

Capitol Lake to Revert to Estuary



Ty Vinson | The Olympian - The state’s Department of Enterprise Services (DES) will recommend allowing Capitol Lake to revert to an estuary, its final Environmental Impact Statement (EIS) for Capitol Lake says. It’s really the only choice if the water is to ever meet state quality standards again, according to an Oct. 31 news release from the DES. Estuary restoration achieves project goals, such as improving water quality and managing sediment, better than the other alternatives, which were managing the lake as is or creating a hybrid of a lake and estuary. An estuary also will allow for more community use, with healthier waters for recreation. And it restores more than 80 acres of marsh habitat that once existed in the area. The estuary option also has the broadest stakeholder support, according to the EIS.

Along with allowing boating throughout the lake basin and West Bay, the state says boardwalks, a dock and a boat launch would be constructed. The Fifth Avenue bridge and dam would be removed, creating a 500-foot opening in its place that would restore tidal flow and allow the Deschutes river to flow into the inlet. A new bridge would be constructed with bicycle and pedestrian lanes.

Key elements of the Estuary Alternative include initial dredging in the Middle and North Basins of the lake during project construction; establishing shoreline habitat in the Middle and North Basins; a new Fifth Avenue bridge south of the existing dam and bridge with vehicle lanes, bicycle lanes, and sidewalks in each direction; removal of the Fifth Avenue dam; boardwalks in the Middle and South Basins; restoration of boating and fishing; implementation of a Habitat Enhancement Plan; and recurring maintenance dredging in West Bay.

Gov. Jay Inslee said the final EIS is a turning point in decades of work between local jurisdictions and in coordination with the Squaxin Island

Tribe. “I appreciate the commitments and efforts of everyone to ensure these plans help improve the ecosystems that support Chinook salmon and Southern Resident orcas,” Inslee said.

Squaxin Island Tribe Chair Kristopher Peters said the Deschutes Estuary has long-standing cultural and spiritual significance to the Tribe. “Restoration of the Deschutes estuary is a meaningful step toward the larger effort to improve the health of the Deschutes watershed for native species,” Peters said. “It also compliments Department of Ecology water quality improvement plans for the upper watershed and in Budd Inlet and Port of Olympia plans to address contaminated sediment.”

Olympia Mayor Cheryl Selby said the city is in full support of the estuary and Memorandum of Understanding that outlines the work and funding plan. Several agencies, including the city and state, will pay for the restoration project, if all goes according to plan. “Estuary restoration is best aligned with our regional climate adaptation goals and would help reduce flooding in downtown Olympia,” Selby said. “Removing the 5th Avenue dam and freeing the Deschutes will also begin to address the social justice and equity impacts to our local tribes and is a rare opportunity to restore scarce tidelands and the overall habitat of the Salish Sea.”

The funding and governance plan goes through 2050 and includes who’s responsible for what, including sediment dredging schedules, boardwalk and bridge construction and more.



Mark your Calendar!

2023 Winter General Body Meeting

JANUARY 21, 2023

9:00 AM

Little Creek Casino

Sa-Heh-Wa-Mish Room

Don't miss this opportunity to meet with your Tribal Council Members!

If you have any questions please reach out to
Melissa at mpuhn@squaxin.us



TRIBAL NEWS

10 S.E. Squaxin Lane
Shelton, WA 98584

PHONE: (360) 426-9781
TOLL FREE: (877) 386.3649
FAX: (360) 426-6577
www.squaxinisoland.org

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

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THERESA M. HENDERSON: EXT. #3945
thenderson@squaxin.us

Record Number of Coho Return to Goldsborough Creek

Photos by Emmett O'Connell, NWIFC

More than 140,000 juvenile coho salmon departed the Goldsborough Creek watershed this year, an exciting milestone after the Squaxin Island Tribe and partners teamed up more than 20 years ago to remove a fish-blocking dam.

It's a new record, and more evidence the tribe's determined efforts—including not just the dam removal but subsequent and still-ongoing habitat restoration—have been a boon.

"It's a trend we've been seeing for the last 20 years," said Daniel Kuntz, a biologist with the tribe, noting the run included 6,000 salmon the year after the dam was removed and has trended upward since then, hitting 140,496 this year. "This is a testament that if you invest in the ecosystem, the fish can return."

The Goldsborough Dam, which had sat in place for more than 70 years, was removed in 2001 thanks to a cooperative effort between the tribe, dam owner Simpson Timber Co. and local, state and federal agencies. It opened up 25 miles of potential salmon habitat.

"We are excited to keep seeing these runs increasing. This is a barrier removal that had an immediate response," Squaxin Island environmental program manager Scott Steltzner said.

The removal was a milestone, but far from the end of work that needed to be done. In the years since, the tribe—often working with businesses, nonprofits and government agencies—took on several efforts to further restore habitat.



Logjams constructed along Goldsborough Creek, in addition to several other habitat projects, have led to historic runs of juvenile coho.

Those efforts included the addition of wood structures to the stream to give salmon places to feed and find refuge, and the replacement of fish-blocking culverts upstream of the old dam site—work that opened 2 miles of spawning and rearing habitat that hadn't seen salmon in 114 years. Another partner, the Capitol Land Trust, took steps to preserve 320 acres of streamside habitat that would have been developed otherwise.

Kuntz said, "I think there's a lot of gloom and doom out there, but there are good examples of where our work is paying off."





Squaxin General Welfare Program

Tribal Council recently approved a "General Welfare" Program. Under this program, Tribal Members may irrevocably disclaim the right to receive per capita payments in order to become eligible for advance reimbursement of qualifying general welfare expenses.



Instead of receiving a taxable quarterly per capita payment, members can receive a **tax free** reimbursement of qualifying general welfare expenses.

What qualifies for General Welfare Expenses?

For questions, more details & signing up info, contact:

Jenn Ogno
360-426-9781
jogno@squaxin.us

Sign up online at:

squaxin.org/general-welfare

Forms are also available at

- Housing Needs (mortgage payment, down payment, rent, home repairs, home enhancement, property taxes)
- Educational Programs (tuition, room & board, vocational needs)
- Elder & Disabled Needs (home care, meals, transportation, medical needs, adaptive housing, special needs)
- Cultural / Religious Expenses.
- Funeral / Burial Expenses.
- Medical Expenses

Under the General Welfare Program, records of the above must be maintained by the Tribal Member for IRS reporting purposes.

Any applications that were previously submitted will need to be resubmitted with the new form by December 15th.

https://squaxin.formstack.com/forms/general_welfare_opt_in_program

Elders Trip to the Holiday Lights at Jamestown S'Klallam

DATE: Thursday, December 15th



We will be leaving the Elders building at 12:30 p.m., stopping at Seven Cedars Resort for a no-host lunch for 1-2 hours, then on to the Jamestown S'Klallam properties for the Christmas lights (as long as we have enough people sign up).

Sign up ASAP by stopping by the Elders building

ONE OF THE BEST LIGHT DISPLAYS WEST OF SEATTLE

Over 2.5 million LED lights adorn the Jamestown S'Klallam Tribal properties again this year. Displays are at the Jamestown S'Klallam tribal government campus, the Longhouse Market and Deli, the Blyn Firehouse, Cedar Greens, 7 Cedars Hotel and Casino, Jamestown Family Health Center, and The Cedars at Dungeness Golf Course. The lights come on before dusk and turn off just after sunrise.

For the 15th year, P. Walker Inc. of Gig Harbor has installed lights for the Tribe, this year spending nearly 7,500 hours in November.

Traci Coffey, Elders Activities Coordinator
Cell: (360) 463-3385
Direct: (360) 432-3868
tcoffey@squaxin.us



Elders Craft workshops

Thursdays from 10:00 - 12:00 p.m.
Elders building.



Squaxin Island WIC (Women, Infants, and Children)

provides healthy foods & nutrition information for you and your child up to age 5.
Please have available:
Your child's height & weight,
Provider One Card or paystub
and identification for you & your child

Contact at SPIPA for an appointment:
Patty at 360.462.3224,
wicnutrition@spipa.org
or
Debbie Gardipee-Reyes 360.462.3227
gardipee@spipa.org

Main SPIPA number: 360.426.3990



Next WIC:
Tues., Dec 13, 2022

We are continuing remote phone appointments through April 2023 due to the COVID-19 virus
We will call you on your appt day

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn't discriminate.



New Employees



Kameron Weythman
Homework Helper

Hi! I have been hired as a Homework Helper at the Learning Center.

My parents are Tamika Green and Justin Weythman.

I recently worked at summer youth.

I am excited to have job experience in the Tribe.



Tristan Coley
Garden Tech 1

Hi! I have been hired as the Garden Tech 1 Native Plants Program Intern at the Northwest Indian Treatment Center.

I come from the Blueback family, and I am excited to learn more about native plants as well as making salves. I look forward to working with you.



Jayden Holden
SICDC Maintenance

Hi! I have been hired to do maintenance for the Squaxin Island Child Development Center.

My mom is Jenna Reboin, who works for Mason Transit, and my dad works in a warehouse.

I've worked with the Tribe before for summer youth, and I've done construction too.

I'll be back in the workforce and able to keep the Child Development Center clean. My OCD has me excited to see everything become clean and neat.

I am excited to be able to work with all of you.



Lillian Sigo
SICDC Assistant

Hi! I have been hired as the Squaxin Island Child Development Center (SICDC) Assistant.

My mom is Janette Sigo.

I am excited to spend time with the kids.



Employment Opportunities:
squaxiniland.org



LITTLE CREEK

CASINO ♦ RESORT



December Updates from Little Creek

- Boardwalk venues opening soon! Restaurants will include Legends Cheesesteak, Kamilche Pizza, Red Cedar Espresso, and Creekside Wok.
- Little Creek will be offering specialty brick oven pizza! Buy the slice or...buy the whole pizza. We're sourcing the finest ingredients to offer gourmet style pizza options the entire family will enjoy.
- The New Years Eve celebration is going to be Out of This World! Tickets are on sale now for the NYE Party in the Skookum Creek Event Center that includes the midnight balloon drop and DJ Smylez mixing it up all night! Live in Starlight Lounge will be the popular band Stir Crazy who perform new hits, classic and pop rock and they're will be plenty of party favors to help ring in 2023. Cash drawings on NYE will run each hour from 7:00 p.m. to 1:00 a.m. for \$2,023 and continue on New Years Day from 3:00 p.m. to 9:00 p.m. every hour! Black Card members earn an extra \$500 if drawn and Gold Card members get an extra \$1,000!!!
- Win some extra Christmas Cash during our exclusive tribal Bingo session! The session will begin at 7:00 p.m. on December 22nd. Early bird options will not be available, just regular games. Bring out the best glow gear you have because we're Daubin the Dark with live music by DJ Myles! This is a FREE bingo event open to Squaxin Island Tribal Members 18 years or older.



Salish Cliffs Recently Wins Two More Awards!

Salish Cliffs Golf Course has won many awards over the years and the trend continued in 2022. The year started with the course being honored as a Distinguished Golf Destination by Boardroom Magazine. After this, Salish went on to be named in the Top 100 Public Golf Courses across the US, Top 100 Resort Courses, and the Best Courses you can Play in Washington by Golfweek Magazine. These awards prove year after year that Salish Cliffs is a nationally respected course to play and experience. Recently, two more awards have been given to the course, Top 10 Casino Courses and a Best Course to Play in the Fall!

Salish Cliffs came in tied for 7th Place in the 2022 Top 10 Casino Courses rankings published by Golfweek Magazine, that is owned by USA Today. This ranking is significant because of the courses that are mentioned in the rankings, which include the Wynn Golf Club (19th) at the Wynn Las Vegas, Sandia (32) at the Sandia Casino & Resort in New Mexico, and most notably Circling Raven (20th) at the Coeur d'Alene Casino & Resort in Coeur d'Alene, Idaho. These three courses are very well respected throughout the golf community and it is very special for Salish to be ranked at a higher standing than all three. These rankings compiled by Golfweek are chosen by their strenuous and ongoing process, "The hundreds of members of Golfweek's course-ratings panel continually evaluate courses and rate them based on our 10 criteria." You can find the entire article and rankings on our Facebook page.

Most recently, Salish Cliffs was named by Golf Digest as one of the Best Courses to play during the Fall golf season. Golf Digest wrote about Salish as "...a must-play public course in Washington for its scenic views and strong conditioning. Towering trees frame most holes and require a golfer keep their tee shots in play, with little recovery options given off some fairways." This award is most notable because it shows the pure beauty of the course and its location in the Kamilche Valley. You can find their entire write-up and ranks on our Facebook page as well.

Overall, 2022 has been a great year for Salish Cliffs and the honors the course has received. We look forward to 2023 and what can be accomplished in the upcoming year. For all up-to-date information, make sure to follow Salish Cliffs on Facebook, Instagram, and Twitter!





Steamboat Trading Post

Steamboat Trading Post re-opened October 5th and looks incredible. If you have not been inside yet, stop by and check it out! The community has given a great response to the re-opening, expressing to staff how much they missed our presence on Steamboat Island. Remodeling STP allowed us to gain proper storage and space for the product. This also allowed us to fix damaged/rotten building materials with new materials that will last much longer. The canopies over the fuel pumps were installed in November, just in time for the rain! Keep an eye out for a flyer with information on a Customer Appreciation event!



December 7th

KTP will close at 8 AM.

KTP Express will close at 11 AM.

This includes the fuel pumps during those times.

This is due to deep cleaning.

Apologies for any inconvenience.



Construction in Tumwater



Construction has officially started at our property located in Tumwater on Capitol Blvd. This project is moving right along, and we are excited for the community to see what we have in store! We cannot wait to have more of a presence in Thurston County. Stay tuned to find out our next steps.



Trading Post Stores Christmas Hours

Kamilche Trading Post:
9:00 AM— 7:00 PM

Drive—Thru:
9:00 AM — 7:00 PM

KTP Express:
9:00 AM— 7:00 PM

Steamboat Trading Post:
9:00 AM — 7:00 PM

Merry Christmas!



Turkey Basket Distribution!

When: December 16th 4 PM -6 PM

Where: Community Kitchen

Each basket will include a Christmas Turkey, and a bag with some sides.

1 Basket per household, minimum of 18 Years old.

Squaxin Island Tribal Member Only.

Tribal Member must be present to pick up.

Baskets are distributed on a first come basis.

Squaxin Island Family Services will be handing out Gift cards for Tribal members, 18 Years or older.

1 Gift card per household.





LEARNING CENTER



Bordeaux Elementary

Tamika Krise - Hello all of my beautiful Indigenous creatures! Over the last few weeks of putting our candy and costumes away, we got closer to the end-of-the-year holidays. Before Turkey Day and Christmas, we got to celebrate November, our Native American Heritage Month.

At Bordeaux we had two other special events for our community, Elders Volunteer Day and an assembly featuring cultural activities.

Elders Volunteer Day was a day when a group of our Elders had the opportunity to come in for a visit with our littles and sit and converse with them at lunch and push them on a swing. The idea was for our youth to get to know our Elders as well as for our Elders to get to know the youth. We want our youth to know that, even if they don't have a blood Kaya or Scapa, they always have an Elder and a village rooting for them.

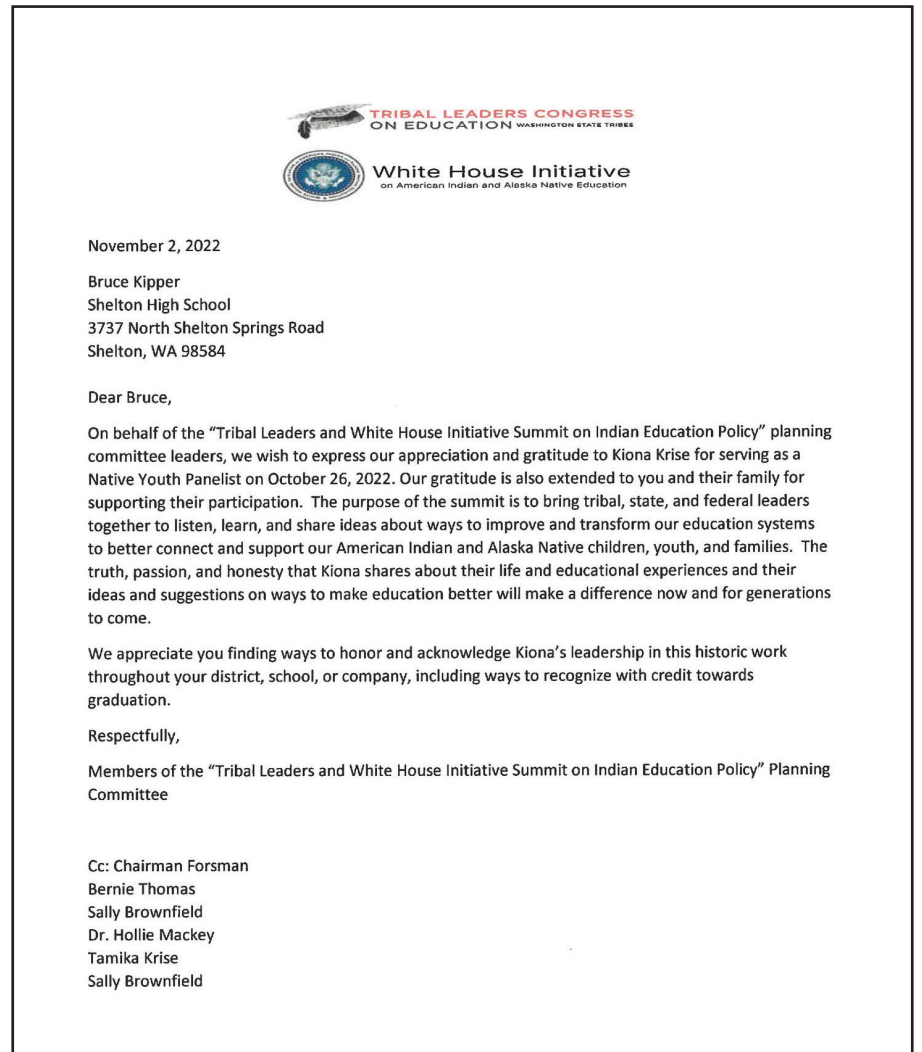
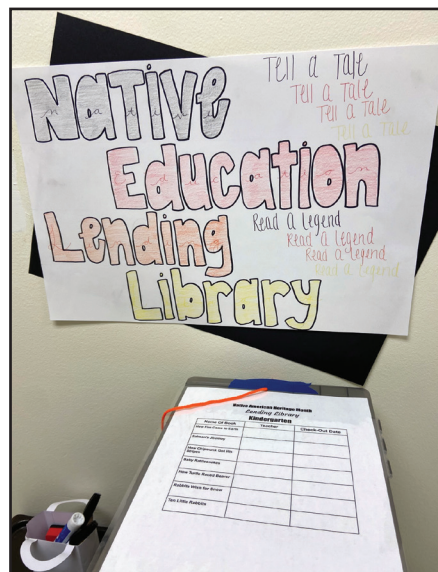
On November 22, we put on an assembly for all the littles. This assembly had drumming, singing, and dancing, as well as some education for our neighbors who don't quite understand our culture, yet. At this assembly, we brought in a group of teens so our youth could see that you are never too young to get involved and make an impact.

Look for pictures in January's Klah-Che-Min of our Elders Volunteer Day and our Native American Heritage Month assembly!

Another small idea we had is our Native American Heritage Lending Library. This month we chose some books to be checked out by the teachers for them to read to their classes. I love this idea because it is a step towards normalizing reading from Native American authors, as well as giving our native youth a book to relate to.

On top of everything, our students are doing well and trying hard. It warms my heart to see our native youth achieve so much. Seeing them come in and do homework after a full day of school and seeing them setting new, higher standards is so awesome.

This all being said, I want to share one of our Third Grade Top Dogs. Congrats Milah Hawks!



Way to go Kiona!

Way to go Kiona! Make plans to attend the November 22 School Board meeting to watch Kiona receive recognition from Superintendent Jessee! The meeting will be at Mt. View Elementary at 6:00 p.m.!

We are so proud of Kiona and her ability to share her voice with tribal and government leaders. Her maturity, grace, and leadership are humbling. It is so rewarding to watch our youth shine!





Olympic Middle School

Kiana Wily

Native American Heritage Month:

November was a month of gain for the Native Ed Department at OMS. We had set up a beautiful display that was a collaboration of our staff, students, and the Squaxin Island museum. Thank you to everyone who provided something or helped set up our display. It brought many smiles and a sense of familiarity to our native families here at OMS and has given good medicine to everyone who stopped to look in and observe all the special things the case has to hold. We have had a lot more engagement in the Native Ed room, and it is being noticed by students, staff, and administration that we are in need of some more space for our students and our activities. Hopefully this is something we will get to see in the next school year.

Land Acknowledgement

One thing that started this month and has now been added to the weekly Olympic Middle School routine is a land acknowledgement. Every Monday, when doing the morning announcements, a land acknowledgement will be included, acknowledging the Squaxin Island Tribe ancestral lands the school resides on. We very much appreciate the support we have received from the Squaxin Island museum this month in helping us with the display and being a trusted resource for Lushootseed language as we work to incorporate the language into the daily school norms.

Read! Read! Read!

The multiple years of navigating through Covid-19 has left almost every one of us behind in one way or another. It has been a goal for us all just to get back on track with our lives, routines, and academics. After the data from last year, it was clear that almost all of our students need more support when it comes to literacy and reading. OMS now has a new approach when it comes to English Language Arts called Balanced Literacy. Balanced Literacy gets the students involved at their own personal skill level. An initial lesson is given to the entire class and there are different handouts of different difficulties depending on what the student's reading/writing level is. All the class work is put into each student's own journals so that their progress can be tracked. Kids do group and individual reading at school, but it is so important to keep the reading up at home. Even

just 20 minutes a day really does help your child improve and succeed! Reading and writing are skills that are needed in every other class kids take through their academic years; so please, encourage reading with your kids! Many of our students got themselves some awesome books from the book fair last month. Check in with them and see if they read them! OMS students do not have assigned homework to bring home, but they should be doing their reading each evening as well as bringing home class work if they did not complete it during class time.



Ali Johns



Jayda Hawks

Oakland Bay Junior High

Caleb Kinzner - Hello everybody! The first trimester for Oakland Bay Junior High (OBJH) is already almost over and, while it has been a busy school year thus far, the students are doing great.

I have been at OBJH about a month now, and I feel that having a safe space and support for the kids has been extremely beneficial. It has led to more confident students, missing work being turned in, and a reason to be at school. Students have been able to articulate their struggles in the classroom better and are able to connect with their teachers.

A huge focus for the next trimester will be trying to increase attendance. I love to see students show up every day because it keeps us from constantly trying to catch up on missing work.

A student who has been doing great in class while also not missing a single day of school this year is William Ogden. Will has been a model student this year; he has good grades and perfect attendance. He has been amazing to me and his peers, and I am extremely confident he can keep up his great work.



Teen Program

Keesha Vigil, Teen Program Coordinator

Hello everyone! This month I had the opportunity to take several of our teens to the Veteran's Day brunch at the museum. Thank you to all the veterans who shared stories with our teens and to the museum staff who hosted this brunch. It was so inspiring and warmed my heart to see the kids learn and listen to why it's important to honor our veterans who have served and paved a way for us. Honoring our people is something I want to bring to the teen program and provide the teens with opportunities to do so.



Our Squaxin Youth Council held elections in November and are officers are:

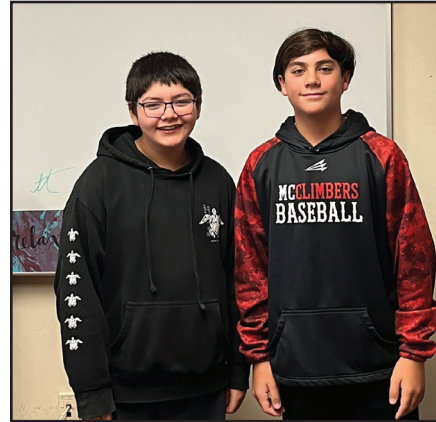
President:	Kiana Krise
Vice President:	Anthony Pinon
Secretary:	Kye Sparr-Raham
Treasurer:	AJ Wier
Sergeant at Arms:	Lolyta Johns
8th Grade Rep:	William Ogden
7th Grade Rep:	Camilo Krise

Congrats to all those elected, and I can't wait to see what awesome ideas you come up with!

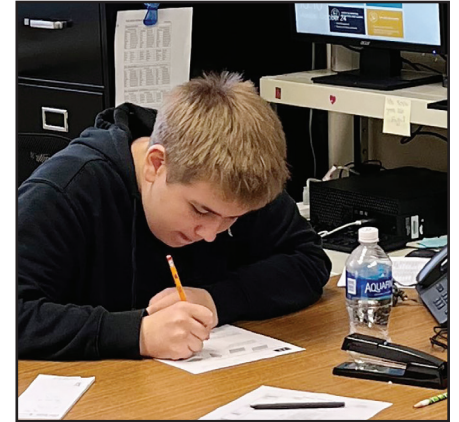
December will be a busy month with a few different activities for the teens to have the chance to participate in. **Here is the planned schedule:**

12/14/22:	Decorating graham cracker long houses 4:00 - 5:00 p.m. Education Center (TLC)
12/19/22:	Ice skating in Olympia Meet at education center at 12:30 p.m. <i>* There is a limited number of tickets</i>
12/20/22:	Beading earrings and other pretties for Christmas gifts 11:00 a.m. - 3:00 p.m.
12/21/22:	Zoo lights Meet at Education Center (TLC) 3:00 p.m., <i>* There is a limited number of tickets</i>

Reminder we have Homework Help every Monday, Tuesday, Wednesday, and Thursday from 3:00 - 6:00!!



Skylehr Henry, Alex



William Ogden



Trey Cooper, William Ogden, Nyelli Henry, Janelle Krise, and Camilo Krise



Higher Education

Winter quarter is right around the corner! Remember to send in your final grades for fall, new class schedule for winter quarter/spring semester, and your completed Memorandum of Commitment for the quarter/semester.

I need all of this information for your Higher Education file by December 2nd.

I cannot process your paperwork for college until your file has been updated.

I hope everyone had a very successful first quarter/semester.

If you have any questions I can be reached at my direct line or email.

Thank you!

Mandy Valley
Higher Education Coordinator
(360)432-3882
mvalley@squaxin.us



Parks and Rec Updates

Kasia Krise - Here's a rewind of November's activities in the Squaxin Island Tribe's after school program. November was Native American Heritage Month!

Mondays in November we had plant teachings with Jerilynn and the focus was roses. The youth were introduced to roses and they talked how familiar scents, like roses, bring them memories of special family moments. If the youth need a little extra love and support, they may use some rose spray.

Tuesday, November 1st through Thursday, November 4th was early release/conference week for Shelton schools. We were open for the youth from 11:55 a.m. to 6:00 p.m. Tuesday,

On Tuesday, November 1st, we started our on-going cultural project, making ribbon skirts/shirts. We also played musical chairs. Wednesday, the youth played two-hand touch football in the baseball field and we offered autumn bingo. Thursday, the youth did an egg and spoon race. They also baked some great tasting brownies! Friday they had fun playing Capture the Flag in the gym and kickball in the field with Billie.

We held our Traditional Food Day on Wednesday, November 2nd from

5:00 - 5:45 p.m. in the rec room. We had tasty frybread and taught the youth how to make no-bake nettle cookies! Thank you, Kenna, Jerilynn, Billie, and Sara for helping make that happen.

On Saturdays in November, our Rec Mentors were here for open gym from 2:00 p.m. – 5:00 p.m. They hung out with youth and shot some hoops.

On Tuesday, November 8th, in honor of Native American Heritage Month, Kenna helped Isis West work hard on her ribbon skirt. Kenna helped measure the skirt and Isis cut out the material and sewed her ribbons on. Isis did such an amazing job and we are so proud of her!

On Wednesday, November 9th the youth had an awesome time making cranberry structures! The goal was to build the highest tower they could with toothpicks and whole cranberries. The youth had some really tall and very stable towers built. We have some future architects and engineers in our program!

On Thursday, November 10th the youth colored their own mini paper soldiers in honor of Veteran's Day on 11/11. As the youth colored, we talked about what Veterans Day is all about and who the Veterans are in our Tribe.

Continued on Page 12

December 2022 - Tu Ha' Buts Youth Center Calendar

All activities are drug, alcohol, e-cigarette and tobacco free.

Activities and Calendar are subject to change at any time.

Rec Room Phone Number: 360-432-3986

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 After-School: 3-6pm STEM: Who Can Build The Tallest Tree	3 Open Gym: 2-5pm
5 After-School: 3-6pm Plant Teaching: Learn How to Make Quick Salmon Chowder	6 After-School: 3-6pm Storytelling & Free Choice	7 After-School: 1:30-6pm Create Christmas Tree Art Using Oil Pastel SSD – 1.5 HR ER GSD – ER @ 2:15pm	8 After-School: 3-6pm Make Homemade Christmas Cards	9 CLOSED for Annual Youth Fundraising Bazaar From 11am-5pm	10 CLOSED for Annual Youth Fundraising Bazaar From 11am-5pm
12 After-School: 3-6pm Plant Teaching: Make Cold & Flu Tea	13 After-School: 3-6pm Storytelling & Free Choice	14 After-School: 2:30-6pm Christmas Carols @ Kaya Circle GSD – ER @ 2:15pm	15 CLOSED for Annual Youth Christmas Party 5:00pm-6:30pm	16 CLOSED for Parent's Night Out 4pm-8pm *Must Register using FormStack	17 Gym CLOSED
19 Winter Rec: 8:30am-3pm Create Your Own Stocking, Make Soup in a Jar & Hot Cocoa Bombs	20 Winter Rec: 8:30am-3pm Create Your Own Snow Globe, X-mas Ornaments & Prepare Ingredients for Chili Cook-off	21 Winter Rec: 8:30am-3pm Make Hot Cocoa & Apple Cider, Make Cookies For Santa & Judging for Chili Cook-off From 2pm-2:45pm	22 CLOSED for Semi-Form Youth Winter Dance 6pm-8pm	23 Tribal Holiday CLOSED	24 Tribal Holiday CLOSED
26 Tribal Holiday CLOSED	27 Tribal Holiday CLOSED	28 Tribal Holiday CLOSED	29 Tribal Holiday CLOSED	30 Tribal Holiday CLOSED	31 Tribal Holiday CLOSED
Key: SSD – Shelton School District GSD – Griffin School District		After-School Meal Times: Early Snack is offered: 3:00pm-3:45pm Late Snack is offered: 4:00pm-4:45pm		Activity Time: School-Age Youth from: 5:00-5:45pm Contact: Kasia: 360-432-3801 Kenna: 360-432-3895 Jerilynn: 360-432-3992	



Parks and Rec Updates

Continued from Page 11

Friday, November 11th was Veterans Day! We were open for the youth from 8:30 a.m. to 3:00 p.m. The youth signed in and had breakfast. Then, at 9:25 a.m., we got ready and loaded up the vans to head to Kennedy Creek Salmon Trail to see the Chum salmon. We met the docents at the entrance of the trail and they took the youth to see the salmon at the water's edge. The docents went over some great facts about our Tribe and the area.

Parks and Rec also held our annual Thankful Dinner on Thursday, November 17th from 4:15 - 5:15 p.m. in the rec room downstairs at the Tu Ha' Buts Youth Center. The staff prepared turkey, red potatoes, yummy diced apples with cinnamon, a dinner roll, and pumpkin pie! All the food was so yummy! We hope you all had great family time and a yummy dinner.

Friday, November 18th was a STEM related project and we made autumn trees using Playdough! The youth had fun playing with their creations.

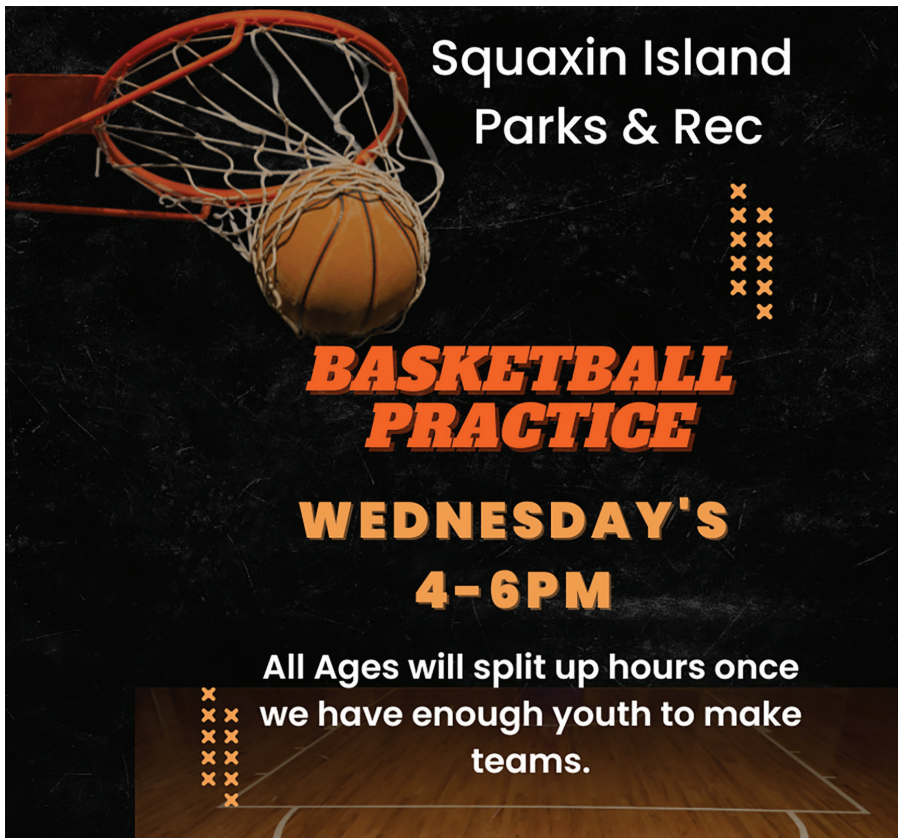
Please Stay Tuned in December...

The after school rec program will host our annual youth Christmas party on December 15th!

We'll also be open for Winter Rec during the youth's winter break, December 19th - 21st. We will be open from 8:30 a.m. - 3:00 p.m.

We hope parents will register their youth, Kindergarten to 12 years, for our first Parent's Night Out on Friday, December 16th! Please look at our flyer for more information! We are excited to offer our first semi-formal dance for the Squaxin community on December 22nd. Please check out our flyer for more information. There will be another fun activity going for the youth and their families!

As always, dates and times will be posted weekly reminders on the Remind app, Daily Scoop, Parks & Rec Facebook page, and the December Youth Activities calendar and flyers.



**Squaxin Island
Parks & Rec**

**BASKETBALL
PRACTICE**

**WEDNESDAY'S
4-6PM**

**All Ages will split up hours once
we have enough youth to make
teams.**

The after school rec program hours of operation are Monday through Fridays 3:00 p.m. - 6:00 p.m.

During early releases for Griffin and Shelton school districts, we will be open early! We open as the buses arrive. We post the times on our calendars!

Stay updated on upcoming events and activities on our Facebook page, Squaxin Island Parks and Recreation Dept., or join our Remind app! Text @ SquaxinRec to 81010.

Kasia Seymour, Youth Activities Lead
(360) 432-3801 or kseymour@squaxin.us

Jerilynn Vail, Youth Activities Manager/Food Program Manager
(360) 432-3992 or jvail@squaxin.us

Kenna Acosta, Youth Recreation Coordinator
(360) 349-6414 or kacosta@squaxin.us



Squaxin Island Parks & Rec
Co-Hosting with Squaxin Island Child Development Center

please join us for our
**Annual Youth
Christmas
Party**

Tribal Members Parents/Guardians:

School age youth from birth to 5 years will receive a gift. Youth from 6 to 18 years will receive a gift card, if they have not graduated or received their GED.

Please Note:

Children must be present to receive their gift.
Youth must be accompanied by a Parent/Guardian to receive their gift or gift card.

DECEMBER 15TH



5:00-6:30 PM

Tu Ha' Buts Youth Center - Gym

If you have any questions contact:
Jerilynn Vail-Powell at 360-432-3992
or
Kasia Seymour at 360-432-3801



Squaxin Island Parks & Recreation

After-School Activities for December

Thursday, December 1st-Christmas Tree Krispies

Friday, December 2nd- STEM Science: Who can make the Tallest Christmas Trees?

Saturday, December 3rd- Open Gym 2pm-5pm -

Note: The last date for open gym is on Wednesday, December 14th.

Monday, December 5th- Learn how to make Quick Salmon Chowder

Tuesday, December 6th- Cultural: Making Gifts

Wednesday, December 7th- Tape Resist Christmas Oil Pastel Art.

Thursday, December 8th- Making Christmas Cards for National Christmas Card Day!

Friday, December 9th & Saturday, December 10th -

**After School Closed for Parks & Rec Annual Youth Fundraising Christmas Bazaar
Come & Check it out from 11am-5pm!**

Monday, December 12th- Make Cold & Flu Tea

Tuesday, December 13th- Cultural: Making Gifts for your Family/Friends

Wednesday, December 14th Learning & Singing Christmas songs for
National Christmas Caroling Day & Caroling at Kaya Circle from 5:00-5:45pm

**Thursday, December 15th -After-School Program will be Closed for our
Annual Youth Christmas Party 5:00pm-6:30pm**

**Friday, December 16th- After School Program will be Closed for our
Parent's Night Out 4pm-8pm!**

*We'll play a Movie for youth in Rec Room & the gym will be open for youth to hang out and play.

Monday, December 19th-Winter Rec: We are Open 8:30am-3:00pm.
Create Your Own Stocking, Make Soup in a Jar, and Hot Cocoa Bombs.

Tuesday, December 20th- Winter Rec: We are Open 8:30am-3:00pm.
Make Christmas Snow Globes, Christmas Ornaments & Prepping Ingredients for
Annual Chili Cook-off.

Wednesday, December 21st- Winter Rec: We are Open 8:30am-3:00pm.
Hot Cocoa & Hot Apple Cider, Making Cookies for Santa & Judging for the
Chili Cook off from 2-3pm

**Thursday, December 22nd- Winter Youth Dance 6-8pm
Come and Join us for some fun, music, snacks & get your dance on!!**

After-School Program will be Closed for Christmas Break
Starting December 23rd, 2022 - January 2nd, 2023.
See you in 2023. Have a Merry Christmas and Happy Holidays.







SQUAXIN ISLAND PARKS & REC

Community Winter Dance

JOIN US FOR A SEMI-FORMAL DANCE

Thursday, December 22, 2022
6:00pm - 8:00pm
Tu Ha' Buts Youth Center in the Gym

We invite all Squaxin Families and Youth to join us!



This is a drug and alcohol free event.

If you have any questions, contact:
Kasia Seymour at 360-432-3801
Kenna Acosta at 360-432-3895
Jerilynn Vail-Powell at 360-432-3992



Squaxin Island Parks & Rec

PARENT Night Out

Friday, December 16th
4:00pm-8:00pm
Tu Ha' Buts Youth Center

Ages: Kindergarten - 17 years
Parent must complete a FormStack Registration

A night out for parents and the staff will have games, cooking project and we'll watch a Christmas Movie in the rec room.



If you have any questions, please contact:
Kasia Seymour at 360-432-3801
Jerilynn Vail-Powell at 360-432-3992
Kenna Acosta at 360-432-3895

Squaxin Island Tribe - Klah-Che-Min Newsletter - December 2022 - Page 14



Trunk-Or-Treat

Kaitlin Krug - On October 28th, Squaxin Island Child Development Center co-hosted with Parks and Rec a community Trunk-or-Treat, in front of the TLC building.

We served hot dogs and chips on this brisk evening and enjoyed seeing all the costumes ranging from adorable to spooky.

The event was a success with 243 families in attendance and 54 pumpkins given away.

The evening concluded with six youth from the community taking home awards for the "Best in Costume" by age group. Those lucky youth also received an Amazon gift card prize.

Our best decorated trunk received our "Spooktacular" trophy and bragging rights. Thank you, Melton family!

Parks and Rec, along with Squaxin Island Child Development Center, truly appreciate all the community members who participated in this Trunk-or-Treat. We look forward to this annual event.





HALLOWEEN FUN



Photos by TLC staff, Misti Saenz-Garcia, Amber Gomez, Jessica Cruz, Theresa Henderson, Madeena Rivera, Lydia Trinidad, and Astrid Poste





HALLOWEEN FUN



Photos by TLC staff, Misti Saenz-Garcia, Amber Gomez, Jessica Cruz, Theresa Henderson, Madeena Rivera, Lydia Trinidad, and Astrid Poste





HALLOWEEN FUN



Photos by TLC staff, Misti Saenz-Garcia, Amber Gomez, Jessica Cruz, Theresa Henderson, Madeena Rivera, Lydia Trinidad, and Astrid Poste

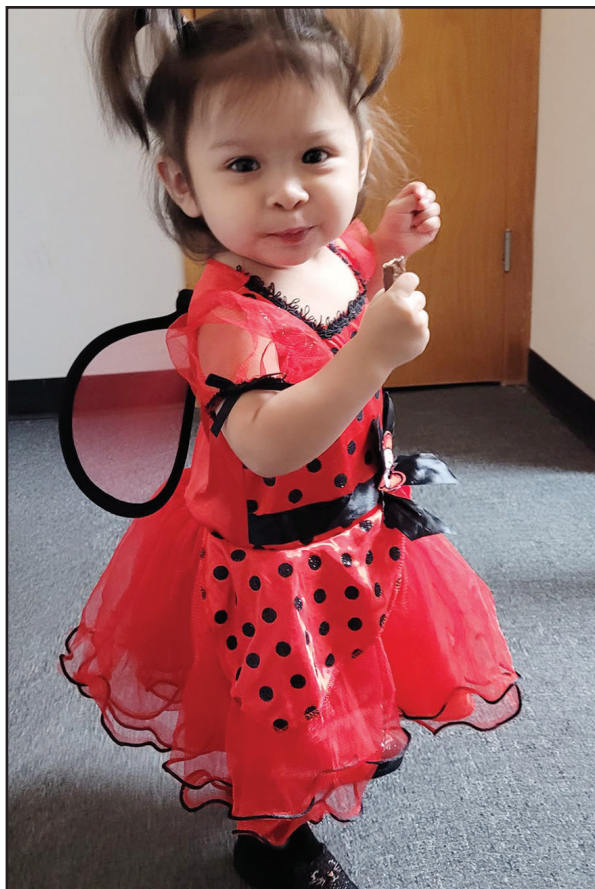




HALLOWEEN FUN



Photos by TLC staff, Misti Saenz-Garcia, Amber Gomez, Jessica Cruz, Theresa Henderson, Madeena Rivera, Lydia Trinidad, and Astrid Poste



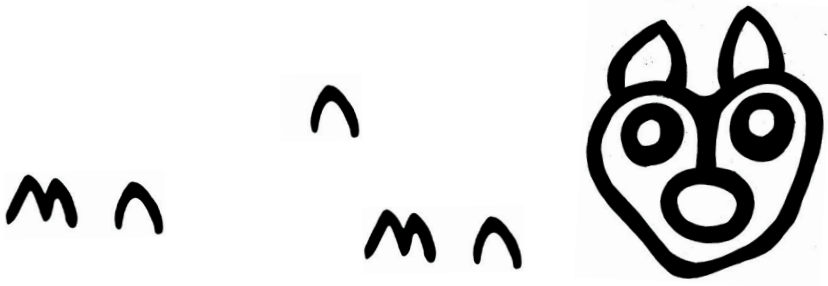


PARKS AND REC



Photos by TLC staff, Misti Saenz-Garcia, Amber Gomez, Jessica Cruz, Theresa Henderson, Madeena Rivera, Lydia Trinidad, and Astrid Poste





Homeowner Assistance Fund (HAF) Help for Homeowners in Need

If you have experienced a financial hardship due to COVID-19 that resulted in mortgage delinquency, we may be able to help.

Attention: Squaxin Island Tribal Homeowners (on or off reservation)

The Squaxin Island Tribe, Office of Housing has received funding through the Department of Treasury for the Homeowner Assistance Fund (HAF). *We are accepting applications from Squaxin Island Tribal homeowners who meet the following criteria:*

1. You own the home you live in and it is your primary residence, on or off reservation.
2. You have you experienced financial hardship due to Covid-19 (after January 21, 2020) from one of the following:
 - Mortgage delinquencies
 - Foreclosure
 - Unpaid property tax
 - Past due utilities
 - Home displacement due to critical home repairs (roof, structure damage)
3. Your income falls at or below these guidelines:

1 person	(\$63,000)
2 persons	(\$72,000)
3 persons	(\$81,000)
4 persons	(\$90,000)
5 persons	(\$97,200)
6 persons	(\$104,400)
7 persons	(\$111,600)
8 persons	(\$118,800)

Please go to: squaxinland.org/government/departments/community-development to fill out the forms listed below. You may also request a copy of the application from the contacts listed below.

- Squaxin HAF application
- Squaxin Financial Assistance Form – HAF
- Release of Information

If you have any questions please contact:

Lisa Peters / lpeters@squaxin.us / (360) 432-3871

OR

Liz Kuntz / lkuntz@squaxin.us / (360) 432-3937

Winterization Tips

We are well on our way with the fall season and it's time to look forward to the winter. Fall is a great time to start preparing your home for colder temperatures and winter storms. Below are some weatherization tips:

- Protect your pipes and outdoor fixtures. Be sure to check your plumbing and make sure that any exposed pipes are insulated. For outdoor faucets or other water fixtures, install faucet covers or other insulation devices to prevent your pipes from freezing.
- Weatherproof and stop drafts. Installing weather—stripping on doors and windows will prevent cold air from entering your home or heated air from escaping. Check the caulking on your windows and the insulation in your attic, as these can also be points where you lose heat in your house.
- Check your fireplace and furnace. Your fireplace and furnace should be inspected and maintained on a regular basis to prevent soot, ash and other debris from accumulating and causing a hazard. Regular maintenance can also help your fireplace and furnace function more efficiently.
- Clean your gutters and inspect your roof. Inspect your roof and gutters for any damage and clear any accumulated debris. Prune any overhanging vegetation to prevent possible damage from winter storms.
- Stock up on essentials and have supplies handy. Keeping a snow shovel, ice scraper, ice melt, flashlights and weather radio will help keep you and your family prepared for any adverse weather. Please consider preparing an emergency kit. Get started by visiting www.readygov/kit.



Heating safety

There is something about the winter months and curling up with a good book by the fireplace. But did you know that heating equipment is one of the leading causes of home fire deaths? With a few simple safety tips and precautions you can prevent most heating fires from happening.

BE WARM AND SAFE THIS WINTER!

- ▲ Keep anything that can burn at least three-feet (one meter) away from heating equipment, like the furnace, fireplace, wood stove, or portable space heater.
- ▲ Have a three-foot (one meter) "kid-free zone" around open fires and space heaters.
- ▲ Never use your oven to heat your home.
- ▲ Have a qualified professional install stationary space heating equipment, water heaters or central heating equipment according to the local codes and manufacturer's instructions.
- ▲ Have heating equipment and chimneys cleaned and inspected every year by a qualified professional.
- ▲ Remember to turn portable heaters off when leaving the room or going to bed.
- ▲ Always use the right kind of fuel, specified by the manufacturer, for fuel burning space heaters.
- ▲ Make sure the fireplace has a sturdy screen to stop sparks from flying into the room. Ashes should be cool before putting them in a metal container. Keep the container a safe distance away from your home.
- ▲ Test smoke alarms at least once a month.

HEATING EQUIPMENT SMARTS

Install wood burning stoves following manufacturer's instructions or have a professional do the installation. All fuel-burning equipment should be vented to the outside to avoid carbon monoxide (CO) poisoning. Install and maintain CO alarms to avoid the risk of CO poisoning. If you smell gas in your gas heater, do not light the appliance. Leave the home immediately and call your local fire department or gas company.

FACT

Half of home heating fires are reported during the months of December, January, and February.



NATIONAL FIRE PROTECTION ASSOCIATION
The leading information and knowledge resource on fire, electrical and related hazards
nfpa.org/education



Property | Liability | Workers' Compensation | Commercial Auto | Cyber
Critical Infrastructure | Employee Benefits
AMERIND.com



Diabetes and Oral Health

Submitted by Carly Goltiani, Registered Dental Hygienist, Squaxin Island Dental Clinic - Having just finished up November which is American Diabetes Month, it is a great time for a reminder about how diabetes affects our oral health.

According to the Center for Disease Control and Prevention, diabetes can cause the following negative effects on oral health:

- If your blood sugar is high, the sugars in your saliva will also be high. This will increase bacterial activity which can lead to tooth decay and gum disease.
- Gum disease can be worse with more inflammation and bleeding and take longer to heal.
- Oral infections can take longer to heal.
- Dry mouth caused by less saliva production can increase risk of cavities.

So what can you do? The most important steps to good health are to keep your diabetes properly managed and to see your Dentist regularly. Follow these important tips to keep your mouth happy and healthy (this applies whether you have diabetes or not!):

- Brush your teeth twice a day for 2 minutes each time. An electric toothbrush with fluoride toothpaste is going to give you the best cleaning.
- Floss your teeth at least once a day.
- Use a fluoride and anti-gingivitis mouth rinse 1-2 times a day.
- Regular dental visits at least every six months that include check-ups and cleanings with yearly x-rays.

Call your Squaxin Island Dental Clinic today at (360) 432-3881 to make an appointment.

Source: <https://www.cdc.gov/diabetes/managing/diabetes-oral-health.html>



Lowering your family's cholesterol can be as simple as a pot of beans.



Give your family members a serving of beans instead of meat several times a week.

This may help lower their cholesterol levels and reduce their risk for heart disease.

Vegetable and Bean Soup

This is a quick and easy soup with basic, inexpensive ingredients. Feel free to change it to your liking.

Ingredients:

2 tbsp	Olive oil
1	Onion, chopped
32 ounces	Chicken broth
2 - 10 ¾ ounce cans	Tomato soup
2 - 14 ½ ounce cans	Italian stewed tomatoes
3	Garlic cloves, crushed
1/8 tsp	Ground red pepper (Cayenne)
2 - 15oz cans	Beans of your choice: (pinto, white, kidney, etc.)
2 pounds	Frozen mixed vegetables (your choice)
1 -10oz	Box frozen spinach, (cooked and drained)
1 tsp	Italian Seasoning
(or ¼ tsp dried basil, ¼ tsp dried marjoram, ¼ tsp dried oregano, 1/8 tsp dried sage)	

Directions:

1. In a big pot, saute onion in oil.
2. Add all ingredients except vegetables and bring to a boil
3. Add vegetables, warm and serve.

Check out this link for The Bold and Beautiful Book of Bean Recipes:

<https://idph.iowa.gov/Portals/1/userfiles/104/Bean%20Cook%20Book%20%28WI012%29.pdf>





HEALTH CLINIC



Covid-19 Statistics October 15 - November 15

Vaccinations

VACCINE	1st Dose	2nd Dose	Booster 1	Booster 2	Bivalent
Moderna	0	0	0	0	0
Moderna (12-18 y)	0	1	0	0	58
Pfizer (5-11 y)	0	0	0	0	2
Pfizer (12 and up)	0	0	0	0	0
Pfizer (Under 5)	0	0	0	0	0
TOTALS	0	1	0	0	60

THROUGH PANDEMIC

Fully Vaccinated
2,479

Vaccines Provided
2,795

Tests

Positive	Negative	Total Tests
3	24	27

Vaccine Status

	Non-Vaccinated	1 Dose	2 Doses	Boosted
Positive	0	1	1	1
Negative	1	10	12	24



Need Refills at the Pharmacy?

PLEASE ALLOW 3 to 5 BUSINESS DAYS TO REFILL YOUR PRESCRIPTIONS. (This does not apply to new prescriptions)

WHY?

1. We want you to continue with your treatment plan without interruption.
2. Our clinic and pharmacy is growing, so more people need medications.
3. This allows doctors time to review the charts.
4. This allows the pharmacy to process the refills and order the medication if needed.



PLAN AHEAD

PLEASE ALLOW 3-5 BUSINESS DAYS FOR THE PHARMACY TO REFILL YOUR PRESCRIPTIONS.

(This does not apply to new prescriptions)

WE APPRECIATE YOUR COOPERATION. THANK YOU!



NATIVE FITNESS

Thank YOU
for protecting our community
by getting vaccinated!

- Squaxin Island Tribal Secretary Patrick Braese



Recognize the Emergency Warning Signs of Respiratory Illness

CALL 911 NOW WHEN:

- Severe trouble breathing (struggling for each breath, can barely speak or cry)
- Passed out or stopped breathing
- Lips or face are bluish when not coughing
- There may be a life-threatening emergency

GET MEDICAL HELP RIGHT AWAY FOR INFANTS WHEN:

- Fever over 100.4F for infants younger than 3 months, or fever for more than 24 hours if older than 3 months
- Fast or labored breathing
- Looks very ill or is unusually drowsy or difficult to console
- Significantly fewer wet diapers than normal

CHILDREN SHOULD GO TO THE ER WITH ANY OF THESE:

- Fast or labored breathing
- Not able to drink enough fluids
- Very decreased alertness and activity
- Fever for more than 72 hours, or repeated rising above 104F

ADULTS SHOULD GO TO THE ER WITH ANY OF THESE:

- Difficulty breathing or shortness of breath
- Chest pain
- Confusion
- Worsening fever and cough, especially with pink or bloody mucus

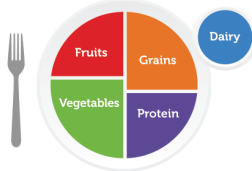
Get your flu vaccine & COVID-19 booster. Visit knockoutflu.org to learn more about preventing the spread of flu.





Food and Nutrition Service
U.S. DEPARTMENT OF AGRICULTURE

Start simple
with MyPlate



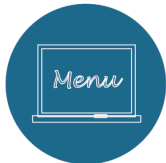
Meal Planning

Healthy eating is important at every age. Eat a variety of fruits, vegetables, grains, protein foods, and dairy or fortified soy alternatives. When planning meals, choose options that are full of nutrients and limited in added sugars, saturated fat, and sodium. Start with these tips:



See what you have

Plan meals that use foods you already have. Look in your freezer, cabinets, and refrigerator, and be sure to check expiration dates.



Map out your meals

Write out the meals you plan to eat for the week and use it as a guide. For cost saving meal ideas, check your grocery store ads and or apps for sales and coupons. Be sure to list beverages and snacks, too.



Find balance

Plan your meals so you eat from all five food groups—fruits, vegetables, grains, protein foods, and dairy or fortified soy products—every day. When planning, be aware of added sugars, saturated fat, and sodium by reading the [Nutrition Facts label](#).



Think about your schedule

Prepare meals and sides—including whole grains, vegetables, and beans—on the weekends when you may have more time. This will help during busy weekdays.



Make a grocery list

Start by listing ingredients for the meals you plan to make and then cross off items you already have. Buying for the week can help you make fewer shopping trip.



Love your leftovers

Prepare enough of a dish to eat multiple times during the week or freeze some to enjoy later. Making leftovers part of your plan can save you time and money.



The benefits of healthy eating add up over time, bite by bite.

Go to [MyPlate.gov](https://www.MyPlate.gov) for more information.
USDA is an equal opportunity provider,
employer, and lender.

FNS-905-24
March 2022



COMMUNITY



Elders Menu . . . Fruit and salad at every meal

MONDAY 5:

Chicken Pot pie

MONDAY 12:

Pizza

MONDAY 19:

Meatball Subs, Chips

TUESDAY 6:

Seafood Soup, Buckskin Bread

TUESDAY 13:

Italian Sausage Potato Soup,
Breadsticks

TUESDAY 20:

Navy Bean Soup, Biscuits

WEDNESDAY 7:

Fish-N-Chips

WEDNESDAY 14:

Hamburgers, Mac Salad

WEDNESDAY 21:

Chicken Dumpling Soup,
Ham Sandwiches

THURSDAY 1:

Sausage Pasta Bake w/ Spinach

THURSDAY 8:

Steak, Potato Wedges

THURSDAY 15:

Salmon, Rice Pilaf

THURSDAY 22:

Chicken Fried Steak, Mashed
Potatoes, Rolls, Mixed Veggies



EMERGENCY

CALL

9-1-1

FIRE
POLICE
MEDICAL
RESCUE

SQUAXIN ISLAND TRIBE

Non-Life Threatening Emergencies

Emergency Operations Center (EOC) Hotline

(Information only - no voicemail)

(360) 432-3947

Community EOC Hotline (Questions and voice mail message)

(360) 443-8411

Emergency Management Coordinator

(360) 443-8410

Community Emergency Response Team (CERT)

(360) 426-5308

Squaxin Police Department

Office Hours Monday - Friday 8:00-4:00

(360) 432-3831

PUD No. 3 Outage Hotline

(360) 426-8255

Mason County Police Dispatch Non-Emergency

(360) 426-4441

Mason County Fire Non-Emergency

(360) 426-3348



To contact a
Squaxin Island
Police Officer Call:
360-426-4441

If it is an
EMERGENCY
CALL 911



DECEMBER 9-10, 2022

LONGHOUSE HOLIDAY NATIVE ART FAIR

We're Back! Taking registration for
art vendors now!

E-mail Laura

Contact Laura VerMeulen, Director
VermeuLL@evergreen.edu



COMMUNITY



1
Benito Bear Hernandez
Douglas Bloomfield

2
Ava Claire George
Bobby Wayne Keithley
Bonnie Sue Keithley
Gregory Thomas Lehman

3
Cathlene Diane Riker
Jess Daniel Brownfield

4
Daniel Thomas Sigo
Kaya Rose Johns
Peggy Ann Peters

5
Austin Penn-Soto
Lilly Faye Lutolf

6
Brendan James Bellon
Cora Rosa Krise
Evan Lance Ellerbe
Michael Duane Foster

7
Jason William Koenig
Sophia Amineh Cooper
Zoe Gabriela Cooper

8
Cedar Reaching Bear Wily
Rhonda M. Whitener

9
Dustin Dean Kruger
Elizabeth H Campbell
Garrett William Todd
Misti Dawn Saenz-Garcia

10
Brenda Lee Bailey
Davina Marie Braese
Jayden Christine Eagles
Marlena Star Bradley
Sierra Jasmine Blueback
Tayen Renee BlueBack

11
Kelli Jean Dahman
Kendra L. Lewis
Kestle Mae Coley
Lydia Indiana Andrews
Tonya Velma Henry

13
Anthony Glenn Forcier Jr.
Karen Annette Farr
Lucy Ann Aldrich
Madelynn Henderson

14
Cecelia Marie Black
Elianna Kristine Perez
Nicholas J. W. Dorey

15
Amber Louise Gomez
Frankie Metcalf
Judith Kay Arola
Lisa Mae Peters
Priscilla C. Dolores-James
Xzandrea King

16
Angel Marie Henry
Bell Marie Ackerman Johns
Rodney James Krise Sr.

17
Donovan Nicholas Henry
Vernon L. Sanchez
Wendy J. Bowman

18
Ethan Ty Baxter

19
Patrick Von Stapleton
Shashoney Fenton
Theresa Ann Henderson
Tyson D. Kruger
Winona Kathleen Crone

21
Ronnie Nicole Penn

22
Kyler Joshua Gall
Olivia Korndorfer

23
David Wayne Combes Jr.
Jaimie Lee Cruz

24
Darrius James Rau
Holly Lee Henry
Tahnee Marie Kruger
William B. Penn

25
Astrid Kristen Poste
Carol Tadios
Cheryl Lee Harper
Jasmine Marie Rose Rivera
Jayanna Diane Gamer

26
Karina Helaine Farr
Nation Teo Krise
Nicolas Francis Cooper
Shira Elaine Powell

27
Andrea Lee Rossmeier

28
David B. Clark
Jessica Mary Stone
Jocelyn Campbell
Kathy Jo Block
Quinton Whitener

29
Patti A. Puhn
Penni L. Restivo

30
Giovani Hernandez Capoeman
Koreena Ann Capoeman
Matthew Taylor Sayers
Richard John Gouin
Sofia Jay Cattaneo

31
Rebecca Black

COMMITTEES, COMMISSIONS & BOARDS

Please visit:

<https://squaxinland.org/tribal-member-info/committees-commissions-and-boards>



**SQUAXIN COMMUNITY
CULTURE
NIGHT**

**Wednesdays
5pm-6:30pm
@ the
Squaxin
Museum**

Meals Provided

This is a drug & alcohol free event



What's Happening

Lunch Hour Christmas Bazaar
General Welfare Application Deadline
Elders Trip to Jamestown Lights
Youth Christmas Party
Turkey Basket Distribution
Parent Night Out
Community Winter Dance

December 2
December 15
December 15
December 15
December 16
December 16
December 22

Court:

Family Court:
Criminal/Civil Court:
Vulnerable Adult Court:

December 1
December 13
December

WIC

December 13

Council Thanks Former Mason County Sheriff Casey Salisbury for his service to the community

Squaxin Island Tribal Council recently honored Mason County Sheriff Casey Salisbury as he was leaving his position. Sheriff Salisbury was the 40th elected Sheriff for Mason County and was the longest running Sheriff at 16 years. He worked collaboratively with the Tribe on many important law enforcement issues, including cross deputizing officers. *Photos by Ruth Whitener*



If you are struggling,
you don't have to do it alone.

**Native and Strong
Lifeline
is here for you.**

Call 988 and choose option 4.

Calls are answered by trained crisis counselors who are Tribal members and descendants with close ties to their community.

NATIVE AND STRONG LIFELINE
TWO EARS • ONE HEART

**988
SUICIDE
& CRISIS
LIFELINE**

Native and Strong Lifeline logo artist: Jason LaClair, Lummi Nation and Nooksack Indian Tribe

LITTLE CREEK CASINO RESORT & SQUAXIN ISLAND TRIBE PRESENTS

TRIBAL DAUBIN IN THE DARK

BINGO

DECEMBER 22
DOORS OPEN 6PM - SESSION STARTS AT 7PM

\$400 payouts for 4-ons
\$500 payouts for 6-ons
\$1,199 black out
with a \$500 lead up.

DJ SMYLES

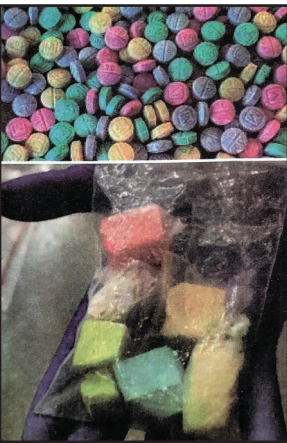
FREE TO TRIBAL MEMBER AND GUEST
Must be 18 years or older

**LITTLE CREEK
CASINO • RESORT.**

Little Means More!

LITTLECREEK.COM | 1.800.667.7211

Rainbow Fentanyl



Rawhide Press, Spokane Tribal Police Department - The U.S. Drug Enforcement Administration (DEA) has issued a warning that agencies are recovering large quantities of "rainbow fentanyl," multi-colored counterfeit drugs laced with fentanyl being illegally sold throughout the United States. At first, you might think the danger lies in pills looking like candy, which could encourage kids to try them. But the real danger is that its almost impossible to tell a counterfeit pill from an actual legitimate prescription pill. Criminals are making pills that look like oxycotin, percocet, vicodin, adderall and Xanax, to name a few. Fake pills are easily accessible and often sold over the internet as

the real thing. These counterfeit pills, unlike the pills dispensed by a licensed pharmacist, often contain fentanyl or methamphetamine. Fentanyl is a highly addictive synthetic opioid that is 50-100 times stronger than morphine. It is so dangerously potent, only two milligrams of fentanyl (which is equal to 10-15 grains of table salt) is considered a lethal dose. The DEA's testing of recovered counterfeit pills has found that four out of every ten pills with fentanyl contain a possible lethal dose. This has contributed to drug poisoning and overdose becoming the top killer of 18 to 45 year-olds in the United States. Last year alone, 107,622 Americans died from drug overdose or poisoning. Sixty-six percent of those deaths were attributed to synthetic opioids such as fentanyl. So, when you talk to your kids about drugs, make sure they understand that any pill that doesn't come from a properly labeled prescription bottle could be counterfeit. And if it is, that one pill could have deadly consequences.

Sponsor a Foster Child for Christmas

Squaxin Island ICW is currently looking for individuals or departments to sponsor a child/children that are in our care for Christmas. Let's help these children have a Christmas they will not forget!

Please contact

Winter White at

360-432-3939 or

wwhite@squaxin.us

Or

Terri Capoeman

360-432-3987 or

tcapoeman@squaxin.us

GOOD MOVES GOOD MOODS

LIVE: Monday's 5pm, 2022
Squaxin Island Tribe @ Gym

LIVE: Wednesday's 5pm, 2022
Nisqually Tribe @ Billy Frank Jr. Center

VIRTUAL: Tues. & Thur. 12pm on Zoom

ZUMBA® with Ho'o & Paish
For Tribal Members & Community
Sponsored by SPIPA

✓ No Fuss Fitness

✓ No Worries

✓ Yes to FUN

✓ Yes to Health

Classes are subject to change, please join our text updates.
Questions: WholeisticFit@gmail.com

ZUMBA®

ANNUAL LUNCH HOUR CHRISTMAS BAZAAR

COME AND DO SOME POWER SHOPPING
DURING YOUR LUNCH HOUR!

FRIDAY, DECEMBER 2, 2022
12:00 - 1:00 PM

ADMINISTRATION BUILDING LOBBY

COME SUPPORT YOUR FELLOW CO-WORKERS & COMMUNITY AND CROSS SOME ITEMS OFF YOUR LIST!

WOULD YOU LIKE TO BE A VENDOR?
EMAIL MELISSA AT MPUHN@SQUAXIN.US