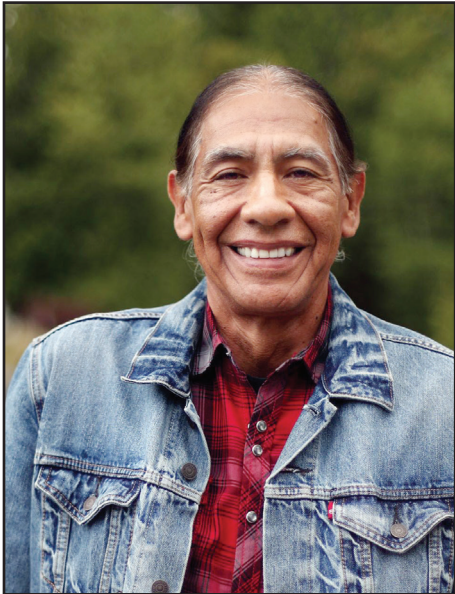


Congratulations Newly Reelected Tribal Council



Vince Henry
Council Member 3



Charlene Krise
Vice Chair



Public Budget Hearing June 6th at 4:30 Council Chambers

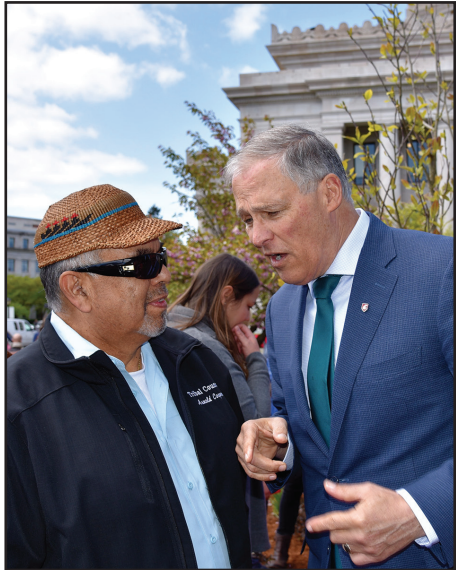
The Squaxin Island Tribe needs to hear from you. The budget ordinance encourages community input and, in fact, the community has a significant role in deciding budget priorities. Come share your concerns and visions and help set priorities for FY20 programs. Dinner will follow at 6:00 p.m. in the Elders building.



Arbor Day Celebrated on Capitol Campus

Department of Enterprise Services (DES) staff planted a Japanese magnolia tree (*Magnolia x soulangeana*) in the new landscape bed at the southwest corner of the Insurance Building in celebration of Arbor Day.

The April 26 event featured drumming and dancing by the Squaxin Island Youth Council, a song by children from the Capitol Campus Child Care Center and remarks from Squaxin Island Chairman Arnold Cooper, Gov. Jay Inslee, State Forester George Geissler and DES Deputy Director Annette Meyer.



PRSRT STD
 U.S. POSTAGE
 P A I D
 SHELTON, WA
 PERMIT NO. 96

Return Service Requested
 10 SE Squaxin Lane, Shelton, WA 98584



Walking On



Leanne Whitener

Leanne Grace (Leifer) Whitener (70), the wife of BJ Whitener, passed away on April 17, 2019.

She was born on February 22, 1949, in Everett, WA to Gale and Betty Leifer. Leanne was raised in Marysville, WA on a strawberry farm where she had many adventures and made memories with her cousins. She graduated from Marysville Pilchuck High School. Leanne worked for years with her parents and siblings at the family business, Parkway Nursing Home. Leanne

raised her four daughters, teaching them the value of hard work, the art of cooking, the love of gardening, and the importance of family. She finished her professional life at Okanogan County Transportation and Nutrition, where she worked tirelessly to improve opportunities for seniors and also served on the Omak City Council.

She married BJ Whitener in 2010 and they enjoyed traveling, riding their motorcycle, and spending time with friends and family. She will be remembered for her engaging personality, beautiful smile, wit, courage, and love for her family.

She is survived by her husband, BJ Whitener of Omak; her mother, Betty Leifer-Peeler of Colville, WA; daughters, Heidi Stone (Chris) of Post Falls, ID; Brooke Steele of Marysville; Brandi Flugel (Tracy) of Colville; and Cadi Gabel (Trent) of Seattle; step-children, Danielle Whitener (Randy) of Newhall, CA; Jabe Whitener of Seattle; and Joshua Whitener (Jolene) of Kamilche, WA; 12 grandchildren; five great-grandchildren; sister, Marnee Ande (Tony) of Tonasket, WA; and brother, Clare Leifer (Melodie) of Lake Stevens, WA.

She was preceded in death by her father, Gale Leifer.

A memorial service was held for Leanne on May 11, 2019 at 1:00 p.m. at the Squaxin Island Tribe Museum Library and Research Center.

Ecology, Squaxin Island Tribe secure more than \$1.5 million in conservation grants

Sean Wells May 13, 2019, OLYMPIA — Washington Department of Ecology and Squaxin Island Tribe recently announced more than \$1.5 million in secure funding in National Coastal Wetlands Conservation grants.

The Skookum Valley Wetland Acquisition received \$564,000 in grant funding. Working in partnership with the Squaxin Island Tribe, the funding will be used to help acquire and permanently protect 158 acres of wetlands and shorelines along Skookum Creek that flows directly to Puget Sound in Mason County.

West Oakland Bay Restoration Phase 2 received \$1 million in grant funding. Department of Ecology officials working along side the Squaxin Island Tribe partnered to put the second phase of restoring critical coastal wetlands in

place in West Oakland Bay in Shelton. The project will restore 28 acres of salt marsh, lost when an industrial harbor was created more than a century ago.

The program is managed by the U.S. Fish and Wildlife Service and funded in part through taxes paid on equipment and fuel purchases by recreational anglers and boaters. Established in 1990, the federal conservation program provides up to \$1 million for individual wetland projects in coastal and Great Lake states as well as U.S. territories.



Squaxin Island TRIBAL NEWS

10 S.E. Squaxin Lane
Shelton, WA 98584

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TOLL FREE: 877.386.3649

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www.squaxinisoland.org

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

ARNOLD COOPER: Chairman
CHARLENE KRISE: Vice Chairman
JEREMIE WALLS: Secretary
VICKI KRUGER: Treasurer
BEV HAWKS: 1st Council Member
DAVE WHITENER: 2nd Council Member
VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:

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thenderson@squaxin.us



Governor Inslee Signs Washington Indian Health Improvement Act

Bill creates stronger collaboration between Tribes, urban Indian health organizations, and state

Olympia, Wash.—A bill that will change the way healthcare funds are invested in Tribal and urban Indian health organizations was signed by Governor Jay Inslee Tuesday, May 7.

The Washington Indian Health Improvement Act (SB. 5415) will help the state of Washington, Tribes, and Urban Indian Health Programs increase access to care, strengthen continuity of care, improve population health, and strengthen cultural effective practices.

The bill also permanently authorizes the Governor's Indian Health Advisory Council and mandates the first Indian Health Improvement Advisory Plan. The Governor's Indian Health Advisory Council consists of representatives from all 29 federally recognized Tribes in Washington, CEOs of two Urban Indian Health Programs, four legislative members representing the majority and minority caucuses in the House and Senate, and one member representing the Governor's Office.

"The level of trust and participation by all parties involved brings a lot of hope for the future health of Native communities in Washington," said Vicki Lowe, executive director of the American Indian Health Commission (AIHC). "We are providing a model that we hope to see replicated throughout the country."

AIHC took a lead role in the development and legislative advocacy for the bill. AIHC is a Tribally driven nonprofit organization dedicated to improving health outcomes for American Indians and Alaska Natives through state level health policy, advocacy, and programs. It consists of Tribal and urban Indian representatives who work on behalf of the 29 federally recognized Indian Tribes and two Urban Indian Health Programs in the state.

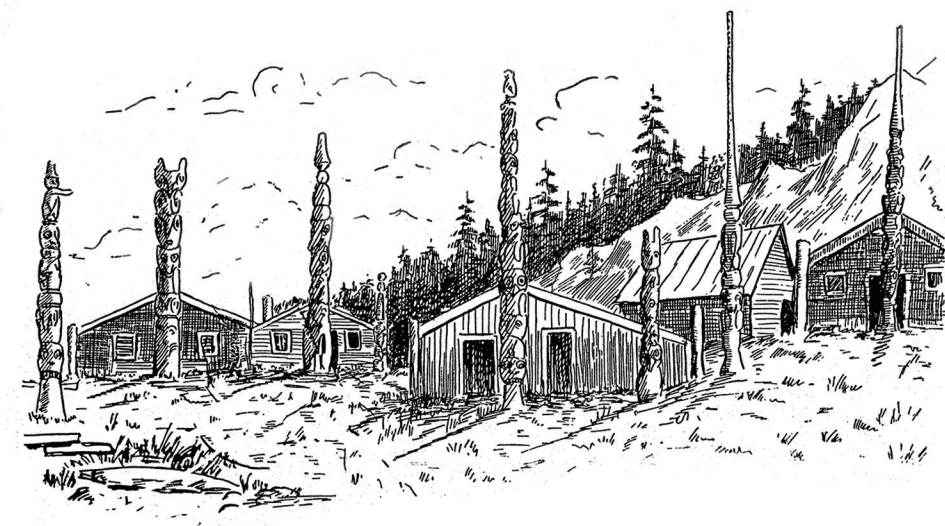
The federal government has a fiduciary obligation to provide healthcare to American Indians and Alaska Natives. The traditional Medicaid program is jointly funded by states and the federal government, and the federal matching percentage varies by state. The federal government incentivized states by covering 100 percent of Medicaid costs for American Indians and Alaska Natives.

This legislation establishes a Tribal reinvestment account that leverages the state costs savings and reinvests those dollars into the Indian healthcare system.

The Washington Indian Health Improvement Act was introduced in the 2019 legislative session by Senator John McCoy (D-38) and Representative Steve Tharinger (D-24). The bill was approved unanimously by the Washington State legislature in April. For more information about the Washington Indian Health Improvement Act, visit



Vice Chair Charlene Krise and Council Member Vince Henry, Sr. took the Oath of Office on May 23rd administered by Margaret Henry, Cultural Resource's Tech II.



Please Join Us
Building Strong Families Through Culture

BSFTC

Community Kitchen

Tuesday's
3:00 to 5:00



Guiding Good Choices Seminar



This Strengthening Families Event Sponsored by:



Where: Squaxin Island Family Services Building
2750 SE Old Olympic Hwy Shelton, WA 98584

When: Thursday Evenings: May 23rd, 30th, June 6th, 13th, 20th, & 27th

Time: 5:45 pm – 7:45 pm **Cost:** Free – Including Child Care!

Guiding Good Choices (GGC) is a 5-week evidence-based educational program that provides users with the knowledge and skills needed to guide children through early adolescence. It seeks to strengthen and clarify family expectations for behavior, enhance the conditions that promote bonding within the family, and teach skills that allow children to resist drug use successfully. GGC is based on research that shows that consistent, positive parental involvement is important to helping children resist substance use and other antisocial behaviors. Sessions are interactive and skill based, with activity handouts, discussion topics, skill-building exercises, and information on positive parenting.

For more information, directions and registration,
(Childcare available by reservation only: Ages 3 – 12 years old)

Free Child Care!

Contact: FESS at 360-754-7629 or by e-mail at marc@FamilyESS.org ;
Or go to www.FamilyESS.org to sign up online.

Topics for this 5-week course:

- June 6th - Avoiding Trouble;
- June 13th - Managing Family Conflicts;
- June 20th - Strengthening Family Bonds
- June 27th - Financial Resources Class

New Employees



Tiffany York TANF Case Aide

First I want to thank my grandmother, Jean Hartwell, for always believing in me and not allowing me to give up on pursuing this career path. I love you and miss you so much. Thank you for always believing in me.

Secondly, hi everyone! My name is Tiffany York. I am very pleased to share with you - friend's, family, and everyone - that I have just been hired as the new TANF Case Aide in Family Services.

I come from a loving background. I have 3 boys, Dontae (21), Jericho Sr. (20) and David (18); my only daughter, Aloha, who is 16; and my nine month-old grandson, Jericho Jr.

For the past nine years I have been wanting to come back to the job that was best fit for me. And believe me, it took a lot of growing to be where I am today. So I believe I am truly blessed to be a part of a great team. This is for real the place I want to be. I know I have a great future here. I enjoy working for our community. I'm definitely a people person. I get along with everyone. I have always wanted to help others. I know in my heart I am supposed to be here. Through all the ups and downs in my life, I was able to do a complete 180 degree turn-around and to become a role model, a mentor, and someone my children can look

up to. I look forward to working with TANF again. Helping others has always been something I have been good with. And this is really what I want to do. I am grateful for this chance to be here for you and whomever I get a chance to work with. I am just so excited.

Lastly, to my children . . . You are all amazing. I love you. And this is my chance to tell you and everyone reading this that you are my everything. Thank you for believing in me and for sharing your strength. Because, look at me. Between you and my McMaha, love really did work wonders. I'm living proof that good things in life can happen at any moment if you just believe. It doesn't matter how old you are; your dreams can always come true.



Kaitlyn Smevold Dental Assistant

Hi! I am Kaitlyn Smevold, and I have been hired as a Dental Assistant for Health Services, aka the clinic.

I have two children, both girls, a six year-old and a two year-old. They are my life and take up all my time which I love.

I am excited about helping people achieve good oral hygiene.

I look forward to working with and being a part of this wonderful community.



Squaxin Island Fitness Center

The Squaxin Island fitness center grand opening was held Friday, March 22, 2019. There were approximately 75 people in attendance. Starting Monday, March 25, orientations were scheduled for tribal members, spouses, and descendants. Since then, 26 Elders, 17 youth, and 152 adults, for a total of 195 people, have registered and completed their orientations.

As a reminder, youth are welcome in the fitness center in accordance with the fitness center policies:

- Youth age 13-15 may only be in the fitness center with their parent or guardian;
- Youth 16-17 will receive their own FOB which will give them access to the fitness center from 7:30 a.m. - 6:30 p.m., seven days a week; outside of these hours, they must be accompanied by their parent or guardian.
- As a safety precaution, no youth under the age of 13 are allowed in the building.

Starting May 20, 2019, registrations for Squaxin Island government employees will begin. While adding new members, we will monitor use closely to avoid overcrowding.

To register and schedule your orientation, please contact Janita Raham, Parks and Recreation Manager at 360-432-3869.

Dear Squaxin Elders,

Monday, May 20, 2019

We have 2 big trips coming up this year and all Tribal Elders and their legally married spouse (if married) are eligible to participate in ONE trip of their choice.

Each trip is limited to the first 30 people who sign up!

Each trip will require a NON-REFUNDABLE \$250.00 deposit.

To be eligible: each traveler must provide a completed multi-day travel packet, list of all current medications (may be put in sealed envelope) & deposit by the date required. (TBD)

*1st Trip Details: October 2019 will be to Mexico (date TBD soon) trip will be all-inclusive, which includes all meals, beverages & activities! This trip requires a valid/current passport (Good thru April 30, 2020) NO EXCEPTIONS!

*2nd Trip Details: November 2019 Oahu, Hawaii (date TBD soon) You will be responsible for ALL your food & Beverage, gratuities, some transportation & spending money! An included Itinerary will be provided for your activities on this trip along with most transportation. This trip requires a valid/current form of legal ID (WA. ID/Driver's License) NO EXCEPTIONS!

MORE DETAILS TO FOLLOW SOON ON BOTH TRIPS!!

Please call: Traci @ 360-432-3868 or tcoffey@squaxin.us
or

Annie-Beth @ 360-432-3892 or abhenry@squaxin.us
to get signed-up with the trip you want asap!



Squaxin Island Job Club

Congratulations to the five individuals who successfully completed the second Squaxin Island Job Club Cycle:

Spirit Jones
Dorothy (Dodi) Huff
Misti Saenz-Garcia
Leona Cooper
Justin Kenyon

The Squaxin Island Vocational Rehabilitation Job Club promotes work excellence and preparedness by providing classes for 1 ½ hours, once a week for five weeks. Participants are issued a Wifi tablet to log into a Squaxin trainee account. This tablet can be issued to the participant after completion of the five-week course, providing all curriculum and activities are completed. These tablets provide a resource that can connect and allow participants to access multiple cloud based accounts and resources regarding job/vocational training and to build on their formatted cover letters, resumes, and thank you letter templates.

The classes will be facilitated by Voc Rehab program counselors. Topics and discussions will include:

- Job Club agenda
- Job Club responsibility guide
- Participant agreement
- Pre-quiz
- Reveal strengths/weakness
- Cover letter information
- What is a resume?
- Power words for resumes
- Identifying barriers
- Soft skills
- Transferrable skills
- Job readiness skills
- Non-verbal messages
- Interpersonal skills
- Appropriate dress
- Interview questions
- Mock interview
- Getting to interview (strategic planning)
- Self-management skills
- Budgeting
- Medicine Wheel (Balancing life)

For more information on the next Job Club cycle, contact the Squaxin Island Vocational Rehabilitation Program.



Veterans Memorial Boardwalk

Mason County Historical Society is planning a veterans memorial boardwalk near downtown Shelton at the Pear Orchard Park-n-Ride on Highway 3. This boardwalk will be part of a new trail system enhancing downtown Shelton. You can honor a family member veteran by having their name engraved on a 10 x 5" commemorative plaque for \$100. You can do this at the Mason County Historical Society Museum on Railroad Avenue.



Governor directs state agencies to ramp culvert repair

Jeff Chew May 23, 2019, OLYMPIA — Gov. Jay Inslee has ordered the Washington State Department of Transportation to begin the immediate ramp-up of culvert repairs around the state, an urgent and crucial priority for improving fish passage and salmon recovery.

Culverts are pipes that allow streams or water to flow under or across a roadway or railroad. State officials estimate there are about 2,000 culverts statewide, however, nearly half of them are too small or too damaged and actually impede the ability of salmon and other fish to reach their spawning ground.

The Mason County Historical Society and local chapter #60 of Disabled American Veterans are partnering to develop a Veterans Memorial Boardwalk through David Shelton's historic pear orchard. Using an environmentally friendly construction design employed on the Billy Frank Jr. Nisqually National Wildlife Refuge, the 700-foot walk will be suspended above the soil so people can stroll on the boardwalk in quiet contemplation.

For decades, through several wars, military veterans have returned from their national service to re-build their lives and contribute to their communities by having families, by working as farmers, loggers, teachers, businessmen, and millworkers. Mason County is home to 7,700 veterans.

For the most part, they have returned without any real recognition, yet have made the communities they returned to stronger. Some veterans, though, never could find their way home. This Veteran's Memorial Boardwalk will, we hope, offer a path for self-forgiveness and a way back home, one step at a time.

*Please contact us
to find out more!*

Mike Fredson 360.898.7714

Mike Olsen 360.751.6589

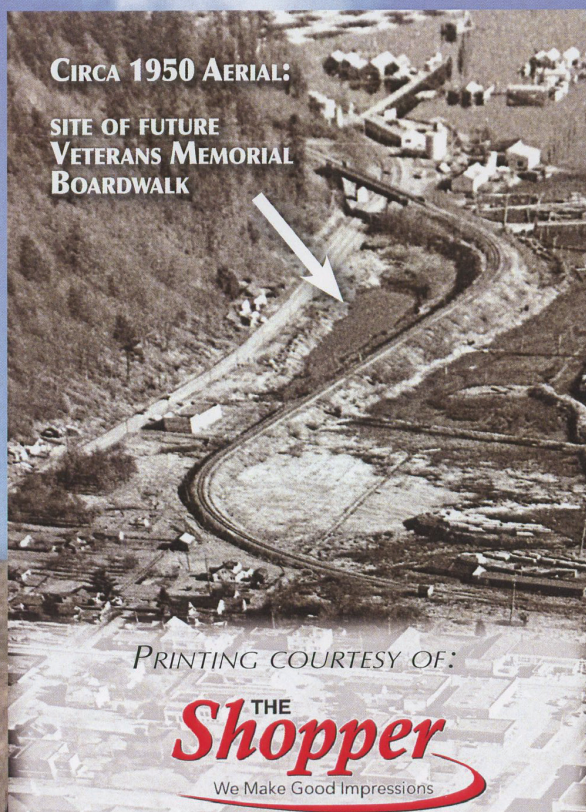
Mason County
Historical Museum 360.426.1020
427 West Railroad • Shelton, WA 98584

MasonCountyHistoricalSociety.org
Please find us on Facebook

Mason County Historical Society
is a 501(c)3 nonprofit organization (#26122).

CIRCA 1950 AERIAL:

SITE OF FUTURE
VETERANS MEMORIAL
BOARDWALK



PRINTING COURTESY OF:

**THE
Shopper**
We Make Good Impressions

MASON COUNTY
HISTORICAL SOCIETY

Veterans Memorial Boardwalk



LT. KEN FREDSON
WWII B17 PILOT

**Honoring Their Service
Revitalizing our
Community**

*Shelton's First Waterfront Boardwalk
and Walking Trail Connecting
to the Heart of Downtown*

Join Us!

MAJOR DONOR LOGO HERE



In 2001, the U.S. government sued Washington state on behalf of 21 Northwest tribes, saying the state is depriving tribes of their fishing rights by failing to ensure adequate fish passage.

A U.S. district court ruled in favor of the tribes in 2013 and ordered the state to replace those 1,000 culverts, and set a deadline of 2030 for about 490 of the highest priority barriers. The U.S. Supreme Court upheld that decision last year. WSDOT estimates it will cost about \$3.7 billion to fully meet the court's order.

Inslee proposed a plan in December that established a dedicated funding source that would provide \$275 million in the 2019-21 biennium and \$700 million per biennium starting in 2021. The funding would allow WSDOT to more than double its current pace of culvert repairs. In addition to meeting the court's order, the culvert repairs are part of the governor's plan to increase Chinook salmon prey

for southern resident orcas. However, legislators decreased funding for culverts from \$108.5 million in 2017-19 to merely \$100 million in 2019-21.

As he completed signing the new 2019-21 state transportation budget, Inslee voiced significant frustration with state lawmakers saying, "The Legislature this year made commendable progress on an incredible number of issues, from climate to education. But their inability to address the billions of dollars needed to fund necessary culvert repairs around the state is unacceptable. This is a matter of urgency. And not just because the courts have told us so. The fate of our salmon is intrinsically tied to our tribes, our orca, our economy and our very identity."



2015
DRAWING
FROM THE
CITY OF SHELTON:
HISTORIC
ENTRYWAY
CORRIDOR
PROJECT

DOWNTOWN SHELTON
Front Street

ENLARGEMENT

PEAR ORCHARD
PARK N RIDE

STATE RT 3

PEAR ORCHARD
PARK N RIDE

STATE Route 3

BREMERTON

NORTH

Veterans Memorial Boardwalk

HONORING THEIR SERVICE • REVITALIZING OUR COMMUNITY

Creating an immediate, positive impact on downtown Shelton, the 700-foot raised Veterans Memorial Boardwalk will honor generations of Mason County veterans who served their nation's call.

Located beside the historic Pear Orchard, the Veterans Memorial Boardwalk presents a strong icon of civic pride at a key entryway to the downtown Shelton business core.

Supported by a new Mason Transit Park-n-Ride and other landscaping improvements, the Boardwalk will provide a welcoming presence and bridge-like connection for transit riders, visitors and, most of all, American veterans, to walk with pride along Mason County's only Veterans Memorial built with local materials, donations and labor.

You can make a difference too, when you honor a veteran by purchasing a plaque, or donate in some other way.

Commemorate a Vet Engraved Plaque: \$100

10 x 5 inch granite engraved tile with veterans name

LT. Kenneth Fredson
PILOT
WWII

SPONSOR/PARTNER LOGOS HERE



Squaxin Receives New Transit Bus

Pictured with "Bus 7" are our transit drivers...Tammy, Robyn, Sharon & Gene

Squaxin Island Transit received a new transit bus on Tuesday, May 7, 2019. It was purchased through a grant from Washington State with 20% matching funds from the Tribe.

As always, it has a front loading bicycle rack and is handicap accessible with the lift being moved to the back. It will seat up to 20 passengers or 16 passengers and 2 wheelchairs. New features of this bus include a padded interior to keep outside noises at a minimum and inside dimmable LED lighting for the comfort of our early morning winter passengers. Also, to keep our small passengers safe, it includes a toddler seat and two child restraint system hooks to accommodate child infant or car seats. Another safety feature is a backup and dual vision camera the drivers are looking forward to using.



Squaxin Transit has one full-time driver, two part-time drivers, and one supplemental driver who serve the Squaxin Island Reservation area, Steamboat Island, and McCleary/Elma. We also operate two direct service trips to and from Shelton on Mondays for the convenience of our Reservation shoppers.

Squaxin Island Public Transit began service in December 1999 boasting 460 passengers. We have grown considerably over our nearly 20 years of operation, giving 1,550 passengers a ride in April and almost 20,000 passengers in 2018.

We work closely with Mason Transit Authority, coordinating our schedule with theirs and utilizing their maintenance shop to keep our buses in safe working order.

Look for it on the route soon.



Take the bus, leave the driving to us!



Tammy Ford, Robyn Velazquez, Sharon Phinney, and Gene O'Neil





Summer Schedule



Squaxin Transit
Dispatch: (360) 280-7612
Office: (360) 432-3970



Due to route deviations, all times are approximate.

Effective: June 16, 2018

Monday - Friday (Summer Schedule)

Squaxin Island				MTA Route 6		Shelton (Monday Only)		McCleary/Elma					Steamboat (Dial A Ride Only)		
Tribal Center	Reservation Route	Kamilche Transit Center (KTP)	Arrive Tribal Center	① Olympia to Shelton	② Shelton to Olympia	Tribal Center to Shelton	Shelton to Tribal Center	Kamilche Transit Center (KTP)	McCleary	Elma	McCleary	Kamilche Transit Center (KTP)	Kamilche Transit Center (KTP)	Steamboat Is. Road	Kamilche Transit Center (KTP)
6:30	6:31	6:45	7:00	6:47	6:45	10:50	11:45	8:00	8:20	---	8:30	8:45	8:25	8:35	8:45
7:00	7:01	7:15 ①	7:30	---	7:15	1:00	1:45	10:05	10:25	10:45	10:50	11:10	3:00	3:15	3:40
7:25	7:26	7:45 ①②	8:00	7:47	7:45			2:10	2:25	---	2:30	2:45			
8:25	8:26	8:45	9:00	8:55	8:45										
---	---	8:55	---	---	---										
9:30	9:31	10:00 ①②	---	9:55	10:00										
---	---	10:05	---	10:55	11:00										
10:50	10:51	Monday Only	12:00	---	---										
---	---	11:10	11:15	---	---										
11:35	11:36	12:00 ①②	12:15	11:55	12:00										
12:35	12:36	1:00 ①②	1:10	12:55	1:00										
1:35	1:36	2:00 ①②	2:10	1:55	2:00										
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2:35	2:36	3:00 ①②	3:10	2:55	3:00										
3:35	3:36	4:00 ①②	4:15	3:55	4:00										

① Connects with MTA Olympia to Shelton Bus
② Connects with MTA Shelton to Olympia Bus

Shelton Express
Monday Only
*A convenient direct route to Shelton and back from reservation.

Take the bus, leave the drive to us.

Wednesday Schedule

8:25	8:35	8:45
2:00	2:15	2:40
---	---	---

• Dial A Ride Service is available for customers who experience difficulty using regular route service or if routed service is not available. A minimum of two (2) hours in advance is required to request a ride. Please call (360) 280-7612.

• Holiday Closures: The bus does not operate on the following holidays: Martin Luther King Jr. Day, President's Day (observed), Memorial Day (observed), Fourth of July, Labor Day, Thanksgiving Day and the Friday after, and Christmas Eve thru New Years Day.

• Steamboat: Regular Route: from September to June. Dial A Ride Only: June to September



2019 SPRING CLEAN-UP SUCCESS

**“The People of the Water” step up
for the community and the environment.**

Fewer dumpster loads to the landfill. Tons of items responsibly recycled.

This year the Office of Housing, with approval from Tribal Council and executive leadership, applied new strategies to the annual Spring Clean-Up. We're pleased to report that the results were positively positive!

New features of the program this year:

- A secure site protected by temporary fencing
- A location in the sight line of Law Enforcement's cameras to discourage abuse of the program
- Restricted access—proof of community residence was required
- On-site attendants to help with off-loading and sorting for recyclables
- Efficient loading of dumpsters thanks to people power and a little help from heavy equipment
- Coordination with Tribal employment programs to recruit helpers



**Four fewer dumpster
loads to Mason County
Garbage than last year**



**30,500 pounds of scrap
metal recycled**

96 tires removed

**2 loads of e-cycle
materials properly
disposed of**

**10 vehicles hauled away
with owner permission**



With a big thanks to the community for pitching in!

- Folks with time and trucks helped Elders and others get their stuff taken to the dumpsters.
- Reusable items were re-homed with informal swaps between neighbors.

New homes were found for: 3 bicycles, 1 dining room table and chairs, large dresser, nightstand, set of dishes, fishing corkline, gaming controls, 1 tire and wheel, kitchenware.



Graduation Matters Shelton!

Attendance Policies and Procedures for the 2019-20 School Year

The goal of Graduation Matters Shelton is that every student graduates ready for college or career – in other words: Ready for Life.

Educating our children is a partnership between schools and families. For students to be successful, they must attend school regularly – every day, all day, on time. When students miss school, they miss out on important learning. The State of Washington requires all parents of students eight years or older to have their children attend school full time. Once enrolled, students aged six or seven are also required to attend school full time. Not sending students to school is a violation of state law. Schools are responsible for making sure students achieve grade level standards each year.

There is a lot of ground to cover in a school year – and every day counts. Families can support their students by:

- Making every effort to get your child to school on time every day, beginning in kindergarten. Students learn important foundational skills – including how to read – during the kindergarten year. Missing school during kindergarten could put your child behind from the very start and make it difficult to ever catch up.
- Notifying the school right away if your child will be absent. Absences are usually excused when an absence is due to:
 - Illness, medical appointment, or family emergency;
 - Participation in a district-approved activity or instructional program;
 - Religious or cultural purposes;
 - Court or judicial proceedings;
 - Post-secondary school visit or scholarship interview;
 - State recognized search and rescue activities;
 - Student's homeless status;
 - Disciplinary or corrective action;
 - Deployment activities of a parent or guardian;
 - Other reasons agreed upon by the school principal and family.
- Providing the school with documentation of an excused absence as soon as possible. Without documentation within five days (phone call, written note, etc.) of student's return to school an absence will permanently be considered unexcused.
- Eliminating late arrivals to school in the morning, early departures from school in the afternoon, and unexcused absences whenever possible. When students are absent from class at any time during the school day it can have a negative impact on their learning.
- Helping your child complete any work they miss when absent due to either an excused or unexcused absence, or to a disciplinary action or suspension.
- Notifying the school right away if your phone number, mailing address, or email address change.



Scholarship Information

Go to: <https://squaxinland.org/government/departments/learning-center>



When a student is absent from school, school staff will make every effort to contact the parent or guardian. It is imperative that parents/guardians provide correct contact information and update it with the school when necessary. It is the responsibility of the school to make sure parents know when a student is absent. When a student has unexcused absences, the school will do the following:

- After one unexcused absence, make a phone call or send a warning letter;
- After three unexcused absences within any month, schedule a parent conference to discuss options to help the student attend and be successful in school;
- No later than the fifth unexcused absence in a month, enter into an agreement with the family establishing attendance requirements and supports to eliminate barriers to the student coming to school.
- After the seventh unexcused absence in a month, or tenth unexcused absence in the current school year, file a petition and affidavit with the juvenile court alleging a violation of RCW 28A.225.010 by the parent, student or parent and student. The school may file the petition sooner, and the court may refer the case to a Community Truancy Board.

It is up to the school principal to determine whether an absence meets the criteria to be excused or not.

Whether absences are excused or unexcused, when they become excessive they can have a negative impact on a child's education. The Shelton School District defines "excessive absenteeism" as more than 12 absences (excused or unexcused) during the school year. When a student is excessively absent -- for 12 or more days in a school year -- the school may intervene as if the absences were all unexcused.

Late arrivals (tardies) and early departures can also have a negative impact on a child's education when they are excessive. Tardiness is defined as not being in the classroom at the assigned start to the instructional day or secondary class period.

For the full text of Shelton School District Policy and Procedure 3122 Excused and Unexcused Absences go to the district website:

<http://www.sheltonschools.org/Board/Policies/Forms/AllItems.aspx>

Remember, by attending school every day on time your child is learning important life skills and responsibilities. Attendance matters every day, every year. The Shelton School District will work with your family to make sure your child has every opportunity to be successful. We're counting on you to do your part! There are community and school resources available to help those families that are struggling with truancy. Please ask your school's secretary, reach out to the district office, or visit the Attendance Resources Page of the Shelton School District website at: <http://www.sheltonschools.org/Families/Pages/Attendance-Resources.aspx>

We look forward to partnering with you.



LEARNING CENTER



Sgwi' Gwi 2019 is fast approaching

Sgwi' Gwi is a celebration where the Squaxin Island community honors and applauds community members for their educational progress and achievement. Sgwi' Gwi is again being held at the Skookum Creek Event Center, this year on Friday, June 21st, starting at 5:00 p.m. Dinner will be served. We will be celebrating the younger students who are each moving up a grade, and celebrating the many graduates who are joining us for the evening.

Tribal members receive educational achievement incentives from the Squaxin Island Tribal Council for achieving a high school diploma or GED certificate; earning a vocational certification; or graduating college with an Associate's, Bachelor's or Master's Degree. We are excited to hear from all tribal members – please let us know if you are graduating at any of these levels!



Higher Education Updates

Mandy Valley - Just a reminder that summer quarter is by special request only! You must write a special request letter to the Education Commission in addition to providing the signed Memorandum of Commitment, your summer class schedule, and official grades from spring 2019. The deadline for summer 2019 is June 7th. Also, August 9th is the deadline to turn in all completed paperwork for the 2019/2020 school year. Paperwork can be picked up at the Tu Ha' Buts Learning Center between the hours of 7:30 a.m. and 4:00 p.m. If you have any questions or need any assistance, please feel free to give me a call at (360)432-3882, or send me an email at mvalley@squaxin.us.



Squaxin Youth Education, Recreation and Activities Calendar				
TLC Hours: M-F 7:30am-7:00pm Front Desk: 360-432-3958 Rec Rm: 360-432-3955 (only 3-6pm)				
All activities are drug, alcohol and tobacco free.				
Monday	Tuesday	Wednesday	Thursday	Friday
3 Rec Rm: 3-6pm Team Building: 5-6pm Open Gym: 3-4:30pm 11U Practice: 4:30-6pm Open Swim: 3-6pm	4 Rec Rm: 3-6pm Culture Night: 5-6pm Open Gym: 3-4:30pm 12 & Up Practice: 4:30-6pm	5 <i>GSD-ER @ 2:30pm</i> Rec Rm: 2:30-6pm Arts-n-Crafts: 5-6pm Open Gym: 2:30-6pm Open Swim: 3-6pm	6 Rec Rm: 3-6pm Dad's Doughnuts 5-6pm Open Gym: 3-4:30pm 11U Practice: 4:30-6pm	7 Rec Rm: 3-6pm Fun Day Friday: 5-6pm Open Gym: 3-4:30pm 12 & Up Practice: 4:30-6pm Open Swim: 5-8pm
10 Rec Rm: 3-6pm Team Building: 5-6pm Open Gym: 3-6pm Open Swim: 3-6pm	11 No After-School Program Closed to Prepare for Summer Rec	12 No After-School Program Closed to Prepare for Summer Rec Open Swim: 3-6pm	13 No After-School Program Closed to Prepare for Summer Rec	14 No After-School Program Closed to Prepare for Summer Rec Open Swim: 5-8pm
17 Summer Rec Staff Training Week Open Swim: 3-6pm	18 Summer Rec Staff Training Week	19 Summer Rec Staff Training Week Open Swim: 3-6pm	20 Summer Rec Staff Training Week	21 Summer Rec Staff Training Week & Sgwi-gwi from 5-7pm Open Swim: 5-8pm
24 Summer Rec Open 7:30-4pm Center Based Sling Bags & Water Safety Class Center Visitor: Mason Fire District 4 Open Swim: 3-6pm	25 Summer Rec Open 7:30-4pm Field Trip R.A.C. Leave at 10am Return at 2pm	26 Summer Rec Open 7:30-4pm Center Based Museum Tour & Team Building & Water Safety Class Center Visitor: Sfira - BHOP Open Swim: 3-6pm	27 Summer Rec Open 7:30-4pm Field Trip Museum of Flight Leave at 8:45am Return at 3:00pm	28 Summer Rec Open 7:30-4pm Center Based Medicine Roller & Positive Affirmation Cards Open Swim: 5-8pm

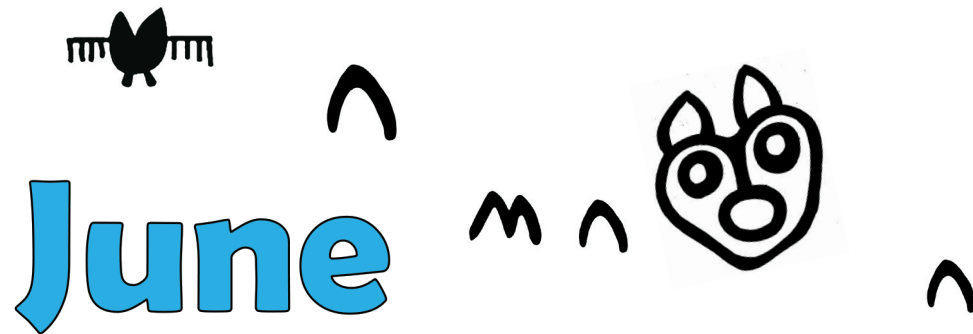


LEARNING CENTER



GED and Homework Help Update

A big THANK YOU to Jamie Burris! GED prep instruction and the afterschool homework support program are facing significant changes as we move forward. Jamie Burris has opted to discontinue in this contract role, and we wish her and her family the best for everything her future brings. She has spent the last ten years helping Squaxin students learn new concepts, complete their homework, study for the GED, and earn their high school diploma or GED certificate. The TLC is establishing plans for this support to continue in the fall. Until then, we raise our hands to Jamie, and ask that you join us in thanking her on behalf of the many students she has helped over the last decade.



Help Protect Our Kids, Families and the Environment



Clean Out Your Medicine Cabinet

Prescription Drug Take Back Boxes

Located At:
Mason County Sheriff's Office
322 North 3rd Street in Shelton
&
Mason Regional Fire Authority
460 Northeast Old Belfair Highway in Belfair

For More Information Call Mason County
Public Health & Human Services
360-427-9670 ext. 400



Squaxin Teens

Jaimie Cruz teen advocate: 432-3842
Check Facebook @ **Squaxin Teens** for updates to
Calendar!

Monday	Tuesday	Wednesday	Thursday	Friday
	TEENS ON MACHINES EVERY TUESDAY 4:30pm - 6pm			1
3 Homework Help 3:00 – 5:00	4 Basketball Practice 4:30-5:30 Craft Class/ Drum Group 3:00-5:00	5 Lushootseed Class 5-6:30pm Family Services	6 Youth Council 3:00-4:00	7
10 Homework Help 3:00 – 5:00	11 Last day of School \$\$\$	12 Lushootseed Class 5-6:30pm Family Services	13 Youth Council 3:00-4:00	14
17 Homework Help 3:00 – 5:00	18 Basketball Practice 4:30-5:30 Craft Class/ Drum Group 3:00-5:00	19 Lushootseed Class 5-6:30pm Family Services	20 Youth Council 3:00-4:00	21 SGWI GWI Skookum Creek Event Center 5 pm
24	25	26	27	28
Native Wellness Warrior Camp - Grand Ronde, OR				



Afterschool Program News

Jerilynn Vail-Powell - We are proud of the youth for completing another school year! Time sure did fly by. If families have not already done so, please stop by to complete your new registration packet for Summer Rec. For 2019, and due to the changes in the Shelton School District school year, Summer Rec 2019 is planned to run nine weeks and begins on Monday, June 24th. Forms will also be available on the Squaxin Island Tribe's website under "Summer Rec". Completed forms can be returned upstairs to Redwolf. We look forward to seeing all the youth this summer!



ATTENTION ALL STUDENTS *Graduating in 2019*

Do you know someone who is graduating high school, has received their GED, completed their AA, BA, MA Degree, or has received a certificate for a vocational/technical program?

To be recognized please send/fax your information to Mandy Valley by;
4:00pm Friday June 7, 2019.

Please see contact information below

The Squaxin Island Tribal Council, Education Commission and the Tu Ha' Buts Learning Center would like to recognize and celebrate these individuals at the Twenty-first Annual Sgwi-gwi Celebration.

22nd Annual Sgwi-gwi Celebration
Friday June 21, 2019
5:00pm Little Creek Events Center

Contact: Mandy Valley
10 SE Squaxin Lane
Shelton, WA 98584

Phone: (360) 432-3882
Fax: (360) 426-7897
email: mvalley@squaxin.us

A few helpful tips for Summer Rec:

- It will be helpful on field trip and swimming days if youth could bring have back-pack labeled with their name. This will help them keep track of all their things.
- With options for being picked up by a parent, being picked up by another authorized adult, or walking home on their own - if your youth will be doing something different than you indicated on the back of the registration form, please call or write the staff a note.
- As a safety precaution, we ask that parking at the TLC be in the authorized parking spaces. If vehicles are parked in front of the upper or lower ramps at the TLC, it can become more challenging for the youth to see around and walk around them when crossing the street.
- For a number of reasons, we encourage youth to leave their electronics (games, tablets, etc.) at home. We are concerned that they may become lost or damaged in multiple ways.



Join us at the TLC for

**DAD'S
DOUGHNUT
DOUGHNUTS**

THURSDAY, JUNE 6TH
5:00-6:00PM

TLC IN THE REC ROOM

Have any questions, call Jerilynn at 360-432-3992



Tutor News

Lynice May and Lynn White - The 4th Annual Squaxin Island First Grade Field Experience was fantastic! Three hundred 1st grade students from Bordeaux, Evergreen, and Mountain View Elementary schools participated in cultural and environmental activities over a three-day period. "Fantastic!" "Wonderful!" "Amazing!" were some of the words Shelton School District 1st grade teachers used to praise the Squaxin Island Tribe field experience held at the Collier House on April 16, 17, and 18, 2019.

Students, too, seemed to enjoy the field experience. Here is a sampling of our young 1st graders' comments: Thomas said, "I loved the storyteller, especially when she told us about Ravens and how they can imitate our speech." Luke said, "I liked the beach and learning about Squaxin Island." Maddi concurred, "I liked the beach discovery and finding shells and stuff." Ava said, "My favorite part was the touch tanks." Emilia said, "I really liked making the family dolls." Lillian said, "I liked making the raven mask and listening to the story about Raven letting the sun escape out of the box." Weston said, "The big starfish was amazing."

This year, Peggy Peters, the Squaxin Island Tribe Education Liaison, and Candace Penn, an environmental scientist with the Squaxin Island Department of Natural Resources, added three new stations to the four existing ones - the storyteller station, the beach discovery, the estuary, and the touch tanks. Adding more stations expedited flow and increased opportunities for student participation.

We wish to recognize all who helped make our 4th annual field experience a success. First, thank you to our Squaxin Island Elders who held the children in rapt attention with their vivid narrations of traditional Native American stories. Thank you Charlene Krise, Sally Brownfield, and Peggy Peters. A very special thank you goes out to Lisa Johns and Ruthie Whitener from the Squaxin Island Museum for providing us with two of our new stations.

At one station, Lisa Johns helped the children make ceiya (family) dolls, letting each child choose to make either a Kya (Grandma), Sappa (Grandpa), Tskoy (Mom), or Boad (dad) doll. At the museum's second station, children listened to a traditional Native American story about Raven, while they glued and colored replicas of the raven headdress. Squaxin Island tutor Lynice May, and Shelton School Board member Sally Brownfield also assisted at the Raven station. At our third new station, Squaxin Island tutor, Julie Young, manned a hands-on sand table that allowed the children to see the affects of erosion within an ecosystem, using sand, water, and dyes.

Once again, the Puget Sound Estuarium did an awesome job teaching the children about the importance of our wetlands that act like sponges to clean up our water and provide a habitat for many animals. At this station, the students saw the potential impact of pollutants from towns and cities that border our wetlands. A big thank you to Aerial Wauhob, Bob Wharton, Ralph Silda-Berry, Annie Burks, and Paula Craft.

Candace Penn oversaw the touch tank station, always a favorite with the children. This year Candace enlisted fellow workers from the Squaxin Island Department of Natural Resources - Eric Sparkman, shellfish biologist; Dakodah Vigil, fish tech; and Rana Brown, shellfish biologist - to dive with her in the Salish Sea inlet for the wondrous and diverse creatures that filled our touch tanks.

A big thank you to Redwolf Krise who greeted the children with song and drumming and later filled in as guide at the beach discovery station. Finally, thanks go also to Squaxin Island tutor Lynn White for keeping time and making sure groups flowed smoothly from station to station, as well as doing our photography.





Flea Facts and Myths

Think you know everything there is to know about fleas and their impact on pets? Read these little known flea facts and common flea myths that can solve all your flea related doubts.

Flea Myth 1 – A few fleas are okay to have

This is one of the greatest of all flea myths and hundreds of pet owners are under this misconception. The fact is that fleas multiply as rapidly as rabbits and even a single flea can multiply to 1000 fleas in 21 days on your pet. Pets that are highly sensitive to flea antigens can get greatly disturbed by even a single bite. Additionally, flea bites can be terrible for humans as well.

Flea Myth 2 – Fleas can fly

Fleas cannot fly but did you know these related 'un-fun' flea facts? Fleas can jump 150 times their own body size; they can jump 30,000 times in a row without stopping, and can also jump left or right in opposite directions with every jump!

Flea Myth 3 – A flea infestation is easy to deal with

Pet-owners believing in such flea myths are probably unaware of these flea facts: A single female flea can lay nearly 2000 eggs in her lifetime (nearly 40 to 50 each day!). Furthermore, a single flea can consume nearly 15 times her own body weight in blood every day. Each flea can live for nearly 3 months during which period it can cause a great deal of anxiety to your pet.

Flea Myth 4 – We should use preventive flea measures only in the warmer months

The little known flea facts include the truth that flea protection is necessary all year round but especially in the warmer and humid environments.

Flea Myth 5 – After the flea treatment is over, pet owners can rest assured

This is the biggest of all flea myths that many pet owners believe in. They even stop treating their pet, thinking the fleas are gone for good. The fact is: fleas are just going to return after a few months. Additionally, many pets are very sensitive to fleas and to their excreted matter and their eggs; all these can lead to allergic condition or dermatitis that causes itching, hair loss and lesions on the pets. Thus: flea control is a continuous and lifelong process.

Flea Myth 6 – Spraying the home and yard with flea control products is all you need to do

Important among all flea facts is the logical step that merely treating the pet's environment is not enough. Fleas should be controlled on the pet itself otherwise they are simply going to feed and lay eggs on it.

Flea Myth 7 – The more flea products the better

This is one of the most dangerous of all flea myths that owners believe in. Many owners end up using multiple flea products, believing that they are acting in their pet's interest. An important one among all flea facts is that one must never use a flea shampoo along with a flea dip or other flea products without the vet's approval. This will cause the pet to take in too much of the unapproved products that can do more harm than good. Similarly, if you have a cat and a dog as well, you cannot use the same products for the two, but must inform your vet so s/he can prescribe appropriate products for either pet.

Flea Myth 8 – Flea products are toxic

This depends on the particular flea control product you use. Today, there are several FDA approved flea products available in the market. Prescription flea control agents have been created by the veterinarians (many of who also use them on their own pets). These flea control agents have been tested extensively by the FDA and guarantee the safety for humans as well as the animals. From Gus the doggie guy



- Can you teach a craft?
- Are you a weaver?
- Can you do beadwork?
- Can you make drums?
- Do you know how to sew?
- Do you have experience cooking for a large group of people?



If you are interested in teaching a craft class for Building Strong Families through Culture submit an outline of your experience and areas of interest.

* Please note classes take place every Tuesday from 3:00-5:00 pm





WA State Indian Education Association Conference

Sally (Sis) brownfield - The Washington State Indian Education Association conference was held at Little Creek Casino Resort April 3-5.

There was something for everyone. Keynotes, panels and workshops on education, craft lessons, karaoke, over a dozen vendors of all sorts, youth leadership day, awards, fun run, and lots of networking and sharing of best practices and resources for students, schools and families.



WSIEA attendees visiting the Child Development Center outdoor classroom



Health careers workshop for students



Award Recipients Front L-R:

Casey and Bobbie Brown:
Kayonnie Badonie
Martha Sherman
Sally Brownfield

Parents
Scholarship
Educator
Educator

Award Recipients Back L-R:

Arlen Washines
Kaylee Mellgren
Chrystal Buck

Elder
Scholarship
Art Contest Winner





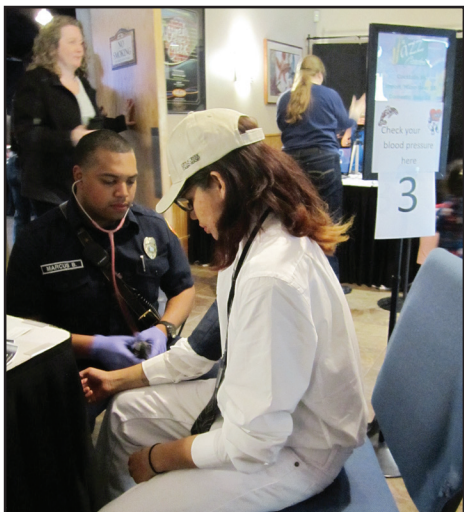
General Body May 4, 2019 Did You Get Screened?

Submitted by Patty Suskin, Diabetes Coordinator - The lobby at the event center at Little Creek Casino Resort was full of activity from 8:30 a.m. to 10:30 a.m. on Saturday, May 4th. Squaxin Island Health Clinic and Behavioral Health Outpatient (BHOP) staff were busy screening for diabetes (A1c blood test), blood pressure, and depression (PHQ-2). In addition to the screening, suicide prevention information was available along with dental giveaways and an opportunity to schedule appointments.

After all the screenings, people received a shopping bag and could take a photo at the photo booth coordinated by Jenn Motteler from Squaxin Island Department of Information Services.

Thank you to those who took the time to be screened and to staff participating.

If you have pre diabetes, you can prevent or postpone diabetes by losing 5-7% of your weight (losing 10-14 pounds if you weigh 200#) and being active for at least 150 minutes a week (at least 30 minutes a day, 5 days a week).



Doctor's Corner: Taking **PRIDE** in Our Clinic

By Angela Tobias MD from the Squaxin Island Health Clinic - Happy Pride month! In June we celebrate the Lesbian, Gay, Bisexual, Trans, Queer/Questioning, Intersex, Asexual and other (LGBTQIA+) community and all they bring to our society.

Most of us know and love someone who is a member of the LGBTQIA+ community, whether we know it or not. But did you know that more than half of LGBTQIA+ people have experienced health care discrimination in some form in their lifetime? Whether it's being mis-gendered, or a doctor assuming someone is straight or reacting badly when they find out that someone is not straight, or someone being refused care outright because of their identity, the doctor's office can be an awkward or even traumatizing experience. Add that to Native heritage and this is a group that has faced double discrimination in the health care setting far too often.

This leads to LGBTQIA+ folks avoiding the doctor's office, putting off care they really need, and not getting appropriate and culturally competent preventive health care, which leads to a lot of illness and death that could have been prevented. But here, everyone is valued. And you are accepted, exactly as you are. My view has always been that judgment has never made anyone healthier, and I'm not here to judge anyone anyway. I'm here to help you.

LGBTQIA+ people have some unique health needs (but also have all the same health needs as everyone else), and need to be able to trust their health care provider enough to be completely honest with them about anything and everything that's on their mind.

Kids who might be questioning their sexual orientation or gender identity need to have a dependable source for medical information and a safe place to ask challenging questions.

People who have been sexually assaulted or abused (who are disproportionately represented in the LGBTQIA+ community, especially if they are also Native) need trauma-informed care providers to help them heal.

Partners are welcome here as well! Families come in lots of different 'flavors' and we know they always have. Your whole family, whatever 'flavor' it comes in, is welcome here.

For anyone who is not yet open about their identity, or who is not yet sure about their identity, let me assure you that this is a safe place to ask questions and trust that your information will remain confidential. In small communities, confidentiality is so much more important than it is in larger places, and we understand that. If you need confidential care at any time, please just advise staff when you call that your visit needs to be confidential. And for all visits, as always, please trust that what is said in any of our exam rooms will stay private, unless there is imminent danger to yourself or others.

In recent years, medical science has been able to define the significant, long term health effects of the daily toll it takes on a person to exist in the world without being able to be your full, authentic self due to fear of discrimination or violence. No one knows this more than Native people, who have had to fight to regain their full culture and identity after centuries of suppression, colonization, and violence.

In this clinic we respect and uplift the whole person each time we treat a patient. So please, bring your whole self, and anything that's bothering you, when you come to see us!



Yoga & Movement

Would you like

- Increased flexibility?
- Increased muscle strength and tone?
- Improved respiration, energy and vitality?
- Stress Management?
- Weight reduction?
- Cardio and circulatory health?
- Improved athletic performance?
- Protection from injury?
- Mental clarity & calmness?

Join us!!

These classes are open to Squaxin Members, employees and community members.

Contact Melissa Puhn for questions, or to be included on the e-mailing list for class updates, mpuhn@squaxin.us

March 5 – July 1st
Squaxin Island
Fitness Center Classroom

Yoga Tuesdays
from 12:00–1:00 p.m.
With instructor Michelle Pugh

Movement Wednesdays
from 12:15–12:45 p.m.
With instructor Elizabeth Egan

Movement Fridays
from 12:15–12:45 p.m.
With instructor Elizabeth Egan

All levels! No cost to attend!

WIC at SPIPA

(Women, Infants, and Children)

provides healthy foods & nutrition information for you and your child up to age 5.

Please bring:
Your child, Provider One Card or paystub and identification for you & your child

Contact at SPIPA for an appointment:
Debbie Gardipee-Reyes 360.462.3227
gardipee@spipa.org

or **Patty Suskin 360.462.3224**,
wicnutrition@spipa.org

Tuesday, June 11th is WIC day at SPIPA

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn't discriminate.

wic WOMEN, INFANTS & CHILDREN

American Heart Association | American Stroke Association | **Together to End Stroke™**
life is why™

High blood pressure equals HIGHER RISK OF STROKE.

NORMAL BLOOD PRESSURE IS BELOW 120/80

Most people who have a first **STROKE** have **HIGH BLOOD PRESSURE.**¹

80% of strokes can be **PREVENTED.**²

STROKE HAPPENS WHEN A CLOT OR RUPTURE INTERRUPTS BLOOD FLOW TO THE BRAIN. WITHOUT OXYGEN-RICH BLOOD, BRAIN CELLS DIE.

Nearly **1 IN 6** American adults with high blood pressure **DON'T KNOW.**³

At age 50, people without high blood pressure have a **LIFE EXPECTANCY 5 YEARS LONGER** than people with high blood pressure.³

Have your blood pressure checked and keep it in check to **REDUCE** your **RISK OF STROKE.**

1 Neal B et al; Lancet. 2000;356:1955-64 // 2 D'Agostino, R.B. et al. Stroke. 1994;25:40-43 // 3 Mozaffarian D et al. Circulation. 2017;135:e135-139

Together To End Stroke™ before it happens. For more information visit Heart.org/HBP

Mammogram Clinic

Monday, June 10, 2019
8:00 a.m. to 4:00 p.m.

To schedule an appointment or if you have any questions regarding your eligibility please contact:
Traci Lopeman at (360) 432-3930.

Every Woman counts, please tell your Sisters, Daughters, Mothers and Friends to have a mammogram done yearly.

Beginning at age 40 Women should have a mammogram done yearly. Clinical breast exams should be done on a yearly basis by your medical provider. You should do your own monthly Breast Exams on a regular schedule.

Check in at the Tribal Administration Bldg.

National Breast and Cervical Cancer Early Detection Program | **susan G. komen cure** | **PUGET SOUND**



Happy
Father's
Day

Elders Menu . . . Fruit and salad at every meal

6/3 – 6/6

MONDAY:
Beef Pot Pie

TUESDAY:

Italian Sausage Potato Soup,
Breadsticks

WEDNESDAY:

Tator Tot Casserole, Carrots

THURSDAY:

Spaghetti, Corn, Garlic Toast

6/17 – 6/20

MONDAY:
Chicken Enchilada Casserole

TUESDAY:

Broccoli Cheddar Soup, Biscuits

WEDNESDAY:

Baked Potato Bar, Broccoli

THURSDAY:

Casino Buffet

6/10 – 6/13

MONDAY:
Twice Baked Potato Casserole,
Mixed Veggies

TUESDAY:

Minestrone Soup,
Turkey Sandwiches

WEDNESDAY:

Hamburgers, Macaroni Salad

THURSDAY:

BBQ Ribs, Mac-n-Cheese,
Green Beans

6/24 – 6/27

MONDAY:
Stroganoff, Brussel Sprouts

TUESDAY:

Chili, Corn Bread

WEDNESDAY:

Tacos

THURSDAY:

Shrimp Scampi, Asparagus

Tips for using your WIC Checks

We don't want you to miss out on healthy foods WIC offers to stretch your food budget!

1. Make it a priority to use your WIC checks

- Keep them in a safe place.
- Check the date on your WIC checks so you know when they expire.



2. Before you head for the store, plan ahead for your shopping:



Download the WIC Shopper app

- Decide which checks or check you will use that shopping trip.
- Get familiar with the food list—download the WIC Shopping App and/or review your WIC shopping guide. Learn what brands and sizes of foods are allowed.
- When there are choices of items (eg. whole grains), decide which you will choose.
- Make a WIC shopping list & bring your WIC appointment folder.

3. At the store:

- Use your WIC app or shopping guide to know what foods are allowed.
- Notice expiration dates of milk and other items so your food will last the longest.

4. At the checkout line:

- Let the cashier know you're using WIC Checks.
- Separate WIC items from regular purchases.
- Place your WIC foods on the conveyor belt in the same order as they are on the check.
- Use your signature on your WIC appointment folder as your identification.



This institution is an equal opportunity provider.

Washington State WIC Nutrition Program doesn't discriminate.

Social Security Disability

If you have been denied Social Security benefits because you receive a "Per Capita" distribution or other Tribal assistance, please contact Diane at the Squaxin Legal Department for assistance. (360) 432-1771 ext. 0



June Happy Birthdays

1 Alexandrea Julia Cooper-Lewis Alonzo Johnny Grant Jenene Joy Miller Kenai Alexander Blueback	11 Alex C. Ehler 12 Brandon Michael Greenwood	21 Ann Marie Anderson Beau Michael Henry Jaime Charles McFarlane Kyleigh May Peterson Laurinda P. Thomas Rodney Louis Schuffenhauer Wynn Dale Clementson
2 Zachary Stuhqayo Johns	13 Danielle Madison Hall Teresa Lynn Pfaff	22 Alexander James Smith Monica Eileen Nerney Rose Marie Henry
3 Francis Peterson Jayde Christina Jewell Smith Rocky Lane Bloomfield Tyrone Jade Krise	14 Ana Marie Pinon Janette Melody Sigo Stephanie Lynne Tompkins	23 Desiree Jo Combes Tamika Sharon Green
4 James Patrick Sen Malachi Richard Jean Johns Victoria Skye Rodriguez Wendy Michelle Schlottmann	15 Casey E. Brown Kylind M. Powell	24 Abigail Harleem Reinhart Christopher David Cain
5 Debra Kay Tennis Emily L. D. Whitener Julie Goodwin	16 Andre Maxwell Roberts Andrew Ernest Sigo Dorothy May Huff Kristin Robin Penn Trent Anthony Brown Yvonne Joy Bell	25 Beau Michael Henry Jr. Joanne Faye Decicio Katherine Elizabeth Smith
6 Alyana Rose Van Horn Dominique Rosalee McFarlane	17 Heather Marie Perez Jackson Louis Cruz Kevin M. Bloomfield Ronald John Whitener	26 Andrew St. John Barker Arthur Richard Pleines Candace Dani Sumner
7 David Brian Elam David Merle Krise Kim Lindy Olson Randall Gavin Aldrich Trisha Rae Blueback	18 Armonie Rose McFarlane Daniel F. Napoleon Kamela Lee Smith Tasha Racquelle Rodriguez	27 Geraldine Elizabeth Bell Robert Lee Cooper
8 Elizabeth Marie Seymour John Daniel Snyder Lori M. Hoskins	19 Aiyana Grace Whitener Andrea Marie Sigo Jacob D. Johns Nicholas S. Armas Thomas L Farron Vicki Lee Kruger	28 Hurricane Lucinda James Jeremiah Jack George
9 George William Sumner Julie Rose Van Horn Kimberly R Peterson Laken Nicole Gray Pamela Sue Hillstrom	20 Donald Edwin Whitener Eugene Edward Galos Jason Two Feather Longshore Shelby N. Todd Verna Beverly Henry II	29 Fleet Thunder Sky Johns Jessica Leona Cruz Judah Krise Thale Kaitlyn Makenzie Burrow Zachary Hetzler II
10 Brandy Nicollette D'Angelo Tamie Jo Rioux		30 Dakota Riley Lorentz Joshua Dylan Mason Nicole Marie Ducolon

SOME
Super Heroes
Don't have
CAPES...
They are
called DAD

SQUAXIN ISLAND T.A.N.F. SPONSORED LUSHOOTSEED CLASSES

ALL ARE WELCOME TO ATTEND

WEDNESDAY EVENINGS @ FAMILY
SERVICES CLASSROOM

5PM-6:30PM
DINNER IS PROVIDED

QUESTIONS? Contact Rose Henry 360-432-3950
We will notify you of any changes in schedule due to holiday
or Tribal closures.



COMMUNITY



What's Happening This Month

3 - Monday

Bible Study, Elders Building
6:00 - 7:00 p.m.

4 - Tuesday

Tobacco Cessation
Noon - 1:00 p.m.

Culture Night
3:00 - 5:00 p.m.

Drum Group
5:00 - 6:00 p.m.

5 - Wednesday

Elders Committee

Shellfish Committee

6 - Thursday

Budget Hearing
Council Chambers
4:30 - 6:00 p.m.

Dad's Doughnuts

TLC
5:00 - 6:00 p.m.
Utilities Commission

Family Court

14 - Friday

Housing Commission

10 - Monday

Mammogram Clinic
Tribal Center
8:00 a.m. - 4:00 p.m.

Childcare Board of Directors

Bible Study, Elders Building
6:00 - 7:00 p.m.

11 - Tuesday

Criminal/Civil Court
Enrollment Committee

Tobacco Cessation
Noon - 1:00 p.m.

Culture Night
3:00 - 5:00 p.m.

Drum Group
5:00 - 6:00 p.m.

12 - Wednesday

Fish Committee

Golf Advisory Committee

AA & ALANON
7:30 p.m.

Lushootseed Class
5:00 - 6:30 p.m.

13 - Thursday

Tribal Council

14 - Friday

Education Commission

SPIPA Board

17 - Monday

Gaming Commission

Bible Study at Elders Building
6:00 - 7:00 p.m.

18 - Tuesday

Tobacco Cessation
Noon - 1:00 p.m.

Culture Night
3:00 - 5:00 p.m.

Drum Group
5:00 - 6:00 p.m.

19 - Wednesday

AA & ALANON
7:30 p.m.

Lushootseed Language Class
5:00 - 6:30 p.m.

21 - Friday

Sgwi' Gwi
LCCR Event Center
4:00 p.m.

24 - Monday

Bible Study at Elders Building
6:00 - 7:00 p.m.

25 - Tuesday

Criminal/Civil Court
Tobacco Board of Directors

Tobacco Cessation
Noon - 1:00 p.m.

Culture Night
3:00 - 5:00 p.m.

Drum Group
5:00 - 6:00 p.m.

26 - Wednesday

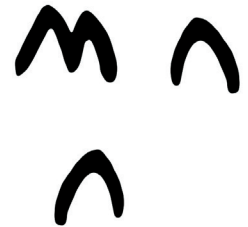
Lushootseed Language Class
5:00 - 6:30 p.m.

AA & ALANON
7:30 p.m.

Culture Night
7:30 p.m.

27 - Thursday

Tribal Council





Mark Your Calendars for First Salmon Ceremony

August 2nd at Noon - Collier House at Arcadia



To contact a
Squaxin Island
Police Officer Call:
360-426-4441

If it is an
EMERGENCY
CALL 911



Committees Commissions & Boards With Infrequent Meeting Times

Committee and Commissions

1% Committee (Bylaws & Appendix X2)
Elections Committee
Explorers Program Committee
Fireworks Committee (TC 6.04.040)
Gathering Committee
Law Enforcement Committee, Law and Order
Veterans' Committee
Budget Commission
Business Administration Board (TC 6.24.010)
Little Creek Oversight Board (TC 2.26.010)
Museum Library and Research Board
Tourism Board (TC 2.34.010)
Island Enterprises Board
Skookum Creek Tobacco Board

Council Rep.

Charlene Krise, Vince Henry, Vicki Kruger
None
None
None
Charlene Krise
None
None
Vicki Kruger
None
Arnold Cooper, Vicki Kruger, Charlene Krise
Bev Hawks
Vacant
Arnold Cooper
Vince Henry

Staff Rep.

Kris Peters
Tammy Ford
Rene Klusman

Rhonda Foster
Kevin Lyon
Glen Parker/Kim Kenyon
Kris Peters

Charlene Krise
Leslie Johnson
Dave Johns
Mike Araiza

Months

Feb., May, Aug., Nov.
March, April, May

May and June
Not yet determined
Not currently meeting

June and August
As needed

Sept., Dec., March, June

Committees and Commissions Listed on Calendar

Committee and Commissions

Aquatics Committee
Elders Committee
Enrollment Committee
Fish Committee
Golf Advisory Committee
Hunting Committee
Shellfish Committee
Education Commission
Gaming Commission (TC 6.08.090)
Housing Commission
Child Care Board of Directors
Tobacco Board of Directors
Utilities Commission (TC 11.08.010)
SPIPA Board of Directors

Council Rep.

Arnold Cooper
Charlene Krise
Charlene Krise
Vicki Kruger
Arnold Cooper
Arnold Cooper
Vince Henry
Vacant
(Per Tribal Code) None
Charlene Krise
Vicki Kruger & Charlene Krise
Vacant
None
Vicki Kruger

Staff Rep.

Jeff Dickison
Traci Coffey
Tammy Ford
Joseph Peters
Kris Peters
Joseph Peters
Eric Sparkman
Gordon James
Dallas Burnett

Bert Miller
Ray Peters
Vacant
Patti Puhn

Meetings

2nd Wednesday in Feb., May, Aug., Nov.
1st Wednesday or Thursday
2nd Tuesday
2nd Wednesday in March, June
2nd Wednesday or Thursday
2nd Tuesday of July, Oct., Jan., April
1st Wednesday of March, June, Sept., Dec.
2nd Friday
3rd Monday
1st Friday
2nd Monday
4th Tuesday
1st Thursday
2nd Friday



• Save the Date •

“Walking the Red Road”

Join us in a Recovery walk and dinner to honor/support/celebrate those in Recovery and those on their way to Recovery!

Tribal members, community members & kids of all ages welcome!

August 5, 2019 @ 3:00 pm

Squaxin Island Community Kitchen

50 SE Squaxin Ln, Shelton, WA 98584



Squaxin Island Tribe
Family Justice

The Family Justice Program is here to assist people that have been incarcerated, released from Inpatient treatment for substance abuse and/or have obligations with Probation, DOC, BHR and ICW.

The primary focus is to assist clients with finding resources to remove barriers and obtain self-sufficiency and reduce the risk of reoffending.

Contact: Family Justice Services Coordinator

Phone: (360) 432-3906

Cell: (360) 485-5150

Address: 2750 SE Old Olympic HWY

Shelton, WA 98584