

Removing barriers to fish under State Route 108 this summer

There have been changes to the work schedule for the WSDOT Fish Passage Improvement Projects on HWY 108

Anticipated mobilization and prep work will begin in August with full traffic revisions/closures anticipated in September.



Work to improve access to fish habitat in and around State Route 108 began in mid-July. The Walsh Group, a contractor working for the Washington State Department of Transportation, launched this effort to remove culverts that are barriers to fish. Fish-passable structures will replace the existing barriers.

During the first phase of the project, crews will focus on locations UNDER SR 108

Please note the following schedule has been updated. Both total closures on SR 108 were scheduled to occur during August. The total road closures have been rescheduled to September and October. This is due to critical materials needed to build the project not being available.

Travelers began to see a construction zone outside McCleary in mid-late July at milepost 5.5. This included daytime one-way alternating traffic.

Travelers can expect two separate around-the-clock closures on SR 108.

SEPTEMBER 5th - 19th

- Closure located at milepost 5.5 and 5.54 northeast of McCleary for around-the-clock construction at two unnamed tributaries to Skookum Creek
- Detour via US 101, SR 8, and SR 108

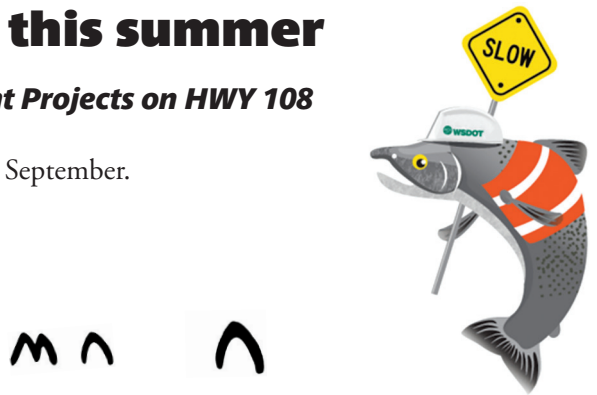
From 8:00 a.m. Tuesday, September 5th to 8:00 a.m. on Tuesday, September 19, this portion of SR 108 will close to all traffic.

LATE OCTOBER

- Around-the-clock closure between milepost 9.47 just west of Hurley Waldrip Road
- Roadway will be closed approaching an unnamed tributary to Skookum Creek
- Detour via US 101, SR 8, and SR 108
- WSDOT will announce the closure dates when they are scheduled.

2024

Remaining construction of a new bridge at Kamilche Creek (SR 108 milepost 9.47), McDonald Creek, and an unnamed Tributary to Skookum Creek will be completed in 2024.



What will replace existing culverts?

Current culverts are blocking habitat for salmon and steelhead and other aquatic species. WSDOT is removing them and replacing them with new fish-passable structures. During 2023, crews will install new concrete box culverts at MP 5.54 & 5.50 and install shafts for Kamilche Creek.

Get in, get out

The approach is considered “get in, get out.” The work is boiled down to short-term around-the-clock closures.

“We know this is an inconvenience for a lot of people,” said WSDOT Project Engineer Casey Fraisure. “Each around-the-clock closure will shorten the duration of the construction timeline and keep this project moving forward so we can remove these barriers to fish.”

Total closures reduce construction timelines and provide smaller environmental footprints. The approach will reduce construction inside well-established riparian habitats along the edge of the creeks.

Continued on Page 3



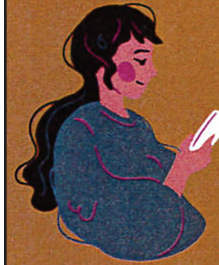


Walking On . . .

With great sadness, we announce the passing of Chris Sigo. In order to allow the family time to mourn, a full writeup about Chris will be postponed until the next issue of the Klah-Che-Min. Our heartfelt sympathy goes to his family and friends.



No-Cost Mental Health Services



The Tribal Opioid Response team, along with the NPAIHB, are offering **no-cost**, fully virtual substance use and mental health services to Indigenous individuals aged 15 years and older who live in WA, OR, or ID.

For information on how to access these services, visit:

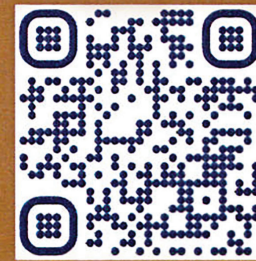
bit.ly/TORmentalhealth



**Tribal Opioid
RESPONSE**
Healing our Nations Together



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD



Scan QR code for
virtual substance use
or mental health
services

Text 'OPIOIDS' to 94449

To receive videos, quizzes,
and more to grow your
opioid knowledge



Squaxin Island TRIBAL NEWS

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Shelton, WA 98584

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FAX: (360) 426-6577

www.squaxinisoland.org

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

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**SQUAXIN ISLAND CHILD
DEVELOPMENT CENTER
IS LOOKING FOR
VOLUNTEERS TO
HONOR INDIGENOUS IDENTITY
AND CULTURE THROUGH
TRADITIONAL**

**STORY TELLING
DANCE
DRUMMING
WEAVING
BEADING
CARVING
GATHERING
MEDICINAL MEDICINE**

**INTERESTED VOLUNTEERS
REACHOUT TO MARTI PETERSON
mpeterson@squaxin.us**





Culture Night at the Museum

**Wednesdays
5:30pm**

Join us for food & fun to
celebrate Squaxin Culture



Fish Passage under State Route 108 Continued from Page 1

What is a fish passage barrier?

A fish passage barrier is anything that hinders fish from moving through a waterway. Culverts, which are generally large pipes beneath roadways, may allow water to flow but don't always provide conditions that fish can swim through. The water that flows through culverts may block fish migration because the flow is too swift, too shallow, or has a waterfall into or out of the culvert.



Fish swimming under a new bridge after roadway was excavated and culvert was removed

The work is being done in compliance with the federal injunction about fish passage. In 2013, a federal court injunction required the state to significantly increase efforts to remove state-owned culverts that block habitat for salmon, bull trout, and steelhead by 2030. This project is part of the WSDOT injunction.

Stay connected

Construction schedules can change, and we want you to stay informed. More information is available on the project web page. The project webpage is available at wsdot.wa.gov and search: Kamilche.

Or scan the code to go to the website:



Travelers can get advance notification and real-time information on the WSDOT app and statewide travel map. Sign up for email updates for major roadwork on state highways in Mason County.

People can also call the project hotline at (564) 225-3289.

Proposed work during 2024

Next year, WSDOT plans to complete work on three remaining barriers to fish on SR 108. Work is also planned on US 101 near the Mason/Thurston County line. WSDOT will do the work when it will have the least impact on fish. This means mid-July through October is likely when most of the construction will happen. Work not happening in the water could take place outside that time-frame.

WSDOT will ask for feedback about the construction approach well in advance of any work during 2024.

SQUAXIN ISLAND

First Salmon Ceremony

AUGUST 8, 2023
11:30 A.M. ~ CEREMONY AT NOON
PORT BLAKELY PROPERTY
1821 SE KAMILCHE POINT RD

DUE TO LIMITED SPACE, ATTENDANCE WILL BE LIMITED TO THE SQUAXIN COMMUNITY: TRIBAL MEMBERS, THEIR FAMILIES AND SQUAXIN STAFF. EVERYONE WILL BE STRONGLY ENCOURAGED TO CARPOOL OR USE THE SHUTTLE SERVICE PROVIDED. SHUTTLE SCHEDULE WILL BE AVAILABLE SOON.

QUESTIONS?
CALL 360-426-9781



Notice to the Community

Burn restrictions have increased!

EFFECTIVE IMMEDIATELY

All recreational burning (campfires, outdoor cooking - including charcoal grills - and pleasure fires in concrete, rock, or steel rings) is prohibited! This is a full ban on ALL fire types.

Per Tribal Code, Squaxin has adopted Mason County's burning restrictions for the safety of the Squaxin community.

Please be a good neighbor and keep us all safe!

Mason County Burn Ban Information:
masoncountywa.gov/community-services/fire-marshall/burn-restrictions.php





Elevation & TTP Express will open
August 19th!
7249 Capitol Blvd SE
Tumwater WA 98501

Elevation Store

Hours
9:00 AM
-
9:00 PM

TTP Express

Hours
6:00 AM
-
9:00 PM



Happy Retirement Kevin Lyon and Sharon Haensley!!!
Thank you for your many years of service as Tribal Attorneys! You will be missed!



*Calling all
Squaxin
Families!*

Join us in celebration as we embark on a

Huckleberry Harvest!

**August 17-19th
Cispus, WA**

Whether you are an experienced harvester or new to this tradition, your presence and participation are invaluable.

Please express your interest and RSVP by July 31st to: Tribalgarden@squaxin.us.

As there is great deal of coordination between several departments, having an accurate number helps with preparation.



New Employees



Sarah Brown
Clinic Receptionist

Hi, my name is Sarah Brown, and I work in the Health Services Department as the Medical Receptionist.

My family has been working for the Tribe for some time, and I did the youth program.

I'm really excited to learn new things about this job and to get more experience while meeting and working with new coworkers.

I really look forward to working with everyone and am thankful to have this experience.



Jon Stordahl
Finance

Hi, my name is Jon and I work in the Finance Department. I look forward to seeing you around.



Summer Youth Employment



AJ Wier

Hi, my name is AJ Wier, and I work for the Family Services Department as the Receptionist. I am from the Cooper family and my parents are Lisa and Matthew Wier.

I attend Shelton High School and I just completed the 9th grade.

I look forward to working with you.



Alexia Snyder

Hi, my name is Alexia Snyder. My mom is Amber Gomez, and I come from the Bagley family. I attend Cedar High School and completed the 10th grade. I am looking forward to work.



Alea Shea

Hi, my name is Alia Shea. I have been hired as a Child Development Center Classroom Assistant with the summer youth program.

I come from the Bagley family and the Henry family. My parents are Christina and Michael Henry.

I completed the 10th grade at Shelton High School.

I hope to have a nice summer working environment with you!



Eva Rodriguez

Hi, my name is Eva, and I have been hired as a Cultural Apprentice. My parents are Rainey and Fernando. See you around.



Summer Youth Employment



Anita Peterson

Hi, my name is Anita. I am working in the garden for the summer youth program this year. My parents are a Wick-et and Moose LaClair. I am in the 21+ program and I've completed the 11th grade. See you around, I look forward to working with everyone.



Ariana Salazar

Hi, my name is Ariana Salazar. I have been hired as a Fish Technician Trainee with the summer youth program.

I come from the Johns family. My parents are Davina Braese and Mario Salazar.

I completed 10th grade at Shelton High School.

Hoyt



Arthur Barragan

Hi, my name is Arthur Barragan. I have been employed as a KTP Stocker with the summer youth program.

My mom is Lettie Machado.

I attend Shelton High School and completed the 10th grade.

I look forward to working with you.

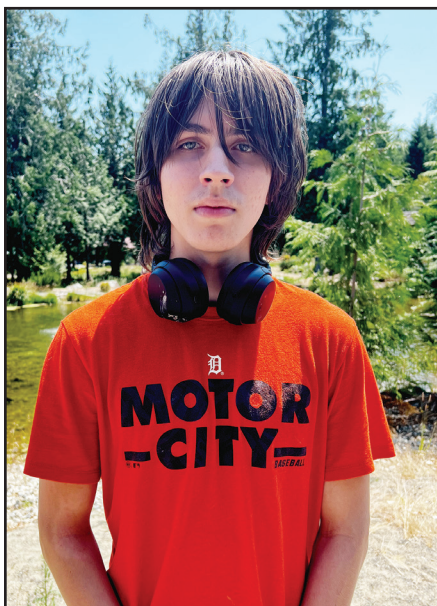


Benjamin Naranjo-Johns

Hi, my name is Benjamin. I work at the KTP as Stocker for the summer youth program.

My parents are Ernesto Naranjo and Rachel Mae Johns.

See you around.



Jason Longshore

Hi, my name is Jason Longshore. I work at NR this year for Summer Youth. I come from the Krise family and my mom's name is Jasmine Nelson.

I attend the SHS and completed the 11th grade.

I look forward to the experience.



Josiah Perez

Hi, my name is Josiah Perez. I have been hired as a Summer Roots Assistant for the summer youth program.

I come from the Brown family. My mom is Jennifer Brown, and my real dad is Roy Perez.

I go to Shelton High School and just completed the 9th grade.

I look forward to working with you guys.





Summer Youth Employment



Judah Thale

Hi, my name is Judah Thale. I have been hired as a Summer Roots Assistant with the summer youth program.

My parents are Erika and Tyler Thale. I come from the Krise family.

I just completed the 9th grade at Capital High School.



Lyla Wentworth

Hi, my name is Lyla Wentworth. I have been hired as a Daycare Teacher's Aide for the summer youth program.

I come from the Bagley family. My parents are Kezia and Then Wentworth.

I attend Shelton High School and just completed the 10th grade.

I'm so excited to work with you and your team!



Micah Masoner

Hi, my name is Micah Masoner. I have been hired as a KTP Stocker with the summer youth program.

My parents are Chastity Masoner and Bradley Tucker.

I am home schooled and completed the 10th grade.



Randy Koshiway

Hi, my name is Randy Koshiway. I will be working at Natural Resources as a Fish Technician Trainee.

My mother is Sally Scout and my father is Bob Koshiway.

I attend Shelton High School and I just completed the 11th grade.



Sophia Pinon

Hi, my name is Sofia Pinon. I have been hired as a Legal Intern with the summer youth program.

I am from the Henry/Cooper family. My parents are Patrick and Susan LaClair.

I just finished my senior year of high school and sophomore year of college with my Associates degree.

I look forward to working with the tribe!



Trent Brown

Hi, my name is Trent Brown. My position is with Natural Resources for the summer youth program.

I am from the Bagley family, and my mom's name is Kristin Penn.

I go to Choice High School and completed the 11th grade.

I hope to work here again.





Summer Youth Employment

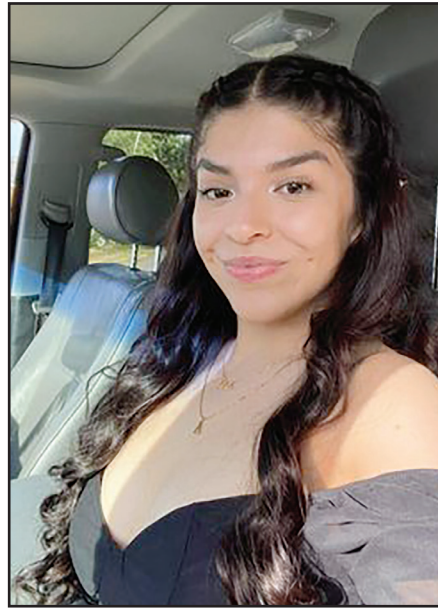


Adarius Coley

Hi, my name is Adarius Coley. I have been hired at NR as a Fish Tech Trainee for the summer youth program.

My parents are Theresa Sanchez and Clinton Coley.

I attend online school and just completed my junior year.



Ana Pinon

Hi, my name is Ana Pinon. My position is Summer Roots Program Assistant with the summer youth program.

I come from the Henry and Cooper family. My parents are Wicket McFarlane LaClair and Jeffrey Pinon.



Syncere Ho

Hi, my name is Syncere Ho. I have been hired as a Summer Roots Program Assistant for the summer youth program.

My parents are Niki Ho and Steven Ho.

I attend Capital High School and just finished the 10th grade.

I look forward to work.



Shea Peters

Hi, my name is Shae Peters. I have been hired as a Summer Roots Assistant with the summer youth program.

I come from the Peters family. My parents are Kristopher and Brandy Peters.

I go to Capital High School, and I just completed the 11th grade.

See you around!



Tanalee Mendoza

Hi, my name is Tanalee Mendoza. I have been hired as a Summer Roots Assistant with the summer youth program.

I come from the Johns and Henry families. My mom is Davina Brease and my grandma is Tonya Henry.

I attend Shelton High School and completed the 11th grade.

Love You, Bye
HOYT



Emma Sparr

Hi, my name is Emma Sparr. I have been hired as a Child Development Center Classroom Assistant for the summer youth program.

My parents are Janita and Jermaine Raham.

I just completed the 9th grade at Shelton High School.

See you around.





HUMAN RESOURCES



Summer Youth Employment



Aiyanna Krise

Hi, my name is Aiyanna Krise. I have been hired as a Summer Roots Assistant for the summer youth program.

I come from the Krise family. My parents are John Krise II and Shayla Wilkins.

I attend Shelton High School and completed the 10th grade.

How you doin??



Alysa Meyer

Hi, my name is Alysa Meyer. I will be working as a Summer Roots Assistant for the summer youth program.

My parents are Jeromy Meyer and Stephanie Hodkinson.

I attend Shelton High School and completed my junior year.

I look forward to working with you all!

Not Pictured

Grace Pugel

Hi, my name is Grace Pugel. I have been hired as a Cultural Apprentice for the museum.

My parents are Juanita Algea and Anton Pugel. My grandmother is Rose Davis.

I graduated from Cedar High School this year.

Kly Meas

Hi, my name is Kly Meas. I work with the Housing Department for the summer youth program.

My mother's name is Talia Roy. I am from Chehalis. I go to River Ridge High School, and I am in the 11th grade.

I look forward to working with the Squaxin Island Tribe.

Addiction is real. So is Recovery.

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Let us help you back to recovery.
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SQUAXIN ISLAND TRIBE
Behavioral Health
Outpatient Services



Employment Opportunities:

squaxinísland.org



Stepping Stones



Kassidy Burrow

Hi, my name is Kassidy Burrow. I have been hired as a Stepping Stones Mentor with the summer youth program.

My mother is Kimberli Burrow Elam.

I attend Shelton High School and just completed the 11th grade.

I look forward to working with other adults and the youth.



Deanna Hawks

Hi, my name is my name is Deanna Hawks. I have been hired as a Stepping Stones Mentor.

I am the daughter of Beverly Hawks and Levi Henry and Chris Furtado. I come from the Henry and Krise family of Squaxin and also the Mesplie side of the Yakima.

I am super excited to work with the teams and other Mentors. I've always had fun working in the sun with the youth. I'm looking forward to the summer with the teens in Stepping Stones.



Tayla Logan

Hi, my name is Tayla Vigil Logan. I have been hired as a Stepping Stones Mentor with the summer youth program. I come from the Vigil family, and my mom is Alexsii Vigil.

I attended Shelton High School and just completed the 11th grade.

I look forward to working with the youth this summer.

Not Pictured

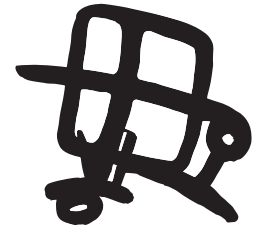
Raiatea Villanueva

Hi, my name is Raiatea Villanueva. I have been hired as a Stepping Stones Mentor with the summer youth program.

I come from the Lewis family, and my mom was Chastity Villanueva and my grandmother was Katherine Lewis.

I just finished the 11th grade at Shelton High School.

I look forward to working with the youth this year.



 YAY, IT'S 
summer 

PRESCRIPTION DRUG

TAKE BACK BOX LOCATIONS

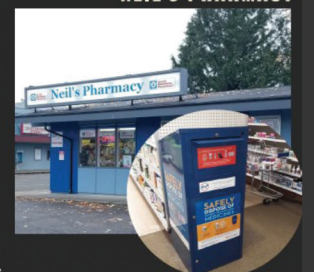


SHELTON

NEIL'S PHARMACY



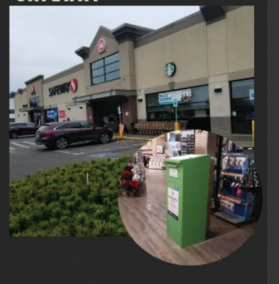
MASON GENERAL HOSPITAL



SHELTON PHARMACY



SAFeway





SALISH ROOTS GARDEN



Fresh produce from Salish Roots Farm is available for free every Thursday from 3:00 p.m. - 5:00 p.m. on Klah-Che-Min Drive. Community volunteer days at the farm are every Tuesday from 9:00 a.m. - 3:00 p.m. Contact tribalgarden@squaxin.us for info!





**-SALISH ROOTS-
FARM STAND**

**EVERY THURSDAY,
3PM-5PM**

**Berries
Carrots
Zucchini
Lettuce
Herbal Medicine
and more!**



FREE PRODUCE FOR SQUAXIN TRIBAL COMMUNITY



LOCATED AT SE KLAH-CHE-MIN DRIVE

TRIBALGARDEN@SQUAXIN.US



What's happening at the Creek

• **Seahawks/Tailgate Earn & Get** – Saturdays and Sundays earn 1,500 tier points from 8:00 a.m. to 9:00 p.m. to receive a gift each promotional week! Gifts change each week, so play to earn the full collection during the month of August!

• **Crumbl Cookies are moving to Tuesday!** Seniors 50+ can claim their cookie voucher from 10:00 a.m. to 10:00 p.m. each Tuesday. There will be three winners of \$250 in free play at 6:00 p.m. and one winner of \$1000 cash at 7:00 p.m.!

• **Wednesday's are cash drawings where it pays to be a resort rewards member!** These Rapid Fire drawings award prize amounts based on tier level up to \$1,000 for gold members. Drawings are at 1:00 p.m., 3:00 p.m., 5:00 p.m., 7:00 p.m., and 9:00 p.m.

• **Thursday's will be Guy's Night Out!** \$1000 cash drawings at 1:00 p.m., 3:00 p.m., 5:00 p.m., 7:00 p.m., and 9:00 p.m. ... Guys will win double the prize if drawn!

• **It pays to play table games this August!** Earn 750 points on table games from 11:00 a.m. to 5:00 p.m. on Fridays and Sundays to receive a \$15 dining voucher and an entry for a 6:00 p.m. drawing to win \$500 in cash!

Upcoming Entertainment

Ginuwine and Tone Loc August 12th | 8pm
Foreigner September 23rd | 8pm

Other Exciting News

One Cart

Visit the "Book Now" button on the homepage of the Little Creek Casino Resort website to visit our One Cart platform! Here guests can make hotel reservations, book a tee time for golf, and make a reservation for the spa. Now you can also make a reservation at the Island Grille, all in one cart!

Salish Cliffs News

Salish Cliffs is continuing with the course maintenance and bunker renovations throughout the month.

Salish Cliffs will continue two promotions:

- Monday's will be Ladies Wine and Nine. Play nine holes of golf, enjoy a glass of wine, and participate in a golf clinic for only \$50. Tee times are required to reserve in advance!
- Thursday's are reserved for Beer, Brat and Shot! On now through August 31st, for only \$60, play 9 holes of golf, have a beer...a brat...and a shot! Again, reservations are required, so book in advance!

Starlight

Starlight remains closed, but is in the final stages of construction. Management/operations has started furnishing the space. Fixtures are up and a grand opening announcement is coming soon!



Administration Building

Select departments are excitedly awaiting the start of the administration building project! Once complete, this space will be home to marketing, tribal gaming, human resources, and finance, just to name a few. This will open valuable space on the resort property for guest amenities while creating efficiencies within departments and improving interdepartmental communications.

Tower 2 Hotel Refresh

Finishes for the refresh are in the review process and the remodel will start after the New Year.

Little Creek Casino Mobile App

The resort officially launched an enhanced mobile app in May. The app showcases the dining venues, and Salish Cliffs and Seven Inlets Spa. It also allows a direct link to make a reservation or tee time! Resort reward members can also log into their players club account to view their tier status, see their resort points, and checkout the current promotions.

Download in the Google or Apple Play stores today!





To contact a
Squaxin Island
Police Officer Call:
360-426-4441

If it is an
EMERGENCY
CALL 911

Interested in bringing CERT back to Squaxin?

*Want to brush up on some skills
or learn something new?*



2023 NW CITIZEN CORPS EXPO

SEPTEMBER 15-17 | EDMONDS COLLEGE
20000 68TH AVE W. LYNNWOOD, WA

FREE ENTRY

TRAININGS & SEMINARS

- TRAFFIC & CROWD CONTROL
- BASIC & ADVANCE MOULAGE
- CERT & ACCESSIBILITY
- RADIO COMMUNICATIONS & ETIQUETTE
- CPR/FIRSTAID/NARCAN TRAINING
- CRIBBING
- YOUTH EMPOWERMENT & TEEN CERT
- SEARCH & RESCUE BASICS
- MAP & COMPASS READING
- MUCH, MUCH MORE!

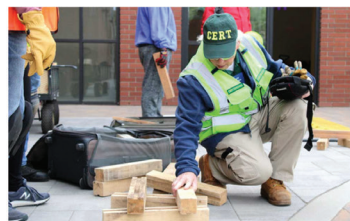
SCHEDULE

- FRI 9/15 | 1PM - 4:30PM - LEADERSHIP MEETING
- SAT 9/16 | 8AM - 4:30 PM - CLASSES
- SUN 9/16 | 8AM - 4:30 PM - CLASSES & EXERCISE

DON'T FORGET TO BRING YOUR CERT BAG!

QUESTIONS?

EMAIL CELSE.RANGEL@OFM.WA.GOV
OR VISIT SERVEWASHINGTON.WA.GOV



REGISTER NOW!

Go to <https://tinyurl.com/4zb5kttk>
or scan the QR code.

Congratulations!!!



Andrew Allen Johnson

Aj is the son of Erik Johnson and the late Amber Depoe; the stepson of Wendy Johnson; the grandson of the late Bruce A. Johnson and Lana Fye (McInelly); the great-grandson of Woodrow A. Johnson and Dorothy Johnson (Krise); and the great-great-grandson of Andrew Swan Krise, for whom Andrew Johnson was almost born on his birthday.

As a former Squaxin Child Development Center participant, Andrew is now a Tacoma Online 8th grade 2023 graduate!

Aj (Andrew) was a key batter for the Sound View Sonics Majors Baseball Tacoma Travel Team Champions.

In the fall, Aj will be attending Mt. Tahoma High School in Tacoma, Washington home of the Thunderbirds.

Congratulations Aj!

We are all so proud of you!



Ava Swan Johnson

Ava is the daughter of Erik Johnson and Wendy Johnson (Brown); the granddaughter of the late Bruce A. Johnson and Lana Fye (McInelly); the great-granddaughter of Woodrow A. Johnson and Dorothy Johnson (Krise); and the great-great-granddaughter of Andrew Swan Krise.

Ava is a Birney Elementary preschool 2023 graduate!!

Ava will continue attending Birney Elementary when she starts Kindergarten this fall. She has participated in some ballet classes earlier in the year.

This Summer she has been enjoying nature camps, playing T-ball and swimming with her brothers, Jack Brown and Andrew Johnson.

Congratulations Ava!

We are all are so proud of you!

With much love from your family!



Summer fun is in full swing!

The first day of Summer R.O.O.T.S was a big hit.

We had the first ever welcoming celebration on July 5th. Youth came to meet their group leaders for the first time and got to play in the bubble pit, throw basketballs (basketball camp with SPSCC), and play some inflatable games.

The first official day was July 6th. The youth were placed in multi-age groups this year and were introduced to their new group mates.

Youth will be swimming Tuesdays, Wednesdays and Thursdays. The first half of the groups swim 10:30 a.m. to 11:35 a.m. and the second half go 1:00 p.m. to 2:35 p.m. Please make sure to send swim suits and towels as we don't provide these items. Thank you.

We cannot wait for some more fun and amazing summer time memories, so please stay tuned...

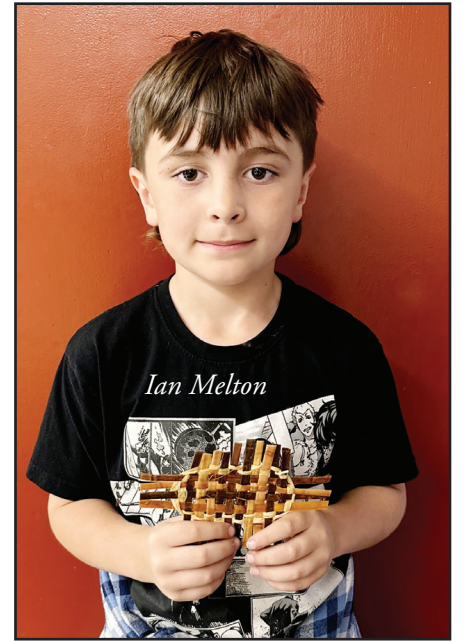
If you have any questions or need assistance, please feel free to contact:

Kasia Seymour	Kseymour@squaxin.us	(360) 432-3801
Kenna Krise	Kekrise@squaxin.us	(360) 432-3958
Sara Naranjo	Snaranjo@squaxin.us	(360) 432-3992





LEARNING CENTER





Stepping Stones

Hello Squaxin Fam!

This summer has been filled with much fun and learning for our Stepping Stones program. The teens have been working hard creating their own regalia and paddles to prepare for Canoe Journey. Watching the teens find themselves in what they like to do has been such a blessing. So many have become natural weavers, making such beautiful regalia! Others have been drawn to making awesome paddles, and there are so many talented beaders.

I also want to give a shout-out and put my hands up to our AMAZING teachers . . . Andrea Wilbur-Sigo and Taylor Krise have been so good to the teens, sharing their knowledge, talents, and stories. We couldn't have done it without them.

We also want to thank the Mason County Sheriff Department's Deputy Colbenson for helping us with cold water training. The youth capsized their canoe and learned it is not as easy as it looks to get back in and paddle! These youth are learning things they are going to carry with them for the rest of their lives. Next it's Canoe Journey!

Keesha Vigil
kvigilsnook@squaxin.us



Aiyanna and her Medicine Bag



Lolyta beading gift



Nyelli and Isabelle weaving regalia



William and Taehani prepping for a paddle





LEARNING CENTER



Nyelli creating her paddle



Lolyta working hard on her paddle



Kye working on regalia



Grace, Benito, Kye, Olivia, and Hayden with creative drum painting ideas



William, Taehani and Raiatea enjoying the day!



Cedar Tree Bark Stripping Demonstration

Squaxin Island Child Development Center recently witnessed an on-site cedar stripping demonstration. The demonstration held profound significance as it aimed to honor a cedar tree that will be lost due to the Center's repairs and building expansion - with the approval from the community's leadership. During the demonstration, the preschool students participated in expressing gratitude and respect to the cedar tree. It was an opportunity for our students to witness firsthand the sacred act of thanking the tree and learning about its significance in Squaxin culture. The teachings imparted by Vince Henry, Sr., Tully Kruger, and Vicki Kruger offered the children a profound connection to their heritage and the natural world around them. For generations, this majestic tree has been deeply intertwined with the lives of indigenous communities, providing invaluable resources and teachings.

The cedar stripping demonstration served as a reminder of the importance of preserving these ancestral traditions for the next generation. As the cedar tree holds a special place in the hearts of the community, the Center staff and leadership decided to utilize the majority of the tree in a meaningful and sustainable manner. SICDC plans to create salmon habitats in the nearby creek with the top of the tree, reflecting the Tribe's commitment to protecting their sacred waters. Additionally, parts of the tree will be used to build a traditional canoe and paddles, allowing the students to further engage with Salish teachings. As the cedar tree lives on through various projects, the spirit of the tree will continue to touch the lives of the children and the community as a whole.

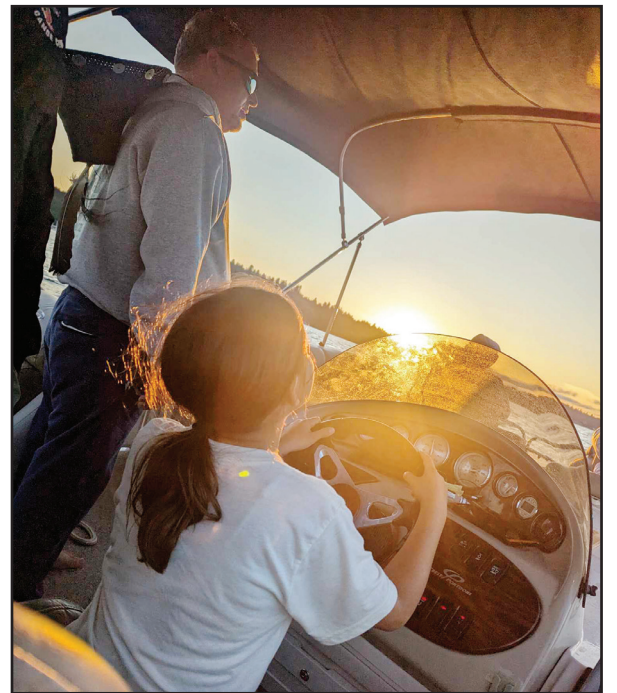




CANOE JOURNEY



Here are just a few of the photos from the beginning of the Journey. Jeremie Walls/Kamilche Adventures provided rides for Elders and took great care of them - see the beautiful food tray he provided below. Stay tuned for more photos and information next month.





Summer Foods

Summer is a wonderful time to get outside and enjoy the warm weather. It's also the time to enjoy all the fresh fruit and vegetables that are in season. By eating with the seasons, you can enjoy food at its peak of flavor and nutrition. Eating in-season is also more sustainable, allowing us to buy locally grown produce - which can be more economical - and it also tends to be healthier.

Here are a few easy ways to add summer fruits and veggies to your diet:

- Keep a bowl of fresh, clean fruit in an easily accessible place for 'grab and go' snacks.
- Slice some fruit or cucumbers and throw it in your water bottle.
- Make a peanut butter and berries or peach sandwich instead of using jam, just about any fresh fruit will work.
- Grill some veggies with olive oil and garlic or sprinkle pineapple, peach or even watermelon slices with cinnamon or ginger and grill.
- Freeze seedless grapes or berries for a cool treat or make some fruit popsicles:

Fro-Yo Fruit Popsicles

- Any fruit (fresh or frozen) chopped into small pieces
- Vanilla Greek yogurt

In a popsicle tray, scoop in the Greek yogurt adding a generous amount of fruit. Place the tray into freezer and let sit for a couple of hours until hardened. To serve, run the popsicle mold under lukewarm water for a few seconds to loosen up the popsicles. Now, carefully wiggle the mold stick to let the fruity popsicle slide out effortlessly! If you prefer a smoother consistency, put ingredients in blender first and whip together before scooping into the molds.

Salad, although nutritious, can be boring. Get creative by adding different veggies or tossing in some berries.

This recipe mixes together the best of summer fruit and veggies.

STONE FRUIT, TOMATO AND CUCUMBER SALAD

- 2 small peaches, pitted and diced
- 2 large plums, pitted and diced
- 1 stalk celery, sliced
- 1 cup cherry tomatoes, halved
- 1 cup cherries, pitted and halved
- 1/2 English cucumber, diced
- 1/4 serrano pepper, very thinly sliced
- 1/2 teaspoon sea salt, plus more to taste
- 1/4 teaspoon freshly ground black pepper, plus more to taste
- 2 tablespoons extra virgin olive oil, plus more to taste
- 1 teaspoon apple cider vinegar
- 2 tablespoons chopped fresh mint or chives, or a combination

Servings per recipe	6
Serving size	1 cup
Calories	154
Fat	5g
Carbs	28g
Protein	2g

In a large bowl, combine the peaches, plums, celery, tomatoes, cherries, cucumber, and serrano pepper. Season with salt and black pepper and gently stir to combine. Set aside for 5 to 10 minutes. The salt will start to pull juices from the fruit and vegetables. Drizzle in the olive oil, apple cider vinegar, and add the herbs. Stir to combine. Taste and adjust for seasoning with salt, black pepper, and olive oil. Spoon onto a serving plate and garnish with herb leaves.

Salsas lend themselves well to a variety of different fruits. Salsas can liven up grilled meats and fish, pair well with eggs and can even be used as a substitute for salad dressing.

Salsa can be made with different fruit, like this:

WATERMELON - PINEAPPLE SALSA:

- 2 cups seedless watermelon (chopped)
- 8 ounces pineapple (unsweetened crushed, drained)
- 1/4 cup sweet onion (chopped)
- 1/4 cup fresh minced cilantro (can substitute parsley)
- 3 tablespoons orange juice
- 1 small jalapeño pepper
(adjust to create mild, medium, or hot salsa)

Refrigerate 1 hour before serving.

Servings/ Recipe	12
Calories	22 /serving
Fat	0g
Carbs	6g
Protein	0g

Besides being delicious, fruit can prevent someone with a sweet tooth from reaching for a candy bar or other foods with low nutritional value.

So go ahead and enjoy some seasonal fresh foods today!

Energy Drinks and Your Teeth

As the days get longer and hotter, energy drinks, soda, and sports drinks can be a tasty and satisfying way to hydrate and energize. But if you find yourself regularly consuming one or more of these types of drinks each day, you may have noticed chalky, white areas on your teeth or perhaps your teeth have become extra sensitive to sugar, cold, heat or pressure. These can be warning signs that the enamel on your teeth is becoming demineralized and eroded.

The damage sports and energy drinks can do to your teeth is considerable because they are extremely high in sugar and citric acid. They usually contain 4-8 teaspoons of sugar per cup. Still, the main reason these drinks are so damaging to your teeth are because they are extremely acidic. The average pH of energy drinks is 1.5-3.3 while a healthy mouth has a pH of 6.2-7.6. That is pretty much like giving your teeth an acid bath. The acid breaks down the enamel that surrounds your teeth and protects them. This puts you at higher risk of cavities and gum disease. Even switching to sugar-free will not protect your teeth from the acid erosion.

What can you do?

Ideally stop drinking energy drinks, soda, and sports drink altogether or minimize the amount you consume. Switch to drinking water, smoothies, protein shakes, green tea, or green juices.

Do not sip on energy drinks over a long period of time. Consume quickly and with food. Eating cheese, yogurt, or other dairy products after energy drinks will help to neutralize the acid.

Do not brush your teeth right before or after drinking an energy drink to avoid eroding your enamel further. Chew sugarless gum to stimulate more saliva flow to help protect your teeth. When you do brush, use a fluoridated toothpaste.

Do not consume before bedtime. Your saliva protects your teeth and salivary production goes down when you sleep.

Be sure to visit your dental office for regular cleanings and dental treatment. Don't wait until your teeth hurt to try to make an appointment. Call (360) 432-3881 to schedule a check-up and cleaning.



HEALTH AND HUMAN SERVICES



Thank You Color Run Participants





TRIBAL MEMBER SERVICES

Jaclyn Meyer, Coordinator

Purchase Orders

- Call and tell us when, where and what the appointment is for.
- The referral must be made by one of our providers or the hospital.
- Please verify you have a purchase order before your appointment.
- Provide your PO number when you check in to your appointment.

They sent me a bill!!!!

Send it over to us ASAP!!!

You may receive bills for ambulance, labs, radiology, specialists, & doctors separately.



Contact Info

Here are all the ways you can contact me:

- jmeyer@squaxin.us
- (360) 432-3922
- www.squaxininisland.org



Emergencies



- Notify the ER clerk that you are covered by Squaxin Island Tribal Health
- Call us within 72 hours (3 days).
- Let us know where you went!
- Did you go by ambulance?
- Date you checked in and out.
- What was the reason for the emergency visit?



COMMUNITY



1
Barbara Gail Kennedy
Jeremie John Walls

3
Anne Elizabeth Burgain
Darlene Wood
Louise Isabelle Kathy Burgain
Randolph Bert Foster

4
Kelly Josephine Jones
Lawton Jebadiah Case
Leighton James Case
Norman Riley Price
Tyrone S. Seymour

5
Christopher Eugene Brown

6
Jill Danielle Kenyon

7
David Charles Johns
Robert David Koshiway Jr.

8
Lettie Machado-Olivo
Lisa Fawne Frodert
Margaret Hazel Johns
Robert Edward Sigo
Roy Journey Bear Perez

9
Araceli Hernandez-Capoeman
Chasity Faye Masoner
David Wayne Peters Jr.
Juliet Lindsay James-Blake
Memphis Shawn Penn-Dodge
Molly Eileen Kirk
Nikieta S. Ho

10
Kalysi Renee Whitener

11
Marilyn Helene Mcfadden

12
Aaron James Edgley
Zaiden Elijah Jimmie

13
Brandon Eugene Campbell
Lola Noelle Bonin

14
Elena Lin James
Rory Jane Allen

15
Llewellyn Frank Parker
Naraiah Lhee Gray
Zachary W. Sanchez

16
Beverly Jean Mesplie
Kevin Henry Spezza
Matthew James Cooper
Rachel M. Naranjo

17
Magdelano Roy Perez
Virginia A. Farron

18
Hannah Lucille Forcier

19
Naomi Reyes

20
Dionna A.P. King
Rock James Johns

22
Aidan Alan Sizemore
Greg Anthony Lewis Glover
Jessica Eliza Spiering
Rene De Anne Salgado

23
Andre James Woody-Johns
Cadence Joseph Henry
Ernesto Naranjo-Johns, Jr.
Jeremiah Billy Obi-Rivera

24
Bryce Mitchell Penn
Victoria L. Sanders

25
Mitchell John Carrington
Nicole Mae Bluebird

26
Eden Lee Van Cleave

27
Kaytlyn Joi Henderson
Meghan Elizabeth Burgain

28
Eathon Raymond Caasi
Jasper Silver-Hawk Cooper
Nancy Carol Combes
Rhonda Madge Foster
Terasa Malinda Kenyon

29
Angelo W. Rivera
Joseph D. Furtado
Lindsey Nicole Harrell

30
Catherine Mary Tuller
Debra Lee Sayers
James Ronnie Trinidad
Loreta Marie Swan Krise
Taylor Jeffrey Porad

Happy Birthday!

The Foster family needs assistance on August 28th in saying happy birthday to Rhonda Foster. If everyone can take a few moments out of their day and tell her happy birthday, it would be greatly appreciated. Happy birthday Rhonda!

- Love your husband, four kids and five grandkids.



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THE HONORABLE ANITA ESTUPIÑAN NEAL

SQUAXIN ISLAND TRIBAL COURT
YOUTH COURT
SQUAXIN ISLAND RESERVATION

IN RE:
O.M.
Indian child.

Case No.: CW-2023-4-4
NOTICE OF FACT FINDING AND
DISPOSITIONAL HEARINGS

TO: Rowland Mason

YOU ARE HEREBY NOTIFIED THAT pursuant to the Squaxin Island Youth code, the Court has set fact finding and dispositional hearings in the above captioned matter. The hearing on this matter shall be held on September 7, 2023 at 10:00 a.m. at 10 SE Squaxin Lane, Shelton, Washington. FAILURE TO APPEAR AT THIS HEARING OR TO RESPOND IN WRITING MAY RESULT IN THE CHILD BEING PLACED IN AN OUT OF HOME PLACEMENT. File your written response with Squaxin Island Tribal Court at the above listed address or call 360-432-3828 for more information regarding the hearing.

NOTICE -PAGE 1 OF 1

SQUAXIN ISLAND LEGAL DEPARTMENT
3711 SE OLD OLYMPIC HWY
SHELTON, WASHINGTON 98584
360.432.1771



What's Happening


1st Salmon Ceremony: August 8 Port Blakely prop.
Huckleberry Harvest: August 17-19, Cispus
Grand Opening Elevation and TTP: August 19, Tumwater

Mammogram Bus: August 29


Court:
Family Court: August 3
Criminal/Civil Court: August 8
Vulnerable Adult Court: August 17

WIC August 8
USDA August 9






South Puget Intertribal Planning Agency



USDA Foods Program August Dates

PT. GAMBLE S'KLALLAM	8/4/23
SQUAXIN ISLAND	8/9/23
SKOKOMISH	8/11/23
CHEHALIS	8/25/23
NISQUALY	8/29/23

NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staff have other duties that they are responsible for on the days they are not issuing commodities. If you're unable to make the date, please call and schedule an appointment with appropriate staff. For USDA Food, call SPIPA at 360.426.3990
This institution is an equal opportunity provider.





STARLIGHT

SPORTS BAR AND LOUNGE

OPENING SOON!



GINUWINE

WITH SPECIAL GUEST **TONE-LOC**

Saturday AUGUST 12
Doors **7PM** | Show **8PM**

PURCHASE ON LITTLECREEK.COM OR AT THE PLAYERS CLUB
MUST BE 21 AND OLDER TO ATTEND. ALL SALES ARE FINAL. SEE PLAYERS CLUB FOR MORE DETAILS.



THE HISTORIC FAREWELL TOUR FOREIGNER

Saturday SEPTEMBER 23
Doors **7PM** | Show **8PM**

PURCHASE ON LITTLECREEK.COM OR AT THE PLAYERS CLUB
MUST BE 21 AND OLDER TO ATTEND. ALL SALES ARE FINAL. SEE PLAYERS CLUB FOR MORE DETAILS.



AUGUST SESSIONS

ELECTRONIC BINGO DEVICES AVAILABLE FOR ALL SESSIONS!

SATURDAY AND SUNDAY SESSIONS | BRING CANNED FOOD FOR FREE LEVEL 1 (6-ON)

FRIDAY AUGUST 18TH: DAUBIN IN THE DARK
DOORS: 5:30PM - EARLY BIRDS: 8PM | 8:30PM SESSION STARTS

SATURDAY AUGUST 19TH DOORS: 11AM - EARLY BIRD: 1:30PM | 2PM SESSION STARTS

SUNDAY AUGUST 20TH DOORS: 11AM - EARLY BIRD: 1:30PM | 2PM SESSION STARTS



LITTLE CREEK CASINO-RESORT

LITTLECREEK.COM | 1.800.667.7711

Little Means More!

ALL SALES ARE FINAL. MUST BE 21 YEARS OR OLDER TO ATTEND.

Elders Menu . . . Fruit and salad at every meal



MONDAY 7:
Chicken Burgers, Chips

MONDAY 14:
Stroganoff, Mixed Veggies

MONDAY 21:
Indian Tacos

MONDAY 28:
Salmon, Roasted Red Potatoes,
Broccoli

TUESDAY 1
Broccoli Cheddar Soup,
Turkey Sandwiches

TUESDAY 8:
Chili, Corn Bread

TUESDAY 15:
Chicken Noodle Soup, Biscuits

TUESDAY 22:
Clam Chowder, Fry Bread

TUESDAY 29:
Pork Pozole, Tortillas



WEDNESDAY 2:
Crab Cakes, Veggie Rice

WEDNESDAY 9:
Shrimp Fettuccine Alfredo

WEDNESDAY 16:
Pizza

WEDNESDAY 23:
Baked Chicken, Rice Pilaf

WEDNESDAY 30:

THURSDAY 3:
Baked Ham, Scalloped Potatoes,
Carrots

THURSDAY 10:
Steaks, Ranch Mashed Potatoes

THURSDAY 17:
Hamburgers, Mac Salad, Chips

THURSDAY 24:
Beef Fajitas, Spanish Rice

THURSDAY 31:
Chicken Fried steaks, Mashed
Potatoes w Gravy, Peas & Carrots



AA MEETING

Every Wednesday
7:30-9:00 p.m.
Elders Building



August is Breastfeeding Awareness Month

*Breastfeeding is natural and traditional.
Feel confident in YOUR breastfeeding.
You will have enough breastmilk for your baby.*
-Sashina Ware



Skokomish Tribal Family at Lummi June 2023. L to R:

David Ware
Paige, Amira, &
Sashina Ware (breastfeeding Emory)

Sashina breastfed her 3 girls. (currently breastfeeding Emory) She shares why:

1. Breastfeeding is a great way to bond with your baby.
2. Breastmilk is the best nutrition for your baby.
3. It is amazing and natural that our bodies can provide breastmilk to help babies grow and thrive.
4. Breastfeeding is traditional.

Tips for Pregnant moms:

1. Educate yourself about breastfeeding before the baby arrives. Ask family and line up your support.
2. The baby's stomach is very tiny—don't get discouraged about how much milk you make; you will produce what the baby needs. Be sure to feed your newborn 8-12 times in 24 hours to keep up your supply.
3. Breastfeeding can be hard in the beginning, but don't give up...It gets easier as time goes on.
4. Don't worry— you will have enough milk. Breastmilk is made by your body based on supply and demand. The more your baby suckles at the breast, the more milk you will make. Keep feeding breastmilk only.
5. Keep hydrated, eat healthy for the best nutrition for your baby.
6. Sometimes people will try to discourage you from breastfeeding, but stand your ground and you will be successful.



L to R: Paige, Sashina, Emory, Amira



**This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn't discriminate.**



EMERGENCY

CALL

9-1-1

FIRE
POLICE
MEDICAL
RESCUE

SQUAXIN ISLAND TRIBE

Non-Life Threatening Emergencies

Emergency Operations Center (EOC) Hotline

(Information only - no voicemail)

(360) 432-3947

Community EOC Hotline (Questions and voice mail message)

(360) 443-8411

Emergency Management Coordinator

(360) 443-8410

Community Emergency Response Team (CERT)

(360) 426-5308

Squaxin Police Department

Office Hours Monday - Friday 8:00-4:00

(360) 432-3831

PUD No. 3 Outage Hotline

(360) 426-8255

Mason County Police Dispatch Non-Emergency

(360) 426-4441

Mason County Fire Non-Emergency

(360) 426-3348

NEED A TRIBAL ID?

Enrollment ID's will be available by
appointment only.

Call Tammy at 360-426-9781.

Wednesdays from 11am-1pm



Squaxin Island WIC (Women, Infants, and Children)

provides healthy foods &
nutrition information for you
and your child up to age 5.

Please have available:

Your child's height & weight,
Provider One Card or paystub
and identification for you & your child

Contact at SPIPA for an appointment:
Patty at 360.462.3224,
wicnutrition@spipa.org

or
Debbie Gardipee-Reyes 360.462.3227
gardipee@spipa.org

Main SPIPA number: 360.426.3990



Next WIC:
Tues., August 8, 2023
We will call you on your appt day.

Beginning Sept 1, we will be
offering both phone appointments
and in person appointments.

**This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn't discriminate.**