Tribe and Mason County Reach Agreement on Water & Fish

Sharon Haensly - On February 22, 2019, Tribal Council members and the Mason County Board of Commissioners met at the Little Creek Casino and Resort to sign an important agreement. The agreement is a significant step towards the goal of achieving sustainable development in the county while ensuring sufficient stream flows for healthy salmon populations. Both governments worked hard to find common ground. Ultimately they chose collaboration over litigation to tackle the hard issues of sustainable development and natural resource protection.

For years, the Tribe has voiced concerns about ever-increasing rural development that uses groundwater connected to fish-bearing streams. Over time, this can dewater streams at the expense of salmon. Protecting and restoring natural stream flows is vital for healthy fish populations.

For the Tribe, it is a matter of preserving its history, heritage and economy. “Working together with Mason County officials is in the best interests of the Tribe,” said Chairman Arnold Cooper at the signing ceremony. “Our mutual goals are to better the watersheds, and secure a sustainable future for our communities.”

Andy Whitener, Director of the Tribe’s Natural Resources Department said, “Our government-to-government relationship is strengthened by this agreement. And it is an important step for the future of our salmon.”

According to Mason County’s Comprehensive Plan, the county expects a 22% increase in rural population from 2016 to 2036. More people means more wells that pump groundwater, which often redirects water that should otherwise feed fish-bearing streams. Climate change will also bring drier summers and falls, times when salmon need more, not less, freshwater.

Under the agreement, the County will collect and share information about current and future water uses connected with development. The Tribe will share scientific data about stream flows and fish habitat. All of this will lead to more informed decisions about where to locate development without harming fisheries.

Additionally, both governments will work collaboratively towards a watershed restoration plan that is due in 2021 under a new state law. They will look for projects that restore and enhance streams and fish habitat, using money made available by the Washington Legislature. The Tribe has already secured some of that money to help the City of Shelton expand its reclaimed water system to benefit stream flows. Finally, Mason County will update its Comprehensive Plan and development regulations at the completion of the watershed planning process.
Community

Walking On

Alan Krise
May 11, 1960 - February 13, 2019
Squaxin Island Tribal Elder Alan Krise passed away on February 13th at St. Peters Hospital in Olympia. More details will be in next month’s edition.

Drug and Alcohol Awareness Dinner
The 12th Annual Squaxin Island Tribal Drug and Alcohol Awareness Dinner was held on Sunday, February 24, 2019 in the Event Center at Little Creek Casino.

The theme of this annual event is “New Beginnings,” which highlights the opportunity folks in recovery - and their families - have to celebrate a new life in recovery. Chairman Arnold Cooper welcomed the gathering and David Whitener, Jr. provided opening remarks.

About 350 attendees received a t-shirt with a Taylor Krise design, “Journeys,” printed on the back, shared a lasagna dinner and heard community guests Madeena Rivera and Meloney Haase share their stories of recovery.

The Keynote Speaker was Native American Grammy Winner/Recording Artist/Native American Music Awards (NAMA) Winner/Actress/Professional Entertainer/National Motivation Speaker, Star Nayea. She shared her touching story, provided a message of encouragement to all, and shared a couple of songs she wrote.

The event also offered a photo booth where many attendees had their photos taken with family members and friends in celebration.

A craft and activity area were provided by the Christian Motorcycle Association; they were assisted by TLC staff and several JROTC cadets, who helped with the activities.

Information booths reflecting the numerous services available to those seeking or who are in recovery were available to provide resources and information.

This event, inspired by Wilson Blueback, was planned and organized by Christine Semanko for the first 10 years. We lift our hands in appreciation to Christine for her many years of service in hosting and coordinating this event.

This year’s celebration was sponsored by the Squaxin 1% Committee, Behavioral Health Outpatient, Family Services, TANF, Planning and Community Development, Parks and Recreation, Health and Human Services, Northwest Indian Treatment Center, Public Safety and Justice, the Tu Ha’ Buts Learning Center, Skookum Creek Tobacco and the Little Creek Casino Resort. Volunteers from many of the tribe’s departments and members of the Youth Council assisted in hosting this great event.

SAVE THE DATE

Annual Youth Easter Egg Hunt

SUNDAY, APRIL 13, 2019
10:00-11:00am
**Drug and Alcohol Awareness Dinner**

Dee Hawks

Star Nayea

Meloney Hause

Madeena Rivera

Chief of Police Alex Ehler

Shaker Church bells

Photos by Brett Fish

Janita Raham

Journeys by Taylor Krise

Photos by Brett Fish
Tribal Culture Threatened by Declining Quality of Environment

Emmett O'Connell, NWIFC - The health, culture and community connections of the Squaxin Island Tribe are threatened by the declining quality of the natural environment, according to a recent study.

The multi-year, community-based study included dozens of interviews and workshops with Squaxin tribal members. Washington Sea Grant and the Squaxin Island Tribe conducted the research together.

“We feel a close connection between our physical health and the health of natural resources,” said Aleta Poste, the Tribe's traditional garden manager, who helped conduct the research.

The study began five years ago as an exploration of how the Tribe's sense of place and identity are connected to shellfish. “We sat down with tribal members and had frank discussions about the changes they’re seeing and what those could mean to the Tribe,” said Melissa Poe, a social scientist with Washington Sea Grant.

While the researchers found that the act of shellfish gathering was still vital to individual tribal members, they also realized that the ongoing degradation of the natural environment was putting shellfish at risk. That is when the researchers decided to broaden their view to look at what damage to natural resources was doing to the Tribe’s well-being.

“We wanted to figure out what a healthy life and well-being meant for a Squaxin Island tribal member,” Melissa said.

While the results were just recently published, the conversations over five years inspired tribal members to take action. The most tangible result of the study was the Tribe's traditional garden program, launched a few years ago. The program now includes a garden that provides food to the elders' lunch program, as well as a traditional plants garden, an orchard, and a classroom facility.

In addition to the garden, the Tribe's Natural Resources department works to expand tribal members' access to shellfish and salmon. The Squaxin Island Tribe is enhancing beaches throughout deep South Sound with funding from a 2007 agreement between treaty tribes and private shellfish growers. More than 30 percent of the nearly 1,100 Squaxin Island tribal members are active shellfish harvesters.

“It doesn’t take a lot of money to get out on the beach and dig clams, just some time and a fork,” said Andy Whitener, the Tribe's Natural Resources Director.

In the last decade, the Tribe has planted tens of millions of juvenile shellfish, leading to the harvest of more than 1 million pounds of clams from enhanced beaches.

The Tribe has been actively protecting and restoring salmon habitat throughout their treaty-protected area. Coho salmon, an important species to tribal fishermen,
Skookum Creek Restoration
Emmett O’Connell, NWIFC - The Squaxin Island Tribe reshaped the banks of a South Sound creek to make it friendlier for salmon. Decades after landowners removed logs from Skookum Creek, its creekbed degraded from meandering and shallow to a fast-moving trench. “Without the wood, the creek eroded down to the point where we don’t have much habitat here,” said Scott Steltzner, salmon habitat biologist for the tribe. “Juvenile and adult salmon have a hard time when water moves too fast. They can’t find places to eat or hide from predators.” The tribe worked with the South Puget Sound Salmon Enhancement Group to dig out the banks of the creek. Instead of a steep 10-foot wall, the streambank is now a gentle slope. “Now when the creek floods, water will be able to flow out over the banks instead of being forced down a narrow canyon,” Steltzner said. The partners are also building logjams to recreate natural conditions. Logjams help create pools where adult salmon can rest while making their way upstream. They also provide shelter and food for juvenile salmon that haven’t made their way out to sea. A newly planted streamside forest will lead to even more logjams as wood falls into the creek over time. “Logjams provide habitat now, and a streamside forest will mean salmon have habitat in the future,” Steltzner said. Tribal restoration projects in the Skookum Creek watershed have especially benefited a troubled coho run. Wild coho salmon spend more than a year in fresh water before moving out to sea and are on a downward trend in the region. “Improving freshwater habitat is important if we want to restore these coho runs,” Steltzner said.

Community | Natural Resources

have been on a regional decline for the past few decades.

The Tribe releases more than 2 million hatchery coho each year to provide for harvest, and they’re also engaged in habitat restoration aimed at naturally spawning coho. The Tribe has worked to remove a dam, build logjams and restore the estuary on Goldsborough Creek. They have also had a hand in protecting and restoring habitat on several other small creeks. “We’ve seen coho begin to turn around on Goldsborough, which shows us that we can pull salmon back from the brink if we work hard enough,” Andy said. “Our community stretches back across generations of tribal members who gathered shellfish, who fished for salmon and gathered traditional plants. It has always been important for us to protect these resources.”

New Employee

Brent R. Dehning

Hi! I have been in law enforcement for 28 years. I have been married for almost 33 years and have three children.

What excites me most about this opportunity is getting back to where I started. I started my career at Skokomish and have worked with several of the officers here. Working in a small department again will be very gratifying.

I look forward to getting acquainted with the community and for the community to get acquainted with me.

Dr. Seuss Family Fun Night

Please join us to celebrate Dr. Seuss’s Birthday

Friday March 1st 6pm-8pm

We will have:
- Fun STEAM & Literacy Activities
- Dinner
- Reading & Books
- LOTS OF LAUGHS & FUN

Child Development Center
Community

Attention
Housing Waiting List Applicants...
If you are on the Squaxin Island Tribal Housing Waiting List, it is time to update your housing application. The updated application form was mailed to the last known address that the Office of Housing has on file for you. If you have recently moved or have a change of address, please call Lisa Peters at (360) 432-3871. If applications are not updated by March 31, 2019, your name will be removed from the housing waiting list (per policy). Thank you.

Appreciation
I’m not Native, but I attended the pow-wow for about six hours on Saturday and really enjoyed it. I’ve been to six pow-wows in AZ, NM, MN, and this was my first one in WA. I thought that you guys had this one very well organized and the acoustics were great. I only teared up in the beginning, and then I pulled it together. I’ll be back next year. That was a job well done. Enjoy your week.

- Wade Christy in Olympia, WA

Mark you calendars for March 16th!
A free showing of the movie Rumble will be playing at Shelton Cinemas, hosted by Shelton School District’s Native American Education Program. Included with the show is a free popcorn and drink! This event is open to everybody.

Saturday, March 16, 2019
Doors open at 9:30am, movie begins at 10am
Free popcorn, drink and movie for the first 185 people
Shelton Cinemas- 517 W Franklin St

PLEASE RSVP ON SHELTON SCHOOL DISTRICT’S FACEBOOK PAGE OR BY EMAILING KFENDLEY@SHELTONSCHOOLS.ORG

Free Quality Preschool for Your Child
ECEAP helps all children enter kindergarten ready to succeed.

Who is eligible?
Children 3 years old or 4 years old by August 31 who are:
- From a family with a low annual income; or
- Qualify for school district special education services; or
- Have developmental or environmental risk factors that could affect school success.

Questions?
Ask Bert or Sabrina!
Call (360) 426-1390

ECEAP provides:
- Preschool
- Nutritious meals & snacks
- Health screenings
- Family support

We are committed to high-quality preschool. Ask us about:

Early Childhood Education & Assistance Program
Washington State Department of Early Learning

Squaxin Island Tribe - Klah-Che-Min Newsletter - March 2019 - Page 6
Coast Salish Dinner & Gathering

Leslie Johnson - The Coast Salish dinner and gathering is a popular event. Western Washington Tribes look forward to attending the Salish singing & dancing. This year, MLRC and Tourism staff engaged Squaxin youth to assist with hosting the Coastal Salish event which usually is free from agendas and follows the spirit of the Coast Salish people. Chris Sigo, Development Officer, represented the MLRC staff as the emcee.

Little Creek Casino Resort staff know how to make an event important with the professional service they provide. Salmon and shellfish from Squaxin ancestral waters were gifted to nearly 500 participants as they dined on the first foods while listening to prayer songs to honor the foods. The dinner was a good reminder of the importance of salmon to the ancestral ways of being People of the Water and to the Medicine Creek Treaty.

Tribal Youth Council set the pace for an evening of jamming by requesting that each song be announced, as well as who gifted each song. Their active participation made the evening go smoothly and assured everyone had a great time sharing our culture. The Youth Council also represented the Tribe through introductions, many speaking Lushootseed. They received an enthusiastic reception from the Coast Salish community. One participating Elder said, “This is medicine for my soul,” after hearing the introductions.

Sa’Heh’Wa’Mish Days Pow Wow

The energy coming from the Squaxin Island Tribe and the pow wow participants was incredible. Everyone wanted to be there. Tribal Council welcomed and spoke eloquently after each of the Grand Entries. The Squaxin Veteran’s Color Guard proudly brought in the dancers at Grand Entry. The Squaxin Island Museum and Tourism staff warmly greeted all at the raffle booth.

Squaxin Island Tribal Youth Council led the Squirrel Dance and then, on Saturday as part of Grand Entry, started with the Huya Oyah dance. It was quite a sight to see the entire gathering of pow wow dancers dancing a Coast Salish Song at Grand Entry. While this was the first one, it should become a tradition from 2019 onward for a great blending of cultures. First year Squaxin Island youth Jingle Dancers spent every Sunday for two months working on their regalia. We’re looking forward to increased youth pow wow dancing and judging participation in 2020!

We often talk about "the team," but this year, the Tribe’s casino, tourism department, museum, and pow wow staff were on the same page, and it showed. Special thanks go to Norma Eaglespeaker (Puyallup) and her awesome pow wow staff from registration, to arena directors to the emcees. Tiana Johns, Squaxin Island Tribal member, spent the weekend learning how to judge as a Squaxin Island representative. The Tribe is seeking additional Tribal Member judges for 2020. (An honorarium is paid to Tribal member judges.) This year the museum booth was lucky enough to be staffed by Lisa Johns, Dodie Nelson and her husband Jimmy, Evelyn Payne and Michelle Joe and the tourism director. Kurt Poste has been instrumental in our setup and teardown for several years now. Many thanks to the staff who make the museum booth a success.

2020 Sa’Heh’Wa’Mish Days & Coastal Gathering Committee

Tribal Council and casino executives asked that the Tourism Department and Squaxin Island Museum work with a newly established committee to assure that the Tribe’s representation at this wonderful weekend remains strong. Squaxin Island royalty contests and increasing other Tribal Member involvement is on the planning front for this committee. An especially important suggestion is that the Tribal identity continues to strengthen for all days of the weekend.

The first meeting will be held in early March. The committee should include the Tribal Community, Elders, and the Tribal Youth Council. If you are interested in being on this committee, please let Tribal Council know you’d like to be appointed.
Sa-Heh-Wa-Mish Days
Sa-Heh-Wa-Mish Days
Elementary Schools
K - 4

In September 2019 our Elementary Schools will educate students from Kindergarten through 4th grade. The K - 4 configuration will relieve overcrowding in our classrooms, on the playground and in the lunch room. We will continue our current educational programs as we begin work to extend the academy model into the elementary schools.

Kindergarten Registration Begins February 1

Students who are 5 on or before August 31 can enroll at their local school.

Olympic Middle School
Grades 5 - 6

Olympic Middle School will see big changes in the Fall of 2019. The school will transition from grades 6 - 7 to grades 5 - 6. As we eliminate overcrowding at the elementary schools it will allow us to create a more age appropriate school environment at the middle level.

Students and teachers will be organized into three teams at each grade level to provide a personalized school experience. Students will participate in core classes (English Language Arts, Math Social Studies, and science), specialist classes (Music, Art, PE, Health and other electives) and have the opportunity for interventions and enrichment during the school day.

Oakland Bay Jr High
Grades 7 - 8

Oakland Bay Jr High will serve students in grades 7 - 8 beginning in September. This will allow us to create a comprehensive, seamless 5 - 8 educational program in Shelton.

Students in grades 7 - 8 will begin preparation for a rigorous high school experience. They will have opportunities to continue studies in core and speciality areas - as well as being introduced to new electives in Career and Technical Education.

2019-2020 Start/Release Times

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<th>Regular Start Time</th>
<th>2 Hour Late Start</th>
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<td>Elementary Schools</td>
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<td>Oakland Bay Jr High</td>
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<td>CHOICE High School</td>
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<td>Shelton High School</td>
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Youth Afterschool Program

Jerilynn Vail-Powell - March will be busy in the after-school program. Due to early release days, our snack times will be just a little different, offering three snack times throughout those days. Feel free to stop by to pick up an activity calendar to see what we have planned for the youth. Remember - We have a tribal holiday coming and will be closed on Friday, March 8th for Billy Frank Jr. Day.

As a reminder to any parents or guardians who may have had a change in their contact information, please stop by or call to update your youth’s registration form. The Rec Room number is 360-432-3955 and Jerilynn office number is 360-432-3992.

Higher Education Update

Mandy Valley - Higher Education students - If you have not sent us your final grades from fall yet, please do so as soon as possible. A variety of scholarship information is now becoming available. I’m constantly on the lookout for information on possible scholarship opportunities and I will forward what I learn to all Higher Education students.

Spring quarter is quickly approaching. If you plan to attend and are not a current Higher Education student, please stop by my office or give me a call at (360) 432-3882 so I can go over the required documents with you. Paperwork for spring quarter is due back no later than March 15th and can be emailed to me at mvalley@squaxin.us if that is most convenient for you.

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### Squaxin Youth Education, Recreation and Activities Calendar

**TLC Hours:** M-F 7:30am-7:00pm  
**Front Desk:** 432-3958  
**Rec Rm:** 432-3255 (only 3-6pm)

All activities are drug, alcohol and tobacco free.

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| Rec Rm: 3:6pm  
Team Building: 5-6pm  
Open Gym: 3:4-30pm  
10U Practice: 4:30-6pm | Rec Rm: 3-6pm  
Drum Group: 4:45-5:30  
Open Gym: 3:4-30pm  
11 & Up Practice: 4:30-6pm | GSD-ER @ 2:30pm  
Rec Rm: 2:30-6pm  
Arts-n-Crafts: 5-6pm  
Open Gym: 2:30-6pm  
ITL-Basketball  
Elem/Jr High – Away  
Open Swim: 3-6pm | Rec Rm: 3-6pm  
Crafty Kitchen: 5-6pm  
Open Gym: 3:4-30pm  
10U Practice: 4:30-6pm | Rec Rm: 3-6pm  
Movie Night: 5-7pm  
Open Gym: 3:4-30pm  
11 & Up Practice: 4:30-6pm  
Open Swim: 5-8pm |
| 11     | 12      | 13        | 14       | 15     |
| Rec Rm: 3-6pm  
Team Building: 5-6pm  
Open Gym: 3:4-30pm  
10U Practice: 4:30-6pm  
Open Swim: 3-6pm | Rec Rm: 3-6pm  
Drum Group: 4:45-5:30  
Open Gym: 3:4-30pm  
11 & Up Practice: 4:30-6pm | GSD-ER @ 2:30pm  
Rec Rm: 2:30-6pm  
Arts-n-Crafts: 5-6pm  
Open Gym: 2:30-6pm  
ITL-Basketball - TBD  
Open Swim: 3-6pm | Rec Rm: 3-6pm  
Crafty Kitchen: 5-6pm  
Open Gym: 3:4-30pm  
10U Practice: 4:30-6pm | SSD-3 HR ER  
Rec Rm: 11:45-6pm  
Open Gym: 11:45-4:30pm  
Fun Day Friday: 5-6pm  
Open Gym: 11:45-4:30pm  
11 & Up Practice: 4:30-6pm  
Open Swim: 5-8pm |
| 18     | 19      | 20        | 21       | 22     |
| SSD-3 HR ER  
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Rec Rm: 11:45-6pm  
Open Gym: 11:45-4:30pm  
10U Practice: 4:30-6pm | SSD-3 HR ER  
Rec Rm: 11:45-6pm  
Open Gym: 11:45-4:30pm  
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Rec Rm: 11:45-6pm  
Open Gym: 11:45-4:30pm  
10U Practice: 4:30-6pm | SSD-3 HR ER  
Rec Rm: 11:45-6pm  
Open Gym: 11:45-4:30pm  
10U Practice: 4:30-6pm  
Open Swim: 5-8pm |
| 25     | 26      | 27        | 28       | 29     |
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Open Gym: 11:45-4:30pm  
11 & Up Practice: 4:30-6pm | SSD-3 HR ER  
Rec Rm: 12-6pm  
Open Gym: 12-6pm  
ITL-Basketball - TBD  
Open Swim: 3-6pm | SSD-3 HR ER  
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Rec Rm: 12-6pm  
Open Gym: 12-6pm  
ITL-Basketball - TBD  
Open Swim: 3-6pm |

**After School Snacks:**  
**Computer Lab:**  
**Sylvan:**  
**Homework Help, GED Prep:**  
 M-F 3-4:45pm  
M-Th 3-6:30pm  
M-Th 4:30-6:30pm  
T/W 4-6:30pm & Th 3-5pm  
**BR = Early Release**  
WHL = Wa-He-Lut Indian School  
SSD = Shelton School District  
GSD = Griffin School District  
**ITL – Inter-Tribal Basketball League**  
High School: 9-12 Grade  
Jr. High: 7-8 Grade  
Elementary: 4-6 Grade
### Teen Program News

Jaimie Cruz - Thanks to the Squaxin TANF Program and IEI! The Squaxin Island Youth Council would like to thank IEI for supporting us yet again! The 2018-2019 Youth Council were able to get sweatshirts and jackets. The Squaxin Island Youth Council also wants to acknowledge the support for our teens offered by the TANF Program. We really appreciate their help with our activities.

February flew by! The teen program partnered with Taylor Owens and Patricia Green this month, and the teen program enjoyed a field trip to the UW Culturefest in Seattle. Five teens were able to be in the front row while various groups were showcasing their cultural dances. Several of our teens worked on powwow regalia leading up to the Tribe’s Powwow last month at Little Creek.

We are planning a movie night for March 1st and a teen night for March 29th. Please be on the lookout for flyers for both activities! March 1st we will be having a movie night from 6:00-8:30 then we will be headed over to Menchie’s on the west side of Olympia for $5 FROYO. March 29th will be Teen Night in the gym, with video games, snacks, music, and games from 7:00 p.m. - 11:00 p.m! Keep up with the latest through our Facebook page, just search “Squaxin teens”. Other upcoming events are being planned – intertribal youth gatherings, conferences, field trips and more. Please contact me for eligibility criteria and signing up. I will also be sharing information on upcoming Coastal Jams and powwows for families to take youth to attend. All teens are welcome to attend Youth Council meetings and activities. You are not required to participate on Youth Council to join our teen program activities!

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### March 2019

**Squaxin Teens**

Jaimie Cruz teen advocate: 432-3842

**Check Facebook @ Squaxin Teens for updates to Calendar!**

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<td>Movie Night in the TEEN</td>
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<td>Craft Class 3:00-5:00</td>
<td>5:6:30pm ITL- TBD</td>
<td>3:30-4:30</td>
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<td>Hom. Help</td>
<td>Drum Group 5-6</td>
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<td>Youth Council 5:00-6:00</td>
<td>TEEN NIGHT 7pm-11pm</td>
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<td>3:00 – 5:00</td>
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Homework Support and GED Preparation Classes

Jamie Burris - Homework Support is here, and GED Preparation classes have resumed! I will be here to help you study Tuesday and Wednesday from 4:00 - 7:00 p.m. Please note that there will be no Homework Support and no GED Preparation classes during school breaks.

The GED test has 4 subjects: language arts (reading/writing), math, science and social studies. The test is made up of multiple choice, drag and drop, fill in the blank, short answer, and extended response type of questions. Each test has a different amount of time allotted for it — ranging from 70 to 150 minutes. If you are a tribal member, the Tribe will pay for your testing (saving you at least $30 per test!). For study tips, go to: www.test-guide.com. For more information, please email me at jburris@mccleary.wednet.edu or go online at www.ged.com.

<table>
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<tr>
<th>Sunday</th>
<th>Monday</th>
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<tr>
<td>Nisqually Basketball Tournament</td>
<td>Grades 3-6 practice</td>
<td>Grades 7-10 practice</td>
<td>Intertribal game at Skokomish, Grades 7-8</td>
<td>Grades 3-6 practice</td>
<td>Taholah Basketball Tournament</td>
<td>Taholah Basketball Tournament</td>
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<td>10 Taholah Basketball Tournament</td>
<td>11 Grades 3-6 practice</td>
<td>12 Grades 7-10 practice</td>
<td>Youth Open Gym</td>
<td>14 Grades 3-6 practice</td>
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<td>17</td>
<td>18 Youth Open Gym</td>
<td>19 Grades 7-9 practice</td>
<td>Youth Open Gym</td>
<td>21 Grades 3-6 practice</td>
<td>22</td>
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<tr>
<td>24 Tulalip Tournament Tentative 14U Boys</td>
<td>25 Boys 18U practice</td>
<td>26 Grades 7-10 practice</td>
<td>Youth Open Gym</td>
<td>28 Grades 3-6 practice</td>
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<td>30</td>
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<td>31 Puyallup Tournament Tentative 14U girls</td>
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Youth Sports Program
Larry McFarlane, Sr., Youth Sports Coach
lmcfarlane@squaxin.us or (360) 432-3986
Mental Health Resources
Do you know someone who may be suffering from a mental illness or psychosis that you think may need an evaluation? Do you know someone that might be a danger to themselves or to others, and whose behavior has been erratic? There are resources in both Mason and Thurston County that we have access to that can assist you in time of need (crisis.) We have a community that is suffering; seen and unseen, and there is help readily available to assist those in a crisis.

To report a crisis, please call: 360-584-2800 to get connected to confidential services that can help you or a family member.

The Crisis Clinic of Thurston and Mason Counties:
Confidential, Anonymous, Crisis Intervention, Resources and Referrals
No Crisis is too Small to Make the Call

Available 24/7, 365 days a year: http://www.crisis-clinic.org/

Crisis Intervention Overview
What do we do? The clinic provides a 24-hour 7-day a week service to anyone who calls, offering crisis intervention and emotional support, as well as information and referrals.

If it’s a crisis to you, it is a crisis.

What can we help with?
• Listen
• Emotional support
• Assistance in identifying problems
• Locating resources
• Identifying steps to resolve problems

What do people talk about?
• Stress
• Job loss
• Loneliness
• Drugs and Alcohol
• Depression
• Domestic violence
• Relationships
• Child abuse/neglect
• Anger
• Suicide issues
• Illness
• Single parenting
• And much more

Community resources we can refer to:
• Shelters
• Emergency material needs
• Support groups
• Financial assistance
• Safety
• Employment assistance
• And many more

Legal Community Education

Squaxin Island Tribe
March 2019:
Estate Planning:
Power of Attorney, Advanced Directives and Wills

Tuesday, March 5th - 4:00 pm
Building Strong Families Through Culture, Community Kitchen

Tuesday, March 19th - 12:00 pm
Brown Bag Lunch, Legal Department Conference Room
All those attending, bring your lunch with you!
Community

Community Emergency Response Team (CERT)

All Community Members are Invited and Encouraged to Attend the Monthly Meetings!!!

Third Wednesday of each month at 2:00 p.m. at Emergency Operations Center (EOC)
Learn Squaxin’s Comprehensive Emergency Management Plan and Participate in Emergency Training Exercises

CERT training teaches community members
how to prepare for, respond to and recover from disasters
Household/personal emergency preparedness, fire safety, light search and rescue, team organization, and disaster medical operations

We Survived the Great 2019 Snowpocalypse!

SIT CERT - Several of your neighbors as well as tribal government staff are committed to helping the Squaxin Island community be better prepared before a disaster hits. You will see more opportunities to learn how to prepare your family at home or work in the near future. Your Community Emergency Response Team (CERT) is ready and willing to help during an event. The CERT was not deployed during this event, but we have already made adjustments so we can be in the future.

As the snow continues to melt away, please take a few minutes to consider what you feel worked well, either in your household or on the hill, and what would have made life a bit easier, if only. We learn something from every event. Lessons learned are an important part of planning for the next event. We need to hear from you! Please send your thoughts to us at CERT@squaxin.us.

Also, we’d love to hear stories of random acts of kindness you witnessed or experienced during the Great Kamilche Snowpocalypse.

You may be our HERO in case of an emergency!

For additional information please call:
John Taylor at 360-463-0903 or email jtaylor@squaxin.us
OR
Diane Deyette at 360-432-1771 ext. 0 or email ddeyette@squaxin.us
Is Dog Flu Something to Worry About?

Can dogs get the flu? Should you have your dog vaccinated against the “dog flu”? The answer, it turns out, depends on your dog’s lifestyle.

You just picked up your dog from boarding after a lovely vacation. Everything seems fine – and then your canine companion starts coughing. He has some nasal discharge. He feels warm, and he doesn’t want to eat. You remember that you just saw on the news that canine flu was causing problems. Oh no! You panic. Has he contracted the flu during his stay at the boarding facility?

It’s certainly possible; boarding kennels and other places where high numbers of dogs congregate are the most common place for dogs to come into contact with one of the flu viruses.

Currently, two strains of flu have been identified in dogs within the United States: H3N2 and H3N8.

The initial outbreak in 2003-2004, identified as H3N8, was restricted to Greyhounds in Florida and had a high mortality rate (38 percent). There was then a lull in cases until 2015; then, in Chicago, another outbreak occurred and was later identified as a new strain of canine flu: H3N2.

The most recent flare-up starting in mid-2017 and into spring of 2018 included both strains, though H3N2 was more prevalent and found to be more virulent. As of now, canine influenza has been reported in 40 states.

**Dog Flu Symptoms**

Symptoms of flu include sneezing, coughing, runny nose, fever, lethargy, and loss of appetite. About 80 percent of the dogs who are infected with the virus will have only mild symptoms, with about 20 percent of infected dogs showing no symptoms whatsoever (these dogs, however, are still able to spread the virus). Most dogs recover in two to three weeks.

In severe cases, however, the flu can progress to pneumonia. Symptoms of pneumonia are high fever; thick, purulent nasal discharge; and difficulty breathing. In severe cases, the illness can be fatal.

Unfortunately, flu represents a diagnostic challenge. The clinical symptoms cannot be distinguished from those of other common canine respiratory diseases such as bordetella bronchiseptica, parainfluenza, respiratory coronavirus, and distemper virus.

Further, there are no point-of-care tests currently available to veterinarians. Unlike in human medicine, where a quick bedside test can be conducted to diagnose flu, testing for canine flu can be difficult. Careful specimen collection and handling is essential, and tests must be sent to outside laboratories. Due to the expense and difficulty of this, often canine influenza is not definitively diagnosed; instead, it’s treated like other canine respiratory diseases.

**How to Treat Dog Flu**

There isn’t a specific treatment for dog flu; rather, general supportive care is given, especially if your dog is only mildly affected.

If your dog has more severe symptoms or evidence of pneumonia, he may be treated in the hospital with antibiotics (in case of secondary bacterial infection), intravenous or subcutaneous fluids, oxygen therapy, and fever-lowering NSAIDs. Your dog may also be isolated in a low-stress environment to prevent further spread and to help minimize his anxiety.

**Canine Influenza Transmission**

Influenza is highly contagious and spreads rapidly in social situations. Transmission is via aerosolized droplets (coughing, sneezing) and direct contact. It can also be spread on contaminated objects such as food or water bowls, leashes, and kennels. The flu virus can live up to 48 hours on these surfaces, so proper disinfection is a critical part of prevention. The most common places for a dog to catch the flu virus include dog parks, grooming facilities, kennels, and daycares.

Continued on Page 17
Health Clinic

Dog Flu
Continued from Page 16

Dog Flu Vaccines
Could you have prevented your dog from contracting the flu? There are vaccines available that protect against both strains. All of the canine influenza vaccines contain killed viruses.

As with the human influenza vaccine, it is important to remember that the flu vaccine doesn’t always prevent your dog from getting sick. In the event that he does contract the flu, the vaccine helps lessen the duration and severity of symptoms, including pneumonia and lung lesions. Dogs who were vaccinated against the flu but still transmitted the disease will shed the virus into their surroundings for a shorter period of time than unvaccinated dogs.

Side effects of the vaccine are uncommon and generally similar to other vaccine reactions: lethargy, low-grade fever, a lump at the site of injection, hives, and itching. In very rare cases, severe reactions can occur.

Pregnant dogs should not be vaccinated against the flu.

The influenza vaccination has been described by the American Veterinary Medical Association as a “lifestyle” vaccination, not a “core” vaccine (core vaccines are recommended for all dogs). A lifestyle vaccine is recommended for dogs who are at a higher risk due to their increased exposure to other dogs – such as dogs who attend daycare, boarding, or group classes, or frequent dog parks or dog shows. The first vaccine can be given as early as six weeks of age, and in all cases, it is critical that a booster is received two to four weeks later.

Don’t wait until a few days before boarding to get the vaccine. The dog should not be considered protected from disease until two weeks after his second vaccination. After the initial series, the flu shot is given annually.

If your dog is not in social situations or flu has not been reported in your state, the flu vaccine is not necessary. If you’re uncertain whether your dog should receive the vaccine, your veterinarian can help guide you.

Conclusion
Overall, while canine influenza can be serious, in most cases the symptoms are mild and self-limiting. Even in severe cases, the mortality rate is low – but some dogs do die from the illness. Vaccination is very effective and should be pursued for dogs in highly social environments.

Mauricio the Pharmacist recommends:

Take A Healthy Hike at
Miller Peninsula State Park

Miller Peninsula State Park, between Sequim and Port Townsend on the Olympic Peninsula shore, offers many miles of forest, bluff, and beach trails for hikers, horseback enthusiasts, and bike riders.

At nearly 3,000 acres, the up and coming state park provides a diamond patchwork of trails through scenic forested land.

Tip: With so many trails, bringing a map or taking a cell phone picture of the trailhead kiosk map at the newly minted Diamond Point Road parking lot so as not to lose one’s way.

From there, take the four mile trail that leads to a pebbled beach decorated with smooth driftwood at rest along with restless wild birds. On the way, descend into a cool and misty wooded ravine nourished by ancient fallen logs adorned with bright dabs of orange jelly fungus, a ravine that leads to a view of the Salish Sea and Protection Island, a Puget Sound bird sanctuary. Returning by way of the east side of the park, the trail passes through woods dominated by graceful olive-skinned Madrona trees with few conifers in between and muffin-sized mushrooms dotting the forest floor. The hike to the beach and back is a full 8 miles with less than a 400 foot elevation change.

Directions:
Allow about 2 hours from the Squaxin Island Tribe Tribal Center.

Take 101 N or Hwy 3 toward Sequim. About 10 miles before reaching Sequim or about 2 miles after passing Gardiner, WA, near milepost 275, look for Diamond Point Rd on the right. Turn right or north onto Diamond Point Rd and drive north about 1 mile watching for park signage on the left.

Bring your $10 Discover Pass https://www.discoverpass.wa.gov or visit on one of the 12 free days: https://www.discoverpass.wa.gov/136/State-Parks-Free-Days

Enjoy the spectacular views while benefitting from a heart healthy activity.
American Cancer Society Updates Colorectal Cancer Screening Guideline
Submitted by Traci Lopeman, Patient Navigator - New screening age recommendations for those at average risk

People at average risk of colorectal cancer should start regular screening at age 45.
- People who are in good health and with a life expectancy of more than 10 years should continue regular colorectal cancer screening through the age of 75.
- People ages 76 through 85 should make a decision with their medical provider about whether to be screened, based on their own personal preferences, life expectancy, overall health, and prior screening history.

It's important that everyone talk to their health care provider about which tests might be good options, and to check insurance coverage for each test option. The guidelines stress that these screening tests must be repeated at regular intervals to be effective. And, if you choose to be screened with a test other than colonoscopy, any abnormal test result must be followed up with a timely colonoscopy to complete the screening process.

What about those at higher than average risk?
The guideline also says that people at higher than average risk might need to start colorectal cancer screening before age 45, be screened more often, and/or get specific tests. People at higher or increased risk are those with:
- A strong family history of colorectal cancer or certain types of polyps
- A personal history of colorectal cancer or certain types of polyps
- A personal history of inflammatory bowel disease (ulcerative colitis or Crohn’s disease)
- A known family history of a hereditary colorectal cancer syndrome such as familial adenomatous polyposis (FAP) or Lynch syndrome (also known as hereditary non-polyposis colon cancer or HNPCC)
- A personal history of radiation to the abdomen (belly) or pelvic area to treat a prior cancer

Doctors Corner
March is Colorectal Cancer Month
Angela Tobias, M.D. at the Clinic - Most of us know someone who has been affected by colorectal cancer. It’s one of the most common cancers in the US, and it’s the third most common type of cancer in Alaska Natives and American Indians. While rates of colon cancer have declined in Caucasian populations, rates have stayed the same among native populations, and in certain regions like the Northern Plains, the rates are significantly higher. Native people also tend to be diagnosed later and have more severe disease. But this is preventable!

Colon cancer is one of those cancers that is curable, if it’s caught early enough. So screening is critical. Most people should begin screening at age 50. If you have someone in your family who had colon cancer before age 55-60, screening would begin for you at 10 years younger than your relative was diagnosed. The American Cancer Society recently changed their recommendation to start screening at age 45, but this is still being debated by other groups who issue screening guidelines.

You have several options for screening. The gold standard is colonoscopy. I almost always recommend that people get a colonoscopy because if anything is found, like a precancerous polyp, they will biopsy it during the procedure and then it is not still in your colon, trying to grow into something. And if the colonoscopy is completely normal, you won’t need to repeat it for 10 years. That’s a lot of mileage from one procedure! But a colonoscopy is an invasive procedure. You’ll need to plan on two days off work, because you need to drink the prep the day before, and you’ll need to stay close to the bathroom. Most people say the prep is the worst part of the whole thing though. There is a very small risk of colon rupture during the procedure, but in the hands of an experienced operator, this is very, very small. Because you are sedated for the procedure, you also will need someone to drive you to and from the procedure, and you’ll probably nap most of the rest of the day afterward. Some people who have heart or lung disease may not be able to undergo the sedation needed for the procedure.

Another option for screening is much less invasive but also must be done annually - stool testing. This test looks for microscopic amounts of blood in your stool. You collect the stool at home and bring the sample container back to the clinic for lab testing. It is also much less expensive than a colonoscopy, even though it has to be repeated annually. If it is negative you can be reasonably sure that you don’t have colon cancer, but if it comes back positive for blood, you will need to have a colonoscopy to find out why. This test is only appropriate for someone without any history of colon cancer in the family, or a personal history of colon polyps.

You may also have seen commercials on TV for something called Cologard. This is a stool test you do at home that looks for microscopic amounts of blood in the stool, as well as DNA fragments that are frequently shed by cancer growing in the bowel. This increases the diagnostic accuracy of the test, but if it comes back positive, you will still need to have a colonoscopy to find out why. It is also more expensive than regular stool testing, although insurance may pay for it. Like regular stool testing, it is only appropriate for people without colon cancer in the family or a personal history of colon polyps.

So you see, there are many options for screening, and very good reason to be screened. If you’re over 45-50 or have colon cancer in your family, please call or come into the clinic today to find the option that fits you best for screening. If you’ve been screened before and aren’t quite sure when you’re due next, we’ll be happy to help figure that out too!
University of Washington Cultural Fest 2019

On February 2nd, 2019, a group of Squaxin youth were taken to the University of Washington Seattle’s Cultural Fest. This event was sponsored by the Teen Advocate (Jaimie Cruz) and the Tobacco Cessation Program. Although Jaimie Cruz could not attend the event, Patricia Green stepped in for the evening and was a great help. This trip was planned in an effort to give the Squaxin youth more opportunities to learn about other cultures and hopefully spark interest in universities, but to also promote abstinence from tobacco, drug, and alcohol use. Because the theme of the event was cultural, we discussed the difference between traditional tobacco vs. commercial tobacco and gave the youth information on sacred tobacco and its importance.

The annual Cultural Fest provides the opportunity to learn about several different cultures in one evening. At 5:30 p.m., once the doors opened, we were able to walk around and interact with all of the cultural booths. The youth were especially interested in the booths that provided snacks from different cultures but were also excited to have had their fortunes read from the Mongolian booth.

Once the show began at 7 p.m., there were eleven different cultural performances, from an Indian dance group telling an ancient story, to a Mexican mariachi band, all the way to an Irish Riverdance. The youth had a great time and enjoyed learning about these different cultures.
Plan your garden now to grow healthy fruits and vegetables this summer! Learn by volunteering at the community garden!

Tips to starting a lifetime of good health for your kids:

1. **Don’t tell kids what they like (or dislike):** Kids’ palates change fast, so treat every approach to a new food or vegetable as if it is the first. This means avoiding telling your children that they may dislike a certain food – they’ll believe you even if they do like it. Similarly, your child might not trust you when you suggest she or he will like something new. They may, however, be willing to try that same food with friends or peers.

2. **Set a good (munch, crunch) example:** Your kids are not only watching you, they are following your lead. So set a good one. Eat lots of veggies, including ones you aren’t crazy about. Then invite your kids to join you. Tell them, “You know, I’m in the mood for some celery. How about you?” If they decline, surprise them by preparing the veggie in an unexpected way, such as a different shape or with a nut butter. They may change their minds and ask to join you.

3. **Start early – and early:** Good nutrition begins in the high chair, and often early in the day. Research shows it is best to introduce babies to solid foods, including veggies, first thing in the morning or after a nap, because they will be hungrier. Also, make the food the center of attention – avoid distractions such as the television and energetic siblings.

4. **Bite the veggies, and bite your tongue:** When enjoying a meal or snack with your kids, resist the urge to comment about what and how much they are eating. If you say things like, “Eat your vegetables,” your kid will more likely push them away. Similarly, if you feel a need to talk about your kid’s eating habits with friends or others, try not to do so in earshot of the child. What you say has influence.

5. **Offer vegetables several times a day at snacks and meals.** The more exposure the better. Your WIC checks allow you to choose fresh or frozen vegetables. Consider having your child help to pick out a new vegetable to try!

This institution is an equal opportunity provider.

Washington State WIC Nutrition Program doesn’t discriminate.
March Happy Birthdays

1 Alyssa Mary Ida Henry
   Jennine Marie Jacob
   Luke Grey Falcon Rodriguez
   Sapphire Pricilla Ward

2 Christy Marie Peters Block
   Raven Haaq Roush-Lizotte

3 Arnold E. Cooper
   Bichsel Stephan Set
   Chazmin K. Peters
   Clayton John Briggs
   Daniel Rodney Snyder
   Serena Rae Phillips
   Vincent Gene Henry Jr.

4 Adolfo Douglas McFarlane
   Angela Renee Lopeman
   Mayella Frankie Jean Roberts

5 Cedar Michael Korndorfer
   Faith Elizabeth Pughe
   Jamaal Jason Byrd

6 Evan Taylor Cooper
   Kodiak Draven-Wolf Masoner

7 Andrienne J. Baldwin
   Cody Francis Cooper
   David Josiah Seymour
   Massiah Angel Manu-Saenz

8 Belinda Gail Colberg
   Glen Woodburn Parker
   Millie Faye McFarlane
   Stella Jean Sicade

9 Finn Michael Dorland
   Kai’in Blumoon Tucker
   Marjorie L. Tuso
   Michaela Alina Lynn Johnson

10 Adrian Jose Julio Garcia
    Billy Dave Yocash
    Jay Dee Powell Jr.
    Joseph Daniel Rivera
    Terrah Maria Jackson

11 Alexendra RaeAnna Rodriguez
    Chenoa Reed Peterson
    Susan Faye Henry

12 Abigail Mae Bell
    Cindy Lee Ehler
    Steven Duane Lehman Jr.

13 Sara Naranjo-Johns

14 Andrew Dean Whitener
    Chantel Dawn Peterson
    Justin Daniel Kenyon
    Lois Colleen Woodward

15 Brandon Carl Blueback
    Kaleonahe Tadios-Tahkeal
    Nikki Marie Farron
    Tashina M. Ackerman

16 Adarius Terell Coley
    Rebecca Lezon-Ferreira

17 Anthony Dushuyay Johns
    Jaimie Renee Henderson
    Kenneth Michael Green
    Monte Morris
    Rachele Dawn Roberts

18 Jolene Rae Peters
    Thomas Blueback Jr.
    Victoria Dennis-Horn
    Winter Snow White

19 Cherry Teresa Armstrong
    Michael Alfred Bloomfield
    Raymond M. Castro
    Vicky Belle Engel

20 Joelene Elaine Tamm
    Lachell Marie Johns
    Nathaniel B Bisson

21 Doyle Raymond Foster
    Tayla Rose Logan

22 Charlene Ann Krise
    Jose Francisco-Cooley
    Lorane D. Gamber

23 Evelyn Angel Hall
    Nora Jean Coxwell
    Ronin Sharky Edwards
    Troy Gelacio Orozco

24 Jaelynn Elise Moliga
    Joanna Ruby Fuller
    John Brady Whitener
    Taylor Randolf Krise
    Tucker Blaine Hindley

25 Johnathan Draven Seymour

26 Elsje Jeanne Gambe
    Jerad Charles Lopeman-Fry

27 James Jeffrey Coxwell
    Kameron Marshall Weythman
    Lucke Robert Newell

28 Brittany F McFarlane
    Jon D. Brownfield

29 Benjamin Naranjo-Johns
   Eric Lee Ellerbe
   Felicia E. Thompson
   Josephine Marie Sabo
   Matthew James Pugel
   Ronald Andrew Whitener

30 Christina Marie Lopeman
   Stephen William Henry

Squaxin Island T.A.N.F. Sponsored
Lushootseed Classes

All are welcome to attend

Wednesday Evenings @ Family Services Classroom
5PM-6:30PM
Dinner is provided

Questions? Contact Rose Henry 360-432-3950
We will notify you of any changes in schedule due to holiday or Tribal closures.
What's Happening in March

1 - Friday
Housing Commission

4 - Monday
Bible Study, Elders Building 6:00 - 7:00

5 - Tuesday
Tobacco Cessation
Noon - 1:00 p.m.
Culture Night
3:00 - 5:00 p.m.
Drum Group 5:00 - 6:00

6 - Wednesday
Shellfish Committee
AA & ALANON - 7:30 p.m.
Elders Committee
Lushootseed Language Class
5:00 p.m. - 6:30 p.m.

7 - Thursday
Utilities Commission

Family Court

8 - Friday
SPIPA Board
Education Commission

11 - Monday
Childcare Board of Directors
Bible Study, Elders Building 6:00 - 7:00

12 - Tuesday
Enrollment Committee
Tobacco Cessation
Noon - 1:00 p.m.
Culture Night
3:00 - 5:00 p.m.
Drum Group 5:00 - 6:00

13 - Wednesday
Fish Committee
AA & ALANON - 7:30 p.m.
Golf Advisory Committee
Lushootseed Language Class 5:00 p.m. - 6:30 p.m.

14 - Thursday
Tribal Council

15 - Friday

16 - Saturday
Rumble
Shelton Cinemas

18 - Monday
Gaming Commission
Bible Study at Elders Building
6:00 - 7:00 p.m.

19 - Tuesday
Tobacco Cessation
Noon - 1:00 p.m.
Culture Night
3:00 - 5:00 p.m.
Drum Group 5:00 - 6:00

20 - Wednesday
AA & ALANON - 7:30 p.m.
CERT Training
2:00 p.m.
Lushootseed Language Class
5:00 p.m. - 6:30 p.m.

21 - Thursday
Job Club
9:00 - 10:30
Family Services Classroom

22 - Friday

25 - Monday
Bible Study at Elders Building
6:00 - 7:00 p.m.

26 - Tuesday
Criminal/Civil Court
Tobacco Board of Directors
Tobacco Cessation
Noon - 1:00 p.m.
Culture Night
3:00 - 5:00 p.m.
Drum Group 5:00 - 6:00

27 - Wednesday
AA & ALANON - 7:30 p.m.
Culture Night - 7:30 p.m.
Lushootseed Language Class
5:00 p.m. - 6:30 p.m.

28 - Thursday
Tribal Council

Job Club
9:00 - 10:30
Family Services Classroom

For more information, call Aaron Lake at 360-426-0276

Bible Study
everyone is welcome
Mondays 6:00 - 7:00 p.m. - Elders Building
For more information, call Aaron Lake at 360-426-0276
**Community**

**Elders Menu**  
... Fruit and salad at every meal

### Elders Menu

<table>
<thead>
<tr>
<th>Date</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>3/4 – 3/7</td>
<td>Chicken Pot Pie</td>
<td>Chilli, Corn Bread</td>
<td>Chicken Fried Steak, Mashed Potatoes and Gravy, Mixed Veggies</td>
<td>Tacos, Spanish Rice</td>
</tr>
<tr>
<td>3/11 – 3/14</td>
<td>Chicken Casserole, Veggies</td>
<td>Tomato Basil Ravioli Soup, Grilled Cheese Sandwiches</td>
<td>Chicken Alfredo, Peas</td>
<td>Casino Buffet</td>
</tr>
<tr>
<td>3/18 – 3/21</td>
<td>Chicken Burgers, Potato Salad</td>
<td>Italian Sausage Potato Soup, Breadsticks</td>
<td>Baked Potato Bar, Broccoli</td>
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<tr>
<td>3/25 – 3/28</td>
<td>Twice Baked Potato Casserole, Mixed Veggies</td>
<td>Taco Soup, Turkey Sandwiches</td>
<td>Hamburgers, Macaroni Salad</td>
<td>Lasagna, Parmesan Flat Bread</td>
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### Committees Commissions & Boards With Infrequent Meeting Times

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<thead>
<tr>
<th>Committee and Commissions</th>
<th>Council Rep.</th>
<th>Staff Rep.</th>
<th>Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>1% Committee (Bylaws &amp; Appendix X2)</td>
<td>Charlene Krise, Vince Henry, Vicki Kruger</td>
<td>Kris Peters</td>
<td>Feb., May, Aug., Nov.</td>
</tr>
<tr>
<td>Elections Committee</td>
<td>None</td>
<td>Tammy Ford</td>
<td>March, April, May</td>
</tr>
<tr>
<td>Explore Program Committee</td>
<td>None</td>
<td>Rene Klusman</td>
<td>May and June</td>
</tr>
<tr>
<td>Fireworks Committee (TC 6.04.040)</td>
<td>Charlene Krise</td>
<td>Rhonda Foster</td>
<td>Not yet determined</td>
</tr>
<tr>
<td>Gathering Committee</td>
<td>None</td>
<td>Kevin Lyon</td>
<td>Not currently meeting</td>
</tr>
<tr>
<td>Law Enforcement Committee, Law and Order</td>
<td>None</td>
<td>Glen Parker/Kim Kenyon</td>
<td>June and August</td>
</tr>
<tr>
<td>Veterans’ Committee</td>
<td>None</td>
<td>Kris Peters</td>
<td>As needed</td>
</tr>
<tr>
<td>Budget Commission</td>
<td>Vicki Kruger</td>
<td>Charlene Krise</td>
<td>Sept., Dec., March, June</td>
</tr>
<tr>
<td>Business Administration Board (TC 6.24.010)</td>
<td>None</td>
<td>Vacant</td>
<td></td>
</tr>
<tr>
<td>Little Creek Oversight Board (TC 2.26.010)</td>
<td>None</td>
<td>Arnold Cooper, Vicki Kruger, Charlene Krise</td>
<td></td>
</tr>
<tr>
<td>Museum Library and Research Board</td>
<td>Bev Hawks</td>
<td>Vacant</td>
<td></td>
</tr>
<tr>
<td>Tourism Board (TC 2.34.010)</td>
<td>Vacant</td>
<td>Arnold Cooper</td>
<td></td>
</tr>
<tr>
<td>Island Enterprises Board</td>
<td>Vacant</td>
<td>Vinny Henry</td>
<td></td>
</tr>
<tr>
<td>Skookum Creek Tobacco Board</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Committees and Commissions Listed on Calendar

<table>
<thead>
<tr>
<th>Committee and Commissions</th>
<th>Council Rep.</th>
<th>Staff Rep.</th>
<th>Meetings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aquatics Committee</td>
<td>Arnold Cooper</td>
<td>Jeff Dickison</td>
<td>2nd Wednesday in Feb., May, Aug., Nov.</td>
</tr>
<tr>
<td>Elders Committee</td>
<td>Charlene Krise</td>
<td>Traci Coffey</td>
<td>1st Wednesday or Thursday</td>
</tr>
<tr>
<td>Enrollment Committee</td>
<td>Charlene Krise</td>
<td>Tammy Ford</td>
<td>2nd Tuesday</td>
</tr>
<tr>
<td>Fish Committee</td>
<td>Vicki Kruger</td>
<td>Joseph Peters</td>
<td>2nd Wednesday in March, June</td>
</tr>
<tr>
<td>Golf Advisory Committee</td>
<td>Arnold Cooper</td>
<td>Kris Peters</td>
<td>2nd Wednesday or Thursday</td>
</tr>
<tr>
<td>Hunting Committee</td>
<td>Arnold Cooper</td>
<td>Joseph Peters</td>
<td>2nd Tuesday of July, Oct., Jan., April</td>
</tr>
<tr>
<td>Shellfish Committee</td>
<td>Arnold Cooper</td>
<td>Eric Sparkman</td>
<td>1st Wednesday of March, June, Sept., Dec.</td>
</tr>
<tr>
<td>Education Commission</td>
<td>Vince Henry</td>
<td>Gordon James</td>
<td>2nd Friday</td>
</tr>
<tr>
<td>Gaming Commission (TC 6.08.090)</td>
<td>Vacant</td>
<td>Dallas Burnett</td>
<td>3rd Monday</td>
</tr>
<tr>
<td>Housing Commission</td>
<td>(Per Tribal Code) None</td>
<td>Bert Miller</td>
<td>1st Friday</td>
</tr>
<tr>
<td>Child Care Board of Directors</td>
<td>Charlene Krise</td>
<td>Ray Peters</td>
<td>2nd Monday</td>
</tr>
<tr>
<td>Tobacco Board of Directors</td>
<td>Vicki Kruger &amp; Charlene Krise</td>
<td>Vacant</td>
<td>4th Tuesday</td>
</tr>
<tr>
<td>Utilities Commission (TC 11.08.010)</td>
<td>Vacant</td>
<td>Vacant</td>
<td>1st Thursday</td>
</tr>
<tr>
<td>SPIPA Board of Directors</td>
<td>None</td>
<td>Patti Puhn</td>
<td>2nd Friday</td>
</tr>
</tbody>
</table>
USDA Foods Program March Dates

NISQUALLY 3/6/19
SQUAXIN ISLAND 3/12/19
SKOKOMISH 3/15/19
CHEHALIS 3/21/19
PT. GAMBLE S’KLALLAM 3/26/19

NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staff have other duties that they are responsible for on the days they are not issuing commodities.
If you're unable to make the date, please call and schedule an appointment with appropriate staff. For USDA Food, call the Warehouse at Nisqually 360-438-4216

WIC Program March Dates

SQUAXIN ISLAND 3/12/19
CHEHALIS 3/14/19
NISQUALLY 3/13/19
SKOKOMISH 3/20/19

This Institution is an equal opportunity provider. Washington State WIC Nutrition Program does not discriminate.

NOTE: These dates are future projections. While we strive to keep these dates and times, they may be subject to change. This program is not always able to accommodate walk-ins due to their other duties.