

Intertribal Camas Dig at Glacial Heritage Preserve

Thursday May 12th from 11:00am - 3:00pm



Native People have managed camas prairies for thousands of years to promote a diversity and abundance of native foods and medicines. Join us on this field trip as we explore traditional harvest techniques, cooking methods and the nutritional value of camas. Current prairie management strategies will be shared.

Directions: From I-5:

- Take exit 95 and head West on Maytown Rd toward the town of Littlerock.
- Follow Maytown Rd until you reach the stop sign at Littlerock Elementary. Continue straight onto 128th street and continue straight until 'T' at Mima/Waddell Creek rd.
- At 'T' take a left and follow Mima Creek Rd for 2.7 miles.
- You will see a small tractor sign followed shortly by a gravel road and brown sign marking Glacial Heritage preserve.
- Take a left onto the unmarked gravel road and follow road (slowly!) around the bend to the entrance gate.
- We will meet at the entrance and then walk or carpool onto the prairie.

If you have a digging stick or narrow shovel please bring it along with a basket or sack for your harvest. Be prepared for weather, rain or shine. There is a portapotty on the prairie. Bring water, a sack lunch, a folding chair if you need to sit down and whatever you need to make yourself safe and comfortable for the day.

For more information contact Mariana Harvey mariana@goodgrub.org

If you get lost on your way call Elise Krohn 360-485-3848, Sarah Hamman 360-790-4180 or Elizabeth Campbell 253-820-9971

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