Elders’ Inc.
Travel Checklist and Advisory

☐ Make a list of your emergency contacts and important phone numbers.
  o Make two copies
  o Take one copy with you on travel and put the other in a safe place at home

☐ Make two photocopies of your current credit card and ID.
  o Take one copy with you on travel and put the other in a safe place at home

☐ Make two photocopies of your health care insurance card.
  o Take one copy with you on travel and put the other in a safe place at home

☐ Make a list of current prescription medications.
  o Make two copies of the list
  o Take one copy with you on travel and put the other in a safe place at home

☐ Make two copies of your Health Care Directive.
  o Take one with you on travel and put the other in a safe place at home

☐ Make two copies of your Attorney re Health Care.
  o Take one with on travel and put the other in safe place at home