

2024 Summer Employment!

SEEKING SQUAXIN YOUTH AGES 15-21
WHO DESIRE SUMMER EMPLOYMENT

If you are a Squaxin Tribal member between the ages of 15 and 21 and are interested in working in the summer, please contact Jessica Cruz in Human Resources at (360) 432- 3865 or jlacruz@squaxin.us for an application. These will also be available with the job listings at www.squaxinland.org All application packets should include a Squaxin Summer Youth application, cover letter and resumé.

Your application must be submitted by Monday June 3rd by 4:00 p.m. Applications received after June 3rd will be considered based on available positions.

Summer Youth Employment will begin on Monday, July 8th, and will run through Friday, August 9th.

If you would like assistance with completing your application, writing a cover letter, or doing a resume, please attend one of the application workshops scheduled to take place on *May 14th and May 23rd from 4:00 – 5:00 p.m. at the Museum.*

Please note all applicants for Little Creek Casino Resort may be asked to attend an application workshop to complete required gaming licensing paperwork. Youth working in Education will start the week of June 24th to complete staff training.

Squaxin Preference will be exercised in the hiring of these positions in accordance with the Tribe's hiring ordinance.




Button Robe Workshops

The Squaxin Community Culture Program is here to help Squaxin families with educational achievement regalia

The Museum & Culture Center is offering Squaxin families workshop time, fabric, buttons, use of sewing machines, irons, large project space, and knowledge

CONGRATULATIONS CLASS OF 2024!

Questions? Please contact Ruth Whitener 360-432-3841 rwhitener@squaxin.us



2024 GENERAL BODY MEETING

SATURDAY, MAY 4, 2024
9:00 AM - LITTLE CREEK EVENT CENTER

Sign in starts at 8:30 a.m.

EARLY BIRD RAFFLE AT 9:00AM

- Annual Reports
- Q&A with the General Council
- 2024 General Elections for:
 - Tribal Council Treasurer
 - Tribal Council Secretary

Information booths & DOOR PRIZES!

QUESTIONS? CALL 360-426-9781 OR EMAIL MPUHN@SQUAXIN.US

10 SE Squaxin Lane, Shelton, WA 98584
Change Service Requested



SQUAXIN ISLAND MUSEUM GOLF TOURNAMENT BENEFIT

JUNE 3, 2024 @ 10AM

For Registration & Event Sponsorship Information
Contact 360.462.3673 or tyler.brown@salishcliffs.com



TRIBAL NEWS

10 S.E. Squaxin Lane
Shelton, WA 98584

PHONE: (360) 426-9781
TOLL FREE: (877) 386.3649
FAX: (360) 426-6577
www.squaxinland.org

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

- KRIS PETERS: Chairman
- JAIMIE CRUZ: Vice Chairman
- PATRICK BRAESE: Secretary
- MARVIN CAMPBELL: Treasurer
- JEREMIE WALLS: 1st Council Member
- VICKI KRUGER: 2nd Council Member
- VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:
THERESA M. HENDERSON: EXT. #3945
thenderson@squaxin.us

K L A H - C H E - M I N

JOIN US TO CELEBRATE
HENRY/COOPER FAMILY
REUNION



there will be barbeque food, clams, oysters and drinks. with plenty of fun for the family. hope to see you there

MAY 31 2024

MEET @ ARCADIA POINT
SHELTON, WA 98584
THEN BOAT RIDE ACROSS THE ISLAND

RSVP 360-280-0105


Firework stand sign up is now!

Permit fees are \$450
(3% fee applied for credit card payment)

Permit fees, license fees, all fines, penalties and taxes owed to the Tribe must be paid in full by Friday, May 10th.

The drawing will be held Wednesday, May 15th.
19 spaces available.

For more information and questions, please contact the administration building at 360-426-9781.






Happy
Mother's
Day

SQUAXIN ISLAND CHILD DEVELOPMENT CENTER IS LOOKING FOR VOLUNTEERS TO HONOR INDIGENOUS IDENTITY AND CULTURE THROUGH TRADITIONAL

- STORY TELLING
- DANCE
- DRUMMING
- WEAVING
- BEADING
- CARVING
- GATHERING
- MEDICINAL MEDICINE

INTERESTED VOLUNTEERS REACHOUT TO MARTI PETERSON
mpeterson@squaxin.us

Squaxin Transit can be reached at
(360) 280-7612 or
(360) 480-1402 or
(360)432-3951



May 6th - 20th Closure of State Route 108 Cancelled

The highway near Hurley Waldrip Road will remain open to travelers around-the-clock.

The temporary closure would have allowed initial efforts to replace the existing culvert with a new bridge. However, the work has been rescheduled to this summer.

There will be three total closures of the highway this year. WSDOT will announce each closure when they are scheduled.

Fish barrier removal

Correcting fish passage barriers is an important part of the WSDOT's efforts to protect and restore fish runs negatively affected by outdated culverts under state highways. Replacing outdated culverts with either bridges or fish passable structures will increase the likelihood of fish migration. The improvements will slow water and build the creek to help simulate a more natural creek environment.

Stay connected

Updated information will be available on the project web page. The project webpage is available at wsdot.wa.gov and search: Kamilche. Or scan the QR code using the camera app on a smartphone to go to our website. Travelers can get advance notification and real-time information on the WSDOT app and statewide travel map. Sign up for email updates for major roadwork on state highways in Mason County. People can also call the project hotline at (564) 225-3289.



FAMILY JUSTICE PROGRAM
SQUAXIN ISLAND FAMILY SERVICES

We are here to assist people with resources to obtain self sufficiency to reduce risk of re-offending:
If you have been in the following: Prison, jail, substance abuse treatment and out-patient treatment.

Services provided: Personal advocacy, assisting with referrals, services to obtain emergency housing & transitional housing. Follow up contact, in person, telephone & written communications to offer client support & check on client progress with case plan. We can assist with clothing, food & gas vouchers. There is rent assistance & hygiene bags available. Assistance with job applications, resumes and cover letters to obtain employment.

This program is for Squaxin Island Tribal members & other tribes adjacent to the Squaxin Island Tribe.
Contact: Marcella Cooper Family Justice Services

MCOOPER@SQUAXIN.COM

360-432-3908 & 360-485-5150



SQUAXIN ISLAND CHILD DEVELOPMENT CENTER NEEDS YOUR HELP!

Let's Build Something Extraordinary:

- Cultural Enrichment:** Be part of a groundbreaking initiative to develop a traditional curriculum for SICDC that celebrates Squaxin traditions.
- Empower Our Children:** Together, we'll create a culturally immersive learning experience that instills pride in Squaxin traditions and values.
- Your Expertise Matters:** Your unique insights and expertise are vital in shaping an educational program that truly reflects Squaxin teachings.
- Shape Our Community's Future:** Your input will play a pivotal role in shaping the direction of our community's educational journey.
- Collaborate for Success:** Let's come together and pool our knowledge and passion to ensure the success of this important project.

RSVP Now to Secure Your Spot

RSVP TO KAHO@SQUAXIN.US

SQUAXIN HEALTH & WELLNESS COMMUNITY MEETING
DISCUSSION ON DESIGN OF SQUAXIN ISLAND HEALTH CLINIC BUILD

Tuesday, May 14, 4:30PM
Squaxin Community Kitchen

Architects will take input from community on design aspects of new clinic. Your ideas will help shape the overall vision of the new clinic build!

For more information please contact Joanne Perry
jperry@squaxin.us or 360-432-3925



LITTLE CREEK CASINO • RESORTSM



Voting will be open until May 10th



What's Happening

TUESDAYS – Crumbl cookies are every Tuesday for members 50+! Receive one free cookie and enter the drawings at 6:00 p.m. for three winners of \$250 in free play and 7:00 p.m. for one winner of \$1,000 in cash.

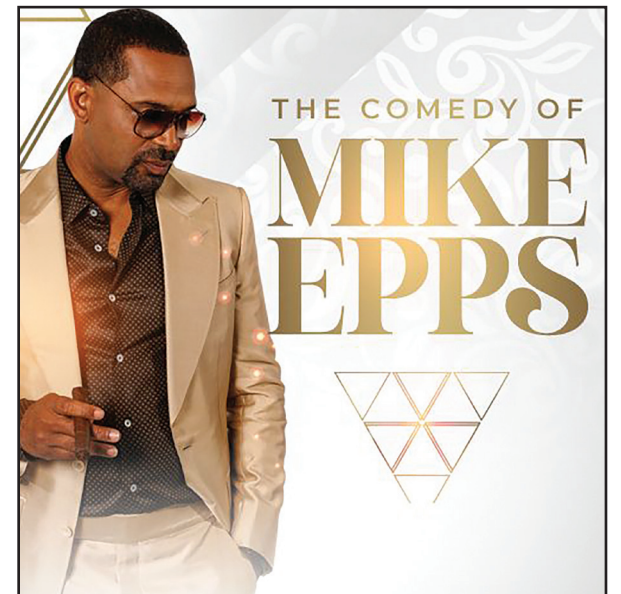
WEDNESDAYS – Who doesn't love a Slot Tournament?! Each Wednesday in May we're offering a free slot tournament open to all resort reward members. Sessions run from 1:00 p.m. to 5:00 p.m. and prizes are up to \$1,000! Sign in at the promotional kiosk to participate.

THURSDAY - SUNDAY - Earn and Get | Carlos Santana Collection – Earn 1,500 points from Thursday at 9:00 a.m. to Sunday at 8:00 p.m. each week for a chance to get an item from the collection! Resort members who participate each week will have a chance to win an autographed guitar signed by Carlos Santana!

ALL MONTH - Kings and Queens of Dice (Craps Only) – During the month of May all players club members playing craps will have a chance at weekly free play prizes.

High Hand Hunt (Table Games) - During the month of May all players club members playing table games will have a chance at weekly free play prizes.

- See the Players Club for complete details on all promotions -

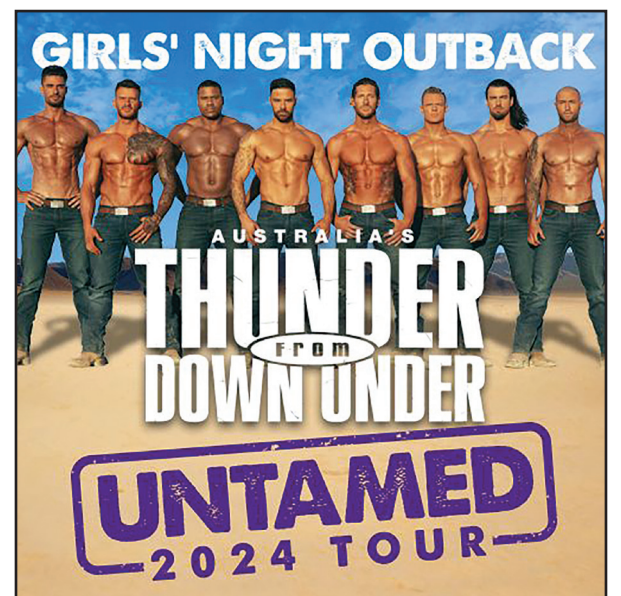


Entertainment

Lupita Infante
May 10th | 8:00 p.m.

Mike Epps
June 22nd | 8:00 p.m.

Thunder From Down Under
July 12 & 13th | 8:00 p.m.





Tumwater Trading Post

The Tumwater Trading Post is moving right along!
The existing "Littlerock Market" has been demolished. There was existing structural damage that made it inoperable.

The old fuel storage tanks have been removed, and in a different area, they have finished installing underground storm drainage.

Contractors have moved onto the concrete footings of what will be the new Tumwater Trading Post with framing happening soon.

We are impressed with this progress and are eager to see what comes next!



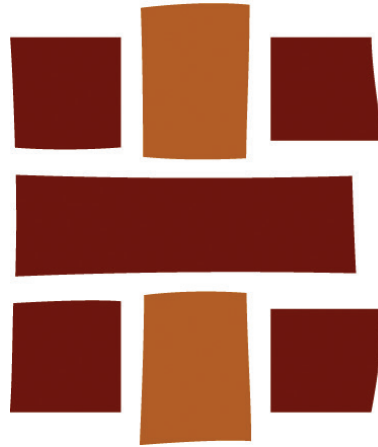
Before



During



After



Island Enterprises, Inc. congratulates

Tyler Johns
on his 10th year
with the company!



Kamilche Trading Post

We have had some work going on at KTP recently. We had the cedar siding repaired or replaced in some areas. In the warmer weather we will be having the building and fuel canopy stained. Please be on the lookout for any nighttime closures that may happen to complete this project. We apologize for any inconvenience and will do our best to keep these closures during the night.





New Dodge Caravan



Squaxin Island Transit is excited to announce the addition of a new Dodge Caravan to its transit fleet. This vehicle, generously gifted by Mason Transit Authority (MTA), plays a crucial role in connecting our community and ensuring that tribal members have reliable transportation to important events, including scheduled clam digs.

The Dodge Caravan symbolizes our commitment to community connectivity, cultural preservation, and accessible transportation. As we continue to serve our tribal members, we express gratitude to the Mason Transit Authority for their generous gift.

Collaboration with Mason Transit Authority:

- Squaxin Transit collaborates closely with the Mason Transit Authority to enhance transportation options for our community.
- The Caravan serves as a vital link between the Squaxin Reservation and neighboring areas, allowing seamless connections for tribal members.
- MTA's support demonstrates the spirit of partnership and goodwill that strengthens our community bonds.

Scheduled Clam Digs:

- The Dodge Caravan plays a pivotal role during scheduled clam digs, which are essential cultural and subsistence activities for the Squaxin Island Tribe.
- Tribal members can use this transportation service to access clamming sites.
- The Caravan ensures safe and convenient travel, allowing families to participate in these time-honored traditions.

How to Access Squaxin Transit Services:

To schedule a ride on the Dodge Caravan or other Squaxin Transit vehicles, call the Transit direct line at (360) 432-3951 or the dispatch line at (360) 480-1402.

Mosquito Problems Start At Home



Don't Give Mosquitoes A Chance!

Mosquitoes need water to breed and grow. It doesn't take much water and it doesn't take much time. So, almost anything that will hold water for one week or more can produce these pests. Many places around your home may be causing mosquito problems. Get rid of places where water collects and mosquitoes won't have a chance!



Prepared through funding provided by U.S. Department of Health & Human Services, Centers for Disease Control and Prevention.
DOI# Pub 333-049 4/01
Courtesy of North Carolina Department of Environmental and Natural Resources



Welcome to the neighborhood!

Transitional Housing Opportunity to Plan and Empower T-HOPE Program

T-Peeksin Lane has new community members. Introducing T-Peeksin Loop.

"We all help each other out as our own little community. It really is nice to see the people not take advantage of the tiny homes but actually appreciate the tiny homes." "I really appreciate housing for giving me the chance to live in a tiny home. I have a 2nd chance to live life clean and sober and be a part of our tribe. I am following all rules and following all the laws and am real grateful for this."
~ T-HOPE tenants.

Requirements for the T-HOPE program include

- Squaxin Island Tribal member
- Applicant must qualify as low-income with a minimum of \$5,000 annual income
- Single adult and/or couples (Tiny homes are for no more than two people)
- This is a drug and alcohol free community





HUMAN RESOURCES



New Employees



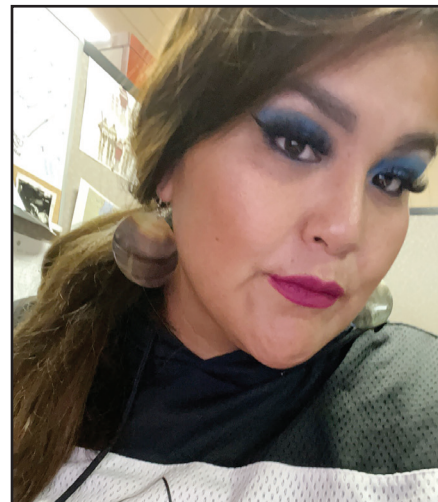
Travis Baker
Garden Technician 3

My name is Travis Baker I have been hired on as a Garden Technician 3 at Salish Roots farm. Gardening is what brought me to Washington in 2016, and I just love working with my hands in the soil. I am most excited to contribute to this community in such a positive way by helping to grow good food. Thank you for the opportunity to serve this community



Emily Endley
NWITC Cook/Housekeeper

My name is Emily Endsley. I have been hired as a Cook/Housekeeper at the Northwest Indian Treatment Center. I'm most excited about meeting new people and getting a fresh start with a good job. I am also excited to be able to help out clients as I'm always wanting to help people.



Deanna Hawks
Culture Ambassador

Hello, my name is Deanna Hawks. My mother is Beverly Hawks and my biological father was Levi Connelly (Henry). My dad is Chris Furtado.

I've been hired as the museum's Culture Ambassador as of 3/18/2024.

I'm excited to be working with the museum again, as I enjoyed working with the staff 13 years ago. I also can't wait to start working with our community and making new connections with other tribes!

If you have any questions on what we're up to at the museum, feel free to reach out to me.



Marcella Johns
NWITC Cook 4

My name is Marcella Johns. I have been hired as the Cook 4 with Northwest Indian Treatment Center.

I am Skokomish and Chehalis. I grew up with my maternal grandparents in Skokomish. I also spent some time with my paternal family in Chehalis. I am most excited about creating a traditional foods menu while growing traditional foods at NWITC.



Steven Crosson
System Administrator

My name is Steven Crosson. I have been hired as the System Administrator 3 with the IT department. I have spent my life in IT and love every moment of it with all the new challenges and thumb prints that await. I'm excited about working together to build a great IT ecosystem to sustain and grow the environment around us. I look forward to working with everyone



Alexia Snyder
Child Development Center

My name is Alexia Snyder, and I will be working at the childcare center. I worked here as a summer youth. My mom is Amber Gomez and Ramon Gomez is my step-dad. My grandma is BJ Peters, and my grandpa is Mark Snyder. I'm excited to work with the kids again. I look forward to joining the team.



Employment Opportunities:
squaxinistland.org

If you would like assistance updating a resume or have questions about any of our open positions, please reach out to Jessica in Human Resources.



Bordeaux

April is over and May is here! This means we are just that much closer to the last day of school. The kids are extremely excited for the summer. Our fourth graders are excited for their new transition to middle school. We are getting prepped and ready and letting them know we will still be here for them always.

The school is getting ready for our upcoming kindergartners. I am so excited to see all the new kinders! Speaking of which, if anyone has any questions about enrolling or new coming students, let me know!

Last month, in April, we had a bunch of good times in the Native Ed room. It might not be big, but our students know they have a place at school.

Things are getting accomplished, and the goals are only getting bigger. I am excited for next school year to see what more can come.

For now, I am enjoying every second before the end of the school year. We are still pushing for good attendance, still have homework help available if kids need to catch up on unfinished work, and are still here for questions and help. We are here for our students always, that means our families too.

Enjoy these pictures of some of our most recent memories!

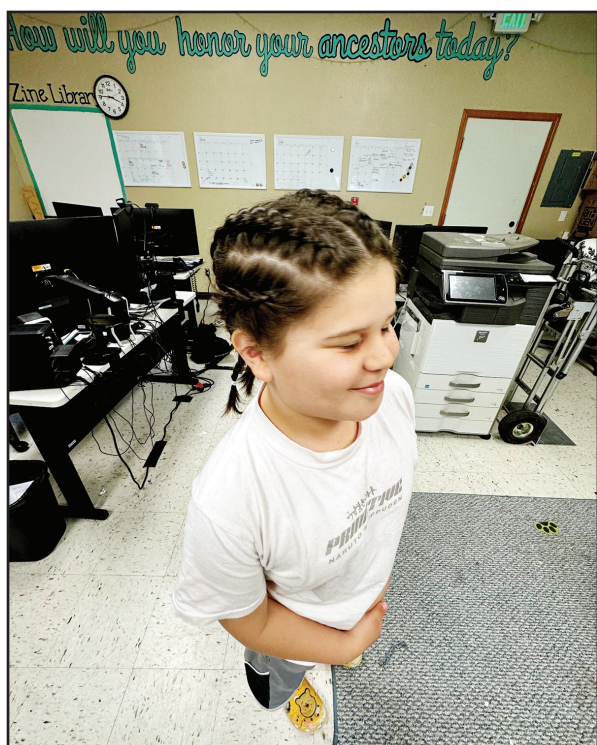
Tamika Krise
Bordeaux Student Advocate



First graders trying out the new pastels!



Rocklyn and Ivy when we went to the red park!



Barney got braided up at Homework Help!



Milah and Alexis! Love that I get to watch these guys grow! Sports, school, culture, and more!

Oakland Bay Junior High

Hi everyone, we are about a month into the 3rd trimester and it is going well! Students at this point are fully adjusted to their school schedules and have developed great academic habits. Many of the students are looking forward to the end of the school year so please make sure that they stay on track with homework and if they potentially need to stay after school.

Attendance and homework are once again the largest obstacle for the students over here at OBJH. These can go hand in hand, so if your students miss a day or two please make sure they get the work/tests that they missed. I am very proud that students have been speaking up for themselves when they notice they are starting to struggle. They have been going to teachers, or myself, in order to get their grades up or notice something is off with attendance. Also, please check up on attendance to make sure that your students are making it to class on time.

We are in the home stretch for the school year, this will be the last full month of school so students have to hold up for just a little bit longer. This will motivate some to finish strong and others may start to feel burnt out so please check in to make sure they're doing well. OBJH is also currently MAP testing so you may receive emails about your student's scores or be notified that they may have to be pulled out of class in order to finish it. Please reach out if you have any questions!

The student of the month this month is Wyatt Wentworth. Wyatt has a successful first school year here at OBJH and is poised to have another good trimester. He didn't have any trouble adjusting to the new school socially or academically and has overall been thriving. I think he is someone that new students next year can look up to and I hope that he takes that role model position seriously!

Caleb Kinzner
OBJH Student Advocate





LEARNING CENTER



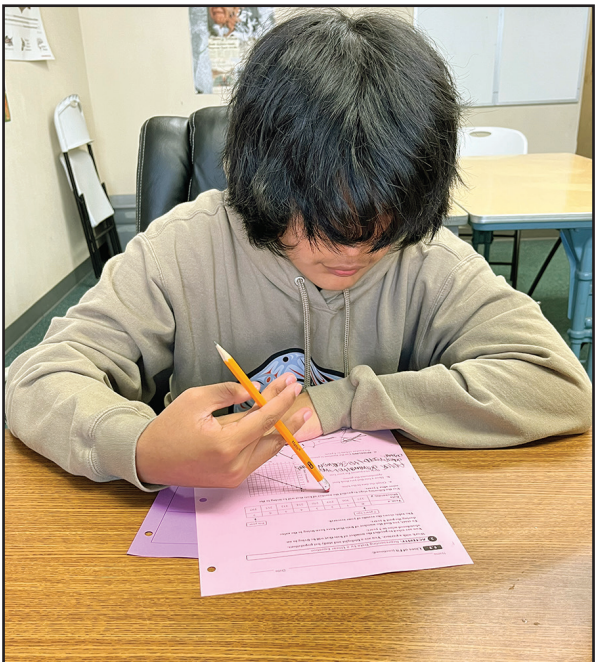
OBJH Photos



*Benito Hernandez, Jessica Ryker,
and Carmela Valencia*



Robbie Sigo, Wyatt Wentworth, and Skylehr Henry



Camilo Krise doing Math

Teens

April has been such a fun month for the teens! During spring break, the teens spent their time working with SkyBear Media on another film project. This time around, I took a step away and let the teens really lead and immerse themselves into this project. I was so honored to be able to see the teens create a film that was truly special to them. I am so excited for the world to see it.

I cannot say it enough, I am beyond proud of our youth.

I also had the opportunity to work with Twana and host a flint knapping class for our young men. Rodney Krise led our young men, and it was heart warming to see the boys connect with Rodney while they found a new hobby!

Upcoming event for May:

Coastal Jam Saturday, May 18th:

Come with me to attend Chief Kitsap Academy 2nd annual Decolonizing Education Coastal Jam located in Poulsbo! Message me to sign up.

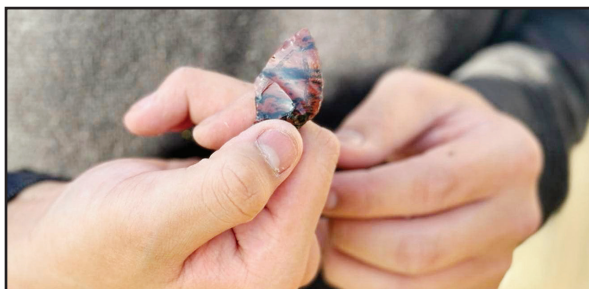
Keesha Vigil
Teen Program Coordinator
(360) 463-0681



Keona and Emillio filming



LJ and Earnie filming





LEARNING CENTER



Olympic Middle School

We have lots on the schedule for OMS Native Ed before the year wraps up. It can be hard to kick back into gear after spring break, but with only a little over a month before we're all done with this school year, it is important we lock-in to catch up on and complete our assignments. As always, we encourage our students to stay strong with attendance and to accomplish as much as they can while they are here. State testing has begun, and every bit of practice and studying is helpful! Completed work sheets and class work are always worth a prize or treat, and we have a few reward raffles in the works for personal improvements, no missing assignments, and attendance to class.

Along with the academic support, we also had multiple visitors this month! Holly Whitener came once a week to do Lushootseed language classes with the kids. Diva Roberts from CHOICE High School did some storytelling. Shawnell Mcfarlane came to share her book and her experiences of working for NASA with our Native Ed students. Our students love it when we have guests and relatives attend our activities or just stop by to see them, so if there is anyone wanting to do a school visit with our students, please reach out to my email at kwily@squaxin.us.

Just a reminder, OMS teachers do not typically hand out specific homework assignments, but any unfinished classwork turns into homework! After School Homework Help at the Youth Center is a perfect place to get some help on all those unfinished assignments that might have built up!

I want to give a special shout out to LJ Cooper and Emilio Capoeman-Hernandez! I can always count on those two to be helpful, respectful, and to put effort into what they do. Though only 11 and 12 years old, they stepped up and participated in the Teen Programs Film Camp over spring break, and I am so proud of them. LJ and Elmo are young men who know how to represent for themselves, their family, and their tribe! Thank you, Elmo! Thank you, LJ!

Kiana Wily



Elmo C and Alyssa



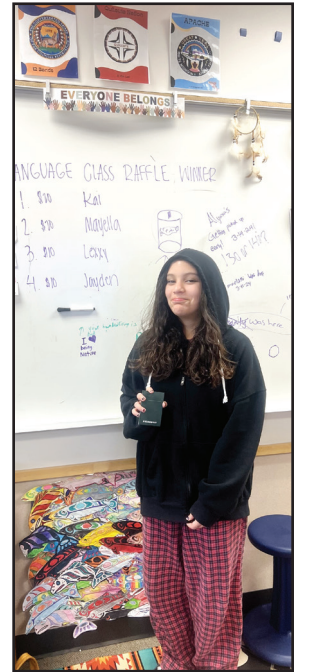
*LJ Cooper,
a proud Squaxin baller*



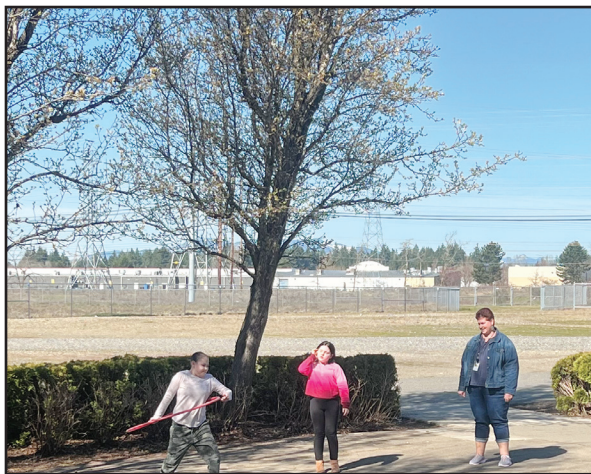
Emilio and Kiana



Cedar High showing how to separate trash recycle and compost



Mayella was one of the language class raffle winners



Allie Johns playing in the sunshine



Owen, Mayella, LJ, Leschi, Thailer, Luke and Elmo



Cedar High students presenting about what composting is and why we should do it



Shelton High School

Hello everybody! As June quickly approaches, here at Shelton High School, I just want to give a few reminders for our seniors! First and foremost, with all these announcements and fun events coming up for the senior class... you must pay all your fines at the activities office ahead of time! You will not get graduation tickets, senior ball tickets, or walk at graduation if fees are not paid. So please seniors, double check you are not on the fines list! Now, on to the fun and exciting stuff!

Button Robe Ceremony: May 17th starts @ 5:30 pm. in the SUB at SHS! Come celebrate our Native Ed students and their loved ones!

Graduation Tickets: May 20th – June 7th, graduation tickets will be available to pick up in the activity office. You will receive eight tickets in total! I know some of our Native Ed families are bigger than most families, but on June 3rd an email will be sent out to the senior class notifying them if there are extra tickets available after all seniors have received their eight tickets! So, if your graduate needs extra tickets, make sure they are checking their student email!

Senior Ball: June 1st, tickets will be on sale May 27th - 31st. I am encouraging all seniors to attend your last school dance. It will be lots of fun and good memories!

Mandatory Pre-Practice Graduation: June 5th @ 7:30 a.m.!!! Directly after practice, seniors will be heading to their elementary school to do their senior walk though!

Mandatory Graduation Practice @ Saint Martins in the Marcus Pavillion: June 6th @10:00 a.m. - 12:00 p.m.! If you don't have a ride, SHS will provide bus transportation. Seniors will be leaving SHS at 9:00 a.m.

Graduation Day!: June 8th, the big day! All graduates need to arrive by 10:00 a.m.!!! I will be in the prep room while seniors are all getting ready to walk, so please seniors reach out if you have any questions, comments, or concerns. I'm more than happy to help!!

June 25th & 26th are diploma pick up days! Seniors can pick up their diplomas in the counseling center from Mr. Joseph!

Isabelle LeClair
Shelton High School Student Advocate



Alysa and Cora, Smiling Seniors!



More Happy Seniors, Alysa and Sarah!

Higher Education

Just a reminder that summer quarter is by special request only! You must write a special request letter to the Education Commission along with a Memorandum of Commitment, summer class schedule, and official grades from spring 2024.

The deadline for summer 2024 is June 14th.

Also, August 9th is the deadline to turn in all completed paperwork for the 2024/2025 school year. New and returning students will need to complete the packet for the 2024 fall quarter/semester. Paperwork can be emailed or picked up at the Education Department between the hours of 7:30-4:00.

If you have any questions or need any assistance please feel free to give me a call or email.

Don't forget to turn your final grades and any receipts from spring quarter/semester in by July 8th.

Thank you,

Mandy Valley
Higher Education Coordinator
mvalley@squaxin.us
(360) 432-3882



Addiction is real. So is Recovery.

YOU MATTER AND WE CARE.

Let us help you back to recovery. Make the call today, and find out what resources are available.

- Opioid treatment
- Outpatient services
- Treatment services, referrals & more

Business Hours
Monday - Friday
8:30 am - 5:00 pm

360-426-1582



SQUAXIN ISLAND TRIBE
Behavioral Health
Outpatient Services





After School Program

Spring is officially here, and we are taking full advantage of the sunshine and being outdoors!

April 1-5th, the after school program was open for all the youth who were out on spring break from school. We were open from 8:30 - 3:00 p.m. During spring break, the youth played outside at the T' Peeksin Park, thanks to TYC staff who brought them! The youth also made some cool ironing bead animals, made some yummy smelling Kool Aid playdough, and played an intense game of musical chairs.

Wednesday, April 3rd, the youth loaded the school bus to head to Shelton Cinemas and got to watch the newly released Ghostbusters Frozen Empire! The best part of the experience for the youth was getting some popcorn, slushies, candy, and snacks for the showing.

We also had the pleasure of inviting Salish Roots Garden and Metamimicry to the program. The youth really had a blast when Patricia Green, Mackenzie, and Jade came up from the garden to show the youth what Metamimicry and mushrooms are all about. It was wonderful for the youth to experience the different mushrooms and how to use them. They also were able to see what nettles are and how to use them in food. A special thank you to the ladies for coming and sharing the traditional teachings with the youth.

Later in the month, the youth got to make some tasty Oreo dirt cups with worms inside - gummy worms!

We held the Squaxin Youth Splash City basketball tournament on April 12th, 13th, and 14th in the gym. This was an amazing experience to see all the youth play their hearts out on that court! Way to go, Squaxin! We are all so proud of you guys.

The rest of the month was fun as the youth played some of their favorite games, such as capture the flag and dodge ball with their buddies. They made some cake cookies that were so yummy and went on a nature walk.

Summer is around the corner, and Summer Recreation sign-ups will be announced on our Facebook page and the Remind app.

Stay tuned for upcoming June events and activities on our Facebook page, Tu' Ha Buts Youth Center, or join our Remind app! Text @SquaxinTYC to 81010 - The Remind app will text our weekly hours and any urgent updates directly to your phones!



Coach Tae'lor and 10 Under Team



Alexis , Barney Shooting vs Skok



Coach and 10 & Under Team



10 & Under Team



Spring Break April 4th



April 1st Spring Break

Kasia Seymour, Youth Activities Lead
(360) 432-3801 or kseymour@squaxin.us

Kenna Krise, Youth Recreation Coordinator
(360) 432-3958 or kekrise@squaxin.us

Sara Naranjo Johns, Youth Recreation Mentor
(360) 432-3992 or snaranjo@squaxin.us

Billie Lopeman-Johns, Youth Recreation Mentor
(360) 432-3919 or blopemanjohns@squaxin.us





LEARNING CENTER



Salish Roots Garden April 4th Spring Break



Spring Break April 3rd Field Trip to Movies



Spring Break April 1st




Spring Break April 2nd



Spring Break



Spring Break Making Medicine Bags



KEY

LS: Lap Swim
EA: Elders Aerobics
OS: Open Swim

MAY 2024

for current daily schedule and announcements recording please call: 360-432-3852

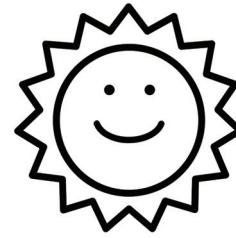


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<ul style="list-style-type: none"> • LS: 8:30-9:30AM • Daycare: 10:30am - 11:30am • CLOSED (12-1PM) • OS : 3:00pm - 5:30pm ¹ 	<ul style="list-style-type: none"> • LS: 8:30-9:30AM • EA:10:30-11:30AM • CLOSED (12-1PM) • OS: 3:00pm - 5:30PM ² 	<ul style="list-style-type: none"> • LS: 8:30-9:30AM • OS:10:30-11:30AM • CLOSED (12-1PM) • OS: 3:00pm - 5:30PM ³ 	<ul style="list-style-type: none"> • OS: 9:00AM-11:30PM • closed (12-1:00PM) • OS: 3:00-5:30PM ⁴
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<https://youtu.be/w-d90daTPhU?si=BRNtdJV4ClDaCvG5>

Learn Squaxin Language by clicking link above!



haʔt sləx̌il

good day

Happy 51st Birthday Casey Krise With Love from Squaxin Elders



ATTENTION ALL STUDENTS Graduating in 2024

Do you know someone who is graduating high school, has received their GED, completed their AA, BA, MA Degree, or has received a certificate for a vocational/technical program?

To be recognized please email your information to Mandy Valley by;
4:00pm Monday June 3rd, 2024.
Please see contact information below

The Squaxin Island Tribal Council, Education Commission and the Tu Ha' Buts Learning Center would like to recognize and celebrate these individuals at the Twenty-seventh Annual Sgwi-gwi Celebration.

27th Annual Sgwi-gwi Celebration

Thursday June 13th, 2024

Time 5:00pm, Squaxin Gym.

Please go to the following link below and fill out the questionnaire.

https://squaxin.formstack.com/forms/2024_graduate

Contact: Mandy Valley
70 SE Squaxin Lane
Shelton, WA 98584

Phone: (360) 432-3882
Fax: (360) 426-7897
email: mvalley@squaxin.us



Did You Know? Feedback forms are available on: squaxiniland.org

Feedback forms are available for tribal members to provide feedback at the top of each department's main page, as well as the Tribal Council page.

Your valuable feedback will go directly to the director of the department and the Executive Director Erika Thale.

Please take time to let us know what great ideas and concerns you have.

In Washington State, Help is 3 Numbers Away

211 maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

- Food
- Housing and Shelter
- Utility Assistance
- Healthcare Services
- Government Services

211 also can connect people with information and referrals for:

- Transportation
- Legal Services
- Counseling
- Disaster Aftercare
- Everything Else

988 provides crisis support for:

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress

911 provides first responder dispatch for:

- Medical Emergency
- Fire
- Reporting a Crime
- Disaster Response
- Life Threatening Situation

2.1.1
Washington



Learn more at
[Traumatic Brain Injury](http://TraumaticBrainInjury.org)



1

2

3 THE HONORABLE ANITA ESTUPIÑAN NEAL

4

5 SQUAXIN ISLAND TRIBAL COURT

6 YOUTH COURT

7 SQUAXIN ISLAND RESERVATION

8 IN RE: Case No.: CW-2015-1503-0080

9 MP NOTICE OF GUARDIANSHIP HEARING

10 Indian child.

11

12

13 THE SQUAXIN ISLAND TRIBAL YOUTH COURT TO: Juanita Pugel and Anton Pugel

14

15 YOU ARE HEREBY NOTIFIED THAT pursuant to the Squaxin Island Youth code, the Court has

16 set a guardianship hearing in the above captioned matter. The hearing on this matter shall be held on

17 July 11, 2024, at 9:30 a.m. at 10 SE Squaxin Lane, Shelton, Washington. FAILURE TO APPEAR AT

18 THIS HEARING OR TO RESPOND IN WRITING MAY RESULT IN THE CHILD BEING PLACED IN A

19 GUARDIANSHIP. File your written response with Squaxin Island Tribal Court at the above listed

20 address or call 360-432-3828 for more information.

21

22

23

24

25 NOTICE- PAGE 1 OF 1

SQUAXIN ISLAND LEGAL DEPARTMENT
3711 SE OLD OLYMPIC HWY
SHELTON, WASHINGTON 98584
360.432.1771



Need Diapers?

Diapers are NOT CHEAP
Often times, those in low income families face high costs and limited supplies of this essential need.

1 in 3 Families in the United States struggle with diaper scarcity.

Diapers are necessary
When supplies are low or absent, it can add to the challenges of maintaining consistent childcare and steady employment.



SPIPA is excited to be able to provide Diaper Distribution services to eligible Consortium Tribal Members

The Diaper Distribution on Reservations Project works with other SPIPA Programs to deliver diapering needs to eligible families with children age 0-18 residing in the SPIPA service area.



For more information
fill out this form today, or for questions, email DDOR@spipa.org



Form is available at:
spipa.org/family-and-community-resources/

Eligibility

- At least one household member is enrolled in a Federally Recognized Tribe, and
- Must meet income guidelines

If you qualify for:
Food Vouchers
LIHEAP/ Weatherization
USDA Foods
WIC
Workforce Development Programs

You are eligible to receive diaper distribution.



What are Medicare & Medicaid?

Medicare is health insurance for:

- People 65 or older
- Certain people under 65 with disabilities
- People of any age with End-Stage Renal Disease (ESRD) or ALS (also called Lou Gehrig's disease)

What are the parts of Medicare?

Original Medicare includes Medicare Part A (Hospital Insurance) and Part B (Medical Insurance).

Part A helps cover:

- Inpatient care in a hospital
- Inpatient care in a skilled nursing facility (not custodial or long-term care)
- Hospice care
- Home health care
- Inpatient care in a religious non-medical health care institution

You usually don't pay a monthly premium for Part A coverage if you or your spouse paid Medicare taxes while working for a certain amount of time. This is sometimes called premium-free Part A. If you aren't eligible for premium-free Part A, you may be able to buy Part A.

Part B helps cover:

- Medically necessary services from doctors and other health care providers
- Outpatient care
- Home health services
- Durable medical equipment (DME) (like wheelchairs, walkers, hospital beds, and other equipment)
- Preventive services (like screenings, shots or vaccines, and yearly "Wellness" visits)

Most people pay the standard Part B premium amount.

NOTE: Original Medicare covers most, but not all costs for medically necessary services and supplies. Medicare Supplement Insurance (Medigap) policies are sold by private companies, and can help pay some remaining health care costs, like copayments, coinsurance, and deductibles.

Medicare Advantage Plan (Part C):

- Medicare Advantage is a Medicare-approved plan from a private company that offers an alternative to Original Medicare for your health and drug coverage. These "bundled" plans include Part A, Part B, and usually Part D
- Plans may have lower out-of-pocket costs than Original Medicare
- Plans may offer extra benefits that Original Medicare doesn't cover (like vision, hearing, and dental services)

Medicare drug coverage (Part D):

- Helps cover the cost of prescription drugs (including many recommended shots or vaccines)
- May be ran by private insurance companies that follow rules set by Medicare
- May help lower your drug costs and help protect against higher costs in the future

NOTE: If you have limited income and resources, you may qualify for help to pay for some health care and drug coverage costs. Visit [Medicare.gov](https://www.Medicare.gov), or call 1-800-MEDICARE (1-800-633-4227) for more information on programs that can help pay for your costs. TTY users can call 1-877-486-2048.

What's Medicaid?

Medicaid is a joint federal and state program that helps pay medical costs if you have limited income or resources and meet other requirements. People with Medicaid may get coverage for services that Medicare doesn't cover or only partially covers, like nursing home care, personal care, transportation to medical services, home- and community-based services, and dental, vision, and hearing services.

In order to qualify for Medicaid in your state, you must be a resident of that state and a U.S. citizen (or have qualified immigration status). Each state has different rules about eligibility and applying for Medicaid. If you qualify for Medicaid in your state, you automatically qualify for Extra Help with your drug costs.

Many states have expanded Medicaid. This means more people can get coverage now, even if they weren't eligible in the past. If you or someone in your family needs care, apply for Medicaid. Your state Medicaid agency can help you determine if you qualify. Visit [HealthCare.gov/medicaid-chip/getting-medicaid-chip/](https://www.HealthCare.gov/medicaid-chip/getting-medicaid-chip/) to learn more about applying for Medicaid and get your state Medicaid agency's contact information.

You may be eligible for Medicaid if you have limited income and are:

- 65 or older
- A child under 19
- Pregnant
- Living with a disability

If you have Medicaid, you may be able to get health care benefits, like:

- A parent or adult caring for a child
- An adult without dependent children (in certain states)

If you have Medicaid, you may be able to get health care benefits, like:

- Doctor visits
- Hospital stays
- Long-term services and supports
- Preventive care, including shots or vaccines, mammograms, colonoscopies, and other needed care
- Prenatal and maternity care
- Mental health care
- Necessary medications
- Vision and dental care (for children):





What are Medicare & Medicaid?

Continued from Page 16

Dual eligibility

Some people qualify for both Medicare and Medicaid and are called “dual eligibles.” If you have Medicare and full Medicaid coverage, most of your health care costs are likely covered.

You can get your Medicare coverage through Original Medicare or a Medicare Advantage Plan. If you have Medicare and/or full Medicaid, Part D covers your prescription drugs. Medicaid may still cover some drugs and other care that Medicare doesn't cover.

For more information

- Visit [HealthCare.gov/medicaid-chip/getting-medicaid-chip](https://www.healthcare.gov/medicaid-chip/getting-medicaid-chip) to learn more about Medicaid.
- Visit [Medicare.gov](https://www.Medicare.gov), or call 1-800-MEDICARE (1-800-633-4227) for more information about Medicare.

You have the right to get Medicare information in an accessible format, like large print, braille, or audio. You also have the right to file a complaint if you feel you've been discriminated against. Visit [Medicare.gov/about-us/accessibility-nondiscrimination-notice](https://www.Medicare.gov/about-us/accessibility-nondiscrimination-notice), or call 1-800-MEDICARE (1-800-633-4227) for more information. TTY users can call 1-877-486-2048.

Lock up your cannabis

Keep kids and pets safe!

MASON COUNTY
Public Health & Human Services

MAY IS MENTAL HEALTH AWARENESS MONTH

5 TIPS TO HELP YOU STAY WELL

GET REGULAR EXERCISE
Just 30min of walking a day can boost your mood and improve your health.
Small amounts of exercise adds up, so don't be discouraged if you can't do 30min at one time.

EAT HEALTHY FOOD AND STAY HYDRATED
A balanced diet and plenty of water can improve your energy and focus throughout the day. Also, limit caffeinated beverages.

GET ENOUGH SLEEP
Stick to a schedule, and make sure you're getting enough sleep. Blue light from devices and screens can make it harder to fall asleep, so reduce blue light exposure before bedtime.

SPEND TIME WITH YOUR LOVED ONES
Spending time with people you care about will give you a feeling of happiness.

TRY A RELAXING ACTIVITY
Explore relaxation, wellness programs or apps, which may incorporate meditation, muscle relaxation, or breathing exercises. Schedule regular time for these and other health activities you enjoy.

STAY CONNECTED
Reach out to your friends or family members who can provide emotional support.

PRACTICE GRATITUDE
FOCUS ON POSITIVITY

SET GOALS AND PRIORITIES
Decide what must get done now and what can wait. Learn to say "no" to new tasks if you start to feel like you're taking on too much. Try to be mindful of what you have accomplished at the end of the day, not what you have been unable to do.

Behavioral Health Outpatient Services 360-426-1582

Squaxin Island's 2ND ANNUAL COLOR RUN!

JUNE 29, 2024
11AM-3PM

@
SQUAXIN ISLAND BASEBALL FIELD

This Cancer Awareness and Cancer Survivor event is brought to you by the Squaxin Island Tribal Health Clinic and SPIPA. More details to come!

Scan the QR code below to register for the Color Run. When registering please include each child individually. This will ensure they receive a t-shirt. Registration deadline is **June 8, 2024**. If you register after the deadline, you may lose your chance at receiving a t-shirt.

Questions?
Contact Squaxin Island patient navigator Clara Hernandez at (360)561-4812

SCAN ME



Mammogram Dates



May 16
June 20

July 25
Aug. 29
Sept. 26

Be aware. Check regularly

Contact Clara Hernandez to get scheduled.
Phone#360-432-3930
Email : chernandez@squaxin.us

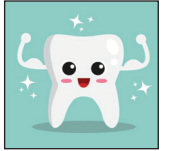


Dental Clinic Closure

The dental clinic will be closed Tuesday, May 7th through Thursday, May 9th. If you are a patient of record and have a true dental emergency, please call our phone @ (360)432-3881.

We will have instructions so you can contact a dental office that will be on call for us.

Thank you.



Keeping Regular Dental Appointments

Keeping regular dental appointments actually makes visiting the dentist much easier.

When you come in once every six months, it can help you avoid many problems. Regular visits not only help to keep your oral environment healthy, they also make it much easier to notice any problems that may just be beginning.

Many dental issues can be contained and addressed before they become emergency issues, making your visits much more pleasant.

Your dental team is here to help you. Besides, we really like to see your smiling faces!

Call us today @ (360) 432-3881 to schedule an appointment or drop by to set one up.



SPIPA Health & Wellness



ARE YOU DUE FOR YOUR MAMMOGRAM?

SPIPA Health & Wellness is partnering with Swedish Mobile Mammography to provide **FREE** mammograms!



Date: May 13, 2024

When: 7:40am- 3:20pm

Where: 3104 SE Old Olympic Hwy Shelton, WA 98584

Scan the QR code below to sign up!

Assistance with transportation and gas available!

Women 40+ Are eligible to use to the mobile bus if:

- Meet Income guidelines
- Photo ID
- No new breast lumps or concerns
- Must be able to walk up and down stairs
- Must be able to stand for exam

QUESTIONS OR HELP SIGNING UP?

Please contact Delia Culp
SPIPA NWWP Coordinator
at 360-426-3406 or
360-968-3768



* If you do not have insurance SPIPA will pay for services, if you do have insurance SPIPA will cover copays and out of pocket costs.



When do I Introduce a Spoon and Fork?

When can a Baby Feed Themselves?



Introduce the spoon before introducing food.

Let them grab and play with a short handled baby spoon as early as possible.

Every baby is different, but here are some general guidelines:

- Offer a preloaded spoon with puree as early as 6 months.
- You can hold the spoon, but **let them place the food in their mouth.** As early as 6 months, offer strips of foods for baby to feed themselves.
- **Begin training baby about 7-8 months to dip and scoop** the puree to get into their mouth. Start with a food that easily sticks to the spoon. Plates and bowls with suction cups can help.
- **Transition away from pureed baby foods around 7 or 8 months.** Practice with a spoon at every meal continuously and they will eventually catch on. Some adults prefer to let the baby have one spoon and they have another spoon.
- **By 9 months, baby should be feeding themselves with "finger" foods.** Once baby can dip and scoop with the spoon, introduce the fork (about 12 months).



Let your baby get messy and be in control of how much or how little they eat at each meal.

If given the opportunity, babies can master the spoon and fork by 18-24 months.



This institution is an equal opportunity provider. Washington WIC doesn't discriminate.



Sleep - a Pillar of Health

Embarking on a journey to better health can sometimes feel like navigating through a maze of complicated advice and trends. However, simplifying this journey by focusing on the four basic pillars of health can make a significant difference. These pillars include maintaining a balanced diet, living an active lifestyle, ensuring quality sleep, and nurturing connections with others. Each of these elements plays a crucial role in our overall well-being and energy levels. It's essential to recognize that these pillars are interconnected; for instance, it's challenging to engage in meaningful connections when feeling exhausted from a lack of sleep or to compensate for a poor diet solely through exercise. The key to enhancing our health lies not in perfection or in trying to overhaul all aspects of our lives overnight but in gradual, joy-driven improvement. Starting with the pillar that resonates most with us can create a ripple effect, encouraging the adoption of healthy habits across other areas of your life. This approach to health emphasizes the importance of balance and integration over perfection, making the pursuit of well-being more accessible and enjoyable.

This and future articles will focus on all four pillars of health. Let's kick off this health journey with a snoozy chat about sleep.

Ah, sleep - the nightly rejuvenation that your body and mind need. It's like a secret spa treatment that boosts your brainpower and sweeps out the cobwebs of the day. While you sleep, your body sends waste and toxins out of the cells and brings in nutrients, which then replenish the cells. Chronic sleep deprivation can have many negative impacts on your health, including causing or worsening mental health disorders. It's estimated that three quarters of those who suffer from depression also suffer from a lack of sleep. Sleep affects memory, mood, energy levels, and the ability to feel alert and fully engaged. Poor sleep increases the risk of stroke, heart attack, inadequate blood sugar control, and weak bones.

Those who don't get enough sleep have problems maintaining an ideal weight; up to 5% of obesity in adults and up to 13% of obesity in children is linked to short sleep (4-6 hours /night). Poor sleep is also associated with a lower cortisol awakening response (CAR), which causes fatigue and can increase inflammation. Inadequate sleep is the cause of 21% of all fatal car accidents in the USA. Driving while drowsy has the same impact as driving while under the influence.

How much sleep do we need? According to the Centers for Disease Control and Prevention, 35% of the US adult population gets less than the recommended amount of seven hours of sleep each night,

leading to a sleepy nation filled with grumpy faces. Many Americans of all ages suffer from sleep disorders. The American Academy of Pediatrics estimates that sleep problems affect 25 to 50 percent of children and 40 percent of adolescents. Insomnia is the most common sleep disorder in the US, followed by sleep apnea. The latest insomnia statistics show that insomnia is so prevalent in the US, that it affects one in four adults each year, and the American Sleep Apnea Association (ASAA) estimates that 22 million Americans suffer from sleep apnea.

The optimal amount of sleep for adults is about eight hours a night. Most adults who regularly sleep less than six hours or more than nine hours per night usually have chronic health issues. Teenagers get the least amount of sleep, with 97% getting less than the recommended 8-10 hours of sleep each night; and 52% of children, aged between 6-12 years, get less than the recommended nine hours of sleep each night.

While there are many reasons to get a good night's rest, there may be many reasons why sleep is elusive. People who have difficulty falling asleep or staying asleep may be struggling with increased stress, which can disrupt sleep.

An effective stress reducer is Meditation. Meditation has phenomenal health benefits. Just 10 minutes of meditation a day can help you sleep better. There are some excellent meditation apps, such as Headspace, that you can download onto your smart phone to guide your meditation. Using an affirmation before bed can offer a way to clear your mind and drift off to sleep. Your affirmations should be specific to your situation. Choose ones that resonate with you and guide you toward your goals. Here are a few examples: "I am safe and letting go of every worry. May my sleep be peaceful. May my dreams be filled with love. May my soul awaken to the infinite possibilities for happiness in my life."

Exercise is another excellent stress buster, as is spending time outside in the fresh air. Going for a hike or taking a walk outside reduces stress and improves mood and sleep quality. Oregon State University researchers found that people who exercise 150 minutes per week slept better and felt more alert during the day compared to those who don't.

There is a long list of medications that can ruin someone's sleep. They include drugs prescribed for high blood pressure, congestive heart failure, heart

Exercise to Improve Sleep

Find the Best Time of Day for Your Workout Routine.



Aerobic or resistance exercise in the morning may stimulate earlier melatonin release in the evening.



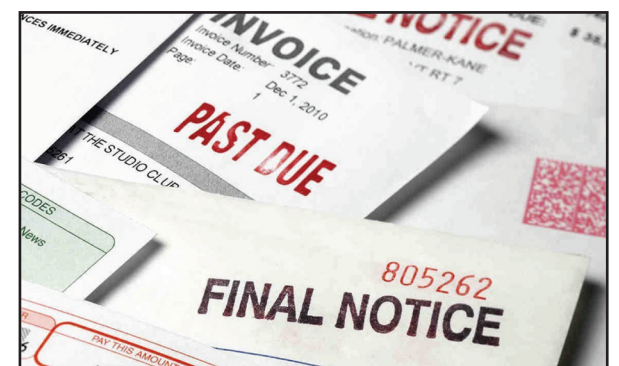
High-intensity exercise in the afternoon may promote sound sleep by reducing wakefulness.



Light resistance or aerobic exercise in the evening may help reduce nighttime awakenings.

attacks, migraine headaches, depression, and anxiety, as well as anti-inflammatory medications, such as prednisone. Check with your pharmacist or health-care provider if you're having a hard time sleeping to see if the problem could be caused by one of your medications.

Remember, as the wise Dalai Lama once said, "Sleep is the best meditation." Until next time, hoping you have many nights of restful sleep!



If you are a Tribal member who is Tribal Member Services eligible (formerly PRC) and have any questions or concerns regarding medical bills or our processes, please contact me at 360-432-3956 or Jaclyn Meyer at 360-432-3922. I am available from 7:30AM-4:00PM. Jaclyn, with the help of Clara Hernandez, has been working very hard to ensure that all of our TMS eligible patient bills are being processed and paid. We appreciate your patience as we are shoring up our processes and procedures within the department. Thank you for your time and I look forward to hearing from you.

Sincerely,
Eric Ellerbe
Health Services Office Manager



South Puget Intertribal Planning Agency

USDA Foods Program May Dates



PT. GAMBLE S'KLALLAM	5/2/24
SQUAXIN ISLAND	5/7/24
SKOKOMISH	5/10/24
CHEHALIS	5/16/24
NISQUALLY	5/20/24



NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staff have other duties that they are responsible for on the days they are not issuing commodities. If you're unable to make the date, please call and schedule an appointment with appropriate staff. For USDA Food, call SPIPA at 360.426.3990
This institution is an equal opportunity provider.

WIC

Due to staffing issues, WIC clients needing May appointments have already been contacted and received benefits, if we were able to reach them.

If you need WIC benefits in May, and have not been contacted, please reach out to Debbie or Michaela:

Michaela:
mshilley@spipa.org (360) 462-3241

or Debbie:
dgardipee@spipa.org (360) 462-3227



SPIPA WFD Careers & Technology Build Your Own Computer



**Friday, May 3, 2024
10 am- 4 pm**

Hosted by Squaxin Island WFD
SPIPA IPC
3104 SE Old Olympic Hwy
Shelton, WA 98584

Light Breakfast & Lunch Provided
Must pre-register by April 24
limited to 8 attendees

**SPIPA WFD Program Youths ages 14-18,
please join us to learn computer basics by building your
very own computer!**

- Gain knowledge of the tech industry and explore endless career possibilities
- Learn about functions of computer components and hardware
- Meet others with a passion for technology and computers
- Take home your finished computer that YOU built! (Items included: computer, monitor, keyboard, mouse)

**To register for this event by April 24, 2024
E-mail: Kaytlyn Henderson at khenderson@squaxin.us
or call (360) 432-3906**

Open to all SPIPA WFD Programs Sites

Transportation is limited. Please let us know ASAP if you need transportation.

One participant per household, per class. We will start a waitlist for future workshops based on interest. Spots will be filled based on order of contact, so reach out soon to participate!



Looking Forward Together:

Elders' Supports & Services ~ Your Health and Wellness



**Tuesday, May 14, 2024
9:00am - 3:00pm**

Little Creek Casino Event Center
91 WA-108
Shelton, WA 98584

*You are invited to an intertribal
gathering of tribal elders, caregivers,
and service providers.*

This event is open to Tribal Elders of the Following SPIPA Consortium Tribes: The Chehalis Tribe, The Nisqually Indian Tribe, the Shoalwater Bay Indian Tribe, the Skokomish Indian Tribe, and the Squaxin Island Tribe.

**First 25 Elders from each of the five Tribes to register will
receive an incentive. Registration Deadline is May 4, 2024.**

TOPICS DISCUSSED Cyber fraud, hearing, and vision.

MEALS There will be a light breakfast served in the morning,
with lunch provided in the afternoon.

How to Register:

By Phone



360.426.3990

In person



Contact your Tribal Elders Coordinator

Chehalis	Skylar White Eagle	360.529.7839
Nisqually	Elders Program	360.486.9546
Shoalwater Bay	Kathirine Horne	360.267.8134
Skokomish	Rosetta or Perry	360.426.7788
Squaxin Island	Tracey Coffey	360.432.3906

Online



<https://bit.ly/4abREWw>

Call 360.426.3990 or email dgardipee@spipa.org and mshilley@spipa.org for questions and special accommodations.



COMMUNITY



Elders Bake Sale & the Easter Bunny Luncheon in Chehalis





COMMUNITY



5/10
Breanna Woslager
Kassidy Whitener

5/11
Jeromy Meyer

5/1
Leo Henry
Ali Seymour

5/2
Robert Jones
Veronica James
Julio Valencia
Brendan Kirk

5/3
Krystal Murray
Vernon Kenyon
Kim Cooper
Xavien Manu-Saenz

5/4
Lillie Dorland
Kenai James

5/5
Payton Lewis
Ahree Allen
Lauren Costello
Todd Hagmann
Daniel Snyder

5/6
Taylor White
Justin Saenz-Garcia
Jacqueline Smith
Sally Brownfield
Raven Thomas

5/7
Eric Castro
Jaidon Henderson
Josiah Perez

5/8
Ashley Smith

5/9
Takoda Tahkeal
Jacob Spezza
Morningstar Green
Justin Johns
Colleen Merriman

5/12
Janelle Krise

5/13
Julie Owens
Syrus Perez
Dawn Green

5/14
Marlene Anderson
Treyson Spezza

5/16
Laureen Rosander

5/17
Bryan Johnson
Donna Wood
Christi Sharp
Taylen Powell
Jaclyn Meyer
Kasper Allen
Niko Howland

5/18
Barrett Coble
Shawnee Kruger
Wolf James
Marlene Hobucket

5/19
Gary Brownfield
Bristol Sigo

5/20
Jeffery Kenyon
Tenisha McNish

5/21
Jennie Martin
Richard Harper
Kyllanai Hodgson

5/22
Tamatha Ford
Richard Monger
Carly Peters
Melissa Grant

5/23
Levi Sanchez
Brandon Kenyon
Theresa Sanchez
Michael Ogden
Tiffany York

5/24
Donald Hartwell
Alexandra Mirka
Nicholas Meyer

5/25
Spirit Jones
Raymond Peters

5/26
Craig Parker
Mildred Wagner
Tyler Johns

5/27
Elsie Thale
Jeremyha James

5/28
Molly Troxler
Kurt Poste
Cahsai Blueback-Robinson

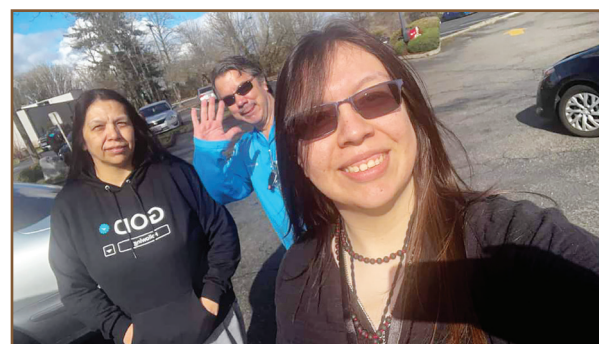
5/29
Nanalaeya Untalan
Jack Selvidge

5/30
Iladee King
Mataya Stroud
Matayla Krise
Nicholas Cooper

5/31
Milah Hawks
Carol Phipps
Candace Ehrhard
Melissa Day
Daniel Sigo



Happy Birthday Beau!



We all wish you a good one. May God bless your special day and upcoming year.

Happy Birthday Krystal!



Your family loves you and is here to support you. May God continue to bless you.

Love, Your kids, and family





What's Happening

- General Body Meeting** May 4
- Careers & Technology** May 3
- Health Center Community Q & A** May 14
- Elders Looking Forward Together** May 14
- Henry/Cooper Family Reunion** May 31



AA MEETING
Every Wednesday
7:30-9:00 p.m.
Elders Building

- Court:**
 - Family Court: May 2
 - Vulnerable Adult Court: May 6
 - Criminal/Civil Court: May 14
- USDA** May 7
- WIC** May 14

Thank you for serving on the Elders Committee
Patti Puhn



Need a Tribal ID?

Contact Aleta Poste:

(360) 432-3923

acposte@squaxin.us



Elders Menu ... *Fruit and salad at every meal*

MONDAY 6:
Tuna Casserole, Peas

TUESDAY 7:
Italian Sausage Potato Soup

MONDAY 13:
CLOSED Native American Day

TUESDAY 14:
Seafood Soup, Biscuits

MONDAY 20:
Enchilada Bake, Black Beans

TUESDAY 21:
Clam Chowder, Crackers

MONDAY 27:
CLOSED Memorial Day

TUESDAY 28:
Taco Soup, Corn Bread

WEDNESDAY 1:
Teriyaki Chicken, Rice/Veggies

THURSDAY 2:
Salisbury Steak, Mashed Potatoes,
Mixed Veggies

WEDNESDAY 8:
Steak, Baked Potatoes, Broccoli

THURSDAY 9:
Hot Dogs, Baked Beans

WEDNESDAY 15:
Meatball Subs, Chips

THURSDAY 16:
Ham, Scalloped Potatoes, Carrots

WEDNESDAY 22:
Cabbage Patch Casserole

THURSDAY 23:
Sandwich Bar

WEDNESDAY 29:
Pork Chops, Stuffing, Brussel Sprouts

THURSDAY 30:
Fish-N-Chips, Coleslaw



Bible Study

Non-Denominational and Led by Marvin Campbell



Community Kitchen
Thursdays at 6:00 p.m.



Suicide & Crisis Lifeline

Dial 988

for mental health emergencies.

Text **NATIVE** to 741741 for free, 24/7 support.

#WeNeedYouHere



ATTENTION: FREE Wills for Squaxin Tribal Members and Their Spouses

The Tribe is offering the services of Mark Allen, an attorney who has worked for the Squaxin Community for 10 plus years. Mark Allen is ready to assist Squaxin Tribal members and their spouses plan for themselves and loved ones by drafting wills and other end-of-life documents. Please be advised that this program provides estate planning services in accordance with **WASHINGTON STATE** laws.

- Wills
- Powers of Attorney
- Advance Directives
- Health Care Directives
- Estate Planning

If you are interested in these services, please contact **Lindsey Harrell**, Paralegal for the Squaxin Island Legal Department, at (360) 432-1771 ext. 6 or Lharrell@squaxin.us

If you schedule an appointment and you decide you cannot make it, please respectfully cancel PRIOR to the day of the appointment.



EMERGENCY

CALL

9-1-1

FIRE
POLICE
MEDICAL
RESCUE

SQUAXIN ISLAND TRIBE

Non-Life Threatening Emergencies

Emergency Operations Center (EOC) Hotline

(Information only - no voicemail)

(360) 432-3947

Community EOC Hotline (Questions and voice mail message)

(360) 443-8411

Emergency Management Coordinator

(360) 443-8410

Community Emergency Response Team (CERT)

(360) 426-5308

Squaxin Police Department

Office Hours Monday - Friday 8:00-4:00

(360) 432-3831

PUD No. 3 Outage Hotline

(360) 426-8255

Mason County Police Dispatch Non-Emergency

(360) 426-4441

Mason County Fire Non-Emergency

(360) 426-3348