

Removing barriers to fish under State Route 108

Full traffic revisions/closures will take place in September.

During the first phase of the project, crews will focus on locations UNDER SR 108

Total road closures are scheduled for September and October.

Travelers can expect two separate around-the-clock closures on SR 108.

SEPTEMBER 5th - 19th

- Closure located at milepost 5.5 and 5.54 northeast of McCleary for around-the-clock construction at two unnamed tributaries to Skookum Creek
- Detour via US 101, SR 8, and SR 108

From 8:00 a.m. Tuesday, September 5th to 8:00 a.m. on Tuesday, September 19, this portion of SR 108 will close to all traffic.

LATE OCTOBER

- Around-the-clock closure between milepost 9.47 just west of Hurley Waldrip Road
- Roadway will be closed approaching an unnamed tributary to Skookum Creek
- Detour via US 101, SR 8, and SR 108
- WSDOT will announce the closure dates when they are scheduled.

2024

Remaining construction of a new bridge at Kamilche Creek (SR 108 milepost 9.47), McDonald Creek, and an unnamed Tributary to Skookum Creek will be completed in 2024.

What will replace existing culverts?

Current culverts are blocking habitat for salmon and steelhead and other aquatic species. WSDOT is removing them and replacing them with new

fish-passable structures. During 2023, crews will install new concrete box culverts at MP 5.54 & 5.50 and install shafts for Kamilche Creek.

Get in, get out

The approach is considered “get in, get out.” The work is boiled down to short-term around-the-clock closures.

“We know this is an inconvenience for a lot of people,” said WSDOT Project Engineer Casey Fraisure. “Each around-the-clock closure will shorten the duration of the construction timeline and keep this project moving forward so we can remove these barriers to fish.”

Total closures reduce construction timelines and provide smaller environmental footprints. The approach will reduce construction inside well-established riparian habitats along the edge of the creeks.



Continued on Page 3





MONDAY SEPTEMBER 11TH, 2023
REGISTRATION 9AM | SHOTGUN START 11AM

13TH ANNUAL
CHAIRMAN'S CHALLENGE
GOLF TOURNAMENT

REGISTER BY
FRIDAY
SEPTEMBER 8TH

GOLF TOURNAMENT FOR
SQUAXIN ISLAND TRIBAL MEMBERS

CALL THE GOLF SHOP TO REGISTER YOUR TEAM
360.462.3673 | Golfshop@salish-cliffs.com



Squaxin Island TRIBAL NEWS

10 S.E. Squaxin Lane
Shelton, WA 98584

PHONE: (360) 426-9781
TOLL FREE: (877) 386.3649
FAX: (360) 426-6577
www.squaxinisoland.org

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

KRIS PETERS:	Chairman
JAIMIE CRUZ:	Vice Chairman
PATRICK BRAESE:	Secretary
MARVIN CAMPBELL:	Treasurer
JEREMIE WALLS:	1st Council Member
VICKI KRUGER:	2nd Council Member
VINCE HENRY:	3rd Council Member

Klah-Che-Min Staff:
THERESA M. HENDERSON: EXT. #3945
thenderson@squaxin.us

Walking On ...



Chris Sigo

Isaiah Coley - We honor the life and cherished memories of Christopher Sigo. In the midst of sorrow over the loss of a beloved son, father, and brother, we also celebrate a life that touched countless hearts and was tragically taken from us too soon.

For many of us, Chris was a steadfast pillar of support. No matter the challenge or difficulty, he would be there, unwavering in his commitment to lend a helping hand. Whether it was showing up for birthdays, guiding kids (and adults) in the art of snowboarding, or retrieving canoes from the water, Chris's presence was a constant comfort.

In my own life, I found solace knowing that whenever my wife and son embarked on Canoe Journeys, Chris would be there, watching over them like a guardian angel. When I faced the loss of my parents, Chris was one of the few who reached out and became my unwavering support. For an entire year, he called or spoke to me daily, reassuring me that brighter days were ahead and urging me to persevere. Unlike those who search for like-minded friends throughout life, we were drawn together by an inherent trust and dependency from the very beginning. Chris never faltered in fulfilling this bond.

As a young man, Chris, like all of us, faced the challenge of self-discovery. Fearlessly, he ventured into different paths, unafraid of being different even when society didn't always embrace it. Growing up on the Squaxin reservation, finding one's place could be daunting, but Chris went through his phases of Buddhism and quoting literature like Jack Kerouac. He explored his punk side, blasting NOFX and Rancid at Bubs' house on Capital Hill. Amidst this journey, he eventually found his true identity, deeply rooted in Squaxin.

As young people, it's often hard to see the course of our lives. We grapple with purpose and meaning, trying to understand our existence. But Chris took the time to rediscover his roots and never looked back. He devoted himself to the betterment of Squaxin, tirelessly preserving the values and traditions passed down to us. Chris was never afraid to get his hands dirty, undertaking tasks without seeking recognition or awards. His dedication was driven by a sense of duty to our Tribal Elders and the next generation. I wish I could tell you that we made it, that we reached old age, with gray hair, attending elegant gatherings in suits and ties. I wish we could watch our children play, reminiscing around the fire about our youthful pursuits, including those moments when Buddhism and Jack Kerouac fascinated us.

Chris, you will always be loved, and your memory will never fade from our hearts. Your unwavering spirit and commitment to your roots have left an indelible mark on our lives. As we bid farewell, we hold onto the beautiful memories you gifted us and find solace in knowing that you are forever a part of us. Rest in peace, dear friend.



Fish Passage under State Route 108 Continued from Page 1



Fish swimming under a new bridge after roadway was excavated and culvert was removed

CONGRAT'S ERIK JOHNSON ANOTHER FIRST SALMON 2023!!!
LOVE YOUR FAMILY!!!



Stay connected

Construction schedules can change, and we want you to stay informed. More information is available on the project web page. The project webpage is available at wsdot.wa.gov and search: Kamilche.

Or scan the code to go to the website:



Travelers can get advance notification and real-time information on the WSDOT app and statewide travel map. Sign up for email updates for major roadwork on state highways in Mason County.

People can also call the project hotline at (564) 225-3289.

Proposed work during 2024

Next year, WSDOT plans to complete work on three remaining barriers to fish on SR 108. Work is also planned on US 101 near the Mason/Thurston County line. WSDOT will do the work when it will have the least impact on fish. This means mid-July through October is likely when most of the construction will happen. Work not happening in the water could take place outside that time-frame.

WSDOT will ask for feedback about the construction approach well in advance of any work during 2024.

**YUMMY SNACKS
WILL BE SERVED!!**

Squaxin Youth Talking Circle

**WEDNESDAY,
SEPTEMBER 13, 3:30**

Youth ideas can be the best ideas!
Let's share those ideas with Tribal Council.
Take this awesome chance to let council know what is important to you!!

**TRIBAL COUNCIL
WANTS TO HEAR
FROM YOU!!**

IN THE FIELD
UNDER THE BIG,
WHITE TENT



**Happy 33-year anniversary
Tully and Vicki Kruger!**



**SQUAXIN ISLAND CHILD
DEVELOPMENT CENTER
IS LOOKING FOR
VOLUNTEERS TO
HONOR INDIGENOUS IDENTITY
AND CULTURE THROUGH
TRADITIONAL**

**STORY TELLING
DANCE
DRUMMING
WEAVING
BEADING
CARVING
GATHERING
MEDICINAL MEDICINE**

**INTERESTED VOLUNTEERS
REACHOUT TO MARTI PETERSON
mpeterson@squaxin.us**



GRAND OPENING

Elevation & TTP Express will open

September 8th!

7249 Capitol Blvd SE

Tumwater WA 98501

Elevation Store

Hours

9:00 AM

-

9:00 PM

TTP Express

Hours

6:00 AM

-

9:00 PM





What's happening at the Creek in September

Tuesday - Prime Timers 50+ - There will be drawings at 6:00 p.m. for three winners of \$250 in free play and 7:00 p.m. one winner for \$1,000 in cash!

Wednesday – Rapid Fire Drawings continue! The higher your tier level, the higher the prize. Win up to \$1,000 in cash at 1:00 p.m., 3:00 p.m., 5:00 p.m., 7:00 p.m., and 9:00 p.m.

28th Anniversary Jackpot Plus! – Monday through Wednesday from 3:00 p.m. to 6:00 p.m. – all jackpot winners over \$1,200 win a \$500 bonus prize to celebrate the casino's birthday! We will offer commemorative free tee shirts on September 22nd from noon to 5:00 p.m., first-come first serve, while supplies last.

Kathy Ireland Bedding Set – Earn 1,500 points Thursday to Sunday, each week, to receive a piece from the collection! See the Players Club for complete details.

Pop to Riches – Play table games Tuesdays and Sundays in September to win up to \$500 in cash. Drawings 12:00 p.m. to 5:00 p.m. every hour all September long!

~See the Players Club for complete details on all promotions~

Upcoming Entertainment

Foreigner September 23rd | 8:00 p.m.
The Cult October 14th | 8:00 p.m.

Salish Cliffs

Bunker renovations are moving right along! The project is nearly halfway complete, and the resort is looking forward to all new videos and pictures of the course once complete.

Starlight

The all new Starlight Sportsbar and Lounge is now open! With an expansive menu boasting PNW favorites, massive screens encapsulating the entire experience, and service and décor that matches the superb excellence the venue displays, you are guaranteed to fall in love with your all-new Starlight Sports Bar and Lounge! The perfect environment for a night out, Starlight boasts an elevated stage for live music, a dance floor to groove on, and is artfully designed and inspired by Squaxin Island tribal member Andrea Sigo.

Twelve massive 85" screens circle the room and a 20-foot mega screen make Starlight THE BEST PLACE to watch THE BIGGEST sporting events and PPVs. Conveniently located next to the Sportsbook at Little Creek, sports fans can place their bets at any of the eight betting kiosks.

"The menu is proudly serving all-fresh-never-frozen cuts of meat, and really has something for everyone" says Head Chef Joel Santiago "With 20 beers on tap, specialty craft cocktails, and a mouthwatering dessert menu, you are going to have some tough decisions to make".

Come and experience YOUR NEW PLACE TO ESCAPE, Starlight Sports Bar and Lounge.

Little Creek Casino Mobile App

The mobile app showcases the dining venues, Salish Cliffs, and Seven Inlets Spa, as well as allows a direct link to make a reservation or tee time! Resort reward members can also log into their Players Club account to view their tier status, see their resort points and checkout the current promotions. Download in Google or Apple Play stores today!





Stepping Stones 2023

This year's Stepping Stones was pretty epic!

We were so fortunate to have Andrea Wilbur-Sigo and Taylor Krise spend time sharing their knowledge.

We were also able to travel to Suquamish and some of the youth paddled to Alki Point with the Canoe Family. We spent the week at Muckleshoot with the Canoe Family learning even more about the Squaxin Island culture.

It was really special to see the youth build friendships and community as they spent the week camping together.

Special thanks to the Canoe Family for supporting the Stepping Stones program while at Journey.

Huge shout out to Terri Capoeman for helping throughout! We can't forget a huge thanks to the cooks, Michelle and Marissa, for keeping us fed and happy with amazing food.

A huge shout out to the Tu Ha' Buts Youth Center staff who spent the week camping with the youth, who kept their smiles on, and were a huge part of why the youth enjoyed their experience so much.



Learning traditional dances and songs



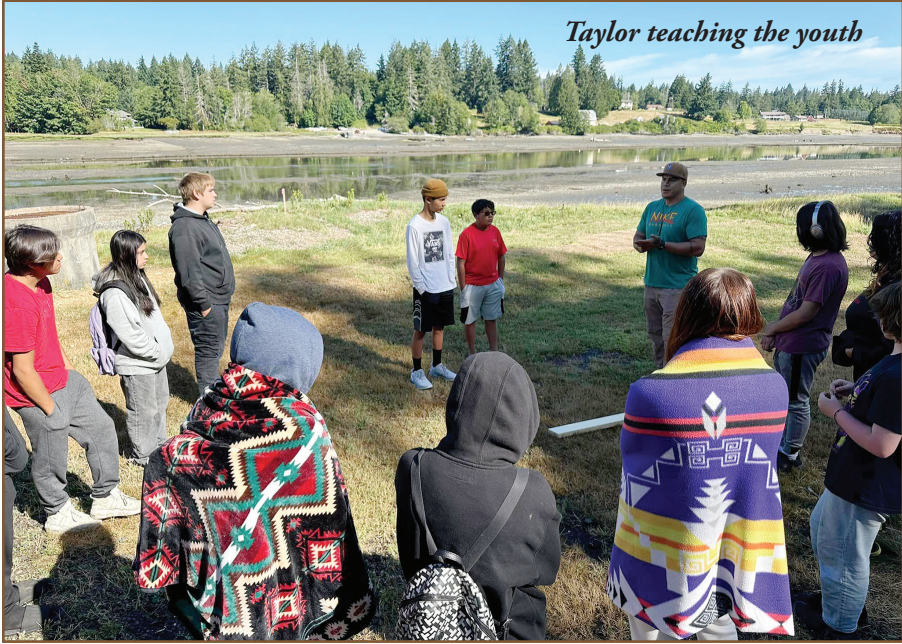
Stepping Stones with their paddles thanks to Taylor Krise!



Stepping Stones at Suquamish



LEARNING CENTER



Taylor teaching the youth



Benito and Grace at Protocol



Andrea Wilbur-Sigo sharing her weaving knowledge



Janelle teaching Neveah to weave at Muckleshoot



Hayden with the TYC staff at Suquamish



Jessica and Heather on the supply truck



Did You Know? Feedback forms are available on squaxinland.org

SQUAXIN ISLAND TRIBE > GOVERNMENT > DEPARTMENTS > NATURAL RESOURCES

Natural Resources



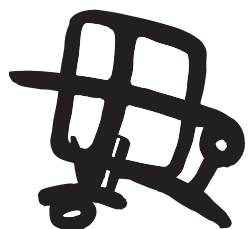
Feedback forms are available for tribal members to provide feedback at the top of each department's main page, as well as the Tribal Council page.

Your valuable feedback will go directly to the director of the department and the Director of Operations, Erika Thale.

Please take time to let us know what great ideas and concerns you have.



Natural Resources Department Feedback Form



State of Washington Division of Child Support Outreach Availability

The Division of Child Support's Tribal Liaison will be available for any and all of your child support questions on the **2nd and 4th Wednesdays** of the month at the Work Force Development office from 1 pm to 3 pm.

******Please note; this is a change from our previous schedule of the 2nd and 4th Tuesdays of the month******

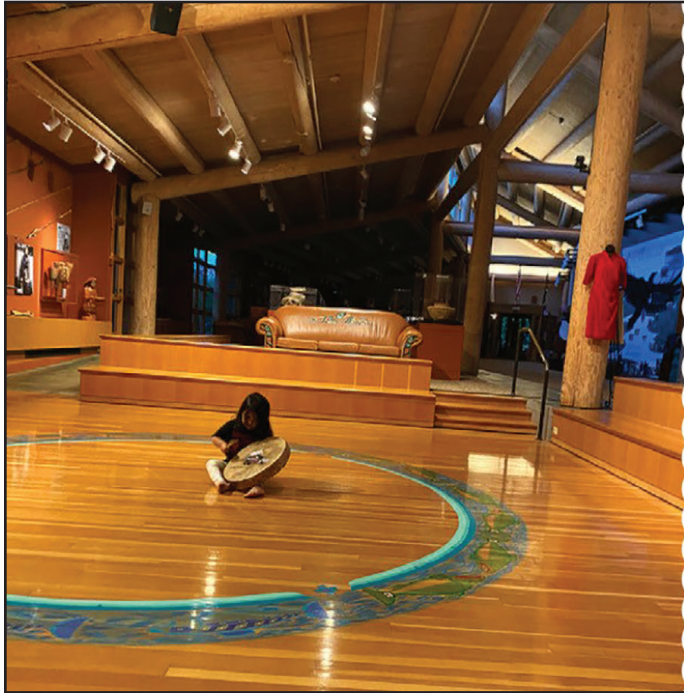
Come meet with DCS's Tribal Liaison to discuss any of the following ways and more that we can help you;

- Opening a child support case (for either the paying party or receiving party)
- Establishing a child support order and/or paternity
- Child Support Order Modifications
- Potential to seek relief from overwhelming existing back support
- Potential for assistance with obstacles to paying child support (housing, employment, education, etc.)

For questions or concerns, please reach out;

Dorothea Dunn

Support Enforcement Officer / Tribal Liaison
(360)664-6863 dorothea.dunn@dshs.wa.gov



Culture Night at the Museum

Wednesdays
5:30pm

Join us for food & fun to
celebrate Squaxin Culture



-SALISH ROOTS-
FARM STAND

EVERY THURSDAY,
3PM-5PM

Berries
Carrots
Zucchini
Lettuce
Herbal Medicine
and more!

FREE PRODUCE FOR SQUAXIN TRIBAL COMMUNITY

LOCATED AT SE KLAH-CHE-MIN DRIVE

TRIBALGARDEN@SQUAXIN.US



Addiction is real. So is Recovery.

YOU MATTER AND WE CARE.

Let us help you back to recovery.
Make the call today, and find
out what resources are available.

- Opioid treatment
- Outpatient services
- Treatment services, referrals & more

Business Hours
Monday - Friday
8:30 am - 5:00 pm

360-426-1582



SQUAXIN ISLAND TRIBE
Behavioral Health
Outpatient Services



Bloomfield Family Celebrates Graduates



Bloomfield family - On August 12, 2023, the Bloomfield family held a small gathering and pool party in Hoodspport to honor their graduates for the Classes of 2022, and 2023. Two of the graduates are the grandchildren of Micheal Bloomfield and one is the grandson of Shannon Bruff.

Jesse Bloomfield and Emma Bloomfield, son and daughter of Hank Bloomfield and Betsy (Endicott) Bloomfield, graduated from Olympic College Classes of 2022 and 2023, respectively. Both individuals received their high school diploma and Associate of Arts degree. Their paternal grandparents are Mattie Robbins and Micheal and Andrea Bloomfield. Their maternal grandparents are Randy and Sheryl (Sund) Endicott.

Ramsey Huffaker, son of Marca Bruff and Matthew Huffaker, obtained his high school diploma with the Class of 2023 at Shelton's Cedar High School. The graduation was attended by his parents and siblings; his maternal grandparents, Randy and Shannon (Bloomfield) Bruff; and paternal grandparents, Bruce and Cindy Huffaker, from Idaho. All three graduates were honored with a button robe at the gathering.

As consistent with previously held graduation celebrations, a meal was provided for the family and teaching on the purpose of button robes was provided. A description of each crest was accomplished with a personalized booklet for each of the graduates. A verbal description was passed on by the elder family members with a question and answer style conclusion, sharing some of the traditions of button robe gifting and appropriate use of the robe.

Button robes are one form of ceremonial regalia for the Pacific Northwest Coast Native Americans. Button robes are also referred to as button blankets. The robe has four sides, representative of a Native American longhouse. Traditionally, button robes are either black or red. Red button robes were usually given to girls and black robes were given to boys, although there is occasional deviation from this tradition. Emma received a red blanket while Jesse and Ramsey were given a black blanket. On the red robe, there are three black borders and the design is done in black. The black robe has red borders and design is done in red. In both cases, the two side borders depict the walls of the longhouse. The top border has one wide piece in the center and two narrow pieces on the edges to represent the roof of the longhouse. The wide piece, called the Smokehole, symbolizes the place in the longhouse where the smoke escaped the building. There is no border on the bottom of the button robe because the floors of the longhouse were dirt.

The completion of the button robes were a collaborative effort of the

family. The three designs were created by grand-aunt, Vicky Engel, with cooperation and suggestions from parents, grandparents, and other grand-aunts. Determining the choice of animals for the crest varied for each robe.

Jesse's design was a triple animal crest of a breaching whale with a grouse portrayed in the body and dorsal fin and a bear in the tail fin.

Emma was given a robe with a hummingbird crest. Ramsey's crest was a ram, like his name. The robes for Jesse and Emma were sewn by Vicky Engel and Pam Hillstrom. The robe for Ramsey was a gift from the Shelton Indian Education Button Robe Project; therefore it was assembled by Jenna Adams with the crest sewn by his mom, Marca. Buttons were sewn on by the family team of Shannon Bruff, Pam Hillstrom, and Vicky Engel.

Jesse's design was chosen by his late great-grandparents, "Misty" and Nancy Bloomfield, to represent his Native heritage. The crest was passed down to him as the oldest of his siblings. The crest was inspired by a picture that Hilary Stewart included in the book, "Looking at Indian Art of the Northwest Coast." Bear was chosen to liken him to his Gramps, "Misty" Bloomfield, and his family's last name. The whale represents his water heritage from both sides of his family, Squaxin Island Tribe "People of the Water" and his great-great-grandfather, Abner Sund, a tugboat captain who navigated the waters of the Salish Sea. Grouse reminds Jesse that he descends from generations of family hunters.

A hummingbird was selected for Emma due to her cheerful, enthusiastic, and peaceful nature. It is representative of transformation. The hummingbird crest is encompassed in a triangle. The triangle has a dual meaning: 1) representative of her Christian faith, and 2) balance in life motivation theory illustrated in Maslow's Hierarchy of Needs pyramid.

Ramsey's crest is a ram posing on a rocky pinnacle in the forefront of the "Traveler" on the Olympic Mountain Range. Ramsey has a family nickname of Ramsbo which is represented on the robe with a rainbow surrounding the head of the ram. The rainbow speaks of hope and beauty after the storms of life. It portrays good fortune but, first and foremost, it means inclusion and diversity.

A synopsis of each robe was shared. Jesse, graduating in 2022, received his robe first. He was wrapped by his mom, Betsy, and his grand-aunt, Vicky. The 2023 graduates were next with Emma following wrapped, also, by her mom and grand-aunt. Ramsey followed the two siblings and he was wrapped by his grandmother, Shannon, and mom, Marca.





COMMUNITY



Another informational aspect of the ceremony was explaining the proper use, etiquette, and storage of button robes, as well as describing occasions when it is relevant to wear a button robe, such as Native American ceremonies, potlatches, or weddings.

The three graduates were instructed on proper wearing techniques: place hands lightly on the hips with elbows pointed out to allow the best display of the crest. A slow twirl or swing from side to side gives an unobstructed view of the robe's crest.

Information on storage was also shared. Traditionally, button robes are folded with the buttons protected on the inside of the blanket and kept in a cedar bentwood box. Another appropriate display of the robe is as a wall hanging. Although different from museum care, personal honored display is appropriate for these blankets. Small plastic rings have been stitched to the inside top border for weight distribution for a wall display. Robes should not be displayed in direct sunlight. To preserve the button robe, according to museum standards, it is suggested to roll the robe with the buttons on the inside and place it in a tube that is free from dust, sunlight, or bugs. Robes should never be used as a common bed covering, as the robe is a living document, proclaiming the high school completion for each individual. In addition, everyday use would cause unnecessary wear and would shorten the life of the heirloom.

Button robes depict a story in graphic form, and they are like a written contract, certificate, or diploma. They are given at a meal to ignite the power of the blanket. The power is the result of the number of witnesses at the event; the more people in attendance, the more people to share the story.

The Button Robe Wrap Ceremony was a testament of the completion of each school endeavor and the transition of the three into their adulthood.





CANOE JOURNEY



Photos on this page are at Tulalip Bay

Sadie Whitener Short Story: We supported the Humptulips Queen that started at Celilo, Oregon on the Columbia River. Drue Nations is their skipper with some crew from Warm Springs, some from Squaxin. Squaxins in the photo are Joseph Rivera, Drue Nations, Brandon Beltran, Antone Hawks. They did a great job paddling, sharing new songs and dances!



Photo by Kalysi Whitener

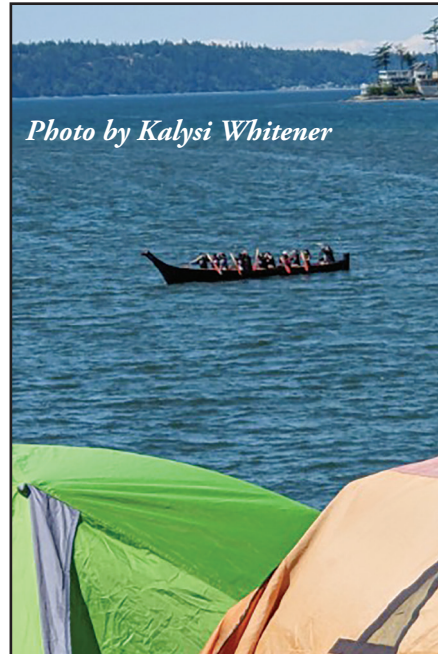


Photo by Kalysi Whitener



Photo by Kalysi Whitener



*Photo by
Sadie Whitener*



Photo by Kalysi Whitener



Photo by Kalysi Whitener

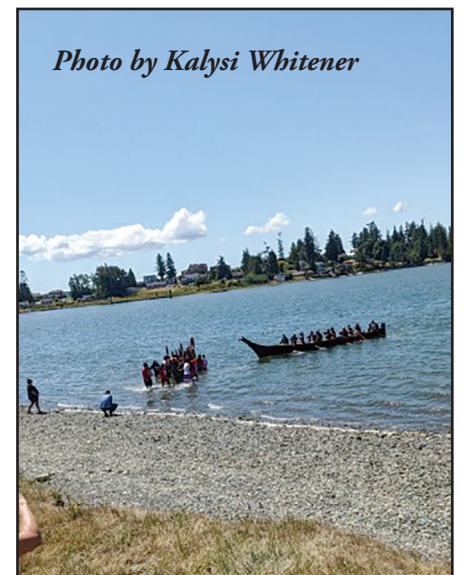


Photo by Kalysi Whitener



*Photo by
Sadie Whitener*



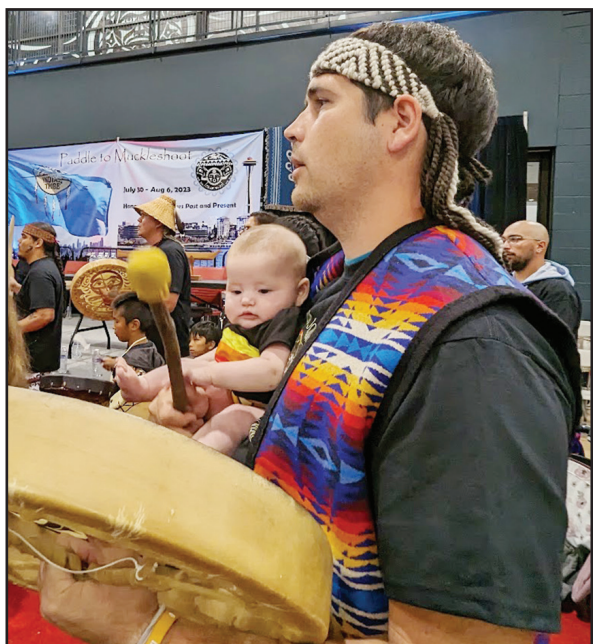
Photo by Sadie Whitener



CANOE JOURNEY



Photos on this page by Sadie Whitener





CANOE JOURNEY



Photo by Keesha Vigil-Snook



Photo by Keesha Vigil-Snook



Photo by Keesha Vigil-Snook



Photo by Keesha Vigil-Snook



Photo by Keesha Vigil-Snook



Photo by Marcella Cooper



Photo by Keesha



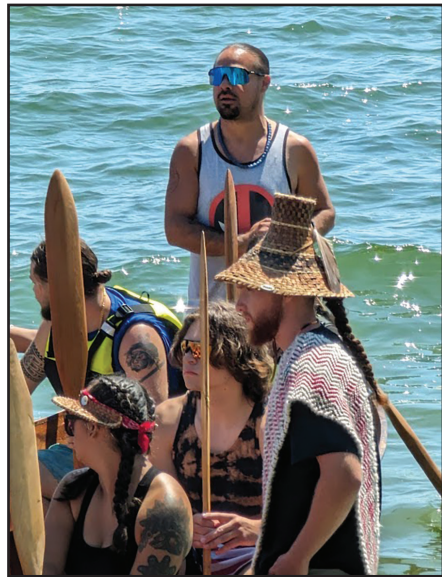
Photo by Marcella Cooper



Photo by Keesha Vigil-Snook



CANOE JOURNEY





Renovation

The long-awaited new construction and renovation project at the SICDC has finally begun!

Having been quite the challenge, it would not be where it is without the close collaboration of Executive Services, Department of Planning and Community Development, PCD Planners, and the leadership of the Child Development Center!

The project is now in full swing and scheduled to have children in the new classrooms by Christmas of 2024!

The SICDC staff will have an external office wing, renovated space for meeting rooms, privacy rooms, a gym, a covered play area, and four new Early Head Start classrooms that were designed to bring learning experiences to our children. Hopefully these great new learning opportunities will follow them throughout their lives!



SICDC
COMMUNITY NEEDS
ASSESSMENT

DIGITAL
COPY

We want your feed back!







Housing and Probate Code Fact Sheet

What happens to homes owned by Squaxin Island members when they pass?

The Squaxin Island Tribe has a probate code. “Probate” is the legal term for the process of determining how a person’s assets are distributed after they pass on. The Squaxin Island Court has jurisdiction to make probate rulings involving the estates of Squaxin Island tribal members on most types of assets.

The Squaxin Island Court and probate code are specifically designed to assist members in passing on homes that they own on the Squaxin Island reservation (these are often called “conveyed homes”). Because the Squaxin Island housing code generally prohibits non-members from owning or leasing homes on the reservation, the housing and probate codes are designed to assist in making a beneficial and legal transfer of a conveyed home.

All Squaxin Island Tribal codes are available online.

https://library.municode.com/tribes_and_tribal_nations/squaxin_island_tribe/codes/code_of_ordinances

The probate code is title 8 of the Squaxin code (8.01), and the housing code is at title 11, chapter 20 (11.20). The housing and probate codes were amended in January, 2023, to assist in addressing these issues. Until the online version of the code is updated, a copy of the current effective language is available upon request from the legal office. Email Lindsey at lharel@squaxin.us

Non-member spouses and descendants

In general, non-members are not permitted to own or lease homes on the reservation. Under the housing and probate codes, however, a tribal member may leave the home to a non-member spouse or descendant under the following conditions: (1) the non-member only takes a “life-estate,” meaning they are entitled to live in the home for as long as they live; (2) the non-member must use the home as their primary residence (meaning, for example, they could not rent it out to someone else); and (3) the non-member must comply with all housing codes and policies (like paying the land lease and insurance, for example).

Time period for probate

If a member who owns a conveyed home passes on, the potential heirs must start the probate process within one year, or ownership of the home may revert to the Tribe. This is a new code change adopted on January 12, 2023. For any homes that were eligible for probate as of that date, the deadline to start probate is January 12, 2024. During the time a home is in the probate process, anyone living in the home or claiming an interest must follow all housing code and policies.

Determining the ownership of a conveyed home through probate

The Court, under the probate code, must order a final resolution that is consistent with the housing codes. In other words, the Court could not approve ownership of the home by a non-member (other than a spouse or descendant as described above.) The Court has a number of options to avoid an award of the home that is not allowed under the code – for example selling the home to a member, and sharing the proceeds among all people entitled to a portion of the estate. Any person claiming an interest in the estate of a Squaxin Island member may open a probate case in the Squaxin Island court.

Homeownership Assistance Funds (HAF)

The Squaxin Island Tribe was awarded Homeownership Assistance Funds through the Department of Treasury. The Office of Housing has been able to assist qualified applicants with the following expenses to prevent displacement from their homes:

- Roof replacements
- Septic repair
- Replace deteriorated siding
- Property taxes
- Homeowner insurance
- Mortgage assistance and reinstatement
- Heating systems
- Electrical evaluation
- HOA fees
- Utilities

The good news is there is still more funding available!

Help for Homeowners in Need

If you, or someone you know, experienced a financial hardship due to Covid-19 that resulted in mortgage delinquency, we may be able to help.

The Squaxin Island Tribe, Office of Housing has received funding through the Department of Treasury for the Homeowner Assistance Fund (HAF).

We are accepting applications from Squaxin Island Tribal homeowners on- or off-reservation who meet the following criteria:

1. You own the home you live in and it is your primary residence, on- or off-reservation.
2. You have you experienced financial hardship due to Covid-19 (after January 21, 2020) from one of the following:
 - Mortgage delinquencies
 - Foreclosure
 - Unpaid property tax
 - Past due utilities
 - Home displacement due to critical home repairs (roof, structure damage)

3. Your income falls at or below these guidelines:

1 person	(\$67,350)
2 persons	(\$77,000)
3 persons	(\$86,600)
4 persons	(\$96,200)
5 persons	(\$103,900)
6 persons	(\$111,600)
7 persons	(\$119,300)
8 persons	(\$127,000)



Please go to: squaxinland.org/government/departments/community-development to fill out the application. You may also request a copy of the application from the contacts listed below.

If you have any questions please contact:

Lisa Peters / lpeters@squaxin.us / (360) 432-3871

OR

Liz Kuntz / lkuntz@squaxin.us / (360) 432-3937



To contact a
Squaxin Island
Police Officer Call:
360-426-4441

If it is an
EMERGENCY
CALL 911

Interested in bringing CERT back to Squaxin?

*Want to brush up on some skills
or learn something new?*



2023 NW CITIZEN CORPS EXPO

SEPTEMBER 15-17 | EDMONDS COLLEGE
20000 68TH AVE W. LYNNWOOD, WA

FREE ENTRY

TRAININGS & SEMINARS

- TRAFFIC & CROWD CONTROL
- BASIC & ADVANCE MOULAGE
- CERT & ACCESSIBILITY
- RADIO COMMUNICATIONS & ETIQUETTE
- CPR/FIRSTAID/NARCAN TRAINING
- CRIBBING
- YOUTH EMPOWERMENT & TEEN CERT
- SEARCH & RESCUE BASICS
- MAP & COMPASS READING
- MUCH, MUCH MORE!

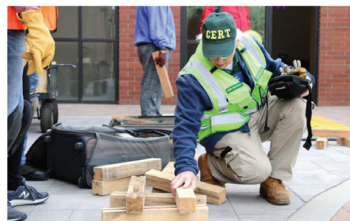
SCHEDULE

- FRI 9/15 | 1PM - 4:30PM - LEADERSHIP MEETING
- SAT 9/16 | 8AM - 4:30 PM - CLASSES
- SUN 9/16 | 8AM - 4:30 PM - CLASSES & EXERCISE

DON'T FORGET TO BRING YOUR CERT BAG!

QUESTIONS?

EMAIL CELSE.RANGEL@OFM.WA.GOV
OR VISIT SERVEWASHINGTON.WA.GOV



REGISTER NOW!

Go to <https://tinyurl.com/4zb5kttk>
or scan the QR code.



SERVE WASHINGTON



In crisis?
Text INDIGENOUS
to 741741.
for free, 24/7 support.

Mason County
**OVERDOSE
AWARENESS**
Walk & Resource Fair

Join us as we honor the memory of the lives lost to
overdoses and provide hope to those who are still
struggling. Everyone is welcome to join us.

It's a beautiful day to save lives

BELFAIR

Date:
Thursday, Aug 31, 2023
Location:
Timberland Regional Library
23081 NE State Route 3
Time:
Resource Fair - 3 pm
Gather for Walk - 5:45 pm
Walk Begins - 6:05 pm



SHELTON

Date:
Friday, Sept 1, 2023
Location:
Kneeland Park
100 Turner Avenue
Time:
Resource Fair - 3 pm
Gather for Walk - 5:45 pm
Walk Begins - 6:05 pm





10 Tips for "September is Healthy Aging® Month"

It's never too late to strive for a healthier lifestyle, and September is the perfect time to make a plan. Recapture that "back to school" feeling with a personal commitment to renew yourself. To improve yourself physically, socially, and mentally, here are 10 tips to inspire you:

Exercise

1. **Move more, sit less.** Why? Physical activity is your weapon to help control blood pressure, help prevent heart disease and stroke and possibly lower your risk for depression, anxiety, and conditions like certain cancers and type 2 diabetes. What to do? Choose something fun so you can keep at it, like cycling, walking, dancing, swimming, or aerobics.
2. **How much do you need to do?** Current national recommendations are 150 minutes of moderate-intensity physical activity per week and two days of muscle-strengthening training. That's only 20 minutes a day, 7 days a week, or around an hour a day if you do three days a week.
3. **Get motivated with free websites and apps** like All Trails to find parks and trails around the world; American Heart Association with ideas on how to join a walking club, or CDC with ideas for individuals with a disability.

Diet

4. **Try to cut back on salt.** A diet rich in sodium has been linked to high blood pressure, stroke, and heart attack—all good reasons to try not to overly salt your food. Adding more fiber to your diet can help lower cholesterol, control your blood sugar, as well helping maintain good digestive health.

Social

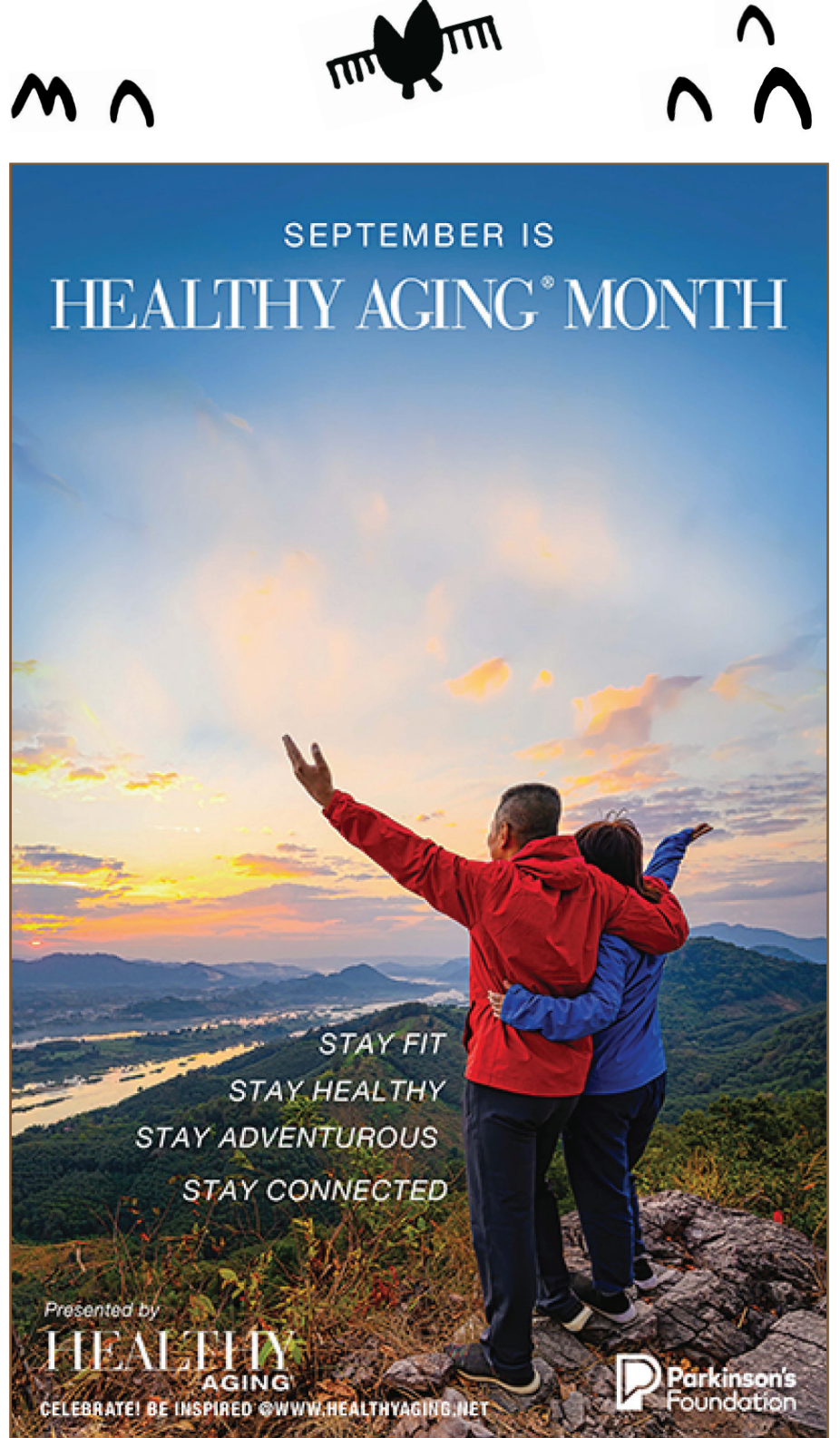
5. **Volunteer.** Being of service is an excellent way to bring happiness into your life and not focus on yourself. Refocus on others and volunteer your time and expertise. United Way, the American Red Cross, VolunteerMatch, and AmeriCorps are all helpful resources.
6. **Beat back loneliness.** Don't wait for the phone to ring. Be proactive and call someone for a lunch date. Set up a calendar of lunch dates and challenge yourself to have at least two lunch dates per month (once a week is even better!) It doesn't have to be expensive ... pack a picnic, and head to a park. Try to mix up your get-togethers with old friends and new acquaintances.
7. **Rekindle or follow a new passion.** Take a hard look at what you like to do rather than what other people tell you to do to meet new people. Pick some activities where you might meet new friends.
8. **Get a dog.** If you don't have one, get one and walk. You will be amazed how many people you will meet through your dog. Can't have one? Check your local humane society to see if they need dog walkers.

Mental

9. **Be realistic with what you can accomplish.** Learn to say no ... don't overwhelm yourself with a to-do list. The non-profit Mental Health America offers more tips for reducing or controlling stress.
10. **Plan for your next passage.** Capitalize on your career experience and start a new one. Yes, enjoy a brief "retirement." Travel, and spend more time with family and friends. Develop new hobbies. Redefining your purpose to maintain a sense of identity and purpose is essential to a healthy lifestyle.

What is your next passage?

So, grab onto that "back to school" feeling and make September the perfect time to renew or set your lifestyle goals. It's not too late!



Healthy Aging® 2023



Renew your way and stay covered today!

Learn more ways to renew your coverage: hca.wa.gov/apply-or-renew-coverage

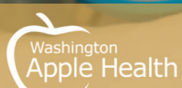
- Did you know you can renew your **Apple Health (Medicaid)** coverage online? No need to wait on the phone or go to an office. If you received your renewal notice, you can renew your coverage at wahealthplanfinder.org or download the WAPlanfinder app.
- Keep an eye out for your Apple Health (Medicaid) renewal notice! You can check your message center or renew your coverage online at wahealthplanfinder.org. Renewing is a great time to make sure your contact information is up-to-date. Learn more at hca.wa.gov/apply-or-renew-coverage
- Open immediately! Action required! If you received your Apple Health (Medicaid) renewal notice you can renew your way to stay covered today:

Online:	wahealthplanfinder.org
WAPlanfinder app:	wahbexchange.org/mobile
Phone:	1-855-923-4633
In-person:	bit.ly/wahealthplanfinder-virtual-help
More information:	hca.wa.gov/apply-or-renew-coverage

Didn't renew your Apple Health (Medicaid) coverage on time? It's not too late to complete your renewal at wahealthplanfinder.org. Renew your way and stay covered today! If you think you no longer qualify for Apple Health (Medicaid), you should still renew your coverage to see if you're eligible for Apple Health or a Qualified Health Plan at wahealthplanfinder.org.

HCA will never ask for money to enroll or re-enroll in Apple Health (Medicaid) coverage. Clients should not share banking or credit card information with anyone claiming to be from HCA or Apple Health. If you receive a phone call or text message you think is a scam, you should hang up and report this to Apple Health customer service at 1-800-562-3022.

Don't snooze on
completing your
Apple Health
eligibility
review.



Renew your coverage at washingtonconnection.org

MAMMOGRAM BUS DATE

Contact
Clara!



SEPTEMBER 26, 2023

360-432-3930

In crisis?
Text NATIVE
to 741741.
for free, 24/7 support.

Suicide & Crisis Lifeline

**Dial 988 for
mental health emergencies.**

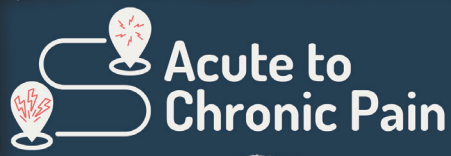
#WeNeedYouHere



This document was developed [in part] by funding from the Indian Health Service (IHS) and grant number SM082106 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA, HHS, or IHS.



Acute Pain. Chronic Pain.



WHAT IS THE DIFFERENCE?

KNOW THE FACTS.



Pain, defined by the International Association for the Study of Pain (IASP), is “an unpleasant sensory and emotional experience associated with, or resembling that associated with, actual or potential tissue damage.”

Acute pain, defined by the IASP, “happens suddenly, starts out sharp or intense, and serves as a warning sign of disease or threat to the body.” Causes include injury, surgery, illness, trauma, burn, or the process around surgeries/procedures. Acute pain generally lasts from a few minutes to less than six months. It usually disappears whenever the underlying cause is treated or healed.



Chronic pain, defined by the IASP, is “pain that persists or recurs for longer than three months.” Oftentimes, such pain becomes the sole or predominant clinical problem for individuals, and may warrant specific diagnostic evaluation, therapy, and rehabilitation. Neuroscience research has demonstrated that **chronic pain can become a disease in itself**, with measurable changes in the brain, spinal cord, and peripheral nervous system.

Acute to Chronic Pain



Acute-to-chronic pain refers to the transition of acute pain to chronic pain. In many cases, when acute pain persists longer than three months, it turns chronic, which can last for years or a lifetime.

Managing Acute Pain vs. Chronic Pain

Acute Pain

Treating acute pain typically involves treating both the pain and its cause—injury, medical procedure, illness, etc. This type of treatment often involves a short-term change in routine. Acute pain management may include:

- Rest
- Application of heat or ice
- Compression and/or elevation
- Over-the-counter (OTC) medications
- Opioids (in lower dosages and for shorter durations)
- Movement modalities
- Behavioral health approaches
- Complementary and integrative health such as massage or acupuncture

Chronic Pain

An individualized, multimodal, multidisciplinary approach with coordination of care from various health care professionals is considered best practice for individuals living with chronic pain. Chronic pain management may include:

- Self-management techniques, such as mindfulness or meditation
- Functional-based rehabilitation to help with performing daily activities
- Restorative therapies, such as physical and occupational therapies
- Complementary and integrative health, such as yoga or tai chi
- Behavioral health approaches
- Medications (OTCs, NSAIDs, non-opioids, and opioids)
- Medical cannabis
- External medical devices
- Interventional procedures

To learn more, including ways to manage pain and find support, visit uspainfoundation.org.



This resource was created through support from Vertex Pharmaceuticals and Johnson & Johnson. The U.S. Pain Foundation independently developed the content without review from its sponsors. This information is educational only and should not be used as a substitute for advice from a health care professional.

#KNOWember2022 #KNOWPan

Before they get to chapter two,

LET'S CATCH UP ON ROUTINE VACCINES



Start the school year off right. Make sure your child is caught up on routine vaccines. Talk to their doctor today.





COMMUNITY



1
Alexander Donovan Solano
Jeremiah Longshore
Kui Lee Tahkeal Jr.
Patrick Wayne Whitener
Vanessa A. Tom

2
Jason Gabriel West

3
Austin Ray Peters
Kezia Marie Wentworth
Malachi Hartwell-Kinison
Rose Marie Krise

4
Kathrine K. Neilsen
Marty Joe Trinidad Jr.

5
Latoya Jean Johns
Mckenzie Brearley-Lorentz

6
Elijah Joseph Krise
James Vincent Youngs

7
Danielle Garnet Leas
Joshua Paul Coble
Talon Andrew Peterson
Wayne Joseph Lewis
Zayne Garner Dorland

8
Barry Wayne Hagmann
Charles Wesley Scheibel
Justine Amber Mowitch
William Dean Hagmann
William M. Weythman

9
Alexsii Grace Vigil
Avary M Jimmie
Joseph Andrew Stewart
Kaleb Joseph William Lutolf
Lewis Robert Napoleon Jr.
River Rae Guardipee

10
Debra Leone Mattson
Madison C.M. Mowrey
Roger Joseph Peters

11
Gunner Rodney Gouley
Hazel Sesal Lehman
Madeena M. Rivera

12
Austin K. Brearley-Lorentz
Penelope Marie Castillo

13
Anthony Joseph Ramirez III
Kaitlyn Michelle Brandt
Robert Thomas Farron

14
Oakland Park Krise

15
Florence A. Sigo
Gracelyn June Wier
Jonathan E. Harrell
Kristen Michelle Davis

16
Evelyn Rae Krise-Lyon
Jamie Danielle Queen



17
Carmen Marie Stearns
Cassie Ann Colbert
Kenedee K. Peters
Markie Jean Smith

18
Stephen Mark West
Tia Marie Jordan
Tiana Little Feather Henry
Willow A. Henry

19
Calvin Wayne Farr
Frances Estella Starr
Raiatea Charlize K. Villanueva
Sophia L. Pinon
Zion Gregory Murray

20
Kayla Marie Johnson
Terry Lee Brownfield

21
Atawit Krise-Lyon
Desmond Ashley Smith
Esther Melinda Fox
Gregory Scott Koenig
Jada Lesley Krise
Kassidy Mckenna Burrow
Melody Marie Moliga

22
Gloria Jean Hill
Kim Monique Cowing
Kiona Breeze Krise
Michael N. Peters

23
Amanda Rae Rodgers
Angel Lorene Sen
Chris T. Clementson
Leslie Allen Cooper Jr.
Mykah Jayson Masoner

24
Donald Lynn Whitener
Linda Lee Lake

25
Joan Martha Rioux

26
Barney Eugene Cooper
Susan Jeanette McKenzie
Vernon Patrick Kenyon

27
Dawne Marie Elam

29
Donald James Smith Jr.
Melissa Fay Maynard

30
Avaiah Charlene Coley
Isaiah Gaylen F. Schlottmann
Kim Sherwood Kenyon



THE HONORABLE ANITA ESTUPIÑAN NEAL

SQUAXIN ISLAND TRIBAL COURT
YOUTH COURT
SQUAXIN ISLAND RESERVATION

IN RE:
O.M.
Indian child.

Case No.: CW-2023-4-4
NOTICE OF FACT FINDING AND
DISPOSITIONAL HEARINGS

TO: Rowland Mason

YOU ARE HEREBY NOTIFIED THAT pursuant to the Squaxin Island Youth code, the Court has set fact finding and dispositional hearings in the above captioned matter. The hearing on this matter shall be held on September 7, 2023 at 10:00 a.m. at 10 SE Squaxin Lane, Shelton, Washington. FAILURE TO APPEAR AT THIS HEARING OR TO RESPOND IN WRITING MAY RESULT IN THE CHILD BEING PLACED IN AN OUT OF HOME PLACEMENT. File your written response with Squaxin Island Tribal Court at the above listed address or call 360-432-3828 for more information regarding the hearing.

NOTICE - PAGE 1 OF 1

SQUAXIN ISLAND LEGAL DEPARTMENT
3711 SE OLD OLYMPIC HWY
SHELTON, WASHINGTON 98584
360.432.1771





What's Happening

TTP Express & Elevation Grand Opening	September 8
Chairman's Challenge Golf Tourney	September 11
Youth Talking Circle w/ Council	September 13
Court:	
Family Court:	September 7
Criminal/Civil Court:	September 12
Vulnerable Adult Court:	September 21
WIC	September 12



Canoe Journey Photo
by Sadie Whitener

UNDER THE MIDNIGHT SUN

THE CULT

**Saturday
OCTOBER 14**
Doors **7PM**
Show **8PM**

PURCHASE ON LITTLECREEK.COM OR AT THE PLAYERS CLUB

MUST BE 21 AND OLDER TO ATTEND. ALL SALES ARE FINAL. SEE PLAYERS CLUB FOR MORE DETAILS.

FOREIGNER

THE HISTORIC FAREWELL TOUR

SOLD OUT

**Saturday
SEPTEMBER 23**
Doors **7PM**
Show **8PM**

PURCHASE ON LITTLECREEK.COM OR AT THE PLAYERS CLUB

MUST BE 21 AND OLDER TO ATTEND. ALL SALES ARE FINAL. SEE PLAYERS CLUB FOR MORE DETAILS.

BINGO

NEW GAMES!
SATURDAYS & SUNDAYS

SEPTEMBER SESSIONS

ELECTRONIC BINGO DEVICES AVAILABLE FOR ALL SESSIONS!

SATURDAY AND SUNDAY SESSIONS | BRING CANNED FOOD FOR FREE LEVEL 1 (6-ON)

FRIDAY SEPTEMBER 8TH: DAUBIN IN THE DARK
DOORS: 5:30PM - EARLY BIRDS: 8PM | 8:30PM SESSION STARTS

SATURDAY SEPTEMBER 9TH DOORS: 11AM - EARLY BIRD: 1:30PM | 2PM SESSION STARTS

SUNDAY SEPTEMBER 10TH DOORS: 11AM - EARLY BIRD: 1:30PM | 2PM SESSION STARTS

LITTLE CREEK CASINO RESORT

LITTLECREEK.COM | 1.800.667.7711

ALL SALES ARE FINAL. MUST BE 21 YEARS OR OLDER TO ATTEND.

Little Means More!



Elders Menu . . . Fruit and salad at every meal

MONDAY 4:
CLOSED - Labor Day

TUESDAY 5:
Corn Chowder, Ham Sandwiches

MONDAY 11:
Biscuits & Gravy, Boiled Eggs,
Bacon

TUESDAY 12:
Butternut Squash, Biscuits

MONDAY 18:
Goulash, Corn

TUESDAY 19:
Chicken Dumpling Soup, Crackers

MONDAY 25:
Spaghetti, Mixed Veggies

TUESDAY 26:
Italian Sausage Potato Soup,
Breadsticks



WEDNESDAY 6:
Tacos

WEDNESDAY 13:
Teriyaki Chicken, Rice, Veggies

WEDNESDAY 20:
Burger Dips, Potato Wedges

WEDNESDAY 27:
Pizza

THURSDAY 7:
Pork Chops, Red Potatoes,
Mixed Veggies

THURSDAY 14:
Sandwiches, Chips

THURSDAY 21:
Steak, Spinach, Sweet Potatoes

THURSDAY 28:
Tuna Melts, Chips





AA MEETING

Every Wednesday
7:30-9:00 p.m.
Elders Building



Squaxin Island WIC
(Women, Infants, and Children)
provides healthy foods & nutrition information for you and your child up to age 5.
Please have available:
Your child's height & weight,
Provider One Card or paystub
and identification for you & your child

Contact at SPIPA for an appointment:
Patty at 360.462.3224,
wicnutrition@spipa.org
or
Debbie Gardipee-Reyes 360.462.3227
gardipee@spipa.org

Main SPIPA number: 360.426.3990



This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn't discriminate.

Next WIC:
Tues., Sept 12, 2023
Beginning Sept 1, we will
offer both
phone appointments and
in person appointments.

WIC Did you know?

Your monthly fruit and vegetable benefits can be used with the WIC QR code

*QR codes can only be used at WIC Authorized Farmers Markets or Farm Stores, NOT AT THE GROCERY STORE.

Take the following steps to use your WIC QR code only at WIC Authorized Farmers Markets and Farm Stores*



STEP 1

Find an authorized WIC farmers market or farm store.

TIP Check your WICShopper app



STEP 2

Find your QR code on your app

TIP The QR Code is located on the main page of the WIC Shopper App



STEP 3

Select your fruit and vegetables.

TIP Look for growers displaying this sign!



STEP 4

The grower will scan your QR code with their mobile device and enter in the amount of the purchase.



STEP 5

Verify the amount of your purchase and enter in your WIC card 4-digit PIN.

TIP If you don't have enough benefits to cover your purchase, you can pay with another method or choose not to buy as much.

HELP Contact Cascades Support at 1-800-841-1410, extension 3, select 2



DOH 964-024 April 2023 | To request this document in another format, call 1-800-841-1410.
Deaf or hard of hearing customers, please call 711 (Washington Relay) or email WIC@doh.wa.gov.

"Save the date"

Puyallup Tribe of Indians
Elders Inter-Tribal Luncheon

Thursday

October 19, 2023

@Emerald Queen

Casino Showroom

2920 E. R St. Tacoma, Wa 98404

Doors Open 9:30am

This event is for 55 years and older
No children will be allowed at this event

RSVP WITH GROUPS OVER "4"

Vernetta Miller 253- 680-5482 Judy LeGarde 253-680-5494

Theme: Come dressed in your /homemade "Duct Tape" attire



EMERGENCY

CALL **9-1-1** FIRE
POLICE
MEDICAL
RESCUE

SQUAXIN ISLAND TRIBE

Non-Life Threatening Emergencies

**Emergency Operations Center
(EOC) Hotline**
(Information only - no voicemail)
(360) 432-3947

Community EOC Hotline
(Questions and voice mail message)
(360) 443-8411

**Emergency Management
Coordinator**
(360) 443-8410

**Community Emergency
Response Team (CERT)**
(360) 426-5308

Squaxin Police Department
Office Hours Monday - Friday 8:00-4:00
(360) 432-3831

PUD No. 3 Outage Hotline
(360) 426-8255

**Mason County Police
Dispatch Non-Emergency**
(360) 426-4441

**Mason County Fire
Non-Emergency**
(360) 426-3348