

SQUAXIN ISLAND TRIBE

WEST 81 HIGHWAY 108
SHELTON, WASHINGTON 98584
(206) 426-9781

RESOLUTION NO. 83 - 38

, of the

SQUAXIN ISLAND TRIBAL COUNCIL

WHEREAS, the Squaxin Island Tribal Council is the Governing Body of the Squaxin Island Tribe of Indians by the authority of the Constitution and By-Laws of the Squaxin Island Tribe, as approved and adopted by the General Body and the Secretary of the Interior on July 8, 1965; and

WHEREAS, the Squaxin Island Tribal Council has been entrusted with the responsibility of providing for the overall health, education, and welfare of its members; and

WHEREAS, the Squaxin Island Tribal Council in keeping with this responsibility is seeking to provide: a program that develops a support network of community volunteers to train them in implementing a home based program of infant stimulation. The training will emphasize infant growth and child development theories adapted to Native American child rearing practices, values and culture integrated into the curriculum. The project is directed to reduce parent isolation, teach parents how to reach out for help and aid them in caring for their children in a more effective manner; and

NOW THEREFORE BE IT RESOLVED, that the Squaxin Island Tribal Council hereby submits a project application to the Washington Council on Child Abuse and Neglect; and

BE IT FURTHER RESOLVED, that the Squaxin Island Tribal Council designates the Tribal Chairman; and/or the Tribal Manager are authorized to negotiate, amend, and execute this grant with the State.

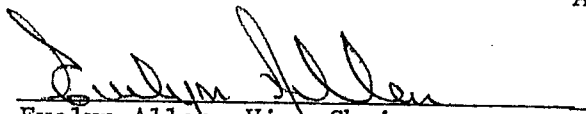
C E R T I F I C A T I O N

The Squaxin Island Tribal Council does hereby certify that the above Resolution was adopted at a regular meeting of the Squaxin Island Tribal Council held on this 7th day of July, 1983, at which time a quorum was present and passed by a vote of 3 for and 0 against.


David W. Whitener, Chairman

ATTESTED BY:


Dave Lopenan, Secretary


Evelyn Allen, Vice Chairman

WASHINGTON
COUNCIL ON CHILD ABUSE AND NEGLECT
1621 Boren Ave., Seattle, WA 98101

AGREEMENT

Application is hereby made for funds in the amount shown in the proposed Budget Summary for the purposes set forth. By signing and submitting this application, the applicant agrees that this document, together with the Project Application (Exhibit A), the Approved Budget and Special Conditions Form (Exhibit B), and the General Terms and Conditions (Exhibit C) incorporated herein, constitutes an offer to contract with the WASHINGTON COUNCIL ON CHILD ABUSE AND NEGLECT (hereinafter referred to as the "Council") which, if accepted, binds the applicant as provided herein:

The applicant agrees to provide to the Council upon request any additional information regarding the proposed project strategy, budget, or applicant's capabilities to implement the proposed project. The applicant agrees that a request by the Council for any such information is made without any commitment on the part of the Council to fund the proposed project of the applicant.

The applicant agrees that this offer, as modified by any additional information and materials submitted by the applicant at the request of the Council, may be accepted and become a binding contract when a copy of this page is signed by an authorized designee of the Council and returned to the applicant together with an Approved Budget and Special Conditions Form (Exhibit B), provided, however:

- A. This offer, as modified by any additional information and materials submitted by the applicant at the request of the Council, constitutes a firm offer for a period of sixty days following receipt of the offer by the Council, and it may be accepted by the Council without further negotiation at any time within the sixty day period.
- B. In the event any budget category amount on the Approved Budget and Special Conditions Form (Exhibit B) differs from that shown in Section 8 of the Project Application (Exhibit A), this application, as modified, shall be considered to have been accepted by the applicant and shall be incorporated herein as part of the contract document unless rejected in writing within thirty days after the date of mailing such counter-offer by the Council to the applicant.
- C. This application, as modified by any special conditions stated on the Approved Budget and Special Conditions Form (Exhibit B) shall be considered to be a counter-offer. It shall be deemed to have been accepted by the applicant, and shall be incorporated as part of the contract document unless rejected in writing within thirty days after the date of mailing of such counter-offer by the Council to the applicant.
- D. Upon acceptance of this offer/counter-offer, the applicant shall be referred to as the "contractor."

The contractor shall furnish the necessary personnel and services and otherwise do all things necessary for or incidental to the performance of the work set forth in the application attached hereto as Exhibit "A" and incorporated herein.

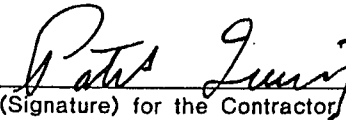
The contractor shall render monthly/quarterly invoices for services performed under this contract in a manner as prescribed by the Council. Vouchers shall include such information as is necessary for the Council to determine the exact nature of all expenditures. Each voucher will clearly indicate that it is for services rendered under contract # _____ . The original and two copies of the voucher shall be submitted to:

Washington Council on Child Abuse and Neglect
1621 Boren Avenue, Seattle, Washington 98101

All rights and obligations of the parties to this contract shall be subject to and governed by the Special Terms and Conditions contained in the text of this contract instrument and the General Terms and Conditions attached hereto as Exhibit "C" and incorporated herein.

OFFICIAL AUTHORIZED TO SIGN:

(Signature) for the Council



(Signature) for the Contractor

(Date)

(Date)

APPROVED AS TO FORM:

OFFICE OF THE ATTORNEY GENERAL

1. PROJECT CONCEPT (Start on this page and complete the next four (4) pages:
do not add pages).

This project will target high risk infants and children in the Shelton Community, with an emphasis on the Native American population. The purpose is to reduce the incidents of child abuse and neglect. Our approach will be multidisciplinary in scope, with a coordinated effort of both professional and volunteer workers.

The program will develop a support network of community volunteers, and train them in implementing a home based program of infant stimulation. The training will emphasize infant growth and child development theories, adapting to Native American child rearing practices. This support is directed at reducing parent isolation, teaching parents to reach out for help and aiding them in caring for their children in a more effective manner. At least 10 parents will be selected to receive training and work as volunteers. The first two months will be set aside for intensive training. The next 6 months will involve recruiting and working directly in the homes.

Support services, such as referrals to community agencies, counseling, group therapy and family therapy will be available to participants. Also, a family advocacy component will be available to help clients receive basic essentials such as housing, health care, welfare, and other social services.

Abusive and neglectful behaviors are directly correlated with a lack of knowledge about child development and parenting. Due to recent changes in family structure, society can no longer assume that parents have received healthy nurturing from their own parents. The Third component of this project will provide those high risk parents of parenting classes.

Child abuse is such a complex problem, which necessitates the identification in the home-based program. Based on studies of risk, our prevention strategies will include:

- Increase future parents knowledge of child development. Enhance, promote and foster positive parent-child bonding.*
- Increase parent skills in coping with the stresses of caring for their children.*
- Increase parents knowledge about home and child management.*
- Reduce family isolation.*
- Increases access to social and health services.*
- Identify developmental delay in young children.*

The primary goal is to motivate and support a behavioral change. Our treatment plan consists of developing a mechanism to establish a safe environment for the child and maintain the family as a unit.

2. PROJECT PERIOD

The proposed project period is from October 1, 1983 to June 1, 1984.

3. PRIMARY PREVENTION JUSTIFICATION (Indicate the basis for classifying the proposed project as a primary prevention strategy.)

A number of studies have been directed toward understanding abusive parents. From those studies, we have been able to identify a potentially abusive parent. Abused parents abuse their own children, therefore one method of addressing abused children is to break the cycle of abuse and neglect. Intensive training and counseling at home can teach parents and their children new behaviors. Prevention accompanied, by treatment can be an effective model for changes. Unemployment and related financial difficulties can be a major factor in the increase of child abuse. Isolation of rural communities can contribute to this high rate. Other factors can be alcohol abuse, inadequate housing, medical and legal problems.

Stress appears as a common denominator in explaining abusive behavior. There is reason to believe that stress is especially likely to result in harmful parenting if the parent lacks effective child management and other relevant social skills.

The absence of effective coping skill can compound the difficulties of interaction between parent and child. This can result in troubled parent, the inappropriate use of punishment. Some researches attribute breakdown in families to lack of social skills. Some believe that such behavior can be related to non-nurturing parenting as a child.

4. PRIOR RESEARCH (Specify research which indicates a probability of goal achievement through implementation of the proposed project strategy.)

Parent Anonymous Self Help for Child
Abusing Parents Baker, J-M
Behavior Associate Tucson, Arizona

Research Purpose: To document the activities and accomplishments of Parents Anonymous Self-Help for Child Abuse Parenting Project; (2) collect descriptive information about P.A. chapter chairpersons, sponsors, and members; and (3) measure the impact of P.A. self help treatment programs on its participants.

Research Results: The program is highly effective from the standpoints of both outcome and participation satisfaction. The reported incidence of child abuse dropped significantly after joining P.A., while reported incidents of verbal abuse also decreased immediately after joining the program and continued to decline the longer the person remained in the program. Statistically significant changes in self-esteem were demonstrated, with self-esteem becoming increasingly positive with greater length in time in the program. Other significant program outcomes were reduction in social isolation, increased knowledge of child development and acquisition of more realistic and appropriate expectations regarding their children's behavior.

Home Visitor Project = Dugan C.
Kansas State Dept. of Social and Rehabilitation Services, Topeka, Kansas

Research Purpose: To determine whether abuse and neglect can be prevented by offering families of newborn infants support immediately from hospital.

Research Results: There has been an increase in reporting of child abuse and neglect in the program catchment area since inception; there have been no severely battered children under 2 years of age reported since the start of the program, and a general decrease in severity of all neglect and abuse cases, there have been no deaths of infants under 2 years of age for the first time since 1972 in the program catchment area.

5. NEED (Specify the indicators of need which justifies implementation of the proposed project strategy in the community to be served.)

In Mason County Juvenile Court 6 out of 10 cases of children are reported as neglected or abused. The figures are reaching epidemic proportions.

Families receiving public assistance are increasing, caused by the economic recession of the areas fishing and lumber industries. With the high rate of unemployment, families are experiencing conflicts which result in stress.

In the Squaxin Island Community there is a high incident of alcohol and drug abuse which compounds the economic stress overwhelming families. The Squaxin Island Tribe is currently experiencing a high potential for family breakup, child abuse, neglect and juvenile delinquency and according to the 1980 Washington State Department of Social and Health Services Report, there is a removal rate of 10% Squaxin Island children from their homes on and off the reservation.

Limited resources is another area of need for this community. Olympia is 23 miles away from Shelton and 16 miles from Squaxin Island, many of the self help and social organization are located there. At this time there is no public transportation from Shelton to Olympia available to people who are often times left without private vehicles.

COORDINATION WITH EXISTING SERVICES (Describe the relationship of the proposed project to existing agency services and how activities will be coordinated where appropriate.)

The Squaxin Island social service staff consists of a Social Service Manager, Indian Child Welfare Coordinator (ICW), Educational Assistant, Child Development, Indian Health Service Consulting Psychiatrist (IHS), Alcohol Counselor, Youth Counselor, Equity Funding, Family Counselor and Community Health Representative (IHS/CHR). This staff maintains a social service program for the Squaxin Island Tribe. Weekly meetings are held to monitor regular case consultation on each client in the counseling program. Counseling services will be available to participants of the program on a need basis.

In 1980 the Child Development Center was established providing children from the ages of 3 to 5 years of age a early education program. Children in that age group have an opportunity to be exposed to structured learning experiencing in a class room situation. Children in the home based program would also qualify in attending this program if slots are available.

In the past few years the Squaxin Island Social Service Department has been coordinating efforts with existing service agencies in Shelton. The Department of Social Service Agency is working closely with Squaxin Island Social Service agency to provide social welfare programs to the community. In 1981-82 DSHS established a satellite service program to help clients in obtaining financial assistance from the state. The Community Action Program also used the Squaxin Island Tribe as a satellite office to distribute commodities to qualified community members.

The Federal Program, Agency on Aging offers senior lunches at the Squaxin Island Center two days a week. Since programs are accessible to the larger population of Shelton, program information is widely disseminated to all age group. The home based program will become an extension of service provided by Squaxin Island Service program.

7. VOLUNTEER SERVICES (Indicate types of job assignments, estimated number of volunteer hours to be contributed, recruitment sources, and training to be provided.)

Job Assignments

-Home based workers

-Parent Education Asst.

Total Hours: At least 100 hours will be contributed by each volunteer

Home based workers will make visits to the homes of clients. The first will assess the child's development by means of observation interviews and the Denver Developmental Screening Test. Then with the parent, the home worker will begin the program of "Small World", which is a curriculum developed by Merle B. Karnes Ed Institute, for Child Behavior and Development. In home sessions, normal child growth and development are discussed with parents. Training is given to parents to take the responsibility for stimulating their child's behavior continuous workshop will be held throughout the year.

Curriculum Assistance will work with the Educational Assistant and ICW Coordinator/ Family Counselor in preparing hands on workshop for parents to participate in fund raising projects to plan respite activities for parents, Arts and Craft Classes, Cultural Classes, and group support sessions. They will also assist the Ed. Asst. in gathering "beautiful junk" to be recycled for inexpensive learning objects to be used in the home based programs. They will also assist Ed. Asst. in organizing and operating a resource library for parents. Curriculum Asst. will work in a team teaching situation to work with Ed. Asst. or ICW Coordinator to lead groups in the Systematic Training for Effective Training. Classes will be held weekly for a total of ten sessions. There will be held, at least 3 full 10 week sessions during the 7 months of the project timeline.

Training of the volunteer will be a combination of class lecture, workshop attendance, hands on experiences and group participation. The content of the curriculum will include Peaget Theory, Dreikurs Systematic Training for Effective Parenting, Gordons-P.E.T. - Child Psychology, Karneo - "Small World Program" and a variety of home-based child development Program Resources (i.e. Caldwell "Home Teaching Activities", Belton-Sparks: "Activities to Help Children at Home") and Communication Skill through "Adventures in Attitudes". Training will take place in the first two months of the project. The Squaxin Island Family Counselor will conduct the classes and will arrange for Consultants to give special presentation.

We will recruit volunteer using the media as one approach, contact all the agencies in Shelton and work with them in disseminating information as a second method and lastly recruit from current clients in the Early Childhood program.

8. PROJECT COST

The total cost of the project is estimated at \$3,552. Of this amount, \$3,000 will be provided as local match (cash or in-hand).

9. REPORTS

A Program Progress Report, in a format provided by the Council, will be made by the contractor each quarter of the project period. In the event that the project period is less than twelve months, periodic progress reports will be made as mutually agreed by the Council and the contractor.

A Final Report will also be provided at the end of the project providing an overview of the full project and evaluation findings. Said Final Report will be submitted to the Council not later than thirty (30) days after the last day of the project period.

A Special Report indicating the potential for replication of the project strategy in other communities in the state will be made by the contractor within not less than thirty (30) days after the last day of the project period.

10. ORGANIZATIONAL CAPABILITIES (Describe the organization making application for project funds; indicate the legal status of the applicant, the positions and, if known, the individuals having responsibility for project implementation.)

The Community Service Manager is directly responsible for all existing Squaxin Island social service programs. The duties include coordination of all social service programs and activities. Weekly staff meetings are held to discuss and arrange for implementation of client case program planning. The Community Service Manager is responsible for disseminate information to all department staff and to community organizations.

The Indian Child Welfare Coordinator/Family Counselor will be directly responsible for monitoring, developing, implementing program accountability. The Coordinator/Counselor will be responsible for completing case planning, reporting program progress, monitoring of parent and children files, monitor the recruitment of community volunteers, coordinate curriculum for Community volunteers, prepare and present curriculum for training workshops, disseminate information to Squaxin Island staff, community members, community volunteers, community organizations. The coordinator/counselor will report to the Community Service Manager. The coordinator will supervise the Education Assistant.

The Educational Assistant will directly be responsible to supervise the community volunteers, teach and assist parenting education classes, conduct group support sessions, maintain daily log and client files, assist in workshop presentation, disseminate information to community volunteer and parents.

Squaxin Island accounting staff is a separate centralized department within the organization. All budgetary and financial records will be maintained in that office. They are thoroughly knowledgeable in the financial management of government funding structures, and meet the standard of P.L. 73-638.

Reports will be maintained by program staff and submitted, by Community Services Manager to the Washington State Council on Child Abuse and Neglect on a quarterly and annual basis to include the progress of the program as it relates to program objectives.