AUGUST 2022

dibəl ti ?acaciltalbix gəl ti xəlč yəx ti stultulək yəx ti calcaləl.

COMPLIMENTARY

Traditional Foods Day

We started off Stepping Stones with some hands-on learning from several highly appreciated collaborations with people and industries in our community.

We had teachings from an Elder and a day on Squaxin Island learning clam digging from Tyler Johns, plant identification with Aleta Poste, and some information about the importance of taking care of our shores and clams from Candace Penn and Leila Whitener.

At the end of the week, we enjoyed a big celebration, collaborating with IEI for a Traditional Foods Day, bringing together all the teaching and activities we had done throughout the week. Our Traditional Foods Day was a huge success with so much awesome support for our youth from the Squaxin community.

We had a great turnout as all of all of Summer R.O.O.T.S youth were there to join in the festivities and enjoy some traditional food and community time. Chairmen Kris Peters and Secretary Patrick Braese were also there to show their support from our Tribal Council. And, of course, our Vice-Chair Jaimie Cruz was there as she is one of our education staff.

Everyone very much enjoyed the salmon, clams, and oysters that I.E.I's Dave Johns and Mike Ogden came through to cook for us in the traditional way. For several of our youth, learning about salmon sticks and how to cook salmon was their favorite part of the day.

Salish Roots Farm brought in some berry cobbler, elk stew, and the roasted camas that our mentors had harvested with them earlier in the month. For dessert we got to enjoy the wild blackberry pies that Stepping Stones youth made with Granny Vicki Kruger just a few days prior.

The vibes were high and the day was filled with good medicine as many of our youth got to experience their first time trying traditional foods, their first-time trying salmon, their first time involved in a community event and, with much excitement, their first time pulling in a canoe! Jeremy Walls brought out the Klabsch on a last-minute request. It was the cherry on top of the day as our skipper, Tamika Krise, taught the ways of pulling in the canoe. We sang together, we pulled together, and we shared an amazing meal together, leading with example of the way a community can come together to create something magical for us all.

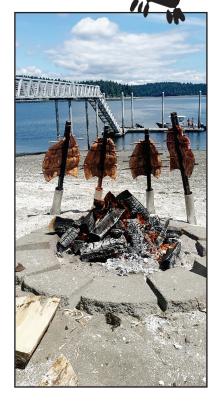


A special thanks to all of our other community members who came and showed support to the youth. Your presence made a difference in showing the youth the power of coming together! We hope to make many more memories like this for the youth and community.

- Kiana Wily, Middle School Advocate, Squaxin Education Dept.

*More photos on Page 2**









10 SE Squaxin Lane, Shelton, WA 98584 Change Service Requested



Traditional Foods Day-























Shelton, WA 98584

PHONE: (360) 426-9781 **TOLL FREE: (**877) 386.3649 **FAX:** (360) 426-6577 www.squaxinisland.org

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

 $The \ Klah-Che-Min\ encourages\ Tribal\ Members$ to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline: 15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

Kris Peters: Chairman Jaimie Cruz: Vice Chairman PATRICK BRAESE: Secretary MARVIN CAMPBELL: Treasurer

ANDY WHITENER: 1st Council Member DAVE WHITENER: 2nd Council Member VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:

Theresa M. Henderson: Ext. #3945

thenderson@squaxin.us





Learning Center —



Shellfish Career Exploration

Stepping Stones has always been a career training program for our youth to build some foundational skills before they head off to join the work force.

This year we have been learning a lot about the careers that surround and support our treaty rights to harvest clams and oysters and fish our waters.

We started off on Squaxin Island getting to hear some first-hand know-ledge from a couple of our biologists from Natural Resources, Candace Penn and Leila Whitener. They shared with us the educational and life journeys that brought them full circle back home to give their knowledge and skills back to their community. They also explained how important it is to take care of our waters now, so that the harvesting of our shellfish can thrive in the future.

Tyler Johns from Clam Fresh was also there to show the kids some digging skills and the different kinds of clams that grow on the island. Clam Fresh also welcomed us to their nursery to show us the steps and efforts that go into keeping our clams, oysters, and Salish sea healthy. We were shown where the algae is grown and the meticulous steps taken to curate the best nutrition possible for the clams and oysters. They explained to us the process of starting out the shellfish as seeds and mindfully caretaking for them as they grow them and move them to larger vats. From there we got to see how they sort out the shellfish by sizing grade using a super cool machine that jostles the baby shellfish through different sized grating. We ended the visit with a barge cruise by the oyster beds and got to see some Clam Fresh employees harvesting fully matured oysters.

The following week, Stephanie Bishop and her team from the Thurston County Conservation District set up interactive learning stations for the kids to further explore science and careers focused on shellfish. They brought super fun tools for us to get familiar with like microscopes and water testing supplies. We walked our shores and identified the plants and critters that live in our tidelands. We also got to do some marine plankton identification. The youth had a blast learning how to use the microscopes and discovering things on a microscopic level. A new art form, pressed algae art, was also taught to our Stepping Stones team. We are looking forward to our upcoming activities with Thurston County Conservation District and learning about more career opportunities in the shell-fish and wildlife industries.

- Kiana Wily, Middle School Advocate, Squaxin Education Dept.





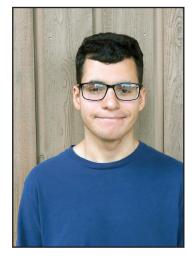






Summer Youth Employees—











Jacob Bethea Maintenance Department. He Department. is looking forward to working with everyone.

Trent Brown Jacob Bethea is the son of Trent Brown is the son of Clayton Bethea. He just Kristin Penn. He just finished finished 11th grade and will 10th grade and will be workbe doing landscaping for the ing for the Natural Resources

Justin Case Justin Case is the son of Candace and Lawton Case. He just completed 10th grade and will be working for Maintenance this summer. He is looking forward to working with everyone.

Jesse Cain Jesse Cain is the son of Guy and Wendi Cain and grandson of Dorinda Thein. just completed 9th grade and will be working for Parks and Recreation.

Brandon Campbell Brandon Campbell is the son of Marvin and Erin Campbell and will be working for Planning and Community Development Utilities. He just graduated from Northwest Christian High School and is looking forward to working hard and serving the Squaxin Island community.



Jocelyn Campbell Jocelyn Campbell is the daughter of Marvin and Erin Campbell and will be working in the LCCR Human Resources Department.



David Clark David Clark is working at Family Services.





Alanzo Grant is the son of Melissa Henry and Alonzo Grant. He attends CHOICE High School and will be working for the Natural Resources Department.

Alanzo Grant



Syncere Ho Syncere Ho is the son of Nikieta and Steven Ho. He just completed 9th grade and will be working for the Summer R.O.O.T.S. Program. He is looking forward to working with everyone.



Malachi Johns

Malachi Johns is the son of Lisa Johns and will be working for the Information Services Department this summer. He is looking forward to working with information technology and has a lot of knowledge.



Summer Youth Employees——





Aiyanna Krise

Aiyanna Krise is the daughter of John Krise II and Shayla Wilkins. She just completed 9th grade and will be working for the Summer R.O.O.T.S. Program.



Randy Koshiway

Randy Koshiway is the son of Bob Koshiway and Sally Scout. He just completed 10th grade and is very happy to have a job at Natural Resources this summer.



Sarah Koshiway

Sarah Koshiway is the daughter of Bob Koshiway and Sally Scout. She just completed 10th grade and will be working as a Cook's Assistant for the Summer R.O.O.T.S. Program. She is really looking forward to working with this program.



John Krise III

John Krise, III is the son of Shayla and John Krise, Jr. He will be working as a Wastewater Trainee. He just completed 11th grade and is looking forward to working this summer.



Myeisha Littlesun

Myeisha Littlesun is the daughter of Chale Littlesun and Crystal Edwards. She just finished 11th grade and will be working at the museum. She is looking forward to working and meeting everyone.



Tayla Logan Tayla Logan is working at the KTP.





Jason Longshore Jason Longshore is working for the Natural Resources Department.



Jordan Lopeman-Johns Jordan Lopeman Johns is

working at the KTP.



Mykah Masoner

Mykah Masoner is the son of Chasity Masoner and is from the Henry family. He just completed 9th grade and will be working as a Chef for the Summer Rec Program.



Tanalee Mendoza

Tanalee Mendoza is the daughter of Davina Braese and Estevan Mendoza. She just completed 10th grade and will be working as a Cook's Assistant for the Summer R.O.O.T.S. Program. "Love ya, bye," she says.





Summer Youth Employees—





Alysa Meyer

Alysa Meyer is daughter of Stephanie Hodkinson and Jeromy Meyer. She will be working as a Summer R.O.O.T.S. Assistant. She just finished 10th grade and is looking forward to working with everyone.



Benjamin Naranjo

Benjamin Naranjo is the son of Rachel Naranjo Johns and Ernesto Naranjo Sr. and grandson of Conrad and Liz Yeahquo. He is working at the KTP.



Shae Peters

Shae Peters is the daughter of Kris and Brandi Peters. She just completed 10th grade and will be working for the Summer R.O.O.T.S. Program. She is very excited to be working this summer.



Ana Pinon

Ana Pinon is the daughter of Susan and Moose Laclair. She will be working as a Summer R.O.O.T.S. Assistant. She just completed 10th grade.



Grace Pugel

Grace Pugel is the daughter of Juanita and Anton Pugel. She just finished 11th grade and will be working as the Executive Services Receptionist Trainee. She invites everyone to have a great day.





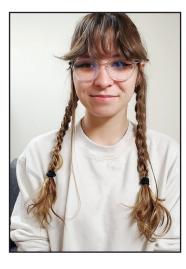
Micha Roberts

Micha Roberts is the son of Patricia Green and Michael Roberts. He just finished 9th grade and will be working as an Activities Assistant Trainee for the Summer R.O.O.T.S. Program. He says, "Apples are pretty good and, if you don't agree, tell me why?"



Eva Rodriguez

Eva Rodriguez is the daughter of Larane Gamber and Fernando Rodriguez. She just completed 11th grade. She is looking forward to working for the Tribe this summer and learning new things.



Alea Shea

Alea Shea is the daughter of Christina and Beau Henry. She just finished 9th grade and will be working at the daycare center. She says she looks forward to working with the program and that is a big learning experience.



Alexia Snyder

Alexia Snyder is the daughter of Amber and Ramon Gomez. She just finished 9th grade and will be working at the daycare center. She looks forward to working with everyone!



Jazmyn Snyder

Jazmym Snyder is the daughter of Amber Gomez and Jesse Thomas. She will be working as a Legal Intern. She just completed her freshman year at the University of Oregon. She looks forward to meeting new people and gaining more experiences.



Summer Youth Employees——





Judah Thale

Judah Thale is the son of Erika and Tyler Thale. He just completed 8th grade and will be working as a Cook for the Summer R.O.O.T.S. Program.





Raiatea Villanueva

Raiatea Villanueva is the daughter of Chasity Villanueva and is from the Krise family. She just finished 10th grade and will be working for the Summer R.O.O.T.S. Program.





Selah Thale

Selah Thale is the daughter of Erika and Tyler Thale. She just completed 10th grade and will be working as a Summer R.O.O.T.S. Program Assistant. She is so excited to work with this program again.



Lila Wentworth

Lila Wentworth is the daughter of Kezia and Ben Wentworth. She just completed 9th grade and will be working for the Summer R.O.O.T.S. Program. She is looking forward to working with everyone and says she will do her best.



Kameron Weythman

Kameran Weythman is the son of Tamika Green and Justin Weythman. He just completed 9th grade and will be working for the Summer R.O.O.T.S. Program.











Stepping Stones | Learning Center —





Adarius Coley

Adarius Coley is the son of Theresa Sanchez and Clinton Coley. He just completed 10th grade and is looking forward to seeing everyone this summer.



Kiona Krise

Kiona Krise is the daughter of Casey Krise and Jill Kenyon. She just completed 11th grade and is looking forward to meeting the youth and working with the older mentors.



Esteban Mendoza

Yolanda Silva and is from the Krise family. He just finished 11th grade and is looking forward to working with Stepping Stones.



Anita Peterson

Esteban Mendoza is the son of Anita Peterson is the daughter of Susan and Moose Laclair. She just finished 10th grade. She looks forward to all the good we do.





Not Pictured Javden Holden



Jasmine Rivera

Jasmine Rivera is the daughter of Tony Rivera and granddaughter of Rose Davis. She just completed 10th grade.



Training with Native Wellness Institute

The week before Stepping Stones began, our mentors had the awesome opportunity of receiving training from Josh Cocker and Shalene Joseph of the Native Wellness Institute. Josh, Shalene, and their guest, Spencer, shared their wonderful stories, songs, and resources of team leading, team building, and how we can incorporate traditional teachings into even the smallest of activities.

Our team grew stronger together as we worked through the games and challenges we were given as a team. There were some tears as we talked about the generational cycles that affect us and our youth, but far more laughter and smiles when we pointed out the strength of our community and of our people as individuals. The skills of all our individual mentors on our Stepping Stones team shone through as we learned more about ourselves and the mutual goals we share in encouraging our youth to follow a good path. Native Wellness training was just what we needed to instill the confidence and leadership skills we needed to start off Stepping Stones in a good way!

- Kiana Wily, Middle School Advocate, Squaxin Education Dept.







-Learning Center —



Stepping Stones C.E.R.T Training

Our Stepping Stones teens are now equipped with the knowledge and tools needed to handle an emergency situation after our three-day, 21-hour Community Emergency Response Training.

We are very proud of our youth as they pushed themselves through a vigorous training packed with tons of knowledge about how to support themselves, families, and community in a time of crisis.

The Tribal Emergency Management Association (TEMA) led by Osage and Cherokee tribal member, Jake Heflin, came up from California, bringing their trailer of safety gear, triage supplies, and tools that can be used in emergencies.

In those three days, our staff and students learned how to identify an emergency and respond appropriately, how to properly use a fire extinguisher to put out a fire, how to manage wounds with triage, and how to partake in a Search and Rescue.

This training pushed many of us outside our comfort zones when we were put into practice situations leaving us having to trust in one other to get the job done and get everyone taken care of. Several of our youth let their leadership skills shine as they stepped to the plate to coordinate running these emergency simulations.

At the end we were all sent home with C.E.R.T official backpacks, hard hats and vests, and dry-bags containing first-aid supplies to handle anything from burns to jellyfish stings to a laceration. The future of the Squaxin C.E.R.T team is promising!

Thank you to the Squaxin C.E.R.T team members who showed up to our training to show their support for our teens.

- Kiana Wily, Middle School Advocate, Squaxin Education Dept.

















Family Services



Open House Photos by Marcella Cooper





















Joiene Peters: Family Services Office Manager and Tribal Member Employee

Contact information for getting in touch with Jolene: (360) 432-3995 or jopeters@squaxin.us.

We also took time to ask Jolene a few questions about the job.

Q: Why do you do this work with your Tribal Community?

A: "I want to give back and I think it's important to be present for our community. Also, I appreciate being a shining light of positivity and resiliency to the community."

Q: What would you want the community to know about Family Services?

A: "We are truly a team and a family – we genuinely care for our community and strive to provide excellent and consistent services to all."





Thanks for your time and work, Jolene. You really are a beacon of joy and kindness.

FAMILY JUSTICE PROGRAM SQUAXIN ISLAND FAMILY SERVICES We are here to assist people with resources to to obtain self sufficiency to reduce risk of reoffending: If you have been in the following: Prison, jail, substance abuse treatment and out-patient treatment. Services provided: Personal advocacy, assisting with referrals, services to obtain emergency housing & transitional housing. Follow up contact, in person, telephone & written communications to offer client support & check on client progress with case support & check on client progress with case plan. We can assist with clothing, food & gas vouchers. There is rent assistance & hygiene bags available. Assistance with job applications, resumes and cover letters to obtain employment. This program is for Squaxin Island Tribal members & other tribes adjacent to the Squaxin Island Tribe. Contact: Marcella Cooper Family Justice Services MCOOPER@SQUAXIN. 360-432-3908 & 360-485-5150



COMMUNITY | PCD——







Reflection Pond Cleanup

The Department of Planning and Community Development awarded the reflection pond landscape cleanup contract to Robert's Lawn and Home Care, which is owned by Tribal member Kristen Penn and partner Jeremiah Roberts. Robert's Lawn and Home Care provided a much-needed landscape cleanup, bed maintenance, weed removal, and new mulch around the Reflection Pond area. The Tribe's Utilities team members also pitched in during this busy season to assist with landscape cleanup around the Community Kitchen and Administration building. The campus is looking great.



Looking Forward Together:

Elders' Supports & Services ~ Your Health and Wellness



Tuesday, August 16, 2022 10:00am - 3:30pm

> Little Creek Casino 91 WA-108 Shelton, WA 98584

You are invited to an intertribal gathering of tribal elders, caregivers, and service providers.

Online Registration Now Open

Let us know by August 8, 2022 if you plan to attend

bit.ly/3H6wW4c Topics include:

> Hearing Vision

Call Debbie Gardipee at 360.426.3990 for questions and special accomodations

Lunch Provided!

Dgardipee@spipa.org Mshilley@spipa.org



Scan this QR code with your smart phone and be taken directly to the online registration!





— Parks and Rec | Learning Center —





Summer R.O.O.T.S. Day Camp Calendar

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
1 Water Coloring Painting	Field Trip: DEFY Loading bus 11:25am Frogs & Salmon 12-2pm Return: 2:35pm Plant Bingo	Field Trip: DEFY Loading bus 11:25am Bears & Orcas 12-2pm Return: 2:35pm	4 <u>Outdoors:</u> Team Building Games	Fun Day Friday Field Day Open: 8:30am-3:30pm









Housing Survey

Squaxin Island Tribal Members 18 and over, we would like to hear from you. The Squaxin PCD Department is gathering information from ALL Tribal Members (18 and over) on housing needs for planning future developments. This information is vital in order to provide Tribal Members with the type of Housing they need.

Complete a survey and return it by September 15, 2022, to have your name entered in a drawing for a \$100 VISA gift card.

The survey can be found at: https://squaxinisland.org/housing-survey. You may also request a copy of the application from one of the persons listed on the contact list to the right.



If you have any questions or need assistance with the survey, please contact:

Lisa Peters Liz Kuntz OR lpeters@squaxin.us lkuntz@squaxin.us (360) 432-3871 (360) 432-3937

Check the bottom of the survey for return options.

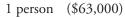
Homeowner Assistance Fund (HAF) Help for Homeowners in Need

If you have experienced a financial hardship due to COVID-19 that resulted in mortgage delinquency, we may be able to help.

Attention: Squaxin Island Tribal Homeowners (on or off reservation)

The Squaxin Island Tribe, Office of Housing has received funding through the Department of Treasury for the Homeowner Assistance Fund (HAF). We are accepting applications from Squaxin Island Tribal homeowners who meet the following criteria:

- 1. You own the home you live in and it is your primary residence, on or off reservation.
- 2. You have you experienced financial hardship due to Covid-19 (after January 21, 2020) from one of the following:
 - · Mortgage delinquencies
 - · Foreclosure
 - · Unpaid property tax
 - · Past due utilities
 - · Home displacement due to critical home repairs (roof, structure damage)
- 3. Your income falls at or below these guidelines:



2 persons (\$72,000)

3 persons (\$81,000)

4 persons (\$90,000)

5 persons (\$97,200)

6 persons (\$104,400)

7 persons (\$111,600) 8 persons (\$118,800)



Please go to: squaxinisland.org/government/departments/community-development to fill out the forms listed below. You may also request a copy of the application from the contacts listed below.

Squaxin HAF application Squaxin Financial Assistance Form – HAF Release of Information

If you have any questions please contact:

Lisa Peters / lpeters@squaxin.us / (360) 432-3871

Liz Kuntz / lkuntz@squaxin.us / (360) 432-3937



Mosquito Problems Start At Home



buckets, and cans.



Clean garden ponds

and stock with fish.

Clean leaf clogged gutters.

Get rid of used

tires properly

Empty water from

flower pot dishes.



Repair leaky faucets and sprinklers.



Keep water fresh. Drain standing water from around stock troughs.



birdbaths weekly.

Change water in



and buckets.

Don't Give Mosquitoes A Chancel

Mosquitoes need water to breed and grow. It doesn't take much water and it doesn't take much time. So, almost anything that will hold water for one week or more can produce these pests. Many places around your home may be causing mosquito problems. Get rid of places where water collects and mosquitoes won't have a chance!



Prepared through funding provided by U.S. Depi Centers for Disease Control and Prevention

Courtesy of North Carolina Department of Enviro





Water Conservation and Fire Danger Signs

With the weather turning warmer, please remember to check the signs at the front and back of the reservation for water levels and fire danger.

Attached is an explanation of water levels, along with recommended actions we can take to avoid water shortages this summer.

Please do your part to conserve and protect. Thank you for your cooperation!

Questions, please contact Jeromy Meyer: Jsmeyer@squaxin.us.



Level 1: When SCADA indicates that the water		Level 2: When SCADA indicates that the water		Level 3: When SCADA indicates that the water	
level in Production Well #1 is above 10 ft		level in Production Well #1 is at 10 ft or below, the following is:		level in Production Well #1 is at 5 ft or below, the following is:	
Generally recommended		Recommended		Strongly Recommended- Implications of not carrying out these measures may result in failure of Production Well.	
Residences, Businesses, and Government Offices on the Reservation		Residences, Businesses, and Government Offices on the Reservation		Residences, Businesses, and Government Offices on the Reservation	
Shorten shower times, fix leaky faucets, toilets, and other water fixtures. Turn off the tap while shaving and brushinbg teeth. Only run laundry and dishwashers when they are full.	⇨	General recommendations continue. New conservation ideas are welcome.	⇔	General recommendations continue. New conservation ideas are welcome.	
		Lawns and Gardens: Water only in late evening or early morning. Water every other day instead of every day.	⇔	Do not water lawns or flowers. Limit watering to fruit and vegetable gardens.	
		Do not wash vehicles on the reservation. Wash vehicles at car washes in town.	⇒	Do not wash vehicles on the reservation. Wash vehicles at car washes in town.	
		Cover swimming pools to prevent evaporation. Slip and Slides- Run hose or sprinkler at half- pressure.	₽	Do not fill pools. Do not run slip and slides.	
		Don't pressure wash- Hold-off on pressure washing roofs and driveways until the fall rains come.	⇔	Don't pressure wash- Hold-off on pressure washir roofs and driveways until the fall rains come.	
Salish Cliffs Golf Course		Salish Cliffs Golf Course		Salish Cliffs Golf Course	
implement voluntary measures to conserve water within the facilities.	⇨	General recommendations continue. New conservation ideas are welcome.	⇒	General recommendations continue. New conservation ideas are welcome.	
		Avoid pumping of Valet Parking, Cedar Fence, and Clary Wells, if possible. The Hole 11 well may be pumped.	\Rightarrow	Cease to pump Valet Parking, Cedar Fence, and Clary Wells. The Hole 11 well may be pumped.	
Casino Area, including Kamilche Trading Post, Event Center, and RV Park		Casino Area, including Kamilche Trading Post, Event Center, and RV Park		Little Creek Casino Resort, including Kamilche Trading Post, Event Center, and RV Park	
mplement voluntary measures to conserve water within the facilities. Hotel already gives guests the option to decline linens services.	⇨	General recommendations continue. New conservation ideas are welcome.	⇔	General recommendations continue. New conservation ideas are welcome.	
There is no irrigation to landscaping. Casino area lawns are heavily watered only once weekly.	⇨	Limit casino area lawn irrigation. Irrigation with reclaimed water is ok.	⇔	Cease all outdoor irrigation, with water from Production Well 1 and 2. Irrigation with reclaimed water is ok.	
RV park lawn is subirrigated daily.	\Rightarrow	Subirrigate RV park lawns every other day.	\Rightarrow	As stated above, cease irrigation with water from Proction Wells 1 and 2.	
		Defer pressure washing to after the fall rains come.	\Rightarrow	Defer pressure washing to after the fall rains come	
		Do not wash vehicles on the reservation. Wash vehicles at car washes in town.	\Rightarrow	Do not wash vehicles on the reservation. Wash vehicles at car washes in town.	

DRAFT- Last Revised July 7, 2018



-Health Clinic | Family Services -



Covid-19 Statistics June 15 - July 15

Vaccinations

VACCINE	1st Dose	2nd Dose	Booster 1	Booster 2
Moderna	2	0	1	18
Pfizer (5-11 year-olds)	2	2	0	0
Pfizer (12 and up)	0	1	2	1
TOTALS	4	3	3	19

THROUGH PANDEMIC Fully Vaccinated Vaccines Provided 2,323 2,777

Tests

Positive Negative Total Tests 6 6 12

Vaccine Status

	Non-Vaccinated	1 Dose	2 Doses	Boosted
Positive	2	0	0	4
Negative	2	0	0	4

Vaccine Status Percentages

	Non-Vaccinated	1 Dose	2 Doses	Boosted
Positive	17%	0%	0%	33%
Negative	17%	0%	0%	33%

988 Suicide and Crisis Lifeline

On July 16, 2022, you can call, text, or chat 988 to be connected to the National Suicide Prevention Lifeline (NSPL). It will be confidential, free, and available 24 hours a day, 7 days a week, 365 days a year.

Services will be available in Spanish, along with interpretation services in over 250 languages. For people who are deaf, hard of hearing, and TTY users: Use your preferred relay service or dial 711 then 1-800-273-8255.

You can dial 988 if you are having:

- Thoughts of suicide
- Mental health crises
- Substance use crises
- Any other kind of emotional distress

You can also dial 988 if you are worried about a loved one who may need crisis support.

988 will not replace any crisis call centers in Washington state. It is an addition to the state's network of crisis center providers. The current (NSPL) number, 1-800-273-TALK (8255), will remain active along with 988.

There will be no changes to dispatch for Designated Crisis Responders and mobile crisis teams or the functions of any other regional crisis service.

Thank YOU

for protecting our community by getting vaccinated!

- Squaxin Island Tribal Secretary Patrick Braese



Now Is The Time To Schedule Your Kids'
Back-To-School Dental Exams and
Cleanings!!



Start the School Year Off With Clean Teeth and Healthy Habits!

Call Squaxin Island Dental Clinic at
(360) 432-3881
Today to Schedule



- Health Clinic -



August is Breastfeeding Awareness Month

Mother's Milk is the BEST



Breastfeeding: The healthiest choice for my babies and me

—Kasia Seymour, Squaxin Island Tribe

When I was 10 years old, I watched my mom breastfeed my newborn brother. I saw how they bonded and how my grandma supported them. I knew then that I would breastfeed. I knew I wanted that close bond with my children.

Breastfeeding became important in my heart.

I had my first son as a teenager and breastfeeding was not easy at first. I had some pain and trouble latching. My Mom tried to help, but she didn't have breastfeeding problems, so she didn't know how to help. The lactation nurse at St. Pete's gave me some latching and positioning tips and breastfeeding was easy after that. Any other issues I had, I talked with my mom and grandmother who knew what to do. Breastfeeding helped me recover faster from giving birth, gave me more energy, was convenient, and the bonding has lasted a lifetime.

I breastfed for the first year. He didn't get sick, eventhough he went to daycare. I know that breastfeeding gave him an immunity boost. I am so glad I breastfed all of my kids.

My children come first!



Kasia and her son, TJ, when he was 1

"Go with what is in your heart.

Breastfeeding is in my heart."

Kasia's advice for pregnant moms:

Before the baby is born:

- 1. Find out what you can about breastfeeding , so you'll know what to expect
- 2. Get your support lined up– family and /or lactation specialists
- 3. Buy some lanolin in case you have any cracking
- 4. Buy or make some breastpads to catch any leaking from the breast

Once baby is born:

- 1. Try different holds for latching (football hold worked best for me)
- 2. If going back to work, get a breastpump (some insurances will pay for it)
- 3. Ask for help, you won't regret the time you spent breastfeeding and bonding with your baby



This institution is an equal opportunity provider.

Washington State WIC Nutrition Program doesn't discriminate.





Elders Menu ... Fruit and salad at every meal

MONDAY 1:

Chicken Burger, Chips

MONDAY 8:

Shrimp Fettuccine Alfredo

MONDAY 15:

Stroganoff, Mixed Veggies

MONDAY 22:

Salmon, Roasted Red Potatoes, Broccoli

MONDAY 29:

Beef Fajitas, Spanish Rice

TUESDAY 2:

Broccoli Cheddar Soup, Turkey Sandwiches

TUESDAY 9:

Chicken Noodle Soup, Biscuits

TUESDAY 16:

Chili, Corn Bread

TUESDAY 23:

Pork Pozole, Tortillas

TUESDAY 30:

Clam Chowder, Biscuits

WEDNESDAY 3:

Crab Cakes, Veggie Rice

WEDNESDAY 10:

Pizza

WEDNESDAY 17:

Indian Tacos

WEDNESDAY 24:

Baked Chicken, Rice Pilaf

WEDNESDAY 31:

Ribs, Mac-N-Cheese

THURSDAY 4:

Baked Ham, Scalloped Potatoes,

THURSDAY 11:

Hamburgers, Mac Salad, Chips

THURSDAY 18:

Clams, Corn on the Cobb

THURSDAY 25:

Steaks, Mashed Potatoes, Brussel Sprouts







SQUAXIN ISLAND TRIBE

Non-Life Threating Emergencies

Emergency Operations Center (EOC) Hotline

(Information only - no voicemail) (360) 432-3947

Community EOC Hotline (Questions and voice mail message)

(360) 443-8411

Emergency Management Coordinator

(360) 443-8410

Community Emergency Response Team (CERT)

(360) 426-5308

Squaxin Police Department

Office Hours Monday - Friday 8:00-4:00 (360) 432-3831

PUD No. 3 Outage Hotline

(360) 426-8255

Mason County Police Dispatch Non-Emergency

(360) 426-4441

Mason County Fire Non-Emergency

(360) 426-3348



Community-





Barbara Gail Kennedy Jeremie John Walls

Anne Elizabeth Burgain Darlene Wood Louise Isabelle Kathy Burgain Randolph Bert Foster

4 Kelly Josephine Jones Lawton Jebadiah Case Leighton James Case Norman Riley Price Tyrone S. Seymour

5 Christopher Eugene Brown

6 Jill Danielle Kenyon

7 David Charles Johns Robert David Koshiway Jr.

8 Ashley Mariah Renee Smith Lettie Machado-Olivo Lisa Fawne Frodert Margaret Hazel Johns Robert Edward Sigo Roy Journey Bear Perez

9 Araceli Hernandez-Capoeman Chasity Faye Masoner David Wayne Peters Jr. Juliet Lindsay James-Blake Memphis Shawn Penn-Dodge Nikieta S. Ho 10 Kalysi Renee Whitener

11 Marilyn Helene Mcfadden

12 Aaron James Edgley Zaiden Elijah Jimmie

Brandon Eugene Campbell Lola Noelle Bonin

14 Elena Lin James Rory Jane Allen

15 Llewellyn Frank Parker Naraiah Lhee Gray Zachary W. Sanchez

16 Beverly Jean Mesplie Kevin Henry Spezza Matthew James Cooper Rachel M. Naranjo

17 Magdelano Roy Perez Virginia A. Farron

18 Hannah Lucille Forcier

19 Naomi Reyes

Dionna A.P. King Rock James Johns Aidan Alan Sizemore Greg Anthony Lewis Glover Jessica Eliza Spiering Rene De Anne Salgado

Andre James Woody-Johns Cadence Joseph Henry Ernesto Naranjo Johns Jr. Jeremiah Billy Obi-Rivera Julio F. Castillo

24 Bryce Mitchell Penn Victoria L. Sanders

25 Mitchell John Carrington Nicole Mae Bluebird

26 Eden Lee Van Cleave

27 Kaytlyn Joi Henderson Meghan Elizabeth Burgain

28 Eathon Raymond Caasi Jasper Silver-Hawk Cooper Nancy Carol Combes Rhonda Madge Foster Terasa Malinda Kenyon

Angelo W. Rivera Joseph D. Furtado Lindsey Nicole Harrell

30 Catherine Mary Tuller Debra Lee Sayers Euphamie Lillian Whitener James Ronnie Trinidad Loreta Marie Swan Krise Taylor Jeffrey Porad













First Salmon Ceremony

August 8th @ Noon

Port Blakely Property

Talking Circles with Tribal Council

Pizza with the Community: Breakfast with the Youth Coffee with the Elders August 8th @ 5:00 August 9th @ 9:30

August 9th @ 2:30

Ballfield Ballfield Elders building

Community Mushroom Project

August 13th @ 3:00 Salish Roots Farm

Backpack Give-Away

August 24th & 25th from 3:30 - 6:30 Gym

Court:

Family Court:

Criminal/Civil Court:

Vulnerable Adult Court:

August 4th

August 9th

August 18th

USDA FOODS August 10th
WIC August 9th

COMMITTEES, COMMISSIONS & BOARDS

Please visit

https://squaxinisland.org/tribal-member-info/committees-commissions-and-boards



To contact a
Squaxin Island
Police Officer Call:
360-426-4441

If it is an EMERGENCY CALL 911







Next WIC: Tues., August 9, 2022

We are continuing remote phone appointments through October 2022 due to the COVID-19 virus

We will call you on your appt day

Squaxin Island WIC

(Women, Infants, and Children)

provides healthy foods & nutrition information for you and your child up to age 5. Please have available: Your child's height & weight, Provider One Card or paystub and identification for you & your child

Contact at SPIPA for an appointment: Patty at 360.462.3224, wicnutrition@spipa.org

Debbie Gardipee-Reyes 360.462.3227 gardipee@spipa.org

Main SPIPA number: 360.426.3990



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South Puget Intertribal Planning Agency

USDA Foods Program August Dates

8/4/22

8/10/22

8/12/22

8/18/22

8/19/22



PT. GAMBLE S'KLALLAM **SQUAXIN ISLAND SKOKOMISH CHEHALIS NISQUALLY**

NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staff have other duties that they are responsible for on the days they are not issuing commodities. $If you're\ unable\ to\ make\ the\ date,\ please\ call\ and\ schedule\ an\ appointment\ with\ appropriate\ staff.$

For USDA Food, call SPIPA at 360.426.3990

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What is Early Head Start?

Early Head Start is a Federal program that promotes the school readiness of children from birth to age three for low-income families by enhancing their cognitive, social, and emotional development.

Who is Eligible

Children birth to 3 years old

- Annual income meets requirements; or
- Qualifies for special education services;
- Developmental or Environmental risk factors.

Benefits of EHS

- Early childhood education in part day, full day or extended day classrooms.
- Social emotional development.
- Nutritious meals and snacks.
- Health screenings and connections to medical, dental and mental health services.
- Family support services.
- Parent education and leadership opportunities.



EHS gives priority to a child who

- If family meets annual income requirements.
- If child qualifies for special education services.
- If family developmental or Environmental risk factors.
- Child is in foster care or involved with the child welfare system.
- If the family is homeless.



360-426-1390

"LEARNING FOR LIFE"!

3851 SE Old Olympic Shelton, WA 98584



SICDC **Early Head** Start

Now Accepting Applications for the 022-2023 School Year!

PREGNANT TEENS & PARENTS OF INFANTS & TODDLERS (UP TO AGE 3) WITH DISABILITIES, IN FOSTER CARE, OR HOMELESS ARE ESPECIALLY **ENCOURAGED TO APPLY.**

- *Birth Certificate *Proof of pregnancy
- *Proof of residency
- (if applicable)
- *Proof of income
- *Current immunization record.
- *Medical insurance card
- *Disability documentation (If applicable)



To Apply Call 360-426-1390 Email kkrug@squaxin.us

Stop in at 3851 SE Old Olympic HWY Shelton Wa 98584 All applications will be done interview style