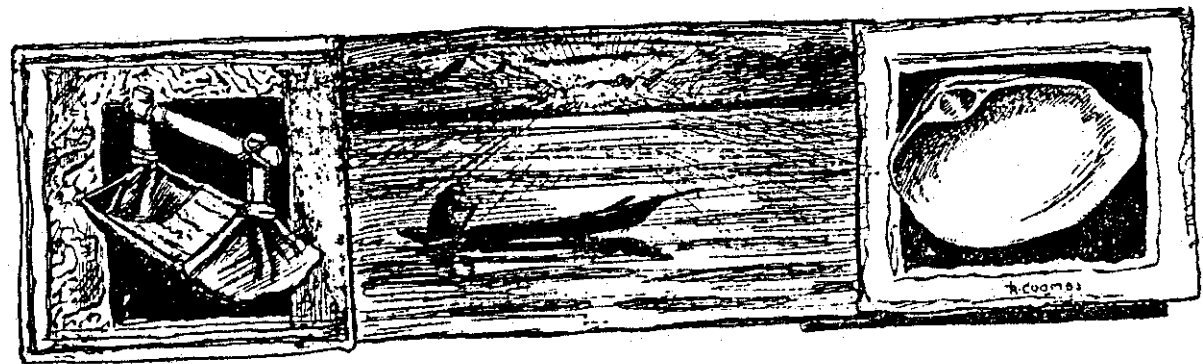
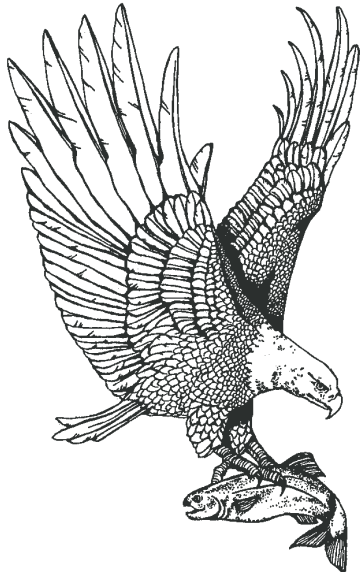
P.S.

Love and miss you! I'm glad that I'll get to see you more when I visit home and I hope you can support me on this journey. Don't hesitate to call!

God Bless

Michael Araiza

Michael Araiza



Squaxin Island Pool

70 SE Squaxin Lane, Shelton WA 98584 | 360-432-3852

Pool Hours

Morning Lap Swim

(Must be 18 years or older)

Monday: 6-8 a.m.
Wednesday: 6-8 a.m.
Friday: 6-8 a.m.

Water Aerobics

(Must be 18 years or older)

Tuesday and Thursday 4:15 - 5:00

Open Swim

Monday: 3-6 p.m.
Wednesday: 3-6 p.m.
Friday: 5-8 p.m.
Saturday: 1-4 p.m.

All children under 10 must be accompanied by an adult 16 or older in the water. Youth 11 to 15 years must be accompanied by an adult 16 or older on the deck. Youth 16 years and older may swim unaccompanied. Children 2 and under must wear a non-disposable swim diaper.



Adult water aerobics classes in the Squaxin Pool
Tuesdays and Thursdays from 4:15 – 5:00.
Drop by after work...bring a friend!



South Puget Intertribal Planning Agency



WIC Program March Dates



SHOALWATER BAY 3/6/18
CHEHALIS 3/8/18
SQUAXIN ISLAND 3/13/18
NISQUALLY 3/14/18
SKOKOMISH 3/21/18

NOTE: These dates are future projections. While we strive to keep these dates and times, they may be subject to change. This program is not always able to accommodate walk-ins due to their other duties.



South Puget Intertribal Planning Agency



USDA Foods Program March Dates

NISQUALLY 3/6/18
SQUAXIN ISLAND 3/8/18
SKOKOMISH 3/13/18
CHEHALIS 3/16/18
PT. GAMBLE S'KLALLAM 3/22/18

NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staff have other duties that they are responsible for on the days they are not issuing commodities. If you're unable to make the date, please call and schedule an appointment with appropriate staff. For USDA Food, call the Warehouse at Nisqually 360.438.4216





Squaxin Island Youth Council Collaborates with Tobacco Cessation

Bobbie Bush - The Squaxin Island Youth Council will be hosting the Northwest Indian Youth Conference here April 1st - 5th, 2018. Part of the agenda includes a day of cultural activities. So, as part of commercial tobacco addiction prevention, I asked them to be on the agenda. It is going to be exciting and hard work, but well worth it.

The youth decided they wanted to make small cedar baskets and cattail dolls. At the first meeting, on January 4th at 4:00 p.m., we dyed raffia black for the hair on the little dolls. There were five youth and two adults at that session. After making the dolls, we ate pizza and salad.

At the next meeting, on January 18, 4 PM, there were three members of the Youth Council, and two adults. We made 20 cattail doll kits, finalized some details and then ate some fruit and granola. Each of the youth present at the second meeting assumed responsibility for a portion of responsibilities for the cultural activity. Kiana and Kiona will help with the small cedar basket weaving. Jasmine will help with the cattail dolls.

The next meeting will be February 1, 2018, at 3:30 p.m. at the Teen Room in the Tu Ha' Buts Learning Center. We will make the small cedar basket kits to be prepared well in advance of the event.

We will have 20 cattail doll kits and 50 small cedar basket kits ready for the activity. It will be challenging, but these young people are up for the challenge and ready to GO!



Prescription Drug Take Back Boxes

Clean Out Your Medicine Cabinet

Dispose of unused or expired prescription medications

Located At:

Mason County Sheriff's Office

322 North 3rd Street in Shelton, WA 98584

and

North Mason Regional Fire Authority

460 Northeast Old Belfair Highway in Belfair, WA 98528

Free Collection!

For More Information
Call Mason County
Public Health & Human Services
360-427-9670 ext. 400



Diabetes Support & Education

Everyone is welcome—
those with Diabetes or not.
Come for a few minutes or
the whole time

Monday, March 26th, 2018
Right after Elder's lunch
at Elder's Building
12:30 to 1:30 pm

Let's play a game &
see what we can learn!
Bring your questions, too.

You can Take Charge of your Diabetes &
Live a Long, Healthy Life

Questions? Contact Patty Suskin,
Diabetes Coordinator at (360)432-3929



Tuesday,
March 13th is
WIC day at
SPIPA

WIC at SPIPA
(Women, Infants, and Children)
provides healthy foods &
nutrition information for you and
your child up to age 5.
Please bring:
Your child, Provider One Card
or paystub and Identification for
you & your child

Contact at SPIPA for an appointment:
Debbie Gardipee-Reyes
360.462.3227, gardipee@spipa.org

or Patty Suskin 360.462.3224



Local Tribal Diabetes Coordinators Meet and Network

Patty Suskin - On January 30th, diabetes staff from five area tribes met and networked. Topics included: grant activities and reporting, resources developed, group sessions, and more. By meeting together and sharing successes and challenges, we are able to increase our ability to support people with diabetes in our communities.



Back row, L to R:
Christina Hicks, Chehalis;
Sandra Dickenson, Chehalis;
Bernita LaCroix, Nisqually;
Alyssa Fine, Cowlitz;
Jen Olson, Nisqually

Front row, L to R:
Candace Gruginski, Shoalwater Bay,
Amber Arndt, Nisqually;
Patty Suskin, Squaxin Island;
Kathi Murray, Portland Area
Diabetes Consultant



National Nutrition Month

5 Tips to Kick Bad Eating Habits to the Curb

eatright.org - Are you guilty of skipping breakfast, ordering takeout, getting jitters from coffee overload and counting potato chips as part of a viable eating plan? It's time to kick those habits to the curb and start eating right. Here's a guide to help you get started.

Eat Breakfast

There's no better way to start your morning — and the year — than with a healthy breakfast. "It provides your body with the fuel it needs to make energy to keep you focused and active throughout the day," says Jessica Crandall, RDN, CDE, AFPA, Academy of Nutrition and Dietetics Spokesperson. Not only that, but if you are trying to lose weight, fueling your body regularly "will help you from possibly making unhealthy decisions later in the day based on hunger," adds Crandall.

The key to a good breakfast is balance. Include lean protein, whole grains and fresh, frozen or canned fruits and vegetables. Tweet this For example, oatmeal cooked with low-fat milk and sliced almonds and berries or crust-less quiche with mixed veggies, low-fat cheese and a slice of whole-wheat toast.

Cut Back on Caffeine

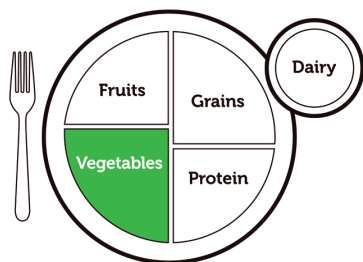
Too much caffeine can interfere with sleep, make you jittery and cause you to lose energy later in the day, says Jim White, RDN, ACSM-HFS, Academy Spokesperson. Keep your caffeine intake in check by limiting regular coffee to 3



BELL PEPPER

WHAT IS IT?

Peppers grow in many shapes, sizes, colors, and flavors from sweet bell peppers to spicy chili peppers.

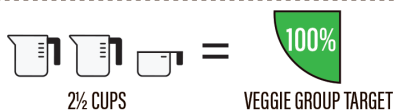


VARY YOUR VEGGIES

Different color peppers have different benefits. Eating a variety of colors throughout the week can help you vary your veggies.

HOW IT FITS INTO MYPLATE

A 2,000 calorie diet has a daily Vegetable Group target of 2½ cups. Add different types of peppers to meals and snacks to reach your goal!



FUN FACTS & TIPS

- Thomas Jefferson grew a variety of peppers at his house in Monticello, VA.
- Peppers are high in Vitamin C—add them to omelets, stir fries, or chili for added flavor.
- Red bell peppers are simply ripened green bell peppers.
- For a crunchy and filling snack, try pairing pepper slices with hummus dip.



For more information go to ChooseMyPlate.gov
USDA is an equal opportunity provider, employer, and lender.

August 2017



Continued on Page 18



United States Department of Agriculture



MyPlate
MyWins

Navigate the buffet

"All-you-can-eat" buffets offer a variety of options, but it can be easy to overeat. Before you pick up the first spoon, consider these tips.



Survey the buffet

Take a lap around the buffet before you start to fill up your plate. Plan ahead so you know what to choose and what to limit.



Savor a salad

Start your meal with a salad. Choose vegetables of all colors and top with vinaigrette rather than a creamy dressing.



Be selective

Look for steamed, grilled, or broiled dishes, which are often lower in saturated fat than foods in creamy sauces or fried.



Take your time

Be mindful to eat slowly and enjoy your meal. Use hunger and fullness cues to recognize when to eat and when you've had enough.



Rethink your drink

Balance out your meal by drinking water or unsweetened iced tea rather than sugary beverages such as soda and lemonade.



List more tips

Based on the Dietary Guidelines for Americans
Go to ChooseMyPlate.gov for more information.

MPMW Tipsheet No. 7
December 2016
Center for Nutrition Policy and Promotion
USDA is an equal opportunity provider, employer, and lender.

Nutrition

Continued from Page 17

cups or less per day, and watch what you put into it. Skip unwanted calories and sugar by drinking it as plain as possible.

Need to wean off? White says to try three things: switch to half decaf or tea, drink plenty of water and eat small, frequent meals to keep up energy.

Bring Lunch to Work

How do you make bringing lunch to work easy? "Have your arsenal of food for the week. Have the right foods to put together," says White. "By stocking up the fridge, you're setting yourself up for success."

White suggests preparing the week's lunches over the weekend — bake chicken, chop veggies, steam rice. Make sure your options include a combination of lean protein and carbohydrates. For example, whole-grain bread with turkey, 1 cup of veggies and a piece of fruit. Or, try a salad with veggies and chicken and a piece of fruit. It doesn't have to be a full meal. "If you're crunched, get a snack," says White. Go for fat-free or low-fat yogurt and fruit, whole-wheat crackers and low-fat cheese or hummus and baby carrots.

Eat More Fruits and Vegetables

Fruits and veggies add color, flavor and texture, plus vitamins, minerals and fiber to your plate. Crandall recommends picking one fruit or veggie you've never tried each time you go to the grocery store. "It's a great way to discover new options," she says.

Don't let winter stop you from enjoying produce either. It might be harder to find fresh options, but frozen and canned are great alternatives.

Cook Dinner at Home

Making meals at home doesn't have to zap the last bit of your time and energy. The trick is to plan ahead. "If the week is cramped for you, then prepping on the weekend is a great time saver," says

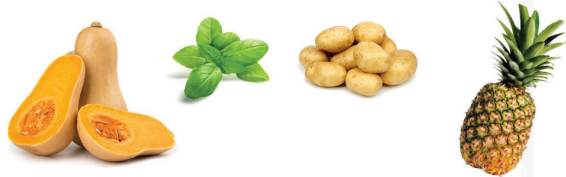
Continued on Page 19



Food stays fresh, tastes better, and saves you money when its stored in the right place

Store on the counter or in cupboard

bananas, fresh basil, garlic, onions, pineapples, and tropical fruit, potatoes and winter squash



Store in refrigerator

Apples, berries, broccoli, carrots, cabbage, cherries, cucumbers, grapes, fresh herbs, (except basil), leafy greens, leeks, lemons, oranges



Store on the counter until ripe, then in refrigerator

apricots, avocados, melons, nectarines, peaches, pears, plums, tomatoes



Meat, Poultry and Fish

- Keep meat, poultry and fish on the bottom shelf of the refrigerator or in the freezer.
- These highly perishable foods can be stored in the fridge uncooked for 1-2 days or cooked for 4-5 days.
- They can also be stored in the freezer for several months.

Cheese

- Store cheese in wax, butcher or parchment paper to allow to breathe & not get moldy. Store it in a cold part of your fridge.
- Hard cheeses like parmesan, cheddar, and swiss can be grated or cubed and kept in the freezer. After being frozen, cheese is best used in cooking. Soft cheese such as cottage cheese does not freeze well.

Grains

- Store dry rice, pasta, flour and grains in airtight containers with the date labeled. Keep flour and grains in a cool, dark place, such as inside the cupboard.
- Cooked rice and pasta can be refrigerated or frozen in airtight containers. Flours with higher protein and oil levels, like whole wheat, last longer in the fridge or the freezer.

Fruit, Vegetable Fridge Tips

- Store bananas, apples and tomatoes separately. They give off gases that quickly ripen other food.
- Remove bruised or moldy fruit or it will cause the rest to go bad more quickly.
- Untie bundles (herbs, greens, etc.) to let food breathe.
- Use your refrigerator's crisper drawer. Set the humidity level to high for leafy greens or low for produce that tends to rot (not wilt) like avocados and strawberries.

Prevent Food Waste

- Move food that's likely to spoil soon to the front of the refrigerator or a designated eat now area each week.
- Store leftovers and produce in clear containers, and label with dates if storing in the freezer.
- Use leftovers and odds and ends in such things as casseroles, frittatas, soups and smoothies.
- Make a list each week of what needs to be used up and plan meals around it.
- Plan a eat-the-leftovers night each week.
- Share food you won't get around to eating with friends or neighbors before heading out of town.
- Make a 'Eat this first!' sign. Place it in the fridge near the most perishable food.

Food Planning

- Make a shopping list with specific meals in mind to save money and reduce waste.
- Buy just the amount of perishable foods that you will eat before the expiration date.
- Mobile apps and online tools can make meal planning easy. Create grocery lists and discover delicious recipes to make the most of your leftovers, save money, reduce waste.

Nutrition

Continued from Page 18

Crandall. Choose options you can make in advance. For example, cook a batch of soup you can portion out for lunches or dinner during the week, or bake a whole chicken to slice for sandwiches, wraps and casseroles.

Use shortcuts such as pre-cut or frozen veggies and keep staples on hand such as low-sodium broth, herbs and lemons for flavoring. A quick and easy idea is to turn leftover beef into stew with beans, no-salt-added diced tomatoes and pre-cut veggies.

Quick Tips

For breakfast eat ...

Berries with low-fat cottage cheese and high fiber cereal

Whole-wheat English muffin with peanut butter

Whole grain cereal with low-fat or fat-free milk

Oatmeal with a side of hard-boiled or scrambled egg

For lunch try ...

Oil-based salad dressing instead of a cream-based dressing

Salad with as many veggies as possible

Ordering an appetizer as a meal

Splitting an entrée or save half for later

For dinner use ...

Pre-cut veggies

Extra veggies in stir-fry, meatloaf, spaghetti sauce and soup

Frozen fruit for desserts





Keep Moving!

Numbers

Health Clinic	427-9006
Purchase Referred Care	432-3922
Pharmacy	432-3990
Dental	432-3881
Behavioral Health	426-1582

National Nutrition Month® 2018

Soup's on! Word Search for Kids

Words may be horizontal, vertical, or diagonal.



1. Tomatoes

2. Corn

3. Potatoes

4. Broccoli

5. Carrots

6. Chicken

7. Rice

8. Peas

9. Milk

10. Beans

11. Spinach

12. Ham

13. Turkey

14. Peppers

15. Noodles

16. Cabbage

17. Mushrooms

18. Squash

19. Zucchini

20. Cheese

X	Z	C	R	F	G	L	K	P	U	Q	R	M	S	V	C	L	Y	B	N	T	R	S	K
Y	V	K	W	A	Z	U	C	C	H	I	N	I	M	L	G	B	R	T	G	F	E	X	L
L	J	U	L	M	N	B	V	R	V	X	Z	L	B	F	W	P	T	S	D	O	P	Q	W
R	T	B	C	A	R	R	O	T	S	L	Q	K	P	E	R	M	E	Z	T	L	H	E	R
H	Z	M	R	Z	X	Y	F	T	M	R	S	W	S	Y	P	X	L	A	Q	V	D	Y	L
E	A	G	K	D	P	L	S	B	J	K	V	E	L	Z	N	L	T	R	S	N	B	O	P
B	R	M	L	K	X	N	Z	M	N	T	E	Y	T	R	B	O	Z	U	W	M	S	R	T
U	Q	W	R	P	A	C	V	T	W	H	L	K	N	M	P	C	N	P	L	Y	J	I	O
A	Z	G	L	E	B	N	M	K	C	P	R	T	Y	Z	L	D	F	R	X	V	K	C	Q
F	V	R	B	S	D	P	L	Y	X	W	F	V	L	B	T	W	Q	P	L	Z	E	E	Y
R	L	C	V	Q	W	T	O	M	A	T	O	E	S	A	U	U	N	B	C	V	F	D	R
O	P	N	M	L	R	V	B	N	S	G	R	T	L	K	R	E	N	M	Q	L	H	G	F
X	B	L	M	U	S	H	R	O	O	M	S	T	W	C	K	X	R	N	F	G	T	L	P
J	V	R	Q	K	L	M	T	N	C	E	L	G	F	C	E	G	T	B	Y	C	L	B	U
S	G	C	O	L	J	W	G	V	L	P	Q	R	I	S	Y	X	S	P	I	N	A	C	H
Q	R	L	W	C	N	C	T	D	S	R	M	H	O	K	L	Y	T	Z	M	L	X	A	B
U	T	M	N	P	C	J	O	D	L	F	C	Q	L	M	S	T	R	G	C	P	J	B	K
A	X	K	Y	V	N	O	M	X	I	R	B	S	Z	K	N	M	L	V	O	T	R	B	L
S	R	T	Z	L	N	B	L	N	O	O	Q	P	E	P	E	P	P	E	R	S	C	A	V
H	W	P	R	J	K	V	N	I	L	X	U	T	L	Z	A	G	T	L	N	R	X	G	M
A	L	X	V	C	M	R	B	Q	S	T	M	N	Y	F	G	P	K	J	O	S	A	E	I



March Happy Birthdays

1
Alyssa Mary- Ida Henry
Jennine Marie Jacob
Luke Grey Falcon Rodriguez
Sapphire Pricilla Ward

2
Christy Marie Peters Block
Raven Haaq Roush-Lizotte

3
Arnold E. Cooper
Bichsel Stephan Set
Chazmin K. Peters
Clayton John Briggs
Daniel Rodney Snyder
Serena Rae Phillips
Vincent Gene Henry Jr.

4
Adolfo Douglas McFarlane
Angela Renee Lopeman
Mayella Frankie Jean Roberts

5
Cedar Michael Korndorfer
Faith Elizabeth Pugel
Jamaal Jason Byrd

6
Evan Taylor Cooper
Kodiak Draven-Wolf Masoner

7
Andrienne J. Baldwin
Cody Francis Cooper
David Josiah Seymour
Massiah Angel Manu-Saenz

8
Belinda Gail Colberg
Glen Woodburn Parker
Millie Faye McFarlane
Stella Jean Sicade

9
Finn Michael Dorland
Kai'in Blumoon Tucker
Marjorie L. Tuso
Michaela Alina Lynn Johnson

10
Adrian Jose Julio Garcia
Billy Dave Yocash
Joseph Daniel Rivera
Terrah Maria Jackson

11
Alexandrea RaeAnna Rodriguez
Chenoa Reed Peterson
Susan Faye Henry

12
Abigail Mae Bell
Cindy Lee Ehler
Steven Duane Lehman Jr.

13
Sara Marie Guadalupe Naranjo-Johns

14
Andrew Dean Whitener
Chantel Dawn Peterson
Justin Daniel Kenyon
Lois Colleen Woodard

15
Brandon Carl Blueback
Kaleonahe Tadios-Tahkeal
Nikki Marie Farron
Tashina M. Ackerman

16
Adarius Terell Coley
Rebecca Lottei Anna Lezon-Ferreira

17
Anthony Dushuyay Johns
Jaimie Renee Henderson
Kenneth Michael Green
Monte Morris
Rachele Dawn Roberts

18
Jolene Rae Peters
Thomas Blueback Jr.
Victoria Dennis-Horn
Winter Snow White

19
Cherry Teresa Armstrong
Michael Alfred Bloomfield
Raymond M. Castro
Vicky Belle Engel

20
Jolene Elaine Tamm
Lachell Marie Johns
Nathaniel B Bisson

21
Doyle Raymond Foster
Tayla Rose Logan

22
Charlene Ann Krise
Jose Francisco-Coley
Lorane D. Gamber

23
Evelyn Angel Hall
Gelacio Troyal Orozco
Nora Jean Coxwell
Ronin Sharky Edwards

24
Jaelynn Elise Moliga
Joanna Ruby Fuller
John Brady Whitener
Taylor Randolph Krise
Tucker Blaine Hindley

25
Johnathan Draven Seymour

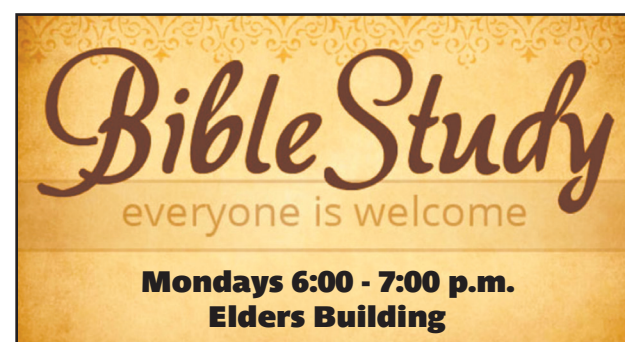
26
Elsie Jeanne Gamber
Jerad Charles Lopeman-Fry

27
James Jeffrey Coxwell
Kameron Marshall Weythman
Lucke Robert Newell

28
Brittany F McFarlane
Jon D. Brownfield

30
Benjamin Conrad Naranjo-Johns
Eric Lee Ellerbe
Felicia E. Thompson
Josephine Marie Sabo
Matthew James Pugel
Ronald Andrew Whitener

31
Christina Marie Lopeman
Stephen William Henry





Committees Commissions & Boards With Infrequent Meeting Times

Committee and Commissions

1% Committee (Bylaws & Appendix X2)
Elections Committee
Explorers Program Committee
Fireworks Committee (TC 6.04.040)
Gathering Committee
Law Enforcement Committee, Law and Order
Veterans' Committee
Budget Commission
Business Administration Board (TC 6.24.010)
Little Creek Oversight Board (TC 2.26.010)
Museum Library and Research Board
Tourism Board (TC 2.34.010)
Island Enterprises Board
Skookum Creek Tobacco Board

Council Rep.

Charlene Krise, Vince Henry, Vicki Kruger
None
None
None
Charlene Krise
None
None
Vicki Kruger
None
Arnold Cooper, Vicki Kruger, Charlene Krise
Bev Hawks
Steven Dorland
Arnold Cooper
Vinny Henry



Staff Rep.

Kris Peters
Tammy Ford
Rene Klusman

Rhonda Foster
Kevin Lyon
Glen Parker
Kris Peters

Charlene Krise
Leslie Johnson
Dave Johns
Mike Araiza

Months

Feb., May, Aug., Nov.
March, April, May

May and June
Not yet determined
Not currently meeting

June and August
As needed

Sept., Dec., March, June



What's Happening								
Women Warriors Thursdays at 4:00 p.m. in Community Kitchen AA & ALANON Tuesdays 3-5 Culture Night and Drum Group Wednesdays 7:30				1	2	3		
				Family Court	Housing Commission			
				Utilities Commission				
4	5	6	7	8	<i>Billy Frank Jr. Trail Blessing</i>	10		
					Shellfish Committee		Family Court	SPIPA Board
					Elders Committee		<i>Tribal Council</i>	Education Commission
<div>Bible Study at Elders Building Mondays 6:00 - 7:00 p.m.</div>								
11	12	Criminal/Civil Court	14	15	16	17		
			Fish Committee					
Child Care Board of Directors		Enrollment Committee	Golf Advisory Committee					
18	19	20	21	22	23	24		
	<i>Safe Streets Meeting</i>							
Gaming Commission		<i>Tribal Council</i> <i>Easter Egg Hunt</i>						
25	26	27	28	29	30	31		
		Criminal/Civil Court						
		Tobacco Board						



Elders Menu . . . Fruit and salad at every meal

1st

THURSDAY:

Meatloaf, cauliflower w/ cheese

5th - 8th

MONDAY:

Twice baked potato casserole,
green beans

TUESDAY:

Minestrone soup,
tuna sandwiches

WEDNESDAY:

Spaghetti, mixed veggies,
garlic toast

THURSDAY:

Fried oysters,
oriental mixed veggies

12th - 15th

MONDAY:

Enchiladas, beans

TUESDAY:

Hamburger soup,
bologna sandwiches

WEDNESDAY:

Baked potato bar, broccoli

THURSDAY:

Casino Buffet

19th - 22nd

MONDAY:

Hamburgers,
potato wedges

TUESDAY:

Navy bean soup,
egg salad sandwiches

WEDNESDAY:

Teriyaki chicken, rice,
cabbage

THURSDAY:

Pork chops, veggie rice,
peas & carrots

26th - 29th

MONDAY:

Tuna casserole, peas

TUESDAY:

Baked potato soup,
chicken salad sandwiches

WEDNESDAY:

Chalupas

THURSDAY:

Hot roast beef sandwiches,
mashed potatoes & gravy,
corn



Head Elders

1st Wayne Barr
2nd Harlan Sam Sr.
3rd Terry Charley
4th Patricia George
5th Rose Davis

Bishop

Francis Tulee
PO Box 472 Harrah, WA. 98933
francistulee@hotmail.com
509 930 4649

Secretary Organizer

Brenna Youckton
PO Box 344 Rochester, WA. 98579
360 520 6100

RESOLUTION

NO. 2017-001

Current Ministers, Assistant Ministers, Missionaries, Head / State / Provincial Elders and the Bishop are the only ones legally authorized to perform Shaker weddings baptisms and dedications. (Such as Bells, Altars, Buildings, Land.)

Any Shaker must have a VALID and CURRENT 1910 LICENSE to conduct a Funeral.

No person, whether a member or non-member, of the 1910 Indian Shaker Church, is permitted to perform these services or ceremonies without a valid and Current 1910 License. Even if they know how or formerly carried a license They must refer the family to the person with a legal license of the 1910.

As a resolution of the Washington convention 2017, any person who chooses to perform any of the services without a valid and current license is subject to a 500 dollar fine payable to the bishop / general fund account.

This subject was brought up at all the convention;

California State convention held at Smith River ISC Aug 19th 2017

Canada convention held at Kulleet Bay ISC Sept 2nd 2017

Oregon State convention held at Chiloquin ISC Sept 16th 2017

Voted on with a majority vote at Washington State Convention, held at Lapush ISC.

All Indian Shaker Church Inc. 1910 license holders should be aware of this mandatory decision was approved on Oct 14, 2017.

Bishop
Francis Tulee

1st Head Elder
Wayne Barr

Secretary/Organizer
Brenna Youckton

Committees and Commissions Listed on Calendar

Committee and Commissions

Aquatics Committee
Elders Committee
Enrollment Committee
Fish Committee
Golf Advisory Committee
Hunting Committee
Shellfish Committee
Education Commission
Gaming Commission (TC 6.08.090)
Housing Commission
Child Care Board of Directors
Tobacco Board of Directors
Utilities Commission (TC 11.08.010)
SPIPA Board of Directors

Council Rep.

Arnold Cooper
Charlene Krise
Charlene Krise
Vicki Kruger
Arnold Cooper
Arnold Cooper
Vince Henry
Steven Dorland
(Per Tribal Code) None
Charlene Krise
Vicki Kruger & Charlene Krise
Vacant
None
Vicki Kruger

Staff Rep.

Jeff Dickison
Traci Coffey
Tammy Ford
Joseph Peters
Kris Peters
Joseph Peters
Eric Sparkman
Gordon James
Dallas Burnett
Richard Wells
Bert Miller
Ray Peters
Vacant
Patti Puhn

Meetings

2nd Wednesday in Feb., May, Aug., Nov.
1st Wednesday or Thursday
2nd Tuesday
2nd Wednesday in March, June
2nd Wednesday or Thursday
2nd Tuesday of July, Oct., Jan., April
1st Wednesday of March, June, Sept., Dec.
2nd Friday
3rd Monday
1st Friday
2nd Monday
4th Tuesday
1st Thursday
2nd Friday





Thursday • March 15th

Doors Open 4:30pm | Early Birds 6pm | Session Starts 6:30pm

Friday • March 16th Daubin' in the Dark Black Light Bingo

Doors Open 6pm | Early Birds 8pm | Session Starts 8:30pm

Saturday • March 17th

Doors Open 9am | Early Birds 11:30am | Session Starts 12pm

Doors Open 2:30pm | Early Birds 4pm | Session Starts 4:30pm

Sunday • March 18th

Doors Open 2:30pm | Early Birds 4pm | Session Starts 4:30pm

Bring a canned food item and receive a free
level one (3-on) with initial Bingo buy-in



LITTLE CREEK
CASINO • RESORT
LITTLECREEK.com

*Multiple winners split the payout. See Keno or call (360) 427-3005 for more details
\$79 room rates during bingo sessions! *Ages 21 and over only for 8:30pm session
Must show Bingo Room Rate Coupon at time of check-in to receive special room rate.
Customers can call in advance to book rooms. Must be 21 or older for Bingo Specials

