Welcome New Tribal Administrator Marvin Campbell

Marvin Campbell has been hired as the new Tribal Administrator, effective July 1st.

He is the son of Theresa Davis and grandson of Buddy and Mable Cooper. He grew up on the Squaxin Island Reservation and enlisted in the Navy when he was 19, serving for 22 years.

"After being gone for 22 years, I look around and see how much our tribe has grown and the increased opportunities the Tribe provides and I realize what an amazing group I get to be part of," he said.

"The last four years of my career I spent at military training commands, with the last two being responsible for the personnel and curriculum at Navy boot camp. I was responsible for the over 700 RDCs (drill instructors), as well as the training of more than 40,000 recruits per year. I feel like this job gave me the opportunity to lead multiple departments to accomplish our Commander's intent, and it has prepared me to serve in the capacity of Tribal Administrator.

"Boot camp isn't all push ups, and running. During my time at boot camp, we updated a lot of the curriculum, and placed a greater emphasis on developing and teaching stronger character. We were charged as leaders to develop people, both personally and professionally, and we had a mindset of training our replacements.

"Those are the fundamentals I would like to bring to our community. I want to get to place where each department of the Tribe has a path or progression for every employee to go from entry level, to upper management... where we provide everyone the recipe to gain experience and education to achieve their goals. One of the biggest lessons I learned in the Navy is that equal opportunity does not mean equal outcome, that outcome is proportionate to the work you put in. I was given many opportunities over the last 22 years, but this new role is the biggest one, and I plan to work hard serving our people, and develop the future leaders of our Tribe!

"I feel truly blessed and honored to be able to serve the community that raised me. I look forward to having my wife and kids here to learn our culture, and to meet the people who poured into me. I will strive to ensure Squaxin continues to progress."
Tribal member Joanna (Ruby) Whitener-Fuller passed away on June 25, 2019 after battling Parkinson’s disease for nearly 40 years. Ruby was born in Shelton, WA, on March 24, 1941, to Percy and Ethel Whitener.

Ruby worked for multiple local agencies, and retired from the Squaxin Island Tribe as the Executive Administrative Assistant.

Ruby enjoyed the outdoors, camping, horseback riding in the Olympics and traveling to Hawaii, Mexico and Alaska.

She was preceded in death by her parents, Percy and Ethel Whitener; son, Shelby West; siblings, David, Martha and Mary; and husbands Roy West and Dennis Fuller.

She is survived by her sons, Tracy and Mark West; grandchildren, Stephanie, Brandon, Justin, and Michael West; and great-grandchildren, Emma, Luke and Lorelai.

Walking On . . . Joanna (Ruby) Fuller

Talking Circle with Tribal Council

Thursday, August 15, 2019
5:00 p.m.
Collier House
at Arcadia Point

Traditional dinner to be served, please bring your favorite side dish or dessert.
If you have any questions, please call the Tribal Center at 426-9781
Community

Congratulations John and Elizabeth (Heredia) Krise
Married June 30th at the Museum Library and Research Center

Vicki Kruger - Our family recently celebrated the wedding of Elizabeth and John Krise. I’m especially grateful to them for allowing us the privilege of assisting with gift and food preparation.

I get nervous when I’m speaking in public. Though I mentioned how much I appreciated Mike, Beth, Audelia and John John for everything they did . . . though I thanked Redwolf and Russell for cooking the fish and all the help in the kitchen . . . Even though I thanked Dorinda for sewing the awesome blankets and Kristin for the work on the pillows . . . I left out a few. So special thanks to my nieces, Candice and Patricia, and my grandson, Trent. Patricia spent all day making bread and fritters, Candice spent two days with me cooking, and Trent was so helpful. I couldn’t do the things I do all alone and by myself. I am really nothing, and if I left you out, I sincerely apologize. Love and appreciation to all! A special thanks to Dale Clark (Charlene’s husband) for the awesome salmon!

Elizabeth and John send a big thank you to Rose Davis for officiating; Darlene Krise Shrum for making the dress; Virginia Berumen and Robin Smith for the ribbon shirt; Dayleann Hawks for the vests; Morningstar Ackerman for the headband; Jonie Fox for the cedar roses; Kaitlyn Sweitzer Neil for combining those cedar roses with real ones in the bouquet; and Shayla Wilkins for literally transforming the Community Kitchen. Thank you Kelli Vanderwal Dahman for two of the cakes and for cleaning the kitchen; Chastiy Faye Masoner for taking the pictures; and Vicki Kruger for not letting us get away with a run away ceremony in Vegas J.

We felt so loved and supported by the entire community. Thank you all!!
Hi, I’ve been hired as a Stepping Stones Mentor for Summer Rec.
I have a big family with 11 siblings and two parents. I also have quite a few nieces and nephews.
I am excited to meet new people and get to know them.
I look forward to working with our youth, teaching them as a team, and seeing them have fun. Thank you.

Davina Braese
Hi, I’ve been hired to work with Stepping Stones again this year.
I am from the Johns family. My Grandmother is Ida Johns and my Grandpa is Francis Cooper. I live on the Rez with my four children.
I am mostly excited about seeing all the youth get together, working as a team, and helping the community. I look forward to seeing all the new faces.

Hi, I’ve been hired as a Stepping Stones Mentor.
I am a tribal member from Hoopa, California.
I have worked in the field of education for 17 years.
I have a son named Brady who is nine, and we are excited about our new location in Washington.
I worked on the Summer Youth Summit for my tribe last year and had so much fun!
I’m excited to get to know some of the youth and tribal people of Squaxin Island.

Lacie Lewis

Andrew Zagrean
Hi, I’ve been hired as a Stepping Stones Mentor.
I have 11 siblings and two parents. I also have a few nieces and nephews.
I am excited to meet new people and get to know them.
I look forward to working with our youth, teaching them as a team, and seeing them have fun. Thank you.

Tonya Henry
Hello Squaxin community.
I’ve been hired as a Stepping Stones Mentor with our Squaxin youth.
I am a proud parent of five children, eight grandkids, and one on the way.
I am excited to be working with our youth, teaching them as a team, and seeing them have fun. Thank you.

Madelyn Bernal
Hi, I have been hired as a Stepping Stones Mentor.
I nannied for a family of two kids for almost a year.
I also have two sisters, two nieces and one nephew.
I am most excited for getting to know all the kids in the program.
I look forward to making this a really good summer.

Rebecca Fox
Hi, I’ve been hired to work as a Mentor for Stepping Stones.
I am a mother of four children, Aiyanna, Taenhei, Leilani and Vivyen.
I have been a community member for about eight years.
I worked as a Mentor last summer as well.
I am studying Human Services at Olympic College and will graduate in the spring of 2021.
I am excited to continue working with the youth again and building my portfolio for the career field I intend to go in.
I am excited about showing the kids basic career skills as well as being a positive role model for them this summer.
Thank you for offering me this position again. It is an honor for me to mentor your youth, and hope I can make a difference for each and every kid.
DarQuare Jennings
Hi, I will be working Summer Recreation this summer. I come from a very large mixed family. I am most excited about this new opportunity and to learn more things about these children and to meet new people. I can’t wait to watch your children.

Kirsandra Welsheimer
Hi, I will be working Summer Recreation this summer.

Malicia Bragg
Hi, I will be working Summer Recreation this summer. I have worked in child care for four plus years and just graduated with my BA in Education. I am super excited to get to know my team and the youth of the Squaxin Island community and plan fun activities. I can’t wait for the summer fun we will be having!

Angel Lucero
Hi, I have been hired to work as a Summer Rec Program Assistant. I live with my mom and two sisters. I have been babysitting since I was 14. I love being around kids! I am excited for the fun activities we have planned for the kids this summer. I look forward to meeting the kids and a fun summer with them!

Laura Snyder
Hi, I will be working Summer Recreation this summer. My mom and dad, Esther and Mark, both worked for the Squaxin Tribe. I look forward to working with you, team bonding and learning new things.

Mathew Nelson
Hi, I will be working Summer Recreation this summer. I’ve done the Summer Rec program for nearly six years. My mother is Juana Barckley, and my Gramma is Paula Henry. Well, it’s always fun at Summer Rec with the kids, which is why I always work here. I look forward to seeing you around.

Morgan O’Donnell
Hi, I will be working Summer Recreation this summer. I have three brothers and three sisters. I’ve been a junior high youth group leader. I am most excited about meeting new people, especially the kids. I look forward to working with them all summer.
Summer Youth Employment

Naomi Reyes
Hi, I’ve been hired to work at Little Creek Casino Resort.
After this summer, I will be attending Whitworth University for my freshman year.

Damian Castellane
Hi, I’ve been hired to work at the golf course.
I am from the Henry family. My parents are Melissa and Alonzo Grant.
I attend CHOICE High School and I just completed 10th grade.
Thank you for letting me work for the tribe and I look forward to seeing you all! Hey Mom!

Clara Sanchez
Hi, I’ve been hired to work as a Hostess/Cashier. My parents are Julie and Kui Tahkeal.
I just completed 10th grade at Taholah High School.

Haelee Hernandez
Hi, I’ve been hired to work at child care.

Tristan I. Coley
Hi, I’ve been hired to work as a Youth Coach Trainee.
My parents are Angel Sen and Richard Coley.
I am going to Shelton High School.
I look forward to having fun with the kids during the summer.

Sara Naranjo
Hi, I’ve been hired to work as a Summer Rec Program Assistant.
My parents are Rachel Naranjo-Johns and Ernesto Naranjo-Johns.
I am in 10th grade at Capital High School. I look forward to working with everyone!

Sebastian Rivera
Hi, I’ve been hired to work as a Fisheries Tech at Natural Resources.

Gage Bradley
Hi, I’ve been hired to work in shipping and receiving at Little Creek.
My step-dad is Doyle Foster and my grandmother is Rhonda Foster.
I just completed 10th grade at CHOICE Alternative High School.
I look forward to working with you and many others. Thank you for this chance!

Trinity Fosdick
Hi, I’ve been hired to work at as a Teacher’s Assistant at the Child Development Center.
My mom is Tiffany Goos and my step-dad is Vince Henry, Jr.
I attend Shelton High School.

Holly Whitener
Hi, I’ve been hired to work at as a Teacher’s Assistant at the Child Development Center.
I am part of the Whitener family. My mom is Fay Parker and my father is Donald Lynn Whitener.
I go to CHOICE High School and I just finished 10th grade.
I am so excited to be working at the child care center this summer!
**Cris Hall**
Hi, I will be working as a Housing Maintenance Trainee.

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**Kiana Henry**
Hi, I’ve been hired to work as a Teacher’s Assistant at the Child Development Center.
My parents are Vincent and Margaret Henry.
I am in 11th grade at Shelton High School.
I am very excited to work with these rugrats again!

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**Dakota Rodgers**
Hi, I will be doing grounds maintenance this summer.
My parents are Amanda and Jeremy Rodgers.
I go to Shelton High School and just completed 11th grade.
I hope to get to help you all out.

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**Seth Thomas**
Hi, I’ve been hired to work as a Cultural Apprentice.
My mom is Raven Thomas, and I am from the Krise and Bagley families.
I attend South Puget Sound Community College.

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**Jayde Smith**
Hi, I’ve been hired to work at the museum.
My parents are Bob and Carol Smith. I am from the Peterson family.
I attend Shelton High School and am going to be a senior.
I look forward to working for the Tribe.

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**Jacob Johns**
Hi, I have worked for one year for the youth.
My parents are Doug Johns and Theresa Henderson.
I am currently enrolled in the K-12 online program in 11th grade.

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**Ashley Dolge**
Hi, I will be working as a Youth Activities Assistant.
I am enrolled in Running start at Olympic College.
This will be my third summer working with the kids. I’m excited for another summer with them.

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**Talon Peterson**
Hi, I’ve been hired to work as a Fisheries Tech.
My parents are Stella Yocash and Paul Peterson.
I go to CHOICE High School and will be in 12th grade.
I look forward to working in my tribe.

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**Sean Brown**
Hi, I’ve been hired to work as a Fisheries Tech.
I attend Shelton High School and look forward to working over the summer.

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**Running Bear**
Hi, I am 17.
I will be working as a Youth Activities Assistant.
My Grandmother is Paula Henry and my aunt is Juana Perry.
I just completed my junior year at North Thurston High School.
I am excited to be working with the Tribe.
Summer Youth Employment

Giovanni Solano
Hi, I’ve been hired to work as a KTP Stocker.
My parents are Jessica and Mareo Solano.
I go to Gravity and just completed 11th grade.

Alex Solano
Hi, I’ve been hired to work as a KTP Stocker.
My parents are Jessica and Mareo Solano.
I go to Gravity and am in 11th grade.
I look forward to working. I can’t wait!

Kennedy Raham
Hi, I’ve been hired to work as a Teacher’s Assistant at the Child Development Center.
My parents are Janita Raham and Jermaine Raham.
I just completed 10th grade at Sheridan High School.

Billie Marie Lopeman-Johns
Hi, I’ve been hired to work as a Summer Rec Program Assistant.
My parents are Ruth Lopeman and Harry Jr. Johns.
I am in 10th grade at Shelton High School.
I look forward to working with kids and most of all my cousins.

Joseph Hulseman
Hi, I’ve been hired to work as a Summer Rec Program Assistant.

Dominique McFarlane
Hi, I’ve been hired to work at Little Creek Casino Resort.
I am in 10th grade at Shelton High School.

Salmon Homecoming School Days
Located at the Seattle Aquarium
Thursday, September 12th
For 4th & 5th Graders only

Kids will have the opportunity learn about:
* Salmon Life Cycle
* Watch a Live Dive Show
* Participate in Hands-on Activities
* Learn about Local Sea Life

TLC will Provide:
* A Sack Lunch, Snacks and Water
Transportation: TLC Van leave the Gym at 7:30am
Please have your youth here no later than 7:15am

Space is limited to 10 youth. First come, first serve.
* Parents must prearrange school absence for the day.
* Parents will need to come to the TLC and sign their youth up

If you have any questions contact Jerlynn at 360-452-3992

7th Annual NWITC Alumni BBQ
Raffles Bounce House
Volleyball Dunk Tank

When:
Saturday September 14th
Time:
Sweat 10:00
Fire tenders to start fire at 9am
BBQ 12-4:00

Where: NWITC
308 E. Young St. Elma WA 98541
RSVP to Recovery Support Team @ 360-482-2674 or msg us on FB

Due to limited parking we ask everyone to park at the fargrounds and a shuttle will be provided to and from NWITC.
New Employees

Justin Lopeman
Hi, I have been hired as the Utilities Operator in Training. I love to work, play guitar and cook for my family. I’m excited about learning a new set of skills and seeing y’all around.

Shaun Dinubilo
Hi, I have been hired as the Archeologist for Cultural Resources. My family lives in this part of the country. I grew up in Pendleton, Oregon. I am excited about working in an area that I am more familiar with and learning a different perspective on how to manage cultural resources. I look forward to working with you.

Social Security Disability

If you have been denied Social Security benefits because you receive a “Per Capita” distribution or other Tribal assistance, please contact Diane at the Squaxin Legal Department for assistance. (360) 432-1771 ext. 0

First Salmon Ceremony
August 2nd at Noon - Collier House at Arcadia
Community Garden
Cooking with the seasons
Aleta Poste - The Community Garden’s third annual Community Cooking Class “Learning to Cook With The Seasons” was a success! On June 26, the focus was “Satisfying Summer Squash.”

Participants made elk sausage stuffed ricotta zucchini, garden fresh salad with mountain huckleberry vinaigrette dressing, zucchini noodle salad, decadent chocolate zucchini cake with chocolate whipped cream frosting and delicious strawberry basil water, along with lemon balm infused water.

This is part of our ongoing effort to build a network of support among tribal members surrounding healthy, organic foods. It was also a way to take control of our diets by seeing food as our first medicine to combat dietary related illnesses.

The classes also provide an opportunity for cooks in the community to share their passion for cooking and use fresh ingredients straight from the garden.

Thank you to the SPIPA Cancer Program for supporting the classes and donating the super useful and reusable food storage containers and zucchini spiralizers. Also a “Thank You” to the Museum Library Research Center for reserving our waterfront cooking location and to all of the participants who came out after work to bring this lovely meal together and for sharing your amazing photos.
Community

Domestic Violence Victim’s Bill of Rights

- You have the right NOT to be abused
- You have the right to anger over past beatings
- You have a right to choose to change the situation
- You have the right to freedom from fear of abuse
- You have the right to request and expect assistance from police or social agencies
- You have a right to share your feelings and not be isolated from others
- You have a right to want a better role model of communication for yourself and your children
- You have a right to be treated like an adult
- You have a right to leave the battering environment
- You have a right to privacy
- You have a right to express your own thoughts and feelings
- You have a right to develop your individual talents and abilities
- You have a right to legally prosecute the abusing spouse/partner
- You have a right not to be perfect

If you have questions regarding domestic violence, please contact:
Gloria J Hill, 360-432-3927 or 360-463-7051
My office is at the Family Services Dept.
If you prefer, I can meet you somewhere.
All calls are confidential

Good Luck Tribal Fishers!!!

Squaxin Island Tribe
Family Justice

The Family Justice Program is here to assist people that have been incarcerated, released from Inpatient treatment for substance abuse and/or have obligations with Probation, DOC, BHR and ICW.
The primary focus is to assist clients with finding resources to remove barriers and obtain self-sufficiency and reduce the risk of reoffending.

Contact: Family Justice Services Coordinator
Phone: (360) 432-3906
Cell: (360) 485-5150
Address: 2750 SE Old Olympic HWY
Shelton, WA 98584

Domestic violence is not a Native American tradition.

Does your partner ever...

- Call you names or criticize you?
- Isolate you from family or friends?
- Threaten to hurt you or your children?
- Push, slap, kick or strangle you?
- Refuse to give you money for food, gas or medicine?

Get free help by dialing
1-844-7NATIVE (762-8483)
available daily from 7 a.m. to 10 p.m. CST.

Callers reaching out after hours may connect with the National Domestic Violence Hotline (1-800-799-SAFE) by selecting option 1. All calls are anonymous and confidential.


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**News from Summer Rec**
Jerilyn Vail-Powell - It is August, and we are starting our seventh week of the 2019 summer program. Please make sure to stop by and look through the lost and found! We have quite the pile.

We have two field trips this month: Cirque Climbing and Boom Shaka. Each of these field trips require a parent waiver to be completed. We will send forms home with the youth. If you have any questions, please feel free to stop by or call. We would also say, “Thank you!” to all the volunteers who have helped us this summer! We hope you all have a great rest of your summer!!!

**Steh-Chass Youth Camp**
August 5th, 6th, and 7th (10:00 am- 5:00 pm)
Location August 5th and 6th: Heritage Park (Capitol Lake) - Downtown Olympia
Location August 7th: Historical Capitol Theater- Downtown Olympia
Ages 11-14, with 30 spots available (Native youth are given priority registration).

For more information, check online at: https://salmondefense.org/projects/educate/festival-of-steh-chass/youth-camp-registration/

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**Squaxin Island Youth Council**
The Squaxin Island Youth Council would like to thank the community for their support and help with getting them to UNITY 2019 in Orlando, Florida. The Youth Council was able to connect with youth from the NW region as well as youth from all over. This conference had over 2,000 participants, and had a variety of training and breakout sessions. One of the goals for the Squaxin Youth Council this next year is to help send Youth Council to UNITY again in 2020.

All youth are welcome to participate in Youth Council. Meetings are on Thursday’s at 5:00 p.m. During the summer we will only meet twice a month because of summer employment, Canoe Journey, and other activities. For more information about Youth Council, please contact Jaimie Cruz at 360-742-6527 or by email at jcruz@squaxin.us.

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**AUGUST**

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<tr>
<th>Monday</th>
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<td>Youth Council 4:00-5:00</td>
<td>1st Salmon Ceremony Arcadia Boat Ramp</td>
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<td>Festival of the Steh Chass 10am-5pm August 5-7</td>
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<td>FRIDAY FUN 12-6</td>
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<td>Youth Council 4:00-5:00</td>
<td>FRIDAY FUN 12-6</td>
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<td></td>
<td>4th annual Intertribal Youth Suicide Prevention Summit August 12-14 Great Wolf Lodge</td>
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<tr>
<td>19</td>
<td>20</td>
<td>21</td>
<td>Youth Council 4:00-5:00</td>
<td>Last Day of Summer Rec + Stepping Stones</td>
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<td>Teens on Machines 4:30-6</td>
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<td>Teens on Machines 4:30-6</td>
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**Squaxin Teens**
Jaimie Cruz teen advocate: 432-3842
Check Facebook @ Squaxin Teens for updates to Calendar!
Higher Education

Mandy Valley - New and returning Higher Education students, Fall quarter/semester is starting back up soon! If you haven’t got your paperwork turned in yet, please do so ASAP or you could lose the opportunity to receive funds for Fall. Turning in your required documents early makes the process easier and smoother for everyone involved. If you have any questions, need a Higher Education packet, or need assistance filling it out, please give me a call at (360) 432-3882 or an email at mvalley@squaxin.us. I will be more than happy to assist you. Thank you.

From the Education Liaison

Peggy Peters - The Shelton School District has a number of upcoming dates for parents to keep an eye on. If we become aware of any changes to these dates, we will share that as soon as we learn more.

Below is a list of events/activities that Shelton School District schools will be holding as part of their transition plans during September (there are no transition activities during July and August).

- Sept. 4 & 5: CHOICE New student registration (8:00 a.m. - 2:00 p.m.)
- Sept. 7: Olympic Middle School open for drop-in visits
- Sept. 9 & 10: Climber Days: Freshman/Sophomore 8:30-12:30; Juniors/Seniors 12:30-3:30; Students only (Shelton High School)
- Sept. 10: Oakland Bay Jr. High Open House Palooza
- Sept. 11: Open House/Family Night "Middleschoolpalooza" (Olympic Middle School)
- Sept. 12: Open House (Bordeaux, Evergreen and Mountain View Elementary)
- Sept. 12 & 13: Olympic Middle School open for drop-in visits
- Sept. 12: Additional CHOICE new student orientation if needed
- Sept. 19 CHOICE: Open House/Parent/Family welcome back dinner 5:00 - 6:30 p.m.
- Sept. 13: Oakland Bay Jr. High open for drop-in visits

Summer Rec Activity Calendar for August 2019

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<tr>
<th>Themes</th>
<th>Monday</th>
<th>Tuesday</th>
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<tbody>
<tr>
<td><strong>Week 7</strong></td>
<td><strong>Center Based</strong></td>
<td><strong>Field Trip</strong></td>
<td><strong>Center Based</strong></td>
<td><strong>Field Trip</strong></td>
<td><strong>Center Based</strong></td>
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<tr>
<td>Earth &amp; Water</td>
<td>Shrinky Dinks</td>
<td>Billy Frank</td>
<td><em>Clay Creations</em></td>
<td>Tumwater Falls &amp; Tumwater Historical Park</td>
<td><em>Make Medicine</em></td>
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<tr>
<td>August 5-9</td>
<td>&amp; Swimming</td>
<td>Wildlife Refuge</td>
<td>&amp; Team Building &amp; Swimming</td>
<td>Leave at 10am</td>
<td>&amp; Field Trip</td>
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<td></td>
<td><strong>Center Visitor:</strong></td>
<td>Leave at 10am</td>
<td><strong>Center Visitor:</strong></td>
<td>Return at 2:45pm</td>
<td>Community Garden</td>
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<td></td>
<td>Monica w/ Recycled Art</td>
<td>8:00am - 2:00pm</td>
<td>Monica w/ Recycled Art</td>
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<td><strong>Week 8</strong></td>
<td><strong>Center Based</strong></td>
<td><strong>Field Trip</strong></td>
<td><strong>Center Based</strong></td>
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<tr>
<td>Magic Stars</td>
<td>Make Ice Cream</td>
<td>Movies</td>
<td><em>Dream Catchers</em></td>
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<tr>
<td>August 12-16</td>
<td>&amp; Swimming</td>
<td>Leave at 9:15am</td>
<td>&amp; Team Building &amp; Swimming</td>
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<td><strong>Center Visitor:</strong></td>
<td>Return at 12:30pm</td>
<td><strong>Center Visitor:</strong></td>
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<td>Magician</td>
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<td>Monica w/ Recycled Art</td>
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<tr>
<td><strong>Week 9</strong></td>
<td><strong>Center Based</strong></td>
<td><strong>Field Trip</strong></td>
<td><strong>Center Based</strong></td>
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<tr>
<td>End of Summer Adventures</td>
<td>Tie-Dye</td>
<td>Rollerdome</td>
<td>Learn about Tribal Art</td>
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<tr>
<td>August 19-23</td>
<td>&amp; Swimming</td>
<td>Leave at 9:15am</td>
<td>&amp; Team Building &amp; Swimming</td>
<td></td>
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<tr>
<td></td>
<td><strong>Center Visitor:</strong></td>
<td>Return at 2:30pm</td>
<td><strong>Center Based</strong></td>
<td></td>
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<tr>
<td></td>
<td>Hands-on Children Museum</td>
<td></td>
<td>Twin Harbors Beach</td>
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<td></td>
<td>Leave at 10am</td>
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<td>Return at 3pm</td>
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<td></td>
<td><strong>Field Trip</strong></td>
<td></td>
<td><strong>Center Based</strong></td>
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<td></td>
<td></td>
<td></td>
<td>Bandanas*</td>
<td></td>
<td><em>Make Medicine</em></td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>&amp; Field Day</td>
<td></td>
<td>&amp; Field Trip</td>
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<td></td>
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<td></td>
<td>12:30-3:30pm</td>
<td></td>
<td>Community Garden</td>
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</tbody>
</table>

TANF Sponsored Activities *
Teen Program Updates
Jaimie Cruz - Summer is kicking off and the teens in our community are staying busy. Some of our younger teens are in the Stepping Stones program while many of the older youth are participating in the Summer Youth Employment program.

The Teen Program offered a canoe paddle-making opportunity in June, and we had 17 youth participate in that class. It was a first time for most of the group, and everyone finished their paddles. We are excited to see them being used on Canoe Journey for the Paddle to Lummi. We also offered a kayak trip for the teens that came to the paddle-making class. The kayak trip was phenomenal, and I was so glad to see youth participation. Thank you to Kamilche Adventures for the awesome time!

Looking into August, the Teen Program would like to offer a hiking trip at the end of August. Be on the lookout for more information! Below is information about a free camp in August hosted by the Salmon Defense and DERT.
Paddle to Lummi

Here are a few photos of departure from Squaxin by Charlene Krise. Stay tuned for more Canoe Journey photos next month.
How to Make a Budget for Living on Your Own

If you can’t wait to move out of your parents’ home and start living on your own, you’re not alone. Independence is amazing, but enjoying that newfound freedom can be more expensive than you might think. Fortunately, there are tons of helpful websites and mobile apps that can make managing your finances fun. And by incorporating these tools in your everyday life, you can develop a realistic budget and start saving money for the things you enjoy.

If you’ve been asking yourself “How much money do I need to move out?” here are a few tips to help you start adulting like you’ve been at it for years.

Common Mistakes When Moving Out for the First Time

Perhaps the biggest mistake young adults make when moving into their first apartment is not making a budget. The principle is simple: First find out how much income you’re earning each month, and determine how much you’re spending and on what. Then, based on those numbers, set aside a certain amount of each paycheck for rent and utilities, and actively track your spending so you don’t run out of cash.

Budgeting apps like Mint automatically import and categorize your expenses (like how much you spend on fast food and concert tickets each month), giving you a bird’s-eye view of your financial standing in seconds. You can also use a notebook or spreadsheet to track your spending if you prefer to kick it old-school. The point is, creating and sticking to a monthly budget is the single best thing you can do to prevent a financial catastrophe. It might even be among the most valuable life skills you’ll ever develop.

Another big mistake young adults make when first moving out of Mom and Dad’s is not saving any money. You might wonder what the point of saving is if you only have a handful of dimes left over from each paycheck. But even saving just $5 a week is better than not saving at all. And you’ll definitely thank yourself for having stashed away that cash when your car starts making weird noises or if you sprain your ankle at a music festival.

Paying bills late is also common among the newly independent. Avoid this nasty habit by setting up reminders on your smartphone or using an online calendar to alert you a few days before bills are due. Or, better yet, start paying your bills as soon as they arrive. Not only are late-fees crazy expensive, but if you pay them late, even if only by a day or two, makes it more expensive to borrow money and accruing budget-busting interest charges.

Preparing for Expenses You Hadn’t Considered

In order for a budget to work, it has to account for everything you spend money on. This includes little things like parking lot fees, late-night drive-thru meals and random convenience-store purchases. Like to rent movies on the weekend? Add it to your budget. Tend to drop a few bucks on mobile apps or lotto tickets each month? Include those as well.

Those living away from home for the first time are bound to face a flurry of unexpected expenses during their initial months of independence. In the kitchen alone, you’ll likely need to invest in dishes, cookware, and a dozen ingredients to stock your pantry. And when it comes to keeping your home looking good, it’s easy to underestimate the cost of cleaning supplies. Netflix and Spotify subscriptions are also often overlooked, as are annual bills like vehicle registration and tax preparation. To create a realistic budget, you should first spend some serious time looking at last year’s expenses to make sure you’re not missing anything.

Money-Saving Tips for Moving Out at 18

1. Don Your Chef’s Hat

Cooking your own meals on a daily basis can save you more money than just about any other change in your behavior. Knowing how to make five basic meals (say, chili, tacos, chicken and vegetables, spaghetti with marinara sauce, and a slow-cooked roast with veggies), and having a microwave handy for reheating leftovers, can cut your food expenses in half. An added bonus: Homemade food is almost always healthier than prepared meals.

2. Kill Some Kilowatt Hours

Get into the habit of turning off—or even unplugging—lights, appliances and electronics when you aren’t using them. And consider getting a programmable thermostat to keep heating and cooling costs down.

3. Quit Using Credit

Only carry one credit card, and commit to only using it in absolute emergencies. Using cash or a debit card for day-to-day expenses prevents you from overspending and accruing budget-busting interest charges.

4. Explore Other Avenues

Consider all your transportation options. Do you really need to drive everywhere, particularly if you have to pay for parking once you get there? And with Uber, Lyft, Car2Go and other ride-sharing services now widely available, city dwellers might even consider ditching their cars completely. The cheapest gallon of gas is the one you don’t use.

Things to Include in Your First Budget

Show Mom and Dad you know how to move out the smart way by creating a monthly budget and sticking to it. Here are some items you’ll probably want to include.

- Rent: most likely your largest single expense
- Utilities: electricity, gas, water, cable TV, internet, etc.
- Meals: supermarkets, restaurants, drive-thrus and delivery
- Transportation: flights, cab rides, fuel, auto insurance, vehicle registration, etc.
- Medical: prescription drugs, co-pays, etc.
- Entertainment: date nights, impromptu adventures, vacations
- Clothing and toiletries: new threads, soaps, shampoos, shaving cream, etc.
- Subscriptions and memberships: gym, music subscriptions, online movies, etc.
- Gifts: birthdays, weddings, baby showers and holidays
- Pet Care: annual checkups, flea medicine

You Need a Financial Cushion

A good rule of thumb you might’ve heard is, in the event of an emergency, everyone should have a financial cushion substantial enough to cover three- to six-months of living expenses. And while there’s no arguing the soundness of that advice, many people think that’s simply not possible and they don’t even bother trying.

But even if you don’t have half a year’s salary chilling in your bank account, having some money set aside is better than none. There are countless ways to work toward building an emergency savings account, from setting aside loose
How to Make a Budget . . . Continued from Previous Page

change at the end of every day and depositing it in the bank at the end of the month, to having a percentage of your paycheck automatically stashed away in your savings account. Start now, and even if you only save a few dollars a week, it will add up over time, and help you avoid financial hardship later on. Learning how to make a budget isn’t the most exciting thing you’ll do when first moving out and living on your own, but it can mean the difference between just getting by and making the most of your money.

### WIC at SPIPA
(Women, Infants, and Children)

provides healthy foods & nutrition information for you and your child up to age 5.

Please bring:
Your child, Provider One Card or paystub and identification for you & your child

Contact at SPIPA for an appointment:
Debbie Gardipee-Reyes 360.462.3227
gardipee@spipa.org
or Patty at 360.462.3224,
wicnutrition@spipa.org

Tuesday, August 13th is WIC day at SPIPA

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn’t discriminate.

### Help Protect Our Kids, Families and the Environment

Clean Out Your Medicine Cabinet

### Prescription Drug Take Back Boxes

Located At:
Mason County Sheriff’s Office
322 North 3rd Street in Shelton
&
Mason Regional Fire Authority
460 Northeast Old Belfair Highway in Belfair
For More Information Call Mason County
Public Health & Human Services
360-427-9670 ext. 400

### Managing Diabetes: It’s Not Easy, but It’s Worth It!

Submitted by Patty Suskin, Diabetes Coordinator

Congratulations to the following people for taking care of their diabetes in 2018:
John Kris, Sr. , Meloney Hause, & Millie Wagner, Kim Kenyon, Pete Kruger, Glen Parker and five other community members!

To receive the socks, they completed all the 2018 tests and exams recommended by H S to stay healthy with diabetes.

This is a lot of work! It includes an annual dental exam, foot exam, eye exam, diabetes education, blood work and much more!

As a reward, they were each given a pair of comfortable, moisture-wicking socks.

Keep up the good diabetes management!

Questions? Contact your WIC staff at SPIPA:
Patty 360.462.3224 or Debbie Gardipee-Reyes 360.462.3227
At Chehalis: Debra Shortman 360.709.1689

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn’t discriminate.
Theler Wetlands Trail is a delightful nature get-away. It has several short trails and benches available for resting in nature. Most trails are wooded forest, but there is also a long dock lookout over Lynch Cove. Lots of birds were talking and Traci enjoyed a conversation with one of the birds!

**Directions:** Take SR3 West to Belfair, (about 45 minutes from the Tribal Center). On the south end of town, look to your left for the Early Learning Center and park in the lot there. If you cross Roessel Rd, you just passed it. The entrance is behind the building with a beautiful iron gate.

**Address:** 22871 WA State Route 3, Belfair, WA 98528
Elevation gain: 52 feet (easy)

**Features:** bird watching, information kiosks, whale skeleton, water views

*No dogs allowed*

8:00 a.m. - 4:00 p.m.
Monday- Friday

90 S.E Klah-Che-Min Drive
360-432-3881

While your children are out on summer break, have them come see us at the dental clinic. Let us help you smile.
Doctor’s Corner: August is for Check-ups!

Angela Tobias, MD, Squaxin Island Health Clinic - There are a lot of things to celebrate in August. It’s become a tradition in my family, as I’m sure it has in many of your families, to head to the beach in August. It’s once last hurrah of summer before school starts. But aside from getting school supplies and going to the beach, there are a number of other things that need to be on your to-do list before school.

Get those well child checks done! We’re always happy to see kids in the clinic, whether they’re sick or healthy. But it also makes your life easier if your child wants to play sports at any time during the school year. If they’ve had a well check within a year, we can fill out that participation form either during the well check visit or later without another appointment.

Also, before starting kindergarten and 5th or 6th grade (age 10-11), your child will be due for shots - and at certain other times as well. Those shots are very important for preventing serious illnesses. We’re always happy to check the records and be sure your kiddos are up to date on vaccinations.

We’re also piloting a new program to combine a dental check with a well child check so you don’t have to make separate appointments. We have two slots each day saved for these combo visits. If your child is due for a dental visit and a well child check, be sure to ask for a combo visit spot when you call to schedule!

As you gear up for school, it’s also a good time to check out sports equipment for wear and tear, especially protective equipment like helmets, shin guards, and footwear. Does it all still fit? I know the answer to that in my house is usually ‘NO’, because kids can grow so ridiculously fast! If you’re not sure how a bike helmet should fit, please bring in the helmet and the child and we’ll check the fit.

It’s also a good idea to review your medication cabinet. If your child needs medication at school, we can fill out the medication form that the school nurse will need to have. Bring the form with you when you come in for a well check or you can drop it off and pick it up later. Save a recent, labelled bottle of your child’s medication after you’ve used all the pills, and then you can use the old bottle for the supply that you give to the school nurse - as long as the medication dose and instructions are the same.

Look through all the over-the-counter and prescription medications you have and throw out any that are expired. But don’t flush them down the toilet! The safest way to dispose of unwanted medication is in one of the local medication disposal bins. They are located at the Squaxin Island Tribal Police Department (open when the office is open), Mason County Sheriff’s Office in Shelton (open 24/7) or at the North Mason Regional Fire Authority office in Belfair. In Thurston County, there are medication disposal boxes at the Thurston County Sheriff’s office in West Olympia (open 24/7), at the Lacey Police Department (open 24/7), and at Tumwater City Hall in the Police Department’s office (open M-F, 8:00 a.m. - 5:00 p.m.).

If your whole stock of cough and cold medication is expired, keep your eyes open for when they go on sale to restock for winter cold and flu season.

If you get all this done, you will have EARNED your time on the beach! Enjoy!
Elders Menu  . . . Fruit and salad at every meal

8/1
THURSDAY:
Stroganoff, Brussel Sprouts

8/5 – 8/8
MONDAY:
Pork Lo Mein w/ Veggies
TUESDAY:
Taco Soup, Turkey Sandwiches
WEDNESDAY:
Oysters, Potatoes, Corn
THURSDAY:
Hamburgers, Potato Salad

8/12 – 8/15
MONDAY:
Chicken, Rice & Veggie Casserole
TUESDAY:
Italian Sausage Potato Soup Breadsticks
WEDNESDAY:
Beef Fajitas, Refried Beans
THURSDAY:
Casino Buffet

8/19 – 8/22
MONDAY:
Crab Cakes, Mixed Veggies
TUESDAY:
Tomato Basil Ravioli Soup Grilled Cheese Sandwiches
WEDNESDAY:
Chalupas
THURSDAY:
Casino Buffet

8/26 – 8/29
MONDAY:
Baked Ham, Scalloped Potatoes
TUESDAY:
Corn Chowder, Cheddar Biscuits
WEDNESDAY:
Beef Enchiladas, Black Beans
THURSDAY:
Sausage Pasta Bake, Asparagus

Please Conserve Water

Walking The Red Road
Join us for a recovery walk and dinner to honor/support/celebrate those in recovery and those on their way to recovery!

Tribal members, community members & kids of all ages welcome!

T-shirt give-away and community speakers!

August 5, 2019 @ 3:00 pm
Squaxin Island Community Kitchen
50 SE Squaxin Ln, Shelton, WA 98584

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August Happy Birthdays

1. Barbara Gail Kennedy
   Jeremie John Walls
   Jonathan G. Arzate

2. Anne Elizabeth Burgain
   Darlene Wood
   Louise Isabelle Kathy Burgain
   Randolph Bert Foster

3. Kelly Josephine Jones
   Lawton Jebadiah Case
   Leighton James Case
   Norman Riley Price
   Tyrone S. Seymour

4. Christopher Eugene Brown

5. Jill Danielle Kenyon

6. David Charles Johns
   Robert David Koshiway Jr.

7. Ashley Mariah Renee Smith
   Lettie Machado-Olivo
   Lisa Fawne Frodert
   Margaret Hazel Johns
   River Marie Korn dorfer
   Robert Edward Sigo
   Roy Journey Bear Perez

8. Araceli Hernandez-Capoeman
   Chasity Faye Masoner
   David Wayne Peters Jr.
   Juliet Lindsay Galos
   Memphis Shawn Penn-Dodge
   Nikkieta S. Ho

9. Kalysi Renee Whitener

10. Marilyn Helene Mcfadden

11. Mitchell John Carrington
    Nicole Mae Bluebird

12. Aaron James Edgley
    Zaiden Elijah Jimmie

13. Brandon Eugene Campbell
    Lola Noelle Bonin

14. Elena Lin James
    Rory Jane Allen

15. Llewellyn Frank Parker
    Naraiah Lhee Gray
    Zachary W. Sanchez

16. Kevin Henry Spezza
    Matthew James Cooper
    Rachel M. Naranjo

17. Magdelano Roy Perez
    Virginia A. Farron

18. Hannah Lucille Forcier

19. Naomi Reyes

20. Dionna A.P. King

21. Aidan Alan Sizemore
    Greg Anthony Lewis Glover
    Jessica Eliza Spiering
    Rene De Anne Salgado

22. Andre James Woody-Johns
    Cadence Joseph Henry
    Ernesto Naranjo Johns Jr.
    Jeremiah Billy Obi-Rivera
    Julio F. Castillo

23. Bryce Mitchell Penn
    Victoria L. Sanders

Happy eleven year anniversary, Jeremy. I love you. We have been through so much the last eleven years. Its time to start fresh and make our next eleven years more interesting and more fun. Just saying, LOL. We have beat the odds so far, Baby . . . the ins and outs, ups and downs, for better or worse. Eleven years is no joke. Lets keep on doing this thing called love, ‘cause, no matter what, Baby, I do love you.......

Happy 11 Year Anniversary

Catherine Mary Tuller
Debra Lee Sayers
Euphamie Lillian Whitener
James Ronnie Trinidad
Loreta Marie Swan Krise
Ruben R. Vasquez
Taylor Jeffrey Porad

Native Arts and Cultures Foundation

Mentor Artist Fellowship
Open Call
JULY 23 – SEPTEMBER 30, 2019
Apply: bit.ly/nacf-2019mentor

Awards: $30,000 for established American Indian and Alaska Native artists who want to mentor an emerging artist in the Traditional Arts or Contemporary Visual Arts categories.

Eligibility: Must be a 5-year resident and an enrolled Native citizen of a tribe located in Alaska, Arizona, Idaho, Minnesota, Montana, New Mexico, North Dakota, Oregon, Southern California, South Dakota, Washington, Wisconsin.
**Community**

**What’s Happening**

<table>
<thead>
<tr>
<th>1 - Thursday</th>
<th>5 - Monday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Family Court</strong></td>
<td><strong>Bible Study, Elders Building</strong></td>
</tr>
<tr>
<td><strong>Utilities Commission</strong></td>
<td><strong>6:00 - 7:00 p.m.</strong></td>
</tr>
<tr>
<td><strong>Elders Committee</strong></td>
<td><strong>6 - Tuesday</strong></td>
</tr>
<tr>
<td><strong>Tobacco Cessation</strong></td>
<td><strong>Noon - 1:00 p.m.</strong></td>
</tr>
<tr>
<td><strong>Culture Night</strong></td>
<td><strong>3:00 - 5:00 p.m.</strong></td>
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<tr>
<td><strong>Drum Group</strong></td>
<td><strong>5:00 - 6:00 p.m.</strong></td>
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<th>2 - Friday</th>
<th>6 - Tuesday</th>
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<tbody>
<tr>
<td><strong>Housing Commission</strong></td>
<td><strong>Tobacco Cessation</strong></td>
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<tr>
<td><strong>Enrollment Committee</strong></td>
<td><strong>Noon - 1:00 p.m.</strong></td>
</tr>
<tr>
<td><strong>Culture Night</strong></td>
<td><strong>3:00 - 5:00 p.m.</strong></td>
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<tr>
<td><strong>Drum Group</strong></td>
<td><strong>5:00 - 6:00 p.m.</strong></td>
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<table>
<thead>
<tr>
<th>7 - Wednesday</th>
<th>12 - Monday</th>
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<tbody>
<tr>
<td><strong>AA &amp; ALANON</strong></td>
<td><strong>Childcare Board of Directors</strong></td>
</tr>
<tr>
<td><strong>Lushootseed Class</strong></td>
<td><strong>Bible Study at Elders Building</strong></td>
</tr>
<tr>
<td><strong>7:30 p.m.</strong></td>
<td><strong>6:00 - 7:00 p.m.</strong></td>
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<tr>
<td><strong>5:00 - 6:30 p.m.</strong></td>
<td><strong>Bible Study at Elders Building</strong></td>
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<tr>
<td><strong>7:30 p.m.</strong></td>
<td><strong>6:00 - 7:00 p.m.</strong></td>
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<tr>
<th>8 - Thursday</th>
<th>13 - Tuesday</th>
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<tbody>
<tr>
<td><strong>Tribal Council</strong></td>
<td><strong>Criminal/Civil Court</strong></td>
</tr>
<tr>
<td><strong>Aquatics Committee</strong></td>
<td><strong>Enrollment Committee</strong></td>
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<tr>
<td><strong>Golf Advisory Committee</strong></td>
<td><strong>Tobacco Cessation</strong></td>
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<tr>
<td><strong>AA &amp; ALANON</strong></td>
<td><strong>Noon - 1:00 p.m.</strong></td>
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<td><strong>7:30 p.m.</strong></td>
<td><strong>Culture Night</strong></td>
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<td><strong>5:00 - 6:00 p.m.</strong></td>
<td><strong>3:00 - 5:00 p.m.</strong></td>
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<tr>
<td><strong>5:00 - 6:00 p.m.</strong></td>
<td><strong>Drum Group</strong></td>
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<tr>
<th>9 - Friday</th>
<th>14 - Wednesday</th>
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<tbody>
<tr>
<td><strong>Education Commission</strong></td>
<td><strong>Lushootseed Language Class</strong></td>
</tr>
<tr>
<td><strong>SPPA Board</strong></td>
<td><strong>5:00 - 6:30 p.m.</strong></td>
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<tr>
<td><strong>AA &amp; ALANON</strong></td>
<td><strong>7:30 p.m.</strong></td>
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<tr>
<td><strong>7:30 p.m.</strong></td>
<td><strong>Culture Night</strong></td>
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<td><strong>5:00 - 6:00 p.m.</strong></td>
<td><strong>7:30 p.m.</strong></td>
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<tr>
<th>10 - Thursday</th>
<th>15 - Thursday</th>
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<tbody>
<tr>
<td><strong>Talking Circle</strong></td>
<td><strong>Bible Study at Elders Building</strong></td>
</tr>
<tr>
<td><strong>Education Commission</strong></td>
<td><strong>6:00 - 7:00 p.m.</strong></td>
</tr>
<tr>
<td><strong>AA &amp; ALANON</strong></td>
<td><strong>Gaming Commission</strong></td>
</tr>
<tr>
<td><strong>7:30 p.m.</strong></td>
<td><strong>Bible Study at Elders Building</strong></td>
</tr>
<tr>
<td><strong>5:00 - 6:00 p.m.</strong></td>
<td><strong>6:00 - 7:00 p.m.</strong></td>
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<tr>
<th>11 - Thursday</th>
<th>16 - Thursday</th>
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<tbody>
<tr>
<td><strong>Tribal Council</strong></td>
<td><strong>Budget Hearing</strong></td>
</tr>
<tr>
<td><strong>Education Commission</strong></td>
<td><strong>4:30 - Council Chambers</strong></td>
</tr>
<tr>
<td><strong>SPPA Board</strong></td>
<td><strong>7:30 p.m.</strong></td>
</tr>
<tr>
<td><strong>AA &amp; ALANON</strong></td>
<td><strong>Culture Night</strong></td>
</tr>
<tr>
<td><strong>7:30 p.m.</strong></td>
<td><strong>7:30 p.m.</strong></td>
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<table>
<thead>
<tr>
<th>12 - Monday</th>
<th>17 - Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gaming Commission</strong></td>
<td><strong>Talking Circle</strong></td>
</tr>
<tr>
<td><strong>Bible Study at Elders Building</strong></td>
<td><strong>5:00 - Collier House</strong></td>
</tr>
<tr>
<td><strong>6:00 - 7:00 p.m.</strong></td>
<td><strong>5:00 - 6:00 p.m.</strong></td>
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</tbody>
</table>

**Have a Beautiful Summer!**

**Bible Study**

Everyone is welcome

_Mondays 6:00 - 7:00 p.m. - Elders Building_

For more information, call Aaron Lake at 360-426-0276

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### Committees, Commissions, and Boards

**Committees Commissions & Boards With Infrequent Meeting Times**

<table>
<thead>
<tr>
<th>Committee and Commissions</th>
<th>Council Rep.</th>
<th>Staff Rep.</th>
<th>Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>1% Committee (Bylaws &amp; Appendix X2)</td>
<td>Charlene Krise, Vince Henry, Vicki Kruger</td>
<td>Kris Peters</td>
<td>Feb., May, Aug., Nov.</td>
</tr>
<tr>
<td>Elections Committee</td>
<td>None</td>
<td>Tammy Ford</td>
<td>March, April, May</td>
</tr>
<tr>
<td>Explorers Program Committee</td>
<td>None</td>
<td>Rene Klusman</td>
<td>May and June</td>
</tr>
<tr>
<td>Fireworks Committee (TC 6.04.040)</td>
<td>None</td>
<td>Rhonda Foster</td>
<td>Not yet determined</td>
</tr>
<tr>
<td>Gathering Committee</td>
<td>None</td>
<td>Kevin Lyon</td>
<td>Not currently meeting</td>
</tr>
<tr>
<td>Law Enforcement Committee, Law and Order</td>
<td>None</td>
<td>Kim Kenyon</td>
<td>June and August</td>
</tr>
<tr>
<td>Veterans' Committee</td>
<td>Vicki Kruger</td>
<td>Kris Peters</td>
<td>As needed</td>
</tr>
<tr>
<td>Budget Commission</td>
<td>Arnold Cooper, Vicki Kruger, Charlene Krise</td>
<td>Charlene Krise</td>
<td>Sept., Dec., March, June</td>
</tr>
<tr>
<td>Business Administration Board (TC 6.24.010)</td>
<td>Bev Hawks</td>
<td>Leslie Johnson</td>
<td></td>
</tr>
<tr>
<td>Little Creek Oversight Board (TC 2.26.010)</td>
<td>Vacant</td>
<td>Dave Johns</td>
<td></td>
</tr>
<tr>
<td>Museum Library and Research Board</td>
<td>Arnold Cooper</td>
<td>Mike Araiza</td>
<td></td>
</tr>
<tr>
<td>Tourism Board (TC 2.34.010)</td>
<td>Vacant</td>
<td>Vacant</td>
<td></td>
</tr>
<tr>
<td>Island Enterprises Board</td>
<td>Vacant</td>
<td>Vacant</td>
<td></td>
</tr>
<tr>
<td>Skookum Creek Tobacco Board</td>
<td>Vacant</td>
<td>Vacant</td>
<td></td>
</tr>
</tbody>
</table>

**Committees and Commissions Listed on Calendar**

<table>
<thead>
<tr>
<th>Committee and Commissions</th>
<th>Council Rep.</th>
<th>Staff Rep.</th>
<th>Meetings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aquatics Committee</td>
<td>Arnold Cooper</td>
<td>Jeff Dickison</td>
<td>2nd Wednesday in Feb., May, Aug., Nov.</td>
</tr>
<tr>
<td>Elders Committee</td>
<td>Charlene Krise</td>
<td>Traci Coffey</td>
<td>1st Wednesday or Thursday</td>
</tr>
<tr>
<td>Enrollment Committee</td>
<td>Charlene Krise</td>
<td>Tammy Ford</td>
<td>2nd Tuesday</td>
</tr>
<tr>
<td>Fish Committee</td>
<td>Vicki Kruger</td>
<td>Joseph Peters</td>
<td>2nd Wednesday in March, June</td>
</tr>
<tr>
<td>Golf Advisory Committee</td>
<td>Arnold Cooper</td>
<td>Kris Peters</td>
<td>2nd Wednesday or Thursday</td>
</tr>
<tr>
<td>Hunting Committee</td>
<td>Arnold Cooper</td>
<td>Joseph Peters</td>
<td>2nd Tuesday of July, Oct., Jan., April</td>
</tr>
<tr>
<td>Shellfish Committee</td>
<td>Vince Henry</td>
<td>Eric Sparkman</td>
<td>1st Wednesday of March, June, Sept., Dec.</td>
</tr>
<tr>
<td>Education Commission</td>
<td>Vacant</td>
<td>Gordon James</td>
<td>2nd Friday</td>
</tr>
<tr>
<td>Gaming Commission (TC 6.08.090)</td>
<td>(Per Tribal Code) None</td>
<td>Dallas Burnett</td>
<td>3rd Monday</td>
</tr>
<tr>
<td>Housing Commission</td>
<td>Charlene Krise</td>
<td>Bert Miller</td>
<td>1st Friday</td>
</tr>
<tr>
<td>Child Care Board of Directors</td>
<td>Vicki Kruger</td>
<td>Ray Peters</td>
<td>2nd Monday</td>
</tr>
<tr>
<td>Tobacco Board of Directors</td>
<td>Charlene Krise</td>
<td>Vacant</td>
<td>4th Tuesday</td>
</tr>
<tr>
<td>Utilities Commission</td>
<td>Vicki Kruger</td>
<td>Patti Puhn</td>
<td>1st Thursday</td>
</tr>
<tr>
<td>SPIPA Board of Directors</td>
<td>Vacant</td>
<td></td>
<td>2nd Friday</td>
</tr>
</tbody>
</table>

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To contact a Squaxin Island Police Officer Call: 360-426-4441

If it is an EMERGENCY CALL 911
South Puget Intertribal Planning Agency
USDA Foods Program
SERVING SQUAXIN ISLAND 8/8/19

Mexican Fiesta Pasta Salad

INGREDIENTS:
2 cups cooked broccoli-rotini pasta, rinsed in cold water
1 can black beans, rinsed
1 can corn, drained
1/2 red bell peppers, chopped into 1/2" pieces
1/2 cup raisins, chopped
4 Tbsp. Lime juice
4 Tbsp. Olive oil
1/2 tsp. Garlic powder
salt and crushed red pepper to taste

INSTRUCTIONS:
1. Combine the pasta, black beans, corn, bell peppers, and raisins in large bowl.
2. To make dressing, combine lemon juice, olive oil, garlic powder, salt, and crushed red pepper in small bowl.
3. Just before serving, pour dressing over salad and toss to combine.

NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staff have other duties that they are responsible for on the days they are not visiting communities. If you’re unable to make the dates, please call and schedule an appointment with appropriate staff.
For USDA Food, call the Warehouse at Nisqually 360-438-4216.
This institution is an equal opportunity provider.

South Puget Intertribal Planning Agency
WIC Program
August Dates

CHEHALIS 8/8/19
SKOKOMISH 8/12/19
SQUAXIN ISLAND 8/13/19
NISQUALLY 8/14/19

This Institution is an equal opportunity provider.
Washington State WIC Nutrition Program does not discriminate.
NOTE: These dates are future projections. While we strive to keep these dates and times, they may be subject to change. This program is not always able to accommodate walk-ins due to their other duties.

AUGUST 9 | OPEN @6PM
EARLY BIRDS @8PM | SESSION @8:30PM

DAUBIN IN THE DARK
Buy-in is $50

OVER $7,900 IN PAYOUTS
$400 payouts for 4-ons
$500 payouts for 6-ons
$1,199 black out with a $500 lead up.

Cocktail SPECIALS
Ages 21 and over only
LITTLE CREEK CASINO RESORT
15 MINUTES NORTH OF OLYMPIA ON HWY 301
1.800.667.7711

Thursday • Aug 8th
Doors Open 4:30pm | Early Birds 6pm | Session Starts 6:30pm

Friday • Aug 9th
Daubin’ in the Dark Black Light Bingo
Doors Open 6pm | Early Birds 8pm | Session Starts 8:30pm

Saturday • Aug 10th
Doors Open 9am | Early Birds 11:30am | Session Starts 12pm
Doors Open 2:30pm | Early Birds 4pm | Session Starts 4:30pm

Sunday • Aug 11th
Doors Open 2:30pm | Early Birds 4pm | Session Starts 4:30pm

All Level 3 payout $500 with NO SPLITIES!
Donate school supplies for a free Level 1 (6-on)

*Multiple winners split the payout. SeeARS or call 360-437-3065 for more details.
Ages 21 and over only for Friday sessions. Must be 21 to order for Bingo Specials.