MAY 2023

dibəl ti ?acaciltalbix gbl ti xwəlč yəx ti stultulək yəx ti calcaləl.

COMPLIMENTARY

SQUAXIN

"Democracy is measured not by its leaders doing extraordinary things, but by its citizens doing things extraordinarily well." —John Gardner

How do you know who to vote for?

Know what's going on. Stay up-to-date on current issues through the Klah-Che-Min and social media, etc. Actively participate in the General Body meetings, talking circles, and candidacy forums.



YOUR VOTE

OF THE SQUAXIN ISLAND TRIBE

YOUR VOICE

Voting is the language of democracy. Come participate and use your voice by voting on May 6th at the General Body meeting.

YOU have a voice in choosing the officials whose decisions impact our lives, families, and communities - our democracy - where all of our voices are heard.

- Squaxin Island Elections Committee

2023 GENERAL BODY MEETING

SATURDAY, MAY 6, 2023 9:00 AM - LITTLE CREEK EVENT CENTER Sign in starts at 8:30 a.m.

- Annual Reports
- Q&A with the General Council
- 2023 General Elections for:
 - Tribal Council Chair Position
 - Tribal Council Member #1 Position
 - Tribal Council Member #2 Position

Information booths & DOOR PRIZES!

QUESTIONS? CALL 360-426-9781 OR EMAIL MPUHN@SQUAXIN.US

10 SE Squaxin Lane, Shelton, WA 98584
Change Service Requested









Walking On . . .



Squaxin Island RIBAL NEWS

10 S.E. Squaxin Lane Shelton, WA 98584

PHONE: (360) 426-9781 **TOLL FREE:** (877) 386.3649 **FAX:** (360) 426-6577 **www.squaxinisland.org**

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline: 15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

Kris Peters: Chairman

Jaimie Cruz: Vice Chairman

Patrick Braese: Secretary

Marvin Campbell: Treasurer

ANDY WHITENER: 1st Council Member
Dave WHITENER: 2nd Council Member
VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:

Theresa M. Henderson: Ext. #3945

thenderson@squaxin.us

Meloney Rose Hause

Meloney Rose Hause, age 60, passed away in her hometown, Aberdeen, Washington on April 1, 2023.

Meloney was a fiercely independent, caring, and adventurous person. Her life revolved around family, friends, and her many (many) communities. She was an accomplished fisherwoman, hunter, diver, and shellfish harvester; she was always sharing indigenous foods like elk, fish, clams, and geoduck with her family and friends. She loved the outdoors and explored the world through travel to amazing places.

Born in Aberdeen on January 8, 1963 to "Jerry" Gerald S. Hause, and Lucille Cecelia (Martin) Hause, Meloney spent a majority of her early life in Taholah. She grew up as a child on the Quinault Indian Nation Reservation where she loved to watch canoe races, fish, dig clams, enjoy the Chief Taholah Days celebration, and hang out with her friends. She attended Taholah, Lake Quinault, and North Beach schools, where she participated in volleyball, basketball, and various other clubs and activities, earning the nickname "Spike." She graduated from North Beach High School in 1981 and went on to attend Grays Harbor College, where she received her Associate in Science degree in fisheries and wildlife; later, she attended Cal Poly Humboldt and The Evergreen State College, again studying fisheries science and this time earning a Bachelor of Arts degree in Native Amer-

Meloney was a Squaxin Island tribal citizen and of Quinault and German descent. She enjoyed visiting with her relatives and many friends on the reservation, and was always in attendance at family functions. She loved cheering on her nephews and nieces while they were playing sports, often traveling quite far to watch them. Meloney was a lifelong learner and attended many courses, seminars, and meetings, including tribal education and membership meetings, Landmark Education courses, and drug and alcohol recovery support meetings. She was passionate about her sobriety and inspired many others to follow in those footsteps.

Meloney was sure to voice her opinion when a policy or political dispute arose. She was not shy about sharing her thoughts or her feelings, which was a blessing for everyone around her.

Influenced by Elders Nellie Ramirez and Vi Hilbert, Meloney was passionate about reviving her Tribe's Lushootseed Language.

Meloney had a bigger-than-life personality and an even bigger heart. It is only fitting that she received the name <code>xayəbalus</code>, meaning "Laughing Eyes."

Meloney was very spiritual, and she shared this with her girlfriends by providing assigned meditation reading when they traveled. She loved music. In her younger years you could hear the music blare with her favorites, Def Leppard, The Rolling Stones, and Journey; her head nodding to the beat as she drove along. Concerts were a must with her friends; they would patiently wait for Meloney to purchase a CD at every concert she attended.

Meloney's work history reflects her independent nature. Never one for a conventional 9-5 job, she started out in fisheries working on salmon populations, and eventually became a certified diver and harvested geoduck. Meloney also owned a seasonal fireworks stand, "Beach Party Fireworks." She worked for J&L Shake/Logging and was a student teacher in Nisqually for the Evergreen Reservation-Based program. Her volunteer work centered on the Squaxin Canoe Family journeys, the Allottees' Association of Affiliated Tribes of the Quinault Reservation, and service on the Little Creek Oversight Board, but she had a great deal of other volunteer work as well.

Meloney is survived by her brothers; Donald Joe Washburn Jr. of Hoquiam, Gary Hause of Kelso, Jerry Hause of Longview, Michael Hause of Kelso, Donald Reynolds of Grants Pass; sisters, Marilyn McFadden of Shelton and Sally Byrd of Vancouver, Washington; aunt, Lila Jacobs of Shelton; as well as numerous beloved nieces and nephews.

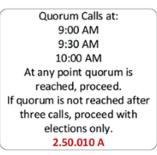
Meloney was preceded in death by her father, Gerald Hause; mother, Lucille Hause; brothers, Shayne Hause and Douglas Washburn; and sisters Charlene Capoeman, Suzy Reynolds, and Jessica Osbourne.

It was her request to not have a funeral service, but rather to have a life celebration dinner that was held at the Taholah Community Center on April 14, 2023, at noon.



2023 ELECTIONS





Order of Positions From highest to lowest by

Election Year

TERM 1

Chairman 1st Seat 2nd Seat

TERM 2

Vice Chairman 3rd Seat

TERM 3

Secretary Treasurer

2.50.010 D

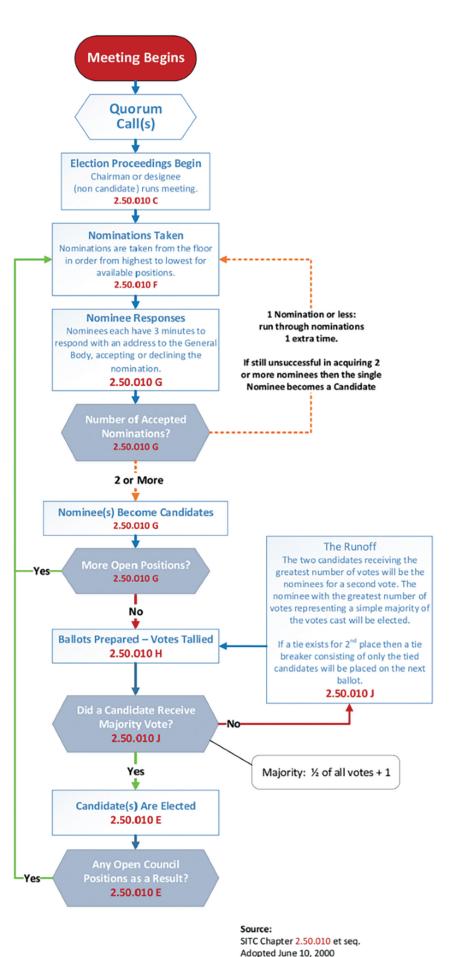
When members are voting, the Meeting Facilitator will give a 5 minute and a 1 minute warning prior to closing the ballot box.

2.50.010 B & I

Ballots are prepared for all positions and candidates.
Time is allotted from those in attendance to vote.
Votes are then tallied

If a voter has not signed in and voted by the time ballot box is closed, voter can not vote.

2.50.010 B





Why should you vote?

- You should vote because you can.
- It sets a positive example to your children, your neighbors, and your friends.
- Voting represents your right to free speech.
 Never surrender your right to speak your mind via the vote on Election Day.
- Voting is an honor as well as a responsibility.
- You live in a democracy and that means that you get a say in WHO runs your Tribe and HOW the Tribe is run.
- Voting shows your pride in the Squaxin Island Tribe and its government.
- The only way democracy works is if its citizens, young and old, are active participants.
- Our Indian Country is a beacon of liberty for the rest of the world. Stand up and be counted!
- A government, by the people, for the people, just can't work without you.

Come cast your voice with your vote

Saturday, May 6th at the General Body meeting

This is the day of our democracy!! Every vote counts!

Come early to meet your elected Council leaders and/or your representatives running for a Council position. They will serve in the highest capacity, representing you in making informed decisions on current issues which impact our tomorrow.

Amended February 24, 2014 and April 27, 2017



2023 Elections —



Running for Tribal Chair



Kris Peters, Incumbent

ha? sləxil, sqwaxəsədəbš klabsch ti dsda?

Hello Squaxin family, my name is Kristopher (Kris) Klabsch Peters. I have been privileged serving the past three years as Council Chair, and I would be pleased to continue serving you in this position.

I am the middle son of Michael and Linda Peters, grandson of the late Emory and Ruth Peters, and great-grandson of the late Jameson Peters and Josephine Bagley Peters. I grew up on Eld Inlet (sqwayaił) next door to my beloved great-grandmother, Josephine.

I was raised with a public service mindset, first receiving my Eagle Scout as a young boy, transitioning to an early career in fire fighting, and followed by 20 years in criminal justice. I have always been motivated to better myself and help those around me. I served our community as Police Chief after earning my degree in Native American History and Federal Indian Law.

Upon graduating with my master's in public administration, I served as your Tribal Administrator

then as Tribal Liaison for the Department of Children, Youth, and Families for Washington State.

I was honored to return to Squaxin as your Chair and have worked hard to create a healthy and

functional working environment starting at the top. I pride myself on running efficient, professional council meetings, valuing all perspectives, and guiding us toward decisions that benefit all members. Transparency is important to me. I do not participate in "closed-door" decision-making and strongly advocate access to all meetings be provided both in person and online.

I am passionate about education, environmental rights, and healthcare. We must lift our youth and equip them to lead our future. We must continue to celebrate our language and our culture and pass down the teachings given to us by our Elders. We must fight to restore our habitats, uphold our treaties, and establish food sovereignty. We must improve access to quality healthcare and heal the trauma of our past to create a brighter future for generations to come.

I have spent time speaking to schools, organizations, and other governments about our history and educating others about our traditional homelands. I have met with local, state, and federal officials, fighting to strengthen Squaxin sovereignty, maintain our treaty rights, and secure state and federal funding.

I do not shy away from controversy or difficulty. I know how to bring people together and facilitate healthy debate. I lead with honesty, compassion, and integrity — values necessary for facing challenging situations and creating positive change.

If re-elected, I will continue to support our council, providing accountability and equal and consistent service to everyone.

Please reach out and engage with me on the issues that impact you the most. Join the Klabsch 2023 group on Facebook or email me directly at Kpeters@squaxin.us.

Please vote for Kris Peters at the General Body meeting on May 6, 2023.

hawadubš cələp ?u?ušəbicid čəd ha?ł kw(i) adsəslabcəbut -Kris





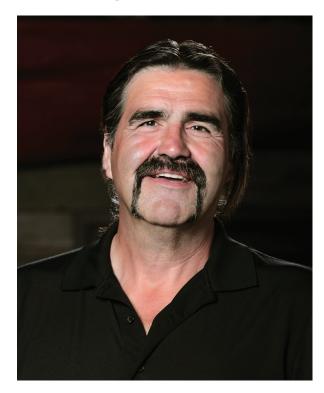




——2023 Elections ——



Running for Council Member #1



Andy Whitener, Incumbent Hello Squaxin,

As many of you know, my name is Andy Whitener and I am running for re-election for position of Council Member #1.

Our Tribe needs strong leadership and a clear vision for the future, a vision that will move us towards success. I have spent 23 years serving in various Council positions building my skills to represent you as your elected official.

I have dedicated my entire life to the Squaxin People, ensuring our Sovereign Rights through my work at Natural Resources, beginning back when I was a young Fish Technician and through practicing our Treaty Rights as an avid fisherman, shellfish harvester, and geoduck diver. I steadily worked my way through the ranks to become the Director of Natural Resources. This has taught me perseverance and allowed me to gain extensive knowledge regarding our Tribal Policies and Cultural Practices.

As the Tribe moves into the future, we need to be prepared. We know it is impossible to come up with a one-size-fits-all solution. If I'm re-elected to Council, I will continue to focus on infrastructure opportunities and support our economic entities as they diversify into sustainable revenue for our people.

With my leadership and decision-making skills, I wish to represent you with thoughtful, unbiased, and rational decisions that will prove to be

beneficial to us all.

Today, I once again ask for your vote and your confidence in my experience, knowledge, and stability to GET THE JOB DONE!

Thank you for your consideration.

Running for Council Member #2



Davey Whitener, Incumbent

Hi, for those who don't know me, my name is Davey Whitener, and I am currently your Council Member, position #2.

We've been asked for a bit about ourselves for the upcoming election, so here we go \dots

I grew up in Kamilche until we moved to Neah Bay, where I spent my high school years.

I have been a fisherman, clam digger and geoduck diver and still fish and dive.

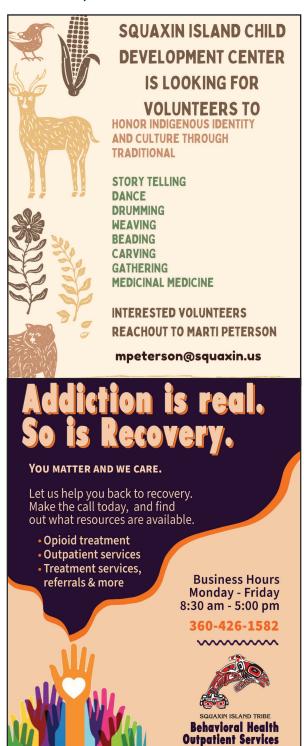
I have been fortunate to have garnered a broad level of experience over the course of my career. As an example, I have been a tribal police officer and deputy sheriff; served as Director of Island Enterprises, Inc.; was employed in Alaska as a business and government consultant; worked in construction and have been a member of the Operating Engineers and Pipe Fitters Unions at different stages of my work career. I also have IT experience and have worked for

the Tribe in that capacity, plus a couple stints at NR at different times of my life.

While not a complete list, I think this will give you an idea of my work background and breadth of experience that I feel serves me well in my role as a Council person.

I have a passion for business and economic development and see it as an essential piece to support us being a self sufficient and self governing people. I thank you for your trust and the opportunity I have had to be on Council for the last six years, and hope that you allow me to continue to serve.

Thank you!





—— 2023 Elections ——



Running for Council Member #1



Bev Hawks

Hi!

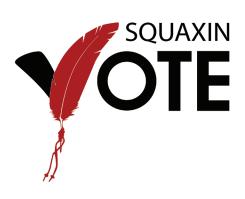
I'm running for Tribal Council Position #1.

I'd like your support. I've been active in our community for decades, since 1981 when I moved here. I sat along with Lorna Gouin doing Community Board Training when we had no laws or ordinances to bring some type of justice to the Rez. Later, we met with Judge Tallus to set up laws and ordinances and the speed limit, too. I assisted in setting up the preschool with other moms and Eleanor Krise. I also wrote a lot of grants while at SPIPA.

I'm very interested in mental health and the social structure in the Tribe. Our services need to change and adapt to our needs.

I'd like to bring another female voice to the table as well.

Thank you for your time and consideration.





Jeremie Walls

Good day to all my Squaxin Tribal members!

As we get close to General Body, and after a lot of soul searching and talking with others, I have decided to go ahead and announce my candidacy for Council Seat #1.

With our economic development in our fore-front, we also need to think about our community development. I have felt, like others, that our community is being left behind. Water rights issues are around the corner, according to our administration. So now is a great time to start planning our next phase (25 homes) of housing opportunities. So far we have not seen any push for housing for those who want to come home.

A good friend once told me we live in a village, not on a reservation. A village, he said, is where one chooses to live with family and friends, and not somewhere where we are kept like prisoners or cattle. I have to agree with him whole-heartedly; this is our home.

I would like to propose not just a low-income subdivision, but also medium income and low-income mixed neighborhoods. It's already shown in many housing studies that mixed income neighborhoods thrive. Many Squaxins are no longer low income. With housing shortages in our county, it is only smart to provide more opportunities here at home for those who would like to be closer to our tribal families and entities. Just think about flat rate

medium income housing, something we all could afford and pay off.

We were also given the idea of an outdoor recreation area for sports/outdoor community activities, and maybe even bring back Sah-Heh-Wa-Mish Days out back to allow vendors and camping. This would be a real community event for all to enjoy here at home. It also could help develop and facilitate a host spot for future Canoe Journeys.

You have heard me beat my drum about our youth. I will continue to beat that drum for all of our youth and families until we are heard. It's not right our youth have to join other neighboring tribal teams. We should have more organized sports close to home. We need to bring back these lost opportunities asap. Baseball and softball practices have already begun and tournaments are already being played. Basketball is almost over, and all of our kids deserve to play. I am not saying we do not have a great Parks and Rec Department, I am saying there are some pieces missing. I see Boys and Girls Clubs in our neighboring tribes flourishing and providing great opportunities. These clubs are not run by the tribes. They are standalone nonprofits that work with the tribes to provide help with implementation. Their logo is a handshake; it's there to complement the existing program, not to compete.

In the last two years of not being on Tribal Council, I have seen something. I have seen the word transparency turn into more of a myth. I would like to propose we work on communication. We, as elected officials, do not make decisions for you, but on behalf of you. That means, to me, that as an elected official, I must do my diligence in communicating what we are doing and soliciting what input you might have as a tribal member. I have found, in my term serving on Tribal Council, that you all have a lot to offer us in ideas. We should welcome, with professional courtesy, the advice of our Elders so we don't repeat problems from the past, but rather find direction for the future as a tribe united.

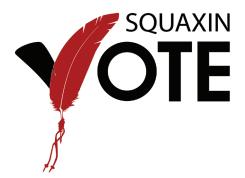
So that being said, I would like to ask you for your support for me to be your eyes, ears, and voice at our highest level. I will always put you first.

Thank you! Jeremie Walls











Respect and have kindness toward the election process

We must encourage every eligible voter to participate in the electoral process with respect and kindness. Young people are the future who will support all the generations before them. Let's be an example with respect and with kindness.

The Election Committee

The Election Committee's primary responsibility is to conduct a fair and legal election process.

They worked extensively for the last few months to produce the forums for candidates to explain who they are and why they are running.

The candidate's forums in March and April, hosted by the Election Committee and the administration team, are designed to educate you on who the candidates are. The forums help you freshen up on the incumbents, as well as the candidates who made early announcements that they would be running for certain positions.

Elections Committee members are appointed by the Tribal Council. At the start of the year, the committee members internally elect their officers.

The General Body meetings are organized and facilitated by tribal administration at the request of the sitting Council Chairman who has the authority to ask the Administrator to conduct the meeting.

The Election Committee assists with planning the meetings, with their focus on overseeing the election process.

To make the election process as efficient as possible, and to eliminate any potential conflicts of interest, the Election Committee hires an outside consultant each year to print and record ballot counts.

Candidate representatives, the Election Committee members, and tribal law enforcement supervise the ballot counting.

Election Committee Officers

Chair: Juana Nelson

Vice Chair: Candace Penn

Secretary: Cassidy Gott

Staff Support: Tamatha Ford



Election Committee Members

Terri Capoeman

Elizabeth Kuntz

Monica Nerney

Penni Restivo

Susan LaClair

Kasia Seymour





Tribal Council Appointments to Committees, Commissions and Boards

View any time online at: squaxinisland.org/tribal-member-info/committees-commissions-and-boards



Island Enterprises, Inc.—





ISLAND ENTERPRISES INC

Weaving a strong business foundation for the Squaxin Island Tribe's future.





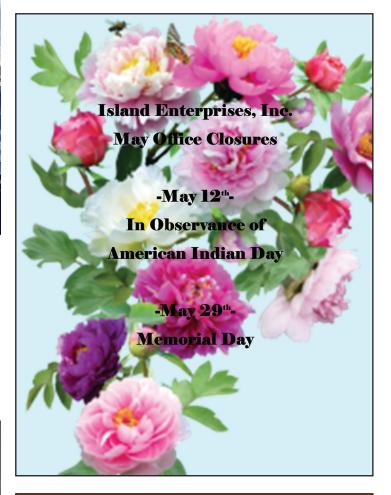




Over the last month, the construction crew has been hard at work on the Tumwater project. The most notable difference is the siding on the main building. The siding was stained and it has made such a difference! Now that the major stages of construction are mostly completed, they have started working on the smaller details, not seen from the road. They are currently working on the flooring, installing cabinets, and finishing up the painting. We are very impressed with the progress of the project so far!











LITTLE CREEK CASINO RESORT -





What's happening at the Creek

May is a great month for theming promotions, and we think we've got a nice selection:

- Visit on Monday's for your Crumbl cookie! Seniors 50+ get a free Crumbl cookie each Monday plus an entry for a cash prize drawing at 7pm.
- Tuesdays in May we're honoring Memorial Day with our Patriot Slot Tournaments! Sessions start at 1pm and run until 5pm. This is free to all resort reward members and the 1st place cash prize is \$1,000!
- It's picnic season and the bear is searching for the basket with the cash! This interactive gameboard allows participants to reveal cash prizes up to \$1,000, but lookout for the park ranger! Drawings are at 1pm, 3pm, 5pm, 7pm, and 9pm, Wednesday's only.
- On your mark, swipe and win! Each Saturday we're giving away up to \$10,000 guaranteed! Swipe at the kiosks between 8am and 11:59pm.
- Thursday's and Sunday's are the Vanessa Williams Lush Collection Earn and Get! Earn 1,500 points each week for a purse/bag in the VW collection. Collect all four pieces for a chance to win a Michael Kors bag with \$500 in free play!

Entertainment on the Horizon

Hairball – Ultimate 80's Tribute – May 13th | On sale now Thunder From Down Under – Two Shows – June 9th & 10th | On sale now Aaron Lewis – The Acoustic Tour – April 10th | On sale now

Other Exciting News Salish Cliffs New Website

The golf course officially has a new website! This site is designed to match the style and brand we have come to know at Salish Cliffs. We have focused on highlighting the course in its prime; however, we are still looking forward to completing the bunker remodel to take amazing videos and photos that will capture the natural beauty of this course that is the gem of South Sound! The bunker remodel is underway and will be happening throughout the summer of 2023. More details to come soon! (See homepage screenshot)

MLRC Golf Tournament

Mark your calendars for June 5th! It's the 22nd annual MLRC Golf Tournament! Sponsorships are still available, so reach out to Tyler Brown: tyler.brown@salishcliffs.com.

Starlight

While Starlight remains closed, our team here at the resort is planning to reopen with exciting entertainment, live pay-per-view events, an amazing all-new menu, and more! (See construction images)



Salish Cliffs' new website





Human Resources | MLRC



New Employees



Kaylynn Tsosie Health Promotions Specialist

Hello. I am the new Health Promotion Specialist with Health and Human Services.

I relocated here from the Southwest, specifically, the Navajo Nation, in Arizona. I am of the Navajo Tribe belonging to the Water Edge Clan.

I have years of experience in public health, especially Public Health Nutrition.

I am so excited to be a part of Squaxin Island Tribal Health Services and working with a phenomenal team. I aim to be of help and learn from my colleagues and the Squaxin Island people. I am excited to embark on the new adventure of mine within this community.



Trent Brown Homework Helper

Hi, my name is Trent Brown, and I have been hired as a Homework Helper with the Learning Center.

I like to go hunting with my grandparents and, you know, go in the wilderness and hang out.

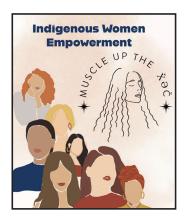
One thing I am most excited about is getting to work at a place I spent growing up, which is pretty

I am looking forward to working with the Tribe more.



Employment Opportunities:

squaxinisland.org





Womens History Month

The Squaxin Museum celebrated the month of March for the Women's History Month, hosting four events of empowerment for all Women Warriors.

The first gathering was held March 8th. We shared a meal for lunch while watching a video featuring Tonia Jo Hall, aka Auntie Beachress, as she shared her wellness journey story and her work to "reach out to all my people; teach them to smile, think positively, and spread laughter." After the video, Lisa Johns engaged participants about being aware of personal surroundings, and being vigilant in protection of oneself and family.

The second event was an event called the Muscle Up The xõc luncheon on March 14th, with Kimberly Miller, Skokomish cultural leader, who spoke of "Salish Muscle Up the Hutch." She shared wonderful Salish knowledge on how to utilize built-in ability to have confidence using instinct (hutch) to navigate through life and tough times. The take home message for women was, "Don't just walk in the rain, you will get wet. If you walk in the rain, walk with purpose and ask the Creator to wash away your stress and wash you with strength."

The event on March 22nd was the Indigenous Women Empowerment lunch with Charlene Abrahamson, respected Spokane Tribal wellness teacher. She facilitated discussions on speaking up for yourself, forgiving yourself, and the topic of historic trauma.

March 27th was the Five Meals Family Food Workshop that was an empowerment through food and how food can bring a sense of wellbeing. Participants were given recipes and ingredients to prepare each item, such as: deep fried cauliflower, four bean soup, quinoa burrito bowl, berry breakfast quinoa bowl with coconut milk, fry bread kits and stir fry chicken. Elise Krohn, M.ED. educator-herbalis, was an invited guest to share brief presentations on the different teas for stress, strengthening the immune system, and anti-inflammation. A station to make take home packets for participants was made possible by Elise.

The classes were a great success!

The Squaxin Museum can't express enough gratitude to the Powerful Women who did the lunch presentations and all the Mighty Women Warriors who attended our Women's History Month activities.







Elders——



Dinners Are Resuming April 24th, 6:00 - 8:00 p.m.

We will be resuming our quarterly dinners held in the hotel's Sa-Heh-WA-Mish banquet room. See you there!

Inter-Tribal Host Luncheon

Approaching fast is our Elders Inter-Tribal Host luncheon on Thursday, May 11th from 9:00 a.m. - 3:00 p.m.

Any and all donations may be dropped off at the Elders building or call for pick up, if needed:

Dorinda Thein (360) 790-9307 Traci Coffey (360) 463-3385

Thank you all for your support.



Bake Sale

The bake sale was a great hit and many thanks to Elizabeth Krise and Kim Olson for their awesome organizational skills for making the Elders 1st annual bake sale such a profitable and fun event!

Many thanks to ALL who went above and beyond to make this happen for your Elders.

Special Thanks to: Brooks, our own Easter Bunny, KTP and their staff, Maintenance/Facilities, ALL who baked goods and donated, and anyone else who made this such a great fundraiser/event for us.















Squaxin Island Elders Host Luncheon

Garden Party

Save the Date: May 11, 2023 Lunch at noon; doors open at 9:00A.M-3:00P.M

> Raffle Tickets Available Vendors on site

please contact: Little Creek Casino:1-800-667-7711 for room block mention "Elders Host Luncheon" to receive your special room rate. Rates available until April 10, 2023.

> RSVP @Traci Coffey: 360-463-3385, 360-432-3868 tcoffey@squaxin.us



Community | Learning Center—





Tribal and State Citizens Meet at WA State Town Hall

Aberdeen, WA, March 25



Photo: L-R: WA State Senator Jeff Wilson; Tom Davis, tribal Elder of the Choctaw Nation of Oklahoma and retired USDOI and United States military veteran (USMC); Rose Cooper Davis, Squaxin Island Tribe Elder and minister of the Mud Bay Indian Shaker Church; and WA State Representative Jim Walsh

Numerous citizens of the Grays Harbor community attended a Town Hall meeting held in Aberdeen. Topics discussed included: 1) controversial Legislative issues and matters of community health and well-being; 2) Homeless persons' health, safety, and welfare issues, such as food (including EBT), clothing, shelter, mental and physical health; 3) those persons seeking to access benefits and relocation to the United State of America for a better quality of life from other countries.

Bordeaux

Tamika Krise - Hey guys! We are back with another Bordeaux Bulldog update! Spring is over and we are back diving into the rest of our school year.

Coming up we have some state testing. I want to encourage our students to attend school as much as possible; this way they can prepare themselves the best they can before the testing. Getting a good night's rest before testing as well as starting the day off in a good way always helps anyone before a big test day! I know it is getting closer to the end of the school year and the sun is shining, which always makes it harder to be in a classroom all day. I want to encourage families to get our students to school every day and on time! If you are a family struggling with your students' attendance, reach out and let us know if there is anything we can do to help! As we are talking about all of our Bordeaux Bulldogs, READING LOGS! READING LOGS! READING LOGS! Only twenty minutes a day and our students will get better at reading. A lot of classes, and the school itself, have some awesome incentive plans. The kids can earn some cool opportunities by reading and logging it.

Here are some things the kiddos are learning about, so our families know what to be practicing with them at home . . . Third graders are eligible to become a Math Wizard by learning their 1-12 multiplication facts. They should have multiplication cards they made at school to practice whenever they want. We can always make more, and we can practice with your student at Homework Help at the Tu Ha' Buts Learning Center.

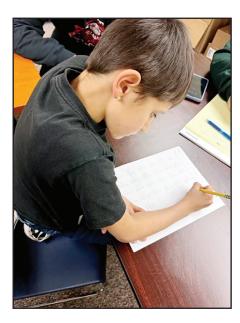
Fourth Graders are learning about fractions/learning to understand parts of things, and being able to add, subtract, and multiply with fractions.

As for our younger grades, practicing their basic math problems is always good . . . addition, subtraction, and grouping, etc.

Third and fourth graders have been mastering some more in-depth writing techniques and getting deep into their storytelling. All of our grades are always working on reading skills, practicing their site words, and more. Reading out loud is very beneficial, and finding reads that they are interested in can help anyone and everyone's reading skills improve. One last thing about reading and writing, April is poetry month! Poems are fun to read and write! Maybe poems are for your kiddo!

Lastly, I want to do some shout outs! We have two fourth graders who earned a Student Manager badge. This badge represents a lot of things; it shows that these students are responsible, independent, reliable, and very trustworthy. With this badge, students are allowed to use the restroom without having to ask. They can walk to lunch on their own without having to wait in line with their class. They must, however, maintain their behavior and always remain respectful and responsible. I think it is an awesome opportunity to show our students that making the right choices can take them places! That being said, a huge congratulations to Mayella Roberts and Lahai'la Greenwood! Great job girls!

tmkrise@squaxin.us



Walter at Homework Help



Mayella Student Manager



Lahai'la Student Manager



-Learning Center——



Olympic Middle School

Kiana Wily

Spring Time Transitions

It has been a busy springtime as the last semester is quickly passing on by. Olympic Middle School administration and staff have been working to get and keep our sixth graders, who are soon to be junior high students, on track to move along their education journeys, as well as prepare the fifth graders to enter their last year here at OMS. We had our final parent-teacher conferences for the year. Our students were thankful for their week of half days, which included a fun Spirit Week and book fair. It was so fun to see the cute and creative ways the kids showed out for the different Spirit Week days. Jayda Hawks killed it for her Decades Day with a super awesome 80s look! A week of spring break followed shortly after conference week, and it was a break we all definitely needed. Our students returned with lots of energy and counting down their days till summer. Our OMS leadership spent the first week back from break welcoming in the fourth graders from each elementary school in the district, giving them each a couple hours to get a glimpse of what to expect from the school they'll be attending next year. Ms. Brady gave a presentation on our school, what it has to offer, and the expectations we have here, along with a tour and a few activities. I can't wait to meet and get to know all the new kiddos coming in next year.

New Principal

Our principal, Ms. Chelsea Brady, has let us all know that after five years of being Olympic Middle School's principal, this will be her final year here with us. She will be moving on to new opportunities at the Shelton School District Office as Director of 7-12 Grade Curriculum. Our new principal will be Ms. Mary Johnson, who is coming over from her long-time position as the Mt. View principal. Ms. Johnson and Ms. Brady won't be moving to their new positions until the start of the 23/24 school year, but Ms. Johnson will be coming over this spring, so we can all get a chance to meet our new principal. Change can be difficult, but it also can bring opportunities for great new things! Ms. Chappell and I are hopeful and looking forward to continuing Native Ed and what new chances we may get to grow the program next year.

Shout out to Wyatt Wentworth!

Student of the Trimester awards were given out for trimester two, and one of the recipients of the awards was our very own, Wyatt Wentworth! It was a fun week of celebrating students, lining the halls, and cheering for fellow classmates as they walked back to class after getting their certificates. We are so proud of Wyatt! He is one of the many amazing students at OMS, and we are so glad he could get recognized. Lets finish the year off strong everyone!



Wyatt Wentworth's Excellent Eagle Madi at the book fair award





Madi Henderson dressed up for Pajama Day and Pink day



Allie John's showing off her super cute fit



Alyssa Henry with our canoe on the Salmon Mural display



Jayda Hawks Decades Day dress up



-Learning Center —



Oakland Bay Junior High

Caleb Kinzner - Hello all, there is only one full month of the school year left here at OBJH. Every student is trying their best and have come a long way from the beginning of the year. I talk a lot about trying to build academic habits. I feel as if the students are building those skills and will only continue to flourish.

The 8th graders are already anxiously awaiting high school. After having picked out their classes and with the orientation coming up, it's only a matter of time before they start their high school experience.

I do ask that you please continue to keep up on students' homework. The leading cause of failing or struggling grades has been a lack of homework. We still have plenty of work to do, but the progress from the beginning of the year is evident. We had students recognized in the second trimester for being above the 1st trimester average. I hope that this trend continues.

We had a trip to Quileute for a ceremony, and I was able to bring two students. They both had a great time. Will and Nyelli were both great role models and learned a lot about another tribes' ceremonies.

A student that I would like to recognize is Will Weythman. He has had outstanding grades the entire year and is loved by everyone. Will has been amazing in every aspect of the word. He cannot go anywhere in the school without a teacher or student trying to talk to him. He is loved by every teacher and this has allowed him to keep up his great grades. I am extremely confident that he will succeed in high school, and I could not be more proud.

ckinzner@squaxin.us



Will Ogden and Nyelli Henry



Janelle, Kye, Will Ogden, Takoda





Evelyn Mini Button Blanket

Spring Break

Keesha Vigil Snook - Hello Squaxin Fam! This month was a great way to start spring for the teens. They got to hang out with Will Henderson and his staff at Natural Resources learning about what they do at the fish pens. They also learned that morning boat rides are really cold!

We had a crowd of kids join us for spring break cultural crafting. The youth wove cedar fans, created medicine bags, did beading, made minibutton blankets and more. It was a wonderful week to craft with the kids and have a chance to bond outside of school.

Be on the lookout for announcements about the Stepping Stones program and the Summer Roots program very soon! We are so excited to hang out with all the youth this summer. We will be sending out invites to volunteer to help us offer the youth traditional teachings!



Some serious beading going on!



Roselani and her Cedar Fan



Maddi drum painting



Milah and Little Bear getting crafty



Jada and her Mini Button Blanket



Milah Mini Button Blanket



Will Weythman



Learning Center—



Higher Education

Mandy Valley - Higher Education students, I hope everyone's spring quarter is starting off great! If you haven't turned in your final grades from winter quarter, please turn them in ASAP! Also, if you are graduating this spring, please let me know so I can get you added to the 2023 Sgwi' Gwi program. The deadline to turn in paperwork for Sgwi' Gwi is June 2nd.

If you have any questions, please feel free to contact me or stop by the Learning Center between the hours of 7:30 a.m. and 4:00 p.m.

Thank you! (360) 432-3882 mvalley@squaxin.us



High School Graduation Dates

CHOICE June 1st
Cedar High School June 2nd
Shelton High School June 10th



<u>ATTENTION ALL STUDENTS</u> Graduating in 2023

Do you know someone who is graduating high school, has received their GED, completed their AA, BA, MA Degree, or has received a certificate for a vocational/technical program?

To be recognized please email your information to Mandy Valley by; 4:00pm Friday June 2nd, 2023.

Please see contact information below

The Squaxin Island Tribal Council, Education Commission and the Tu Ha' Buts Learning Center would like to recognize and celebrate these individuals at the Twenty-sixth Annual Sgwi-gwi Celebration.

26th Annual Sgwí' Gwí Celebratíon Thursday June 8th, 2023

Time 5:00pm, Squaxin Ball Field.

Please go to the following link below and fill out the questionnaire. https://squaxin.formstack.com/forms/2023_graduates

Contact: Mandy Valley

10 SE Squaxin Lane Shelton, WA 98584 Phone: Fax:

one: (360) 432-3882 x: (360) 426-7897 aail: mvalley@squaxin.us

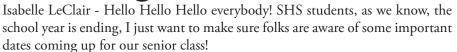


Since Time Immemorial Presentation

Keesha Vigil Snook presented the Since Time Immemorial video, created by Squaxin youth in partnership with SkyBear Media, to the Secondary Education and Pathway Preparation Division meeting in the old capital building in April. The participants work in secondary education all over the state of Washington. They will be working towards utilizing the video in their Since Time Immemorial curriculum throughout the Puget Sound area. Keesha did an excellent job of explaining how her own experience in learning history in school did not provide knowledge relevant to Coast Salish people. It is important to Keesha that our students get to see their own history when learning about Native history. Hopefully this video, and others to follow, will begin to bridge that gap.

Way to go Keesh!!

Shelton High



Button Robe Ceremony: Friday, May 19th @ 5:30 p.m., which will be held in the SUB @ SHS

Senior Prom: Saturday, May 20th @ 7pm which is also held in the SUB @ SHS tickets will go on sale later this month!

Graduation: June 10th @ Saint Martin's University @ Marcus Pavilion starting @ 11:00 a.m.

As for our underclassmen, just keep plugging away. I'm very proud of all the hard work y'all put in this year! Let's finish out our year strong, and please don't be afraid to reach out and ask for anything! I'm more than happy to help!

Work Phone: (360) 968-4453 Email: Ileclair@squaxin.us



Josiah as Romeo in English Class



Jasmine crushing her essay!



Josiah working on facts and figures



-Learning Center——



Spring Is Here!

April After School Activities

Kasia Seymour -

On Saturday, April 1st, we held our annual youth Easter egg hunt from 10:00-11:00 a.m. We hosted the 0-4 year-old age group inside the gym at 10:15 a.m. and the littles were so adorable to see! For ages 5-8, the egg hunt was held in the park playground right after the babies' hunt. The 5-8-year-olds had a blast and finished pretty quickly. The 9-12 year-old hunt was held at T'peeksin Park at 10:45 a.m. The older youth had a great time and they were super quick. Madison and Roklyn were the winners for the gift cards.

Monday's in April we had plant teachings and the April focus was maple. The youth got to go on a nature walk, gather maple leaves and do their own leaf rubbing water color art while learning from Seed to Maple Tree: Following the Life Cycle (Amazing Science: Life Cycles).

On Tuesday's in April we had an on-going cultural activity of making drums. The youth got to make drums and paint them after they had dried for a day. They made some great drums.

Spring Break was April 3rd through April 6th, and the youth had a really great time. We played basketball, soccer, and Capture the Flag. The youth painted on their drums and painted some sea creatures on canvases. The youth also made slime stress balls. The stress ball part didn't work out, so we got to get messy instead! It was fun.

Saturday's in April were open gym from 2:00 p.m. - 5 5:00 p.m. with Sara and Billie. Some youth and teens came up to use the gym and shoot around.

On Wednesday, April 12th, the kids were able to paint some awesome glowing sea creatures for art walk.

On Thursday, April 13th, the youth made Easter cupcake cones with Kenna and Sara. Those turned out so delicious. Cooking is always a fun and popular activity for the youth!

On Wednesday, April 26th, we made edible dirt cups with gummy worms inside! The kids smashed Oreos in a bag filled their cups with pudding and created a small "dirt cup" for their gummy worm. Yum!

On Thursday, April 27th, we taught the youth how to make frybread. They really enjoyed kneading the dough and making the frybread in their hands, but we helped them fry it - Safety First! Each youth got to make and eat their frybread. Awesome kneading skills guys!

We had some youth get Top Dog in March, way to go, Alexis Wentworth, Cashai Blueback Rob-

inson, and Natalia Krise!! Great job to all students and keep up the great work.

Please Stay tuned for Summer R.O.O.T.S calendars and sign ups! All dates and times will be posted on the aRemind app, Daily Scoop, Parks & Rec Facebook page, and monthly youth activities calendar

During Early Releases for Griffin and Shelton school districts, we will be open early! We open as the buses arrive. We post the times on our calendars!

Stay Updated on upcoming events and activities on our: Facebook page, Squaxin Island Parks and Recreation Dept., or join our Remind app! Text @SquaxinRec to 81010 Kasia Seymour, Youth Activities Lead: (360) 432-3801 or kseymour@squaxin. us; Kenna Acosta, Youth Recreation Coordinator: (360) 432-3895 or kacosta@squaxin.us; or Sara Naranjo Johns, Youth Recreation Mentor: (360) 432-3992 or snaranjo@squaxin.us.













-Learning Center——



Welcoming of the Whales Ceremony

Jaimie Cruz - Six Squaxin youth and the Student Advocates were able to attend the Welcoming of the Whales Ceremony in La Push, Washington on March 31st.

We started our journey to the land of the Quileute on Thursday evening and stopped by Beach 1 for sunset pictures. It was heartwarming watching the youth skip rocks and take selfies on the beach after a long few hours in the car. For some of the youth, this was their first time on Washington's coast.

We finally got to our cabins late evening and the youth crashed hard. We woke up to the beautiful view of the ocean and prepared ourselves to go to the ceremony at 10:00 a.m. Of course, what would a trip with kids be without a few mishaps. After an eventful morning checking out of our cabin and getting the teens loaded, we made our way to the beach to catch a glimpse of the ceremony. Very similar to our First Salmon Ceremony, members of the tribe and community gather with the youth to hand down teachings and allow them to honor the whales.

The weather was beautiful, and the youth were able to see firsthand youth from the Quileute practicing their culture through ceremony. We witnessed the youth bring an offering into the ocean and sing their songs on the beach. Mother Nature gave us a beautiful morning then hit us with a heavy downpour. After the initial ceremony, our Squaxin crew looked like we took a dip in the ocean; we were not as prepared as we thought for the rain and wind. We followed the rest of the crowd to the Akalat Center to share songs and dances. The tribal school students invited the youth attending to dance with them, Ana Piñon

and Kiona Krise were loaned shawls to participate. We gifted the Elders and youth with canned elk, necklaces, and Indian tea to thank them for the invitation. Our youth helped clean up tables, serve Elders, and offered tea and coffee to Elders. Our hands are raised to Miss Ann Penn-Charles for giving our youth a few lessons on etiquette at the ceremony and including them throughout the day. When you see one of the 6 that attended, ask them what they will remember about their experience! We look forward to attending next year and appreciate the opportunity for this experience.



Kiona and Ana ready to dance



The Welcoming of the Whales Crew!



Jessica gifting elk at the Welcoming of the Whales





CHILD DEVELOPMENT CENTER—



Spring at the Child Development Center

Kaitlyn Krug - Squaxin Island Child Development Center hosted in our annual egg drop. Egg drop is a STEAM activity, where we encourage our students to create a protective barrier out of recycled items for a raw egg. Then we all gather outside the center and drop the students' eggs from off the top of the ladder and we see who survived the fall. STEAM stands for science, technology, engineering, art, and math and it encourages scientific thinking, observation skills, analyzing, and predicting outcomes.

We celebrated spring break with Spirit Week. Monday was hat day and many of our classrooms created and decorated their own hats. Tuesday was tourist day and students were encouraged to share where they would like to go on vacation. On this day the River Otter room decorated paper suitcases with magazine pictures of vacation destinations. Raven room students made and decorated toilet paper roll binoculars. Wednesday was a fan favorite, pajama day and the egg drop.

To end this fun short spring break week, we had a center-wide dance party in the foyer. The dance moves ranged from gentle sways to full on grooving to the music. Even though the dance party only lasted about fifteen minutes in the foyer, the temperature raised a few degrees and lots of smiles were present.



























Child development Center—



Black Bears

Squaxin Island Child Development Center's Black Bear classroom is springing into action! The Black Bears put their helpful hands to work cleaning and preparing garden beds on March 22nd to begin the planting season. They planted garden starts of dDill, cilantro, and basil inside their classroom at the beginning of this month. Planning a garden, planting the seeds, and watching them grow promotes responsibility and fosters a sense of purpose in our students. In addition, time in the garden cultivates team building and promotes communication skills. They then took advantage of the nice weather by soaking in the natural vitamin D and had a cozy picnic with friends on blankets in front of the center. It is essential for children to get outside and absorb natural Vitamin D for strong bones and strengthening immune systems, especially after the dark winter months. This is why it is important take advantage of the nice days and get outside.





Tree Frogs

On March 27th, the Tree Frog room kids participated in a literacy and fine motor activity. Savannah Raham, Lead Teacher, created name boards and cut out all of the children's letters. This activity promotes letter recognition and fine motor skills. The children enjoyed this activity, and some students even aided their friends in finding the letters and matching them up.







exploring the forest. Prior to going out, Shannon Skillman, Lead Teacher, and Shaelynn Clark, Lead Teacher, discussed the weather for the day and how layers are used to keep our bodies warm and dry in early spring in the Pacific Northwest. While exploring in the woods, we looked for insects and found a worm. The students observed how it moves and what it feels like. The students got to observe the creek from the bridge and learn about the





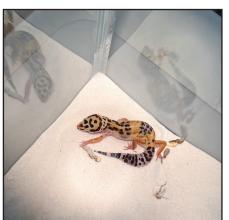


Coyotes

The Coyote classroom kids enjoyed In the River Otter room, Helen

The Coyote classroom kids enjoyed In the River Otter room, Helen

The Coyote classroom kids enjoyed In the River Otter room, Helen Tinaza, Lead Teacher, and Trinity Fosdick, Assistant Teacher Trainee, both applied for a "Pets in the Classroom Grant" and received it. This grant supports teachers to enrich students' educational and personal development through interaction with pets in their classroom. The grant provides financial support to teachers to purchase and maintain small animals in the classroom. The classroom now has a bearded Dragon, "Remy", and a Leopard Gecko, "Gilbert." The River Otter students took part in suggesting names and then they each got to vote on the names suggested. Since Gilbert and Remy have joined the classroom, the children have been able to observe the reptiles grow and shed their skin. Students are excited to learn facts about their classroom pets and are strengthening social skills through pet observations and discussions. Pets in the classroom facilitate responsibility, empathy, and compassion.









Elders Bake Sale

Squaxin Elders' baked foods sale was a huge success!!! Thanks to ALL who helped in so many ways. We won't even attempt to name them all.

Loving thanks to all Elders for baking some amazing goodies; Tribal staff for transporting tables to and from; KTP store employees for helping set up canopies, tables, banners, and balloons; Museum staff for letting Elders use the Visitor Center to store things and for donating two baskets for the raffle; Brooks Farrell for coming in on his day off to be our Easter bunny; Elders who came down to assist during the sale; of course, to all community members, family, and friends who also baked goodies; and to all who bought goodies.

A special shout out to Mark Jones for his donation of \$200 for one of Darlene's carrot cakes!!! Wow!

We appreciate you all so much!! Thank you!

Sincerely, Co-Chairs of this event and **Elders Coordinator** Kim Olson Elizabeth Krise Traci Coffey







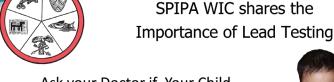












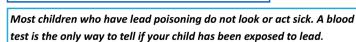
Ask your Doctor if Your Child

Why should your child be tested for lead?

If lead gets into your child, it can cause brain and kidney damage, as well as make it hard for your child to learn, pay attention, and behave properly.

Needs Lead Testing

Even small amounts of lead can hurt your child, so it is important to find out if your child should be tested.





Federal Law mandates that all children enrolled in Apple Health/ Medicaid are required to get blood test at ages 1 year (12 months) and 2 years(24 months).

For more information on lead, contact doh.wa.gov/lead or call 1.800.909.9898 or ask your WIC clinic staff

This institution is an equal opportunity provider. Washington State WIC Nutrition Program doesn't discriminate.





-PCD | Community—





No Off-Road Motorized Vehicles Allowed

The serenity of the Boardwalk is a place of reflection and wellness of physical, mental, and spiritual health. Feel free to walk around and enjoy the natural beauty.

The significance of the structural integrity of the boardwalk was meant to attract people of all ages and abilities to enjoy for years to come and not intended to be used for off-road motorized vehicles.

Thank you for your patience during the construction of the





Attention: Squaxin Island Tribal Homeowners (on or off reservation)

Homeowner Assistance Fund (HAF) Help for Homeowners in Need

If you have experienced a financial hardship due to COVID-19 that resulted in mortgage delinquency, we may be able to help.

The Squaxin Island Tribe, Office of Housing has received funding through the Department of Treasury for the Homeowner Assistance Fund (HAF). We are accepting applications from Squaxin Island Tribal homeowners who meet the following criteria:

- You own the home you live in and it is your primary residence, on or off reservation.
- You have you experienced financial hardship due to Covid-19 (after January 21, 2020) from one of the following:
 - · Mortgage delinquencies
 - · Foreclosure
 - · Unpaid property tax
 - · Past due utilities
 - · Home displacement due to critical home repairs (roof, structure damage)
- 3. Your income falls at or below these guideline
 - 1 person (\$63,000)
 - 2 persons (\$72,000)
 - 3 persons (\$81,000)
 - 4 persons (\$90,000)
 - 5 persons (\$97,200)
 - 6 persons (\$104,400)

 - 7 persons (\$111,600)
 - 8 persons (\$118,800)

Please go to: squaxinisland.org/government/departments/community-development to fill out the forms listed below. You may also request a copy of the application from the contacts listed below.

- Squaxin HAF application
- Squaxin Financial Assistance Form HAF
- Release of Information

If you have any questions please contact:

Lisa Peters / lpeters@squaxin.us / (360) 432-3871

Liz Kuntz / lkuntz@squaxin.us / (360) 432-3937









Spring Into Action



Home Maintenance Spring Checklist

- Check roof for missing, loose, or damaged shingles.
- **Check** chimney and roof vents for any nests and animal infestation.
- Clean and inspect gutters and downspouts.
- Check and touch up exterior paint.
- Test smoke and carbon dioxide alarms and change batteries.
- Clean debris from dryer lint trap and exhaust duct.
- Remove dead leaves and other debris around foundations, decks. porches, and stairs.
- Check grills for rust, worn parts, insects, grease, and other debris before use
- Use grills at least 10 feet away from the house or any building.
- Inspect caulking and seams on doors and windows.
- Check for cracks or leaks around the foundation.
- Drain and flush sediment from water heater and check for leaks
- Clean ducts and filters on HVAC system.
- Trim trees that are touching or overhang the roof or gutters.
- Power wash vinyl siding.
- Inspect caulking around base of shower and sinks, scrape it out, and
- Vacuum under refrigerator and clean condenser coils.
- Clean kitchen and bathroom exhaust fans.



Connect with us for homeowner safety tips and other information AMERIND.com









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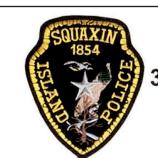
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To contact a Squaxin Island Police Officer Call: 360-426-4441

> If it is an **EMERGENCY CALL 911**



AA MEETING

Every Wednesday 7:30-9:00 p.m. **Elders Building**

THE HONORABLE ANITA ESTUPIÑAN NEAL

SQUAXIN ISLAND TRIBAL COURT YOUTH COURT SQUAXIN ISLAND RESERVATION

IN RE: Case No.: SQI-CW-2022-12-1

N.J.

DOB 9/26/22 NOTICE OF GUARDIANSHIP HEARING

Indian Child

TO: Dionna King

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YOU ARE HEREBY NOTIFIED THAT pursuant to the Squaxin Island Youth code, the Court has set a guardianship hearing in the above captioned matter. The hearing on this matter shall be held on June 1, 2023 at 10:00 a.m. at 10 SE Squaxin Lane, Shelton, Washington. FAILURE TO APPEAR AT THIS HEARING OR TO RESPOND IN WRITING MAY RESULT IN THE CHILD BEING PLACED IN A GUARDIANSHIP. File your written response with Squaxin Island Tribal Court at the above listed address or call 360-432-3828 for more information regarding the hearing.

25 NOTICE - PAGE 1 OF 1

SQUAXIN ISLAND LEGAL DEPARTMENT 3711 SE OLD OLYMPIC HWY SHELTON, WASHINGTON 98584 360.4362.177

IN THE TRIBAL COURT OF THE SQUAXIN ISLAND TRIBE SHELTON, WASHINGTON

IN THE MATTER OF THE ESTATE OF: RUSSELL DEAN HARPER.

Deceased.

Case No. CV-2022-08-2 PROBATE NOTICE TO CREDITORS

PLEASE TAKE NOTICE that the Administrator named below has been appointed as Administrator of this Estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in SITC §8.01.040(B) and RCW §11.40.070 by serving on or mailing to the Administrator or the Administrator 's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:

Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW §11.40.020(1)(c); or

PROBATE NOTICE TO CREDITORS

Page 1 of 2

Curiale Hostnik PLLC 315 - 39th Avenue SW, Suite 9 Puyallup, WA 98373 (253) 475-4200 Fax: (253) 475-2596

Four months after the date of first publication of the notice.

If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW §11.40.051 and §11.40.060. This bar is effective as to claims against both the Decedent's probate and non-probate assets.

Date of First Publication: March 15, 2023 Personal Representative: Jason Koenig

Attorney for the Personal Representative: Charles R. Hostnik

Address for Mailing or Service: Curiale Hostnik PLLC 315 - 39th Avenue SW, Suite 9 Puyallup, WA 98373

Court of Probate Proceedings and

Squaxin Island Tribal Court Case No. CV-2022-08-2

DATED this 22nd day of February, 2023.

CURIALE HOSTNIK PLLC

By: /s / C. R. Hostnik Charles R. Hostnik, WSBA #10834 Member of the Squaxin Island Tribal Court Bar Attorneys for Jason Koenig, as Administrator of the Estate of Russell Dean Harper

PROBATE NOTICE TO CREDITORS

Page 2 of 2

Curiale Hostnik PLLC 315 - 39th Avenue SW, Suite 9 Puyallup, WA 98373 (253) 475-4200 Fax: (253) 475-2596



HEALTH AND HUMAN SERVICES



Unplug & UNWIND



By Kimy Peterson and Kyle Ferguson - The Covid-19 pandemic has changed our lives a great deal. Before 2020, it was hard to picture a day-to-day life without face-to-face contact, working from home, and Zoom meetings. When businesses closed and people stayed home, it was easy for them to use their digital media devices to find new ways to connect with other people, get work done, and have fun. People, especially kids, were scrolling through Facebook and Tiktok for social interaction. Streaming videos from Netflix, Hulu, and YouTube replaced going to the movies. Kids "went to school" by signing into a video classroom.

Now that we're back at work and our kids are back in school, we're starting to see a sad truth: all the time we spent plugged in over the past few years has made it hard to unplug and relax. Even before the pandemic, doctors and researchers were growing more worried about the health of children who spent too much time in front of screens. In 2019, one study found that 95% of youth owned a smartphone.

Do you know what FOMO means? It stands for "Fear of Missing Out," and it's one reason why kids and teens use social media and other digital media apps all the time. Kids and teens spend a lot of time looking at the content on their phones instead of doing things that are good for their physical and mental health, like getting enough sleep or exercise. It also increases the risk of depression, anxiety, and sleep problems.

The National Sleep Foundation says that little kids in school should sleep 9–11 hours a night, and teenagers should sleep 8–10 hours a night. Children may not get the enough sleep because they spend too much time in front of a screen at night.

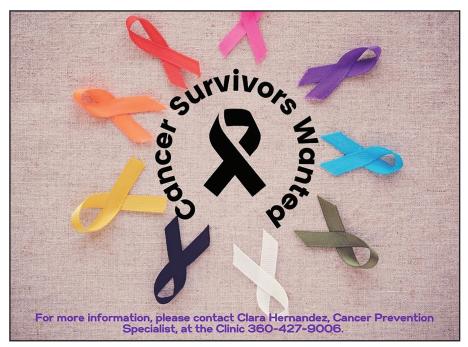
Researchers have found that the blue light from screens can sometimes make it harder to fall asleep or wake up in the morning. This is because the blue light from screens is like natural daytime light. Screens on phones, tablets, computers, and TVs all give off blue light, which can strain our eyes and change how we sleep and wake up.

Unwind

There is no perfect way to stop blue light from keeping kids up at night, but parents can help their kids practice good sleep hygiene to lessen the effect. These things can be part of good sleep hygiene, but they can be changed as needed:

- Creating a nighttime wind-down routine
- Keeping phones out of reach to reduce the urge to scroll in bed
- Keeping TVs and computers out of bedroom or turned off
- Using the tools on mobile phones to manage screen time (Apple IOS has settings for digital health and scheduling down-time and Chronicle is a useful app that is available for Android via the Google Play app store)
- Creating a family media plan: https://www.healthychildren.org/English/media/Pages/default.aspx

Parents can help their kids find a place to relax after a long day of being plugged in by giving them tools like these.





Behavioral Health Outpatient Services 360-426-1582



Health and Human Services





Do you know the signs of a stroke?

By Rachel Espanto, BSN, RN - Native Americans have the highest stroke-related death of any other race in the United States. When the blood flow to the brain is interrupted, it causes a stoke and can lead to death or other serious disabilities. It is important to know the signs to be able to get help in a timely manner. **Time is very important when it comes to treating a stoke.**

Act F.A.S.T and save a life!

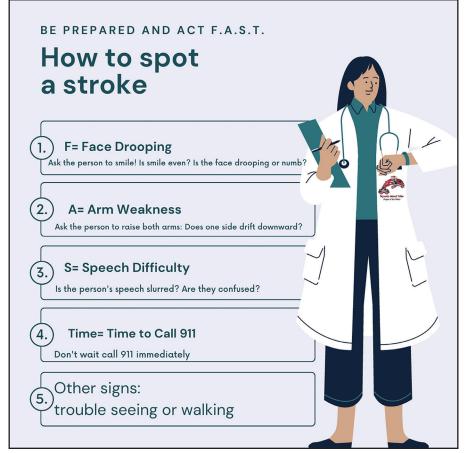
The American Heart Association list:

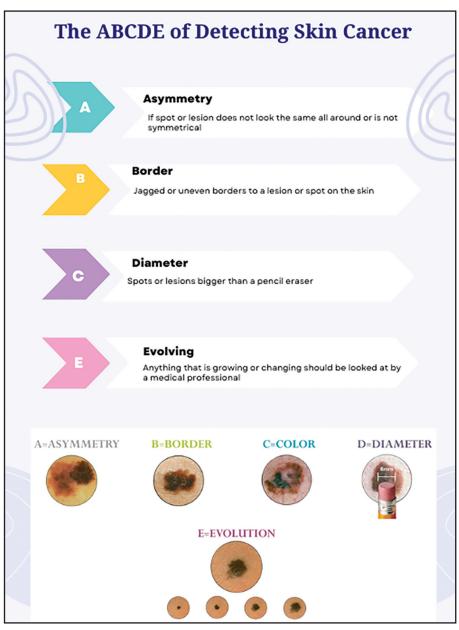
- *F* = *Face Drooping* Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven?
- *A* = *Arm Weakness* Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?
- S = Speech Difficulty Is speech slurred?
- *T = Time to call 911*

Some other signs of a stroke include, numbness, weakness, confusion, trouble seeing, and trouble walking.

There are changes that a person can make in their every day life to decrease their risk of stroke. Eat more food low in fat and high in fiber. Get at least 30 minutes of activity a day - walking, dancing, jogging. Limit alcohol use and stop smoking commercial tobacco.

If you have any concerns about your risk for stroke, please schedule an annual exam with your family doctor to discuss your options in more detail.





It's not a myth! American Indians can get skin cancer!

Skin cancer is largely preventable, and if caught early, it's usually curable. Since most skin cancers are linked to sun exposure, it's important to take precautions when spending time outdoors, no matter what time of year. Too much sun can increase your risk for skin cancer and lead to premature skin aging.

We can do our part by getting enough rest, eating healthy foods, regulating stress, and avoiding unhealthy habits such as smoking. We can cleanse our skin regularly, moisturize often, and apply sunscreen as needed.

Tips for Preventing Skin Cancer (Melanoma)

- 1. Prevent a sunburn by using SPF 30 or higher and wear protective clothing.
- 2. Seek shade when possible to avoid UV exposure.
- 3. Use a daily moisturizer with SPF for your face, ears and back of neck.
- 4. Don't use tanning beds or sunlamps. They emit the same harmful UV radiation as the sun.
- 5. Reduce stress.
- 6. Get enough sleep.





7. Speak up.



Health and Human Services



Covid-19 Statistics

March 15 - April 15

Vaccinations

Fully Vaccinated: 2,519 Vaccines Provided: 2,839

Test Results

Positive: 7 Negative: 20 Total Tests: 27







MAY 11, 2023 JUNE 15, 2023 JULY 11, 2023 AUGUST 29, 2023 SEPTEMBER 26, 2023 Contact Clara! 360-432-3930

Spring into Action

Spring is here...!!! Which means the days get longer and the temperature gets warmer. It is a time of anew in nature and self after a long, cold winter of hibernation. Sort of hibernation... where we lounge around the house to avoid the cold and eat for comfort.



Furthermore, spring provides an array of fruits and vegetables and the warmer weather gives the opportunity to get out of the house and enjoy the benefits of physical activity.

Eating a balanced diet and physical activity are important, both for weight loss and maintaining overall health. The 2018 Physical Activity Guidelines for Americans recommend adults engage in a minimum of $2\frac{1}{2}$ to 5 hours each week of moderate-intensity aerobic activity or 75 to 150 minutes of vigorous-intensity activity a week.

Examples of moderate-intensity aerobic activities include:

- Walking (3 ½ miles per hour)
- Water aerobics
- Bicycling
- General yard work

Examples of vigorous-intensity activities include:

- Speed walking (4 ½ mph)
- Jogging, running (5 mph)
- Bicycling (10 mph)
- Swimming laps



When increasing your level of aerobic activity, first decide which activities you enjoy and can set into your daily schedule. If you are starting from little or no daily physical exercise, check with your doctor before starting a new physical exercise routine.

Let's not forget strength-building exercise! It is recommended that adults do muscle-strengthening - such as weight lifting, resistance training (or heavy gardening) - or any activities that incorporate all major muscle groups at least twice a week.

Keep in mind that nutrition plays an important role in your physical activity. Having a well-balanced diet that includes protein, fats, carbohydrates, vitamins, minerals, and water is supportive in physical activity.





COMMUNITY-





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2 Julio M. Valencia Robert James Jones Veronica May James

3 Kim Renee Cooper Krystal Ivy Murray Vernon Charles Kenyon Xavien Malosi Manu-Saenz

4 Kenai Anthony James Lilly Shirley Ann Dorland

5 Ahree Kyla Allen Daniel Blaze Snyder Lauren Mackenzie Costello Payton John Lewis Todd Loren Hagmann Jr.

6
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Raven Rose Thomas
Sally A. Brownfield
Taylor Ray White

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23 Brandon Lee Kenyon Levi Lee Sanchez III Michael S. Ogden Theresa Lee Sanchez Tiffany Ann York

24 Alexandra Isabelle Mirka Donald F. Hartwell Nicholas Scott Meyer 25 Raymond Anthony Peters Spirit Rose Jones

26 Craig Woodburn Parker Mildred Irene Wagner Tyler Douglas Johns

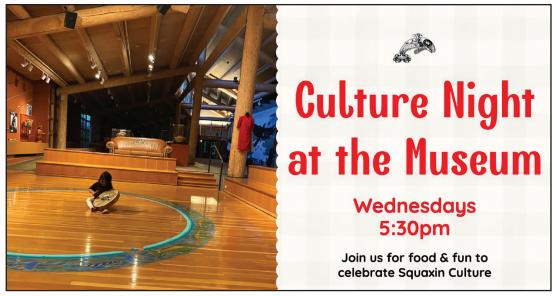
27 Elsie Ada Quinn Thale Jeremyha Steven James

28 Cahsai Blueback-Robinson Kurt Ellsworth Poste Molly Troxler 29 Jack Richard Selvidge Nanalaeya Marie Untalan

30 Iladee King Mataya GE Stroud Matayla Margie Krise

31 Candace Lee Ehrhard Carol Marie Phipps Daniel Sigo Melissa Ann Day Milah May Hawks









Farewell to Meloney Hause

With Love from Dorinda











General Body Meeting May 6

Elders Host Luncheon May 11

Mammogram Day May 11

Healing Informed Training for Elders

May 16 & 17

Court:

Family Court: May 4
Criminal/Civil Court: May 9
Vulnerable Adult Court: May 18

WIC May 9 USDA May 10





Elders Menu ... Fruit and salad at every meal

MONDAY 1:

Crab Cakes, Veggie Rice

MONDAY 8:

Tuna Casserole, Peas

MONDAY 15:

Sandwiches, Chips

MONDAY 22:

Enchilada Bake, Black Beans

MONDAY 29:

CLOSED Memorial Day

TUESDAY 2:

Chicken Noodle Soup, Egg Salad Sandwiches

TUESDAY 9:

Clam Chowder, Fry Bread

TUESDAY 16:

Taco Soup, Corn Bread

TUESDAY 23:

Seafood Soup, Biscuits

TUESDAY 30:

Beef Stew, Biscuits

M

WEDNESDAY 3:

Clams, Cole Slaw

WEDNESDAY 10:

Teriyaki Chicken, Rice, Veggies

WEDNESDAY 17:

Salmon, Red Potatoes, Brussel Sprouts

WEDNESDAY 24:

Meatball Subs, Chips

WEDNESDAY 31:

Goulash, Corn

/

THURSDAY 4:

Steak, Mashed Potatoes w/ Gravy, Broccoli

THURSDAY 11:

Tator Tot Casserole, Mixed Veggies

THURSDAY 18:

Ham, Scalloped Potatoes, Carrots

THURSDAY 25:

Brisket, Mashed Potatoes w/ Gravy, Carrots



Wher's Day





Next WIC:

Tues., May 9, 2023

We are continuing

remote phone appointments

through August 2023 due to

the COVID-19 virus

We will call you on your appt day

provides healthy foods &

Squaxin Island WIC (Women, Infants, and Children)

nutrition information for you and your child up to age 5. Please have available:

Your child's height & weight, Provider One Card or paystub and identification for you & your child

Contact at SPIPA for an appointment: Patty at 360.462.3224, wicnutrition@spipa.org

Debbie Gardipee-Reyes 360.462.3227 gardipee@spipa.org

Main SPIPA number: 360.426.3990



This institution is an equal opportunity provider. Washington State WIC Nutrition Program doesn't discriminate.



USDA Foods Program May Dates

PT. GAMBLE S'KLALLAM 5/5/23 **SQUAXIN ISLAND** 5/10/23 **SKOKOMISH** 5/17/23 **CHEHALIS** 5/19/23 **NISQUALY**

5/23/23 $\textbf{NOTE:} \textit{ Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staylor and the program of the prog$

have other duties that they are responsible for on the days they are not issuing commodities.

If you're unable to make the date, please call and schedule an appointment with appropriate staff. For USDA Food, call SPIPA at 360.426.3990





SPONSORED BY SQUAXIN ISLAND FAMILY SERVICES AND SPIPA







ING HEALING INFORMED TRAINING

The Native Wellness Institute will facilitate a two-day training on Being Healing Informed for elders emphasizing healthy communication. This interactive training will leave people informed, inspired, and ready to serve the community in a good way

MAY 16, 2023 11:30 AM - 4:00 PM

MAY 17, 2023 9:00 AM - 4:00 PM

LITTLE CREEK CASINO SA-HEH-WAMISH ROOM

There is room for 75 elders. For more information and to sign up, contact: Twana Machado Office: 360-432-3887

Thanks to Dorinda Thein, Elders Inc. Chairperson, for her guidance on this event.

