JUNE 2022

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A PUBLICATION OF THE SQUAXIN ISLAND TRIBE

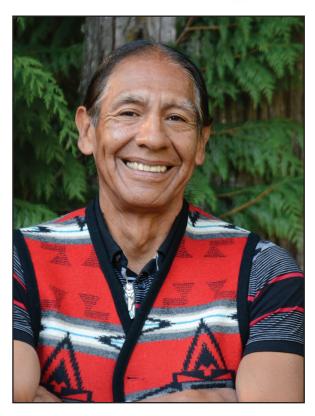
COMPLIMENTARY

Congratulations Newly Elected Tribal Council members!





Jaimie Cruz Tribal Council Vice Chair



Vince Henry Tribal Council Member #3



Clam Fresh Cleans **Garbage from Island**

Tyler Johns - Hello, Squaxin Island community, recently Clam Fresh Enterprises took action to clean up multiple derelict boats that were abandoned on Squaxin Island. Two sailboats and one skiff were recovered, transported to Clam Fresh, demolished, and disposed of. Garbage, derelict boats, and syringes, etc. are washing up on Squaxin Island. Every year we participate with beach clean ups and we are noticing that the issue is growing. Some of these issues stem from waste making its way out of Budd Inlet and onto Squaxin Island. One difference we can make as the People of the Water is, when you make your way to Squaxin, if you see garbage, please pick it up and dispose of the waste. If you see anything concerning, please share, and we will work towards a solution. More photos on Pages 4 and 5.









10 SE Squaxin Lane, Shelton, WA 98584 Change Service Requested



Community ——





Skookum Inlet Tidelands

Tribal Council - Some members of the community have asked questions about the status of shellfish operations on tidelands recently acquired by the Tribe on Little Skookum Inlet.

The tidelands were provided to the Tribe as a gift by the Port Blakely timber company.

The tidelands came with an existing lease by the Little Skookum Shellfish Company. The lease provides a percentage of market revenues come to the Tribe with a minimum annual payment of \$100,000. The lease is scheduled to run through 2025, with possible extensions into 2030. Operations are conducted with the permission of the Tribe and for the financial benefit of the Tribe.

Lease revenues assist with the cost of the adjacent uplands.





quaxin Island RIBAL NEWS

10 S.E. Squaxin Lane Shelton, WA 98584

PHONE: (360) 426-9781 **TOLL FREE:** (877) 386.3649 FAX: (360) 426-6577 www.squaxinisland.org

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline: 15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

Kris Peters: Chairman Jaimie Cruz: Vice Chairman PATRICK BRAESE: Secretary MARVIN CAMPBELL: Treasurer

ANDY WHITENER: 1st Council Member DAVE WHITENER: 2nd Council Member VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:

THERESA M. HENDERSON: Ext. #3945

thenderson@squaxin.us





Due to growing concern for safety, the Shellfish Committee is recommending the following:

Starting JUNE 1ST, 2022 harvesters will need to provide and wear Coast Guard Approved life Jackets while on Salish Seafoods and NR vessels,

INCLUDING THE BARGE.



Squaxin Island Tribe Natural Resources Department



ATTENTION ALL STUDENTS Graduating in 2022

Do you know someone who is graduating high school, has received their GED, completed their AA, BA, MA Degree, or has received a certificate for a vocational/technical program?

> To be recognized, please email your information to Mandy Valley by; 5:00 p.m. Thursday June 16, 2021

Please go to the following link and fill out the questionnaire. https://squaxin.formstack.com/forms/2022 graduates

The Squaxin Island Tribal Council, Education Commission and the Tu Ha' Buts Learning Center would like to recognize and celebrate graduates at the 24th Annual Sgwi' Gwi Celebration.

> 25th Annual Sgwi-gwi Celebration Thursday June 16, 2022

Time 5:00pm, Squaxin Ball Field

Mandy Valley 10 SE Squaxin Lane Shelton, WA 98584 Fax:

(360) 432-3882 (360) 426-7897

—————— Community



Tribal Family,

Concerns have been expressed by some members of the community that a conflict of interest exists when one individual serves as both Tribal Administrator and Tribal Council Treasurer.

What is a Conflict of Interest?

Conflict of interest is considered with reference to a statutory standard or a professional code. The standard that applies to Council members is The Tribe's Code of Ethics. The Code states Council Members and Tribal Employees are "prohibited from using their positions for a purpose that constitutes or presents the appearance of personal or organizational conflict of interest or personal gain." SITC §2.06.010.

Personal conflict of interest is identified by example in the Code as a situation where a Council member selects, awards, or administers a contract that benefits the Council member, his family, his partner, or the employer of any of those. For example, a conflict of interest exists where a Council member has the opportunity to approve a contract with a business owned by his spouse over other bidders. SITC \$2.06.010(B).

Because the Tribe's code provides an example, rather than definition, of conflict of interest, other definitions may be considered. Black's Law Dictionary defines conflict of interest as "a real or seeming incompatibility between one's private interests and one's public or fiduciary duties." (11th ed. 2019). Meriam-Webster defines conflict of interest as "a conflict between the private interests and the official responsibilities of a person in a position of trust." The concept is also sometimes expressed with reference to the biblical maxim that no man may serve two masters. See e.g. United States v. Mississippi Valley Generating Co., 364 U.S. 520, 549, 81 S. Ct. 294, 309, 5 L. Ed. 2d 268 (1961).

Ultimately, each approach identifies the same concern – that an individual Tribal employee or official might have the opportunity and temptation to choose personal or other interests over those of the Tribe in the performance of his or her job duties. In this context, the question is whether becoming the Council Treasurer presents the Tribal Administrator with new opportunity and temptation.

Does dual employment within the Tribe constitute a conflict of interest?

Squaxin has long allowed elected officials to hold other employment within the Tribe. The majority of Council members (excluding the Chair, who serves full time in that capacity) have held other Tribal employment. The practice of dual roles may be attributed to the fact that Council members are compensated on a part-time basis and the demands of a Council position job make maintaining outside employment challenging. In addition to the Tribal Administrator, the current Council includes a Natural Resources Director, Museum Executive Director, and Public Works Maintenance Manager. Past Council members have held positions that report directly to Council, e.g. the Tribal Liaison, so that situation is not unique to the Tribal Administrator.

In any facet of Tribal employment, the employee is there to serve the best interests of the Squaxin people. Without an interest distinct from the Tribe's to consider, there is no conflict to consider, and no second "master." Having a second set of job duties with the same employer doesn't automatically present an employee with an incompatibility with his or her private interests or new potential to act for personal gain. Therefore, no, dual employment does not constitute a conflict of interest by itself.

To fully consider the question, one may look instead to the unique responsibilities of the Treasurer and Tribal Administrator positions to see if there is a conflict inherent in their duties.

Do the unique responsibilities of the Tribal Administrator create a conflict of interest?

Some concerns regarding elected officials in government day jobs are less applicable to the Tribal Administrator. Because the Tribal Administrator reports directly to Council, he is less likely to receive favoritism from his supervisors due to his Council position. And because he oversees the government as a whole, he has no reason to emphasize the goals of one department over another.

It might be suggested the Tribal Administrator could refuse to implement a majority position of Council when he held the minority view. But this concern could apply to any employment position held by a Council member. And in fact, the concern could apply to a Tribal Administrator even if he were not a Council member. Regardless, the concern has a built in 'check' in that the other Council members can readily take employment action against a Tribal Administrator for not fulfilling his duties.

By the same token, it might be suggested that the TA could be selective in his communications with Council with the purpose of advancing his own policy position. But again, this concern could apply to any employee. And again, the remaining Council members hold all the authority necessary to address such a situation.

In sum, there's no unique opportunity or motivation for the Tribal Administrator to choose other or outside or personal interests over those of the Tribe simply because he also holds the Treasurer position and therefore no conflict of interest.

Do the unique responsibilities of the Council Treasurer create a conflict of interest?

The unique duties of the Council Treasurer include monitoring funds and expenditures. The Tribal Administrator exercises a broad executive function to implement to the direction of Council. The Treasurer function does not include unique (among Council members) oversight over the Administrator. There is no inconsistency between the responsibilities (as one might see, for example, between a Tribal prosecutor and a Tribal judge). Neither position "checks" the other or audits the other position's responsibilities. Therefore, there is no conflict of interest inherent in the Treasurer holding the Administrator position.

Conclusion

For the reasons described above, we don't believe a conflict of interest is inherent in serving as both Council Treasurer and Tribal Administrator. The Tribal Administrator and the Treasurer serve the will of the Squaxin people in both roles.

- Squaxin Island Tribal Council

New tax opportunity for hunting and gathering supplies

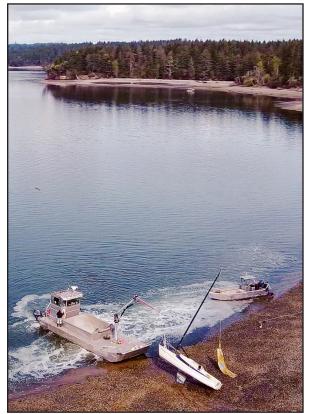
The Washington State Department of Revenue recently updated its guidance to provide a state sales tax exemption for the off-reservation purchase of treaty fishing, hunting, and gathering supplies. Previously, only the exemption for off-reservation fishing purchases was acknowledged by the state. A revised exemption form and additional information is available through the link below.

dor.wa.gov/taxes-rates/retail-sales-tax/tribal-fishing-hunting-and-gathering



Island Cleanup ——



















———Island Cleanup ———

























Family Services —







Isaac Ackerman:

WFD Case Manager and Tribal Member Employee

Here is a flyer and contact information about the program and how to contact WFD. We also took time to ask Isaac a few questions about the job.

Why do you do this work with our community?

"I really enjoy encouraging people and helping them think about their goals. I also really enjoy interacting with the community."

What would you want the community to know about Family Services?

"We really do all work together to find a solution and never turn people away whenever possible. We're all happy to help; we all have a heart for the community; we all chose to work from our hearts and that supports people."

Thanks for your time and work, Isaac!









Squaxin Island Tribe Family Services Department



Employment and Training, Cash Assistance, and Childcare Services

The WFD Program provides cash assistance, childcare, education, employment, training and related services that will lead to economic self-sufficiency.

Do you need assistance with your employment, education and/or career goals?

The Workforce Development Program may be able to help! WFD Staff provide intensive case management, **training**, and **employment** services that are designed to help eligible Native Americans with, but are not limited to, the following:

- Identify and resolve barriers to employment
- Further their education
- Receive vocational training
- Gain work experience
- Obtain and retain full-time paid employment
- Advance in the workforce; and
- Make a steady forward movement to achieve unsubsidized employment

Note: You must meet all eligibility requirements. Additional documentation and meeting income guidelines may be required to receive some WFD Services.

For more information on the Family Services Workforce Development Program and assistance that you may be eligible to apply for, please give us a call:

Traci Lopeman: 360-432-3961 or Tiffany York: 360-432-3921 or the Front Desk 360-432-3906

Also operated in Inter-Tribal collaboration with SPIPA





COMMUNITY -







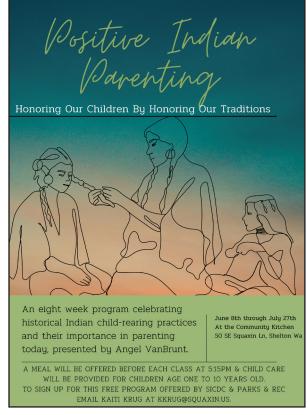
Salish Cliffs did some golf activities with tribal kids in May and wants to show them off and let everyone know they will have more opportunities coming in the near future. Stay tuned for that information.

They did putting and wedge contests for some gift cards and Officer Clayton came out to golf with the kids. It was the first time golfing for Clayton, so this was a win/win for everyone!

















New Employees





Employment Deadline for Applications:

Summer Youth

Find all the details at: squaxinisland.org

June 3rd

Click on:

"Employment" in the top menu bar.

Then click on: "Summer Youth Employment Program"

Twana Machado **Client Advocate** for Victims of Crime Program

Hi! I have been hired as the Client Advocate for the Victims of Crime Program, located at Family Services.

My parents are Lettie and Juan Machado and my grandparents are Twana and Chuck Longshore. I received my BA from the UW, and am currently pursuing my Masters of Legal Studies in Indigenous Law.

I am excited to start my career serving my community, advocating for our people, and building relations . . . as well as getting to become part of the amazing team at Family Services.

I am here to help people get through difficult times. Please reach out if you or someone you know has been/is a victim of crime.



Henry Roy Chief Financial Officer (CFO)

Hi, my name is Henry Roy, and I am the new CFO in the Finance Department.

I have worked with American First Nations and Alaska Natives in a financial capacity since 2006 and have learned much about nation building and tribal Sovereignty.

Prior to embarking on a career in tribal finance, I worked in the banking industry.

I have a wife and two children.

I am honored and humbled to be given the opportunity to lead the Finance Department going forward. The team I am inheriting is very strong with a diverse skill set.

I am looking forward to working with each and every individual on the Finance team, the Executive Services team, and tribal leadership.

My goal is to ensure sound fiscal management within tribal government and operations success.

hawadubš čələp

Thank you folks!



Interested in Employment with the Tribe?

Positions are updated every Friday at: squaxinisland.org

Click on:

"Employment" in the top menu bar.

Submit application materials to:

Jessica Cruz jlcruz@squaxin.us



CHILD DEVELOPMENT CENTER —



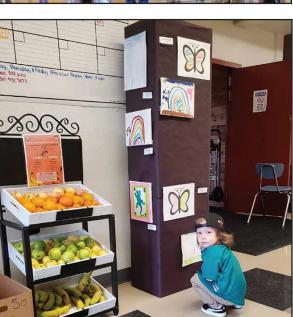
General Body MeetingKaiti Krug - On May 7th, the Child Development Center (SICDC) provided childcare at the General Body meeting. We celebrated this event with a pajama and pizza party. There were many fun activities, including red light/green light, basketball, free art, playground fun, and viewing a movie on a large screen. We are excited provide this service for future General Body meetings!





















CHILD DEVELOPMENT CENTER -



Skyline Drive-In Theater

Kaiti Krug - On May 12th, the Child Development Center (SICDC) rented out the Skyline Drive-In Theater as creative and fun way for us to get caught up on children's files and obtain any missing documents needed for our programs. This ensures we are in compliance with our grants from the Early Head Start Program and the Early Childhood Education and Assistance Program, as well as the Washington State Administrative Code, our licensure with the state. This event was a great way to connect with our children and families we serve. We played frisbee in the field, had an interactive obstacle course, and painted sweet little faces. Each child in attendance received a kid's combo pack and were encouraged to wear their favorite pajamas or character from the featured movies. Families that attended where entered into our raffle to win prizes, such as a drive-in movie basket, a Shelton Cinemas family movie pass basket, and a one night stay at the Great Wolf Lodge for a family of four to six people. The movies featured on that blustery Pacific Northwest night were Encanto and Sonic Two. We appreciate getting to provide exciting family events and build strong partnerships with our families at SICDC.

























Recap of Fun May Activities

Kasia Seymour and Kenna Acosta - So many growing plants and sunny days! On Monday, May 2nd, we made spring Rice Krispies with Sara.

May's traditional plant focus was on Douglas Fir. On Tuesday, May 3rd, we took a mini nature walk and gathered Douglas Fir tips. We made dream catchers and played our monthly plant BINGO with Jerilynn!

We hope you all had a happy Mother's Day! Janita, our Parks and Rec Director, was at General Body on May 7th signing families up for Summer R.O.O.T.S. Thank you.

Congratulations to the weekly and monthly good behavior ticket drawing winners! Our weekly winners were Alexis Wentworth and Isaac Lucero. Our monthly winner was Toby Lewis! Great job to all of you and keep up the awesome work!

Recreation Activities

We started high school inter-tribal league basketball games. We are so proud of our Squaxin team! You guys did such an amazing job at your games in Muckleshoot and Suquamish. Keep up the great work!

Happy Summer!

June will be a short month, but will be filled with exciting activities! Sunny summer days are upon us! On Thursday, June 2nd, we will be making a beaded bracelet or keychain for Father's Day. On Friday, June 3rd, we will be making tie-dyed tee shirts. On Monday, June 6th, we will be making summer sunny cupcakes.

June's traditional plant focus will be Fireweed. On Tuesday, June 7th, we will teach the youth how to make Fireweed tea. On Thursday, June 9th, we will be serving doughnuts in celebration of Father's Day! The last day of the after-school program is Friday, June 10th. We will be having a fun filled last day watching a movie from 5:00 p.m. - 6:00 p.m. while eating some fun snacks.

To all the youth who come through our program throughout the school year, we want to congratulate you all on doing so well in school this year. To those who are moving up a grade and/or moving on to middle school/junior high/ high school, and to the graduating class of 2022 CONGRATS! Have an amazing summer.

You can sign your youth up for Summer R.O.O.T.S. Day Camp until June 10th, and you may contact Kasia Seymour, Jerilynn Vail, or Kenna Acosta to get help with your youth's registration. Some of you may have been wondering what R.O.O.T.S. stands for. It means: R- Resilient, O- Observant, O- Organized, T-Tribal, and S- Sovereign.

Summer R.O.O.T.S. will begin on Monday, June 27, 2022, and will run until Friday, August 5th, 2022. The hours for the day camp will be 8:30 a.m. -3:00 p.m. Monday through Thursday & Fridays 8:30 a.m. -1:00 p.m. (for staff development).

Stay updated on upcoming events and activities on our Facebook page, Squaxin Island Parks and Recreation Dept. or join our Remind app! Text @ SquaxinRec to 81010.

Kasia Seymour, Youth Activities Lead (360) 432-3801 kseymour@squaxin.us



Kenna Acosta, Youth Recreation Coordinator (360) 349-6414 kacosta@squaxin.us









LEARNING CENTER—



Olympic Middle School

Our Olympic Middle schoolers are working hard on wrapping up the school year! June 10th is our last day and the hallways are buzzing with excitement as we count down our last couple weeks. Through the first few weeks of May all the students had been working on state testing of Math and English Language Arts (ELA). If you see any of our middle schoolers around, make sure to give them some words of encouragement as they do their best to finish the year off strong!

Perfect attendance is a hard feat for the majority in any time period, but especially in our current times trying to beat covid and be conscientious. Through our last few months, we have had a ton of absences from both students and teachers as there has been a spike in covid cases. But together we have made the best of it and found a way to keep our year progressing. Even with everything going on, we still have multiple students who have done an absolutely amazing job of making it to school every single day through the last few months. Special shout out to: Skylehr Henry, Jessica Ryker, and Dominick Hartwell!!! Definitely an accomplishment to be proud of.

Squaxin Teens

In the beginning of May, our Squaxin teens released a video public service announcement (PSA) they had created over their spring break in partnership with Skybear Media.

The PSA was an important message and reminder of the way that micro-aggressions can cut deeply and affect our students' and people's ability to feel belonging. The goal was to bring awareness to school systems and help those who may be experiencing micro-aggressions. The Squaxin teens did an amazing job accomplishing this goal and then some!

There was plenty of really good feedback from the Shelton School District with multiple individuals self-reflecting and making the effort to be more aware in the words and statements they use with their students. Small differences can accumulate to big change!

After being posted on the internet, our teens reached over 10 thousand views, thousands of likes and hundreds of shares, all from people who support their message. Many of whom said the message resonates very deeply and sent thanks to our teens for having the strength to create it.

The video even got a share and comment from Dallas GoldTooth (you may know him better as William Knife Man off of the show Rez Dogs). Even he knows our teens are "AMAAAZING" and do "SUCH GREAT WORK."

We cannot change the world with one video, but we can plant the seed of change and give validation to many native and poc individuals who have been waiting to be heard.

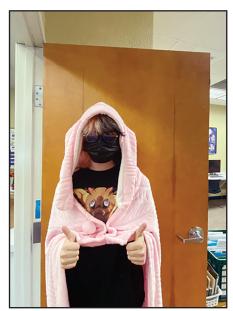
My hands go up to the Squaxin teens for doing this work! Continue to make a positive impact on this world and community!

You can find the video on the Squaxin Tribe youtube channel under the title Micro Aggressions in the School PSA, and Microaggressions PSA Behind the Scenes. Be sure to watch both!





Natalia and Milo Krise are being highlighted this month for our online school. When they come to school, they show up with smiles on their faces and good attitudes! They are working hard to stay caught up on their work and to finish this year strong.



Ayriella Meyer is also being highlighted this month, also, for our online school. Ella has worked hard this year at making sure to stay on track and keep up on her schoolwork. When Ella comes to see us, she is always patient with the staff and works nicely on her own while she waits for help.

We are so proud of these kiddos for always being so resilient and always ready to learn!



Shelton High School

Hello everybody, Isabelle the High School Student Advocate here. As the school year is winding down and it's becoming a little harder to focus on assignments, testing, and extracurricular activities, our high schoolers are still going strong and putting in the work that needs to be done!

Let's finish the school year off strong guys. I am very proud of each and every one of you.

With that being said, I am happy to announce May's Student of the Month is... Tanalee Mendoza! Tanalee is incredibly smart, focused, and determined. She has kept solid A's all year and is always willing to help other students along with myself. I appreciate Tanalee and deeply admire her work ethic. She is constantly working to stay on track and ahead in all classes. She is a pleasure to have in the Native Ed room and it has been amazing getting to know her this year.





Learning Center——



Bordeaux

As we get closer to the sunshine and the end of another school year, this time of year is busy, busy! We have school registration, summer plans, holidays, end of the year testing, and, of course, the good weather! All of these are right around the corner if not already here. This brings so much excitement and, let me tell you, the kids are super pumped about summer and what comes after!

First I want to speak on Kindergarten registration. We want to encourage anyone who has an upcoming kindergartner to register as soon as possible, if they haven't already. We know the online registration can be a little difficult at times, however the education team is always happy to help out! There is a link posted on my Student Advocate Facebook page, as well as the school's website. Feel free to ask any questions.

Next, I wanted to touch base on the summer school option offered through the school district. There will be transportation, lunches, and breakfast provided. There is no cost, only the opportunity for kids to be able to be brought up to where they need to be. This is a good chance for kiddos who had trouble with absences, difficult subjects, or overcoming challenges. For the younger ages, there are Field Trip Fridays - a fun way to get some schooling and fun, as well as child care for parents and guardians!

This year we have been trying to get better at being aware of our feelings and having the ability to talk about them. We want our kiddos to have ways to express themselves in a healthy way. We want to encourage the kids and ourselves to find comfortability in saying how we feel and to speak about it. This being said, we have a great addition to our Native Ed room here at Bordeaux, our feelings wall.

Lastly, I'd like to shout out our 3rd and 4th graders. They are wrapping up their state testing, so show them some extra love as we all know how overwhelming testing can be. Here are some pics of them enjoying their time after the hard work.









Higher Education Students

Mandy Valley, Higher Education Coordinator - Just a reminder that summer quarter is by special request only! You must write a special request letter to the Education Commission, along with a Memorandum of Commitment, summer class schedule, and official grades from spring 2022. The deadline for summer 2022 is June 10th. Also, August 5th is the deadline to turn in all completed paperwork for the 2022/2023 school year. New and returning students will need to complete the packet for the 2022 fall quarter/semester. Paperwork can be emailed or picked up at the Education Department between the hours of 7:30 and 4:00. If you have any questions or need any assistance, please feel free to give me a call or email.

Don't forget to turn your final grades and any receipts from spring quarter/semester in by July 8th . . . mvalley@squaxin.us (360)432-3882.







– Parks and Rec | Learning Center —







Tu Ha' Buts Youth Center Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		I	2 After-School Rec: 3pm-6pm Homework Help: 3pm-7pm	3 After-School Rec: 3pm-6pm
6 After-School Rec: 3pm-6pm Homework Help: 3pm-7pm	7 After-School Rec: 3pm-6pm Homework Help: 3pm-7pm	8	9 After-School Rec: 3pm-6pm Homework Help: 3pm-7pm	10 After-School Rec: 3pm-6pm
				Last Day of After-School Rec
13	14	15	16	17
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
20	21	22	23	24
Summer R.O.O.T.S. Day Camp Staff Training Week	Summer R.O.O.T.S. Day Camp Staff Training Week			
Summer R.O.O.T.S. Day Camp 8:30am-3pm	Summer R.O.O.T.S. Day Camp 8:30am-3pm	29 Summer R.O.O.T.S. Day Camp 8:30am-3pm	30 Summer R.O.O.T.S. Day Camp 8:30am-3pm	
Pool is currently CLOSED due to Maintenance.		• Early Snack is offered: 3p • Late Snack is offered: 4p	om-3:45 pm • Monday, Tue	sday and Thursday from 3pm-7pm

All activities are drug, alcohol, e-cigarette and tobacco free.

*Activities and Calendar are subject to change at any time. *









Please keep an eye out on the Daily Scoop for upcoming RFPs (Request for Proposals) or check this webpage periodically: squaxinisland.org/community/request-for-proposals



Homeowner Assistance Fund (HAF)

Have you been financially impacted by Covid-19 (on- or off-reservation)?

The Squaxin Island Tribe, Office of Housing has applied for the Homeowner Assistance Fund (HAF) through the Department of Treasury and is waiting for approval on funding. We are accepting applications from Squaxin Island Tribal homeowners (who live on- or off-reservation) who meet the following criteria:

- 1. You own the home and it is your primary residence.
- 2. You have experienced financial hardship due to Covid-19 (after January 21, 2020) from one of the following:
 - Mortgage delinquencies
 - Foreclosure
 - Unpaid property tax
 - Past due utilities
 - Critical home repairs that would cause displacement
- 3. Your income falls at or below the following guidelines:

1 person	\$55,930
2 persons	\$63,920
3 persons	\$71,910
4 persons	\$79,900
5 persons	\$86,292
6 persons	\$92,684
7 persons	\$99,076
8 persons	\$105,468

If you answer yes to all three questions, you may qualify for assistance though the HAF Program.

Applications can be found on the Squaxin Island tribal website under the PCD Department, or you may also request a copy of the application from the contact list below.

If you have any questions or need assistance with the application, please contact:

lpeters@squaxin.us (360) 432-3871 OR Liz Kuntz lkuntz@squaxin.us (360) 432-3937









Planning and Community Development invites qualified contractors to register with us.

Register at:

http://www.squaxinisland.org/contractor-registration

Contact:

Diane Deyette, Facilities Planner ddeyette@squaxin.us or (360) 432-3833 10 SE Squaxin Lane, Shelton, WA 98584







Why Renter's Insurance is Important

We've all heard about the devastation caused by earthquakes, tornadoes, floods, hurricanes and fires that have swept the nation coast-to-coast. Forces of nature are not to be reckoned with and as a tenant, you should be proactive in protecting yourself financially in the off-chance you drastically lose the contents and personal belongings that make your day-to-day life happen.

Often, tenants have a false sense of security thinking that they will automatically be covered if something were to happen to the home they are renting from a landlord or property manager. It is not uncommon that lease agreements are written with the standard verbiage of something along the lines of "tenant shall hold the landlord/property manager harmless from any and all liability." In layman's terms, the landlord/property manager insurance policy covers the structure only, not the tenant's personal contents.

No doubt insurance premiums can seem costly or a hassle, but imagine having to replace all of your belongings because a fire devastated your home last week. The expense and inconvenience of replacing all of your clothes, jewelry, food, furniture, TV, computers, your smartphone, and all of the supplies it takes just to live each day will sky rocket if you do not have renters insurance. You could find yourself spending upwards of \$50,000-plus to replace everything, plus finding a new rental.

Other considerations for obtaining a tenant insurance policy should be for issues related to vandalism or theft, liability reasons (example: slips and falls), or property defects causing destruction of personal property. In the case of a property defect, it is typical that the landlord's insurance policy will cover the structure only, so if the roof on your home leaks, the landlord will usually repair or replace the roof. However, if the roof leaks down on your computer and ruins your expensive equipment, the landlord's policy will typically only cover the roof, not your personal property because that would be covered by your renter's insurance policy.

Renter's or tenant's Insurance is actually pretty inexpensive in the grand scheme of things. You can usually obtain a policy for somewhere in the ballpark of \$20 a month and you can often receive a discount if you lump it together with your auto insurance policy. Talking with an insurance agent about a renter's policy is a wise move that will pay off for you, in the rare event you find yourself in a dire situation.













There's nothing like outdoor grilling. It's one of the most popular ways to cook food. But, a grill placed too close to anything that can burn is a fire hazard. They can be very hot, causing burn injuries. Follow these simple tips and you will be on the way to safe grilling.

SAFETY TIPS

- >>> Propane and charcoal BBQ grills should only be used outdoors.
-))) The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
-))) Keep children and pets at least three feet away from the grill area.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- >>> Never leave your grill unattended.
- Mays make sure your gas grill lid is open before lighting it.

CHARCOAL GRILLS

NATIONAL FIRE

PROTECTION ASSOCIATION

-))) There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
-))) If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- >>> Keep charcoal fluid out of the reach of children and away from heat sources.
- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for
-))) When you are finished grilling, let the coals completely cool before disposing in a metal container.

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill.

If the flame goes out, turn the grill and gas off and wait at least 5 minutes before re-lighting it.

FACTS

- (!) July is the peak month for grill fires.
- Roughly half of the injuries involving grills are thermal burns.



Your Logo

nfpa.org/education ©NFPA 2019



-Health Clinic





Diabetes Information for You and Your Family **Keeping Your Heart Healthy**

Keeping your heart healthy and strong is important, especially if you have diabetes. By taking care of your heart, you can lower your chances of having heart disease. Below are some things you can do to



Talk with your health care team about how to take care of your heart.

Blood pressure

- · Ask what your goal should be for blood pressure.
- Many people with diabetes will need medicine to help them control their blood pressure.

Commercial tobacco

- · If you smoke, chew, or dip commercial tobacco, ask for information on how to quit.
- · Call 1-800-QUIT-NOW (1-800-784-8669) for free help.
- Avoid being around smoke from others using commercial tobacco.

Cholesterol

- · Most people with diabetes will need to be on a type of medicine called a statin to lower their cholesterol.
- Ask if a statin is right for you.



Make healthy food and drink choices.

- Eat healthy foods, such as vegetables. fruits, beans, whole grains, fish, wild game, and other lean meats.
- · Select foods that have less salt, fat, and sugar.

Produced by the IHS Division of Diabetes Treatment and Prevention For more diabetes information and materials, visit www.ihs.gov/diabetes

- · Grill or bake instead of frving
- · Drink plenty of water.



Stay active.

- · Any amount of physical activity is good.
- Try walking at least 3-4 times a week. Start with 5-10 minutes and work up to 30 minutes or more.
- Choose an activity you enjoy. Take a walk with family or friends. Go for a bike ride. Dance. Play ball. Work in the garden.



Find healthy ways to reduce stress.

- Take time to relax. Do something you enjoy, such as drawing, reading, crafts, or walking in nature.
- · Talk with others about what may be causing stress for you.
- · Find a support group at your Tribe, clinic, or community center.



Follow up with your health care team regularly.

I will take care of my heart by doing these things:



Ingredients:

• 1 pound asparagus, trimmed

In Season:

NUTRIENTS IN ASPARAGUS:

and placing in plastic bag.

SELECTION:

STORAGE:

Vitamins: A, C, and folate; and fiber.

Choose odorless asparagus stalks with dry,

Refrigerate asparagus for up to four days by •

Baked Asparagus

with Parmesan Cheese 📜

wrapping ends of stalks in wet paper towel

tight tips. Avoid limp or wilted stalks.

- 1 tsp olive oil
- 1 tbsp Parmesan cheese, freshly grated
- 1½ tbsp bread crumbs

QUICK FIX TIPS:

toasted nuts.

• Grill asparagus and add to a salad of

mixed greens, roasted peppers, and

Hollandaise sauce for a delicious side dish.

Steam asparagus and snap peas for about

and stir-fry with olive oil for about 5

minutes. Season with salt and pepper

5 minutes. Plunge into cold water, drain,

Drizzle cooked asparagus with a

- 1. Preheat oven to 450° F.
- 2. In a medium baking dish, toss asparagus with the oil and arrange in an even layer.
- 3. Sprinkle with the Parmesan and bread crumbs.
- 4. Bake for about 15 minutes or until asparagus is tender.

Nutritional Information per Serving:

Calories:56; Total Fat:1.6g; Dietary Fiber:3g; Sodium:38mg





Recipe is courtesy of Produce for Better Health Foundation (PBH)





HEALTH CLINIC



June Is Men's Health Month

Submitted by Patty Suskin, Diabetes Coordinator

The purpose of Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among both men and boys.

According to a national study, men are less likely to take care of themselves and their health than women. Men of every age need to be taking the time to focus on their mental and physical well-being. Even if he is in "perfect" shape, a man should still be making routine annual appointments with his providers.

According to the Centers for Disease Control and Prevention, men in the United States, on average, die five years earlier than women and die at higher rates from three leading causes of death: heart disease, cancer, and unintentional injuries.

Starting at age 20 and throughout life, the following are recommended:

- Annual physical, blood pressure analysis, blood test, and urine analysis
- Every 5 years: TB test
- Every 10 years: Tetanus booster

Additional tests your provider may recommend include:

- Rectal exam
- STD testing
- Electrocardiogram (EKG) for heart abnormalities and more.

During Men's Health Month, it is important to emphasize the importance of screenings and check-ups.

Men can improve their health by seeking medical advice and taking other important steps, such as making healthy food choices, staying active, quitting smoking, getting regular check- ups, and taking care of their mental health.

Sources:

https://www.sophe.org/focus-areas/mens-health https://scrmc.com https://www.minorityhealth.hhs.gov







Walking for Your Health

Submitted by Patty Suskin, Diabetes Coordinator

Make walking part of your daily routine.

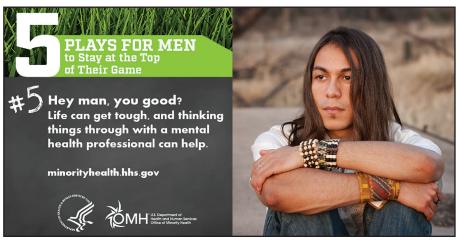
Walking is a great way to get the physical activity needed for healthy benefits. Walking does not require any special skills. Walking does not require a gym membership or expensive equipment.

Ways to make walking a habit:

- 1. Increase your daily steps to 10,000. You can walk about 1,000 steps in about 10 minutes. Most of us walk between 3,000 and 4,000 steps a day, so reaching 10,000 isn't as daunting as it might sound. Whatever is your usual number of steps, work on increasing gradually.
- 2. Park away from entrances to stores, etc.
- 3. Walk part of your way to work, if feasible.
- 4. Take the stairs instead of the elevator.
- 5. Leave the car behind for short trips.
- 6. Walk for a meeting rather than sitting in an office.
- 7. Walk during your lunch or work breaks.
- 8. Walk after dinner with family or friends.
- 9. Join a walking group or start one!









HEALTH CLINIC -



Covid-19 Statistics

Vaccinations

April 15 - May 15

Vaccine	1st Dose	2nd Dose	Booster 1	Booster 2
Moderna	2	2	3	49
Pfizer (5-11 year-olds)	1	0	0	0
Pfizer (12 and up)	0	2	1	2
TOTALS	3	4	4	51

Negative

32



THROUGH PANDEMIC

Fully Vaccinated 2,316

Positive

Vaccines Provided

Total Tests

41

2,748



We now have a DSHS staff member at the Health Promotions Building across from the clinic.

She can help with applications, eligibility reviews, and questions, etc for:

- Food benefits (SNAP)
- Cash assistance programs (income based)
- Medical (Medicaid)

Vaccine Status

April 15 - May 15

Tests

April 15 - May 15	Non-Vaccinated	1 Dose	2 Doses	Boosted
Positive	2	2	1	4
Negative	4	0	0	28

Vaccine Status Percentages

April 15 - May 15	Non-Vaccinated	1 Dose	2 Doses	Boosted
Positive	5%	5%	2%	10%
Negative	10%	0%	0%	68%

Keiya Johnson

(First name pronounced "Kia" like the car) Email: keiya.johnson@dshs.wa.gov

Extension: 3920 Phone: 360-432-3920 Cell: 360-401-9094

Tuesdays and Thursdays 9:00 a.m. to 4:00 p.m. Lunch from 12:00 to 1:00 p.m.



Thank YOU! for getting vaccinated!

- Squaxin Island Tribal Council











Dial 988

from any phone to get help.

If you need immediate help now, Text INDIGENOUS to 741741.











HEALTH CLINIC -



Carly's Corner:

Energy Drinks vs Your Teeth

Submitted by Carly Goltiani, Registered Dental Hygienist, Squaxin Island Dental Clinic - As the days get longer and hotter, energy drinks, soda and sports drinks, can be a tasty and satisfying way to hydrate and energize. But if you find yourself regularly consuming one or more of these types of drinks, you may have noticed chalky, white areas on your teeth, or perhaps your teeth have become extra sensitive to sugar, cold, heat or pressure. These can be warning signs that the enamel on your teeth is becoming demineralized and eroded.

The damage sports and energy drinks can do to your teeth is substantial because they are extremely high in sugar and citric acid. They usually contain 4-8 teaspoons of sugar per cup. Still, the main reason these drinks are so damaging to your teeth are because they are extremely acidic. The average pH of energy drinks is 1.5-3.3 while a healthy mouth has a pH of 6.2-7.6. That is pretty much like giving your teeth an acid bath. The acid breaks down the enamel that surrounds your teeth and protects them. This puts you at higher risk of cavities and gum disease. Even switching to sugar-free will not protect your teeth from the acid erosion.

What can you do?

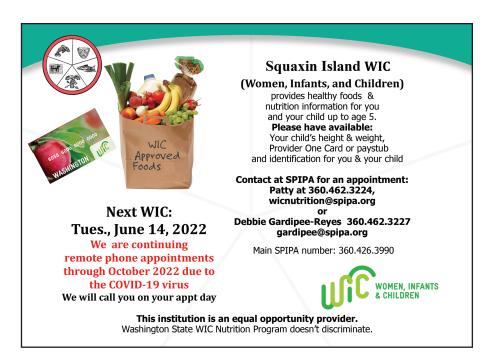
Ideally, stop drinking energy drinks, soda, and sports drink altogether or minimize the amount you consume. Switch to drinking water, smoothies, protein shakes, green tea, or green juices.

Do not sip on energy drinks over a long period of time. Consume quickly and with food. Eating cheese, yogurt or other dairy products after energy drinks will help to neutralize the acid.

Do not brush your teeth right before or after drinking an energy drink to avoid eroding your enamel further. Chew sugarless gum to stimulate more saliva flow to help protect your teeth. When you do brush, use a fluoridated toothpaste.

Do not consume before bedtime. Your saliva protects your teeth and salivary production goes down when you sleep.

Be sure to visit your dental office for regular cleanings and dental treatment. Don't wait until your teeth hurt to try to make an appointment. Call (360) 432-3881 to schedule a check-up and cleaning.





Is Sparkling Water Bad for You?

Submitted by Patty Suskin, Diabetes Coordinator - By now, you probably know that sugar-laden sodas and juices are out, coffee is perfectly fine in moderation, and water should be everyone's choice when it comes to calorie-free thirst quenching. But where does that leave the beverage hybrid that is sparkling water?

How sparkling water compares to regular water:

- As long as there are no added sugars, sparkling water is just as healthy as water.
- Unlike sodas, carbonated waters don't affect your bone density or greatly damage teeth.
- They can make you feel gassy or bloated, so you may want to avoid them if you have gastrointestinal issues.
- Try flavoring regular water with fruit or herbs if you want to avoid the fizzy stuff.

Potential Health Benefits of Infused Water

The main benefits of drinking infused water come from the simple fact that it's water. Adequate hydration is absolutely key to being healthy. By infusing tasty flavors, many people tend to drink more water. Infusion can thus be a way to make water more appealing.

Cucumbers, citrus fruits, melons, and mint flavor water almost immediately. Apples, cinnamon, fresh ginger root, and rosemary need an overnight soak in the fridge. Melons and sliced strawberries start looking waterlogged after a few hours; citrus, and whole berries look pretty good even after hours in the fridge.

Source

Is Sparkling Water Bad For You? | Right as Rain by UW Medicine

Source for complete article:

https://www.webmd.com/diet/health-benefits-infused-water









Elders Menu ... Fruit and salad at every meal

MONDAY 6:

Chicken Pot Pie

MONDAY 13:

Tator Tot Casserole Green Beans

MONDAY 20:

Hamburgers, Potato Salad

MONDAY 27:

Tuna Sandwiches, Chips

TUESDAY 7:

Broccoli Cheddar Soup, Ham Sandwiches

TUESDAY 14:

Italian Sausage Potato Soup, Bread Sticks

TUESDAY 21:

Chili, Fry Bread

TUESDAY 28:

Tomato Basil Ravioli Soup, Grilled Cheese **WEDNESDAY 1:**

Orange Chicken, Rice, Veggies

WEDNESDAY 8:

Pizza

WEDNESDAY 15:

Chalupas

WEDNESDAY 22:

Twice Baked Potato Casserole, Carrots

WEDNESDAY 29:

Sausage Pasta Bake, Broccoli

THURSDAY 2:

Chicken Fried Steak, Mashed Potatoes, Mixed Veggies

THURSDAY 9:

Lo Mein w/ Veggies

THURSDAY 16:

Pork Chops, Rice, Peas

THURSDAY 23:

Salmon, Red Potatoes, Spinach

THURSDAY 30:

Spaghetti, Corn, Garlic Toast

ATTENTION: FREE Wills for Squaxin Tribal Members and Their Spouses

The Tribe is offering the services of Mark Allen, an attorney who has worked for the Squaxin Community for 10 plus years. Mark Allen is ready to assist Squaxin Tribal members and their spouses plan for themselves and loved ones by drafting wills and other end-of-life documents.

- Wills
- Powers of Attorney
- Advance Directives
- Health Care Directives
 - Estate Planning

This is a limited time opportunity, with final dates for scheduling in June & July 2022. If you are interested in these services, please contact Lindsey Harrell, Paralegal for the Squaxin Island Legal Department, at (360) 432-1771 ext. 6 or Lharrell@squaxin.us

If you schedule an appointment and you decide you cannot make it, please respectfully cancel PRIOR to the day of the appointment.



SQUAXIN ISLAND TRIBE

Non-Life Threating Emergencies

Emergency Operations Center (EOC) Hotline

(Information only - no voicemail) (360) 432-3947

Community EOC Hotline (Questions and voice mail message)

(360) 443-8411

Emergency Management Coordinator

(360) 443-8410

Community Emergency Response Team (CERT)

(360) 426-5308

Squaxin Police Department

Office Hours Monday - Friday 8:00-4:00 (360) 432-3831

PUD No. 3 Outage Hotline

(360) 426-8255

Mason County Police Dispatch Non-Emergency

(360) 426-4441

Mason County Fire Non-Emergency

(360) 426-3348



COMMUNITY-





Alexandrea Cooper-Lewis Alonzo Johnny Grant Jenene Joy Miller Kenai Alexander Blueback

2 Zachary Stuhqayo Johns

3 Francis Peterson Jayde Christina Jewell Smith Rocky Lane Bloomfield Tyrone Jade Krise

4 James Patrick Sen Malachi Richard Jean Johns Victoria Skye Rodriguez Wendy Michelle Schlottmann

5 Debra Kay Tennis Emily L. D. Whitener Julie Goodwin

6 Alyana Rose Van Horn Dominique McFarlane

7 David Brian Elam David Merle Krise Kim Lindy Olson Randall Gavin Aldrich Trisha Rae Blueback

8 Elizabeth Marie Seymour John Daniel Snyder





9 George William Sumner Julie Rose Van Horn Kimberly R Peterson Laken Nicole Gray Pamela Sue Hillstrom

10 Brandy Nicollette D'Angelo Tamie Jo Rioux

11 Alex C. Ehler Hayze Dauntless Johns

12 Brandon Michael Greenwood

13 Danielle Madison Hall Teresa Lynn Pfaff

14 Ana Marie Pinon Janette Melody Sigo Stephanie Lynne Tompkins

15 Casey E. Brown Sr. Kylind M. Powell

16 Andre Maxwell Roberts Andrew Ernest Sigo Dorothy May Huff Kristin Robin Penn Trent Anthony Brown Yvonne Joy Bell

17 Heather Marie Perez Jackson Louis Cruz Ronald John Whitener **COMMITTEES COMMISSIONS & BOARDS**

Please visit: https://squaxinisland.org/tribal-member-info/committees-commissions-and-boards

18 Armonie Rose McFarlane Daniel F. Napoleon Kamela Lee Smith Tasha Racquelle Rodriguez

Andrea Marie Sigo Jacob D. Johns Nicholas S. Armas Thomas L Farron Vicki Lee Kruger

20 Donald Edwin Whitener Eugene Edward Galos Jason Two Feather Longshore Shelby Dominquez Verna Beverly Henry II

Ann Marie Anderson
Beau Michael Henry
Jaime Charles McFarlane
Kyleigh May Peterson
Laurinda P. Thomas
Rodney Louis Schuffenhauer
Wynn Dale Clementson

22 Alexander James Smith Monica Eileen Nerney Rose Marie BlueBack

23 Desiree Jo Combes Tamika Sharon Green

24 Abigail Harleen Brandt Christopher David Cain

25 Beau Michael Henry Jr. Joanne Faye Decicio Katherine Elizabeth Smith

26 Andrew St. John Barker Arthur Richard Pleines Candace Anne Sumner Dani 27 Geraldine Elizabeth Bell Robert Lee Cooper

28 Hurricane Lucinda James Jeremiah Jack George Sequoia Rose Goodfellow

Fleet Thunder Sky Johns Jessica Leona Cruz Judah Krise Thale Kaitlyn Makenzie Burrow Zachary Hetzler II

30 Dakota Riley Lorentz Joshua Dylan Mason Nicole Marie Ducolon













Fish Committee Meeting Hunting Committee Meeting June 16 June 16

Health and Wellness Fair June 17

Court:

Family Court: June 2
Criminal/civil Court: June 14
Vulnerable adult Court: June 16

(All in person subject to Covid-19 changes)

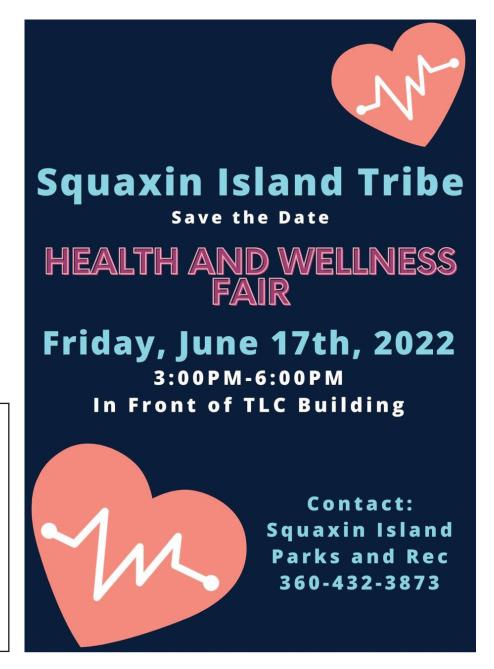
USDA FOODS WIC June 10 June 14





To contact a Squaxin Island Police Officer Call: 360-426-4441

> If it is an EMERGENCY CALL 911



Squaxin Island Tribe Natural Resources

FISH COMMITTEE MEETING

Thurs. June 16, 2022

Virtual Meeting via Zoom @ 9AM

Squaxin Island Tribe Natural Resources

HUNTING COMMITTEE MEETING

Thurs. June 16, 2022

Virtual Meeting via Zoom @ 10:30 AM

The Violence Against Women Act (VAWA) Reauthorization Act of 2022

- Maintains Tribal jurisdiction over crimes of dating violence, domestic violence, and violations of Tribal civil protection orders first put in place by the 2013 VAWA reauthorization;
- Restores Tribal jurisdiction over crimes of child violence, sexual violence, sex trafficking, stalking, obstruction of justice, and assault of Tribal justice personnel committed by non-Indians offenders;
- Provides Tribes with improved access to critical VAWA implementation resources and ensures the Tribe's right to exercise jurisdiction.



IF YOU ARE LOW INCOME AND IN NEED OF LEGAL ASSISTANCE REGARDING ISSUES SUCH AS THESE, THE NORTHWEST JUSTICE PROJECT MAY BE ABLE TO HELP YOU.

THE NATIVE AMERICAN UNIT AT NORTHWEST JUSTICE PROJECT PROVIDES FREE CIVIL LEGAL SERVICES TO ELIGIBLE NATIVE AMERICAN & ALASKAN NATIVES WHO CANNOT AFFORD A LAWYER IN WASHINGTON STATE.

IN KING COUNTY: CALL (206) 707-0920 | OUTSIDE OF KING COUNTY: CALL NJP'S CLEAR HOTLINE AT 1-888-201-1014 (M-F 9:15 A.M. - 12:15 P.M.) **OR** ASK YOUR VICTIM ADVOCATE FOR A REFERRAL

What is Early Head Start?

Early Head Start is a Federal program that promotes the school readiness of children from birth to age three for low-income families by enhancing their cognitive, social, and emotional development.

Who is Eligible

Children birth to 3 years old

- · Annual income meets requirements; or
- Qualifies for special education services;
 or
- Developmental or Environmental risk factors.

Benefits of EHS

- Early childhood education in part day, full day or extended day classrooms.
- · Social emotional development.
- Nutritious meals and snacks.
- Health screenings and connections to medical, dental and mental health services.
- Family support services.
- Parent education and leadership opportunities.



EHS gives priority to a child who

- If family meets annual income requirements.
- If child qualifies for special education services.
- If family developmental or Environmental risk factors.
- Child is in foster care or involved with the child welfare system.
- If the family is homeless.



"LEARNING FOR LIFE"!

3851 SE Old Olympic Hwy Shelton, WA 98584 360-426-1390 South Puget Intertribal Planning Agency

USDA Foods Program June Dates



PT. GAMBLE S'KLALLAM
SQUAXIN ISLAND
SKOKOMISH
NISQUALLY
CHEHALIS

6/8/22 6/10/22 6/14/22 6/16/22

NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staff have other duties that they are responsible for on the days they are not issuing commodities. If you're unable to make the date, please call and schedule an appointment with appropriate staff. For USDA Food, call SPIPA at 360.426.3990

This institution is an equal opportunity provide







SICDC Early Head Start

Now Accepting Applications for the 2022-2023 School Year!

PREGNANT TEENS & PARENTS OF INFANTS & TODDLERS (UP TO AGE 3) WITH DISABILITIES, IN FOSTER CARE, OR HOMELESS ARE ESPECIALLY ENCOURAGED TO APPLY.

TRIBAL PREFERENCE IS GIVEN

- *Birth Certificate

 *Proof of pregnancy
 (if applicable)
- *Proof of residency
- *Proof of income
- *Current immunization record.
- *Medical insurance card

*Disability documentation (If applicable)



To Apply Call 360-426-1390 Email kkrug@squaxin.us

Email kkrug@squaxin.us
OR

Stop in at 3851 SE Old Olympic HWY Shelton Wa 98584 All applications will be done interview style