

Elders' Inc.
Travel Checklist and Advisory

- Make a list of you emergency contacts and important phone numbers.
 - Make two copies
 - Take one copy with you on travel and put the other in a safe place at home

- Make two photocopies of your current credit card and ID.
 - Take one copy with you on travel and put the other in a safe place at home

- Make two photocopies of your health care insurance card.
 - Take one copy with you on travel and put the other in a safe place at home

- Make a list of current prescription medications.
 - Make two copies of the list
 - Take one copy with you on travel and put the other in a safe place at home

- Make two copies of your Health Care Directive.
 - Take one with you on travel and put the other in a safe place at home

- Make two copies of your Attorney re Health Care.
 - Take one with on travel and put the other in safe place at home