KLAH-CHE-MIN

A PUBLICATION OF THE SQUAXIN ISLAND TRIBE

DECEMBER 2021

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COMPLIMENTARY

Governor Appoints Kris Peters to The Evergreen State College Board of Trustees

OLYMPIA – Governor Jay Inslee made a second historic appointment of a Tribal Chair to a college board by naming Kristopher Peters, Chair of the Squaxin Island Tribe, to The Evergreen State College Board of Trustees. Inslee named Suquamish Tribe Chair, Leonard Forsman, to the University of Washington's Board of Regents last month. Evergreen's Board of Trustees is an eight-member governing board that provides long-term strategic leadership, initiates policy and delegates authority to the college president. The Governor appoints seven of the members and the eighth member is a student selected by campus peers.

Evergreen's Olympia campus is located on the ceded territories of the Medicine Creek Treaty Tribes, which include the Squaxin Island Tribe, the Nisqually Indian Tribe and the Puyallup Tribe of Indians. The Squaxin Island Tribe's habitation of the land on and around the inlets of the Southern Salish Sea, including what is now the City of Olympia and at Evergreen spans thousands of years. Evergreen, since June 2021, flies the Squaxin Island Tribe flag at its Olympia campus to acknowledge the college's commitment to an ongoing physical appreciation for the people of the Squaxin Island Tribe.

Peters' term as a trustee began October 26, 2021 and will run through September 2027. He replaces former trustee, Irene Gonzales, whose term recently concluded. Peters has been Tribal Chair since July 2020 and has served his community as Tribal Administrator and Police Chief since 2012. He has also been an adjunct professor at Evergreen since 2018, received his bachelor's degree in Native American History and Tribal Government from the school in 2014, and his Master of Public Administration in Tribal Governance in 2016.

"Kristopher knows the importance of a rigorous and ever-evolving education that will give life-long lessons to take you wherever you want to go in life and that is what The Evergreen State College offers," said Governor Inslee. "His depth of experience, as a student, a professor at Evergreen, and as a leader with the Squaxin Island Tribe, gives him the uncanny opportunity to meet people where they are at. He is a true leader and will be at the forefront with Evergreen as the college celebrates its 50th anniversary. He will help lead the college into its next 50 years."

"It is an honor to be selected to serve on Evergreen's Board of Trustees," Kris said. "There is a long line of Native graduates from Evergreen who have become leaders for not only their Tribal communities but for the entire state of Washington. I am honored to have a front row seat to our future leaders who are making their way and choosing Evergreen as the place where they will learn."

While Peters is the first tribal chair to serve on Evergreen's board of trustees, many illustrious tribal citizens have previously served. They include Billy Frank, Jr., who was president of the Northwest Indian Fisheries Commission; Senator Claudia Kauffman, who works as the Intergovernmental Affairs Liaison for the Muckleshoot Indian Tribe and who is from the Nez Perce Tribe; and Martina Wehlshula of the Arrow Lakes Nation of the Colville Tribes.

"We are honored and delighted to have Kristopher Peters join the Board of Trustees," said Evergreen Trustee Chair, Karen Fraser. "We have lots of important work to do and it is an honor to have him at the table as we make important decision for the next 50 years of The Evergreen State College. His voice and leadership will be a great compliment to the board's existing members, and the college."

Centennial Accord

Chairman Kris Peters - Tribal leaders from throughout the State met with Governor Jay Inslee and other State leaders at the 32nd annual Centennial Accord Meeting Wednesday, Oct. 27, at the Skookum Creek Event Center on the Squaxin Island Tribal reservation. The annual meeting focuses on cementing the government-to-government relationship between the state and Tribes.

Washington state Tribal leaders focused on Tribal sover-eignty and pushed Gov. Inslee for continued salmon recovery legislation language and enforcement of fishing treaty rights. Inslee was criticized by some Tribal leaders for his decision to veto sections of the Climate Commitment Act supported by Tribes and concerns were raised on the enforcement policies of WDFW and the fisheries co-management process. Inslee was praised for climate action and his ongoing commitment to address culverts, riparian zones, water quality and he was celebrated for the appointment of Tribal members to leadership positions and a willingness to meet with Tribal Nations.



Photos by Tiffany Royal, NWIFC

10 SE Squaxin Lane, Shelton, WA 98584
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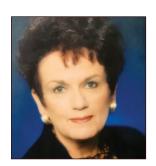


Walking On



Lorna Gouin

Lorna Gouin passed away on September 15th. The family would like to wait until January, the month of her birthday and her anniversary, to share her full story.



Tsquaxin Island RIBAL NEWS

10 S.E. Squaxin Lane Shelton, WA 98584

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Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Rick Peters

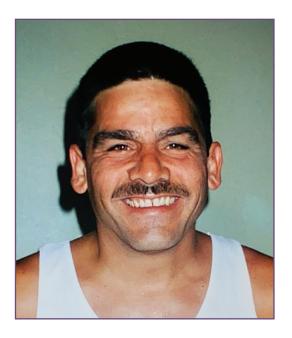
Richard Karl Peters passed away peacefully on 10/30/2021 after succumbing to an infection that

his body could not fight. Rick, who was proud to be a Squaxin Island Tribal member, was a loving son, brother, uncle, hunting, fishing, clamming, and berry picking partner, and friend

Rick was instrumental in the successful challenge to the Boldt case that secured treaty rights for western Washington Tribes to harvest shellfish in their usual and accustomed areas.

He is survived by his mother, Ina Peters; siblings, Steve Peters, David Peters, Mark Peters, Susan McKenzie, Karen Farr, and Roger Peters; and numerous nieces, nephews, and cousins.

Celebrating the Life of Rick Peters will take place on Wednesday, December 8th at noon at Little creek Casino Resort's Sa-Heh_Wa-Mish Room. Out of respect for the family, tribal offices will be closed that day.



Michael Henderson

Michael Henderson was born in Anchorage, Alaska on February 9th, 1964 to Leslie Peters and Ralph Henderson. He passed away at home on the Squaxin Island Reservation on November 3rd, 2021.

Michael was most passionate about his children, Shiloh, Michael, Tiffany, Alei, Kaytlyn, Madelynn and Jaidon.

He also loved Alaska, fishing, hunting, working on computers, travelling, teasing, and making jokes. His boisterous laugh always filled the room.

He is survived by his children; his brother, William Henderson; sister, Barbara Cleveland; grandson, Aidan; and numerous aunts, uncles, cousins, nephews, nieces and friends.

Michael was preceded in death by his mother and father; grandparents Bill and Louise Peters and Ralph and Betty Henderson.

He is lovingly remembered by all those who knew him.

The community will be notified when the family makes arrangements for services.

Submissions Deadline: 15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

KRIS PETERS: Chairman
CHARLENE KRISE: Vice Chairman
PATRICK BRAESE: Secretary
MARVIN CAMPBELL: Treasurer

ANDY WHITENER: 1st Council Member
Dave Whitener: 2nd Council Member
VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:

THERESA M. HENDERSON: Ext. #3945

thenderson@squaxin.us



Walking On



Ann Parker

So, let's talk Alzheimer's for a minute. What a sneaky devil this disease is. Things start happening long before you recognize it. I can remember mother making dad sliced oranges and toast every day for breakfast for months and watching dad sneak out for breakfast occasionally. No big deal . . . it was their thing?

For five years I couldn't get mom to come up and stay with me, even if I came and picked her up. At first, I was hurt, but mostly baffled. You see mother had been my close friend, companion, confidant for years. I think too that when you have craziness in your own house at the same time, like having to raise a grandchild, you don't pause enough to pick up on something as critical as Alzheimer's.

The effect on your entire family can be overwhelming, frustrating, lending thoughts to fear and sadness. However, once we knew what was happening, for me it was much easier to deal with. Fortunately, Craig and I were able to take turns in her caring, along with dad.

Before Mom and Dad moved into Fieldstone and before dad died, I thought he was making a run for it, but later realized he had become the child and Craig his savior. He didn't know what to do about mother. At one point I asked him if he wanted to leave mother and he just looked at me like a deer in the headlights. He didn't know what to say or even how to explain it if he could say something.

After going through several months of caring, loving and watching our parents, there was no question that they loved each other beyond measure. It was just a journey that had to be traveled with a much grace as we could manage.

Mother put her family first – always. Her every thought, her every movement was with family in mind. She loved all her grandchildren and great grandchildren no matter what.

A week before she passed, she laughed when I told her Meghan was pregnant again. She was excited for Jessie Lyn and the new love of her life and for Josh and Kelly. She missed by only a few days Benjamin becoming a doctor and moving into an amazing career, but we all know she would've been so proud and

happy for all her grandchildren. Mother also followed and stayed in touch with their grandchildren back east, as much as she was able to until the Alzhiemer's started setting in.

Mother spent her life writing, recording, and collecting pictures, birth, and death certificates for the family genealogy. There are several books and I have brought one for you to see how intense this endeavor was. Truly a labor of love, but just the same an incredible amount of work.

Mother also interviewed the elders of this tribe and other natives that she met in and around the Pacific Northwest for years. Mom researched, found birth certificates, death certificates and certificates of service to start working on the Veterans Memorial for the Squaxin Island people. She and Dad worked on the medallions for all the different departments of service and created paddles for every service member. Mom and Dad collaborated and shared everything they had for this important endeavor to honor all the people and their families who served in our tribe.

Mother researched, wrote, and created everything for the tribe, the people in this community and my father delivered what she presented for the tribe. Mother was okay with this because she loved her husband beyond measure, and he loved her for what she gave to him. She was also instrumental in finding the rock that now rests in the Memorial with a petroglyph that belonged to this tribal family.

Both of my parents were involved in the Elders program and became very close to many tribal members. They were supportive and shared what they had to enrich everyone that had interest in the veteran's memorial, the writing of the book: "Squaxin Island Tribe Veterans".

Basket weaving was another passion of my mother. She took lessons, interviewed, and gathered information and once again made many books with detailed information that could be passed on to us and to you. Be the person that my mother was and share your knowledge with as many that you can. I would say to you that it is so important to share your knowledge and kindness and love to all that are close to you. That is the only way we grow as a family, as a people, as the world.

Disappointing our parents was more punishment than anything they could've done to us. I have to say that my mother completely, totally, and thoroughly loved me; supported me in my times of trial, despite how she may have really felt about what I did or my decisions and choices. I always felt supported and loved. There was a foundation with our parents that we could depend on and never question that it wouldn't be there no matter what.

Mother and I traveled to England, Scotland and to Korea with Dad to see where he had served. Mom and I were in Scotland when 9-11 hit the States. Scary, but we had each other. Chris and I took mother to New York and on our last night had dinner at the Plaza where they brought in a 4-tiered cart of desserts. Mother was beside herself with delight! So, in honor of my mother, we have brought in some of her favorites.

Our parents were only young people trying to find their way and doing the best that they could to find their way and raise their family as best they were able. Surely they made mistakes and so it is important to forgive them for those mistakes and not make those mistakes with our own children.

When Mother was at Fieldstone and falling, I went down and spent the night with her. I slept with her and held her. I was completely and totally happy to be there for my mother. I would do anything to comfort her and help her through this passage.

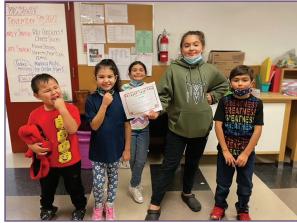
I hope that mom and dad are together again with the rest of the family that we have lost.



Parks and Rec | Community——



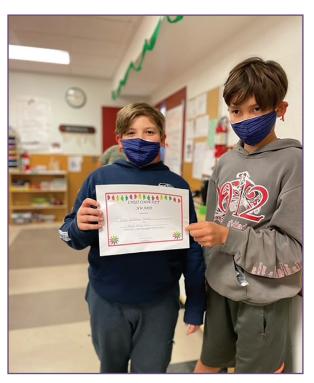




Veterans Day Chili Cook-Off

These are from our Veterans Day/chili cook-off event on November 11th. Our five chili cook-off judges were Tribal Elder/veteran John Krise, Sr. and his wife, Elizabeth Krise; our tribal veteran Marvin Campbell; and two Education Tutors, Tamika Krise and Kiana Wily.

Thank you to all participants!!!





South Puget Intertribal Planning Agency

LIHEAP

Submit all your LIHEAP requirements together at the same time for a chance to win a prize!

SPIPA will be accepting LIHEAP applications beginning December 2021. Anyone who complies and brings in all the required eligibility documents **together at once** on the day listed below will be entered into a drawing for a Pendleton Thermal tumbler.

Five winners at each site!

Chehalis - Tribal Health Clinic December 2, 2021 10:00am-5:00pm

Nisqually - Warehouse

December 17, 2021 10:00am-5:00pm

Shoalwater Bay - Tribal Health Clinic December 15, 2021 11:00am-2:00pm

Skokomish - Tuwaduq Family Services December 14, 2021 10:00am-5:00pm

Squaxin Island - SPIPA IPC December 7, 2021 10:00am-5:00pm

Required LIHEAP eligibility:

- -Proof of Income for Sept-Nov 2021 for everyone in the household $18\ \mathrm{and}\ \mathrm{older}.$
- -Power bill must be in Tribal Member's name.
- -Social security cards for everyone in household.

Questions related to LIHEAP?Call Debbie Gardipee at 360.462.3227

Call Debbie Gardipee at 360.462.3227 or email gardipee@spipa.org





PARKS AND REC



Youth Program

Kasia Seymour and Kenna Acosta - Our Trunk-or-Treat was a hit and we enjoyed seeing all the awesome costumes and the amazingly decorated trunks! We had fun and enjoyed being dressed up as dinosaurs and dancing for the community. Parks and Rec hopes you had a safe and fun Halloween!

We, along with the Shelton school bus driver, Squaxin bus drivers, and all staff in Parks and Rec/ Education, have introduced a new incentive program. We have Good Behavior tickets youth can earn from us while they attend the program. Each youth has a little box with their name on it to store their tickets in. Youth can earn tickets for following bus driver expectations, staying seated on the bus, keeping their masks on, picking up trash, helping a friend, and taking care of their trash and dishes during meal service, etc. Youth can use their tickets on Nintendo Switch time, candy, and little plastic toys/fidgets from the treasure box daily. Youth can also choose to save their tickets to enter weekly or monthly



drawings for a bigger prizes, such as gift cards, basketballs, hats, hoola hoops, or a slushee machines, just to name a few.

For October, our monthly Good Behavior winner was Janelle Krise. Great job earning all those tickets and participating!! Our Good Behavior weekly winner for October 25-29th was Leilani Blueback. Good job earning all the tickets as well!

In November we had some great activities and little events planned for the youth and families. We had the Thankful Dinner for registered youth and their families on November 2nd from 3:00 - 4:00 p.m. On November 11th, Veteran's Day and a no school day, we had a chili cook-off and invited community veterans to be our judges. It was an awesome time!

We were open after early release for the Griffin School District on October 25th & 26th. Andre Roberts and Kalysi Whitener came in to hang out with us and had an awesome time. During early release for Shelton School District, we were open November 2nd, 4th & 5th from 10:00 a.m. - 3:00 p.m.

We had a pool party for all registered youth on November 10th from 3:30-6:00 p.m. Our lifeguard, Rafael, had towels and swim suits available for anyone who forgot to bring one.

We have an exciting new activity... Cheer Clinic started November 2nd and takes place every Tuesday and Thursday from 5:00 - 6:00 p.m. If your youth is interested, you can sign up with Kenna Acosta.

Open gym took place throughout November on Saturday mornings from 8:30-4:00 p.m. Basketball practice was held on Thursdays for 5th-12th grade and Fridays for K-4th grade. Your youth doesn't need to be registered to attend these practices, but they do need to sign in with Kenna so we know who's in the building in case of an emergency. You are also welcome to come shoot around in the gym during open hours; just come sign in with Kenna and shoot some hoops!

Stay updated on upcoming events and activities on our Facebook page: Squaxin Island Parks and Recreation Dept.

Kasia Seymour, Youth Activities Lead

(360) 432-3801 or kseymour@squaxin.us

Kenna Acosta, Youth Recreation Coordinator (360) 432-3895 or kacosta@squaxin.us











To contact a Squaxin Island Police Officer Call: 360-426-4441

If it is an EMERGENCY CALL 911



Parks and Rec



Lap Swim:

It is quiet morning hours at the Squaxin Island Wellness Pool during early morning lap swim! This is a perfect program for the early morning risers, shy swimmers, and lap swimming enthusiasts. Feel free to either lap swim like an Olympic swimmer, or freestyle water aerobics at your own pace. Lap Swim occurs every Tuesday/Thursday from 6:00 a.m. - 7:30 a.m. Interested in more information? Please email us at pool@squaxin.us or call (360) 432-3852.

Daycare Swim:

Daycare swim is back and now being offered two days a week. Every Tuesday and Thursday sixteen of the youth from the Squaxin Island Child Development Center enjoy an hour of swim time. They learn water safety basics, and introductory swimming skills. Then they spend the rest of the time playing games and having a blast!

Lifeguard Conditioning:

Baywatch has no power over this lifeguard training program! Squaxin Island Tribal employees have taken the opportunity to sign up for lifeguard conditioning classes. These hard working classes aren't for the faint of heart as we work every single muscle in your body. This one hour, twice weekly program is designed to get people lifeguard fit, and prepare people to pass the Red Cross Lifeguard swim pre-test. This fitness program occurs every Tuesday/Thursday from 8:00 a.m. - 9:00 a.m.

Pool Parties:

Pool parties are a bi-monthly swimming extravaganza offered to registered after school program youth, and registered online academy youth. Pool parties are every second and third Wednesday of every month. This month the pool parties are on December 2nd from 3:00 p.m. - 6:00 p.m. In the October pool parties, youth played with animal floats and loved floating mini basketball. The youth also enjoyed playing with other pool toys that aren't normally out during the open swims!

Swim Lessons:

Swim lessons are scheduled throughout the week, and the Squaxin Island Wellness pool offers a variety of levels for youth. The Tadpole class is for youth under the age of five, and is the most popular class to enjoy! The Tadpoles learn the basics of swimming with their parents and the instructor in the water. The Tadpoles blow their bubbles, learn to float, practice independence, and learn water safety skills. The older youth learn proper swimming stroke technique, and how to swim at a club level. All youth that are registered for swim lessons will receive a Squaxin logo rash guard water shirt! To find out more information about swimming lessons or to get on the waitlist for swimming lessons, please email pool@squaxin.us or call (360) 432-3852.

If you have any questions about the following programs being offered at the moment, please don't hesitate to email pool@squaxin.us or call the pool office (360) 432-3852. Follow the Squaxin Island Parks and Recreation Facebook page for emergency pool closure updates. We hope to see you soon at the Squaxin Island Wellness Pool.











Thank You Marvin and Kris!

Kim Olson - Big shout out to Marvin and Kris! Thank you, gentlemen, for coming out in the rain to clean up the Veterans Memorial for Veterans Day!!! ... It looks great..









Tribal Elders parking spaces available at the casino just across from the main entrance!



SPIPA FOSTER HOME PROGRAM

SPIPA is a Child Placing Agency contracted through DCYF and provides a full range of foster home services including foster home recruitment, child placement, foster parent training, and support.







Are you ready to make a difference in the life of a child in need?

All over Washington, foster parents are needed to love, coach, mentor, wipe tears, celebrate, support, encourage children and youth who are unable to remain at home for a variety of reasons including abuse and neglect.

Could you, your family, or your friends make a difference in the life of a child?

Are you ready to learn more about becoming a foster family?

Take the first step in becoming a foster parent!

INFORMATION AND FOSTER HOME LICENSING APPLICATION REQUEST FORM



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South Puget Intertribal Planning Agency

3104 SE Old Olympic Highway Shelton, WA 98584 360.426.3990 spipa.org 6/21



LEARNING CENTER —



Higher Education

If you are planning to attend winter quarter, make sure to turn in all paperwork by December 3rd. I need all of your information for your Higher Education file by December 3rd. I cannot process your paperwork for the college until your file has been updated. I hope everyone had a very successful first quarter/semester. If you have any questions, I can be reached at my direct line or email. If you are a new student and need paperwork for Higher Education funding, please get in touch with me.

Thank you, Mandy Valley Higher Education Coordinator (360)432-3882 mvalley@squaxin.us









Tu Ha' Buts Youth Center Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		I	2 Online After-School: 10-2pm After-School Rec: 3-6pm Homework Help: 3-7pm Bball 5th-12th: 4-4:45pm Cheer Clinic: 5:30-6:30pm Lap Swim: 6-7:30am	3 Online After-School: 10-2pm After-School Rec: 3-6pm Bball K-4 th : 4:45-5:30	4 No Open Gym
			Lifeguard Conditioning: 8-9am SICDC: 9:30-10:30am	Open Swim: 3-5pm & 6-8pm Swim Lessons: 5-5:45pm	Swim Lessons: 1-3pm Open Swim: 4-8pm
6 Online After-School: 10-2 After-School Rec: 3-6pm Homework Help: 3-7pm	7 Online After-School: 10-2 After-School Rec: 3-6pm Homework Help: 3-7pm Cheer Clinic: 5:30-6:30pm Lap Swim: 6-7:30am	8	9 Online After-School: 10-2pm After-School Rec: 3-6pm Homework Help: 3-7pm Bball 5th-12th: 4-4:45pm Cheer Clinic: 5:30-6:30pm Lap Swim: 6-7:30am	Online After-School: 10-2 After-School Rec: 3-6pm Bball K-4 th : 4:45-5:30	Movie in the Pool *Call Rafael to Reserve you spot
	Lifeguard Conditioning: 8-9am SICDC: 9:30-10:30am	SICDC: 9:30-10:30am	Lifeguard Conditioning: 8-9am SICDC: 9:30-10:30am	Open Swim: 3-5pm & 6-8pm Swim Lessons: 5-5:45pm	Swim Lessons: 1-3pm Open Swim: 4-8pm
13 Online After-School: 10-2 After-School Rec: 3-6pm Homework Help: 3-7pm	Online After-School: 10-2 After-School Rec: 3-6pm Cheer Clinic: 5:30-6:30pm Homework Help: 3-7pm Lap Swim: 6-7:30am Lifeguard Conditioning: 8-9am	15	Closed for Community Christmas Celebration Lifeguard Conditioning: 8-9am	17 Online After-School: Closed After-School Rec: Closed TLC Closed Open Swim: 3-5pm & 6-8pm Swim Lessons: 5-5:45pm	No Open Gym Swim Lessons: I-3pm
20	SICDC: 9:30-10:30am	SICDC: 9:30-10:30am 22	SICDC: 9:30-10:30am	24	Open Swim: 4-8pm
Open from 10-3pm for For Registered Families - Contact Kasia to Register	Open from 10-3pm for For Registered Families - Contact Kasia to Register NO HOMEWORK HELP	Open from 10-3pm for For Registered Families Contact Kasia to Register	NO HOMEWORK HELP	Christmas Holiday Closed	Christmas Holiday Closed
NO HOMEWORK HELP	Lap Swim: 6-7:30am Lifeguard Conditioning: 8-9am SICDC: 9:30-10:30am	SICDC: 9:30-10:30am	Lap Swim: 6-7:30am Lifeguard Conditioning: 8-9am SICDC: 9:30-10:30am		
27 Christmas Holiday Closed	28 Christmas Holiday Closed	29 Christmas Holiday Closed	Christmas Holiday Closed	Christmas Holiday Closed	

Open Swim Capacity: 20 people or Four Families

- For Squaxin Island Tribal Members & Employees
- Saturday's Open Swim is Prize Activities for ages 5-12 years
- **After-School Rec Program:**
- Early Snack is offered: 3-3:45 pm
- Late Snack is offered: 4:00-4:45 pm
- **Homework Helpers in the TLC**
 - Monday, Tuesday and Thursday from 3-7:00pm
 - Kindergarten and up!!

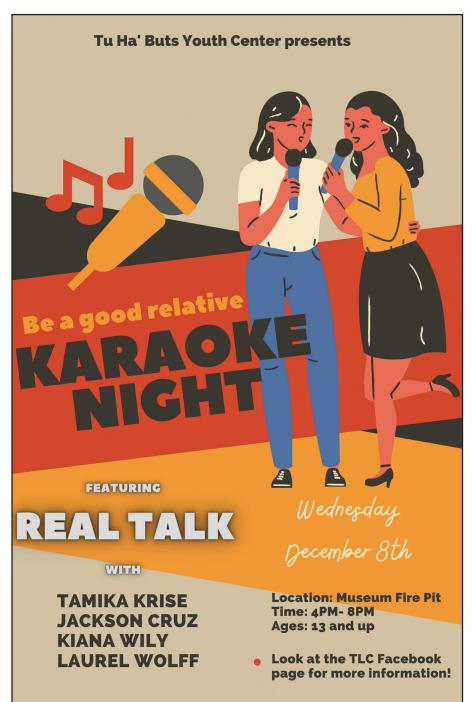
All activities are drug, alcohol, e-cigarette and tobacco free.

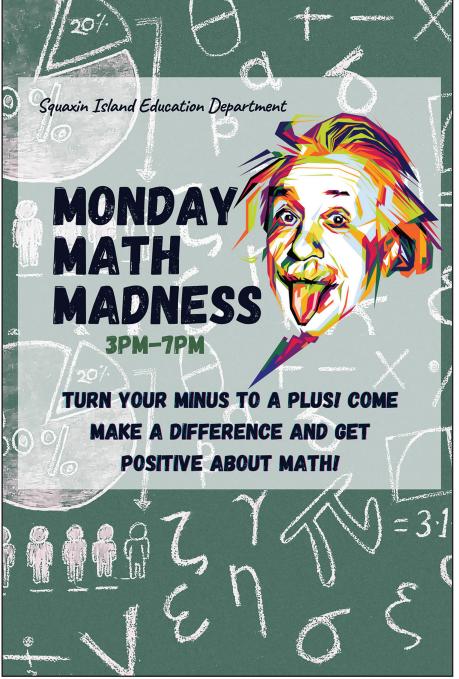


LEARNING CENTER —











Centennial Accord ———

















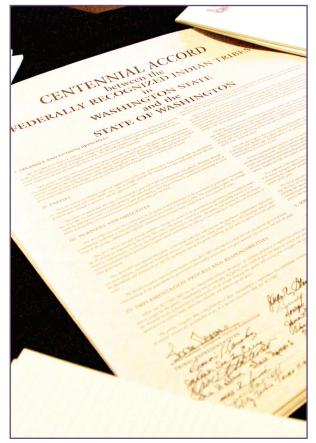


CENTENNIAL ACCORD ———















Andrea Wilbur Sigo Creates Artwork for Starbucks, Seattle School District, Seattle Convention Center ...

Andrea Wilbur Sigo is quickly becoming famous within the art world, and one might be tempted to say something like, "I knew her when . . ." But - we still know and love her, our friend who is a woman of fortitude, generosity and TALENT!

Eighth Generation | Starbucks

Andrea has worked extensively with Eighth Generation, a Seattle-based art and lifestyle brand owned by the Snoqualmie Tribe. It is the first Native-owned company to produce wool blankets - with a flagship retail store in Seattle's iconic Pike Place Market, and sells only 100% Native designed products.









Eighth Generation founder Louie Gong (Nooksack) coordinated with Starbucks to create a Coast Salish themed espresso mug set, and Andrea was chosen to be one of four artists to participate.

"We really paid attention to texture in this collection," Louie said. "The patterns we used are found in traditional Coast Salish weaving and basketry, so we wanted to replicate that tactile experience on the mugs in particular."

In shades of soft mauve, coral, turquoise, and sage, each of the designs are based on traditional patterns found in Pacific Northwest Native American art.

Andrea's design (soft mauve), Gill Net, shares fish net and star designs that are found on traditional Skokomish weavings.

The smaller size means these cups can also be used as bud vases, toothpick holders, jewelry dishes, and more!

The Coast Salish Demi Espresso Mug Set is available at the Capital Hill Starbucks Reserve Roastery located at 1124 Pike Street in Seattle (corner of Pike and Minor Ave). Blankets and jackets are available in same collection, but are created by other artists.

The mug set can also be purchased through Eighth Generation: eighthgeneration.com/collections/mugs/products/coast-salish-demi-espressomug-set.

Welcome Pole at Chief Seattle Club in Pioneer Square

Andrea is carving a welcome pole for the Chief Seattle Club in Pioneer Square where an 80-unit housing complex for homeless American Indian and Alaska Native people will be constructed soon.

"They have been experiencing homelessness on Coast Salish territory, Coast Salish land, for much too long," said Executive Director of the Chief Seattle Club Colleen Echohawk.







The complex will be called "al-al," the Lushootseed word for "home."

Colleen said they wanted/needed, a way to welcome its residents home with something monumental and indigenous.

"We specifically asked for Coast Salish artists," Colleen said.

The board of directors settled on Andrea from among five carvers.

"We asked questions when we did the interviews," Colleen said. "We said 'what is your idea of home? What does home mean to you?' And she's a mother and a grandmother. And she spoke so eloquently about what home means to her. She also spoke so clearly about her connection to this area."

Seattle'shometown band, Pearl Jam, provided a large financial boost to the project by donating seed money through its Vitalogy Foundation.

For the full story, search "A 'welcome pole' being carved for new Native American housing complex" by Deborah Horne on kiro7.com.









Arts, Cultures & Heritage

Event Information

Dedication of "Unity" at the Eastside Street Art Crossing

Artist/Carver Andrea Wilbur Sigo, the Squaxin Island Tribe and City of Olympia invite you to join in the dedication of People of the Water and Tree People, two individual sculptures flanking the bridge on Eastside St., together entitled Unity.





People of the Water

The second installation of the eight part Olympia Art Crossings Project, Unity, tells the story of community made stronger by standing together, and are reflective of the house posts of the Salish dwellings that once covered all the shores of the Salish Sea. The sculptures are carved from old growth red cedar and illuminated with solar power.



More on Page 14



Tree People

Dedication Event

Saturday, December 4th at 3:00 p.m. Trailhead to the Karen Fraser Woodland Trail, 1600 Eastside S.E.

Elders and disabled guests please call ahead at (360) 709.2678 to reserve parking at the trailhead. Other guests please park across the bridge to north, in the parking lot for the Public Works Maintenance Center.

For the safety of all attendees, please wear your mask.





Andrea Wilbur Sigo ... Continued from Page 13

Advice for upcoming artists

"Make plans and reach for them," she says. "Go to reliable people for advice. Keep moving. Don't give up. Ask questions. If someone is negative, don't quit!"

Andrea is always open to helping other artists succeed. Her workshop is open to anyone who wants to visit, and she is always prepared to offer support and guidance. You can contact her at awsigo@msn.com.

These are just some of the amazing projects Andrea has worked on during the past few years . . .

https://www.seattleschools.org





WA State Convention Center at Olive Way and Pine in downtown Seattle









Suquamish Tribe Veterans Memorial

Woodinville's Brightwater wastewater treatment facility



lacksquare - f Planning and Community f Development - $m{\varnothing}$



Low Income Housing Improvement Program

This notice is to provide information that funding may be available in FY 2022 for extremely low income families through the Bureau of Indian Affairs (BIA) - Housing Improvement Program (HIP). The Office of Housing will accept applications through December 15, 2021.

Qualifications:

- · Member of a federally recognized Tribe
- · You live in an approved Tribal service area
- · Your income does not exceed 150% of DHHS poverty income guideline
- · Your present housing is substandard
- · You must meet ownership requirements
- · You have no other resources for housing assistance
- · You did not acquire your present housing through a federally sponsored housing program that includes such housing assistance

The application process is often difficult, but staff is available to assist you in the process.

Applicants must have exhausted all other resources for housing assistance. The Office of Housing will accept the applications and forward them to the BIA, who will make the final determination.

If you have any questions about the HIP program, please contact Lisa Peters at (360) 432-3871.

2021 Poverty Guidelines for 48 Contiguous States and the District of Columbia

Persons in household	Poverty Guideline	
1	\$12,880	
2	17,420	
3	21,960	
4	26,500	
5	31,040	
6	35,580	
7	40,120	
8	44,660	

For families/households with more than 8 persons, add \$4,540 for each additional person

COVID-19 is real. Stay home, save lives.

MA





Water Use During the Holidays

Wise use of private water and wastewater systems can make the holidays more peaceful. The holiday season is upon us and that often means a bustling house full of family, friends and preparation of tasty recipes in the kitchen. All of these things should make for joyful times, but they can potentially have a stressful impact on your private water well and onsite wastewater systems.

With the ownership of water well and wastewater systems, comes great responsibility. You oversee the upkeep of your water and wastewater systems, not a municipality. While your immediate family should be familiar with how to avoid undue stress on these systems, your guests likely are not. It's always good to have a refresher on the best daily practices when it comes to your private water and wastewater systems. With everyone in the know of the best daily practices, you will help each system perform efficiently despite the increased demands on both while having additional house guests.

Water conservation and staggering of higher water demands throughout the day can have a positive impact in reducing strain on both your well and wastewater systems.

- Check for and fix any leaky indoor or outdoor water fixtures such as faucets/hydrants, shower heads or continuously running toilets. Consider replacing older water fixtures with new, low-water usage ones before having a house full of guests.
- Ask everyone to take quick showers and stagger water usage by having some take morning showers while the others take evening showers.
- Lessen wasted water going down the drain by reminding everyone to turn off the water while brushing teeth, washing hands/face or shaving.
- Combine smaller loads of laundry and only do one or two loads per day.
- Run the dishwasher and/or washing machine at night when water use is at its lowest.

Minimizing solids within your wastewater will improve your wastewater system's performance. Solids add to the organic load in the system and too much organic matter can produce an unbalanced system, resulting in inadequate treatment. Problems can include clogged pipes, clogged filter screens or a clogged and/or saturated drain field.

- When you have a house full of people, it's wiser to choose composting or the trash over using the garbage disposal to get rid of items such as vege table skins and trimmings.
- Do not dispose of cooking oils or grease from the cooking of meats by pouring them down the drain at any time; rather pour into a disposable container, refrigerate until solid and put in the trash.
- Avoid flushing items even if they say flushable, such as paper towels, napkins or facial tissue, wet wipes/feminine hygiene items, baby/adult diapers, cotton balls/pads/swabs, dental floss, hair and cigarette butts.

By reminding your immediate family of these best daily practices and educating your guests about them, you help to ensure your water and wastewater systems will not be to blame for a potentially messy and costly disruption of your holiday festivities.

* Nebline

lacksquare - f Planning and f Community f Development - m eta





As you deck the halls this holiday season, be fire smart. A small fire that spreads to a Christmas tree can grow large very quickly.



PICKING THE TREE

• Choose a tree with fresh, green needles that do not fall off when touched.



PLACING THE TREE

- Before placing the tree in the stand, cut 2" from the base of the trunk.
- Make sure the tree is at least three feet away from any heat source, like fireplaces, radiators, candles, heat vents or lights.
- Make sure the tree is not blocking an exit.
- Add water to the tree stand. Be sure to add water daily.



LIGHTING THE TREE

- Use lights that are listed by a qualified testing laboratory. Some lights are only for indoor or outdoor use.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Never use lit candles to decorate the tree.
- Always turn off Christmas tree lights before leaving home or going to bed.



After Christmas

Get rid of the tree after Christmas or when it is dry. Dried-out trees are a fire danger and should not be left in the home or garage, or placed outside against the home.

Check with your local community to find a recycling program.

Bring outdoor electrical lights inside after the holidays to prevent hazards and make them last longer.

FACTS

- (!) Almost one third of home Christmas tree fires are caused by electrical problems.
- Although Christmas tree fires are not common, when they do occur, they are more likely to be serious.
- ! A heat source too close to the tree causes more than **one in every five** of the fires.

Your Source for SAFETY Information
NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

Your Logo

www.nfpa.org/education ©NFPA 2020



'Tribal Sons' Make Christmas Gifts for Squaxin Youth and Elders

Charlene Abrahamson (photos too) - Family Services, ICW, and Tammy Ford, who has long worked with incarcerated tribal members, welcomed the Washington State Department of Corrections (DOC) who came bearing gifts for our foster youth in mid-November.

Nancy Dufraine, the Director of Tribal Relations for the DOC and Jeremy Barclay, Engagement and Outreach Director for the DOC, took the time to visit and transport.

Tribal Sons, housed at the corrections center, once again created gifts to be shared with their relatives on Squaxin Island and Skokomish tribal lands. The 25 men spent months working on the ornate and adorned handicrafts that included beading, painting, and knitting. The men expressed their gratitude for being able to give back to their loved ones. The careful handling of the gifts in packing them for transport demonstrated the care and mindfulness of the treasured items.

During their annual powwow on Thursday, November 18, the gifts were provided to the Office of Tribal Relations for transport to the respective tribal Family Service programs for gifting to foster children and Elders.

"I would like to give thanks, first to the Creator and then to the people, for allowing me such a great opportunity to give back," said Jay Powell, Jr., a Squaxin Island member. "It's an honor and a privilege, something I'll always keep close within my heart. I look forward to being more involved in the future."

The holidays are always a special time for communities as well as the men and women serving their sentences away from their families.

"You all are in my thoughts and prayers," said Powell. "Remember tough times don't last; tough people do."

We here at Squaxin Island Family Services were both elated to hear these strong and healing words and sad that the pandemic has again prevented us from visiting in person to receive these yearly gifts. They are in our hearts too.

Lyssa Wier, Terri Capoeman, Winter White, Tammy Ford, Marcella Cooper, and Charlene Abrahamson were on hand to receive the gifts and definitely "ooh" and "ahh" at the creativity and love in each piece.

Tammy took time to thank the ICW staff for their hard work and long hours as well. It's not said and heard enough, and we thank you, too, Tammy.

Marcella Cooper presented Nancy and Jeremy with some medicine bag crafts to go back to our brothers there.

We are grateful to have uplifting, albeit masked and distanced, interactions which give us hope, not just gifts, to deliver.

We're determined to find a youth who is a Chicago Bulls fan for that amazing medallion.



L-R: Winter White, Lyssa Wier, Tammy Ford, Terri Capoeman, Jeremy Barclay, Nancy Dufraine, and Marcella Cooper









HEALTH CLINIC -



Covid-19 Statistics

Vaccinations	Total	Oct. 14 - Nov. 14
First doses provided:	1,127	8
Second doses provided (fully vaccinated):	1,098	11
J&J (fully vaccinated):	5	0
Booster doses	104	104
Third dose for immunocompromised:	3	0
People fully vaccinated:	1,103	
Vaccines given:	2,337	

Tests	^(
N/P:	
Serum:	(0)
Rapids:	

Total958 32 652 **Oct. 14 - Nov. 14**0 110

Positives

Positive results:	Total	Oct. 14 - Nov. 14
	97	7 (2 vaccinated)

Thank YOU for protecting our community by getting vaccinated!

- Squaxin Island Tribal Secretary Patrick Braese



Type 2 Diabetes is a Rising Threat in Youth

Prediabetes is a risk factor for developing type 2 diabetes

PREDIABETES

increases the risk of developing type 2 diabetes and heart disease.





Who has PREDIABETES?





1 in 4 aged 19-34 years



PREDIABETES is higher in males and people with obesity

What Can You Do?

- Parents should talk to their child's health care provider about testing for type 2 diabetes
- Adults aged 18 and over can take a 1-minute risk test at www.cdc.gov/diabetes/risktest



SOURCE: L Andes et al, JAMA Pediatrics December 2, 2019, online edition. https://bit.ly/2tw4Ai2

www.cdc.gov/diabetes



-HEALTH CLINIC —



Tips to Stay Healthy During the Holidays and Beyond

Source: https://www.healthline.com/health/healthy-holiday#tips-and-tricks Modifications by Patty Suskin

It's all about moderation

Healthy eating doesn't mean you have to give up your favorite foods. Plan ahead and make healthy choices most meals.

Add more vegetables to meals and snacks:

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Consider serving a salad before the rest of the meal. Roasted vegetables are a quick, easy addition to meals. Consider placing raw vegetables out as an "appetizer" during meal prep while you're prepping the meal

Slow down during meals

Allow your stomach time to send a message to your brain that you're full. Enjoy conversation with friends and family.

Remember portion control



Use smaller plates.

Aim for eating small snacks and medium sized meals.

Be active

Take a walk right after dinner or find other ways to stay active every day. Have flashlights, rain gear, hats, gloves, ready to get out in nature. Being active benefits both your physical and mental health, including reducing stress

Start a new healthy family tradition or contest

Eating breakfast daily? Eating vegetables daily? Being active daily?

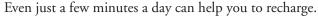
Think of something your family can work on together.

Try to stick to your regular sleep schedule



Irregular sleep can lead to fatigue & poor eating habits.

Take time for yourself

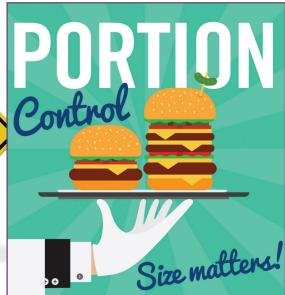


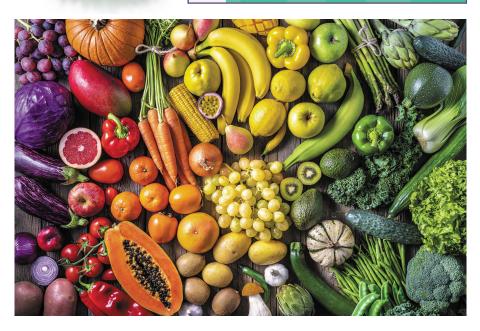














Next WIC: Tues., Dec 14, 2021

We are continuing remote phone appointments at least thru March 2022 due to the COVID-19 virus

We will call you on your appt day

Squaxin Island WIC

(Women, Infants, and Children)

provides healthy foods & nutrition information for you and your child up to age 5.

Please have available:
Your child's height & weight,
Provider One Card or paystub and identification for you & your child

Contact at SPIPA for an appointment: Patty at 360.462.3224, wicnutrition@spipa.org

or Debbie Gardipee-Reyes 360.462.3227 gardipee@spipa.org

Main SPIPA number: 360.426.3990



This institution is an equal opportunity provider. Washington State WIC Nutrition Program doesn't discriminate.



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---- Health Clinic -



Mammogram Clinic

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Tuesday, December 14, 2021 8:30 a.m.to 4:30 p.m.



To schedule an appointment or if you have any questions regarding your eligibility please contact: Traci Lopeman at (360) 432-3930.

Every Woman counts, please tell your Sisters, Daughters, Mothers and Friends to have a mammogram done yearly.

Beginning at age 40 Women should have a mammogram done yearly. Clinical breast exams should be done on a yearly basis by your medical provider. You should do your own monthly Breast Exams on a regular schedule.

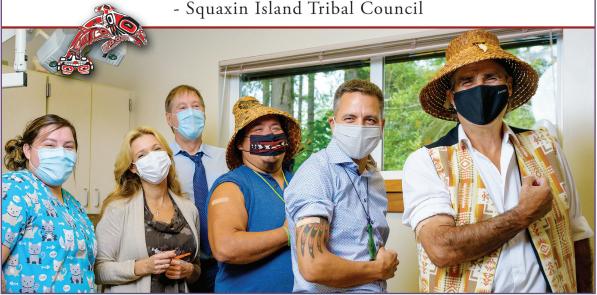
Check in at the SPIPA parking lot







Thank YOU! for getting vaccinated!







Don't Be Fooled by Food Marketing:

Food pouches and "meltaways" can interfere with your child's speech and eating development.

Pouches may fail to challenge children when they are learning to chew and swallow soft foods, which helps with speech and needed exposure to different textures.

By allowing a child to get messy with food, it helps them to practice skills they need to use utensils and to eat more textured food.

Having the opportunity to see, smell, and play with food can increase a toddler's acceptance of new foods.



Messy Eating is important



For babies 6 to 9 months, it is better to eat purees from a spoon so they can practice closing their lips over the utensil and moving food back in their mouths to swallow. Advance to food with more texture as soon as they are ready.

By around 9 months, most babies are finished with pureed foods and ready for finger foods. Serve them what you are eating in smaller pieces. To avoid choking, be sure foods are soft and not round.

This institution is an equal opportunity provider. Washington State WIC Nutrition Program doesn't discriminate.

Information About Type 2 Diabetes

Diabetes means there is too much sugar in the blood. The blood always has some sugar in it, because the body uses sugar for energy. But too much sugar in the blood is not healthy.

Did you know ?

The body makes insulin.

Insulin is important because it helps move sugar from the blood into the cells for energy.

· There are different types of diabetes. Type 2 diabetes is the most common.

Type 2 diabetes happens when the body does not use insulin well and does not make enough insulin. This leads to high blood sugar.

Symptoms of High Blood Sugar

Symptoms can be severe or mild. Some people may not have any symptoms.



Blurred vision



Increased thirst



Tired most of the time



Frequent urination



Increased hunger



Unexplained weight loss



Only a blood test can show if a person has diabetes.

Ask a health care provider about:

- · Getting tested
- · Where one can learn more about diabetes



Produced by the IHS Division of Diabetes Treatment and Prevention







Elders Menu ... Fruit and salad at every meal

MONDAY 6:

Beef Pie with Veggies

MONDAY 13:

Meatball Subs with Chips

MONDAY 20:

Pizza



TUESDAY 7:

Navy Bean Soup, Biscuits

TUESDAY 14:

Cream of Chicken Soup, Egg Salad Sandwiches

TUESDAY 21:

Italian Sausage Soup, Breadsticks

WEDNESDAY 1:

Spaghetti W/Corn, Garlic Toast

WEDNESDAY 8:

Salmon, Rice Pilaf, Broccoli

WEDNESDAY 15:

Fish and Chips, Cole Slaw

WEDNESDAY 22:

Clam Fritters, Cole Slaw

THURSDAY 2:

Tacos

THURSDAY 9:

Chicken Fried Steak, Mashed Potatoes w/Gravy, Mixed Veggie's

THURSDAY 16:

Steaks, Garlic Mashed Potatoes, Carrots

THURSDAY 23:

Roast Soup, Sandwiches

In an effort to provide additional safety precautions, the Elders staff will only be delivering meals to "Homebound" Elders at this current time. Elders who have met the requirements of "Homebound" will still call in to the Elders staff to request meals. Thank you for understanding.



SQUAXIN ISLAND TRIBE

Non-Life Threating Emergencies

Emergency Operations Center (EOC) Hotline

(Information only - no voicemail) (360) 432-3947

Community EOC Hotline (Questions and voice mail message)

(360) 443-8411

Emergency Management Coordinator

(360) 443-8410

Community Emergency Response Team (CERT)

(360) 426-5308

Squaxin Police Department

Office Hours Monday - Friday 8:00-4:00 (360) 432-3831

PUD No. 3 Outage Hotline

(360) 426-8255

Mason County Police Dispatch Non-Emergency

(360) 426-4441

Mason County Fire Non-Emergency

(360) 426-3348

Squaxin Island Tribe Family Justice Program

We are here to assist people

With your needs when released from incarceration or in-patient treatment for substance abuse. We have resources to remove barriers and obtain selfsufficiency to reduce risk of reoffending contact: Family Justice Services Coordinator Marcella Cooper

360-485-5150 & 360-432-3908

Email: mcooper@squaxin.us

2750 SE Old Olympic HWY Shelton, WA 98584



COMMUNITY-





Benito Bear Hernandez Douglas Matthew Bloomfield

2 Ava Claire George Gregory Thomas Lehman Manuel A Castillo

3 Cathlene Diane Riker Deborah Diane Obi Jess Daniel Brownfield

4 Daniel Thomas Sigo Kaya Rose Johns Peggy Ann Peters

5 Austin William Penn-Soto Lilly Faye Lutolf

6 Brendan James Bellon Cora Rosa Krise Evan Lance Ellerbe Michael Duane Foster

7 Jason William Koenig Sophia Amineh Cooper Zoe Gabriela Cooper

8 Cedar Reaching Bear Wily Rhonda M. Whitener

Dustin Dean Kruger Elizabeth H Campbell Garrett William Todd Misti Dawn Saenz-Garcia 10 Brenda Lee Bailey Davina Marie Braese Jayden Christine Eagles Marlena Star Bradley Sierra Jasmine Blueback Tayen Renee BlueBack

11 Kelli Jean Dahman Kendra L. Lewis Kestle Mae Coley Lydia Indiana Andrews Tonya Velma Henry

13 Anthony Glenn Forcier Jr. Karen Annette Farr Lucy Ann Aldrich Madelynn G Henderson

14 Cecelia Marie Black Elianna Kristine Perez Nicholas J. W. Dorey

15 Amber Louise Gomez Frankie Metcalf Judith Kay Arola Lisa Mae Peters Priscilla C. Dolores-James Xzandrea King

16 Angel Marie Henry Bell Marie Ackerman Johns Rodney James Krise Sr.

17 Donovan Nicholas Henry Vernon L. Sanchez Wendy J. Bowman Ethan Ty Baxter

19 Patrick Von Stapleton Shashoney Elizabeth Fenton Theresa Ann Henderson Tyson D. Kruger Winona Kathleen Crone

21 Ronnie Nicole Penn

22 Kyler Joshua Gall Olivia Korndorfer

23 David Wayne Combes Jr. Jaimie Lee Cruz

24 Darrius James Rau Holly Lee Henry Tahnee Marie Kruger William B. Penn

25 Astrid Kristen Poste Carol Tadios Cheryl Lee Harper Jasmine Marie Rose Rivera Jayanne Diane Gamer

26 Karina Helaine Farr Nation Teo Krise Nicolas Francis Cooper Shira Elaine Powell

27 Andrea Lee Rossmeier

28
David B. Clark
Jessica Mary Stone
Jocelyn Elizabeth Campbell
Kathy Jo Block
Quinton Benavente Whitener

29 Patti A. Puhn Penni L. Restivo 30 Giovani Capoeman Koreena Ann Capoeman Matthew Taylor Sayers Richard John Gouin Sofia Jay Cattaneo

31 Rebecca Black





FREE Wills for Squaxin Tribal Members and Their Spouses

The Tribe is offering the services of Mark Allen, an attorney who has worked for the Squaxin Community for 10 plus years. Mark Allen is ready to assist Squaxin Tribal members and their spouses plan for themselves and loved ones by drafting wills and other end-of-life documents.

- Wills
- Powers of Attorney
- Advance Directives
- Health Care Directives
- Estate Planning

If you are interested in these services, please contact Lindsey Harrell, Legal assistant at the Squaxin Island Legal Department, at (360) 432-1771 ext. 6 or Lharrell@squaxin.us.

There is currently a waitlist for consultations, but we will be scheduling appointments each month. Call/email now to get on the list.











Dedication of Unity at Eastside St. Art Crossing

TLC Karaoke Night

Movie Night in the Pool

Community Christmas Celebration

December 4

December 8

December 11

December 16

Court:

FAMILY COURT: CRIMINAL/CIVIL COURT: VULNERABLE ADULT COURT:

USDA FOODS

WIC

December 2

December 14 December 16

December 1

December 7

December 14















TEES COMMISSIONS & BOARDS

Please visit: https://squaxinisland.org/tribal-member-info/committees-commissions-and-boards





USDA Foods Program December Dates

PT. GAMBLE S'KLALLAM 12/2/21 **SQUAXIN ISLAND** 12/7/21 **SKOKOMISH** 12/10/21 **CHEHALIS** 12/16/21 **NISQUALLY 12/17/21**

NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staffhave other duties that they are responsible for on the days they are not issuing commodities.

If you're unable to make the date, please call and schedule an appointment with appropriate staff.

For USDA Food, call SPIPA at 360.426.3990

This institution is an equal opportunity provider



Thank YOU

for protecting our community by getting vaccinated!

- Squaxin Island Tribal Council Member Andy Whitener



Early Childhood Education & **A**ssistance Program

Free Quality Preschool for Your Child

ECEAP helps all children enter kindergarten ready to succeed

Who is eligible?

Children 3 years old or 4 years old by August 31st who are:

- From a family with a low annual income; or
- Qualify for school district special education services; or
- Have developmental or environmental risk factors that could affect school success.



Squaxin Island Child Development Center

(360)426-1390

ECEAP Provides:

 $\overline{\mathbf{V}}$ Preschool

Nutritious meals & snacks

 \checkmark Health screenings

 \checkmark **Family support**

We are committed to high-quality preschool. Ask us about:



Early Head Start

Now Recruiting Pregnant Women and Children Birth to Three



Early Head Start Provides:

☑ Parent Training

☑ Health Screenings

☑ Family Support





We are committed to a high-quality Program.



Early Head Start programs provide family centered services for low income families with very young children.

> **Squaxin Island Child Development Center**

> > (360)426-1390