

Squaxin Island Tribe and Department of Corrections Team Up to Conserve Local Aquifer

Squaxin Island Tribe Natural Resources Department - The Squaxin Island Tribe has partnered with the Washington Corrections Center in Shelton to ensure the corrections facility uses more treated wastewater—and less water from the local aquifer—for day-to-day uses.

Decades in the making, the project will save millions of gallons of water each year. That’s particularly good news for coho salmon in Goldsborough Creek, an already rebounding population expected to get a further boost from greater water flow, now that the corrections facility is drawing water from another source.

“Whatever reclaimed water they’re using, they’re not pumping from their wells, and those wells pull water away from the springs feeding Goldsborough Creek,” said Erica Marbet, Water Resources Biologist for the Tribe. “The more water, the more fish. In late summer, you can’t have too much water in there. Any additional amount is good for fish.”

The Tribe spent years promoting the project, which involved directing state Department of Ecology funding to the Washington State Department of Corrections and the City of Shelton. The City planned more reclaimed water storage, and Corrections put pipes in the ground. The funding will help Corrections use reclaimed water—wastewater treated to “almost drinkable” at Shelton’s reclamation plant—for uses such as irrigating crops, cleaning laundry and washing vehicles.

Corrections’ use of reclaimed water could reduce its aquifer consumption by 55,000 gallons a day and 21 million gallons a year.

“That’s enough to fill 178 million water bottles every year,” James Chavez, the construction project coordinator, said in a release. “The reduction we’re looking at is going to have a positive impact on the flows of the North Fork of Goldsborough Creek and the fish and wildlife it supports.”



James Chavez, the construction project coordinator for the Washington Corrections Center reclaimed water project, and Squaxin Island Tribe Water Resources Biologist Erica Marbet. The project will reuse 21 million gallons of water a year and improve the flow of the creek. The “T” pipe they are holding is the key that opens the valve to let the reclaimed water flow. (Photo courtesy of Robert Johnson, DOC Communications Manager)



The project’s pumps were turned on in late May.

The Tribe was among the partners who conceived the initial construction of the water reclamation plant in 2009. An additional step, the construction of a storage facility to allow greater flexibility in the use of reclaimed water, has been designed and is awaiting construction.

Marbet said she’s grateful for the work the Tribe and its partners did before she got involved and helped secure Department of Ecology funding. She’s excited for the partnership to continue and benefit the community at large.

“The Tribe’s role is to push for better protections for treaty resources, but that also benefits everybody who lives in Mason County and South Puget Sound,” she said.

*Photos on top right by:
Jim Chavez,
WA State Dept. of Corrections*

Save the Date Olympia Indigenous Peoples’ Day Celebration



Join The Squaxin Island Tribe and the City of Olympia to celebrate local Indigenous history, culture, and communities.

October 10 | 11:30 a.m. - 2:30 p.m.
Squaxin Park 2600 East Bay Drive NE
Shuttle bus available. Contact 360.753.8343 for information.



City of Olympia | Parks, Arts and Recreation
360.753.8343 | olympiawa.gov/squaxinpark





Walking On



Thomas Blueback

Thomas BlueBack passed away September 18, 2022. He had been a community member of the Squaxin Island Tribe after he married Charlene Cooper-Johns who he met at Chilocco Indian School. They divorced and then he met, fell in love, and married Georgia "Kitty" Johnston-BlueBack.

Since then, he has worked numerous jobs within the Tribe. He was an oyster shucker at Harstine Oyster Company for many years; he worked security at Little Creek Casino Resort; and then became a tribal law enforcement officer where he worked for six years. He returned later and worked there for another 18 years until he retired. But he couldn't stay home for long. He then started his job as an Island Enterprises Inc. security officer until he became ill.

Tom loved his sports, mainly football, the OU Sooners.

He is the father of Thomas BlueBack, Jr., Wilson BlueBack (deceased 1998), Chauncey BlueBack, Neil BlueBack, Alexander BlueBack, Rose BlueBack, and Angel BlueBack-Johns. He took the father role to Kitty's daughters, Leisha Butterfield, Kris Mullins-Flowers, Tracy Mullins-Grimes, April Spivey, and Darcy LaChapelle.

He has numerous grandchildren, and he stated he was happy to meet his great-grandchildren.

He was a Christian man and knew in his heart he would be at peace with the Heavenly Father after he passed. We will all miss him.

We Miss You!

Squaxin Island TRIBAL NEWS

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Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

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Klah-Che-Min Staff:

THERESA M. HENDERSON: EXT. #3945
thenderson@squaxin.us



Joe Seymour's art dedicated in downtown Olympia

Dedication of Joe Seymour's "Welcome to Squaxin Territory" and "Land of the Raven" murals took place on September 9th at 10:00 a.m.

Address: Corner of Water Street and State Street

Photos by Joe Seymour and Margaret Henry





Chairman's Challenge (Sept. 12) Winners

1st Place (Score 59) \$75 per player

Daniel Kuntz (second from right)

Scott Erdkes

Danny Meyers

Alex Wendel

2nd Place (Score 63) \$50 per player

Dave Whitener, Jr.

Sheena Prante

Vince Henry

Margaret Henry

3rd Place (Score 64) \$25 per Player

Will Henderson

Josh Henderson

Tim Lenox

Lee Pilon

Skill Prizes

KP Men - Pat Whitener

KP Women - Kayla Johnston

Long Drive Men - Lee Pilon

Long Drive Women - Stephanie Seig



Squaxin General Welfare Program

Tribal Council recently approved a "General Welfare" Program. Under this program, Tribal Members may irrevocably disclaim the right to receive per capita payments in order to become eligible for advance reimbursement of qualifying general welfare expenses.

Instead of receiving a taxable quarterly per capita payment, members can receive a **tax free** reimbursement of qualifying general welfare expenses.

What qualifies for General Welfare Expenses?

**For questions,
more details &
signing up info,
contact:**

Jenn Ogno
360-426-9781
jogno@squaxin.us

Sign up online at:

squaxinisland.org/general-welfare

Forms are also available at
the Tribal Office.

- Housing Needs (mortgage payment, down payment, rent, home repairs, home enhancement, property taxes)
- Educational Programs (tuition, room & board, vocational needs)
- Elder & Disabled Needs (home care, meals, transportation, medical needs, adaptive housing, special needs)
- Cultural / Religious Expenses.
- Funeral / Burial Expenses.
- Medical Expenses

**Under the General Welfare Program,
records of the above must be
maintained by the Tribal Member for
IRS reporting purposes.**

General Welfare Program Q & A

1. Can we cash out our per caps at one time and then opt out of getting them the next year?

On an annual basis, you can choose to participate or not in the General Welfare Program. Once you choose to participate in the General Welfare Program for the current year, you will automatically be enrolled for subsequent years unless you submit a new form and affirmatively elect to resume receiving per capita.

2. Will I still receive a 1099?

You will not receive a 1099 for funds received under the General Welfare Program if you comply with the program rules.

3. How long do we need to keep receipts?

A good rule of thumb for tax records is to retain documents for at least seven years.

4. What are the consequences if we don't keep receipts?

If you can't document your use of the funds for qualifying purposes, you may be obligated to return funds to the Tribe, owe additional

income tax, or be subject to IRS penalties.

5. Can your spouse or dependent medical expenses be included or is it for the tribal member only?

Under IRC §139D, reimbursements of medical care for tribal members and their spouses and dependents are tax exempt. These expenses are qualifying expenses under the General Welfare Program.

6. Will Elder checks be included?

Yes. The form allowing participation in the program will allow you to choose to opt out of "regular" per capita, Elder per capita, or both.

7. Will this affect the 2022 per capita?

No.

8. What are the max funds I can receive?

\$4,500. *Note that for the calendar year 2023, for administrative convenience, you can only opt in for the full amount of \$4,500. In future years, the Tribe may revisit the idea of partial elections.

9. What documents are required to qualify?

Initially, you just need to submit the form. Afterwards, you need to retain documentation of your use of the funds for qualifying expenditures.

10. How do we get reimbursed?

For calendar year 2023 for reasons of administrative efficiency, funds will be dispersed on the same schedule as for per capita and in the same amounts. In future years, Council may find additional funds to contribute to the Program.



11. What is the process for requesting funds?

Please see the response to Question 10. Once you have opted into the General Welfare Program, funds will be dispersed automatically.

12. How often can I submit a request for funds?

Please see the response to Question 11.

13. How much can we request at a time?

Please see the response to Question 10.

14. Does this make me ineligible for other programs or funds?

Rules vary by program. In general, funds reported under this General Welfare Program will not be part of your Adjusted Gross Income (AGI), which is relevant to eligibility for some government programs. However, this program is not income-qualified, which means it may "count" against eligibility for other programs. Put differently, for most foreseeable circumstances, receiving funds under the General Welfare Program will be better than or neutral when compared to receiving per capita. On the other hand, if you presently receive ABON, you will likely want to continue participating in ABON instead of General Welfare to preserve eligibility.

15. Will I be giving up my per capita?

Yes. You will not receive per capita for any calendar year in which you participate in the General Welfare Program.

16. How often are the payments?

Please see response to Question 10.

17. Will this affect my higher education assistance?

Please see response to Question 14.

18. Is the check made out to the tribal member?

Yes.

19. What is a qualified expense?

Qualified expenses include anything that would be eligible under IRC § 139D, §139E, or IRS Rev. Proc. 2014-35. Some key expenses that are relevant to most members are housing expenses – rent, mortgage, utilities, and repairs, medical expenses – unreimbursed expenses for members, spouses, and dependents, including travel and lodging, educational expenses – tuition, transportation, supplies (including music and athletics), child care, job counseling, interview clothing, elder assistance – meals, home care, transportation, mobility home improvements, cultural – costs of travel, lodging, and admission to participate in cultural events.

<https://www.irs.gov/pub/irs-drop/rp-14-35.pdf>



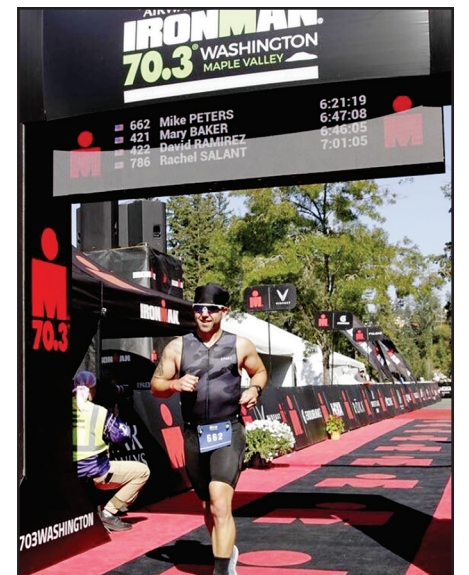
Way to Go Randy Foster!

Randy Foster, behind the tuba player, played his guitar for the Shelton High School Marching Band at Husky Stadium on Saturday, September 10th.



Congratulations Michael Peters!

Michael N. Peters completed the 70.3 Ironman competition this on Sunday, September 18th. Michael completed the 1.2 mile swim, 56 mile bike, and 13.1 mile run in six hours, 21 minutes and 19 seconds! Congratulations, Michael, on completing your 1st Ironman!



SQUAXIN ISLAND ENTERPRISES BOARD VACANCY



Island Enterprises Board:

The board of directors is vested with all powers necessary to carry out the purposes of the Corporations and shall have control and management of the business and activities of the Corporations.

Please submit a Letter of Interest and Resume by

October 14, 2022

to Melissa Puhn at mpuhn@squaxin.us

**TIME TO
GET INVOLVED!**





New Employees



Amy Taylor

Hello, my name is Amy Taylor. I am the new Director of Information Services. Over the past 12 years, I have spent time working for all of Squaxin's tribally owned entities and, most frequently, in the role of providing technical support.

I hold an Associates of Technical Arts in Computer Network Administration, and CompTIA Secure Infrastructure Specialist certification.

As a Squaxin tribal member myself, I take pride in my work, and look forward to supporting the other departments in our government going forward. Bringing my own perspective and experience to the Information Services, I hope to improve upon and strengthen how we manage and operate our information systems to better serve our community.



Amalia Walton

Hello, my name is Amalia Walton. I have been hired to serve as an Attorney in the Legal Department. I will focus on natural resources law and cover other areas as needed.

I have practiced natural resources law and policy for most of my career, with a special interest in all things related to water.

I live with my two children in Seattle on a floating home. We love boating, the beach, and winter in the mountains.

I enjoy working with science and learning new things about fish, but the part of the job I am most excited about is getting to know everyone.

I look forward to meeting you!



Kim Horn

Hello, my name is Kim Horn. I am pleased to say that I was recently hired as the Medical Billing Specialist.

My son and I recently moved to Olympia from Southern Oregon and I love it here.

I am so excited to learn more about medical billing and assist the wonderful team here. I am also thrilled to learn more about the Squaxin culture.

I look forward to getting to know and work with you all.

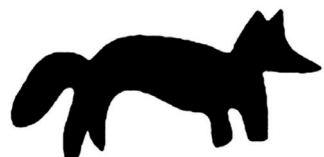


Rachel Espanto

Hello, my name is Rachel Espanto. I am the new Registered Nurse (RN) with the Health Clinic.

I have been married for 16 years and have two kids.

I am excited about the community focus of the team.





New Employees



Robert Santo

Hello, my name is Robert Santo. I am the Assistant Director of Planning and Community Development.

I have recently retired from the Department of the Navy. It was both exciting and challenging. I have a very large and close family. I have a very beautiful and supportive wife, Cheryl.

I am very excited to return the Squaxin Island Tribe!

As a part of the Community Development team, I look forward to the sustainable growth of this awesome tribe and feel blessed to be apart of it.

I look forward to working with each member and will endeavor to be the best help I can be.



Famie Mason

Hello, my name is Famie Mason. I have been hired as a Medical Receptionist. I have worked in the community before at Family Services.

I am glad to be working in the community!



Elizabeth Cooper-Campbell

Hello, my name is Elizabeth Cooper-Campbell. I have been hired to work as the Medical Receptionist at Squaxin Island Health Clinic

I have come back to the Squaxin Island Health Clinic, my most favorite job in the world.

My parents are Theresa Davis and Jim Davis, my late father is Marvin Campbell, Sr. and my grandparents are Buddy Cooper and Mabel (Beckwith) Cooper. I have four siblings and three daughters, Shashoney, Savannah, and Jewels. I have one granddaughter, Winona, she is my world...



Employment Opportunities:
squaxiniland.org

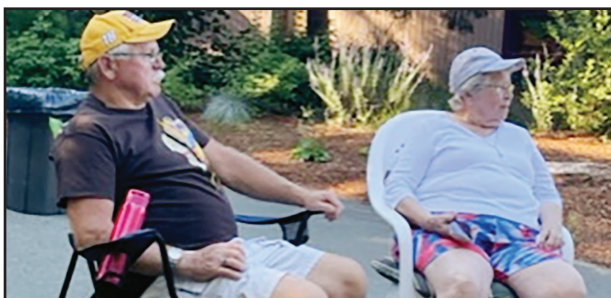
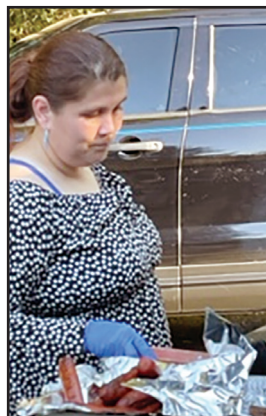


Elders Appreciation Day

Traci Coffey - On September 1st we had our Elders Appreciation Day. We had a great turnout and handed out all of our giveaway bags. Each Elder also received a raffle ticket to be entered into our drawing for one of three gift certificates generously donated by Little Creek Casino. Donna Penn was drawn and won the certificate for a 60 minute massage. Peggy Peters was drawn and won a certificate for a one night stay in a premium deluxe room. Don and Fay Whitener won the certificate of a dinner for two at the Seafood Bar. We would like to thank all of the Elders who took time out of their day and joined us for this event.

Elders August Storytelling Event

Charlene Krise and Traci Coffey (photos too) - The Museum and Family Services staff co-hosted a storytelling event and BBQ of hot dogs and hamburgers on August 24th. Assistant MLRC Director Jeremiah George shared a song and Lushootseed language with the Elders. Tourism staff Rainy Gamber was the master BBQ cook for the evening. Tourism Executive Assistant Lisa Johns provided a prayer to bless the dinner, and Charlene Krise, Executive Director of the MLRC, shared the history of the Squaxin Island Tribe and four ancient Squaxin Island legends. Other Elders joined in and told some more stories. The youth and their supervisors came and did an amazing job of helping and tearing down all the equipment - pop-up tents, tables, chairs, ice chests, and anything else they could find to help us out. We (Elders) raise our hands to you all. It was so appreciated. You were kind-hearted and you ALL had smiles on your faces the entire time. It was a great evening and enjoyed by all who attended. The Elders are planning on having another BBQ in October...scary stories to be told.



FAMILY JUSTICE PROGRAM SQUAXIN ISLAND FAMILY SERVICES

We are here to assist people with resources to obtain self sufficiency to reduce risk of re-offending:

If you have been in the following: Prison, jail, substance abuse treatment and out-patient treatment.

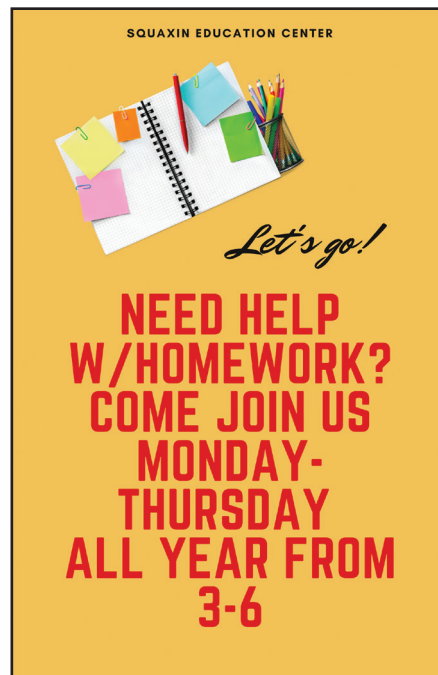
Services provided: Personal advocacy, assisting with referrals, services to obtain emergency housing & transitional housing. Follow up contact, in person, telephone & written communications to offer client support & check on client progress with case plan. We can assist with clothing, food & gas vouchers. There is rent assistance & hygiene bags available. Assistance with job applications, resumes and cover letters to obtain employment.

This program is for Squaxin Island Tribal members & other tribes adjacent to the Squaxin Island Tribe.

Contact: Marcella Cooper Family Justice Services

MCOOPER@SQUAXIN.COM

360-432-3908 & 360-485-5150



Shelton High School

Isabelle LeClair - Hello everyone! Cheers to the new school year. We have had a great start here at the high school.

I want to encourage all of our High Climbers to utilize their resources. The Native Ed room is always open for in-school help.

After school, we provide homework help at the Squaxin Island Education Center from 3:00 - 6:00 p.m., Monday - Thursday! Our TEEN DAYS are Tuesdays and Thursdays. We provide academic help, cultural activities, food, and snacks! Cultural activities are here throughout the week also.

Let's talk about attendance! Let's encourage our teens to have great attendance this year, especially our seniors! We all know how hard senior year is. Whatever I can help with to get these kids to school, let me know! Reach out to me for questions, concerns, advice, or whatever it is! I am here for you all!

My email is ileclair@squaxin.us and my facebook is @Isabelle Theadvocate.

Higher Education students,

Mandy Valley - I want to remind everyone about the importance of reading through the policies and procedures when signing up for Higher Education funds through the Tribe. As of August, 2022, funding is now based on credits taken. Higher Education funding may be awarded for up to 240 credits towards an Undergraduate degree and up to 48 credits for a Master's degree. There are still limits, but, once again, it is based on credits taken and not quarters or semester. If you have questions, or would like a copy of the new policy, please reach out. I will be more than happy to help! For more information visit <https://squaxinland.org/government/departments/learning-center>, where you will find the forms and applications for Higher Education funding, as well as the new policies and procedures. Or just google search "Squaxin Island Learning Center." It will take you to the Learning Center's page!

The 2023 - 24 FAFSA launches October 1! Are you prepared to fill it out?

Beginning with the 2017-18 FAFSA form, you are now required to report income information from an earlier tax year.

- On the 2023-24 FAFSA form, you (and your parents, as appropriate) will report your 2021 income information, rather than your 2022 income information.
- Since you'll already have filed your 2021 taxes by the time the FAFSA form launches, you'll be able to import your tax information into the FAFSA form right away using the IRS Data Retrieval Tool (DRT). (No more logging back in to update after filing taxes!)
- Not everyone is eligible to use the IRS DRT and the IRS DRT does not input all the financial information required on the FAFSA form. Therefore, you should have your 2021 tax return and 2021 IRS W-2 available for reference.
- You cannot use your 2022 tax information. They understand that, for some families, 2021 income doesn't accurately reflect your current financial situation. If you have experienced a reduction in income since the 2021 tax year, you should complete the FAFSA form with the information it asks for (2021), and then contact each of the schools to which you're applying to explain and document the change in income. They have the ability to assess your situation and make adjustments to your FAFSA form, if warranted.
- You cannot update your 2023-24 FAFSA form with your 2022 tax information after filing 2022 taxes. 2021 information is what's required. No updates necessary; no updates allowed.

If you have any questions or concerns, please don't hesitate to stop in, call, or email for assistance. I hope the new school year is off to a great start!

Thank you,

Mandy Valley, Higher Education Coordinator

(360) 432-3882 | mvalley@squaxin.us





Teen Program 2022-23

Interested in Youth Council?

Contact Keesha Vigil to sign up!!
Call or text 360-463-0681



Teen Program

Keesha Vigil - Whoo-hoo!! Happy beginning of the school year! We are so excited to be kicking things back into gear for our Teen Program.

We are working on starting up Youth Council again. Please reach out to me (Keesha Vigil) if you're interested. Youth Council meetings will be held every Thursday from 3:45 - 4:45 at the Education Center.

I will always be available Monday - Thursday from 3:00 - 6:00 if teens want to come hangout with me. We can bead, weave, or work on homework.

I am so excited for what's in store for our teen program this year! Please reach out to me with any questions, comments or ideas you may have! Teen Homework Help days will be every Tuesday and Thursday, and food will be provided. However, feel free to come any week day!

The Education Center will be open from 3:00 - 6:00 p.m. Monday through Thursday for homework help for all ages. We also have a craft corner available for youth if they don't have homework that includes beading, weaving and other projects.

haʔł sləx̌il (good day)

- Keesha Vigil: (360) 463-0681



Beaded by AJ Wier

Olympic Middle School

Our Advocate Team

Kiana Wiley - Hello everyone! For those whom I haven't had the pleasure of meeting yet, I am Kiana Wiley, the Tribal Student Advocate for Squaxin Island Tribe at OMS. I am already loving and looking forward to my second year here at Olympic Middle School.

This year I will be working in conjunction with Ms. Lori Chappell, who has been with Shelton School District for two decades, building connections with many of our tribal families, and this will be her first year being officially part of the Native Ed Team. Her mother and family are of the Cheyenne River, Lakota Nation. She is proud of her heritage and looking forward to further growing her bond with the youth and representing for herself, family and school in a good way!

Native Ed Welcoming Ceremony

Olympic Middle school and the Native Ed team are working hard to set a precedence in the school district for building relationships with our communities' tribes and families. They are making great headway in giving representation and voice to all the youth in the school.

We started off the school year with an Olympic Middle School Welcoming Ceremony and we were very thankful for all the involvement we received.

Squaxin Island Elder Sally Brownfield came out to give a blessing and our Squaxin Island Education Department was in attendance and sang a song for the youth. Skokomish Elder Norma Cagey was also there to give her words of wisdom and sang a couple of songs for our youth with Ms. Melanie (Bordeaux Native Ed) and Ms. Bowcutt (Mt. View Native Ed). It was so amazing to have the Native Ed team from the schools of Shelton there to greet and encourage our students, showing them the support system that surrounds them.

Thank you to Mrs. Chelsea Brady, our school's principal, for allowing and encouraging this gathering for our youth! Her involvement and suggestions to our Native Ed team are very appreciated. We are excited to put in work and build up our program so that our youth have what they need to grow academically and personally.





Bordeaux Elementary

Tamika Krise - Hello my Squaxin people! We are back in school and getting back into gear. We have a bunch more Bordeaux Bulldogs this year. I am so excited to work with everyone, from new kindergarteners to returning students!

So far it has been a busy start, but a great start. I am going to be reaching out to families and trying my best to get to know everyone and their student(s).

For my kinders and newcomers, we are still getting everyone dialed in. I know how uneasy it can be to send your kiddo to school for the first time and/or a new school. I am here for anyone who needs help and support, needs questions answered, or just an ear to share concerns.

I want to speak about attendance, just a little. So far we have been off to a great start, and it would be so awesome to watch the good attendance continue. Attending school is the first challenge, and the more we make it happen, we can make it happen even more.

I am excited for what the year brings and to implement all of our new ideas. We are always open for more ideas, tips, and tricks! Feel free to reach out to me; I am always here for the conversations.

Here is contact information for anyone who might need it. My Student Advocate Facebook account is a good way to reach me: @Tamika Studentadvocate. My emails are also checked regularly: tmkrise@squaxin.us and tkrise@sheltonschoools.org.



When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.

Create a Daily Routine

Jaimie Cruz - Squaxin community, our Education team has been able to engage with youth in the Shelton school district and we are looking forward to another school year. I will also be reaching out to Olympia, Griffin, and Tumwater school districts. If your child is in a different district or home school, please reach out to me. We would like to engage with as many youth as possible this year.

The beginning of the school year is always rough. I would advise families to develop a routine and stick to it. This will help the household run smoothly and youth thrive in a consistent schedule.

5 tips to help your child stick to a daily routine

1. Let your child help make the routine.
2. Be realistic about time and priorities.
3. Be clear when you explain the routine.
4. Put the routine in writing.
5. Know that kids need support to learn routines

Jaimie Cruz, Truancy Prevention Specialist
(360) 490-5379



Welcome Back to the After-School Rec Program! *Here's a rewind of September's Activities . . .*

We held a backpack giveaway! We gave away 215 backpacks to the youth! Each backpack had the Squaxin Island Tribe logo on them! We were able to see all the amazing faces before the after-school rec program opened our doors. During the backpack giveaway, we asked the youth for their ideas about what activities, field trips, and meals ideas they would like to see in our programs. Thank you to all the youth for sharing your ideas!

On our first week back in the after-school program, we held a back-to-school BBQ and dance from 4:30 p.m. - 6:30 p.m. on Friday, September 9th.

A total of 39 youth joined us! It was a blast. We ate barbequed hot dogs, fresh fruit, carrots, and chips. We had a great time playing some fun music for the youth and dancing. The youth were requesting songs for us to play and it was fun to see all them having fun! We also had some yummy homemade punch, snacks, and pizza! We cannot wait to do it again later this school year!

On Mondays in September, Jerilynn taught youth about plants. The focus was wild rose and she talked about love and protection. The youth were able to make their own rose spray, tried rose mint tea, and strung rose hips with beads.

On Tuesday, September 13th, we made beaded earrings. The youth learned how to thread a needle and use seed beads to make their earrings.

On September 14th, we held our annual Elders dessert in the rec room, showing our appreciation to all of our Elders/grandparents in our community

October 2022 - Tu Ha' Buts Youth Center Calendar

All activities are drug, alcohol, e-cigarette and tobacco free.

Activities and Calendar are subject to change at any time.

Rec Room Phone Number: 360-432-3986

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 After-School: 3-6pm Plant Teaching	4 After-School: 3-6pm On-Going Project: Make Your Own Moccasins	5 After-School: 2:30-6pm Silhouette Halloween Art GSD – ER @ 2:15pm	6 After-School: 3-6pm Halloween Bark	7 After-School: 3-6pm Make CD Spinners	8 Open Swim: 1:30-5:30pm* Open Gym: 1:30-5:30pm
9 After-School: 3-6pm Plant Teaching	10 After-School: 3-6pm Bead a design on Moccasins	11 After-School: 3-6pm Halloween Scavenger Hunt SSD – 1.5 HR ER GSD – ER @ 2:15pm	12 After-School: 3-6pm Pumpkin Pie Twist	13 After-School: 3-6pm Salt Crystals	14 Open Swim: 1:30-5:30pm* Open Gym: 1:30-5:30pm
17 After-School: 3-6pm Plant Teaching	18 After-School: 3-6pm Loom Beading with Sara	19 After-School: 1:30-6pm Witches Brew Slime GSD – ER @ 2:15pm	20 After-School: 3-6pm Halloween Cake Pops	21 After-School: 3-6pm Fraken Worm Experiment	22 Open Swim: 1:30-5:30pm* Open Gym: 1:30-5:30pm
24 After-School: 3-6pm Plant Teaching	25 After-School: 3-6pm Cedar Roses with Sara	26 After-School: 3-6pm Halloween BINGO GSD – ER @ 2:15pm	27 After-School: 3-6pm Halloween Chex Mix	28 CLOSED for Community Trunk or Treat 5:00pm-6:30pm In Front of the TLC SSD – 3 HR ER	29 Open Swim: 1:30-5:30pm* Open Gym: 1:30-5:30pm
31 After-School: 3-6pm Plant Teaching					
Key: SSD – Shelton School District GSD – Griffin School District		After-School Meal Times: Early Snack is offered: 3:00pm-3:45pm Late Snack is offered: 4:00pm-4:45pm		Activity Time: School-Age Youth from: 5:00-5:45pm	
				Contact: Kasia: 360-432-3801 Kenna: 360-432-3895 Jerilynn: 360-432-3992	

* All youth under 13 years must be accompanied by an adult 18 years of age or older. Youth 13-15 years must be accompanied by an adult or 16 year-old who is on the pool deck at all times. Teens who are 16 years and older may swim unaccompanied after completing a pool test. ID checks are required.



PARKS AND REC



and letting them know how important they are to our youth, community and culture. The youth and Elders had a great time being with one another, talking, getting to know each other, and enjoying their time together. The strawberry shortcake dessert was great too!

On September 17th, we had a new and exciting thing happen! We began having a rec mentor and new lifeguard, Kade Whitener, in the building for open gym and open swim on Saturdays from 1:30 p.m. - 5:30 p.m. The gym and pool were the only areas of access during these times. *All youth under 13 years must be accompanied by an adult 18 years of age or older. Youth 13-15 years must be accompanied by an adult or 16 year-old who is on the pool deck at all times.* Teens who are 16 years and older may swim unaccompanied after completing a pool test. ID checks are required.

On September 20th, our cultural activity was beaded key chains with seed beads and sinew. On September 22nd, we made smores cupcakes (chocolate cupcakes, graham cracker crumbles, melted marshmallow fluff and chocolate frosting! It was super delicious, and great job by the youth!

On Friday's in September youth did STEM projects. We made penny spinners, a DIY mini foosball table and a "Save Fred" activity.

Stay tuned and please join us, because we will be doing some fun and exciting things in October! Halloween is fast approaching!! Please check our calendar for the activities we have planned! We hope to see all the community at our Trunk-or-Treat on Friday, October 28th!!

Our after-school rec program hours of operation are Monday through Fridays from 3:00 p.m. - 6:00 p.m.

We will open early on early release days for Griffin and Shelton school districts. Please look at our calendar for the hours of operation on Wednesday's.

Stay updated on upcoming events and activities on our Facebook page, Squaxin Island Parks and Recreation Dept. or join our Remind app! Text @ SquaxinRec to 81010.

If you have any questions, please feel free to contact us:

Kasia Seymour, Youth Activities Lead

(360) 432-3801 or kseymour@squaxin.us

Jerilynn Vail, Youth Activities Manager/Food Program Manager

jvail@squaxin.us

Kenna Acosta, Youth Recreation Coordinator

(360) 349-6414 or kacosta@squaxin.us

- SQUAXIN PARKS & RECREATION -

Activities Coming up in October....

Monday's are Plant Teaching With Jerilynn
Tuesday, October 4th: Cultural Activity
Thursday, October 6th: Cooking: Halloween Bark
Friday, October 7th: Making CD Spinners
Tuesday, October 11th Cultural: Making Earrings and Necklaces
Wednesday, October 12th: Halloween Scavenger Hunt
Friday, October 14th: Salt Crystals
Wednesday, October 19th: Witches Brew
Thursday, October 20th: Halloween Cake Pops
Wednesday, October 26th: Halloween BINGO

Friday, October 28th
Community Trunk -Or-Treat from 5:00pm - 6:30pm!
Note: After School Program is closed this day.

Saturday's are Open Gym & Open Swim 1:30pm-5:30pm

Contact information:
Kasia Seymour: kseymour@squaxin.us or 360-432-3801
Jerilynn Vail-Powell: jvail@squaxin.us or 360-432-3992
Kenna Acosta: kacosta@squaxin.us or 360-432-3895

Co-Hosted by Squaxin Island Child Development Center
& Squaxin Island Parks & Rec

**Trunk
or
Treat**

Friday, October 28, 2022
5:00pm - 6:30pm
In Front of the TLC Gym

**Are you interested in joining our festivities and
decorating your vehicle?**
You can contact Kelly Aho to register your vehicle:
360-426-1390 or kaho@squaxin.us
Each participant will be responsible for their own candy!

*We encourage families and youth to come
dressed in your costumes!!*



Child Development Center Graduation

Kaitlin Krug - On September 2nd, Squaxin Island Child Development Center celebrated our preschool graduates at the Squaxin Community Kitchen. This year we had 15 graduates to recognize for their achievements and a room full of supportive family, friends, and community members.

The graduates began by introducing themselves in Lushootseed and spoke the words of the, "I Love You" song before singing with Vicki Kruger.

The graduates wore button blankets with Andrea Sigo's artwork on them.

A meal was shared with our graduates followed by an ice cream sundae bar.

Maryssa Ank, one of our Lead Black Bear Teachers, put together a sweet video of our graduates being interviewed with two questions: "Tell me one thing about school" and "Who is your favorite person?"

We are thankful and honored for the families who shared their student with us in their time at SICDC.





SUMMER DAY CAMP



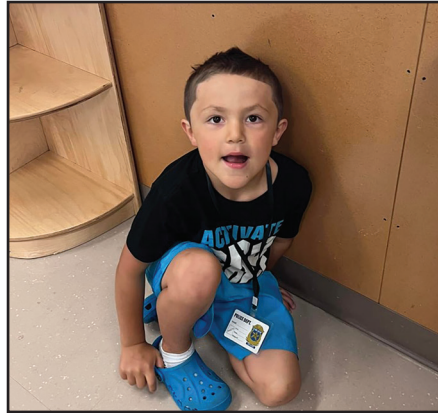
Photos by Kenna Acosta





SUMMER DAY CAMP

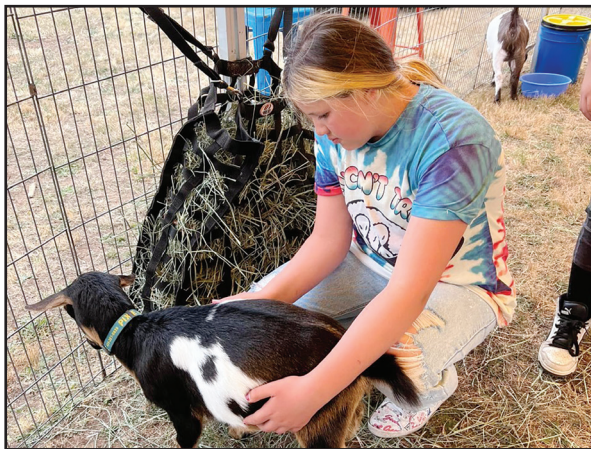
Photos by Kenna Acosta





SUMMER DAY CAMP

Photos by Kenna Acosta





Our Salmon Logo

Our Salmon logo is the property of the Tribe.

No one is to make a profit from it, except our youth. It is not for commercial or individual use for profit.

No one is to change any part of the logo, distort or take anything out of it, nor misrepresent it in any way.

Animals - The overall picture is Salmon - the backbone of our people. Without Salmon, our people would have starved. Inside our Salmon logo are Bear, Killer Whale, Raven, Wolf, Beaver, and Frog.

No animal is greater than other animals inside our Salmon logo.

Please do not try to interpret this design. Each family has their own belief about the animals and who and what they represent.

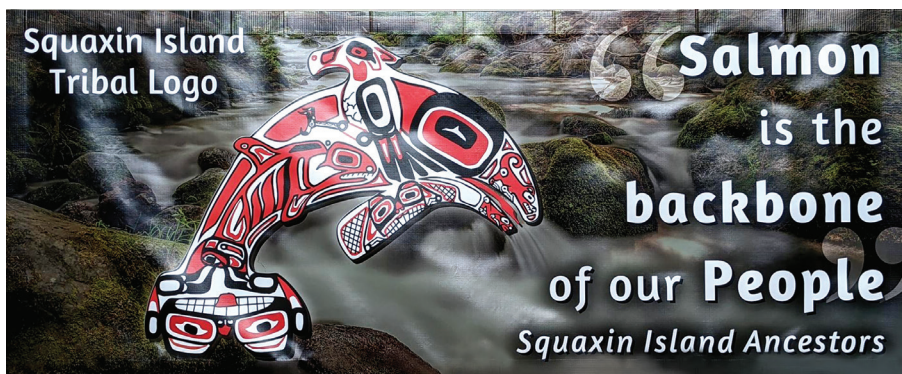
It was created by the children as a gift to our Elders

In 1986, during the Summer Youth Program, our Ancestors, who are gone now, guided the children to learn their culture.

During art class, the children learned who their extended family relatives were (cousins) while working together and being taught basic NW Native art. Now days phases like "Seven Inlets, Clan or Crest" are being used, yet they weren't in the beginning. Everything done that summer was to teach working together, uniting our people, and learning our culture.

Our Salmon logo represents the Squaxin Island Tribe.

- Squaxin Island Tribe Cultural Resources Department



Home Maintenance Checklist

Fall Tips

Below is a home maintenance check list offering tips and advice to keep your home's systems in good working order during the winter months.

Inside:

Test your smoke alarms and carbon monoxide detectors on a monthly basis.

Replace batteries every 6 months.

Flip your fire extinguisher upside down to make sure you can feel the contents move. If you don't feel the contents move, have it inspected by the fire dept or replace it.

Change/clean HVAC air filters.

Check faucets in your kitchen, bathrooms, basements and etc. for leaks and other problems.

Clean the lint out of your clothes dryer vent. Check outside vent for blockage.

Check refrigerator and freezer gaskets. Place a dollar bill on the seal and close the door. If the bill easily moves, then the seal is not working properly.

Use a vacuum with a brush attachment to clean the coils on the back of your refrigerator and freezer.

Pull off cover and clean exhaust fans in bathroom, laundry and kitchen.

Cadet heater – remove the cover, wipe off blades and use vacuum to remove excess dust.

Wood stove - burn dry wood only.

Outside:

Clean gutters and downspouts.

Do not leave hose hooked up in freezing weather. Check hose bibs for leaks.

Make sure all venting and bird blocks are in place.

Make sure window vents are clear.

Keep shrubs and weeds cut back and away from the side of house.

Do not stack firewood against the house, (3-5 feet away)

Have your chimney swept by a professional.





7 steps to stay financially fit

When you're young, checking in on your financial status might seem like something that can wait. But routinely assessing where you stand can benefit you today and down the road. Here are steps to consider.

1. Understand your assets and liabilities

The assets you own and the debts or liabilities you have determine your net worth. Assets might include cash, savings, stocks, bonds, retirement accounts, real estate and anything else of value such as cars or collectibles. Liabilities might include a mortgage, student loans, auto loans, bills due and credit card debt. Consider calculating your net worth annually by adding the value of all your assets and subtracting your liabilities. This can help you keep tabs on your overall financial picture.

Tip: If you're just out of college and have a lot of student loan debt, you may have a negative net worth. That's not necessarily bad. It just means you have some work to do.

2. Access your goals

Once a year, think about your short, medium and long-term goals. Are each still relevant? How much do they cost? Are you on track to meet them? Some long-term goals, such as traveling in retirement, may not change substantially year to year. Short-term goals, such as paying off a credit card bill, and medium-term goals, including saving for a house, may change more frequently. You might decide to reevaluate those every three to six months.

3. Check your credit

Your credit report contains information about the status of your credit accounts and your bill paying history. A good credit score is critical to qualifying for loans at the best possible rates. The Consumer Financial Protection Bureau (CFPB) recommends checking your report at least once a year to make sure it is up to date and correct. Plus, the CFPB suggests an extra check before applying for loans for big purchases like cars and houses. There are three major credit reporting agencies: Experian, Equifax and TransUnion. You can ask for a free credit report from each of them every 12 months.

4. Name your beneficiaries

When you open a retirement account or buy an insurance policy, you'll probably be asked to name a beneficiary—the person who would collect from the account in the event of your death. Marriage, the birth of children, divorce and death can affect your choice. Typically, your spouse is your default beneficiary, but you also may wish to designate children or someone else. Though designations likely will not change often, it's still a good idea to check your elections yearly to make sure they're still appropriate.

5. Manage your taxes

It's important to make sure you have enough set aside to pay your tax bill well before the annual deadline, generally April 15. The amount of federal income tax you owe each year depends in part on your tax bracket, but many factors affect it. In most cases your employer withholds taxes from your paycheck, although the amount withheld will often differ from what you ultimately owe. If you are self-employed, however, you will likely need to pay an estimated amount of tax instead, usually on a quarterly basis.

Tip: Each fall, when you still have time to make adjustments before year-end, consider checking the amount you've set aside for taxes against last year's tax forms.

6. Check if your investments and goals align

It is likely your investments, whether in retirement plans or taxable brokerage accounts, consist of mutual funds that hold various kinds of investments. Consider checking quarterly, in January, April, July and October, to make sure your selections are appropriate for your age and financial goals

7. Determine if you have the right insurance

About once a year it's important to assess the type and amount of insurance you need. If you rent your home, you may want to consider renters insurance to protect your belongings. When you buy a home, you need homeowner's insurance. Your policy should cover what it would cost you to rebuild your home—which is often more than your home's face value—as well as the current price of replacing your household items. You also may want special coverage for valuable items such as jewelry or artwork. Your insurance agent can help you assess whether you have the right type and amount of coverage.

Tip: If you have dependents, you may wish to consider life insurance, which, in the event of your death, would pay them cash to help make up for the loss of your income. You might also consider disability insurance to replace a portion of your income in case you become ill or are injured and unable to work.

Addiction is real. So is Recovery.

YOU MATTER AND WE CARE.

Let us help you back to recovery.
Make the call today, and find
out what resources are available.

- Opioid treatment
- Outpatient services
- Treatment services, referrals & more

Business Hours
Monday - Friday
8:30 am - 5:00 pm

360-426-1582



SQUAXIN ISLAND TRIBE
Behavioral Health
Outpatient Services



Homeowner Assistance Fund (HAF)

Help for Homeowners in Need

If you have experienced a financial hardship due to COVID-19 that resulted in mortgage delinquency, we may be able to help.

Attention: Squaxin Island Tribal Homeowners (on or off reservation)

The Squaxin Island Tribe, Office of Housing has received funding through the Department of Treasury for the Homeowner Assistance Fund (HAF). We are accepting applications from Squaxin Island Tribal homeowners who meet the following criteria:

1. You own the home you live in and it is your primary residence, on or off reservation.
2. You have you experienced financial hardship due to Covid-19 (after January 21, 2020) from one of the following:
 - Mortgage delinquencies
 - Foreclosure
 - Unpaid property tax
 - Past due utilities
 - Home displacement due to critical home repairs (roof, structure damage)
3. Your income falls at or below these guidelines:

1 person	(\$63,000)
2 persons	(\$72,000)
3 persons	(\$81,000)
4 persons	(\$90,000)
5 persons	(\$97,200)
6 persons	(\$104,400)
7 persons	(\$111,600)
8 persons	(\$118,800)

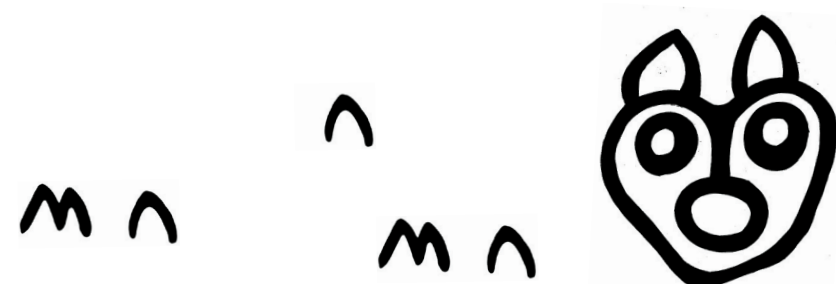


Please go to: squaxinland.org/government/departments/community-development to fill out the forms listed below. You may also request a copy of the application from the contacts listed below.

Squaxin HAF application
Squaxin Financial Assistance Form – HAF
Release of Information

If you have any questions please contact:

Lisa Peters / lpeters@squaxin.us / (360) 432-3871
OR
Liz Kuntz / lkuntz@squaxin.us / (360) 432-3937



Reminder!

Your Treaty ID Card is invalid without stickers!

Bring your receipt of payment to the NR Office to get issued your stickers.

Always carry your Treaty ID with you when harvesting. Treaty ID is required for buyers to issue shellfish and fish tickets and payments.

Need a replacement? Call Us. (360) 432-3802

DO YOU NEED A FENCE FOR YOUR DOG?

ESFORFIDO.ORG/ST-A-FENCE

IF YOUR DOG LIVES OUTSIDE ON A CHAIN OR IN A SMALL ENCLOSURE, PLEASE APPLY FOR A FREE FENCE ONLINE.





Are you concerned about your child's screen time?

Submitted by Patty Suskin, Diabetes Coordinator

Children younger than five years old should have very limited screen time and mainly use screens for educational purposes (less than an hour a day).

For children older than five and adults, guidelines are not as strict, but you should be careful that screen time doesn't interfere with relationships or responsibilities.

Too much screen time has been shown to increase the risk for behavioral problems in children, obesity, trouble sleeping, and back and neck issues.

Ideas and resources to reduce screen time:

From the National Institutes of Health:

<https://www.nhlbi.nih.gov/health/educational/wecan/tools-resources/tools-reduce-screen-time.htm>

- Remove the TV or computer from your child's bedroom.
- Do not allow TV watching during meals or homework.
- Do not let your child eat while watching TV or using the computer.
- Do not leave the TV on for background noise. Turn on the radio or play tunes from your phone . . . or have no background noise.
- Decide what programs to watch ahead of time. Turn off the TV when those programs are over.
- Suggest other activities, such as family board games, puzzles, or going for a walk.
- Keep a record of how much time is spent in front of a screen. Try to spend the same amount of time being active.
- Be a good role model as a parent. Decrease your own screen time to two hours a day.
- If it is hard not having the TV on, try using a sleep function so it turns off automatically.
- Challenge your family to go one week without watching TV or doing other screen-time activities.
- Find things to do with your time that get you moving and burning energy.

Screen time log:

<https://www.nhlbi.nih.gov/health/educational/wecan/downloads/screen-time-log.pdf>



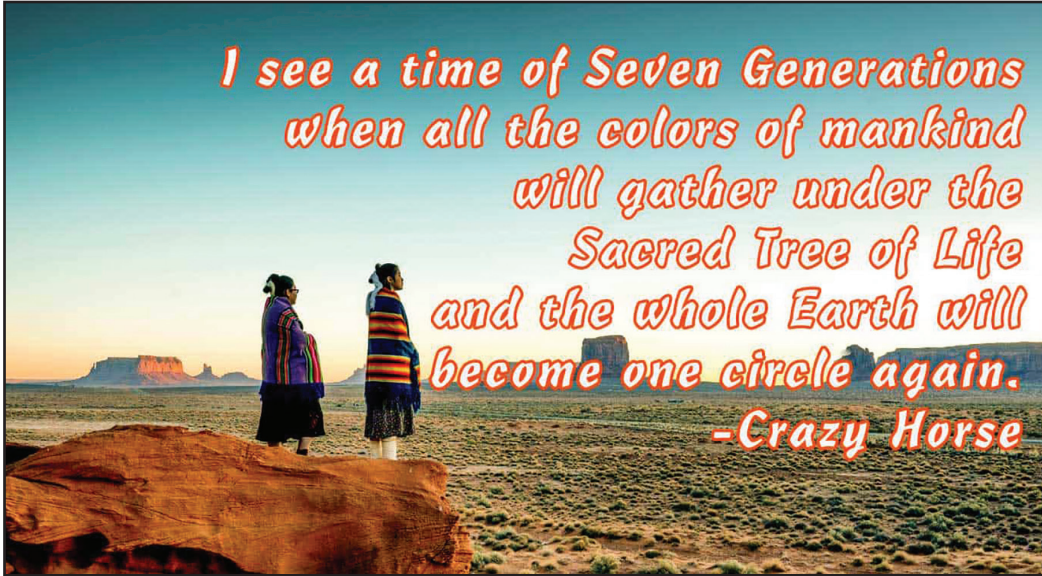
DECEMBER 9-10, 2022

LONGHOUSE HOLIDAY NATIVE ART FAIR

We're Back! Taking registration for art vendors now!

E-mail Laura

Contact Laura VerMeulen, Director
VermeuLL@evergreen.edu



Water is a great drink choice for kids!

Choose Water for the Whole Family for Healthy Hydration

Why water?

- **Super healthy:** zero calories & no added sugar
- **Good for the body:** helps keep joints healthy, good for teeth, helps blood circulate
- **Good for the mind:** staying hydrated helps concentration & focus

Your children will want to drink what they see you drinking. Drink water with your child.

Limit sugary drinks and juice. Here's why:

Water and milk are all the drinks kids need. Don't believe all the hype surrounding other drinks marketed to kids. These usually contain way more sugar than children need in a day and can contribute to poor health.

Sugary drinks: Make a rule: no sugar-sweetened beverages for children under 2 years old & limit them for older children as much as possible. This includes sports drinks, juice cocktails, sodas, lemonade, and sweetened water. **These drinks discourage a habit of drinking plain water, and can add extra "empty calories" to the diet.** They can also leave your kids less hungry for nutritious foods they really need. Added sugars can lead to excess weight gain, dental cavities, diabetes and more.

Juice: Even 100% juice should be strictly limited. It can contain some vitamins, but are high in sugar and calories and low in fiber found in whole fruit. **Once children are offered juice, it can be difficult to get them to drink plain water.** Keep these amounts in mind: Children under a year old : not drink any juice at all.
Children 1-3 years; no more than 4 ounces a day. Older children: juice only recommended if whole fruits unavailable.
Children 4 to 6: no more than 4-6 ounces a day, Children 7-18, no more than 8 ounces a day.

How to help your family choose water:

- **Infuse water** with lemons, berries, cucumber or mint for some added flavor. Keep a pitcher of cold water in the refrigerator.
- **Freeze fruit inside ice cubes.** (children can help fill the trays). A great addition to water anytime.
- Delight kids with **special water bottles** or cups of their own & bring them whenever you go out.

Source: Healthychildren.org

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn't discriminate.

ZERO^{TO} 60

NO SUGARY DRINKS!

TAKE THE 30 DAY CHALLENGE!

Every day you only drink water, color a smiley face!

Commit to drinking only water every day for one month!

I, _____ will drink water instead of sugary drinks this month. (print name)

Need Refills at the Pharmacy?

PLEASE ALLOW 3 to 5 BUSINESS DAYS TO REFILL YOUR PRESCRIPTIONS. (This does not apply to new prescriptions)

WHY?

1. We want you to continue with your treatment plan without interruption.
2. Our clinic and pharmacy is growing, so more people need medications.
3. This allows doctors time to review the charts.
4. This allows the pharmacy to process the refills and order the medication if needed.

PLEASE ALLOW 3-5 BUSINESS DAYS FOR REFILLS

PLAN AHEAD

PLEASE ALLOW 3-5 BUSINESS DAYS FOR THE PHARMACY TO REFILL YOUR PRESCRIPTIONS. (This does not apply to new prescriptions)

WE APPRECIATE YOUR COOPERATION. THANK YOU!





To contact a
Squaxin Island
Police Officer Call:
360-426-4441

If it is an
EMERGENCY
CALL 911



Covid-19 Statistics August 15 - September 15

Vaccinations

VACCINE	1st Dose	2nd Dose	Booster 1	Booster 2
Moderna	0	1	3	3
Pfizer (5-11 year-olds)	0	1	0	0
Pfizer (12 and up)	0	0	0	0
TOTALS	0	2	3	3

THROUGH PANDEMIC	Fully Vaccinated 2,329	Vaccines Provided 2,792
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Tests

Positive	Negative	Total Tests
4	10	14



Vaccine Status

	Non-Vaccinated	1 Dose	2 Doses	Boosted
Positive	0	1	1	2
Negative	1	2	1	6

Vaccine Status Percentages

	Non-Vaccinated	1 Dose	2 Doses	Boosted
Positive	0%	7%	7%	14%
Negative	7%	14%	7%	43%

Denture Care

Submitted by Carly Goltiani
Registered Dental Hygienist, Squaxin Island Dental Clinic



If you have dentures or are in the process of getting dentures, know that you are not alone. According to the American Dental Association, it is estimated that at least 120 million people have at least one tooth missing and 36 million people have no teeth at all (also known as edentulous.) Of those that are edentulous, 90% have dentures. Dentures can be made from several different materials with the teeth made from either a polymer-plastic or porcelain and the base resin and/or metal. Sometimes the dentures can be retained in the mouth using implants, depending on if the patient has adequate bone levels and no major risk factors, such as smoking. Proper care of dentures and the gum tissues are very important. Inadequate cleaning can lead to problems such as chronic inflammation, ulcerations and infection.

Tips for proper maintenance of dentures:

- Dentures and implants should be cleaned daily. Use a denture brush to remove stains and debris from the denture. Use a soft toothbrush and toothpaste to clean around any implants.
- Dentures should be taken out every night and soaked in cool water with a denture cleansing agent. Denture cleansers are not designed to be used in the mouth and should be rinsed off prior to placing the dentures back in the oral cavity. Toothpaste or dish soap are acceptable alternatives for cleaning dentures. Do not use bleach or any other non-specific commercial cleaners for cleaning dentures. Do not use warm or hot water for soaking, which can warp the dentures.
- Removing the dentures for several hours every day will help the gum tissue have time to “breathe.” This can help the tissue recover from being under the dentures all day.

It is important to see the dental professional every six months to a year for regular denture and tissue checks, removal of hardened debris and stains and fit.



Spend More Time in Nature to Improve your Health!

Submitted by Patty Suskin, Diabetes Coordinator

Source: PRA - Nature Prescribed (parkrxamerica.org)

Hundreds of scientific studies have demonstrated the health benefits of spending more time in nature for both children and adults. Check out the highlights below and /or details the website.

Physical Health Benefits:

- Increasing physical activity and improvement in obesity rates
- Decrease in Diabetes
- Decrease in Hypertension (high blood pressure)
- Improvement in Heart Health
- Improved Sleep
- Improved Immunity
- Improved Birth Outcomes for pregnant women
- Decrease in Asthma



Mental Health Benefits:

- Less Depression
- Decreased Stress and Anxiety
- Improved ADHD Symptoms
- Increased Focus
- Increased Sense of Well Being, Self Concept and Resiliency

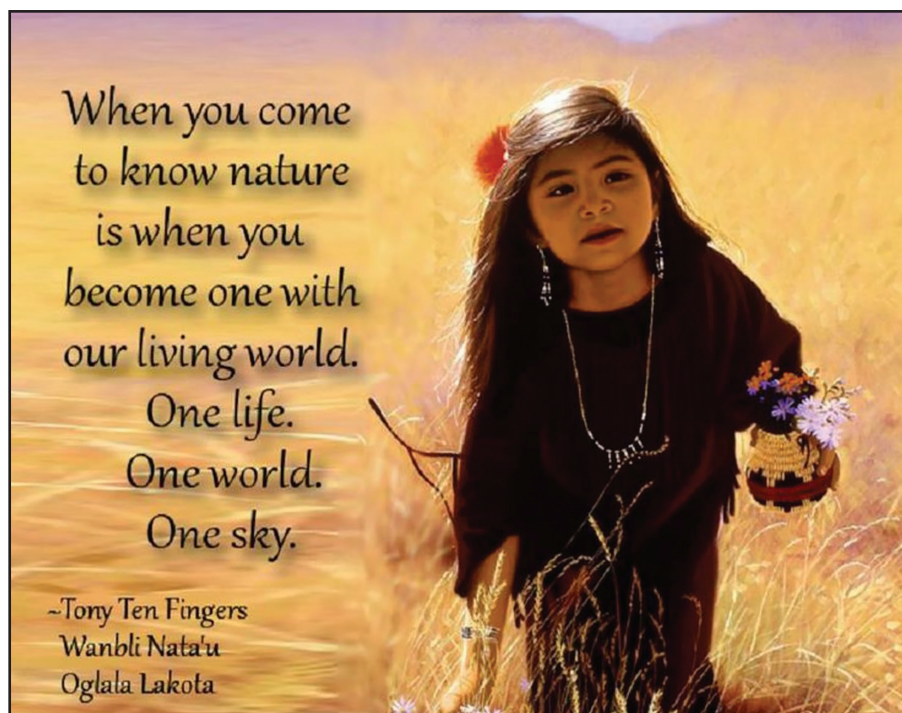


Write your own Nature Prescription:

<https://parkrxamerica.com/patients/write-your-own-nature-prescription.php>

Have you heard of “forest bathing?”

Forest bathing encourages people to simply spend time in nature - no actual bathing required.



TAKE THE ZERO^{TO}60 CHALLENGE

TIPS FOR A SUCCESSFUL CHALLENGE

SPREAD THE WORD! Tell your friends and family you are taking the challenge so they can support you. Encourage them to take the challenge too!

REMOVE. Get rid of all sugary drinks in your house. Remove soda, sports drinks, sweet teas and juices. Don't restock on your next trip to the grocery store. :-)

MOTIVATE. Keep motivated by posting positive messages around your house. Stay in contact with others doing the challenge to support one another.

DRINK UP. Continue to drink water instead of sugary drinks for the entire month. Your target is to drink 60 oz of water each day.

POST IT. Throughout the month share videos about your progress. At the end of the month make a final video about how much better you feel. Remember to share your stories with us on social media!

KEEP IT UP. Don't stop! See how long you can go without sugary drinks!

MEASURE IT. Drink from a large water container to help measure your daily water intake.

TRACK IT. Keep track of your daily water intake by using the pledge form on the Zero to 60 Challenge website:

www.nb3foundation.org/zero-to-60

DON'T LET SUGAR SHAPE YOU.

Can you make it a whole month without sugary drinks?

Share your journey with us!

[f](#) [t](#) [v](#)

@NotahBegayFoundation
#ZeroTo60 #DontLetSugarShapeYou
#HealthyKidsHealthyFutures



Elders Menu . . . Fruit and salad at every meal

MONDAY 3:

Twice Baked Potato Casserole,
Carrots

MONDAY 10:

Chicken Alfredo, Green Beans

MONDAY 17:

Tuna Casserole, Peas

MONDAY 24:

Chicken Pot Pie

MONDAY 31:

Fish-N-Chips

TUESDAY 4:

Broccoli Cheddar Soup, Biscuits

TUESDAY 11:

Tomato Basil Ravioli Soup,
Grilled Cheese

TUESDAY 18:

Chicken Noodle Soup,
Egg Salad Sandwiches

TUESDAY 25:

Baked Potatoe Soup,
Turkey Sandwiches

WEDNESDAY 5:

Stroganoff, Brussel Sprouts

WEDNESDAY 12:

Goulash, Corn

WEDNESDAY 19:

Steaks, Steamed Potatoes, Broccoli

WEDNESDAY 26:

BBQ Ribs, Mac-N-Cheese,
Baked Beans

THURSDAY 6:

Indian Tacos

THURSDAY 13:

Chicken Burgers, Mac Salad


THURSDAY 20:

Hot Dogs, Chips

THURSDAY 27:

Salmon, Roasted Red Potatoes,
Brussel Sprouts





EMERGENCY

CALL **9-1-1** FIRE
POLICE
MEDICAL
RESCUE

SQUAXIN ISLAND TRIBE

Non-Life Threatening Emergencies

Emergency Operations Center (EOC) Hotline (Information only - no voicemail) (360) 432-3947	Squaxin Police Department Office Hours Monday - Friday 8:00-4:00 (360) 432-3831
Community EOC Hotline (Questions and voice mail message) (360) 443-8411	PUD No. 3 Outage Hotline (360) 426-8255
Emergency Management Coordinator (360) 443-8410	Mason County Police Dispatch Non-Emergency (360) 426-4441
Community Emergency Response Team (CERT) (360) 426-5308	Mason County Fire Non-Emergency (360) 426-3348

Squaxin Island Workforce Development

BSFTC Teacher Search



**Attention any and all Artists/
Creative people!**

We are in search of people to come teach your craft at our Building Strong Families Through Culture (Craft Class) on Tuesdays from 04:00pm—07:00pm!

If you're interested or know someone that would love to teach have them reach out to Michael or Wicket at Squaxin Island Family Services please bring in an outline of experience as well as what you would like to teach

If you have any questions don't hesitate to reach out to us we can answer any questions you may have

Michael Henderson: MSHenderson@squaxin.us
Susan LaClair: smcfarlane@squaxin.us





1
Carmen Dee Orsillo
Donna Penn
Jess Travis Ehler
Shirley Marie Monahan

3
Adam Wade Mowitch
Joshua Gregory Smith

4
Lorenzo A. Solano
Nicole Lee Seymour
Steven Robert Sigo Jr.

5
Amanda Lee Maynard
Beth Ann Robinson
Lydia Ann Buffington

6
Jeremiah Micah Schlottmann
Michael Shawn Todd
Russell Lane Pleines
Shiloh Ann Henderson

7
Kalani Amor Castillo
Michael David Krise
William Raymond Peters

8
Alea Lynn Janine Shea
Audelia Marie Araiza
Theresa J. Davis

9
Addison Yvette Peters
Colton Jeffery Gott
Mathew Anthony Nelson
Ronald Day Jr.

10
Christina Smith Claridy
Ernest Leonard Pluff Jr.
Justina Marie Hess
Kade Benavente Whitener
Owen David Dorland
Susan Ann Clementson

11
Dontae O. Hartwell
Michael Alan Peters

12
Larry Douglas McFarlane Jr.
Paxton John Ackerman
Sharen I. Ahrens

13
Jericho Lon Hartwell
Julian Sorin Hawk Masoner
Steven Robert Sigo

14
Savannah R. Fenton

16
Bobbie L. Filipetti
Leo Eugene Henry Jr.
Troy Tye Baxter

17
Kelly Leanne Bell
Mitchell Elliot Coxwell
Ruth Branch Allen
Wilson Charles Johns

18
Christina E. Price
Clara Rose Seymour-Luby
Danielle Charlene Whitener
Micha James Roberts
Shanika Rose Diane Cooper

19
Christine Thompson
Trelace` Rose Sigo

20
Jacey Cruz Gonzales
Michael Henderson Jr.
William Austin Randy John

21
Bear Jon Lewis
Draven Brown
Giovanni Xavier Solano
Leroy Yocash Jr.
Sean Robert Spezza

22
Anthony Raymond James
Danielle Lyne White

23
Erik Jason Johnson

24
Marjorie S Hill
Roger Allen Turner-Ford
Rolayno Jay Charters
Rose Ann Davis

25
Cloe' Angelique Martin
Erika Ada Thale

26
Kasia Lee Seymour
Lisa Marie Johns
Selah George Thale

27
Ellen M. Davenport
Grace A. Scout
Mario Lee Rivera

28
Andrew Stephen Crone

29
Adrian James Wier
Arthur Barragan
John Edward Krise
Mariano C. Bello
Marvin Stanley Henry III
Ronnie Patrick Johns
Zackary Taylor Sayers

30
Autumn Dancing Fire Wily
Carie Ann Kenyon
Josef Turner Sigo
Tori Anne Willis

31
Chantel Vendella Afo-Krise
Hayden Joseph Seymour
Leanora Isabella Afo-Krise
Marvin Stanley Henry Jr.
Sam Emilio Luby
Tanya Gaylene Zock
Tarvail Roy Garcia
Wilma Moneaka Morris



COMMITTEES, COMMISSIONS & BOARDS

Please visit:

<https://squaxinland.org/tribal-member-info/committees-commissions-and-boards>



SQUAXIN COMMUNITY
CULTURE
NIGHT

Wednesdays
5pm-6:30pm
@ the
Squaxin
Museum

Meals Provided

This is a drug & alcohol free event



What's Happening

Olympia Indigenous Peoples Day	October 10
Trunk-or-Treat	October 28
Court:	
Family Court:	October 6
Criminal/Civil Court:	October 11
Vulnerable Adult Court:	October 20
USDA FOODS WIC	October 7 October 11





Squaxin Island's Workforce Development Building Strong Families Through Culture



When: Every Tuesday!


Time: 04:00pm – 07:00 pm

Who can attend? Open to anyone and everyone!

Location: Squaxin Island Community Kitchen!

Guest speakers will be in attendance






Squaxin Island Museum Library & research Center

ANNUAL HOLIDAY BAZAAR

November 4th 9:00 to 5:00
November 5th 9:00 to 4:00

Native American Vendors providing unique gifts for your friends & family members
Carvings, wool knitted clothing, bead work, & basketry. Our museum staff will hold a raffle, and sell baked goods.

*Located at 150 SE Kwuh-Deegs-Alxtw Shelton WA 98584
360-432-3839*





SKID ROW

Quiet Riot

Saturday **OCTOBER 8**
Doors Open | 7PM
Show | 8PM

TICKETS: \$49/\$59/\$69
SKOOKUM CREEK EVENT CENTER



Bill Engvall

Saturday **OCTOBER 22**
Two Shows | 6PM & 9PM
Doors Open One Hour Prior

TICKETS: \$49/\$59/\$69
SKOOKUM CREEK EVENT CENTER



INTO THE UPSIDE DOWN HALLOWEEN PARTY

\$5,000 COSTUME CONTEST

Saturday **OCTOBER 29**
9PM-1AM

TICKETS | \$25 GENERAL ADMISSION
SKOOKUM CREEK EVENT CENTER

REWARDS MEMBERS RECEIVE
A \$5 DISCOUNT AT THE PLAYERS CLUB



VINCE NEIL

PERFORMING ALL THE HITS

Saturday **NOVEMBER 19**
Doors Open | 7PM
Show | 8PM

TICKETS: \$49/\$59/\$89
SKOOKUM CREEK EVENT CENTER

SKYBOX FOR NINE PEOPLE | \$2,000*
CONTACT PLAYERS CLUB FOR SKYBOX AVAILABILITY

*INCLUDES TICKETS, SKYBOX PASSES, ACCESS TO VIP BAR, TWO DRINK TICKETS PER PERSON, CATERED FOOD



LITTLE CREEK CASINO & RESORT

LITTLECREEK.COM | 1.800.667.7711

MUST BE 21 AND OLDER. SEE PLAYERS CLUB FOR MORE DETAILS



Little Means More!




Squaxin Island WIC
(Women, Infants, and Children)

provides healthy foods & nutrition information for you and your child up to age 5.

Please have available:
Your child's height & weight, Provider One Card or paystub and identification for you & your child

Contact at SPIPA for an appointment:
Patty at 360.462.3224,
wicnutrition@spipa.org
or
Debbie Gardipee-Reyes 360.462.3227
gardipee@spipa.org

Main SPIPA number: 360.426.3990


Next WIC:
Tues., Oct 11, 2022

We are continuing remote phone appointments through January 2023 due to the COVID-19 virus

We will call you on your appt day

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn't discriminate.






South Puget Intertribal Planning Agency


USDA Foods Program
October Dates

PT. GAMBLE S'KLALLAM	10/5/22
SQUAXIN ISLAND	10/7/22
SKOKOMISH	10/12/22
NISQUALLY	10/14/22
CHEHALIS	10/21/22



NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staff have other duties that they are responsible for on the days they are not issuing commodities. If you're unable to make the date, please call and schedule an appointment with appropriate staff. For USDA Food, call SPIPA at 360.426.3990

This institution is an equal opportunity provider.





Squaxin Island's Workforce Development
Building Strong Families Through Culture
Cook Search

SEARCHING FOR INDIVIDUALS WITH EXPERIENCE COOKING FOR LARGE GROUPS OF PEOPLE ONCE A WEEK ON TUESDAY EVENINGS. THIS WILL BE FOR OUR BUILDING STRONG FAMILIES THROUGH CULTURE CLASS LOCATED AT SQUAXIN ISLAND COMMUNITY KITCHEN. THIS IS A PAID POSITION AND NECESSARY GROCERIES AND SUPPLIES WILL BE PAID FOR BY THE WFD PROGRAM. IF YOU'RE INTERESTED PLEASE EMAIL MICHAEL HENDERSON WITH YOUR OUTLINE OF EXPERIENCE.

M5Henderson@squaxin.us
(360)432-3964

Natural Resources Department Surplus Bid Auction

Daniel Kuntz - The Natural Resources staff has determined that the department no longer has a need for a few items. We would like to offer these items to the community in a sealed bid auction. We will accept sealed bids until 4:00 p.m. on October 28th. Bids will be reviewed, and the winner will be notified the following week. The winner will then have two weeks to pay. If the winning bidder fails to pay, then the next highest bid will be accepted. All items are sold "as-is".



2006 Chevrolet Impala sedan
VIN 2G1WS581569395556
Currently has a dead battery and mold on the interior

Sold "as-is"
Buyer responsible for transport



5000# Capacity Tandem Axle Boat Trailer
Needs work

Front left bearing needs immediate replacement

Sold "as-is"
Buyer is responsible for transport



2015 Evinrude E-tec 150 HP Outboard Motor
Unknown hours

Sold "as-is"
Buyer is responsible for transport

